

2016 USA WEIGHTLIFTING AMERICAN OPEN

GENERAL INFORMATION, ENTRY FORM & PARTICIPATION CONTRACT

ORLANDO, FLORIDA, USA – DECEMBER 8-11, 2016

VENUE:

Orlando Marriott World Center
8701 World Center Drive, Orlando FL, 32821
https://resweb.passkey.com/go/AmericanOpenWeightlifting2016

HOST HOTEL:

Orlando Marriott World Center
8701 World Center Drive, Orlando FL, 32821
Book online at: https://resweb.passkey.com/go/AmericanOpenWeightlifting2016 Call: 407-329-4200 (Be sure to mention USA Weightlifting to get the discounted rate, group code "USW") \$119 Single or Double

Nearest Airports: Orlando International Airport (MCO) is approximately 17 miles from the Venue

Airport Transportation: Available to purchase online for \$10 each way.

About our Host City: www.visitorlando.com

Volunteer for this Event volunteer@usaweightlifting.org

Webcast: The event will be webcast live at www.usaweightlifting.org
If you wish to volunteer to commentate on the webcast please contact mediaservices@usaweightlifting.org

Qualifying Period: November 1, 2015 to 23 October, 2016

Registration Deadline: Tuesday November 1, 2016 at 5pm Mountain Time.

Start List Published: Thursday November 3, 2016

Eligibility Standards: You must equal or exceed the totals below to enter:

Men		Women	
Weightclass	Qualification	Weightclass	Qualification
56kg	174kg	48kg	123kg
62kg	200kg	53kg	140kg
69kg	230kg	58kg	154kg
77kg	256kg	63kg	165kg
85kg	271kg	69kg	170kg
94kg	282kg	75kg	176kg
105kg	292kg	75+kg	184kg
105+kg	300kg		

LOC: USA Weightlifting, Florida Weightlifting Federation, Team Florida Orlando.

Meet Director: Tyrone Harvey

SANCTION NUMBER: 60-16-41319

ELIGIBILITY: To enter this event you must be a member in good standing when you submit your entry and remain a member through the time your session ends at the competition you are entering, and:

- 1) Ensure that your entry and fee is received by the USA Weightlifting National Office by November 1, 2016. <https://wp.usaweightlifting.org>

- 2) Meet the qualifying total described above during the qualifying period, also described above.
- 3) However, in completing this entry form, you may elect to use an announced Entry Total (ET) that is lower than your qualifying total, but that lower total must at least equal the qualifying standard total for the bodyweight/age category you are entering.
- 4) Please note that the total of your starting attempts at the competition must at least be within 20kg (men) /15kg (women) of your ET, and if your ET qualifies you for an A session you must start within 20kg/15kg of the minimum total for the A session. No extra lifters will be permitted in this competition.
- 5) Your entry total may not be higher than the best you have ever made in competition.
- 6) For team competitions, the team must be named and affiliated to the associated USA Weightlifting club at the time of registration, full team must be submitted no later than November 8, 2016. Changes made at the Verification Meeting may be for reserve choices to scoring choices only.

ENTRY DEADLINE: November 1, 2016 at 5pm Mountain Time.. All entries, team or individual, whether made online, via fax or via regular mail or express service, must be received with payment by the National Office no later than 5:00pm Mountain Time November 1, 2016. Entries and/or payments received after that time will be rejected.

**BODYWEIGHT CATEGORY
CHANGES AND FINAL
VERIFICATION OF
ENTRIES & MEETING:**

The Entry Form you submit to the USA Weightlifting office by the entry deadline is your official entry to the competition and the information therein will be verified and used to create a Tentative Start list. However, you can make changes to your bodyweight category up until 5:00 pm Mountain Time, Tuesday December 6, by notifying the National Office, in writing, of the desired change, if you have made the qualifying total for that category. You may also make a change at the Verification of Final Entries Meeting that will take place on Thursday, December 8, 2:30pm to 3:00pm local time, at the official meet hotel indicated above, in a room to be announced that morning in the lobby of the hotel. You can also change your ET at or prior to the Verification Meeting, but in no event can it be below the QST for the category in which you will be lifting. If you were placed in an A session on the basis of your original ET, and your revised ET is lower than the minimum total for the A session of the category you will compete in, you must lift in the B session (or lower) for that category (if any) and must be prepared to alter your schedule to do that. Please note in selecting your ET that the total of your starting attempts at the competition must at least be within 20kg (men) /15kg (women) of the QT, and if you are selected for an A session with 20kg/15kg of the minimum total for the A session. No extra lifters will be permitted in this competition, except in the case of an international trials session.

TECHNICAL CONFERENCE: **Thursday December 8, 2016 at the Orlando World Center, 8:00-8:30 pm local time (Verification of Final Entries Meeting at 2:30pm-3:00pm local time).** Anyone who does not attend the Technical Conference agrees to accept all decisions made at the Technical Conference. The final Start List will become available immediately after this meeting and any changes to the lifting schedule will be announced at that time. A preliminary list of participants (subject to change) will be available at <http://weightlifting.teamusa.org> within 2 days after the entry deadline.

REFEREES CLINIC & TESTING: Thursday, December 8, 2015 – Orlando World Center, 4:00 pm (Written Test 5:00 pm – 6:00 pm local time)
For more information on referee testing procedures and how to become a referee, please visit <http://www.teamusa.org/USA-Weightlifting/Referees.aspx>.

ITEMS REQUIRED AT

- WEIGH IN:** All participants aged 16 and older are required at weigh-in to produce a government-issued photo identification document showing date of birth, such as a driver's license, passport, military ID, or comparable document. All participants aged 15 and younger are required at weigh in to produce a government-issued identification document showing date of birth, such as a birth certificate, passport, or comparable document; photo identification is not required for participants under 16 years of age.
- DOPING CONTROL:** Formal drug testing of participants by the United States Anti-Doping Agency (USADA) will be in effect. Participation in this event signifies that the athlete agrees to be subjected to and to comply with all drug control procedures and policies.
- WEIGH INS:** All official weigh-ins will be done at the Venue. Unofficial weight-checks and a sauna will be available.
- AWARDS:** Medals to top 3 in each body weight category for snatch, clean & jerk, and total. Best lifter award for the top male and female lifter.
- TEAM AWARDS:** Three team awards for both men and women. Team points based on IWF rules (scoring to 25th place) and will be awarded in total only.

OFFICIAL ENTRY FORM – 2016 USA WEIGHTLIFTING AMERICAN OPEN

REGISTRATION: Preferred method of registration is on line at <https://www.usaw.hangastar.com/Login.aspx> . The deadline for the National Office having received your registration as specified above in this document. No late entries will be accepted.

A manual registration form may be mailed or faxed but it must be received by the National Office by the deadline specified on page one of this document. However, an additional \$10 processing fee applies for each athlete or team registering manually and is included in the "Entry Fees" listed below.

RETURN MANUAL ENTRY TO:

USA Weightlifting
1 Olympic Plaza
Colorado Springs, CO 80909

ENTRY FEES:

INDIVIDUAL Entry – \$75.00 if you enter online (Non-refundable)

If you use a paper entry, \$85.00 (Non-refundable; includes manual processing fee of \$10)

Each OVERALL TEAM –\$100.00 if you enter you're a team online (Non-refundable)

If you use a paper entry \$110.00 (Non-refundable; includes manual processing fee of \$10)

Please enter me in the 2016 National Championship to be held on May 5-8, 2016, at the Salt Palace Convention Center. I certify that I am an amateur in good standing. In consideration of my entry in the competition, I do hereby waive, and release USA Weightlifting, Utah LWC, Salt Palace Convention Center, Hilton Salt Lake City Center and any meet hotel, and their respective directors, officers, officials, agents, and competition personnel, hereinafter known as the "Organizers," from any and all causes of action, loss, liability, claims and demands of every kind and nature, which I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other care rendered to me in the event of my injury or illness, or for any and all other costs, damages or losses suffered or incurred by me or occasioned to me in connection with my travel to and from, and my participation in, the competition and related activities, except that the forgoing waiver and release shall not apply to injuries, damages, and losses resulting from the gross negligence and/or wanton misconduct of the Organizers or to bodily injuries and medical expenses covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers.

I agree to be filmed and photographed under conditions approved and authorized by the USA Weightlifting, to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to USA Weightlifting and Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of USA Weightlifting, its sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the USA Weightlifting.

I (and my parent or guardian, if I am a minor), agree that the Organizers and its agents, including competition personnel, may make judgments (with appropriate input from available medical personnel), as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition, should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the Organizers, its agents and competition personnel to make such decisions for me as though they stood in a relationship to me of parent, guardian or next of kin should circumstances require the Organizers, its agents and competition personnel to make such judgments, and my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments.

I hereby release and agree to hold the Organizers, its agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, its agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.

I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits.

I understand the USA Weightlifting Board of Directors has adopted the following policy: The entry and qualifying deadlines for any National event are the ones specified in the Participation Contract and absolutely no entries will be accepted after the deadline.

This policy will remain in effect unless changed by the USA Weightlifting Board of Directors and may not be overridden by any individual or group, including but not limited to any USA Weightlifting committee, member, the event meet director or the National Office staff. This policy will be strictly enforced, without regard to statements or rumor to the contrary, regardless of the source of such statements or rumors. Athletes should be advised that USA Weightlifting will not be responsible for an athlete's unsuccessful attempt to register for the event online due to the absence of a minimum qualifying total in the athlete's record at the time registration is attempted, or for any other issue that would cause the athlete to be unable to successfully register online or via fax or regular mail. It is therefore strongly recommended that athletes not wait until the last minute to register, in case there is a problem.

PLEASE TYPE OR PRINT ALL INFORMATION CLEARLY:

WEIGHT CLASS QUALIFIED: _____ kg (You may only enter one) USAW Member # _____

____ MALE ____ FEMALE

NAME _____
(Last) (First) (Middle)

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE (____) _____ E-MAIL _____ AGE _____ DOB _____

USA WEIGHTLIFTING COACH: _____ COACH USAW MEMBER # _____

EVENT COACH: _____ EVENT COACH USAW Member # _____

NOTE: EVENT COACH MUST BE A CURRENT USA WEIGHTLIFTING MEMBER TO GAIN ACCESS TO THE WARM-UP ROOM

QUALIFYING STANDARD TOTAL (QST) MADE: _____ WT CLASS: _____ DATE: _____

ENTRY TOTAL (ET) (must be equal to or greater than the QT of age/wt class): _____

AMOUNT DUE: \$85 (paper entry fee)

PAYMENT MAY BE MADE WITH CHECK PAYABLE TO 'USA Weightlifting' OR VALID CREDIT CARD: VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS:

CREDIT CARD ACCT# _____ EXPIRES _____ CODE _____

CARDHOLDER SIGNATURE _____ DATE _____

2016 American Open Manual Entry

DRUG USE AND BLOOD DOPING

All competitors in the 2016 National Championships are subject to drug testing by the United States Anti-Doping Agency (USADA). A positive result for an IOC prohibited substance will be cause for disqualification from this event, and loss of eligibility. A negative test will demonstrate to the public and your competitors that you have earned your achievements ethically.

By registering to compete at this competition, you are consenting to be subject to drug testing on your urine, and accept the penalties if found positive for a prohibited substance. All athletes chosen are required to provide an acceptable specimen. Cooperation is mandatory; noncompliance will be cause for the same penalties as for a positive drug test.

Further information about the doping control process, the protection of your rights, and the status of specific medications is available from the U.S. Anti-Doping Agency and its Drug Reference Line (1-800-233-0393), 5555 Tech Center Drive, Suite 200, Colorado Springs, Colorado 80919-2372. The USADA website is www.usantidoping.org.

Over-the-counter medications, nutritional supplements, and even natural herbal supplements may contain prohibited substances. Always check first with your team doctor or the Drug Reference Line before taking any medication prior to competition.

I understand that drug-testing may be conducted on a formal basis for athletes weighed-in for this event or program and that the detection of use of banned drugs would make me subject to suspension by my sport's national governing body and USOC. By registering for this event, I agree to be subject to a drug test and its penalties if declared positive for a banned substance. I am aware that failure to appear for and comply with the drug test will be cause for the same penalties as for those who are positive for a banned substance. I further understand that the practice of blood doping is banned by the USA Weightlifting, the USOC, the IWF and the IOC and that to do so would make me subject to punitive action within existing policies. ** Names of athletes who test positive, the name of the substance and length of suspension will be listed in on the USA Weightlifting website. I know that I may call the USADA Hotline (1-800-233-0393), for any questions about medications and banned substances or practices.

I understand that, if for some reason I elect not to continue in the competition to the completion of an official total, or do not total, that I will still be eligible for the random drug test, and I will report to the Doping Control Officer and advise him/her that I am making myself available for random drug testing. I will not leave the meet site until excused by the drug control officer.

I understand that if I am a no show for drug testing, I am subject to receiving the maximum penalty of a 4-year suspension from the sport.

In providing my signature below I am signifying that I agree to all the terms, conditions, waivers, policies, descriptions and other information provided on the preceding pages of this document.

PRINTED NAME: _____ DATE: _____

SIGNATURE: _____

IF ATHLETE WILL BE UNDER 18 AT TIME OF EVENT, PARENT/GUARDIAN MUST SIGN

I have explained to my son/daughter the aforementioned releases and conditions, the aforementioned information on drug use and blood doping, the ramifications associated with their use, and the aforementioned information on drug testing. I further consent to his/her registration for this USA Weightlifting activity under the above stipulated conditions.

PRINTED NAME: _____ DATE: _____

SIGNATURE: _____

**2016 USA Weightlifting American Open
December 8-11, 2016 – Orlando, Florida, USA**

**OFFICIAL TEAM ENTRY FORM
\$100/Team + \$10 Admin Fee for Paper Application**

Select one: _____ Men's Team _____ Women's Team

(Make copies as necessary for additional teams) Online entries can be made by clicking ([link here](#)) Please enter the following Team in the 2016 USA Weightlifting National Championships. Enclosed is a check for \$110.00, payable to the USA Weightlifting or credit card information below. I understand that if any athlete on my team tests positive for banned substance, that the team will receive no team points and will be disqualified from this competition.

This tentative team roster must be submitted and each athlete on this roster must submit an individual entry indicating that he/she represents this club. Proof of mailing is required, please see page 1, "Proof of Entry."

Final team rosters are due in the Competition Secretary's hands at the Verification of Final Entries Meeting. No more than 2 entries per class, eight men per team and seven women per team.

USA WEIGHTLIFTING CLUB NAME _____ CLUB #: _____

CLUB ADDRESS _____ CITY _____ STATE _____ ZIP _____

CREDIT CARD ACCT# _____ EXPIRES _____

Visa, MasterCard, Discover, American Express

CARDHOLDER'S SIGNATURE _____ DATE _____

	ATHLETE'S PRINTED NAME	WEIGHT CLASS	TOTAL
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____

ALTERNATES:

1.	_____	_____	_____
2.	_____	_____	_____

SIGNATURE OF CLUB OFFICIAL: _____ DATE: _____

CLUB OFFICIAL'S PRINTED NAME: _____

Travel and Hotel Info

**Orlando Marriott World Center
8701 World Center Drive, Orlando FL, 32821**

USA WEIGHTLIFTING MEMBERS ARE ENTITLED TO THE FOLLOWING BENEFITS

5-15% discount off your national and international travel through United & Hilton Hotels

How to book travel with United:

USA Weightlifting has been assigned an event code to be used when purchasing tickets on United or United Express flights. USA Weightlifting's code is U038 and will activate fare discounts for any USA Weightlifting National sanctioned events.

Two ways to book discount air travel: Phone or Internet - each method offers different discounts.

Phone - United Olympic Desk:

- Call the United Olympic Desk at 800-841-0460 Monday-Friday from 10:00am to 8:00pm (EST).
- United is pleased to offer a 2-10% discount on published domestic fares and 7-15% on International fares for all US Olympic recognized events and meetings when calling the United Olympic Desk. Discounts are available on United and United Express flights as well as United-marketed Air Canada and Lufthansa code share flights. Discount varies by booking class and at time of ticketing. Certain published fares may not be eligible for the discount.

Internet

- Purchase tickets online and receive a 5% discount off the lowest applicable internet fares. By booking your travel online you will receive the lowest guaranteed united.com fares and will never pay a booking fee.
- To book travel online visit <http://www.teamusa.org/USA-Weightlifting/Membership/Membership-Benefits/United-Airlines>

How to book travel with Hilton:

<https://hiltonhhonors.com/NGBCampaign/Olympic.html?cid=OM,HN,teamusastays,LP2010>

How to book a rental car through National & Enterprise : <http://www.teamusa.org/USA-Weightlifting/Membership/Membership-Benefits/Car-Rental>