



Where Olympic Journeys Begin

# 2014 USA WEIGHTLIFTING NATIONAL YOUTH CHAMPIONSHIPS & 2014 YOUTH OLYMPIC GAMES TRIALS DAYTONA BEACH, FLORIDA – JUNE 12-15, 2014

## QUALIFYING TOTALS

Men		Women	
Under 11 & Under 13 (Born 2001 or Later)		Under 11 & Under 13 (Born 2001 or Later)	
31kg	35kg	31kg	25kg
35kg	40kg	35kg	30kg
39kg	49kg	39kg	35kg
44kg	52kg	44kg	39kg
50kg	56kg	48kg	43kg
56kg	61kg	53kg	48kg
62kg	68kg	58kg	50kg
69kg	73kg	58kg and Over	53kg
69kg and Over	75kg		
Ages 14-15 (Born 1999-2000)		Ages 14-15 (Born 1999-2000)	
44kg	76kg	44kg	49kg
50kg	86kg	48kg	58kg
56kg	92kg	53kg	62kg
62kg	102kg	58kg	66kg
69kg	108kg	63kg	70kg
77kg	114kg	69kg	74kg
85kg	122kg	69kg and Over	78kg
85kg and Over	131kg		
Ages 16-17 (Born 1997-1998)		Ages 16-17 (Born 1997-1998)	
50kg	93kg	44kg	59kg
56kg	101kg	48kg	64kg
62kg	118kg	53kg	67kg
69kg	132kg	58kg	78kg
77kg	140kg	63kg	86kg
85kg	152kg	69kg	90kg
94kg	157kg	75kg	97kg
105kg	165kg	75kg and Over	101kg
105kg and Over	175kg		