

## 2014 National Championships Start List

Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team
					36	Jane SHIN	139	Unattached
					22	Veronica KELLY	137	TEAM MONTANA
					23	Carrie BEAMER	137	TEAM MONTANA
		<b>Fri Jul</b>			32	Brandy WANN	137	UTAH VALLEY BARBELL
		<b>18</b>			23	Katie NIEMEIR	137	TEAM MONTANA
					36	Leslie GRAVES	140	VAUGHN WEIGHTLIFTING
<b>1</b>	<b>A</b>	<b>Weigh-in</b>	<b>Sr.</b>	<b>58</b>	42	Andrea SEWARD	137	TRIDENT WEIGHTLIFTING CLUB
		<b>6:00 AM</b>			19	Margaret LEE	138	WESLEY WEIGHTLIFTERS
					21	Danielle BLOOMQUIST	137	Unattached
		<b>Start</b>			31	Mallory RAWLINGS	139	SUPERIOR ATHLETIC ADVANTAGE
		<b>8:00 AM</b>			23	Camilla NOLEN	137	Unattached
					26	Mayra SALDARRIAGA	140	Chicago Strength
					25	Danielle CAIN	137	CAIN ATHLETICS WEIGHTLIFTING
					24	Kayla SUTTON	138	PORT CITY BARBELL CLUB
					28	Sara CARR	137	Unattached
					25	Steven BROWN	224	TEAM MDUSA
					27	Keaka PALEKA	221	PATAO WEIGHTLIFTING
					21	Geoffrey MEYERHOF	221	FLATIRONS WEIGHTLIFTING TEAM
		<b>Fri Jul</b>			23	Anthony MCLAUGHLIN	222	TEAM HOUSTON
		<b>18</b>			18	Mark HERNDON	225	Unattached
					27	Justin PARENT	221	LIVEFREE WEIGHTLIFTING CLUB
					32	John PAK	221	Unattached
<b>1</b>	<b>B</b>	<b>Weigh-in</b>	<b>Sr.</b>	<b>69</b>	25	Vu TRUONG	221	Unattached
		<b>6:00 AM</b>			28	Christopher KIM	222	SIGNAL HILL WEIGHTLIFTING
					27	Jonathan SAXTON	221	KLAMATH BARBELL CLUB
		<b>Start</b>			33	Jake DICKERSON	225	OUTLAW BARBELL CLUB
		<b>8:00 AM</b>			20	Joden ROCCO	221	PITTSBURGH BBC
					27	Kristopher KOEHNE	225	DES MOINES STRENGTH INSTITUTE
					27	Ambrose SERRANO	226	Unattached
					27	Chandler WALKER	221	STONE AGE FUEL BARBELL CLUB
					22	Cuong LY	226	KIRKWOOD WLC
					22	Christopher CAMENARES	226	TITAN WEIGHTLIFTING ASSN
					30	Melissa PALMA	130	TEAM WESTERN NEW YORK
					26	Meredith BUCKNER	129	DNA WEIGHTLIFTING
		<b>Fri Jul</b>		<b>53</b>	25	Stephanie OGNJANOVSKI	128	Unattached
		<b>18</b>			26	Andrea BOLLA-MARCOS	130	DYNAMIC FITNESS WLC
					29	Karina VELEZ	132	Unattached
					36	Kathy NELSON	131	MADTOWN WLC
					47	Sandra ARECHAEDERRA	128	CALIFORNIA STRENGTH
<b>2</b>	<b>A</b>	<b>Weigh-in</b>	<b>Sr.</b>		29	Amy RICHARDSON	142	LIVEFREE WEIGHTLIFTING CLUB
		<b>8:30 AM</b>			22	Casey HUTNICK	141	CALIFORNIA STRENGTH
					26	Andrea HERNANDEZ	141	TEAM 210 WEIGHTLIFTING CLUB
		<b>Start</b>		<b>58</b>	22	Leanna FLOWERS	144	COFFEE'S GYM
		<b>10:30 AM</b>			36	Melissa KNOUREK	141	SPOON BARBELL CLUB
					31	Anna JOHNS	143	DNA WEIGHTLIFTING
					18	Rebekah PUDENZ	144	N. HIGHLAND WLC
					31	Stephanie ANSON	141	INDUSTRIOUS BARBELL CLUB

## 2014 National Championships Start List

Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team
					26	Leah SHULLENBERGER	153	Unattached
					35	Kimberly LEWIS	153	EAST COAST GOLD W/L TEAM
		<b>Fri Jul</b>			38	Leeanna LIM	155	COFFEE'S GYM
		<b>18</b>			27	Jennifer ENOS	155	MIDTOWN BARBELL CLUB
					29	Brittney PAUL	162	TEAM L.A.B.
					24	Amanda MILLER	159	TWIN CITY BARBELL
<b>2</b>	<b>B</b>	<b>Weigh-in</b>			25	Tiffany METTEL	153	TITAN BARBELL CLUB
		<b>8:30 AM</b>	<b>Sr.</b>	<b>69</b>	30	Elizabeth BARTLETT	161	EAST COAST GOLD W/L TEAM
					27	Heidi PLATOW	155	PORT CITY BARBELL CLUB
		<b>Start</b>			29	Cassandra SMITH	155	ARBOR CROSSFIT
		<b>10:30 AM</b>			27	Michaela NORTH	153	TEAM CROSSFIT UTAH
					38	Sara WEST	153	OUTLAW BARBELL CLUB
					28	Emily BEERS	153	EAST COAST GOLD W/L TEAM
					24	Summer HUGHES	153	WEIGHTLIFTING ACADEMY
					37	Lasha MEYER	109	Unattached
		<b>Fri Jul</b>			26	Kristin IIZUKA	118	CODE 3 BARBELL
		<b>18</b>			34	Meghan VALENTINE	118	Veteran Barbell Club
					33	Gina GIANNETTI	112	SAYRE PARK WLC
					33	Amylynn FRANKEL	110	Unattached
<b>3</b>	<b>A</b>	<b>Weigh-in</b>			26	Jessica LIAO	121	CATALYST ATHLETICS
		<b>10:30 AM</b>	<b>Sr.</b>	<b>48</b>	22	Katie ELLIS	109	COLLECTIVE STRENGTH
					26	Marly CAMPOS	109	Mantis Barbell
		<b>Start</b>			22	Lindsay HEBB	109	RAW SPORTS PERFORMANCE
		<b>12:30 PM</b>			23	Lauren MOORE	112	K.O.R.E. WELLNESS
					34	Courtney YAMADA-ANDERSON	122	IDAHO WEIGHTLIFTING
					26	Michelle GIANNINO	118	EAST VALLEY CROSSFIT WL CLUB
					25	Chris LUCIANO	230	WAXMAN'S GYM WEIGHTLIFTING CLUB
					21	Connor BRAMBLE	190	HARRISBURG WEIGHTLIFTING CLUB
				<b>62</b>	18	Kenny WILKINS	192	FORCE PRAXEUM
					35	Ryan DANA	188	Unattached
		<b>Fri Jul</b>			29	Michael WILKINSON	188	PORT CITY BARBELL CLUB
		<b>18</b>			19	Ben PRIOR	188	EAST ALABAMA WEIGHTLIFTING
					21	Austin RODRIGUEZ	248	LINDENWOOD LIONS
					33	Mike ROSEWELL	227	Unattached
<b>3</b>	<b>B</b>	<b>Weigh-in</b>			21	Angel RODRIGUEZ	230	Unattached
		<b>10:30 AM</b>	<b>Sr.</b>		21	Chris SANTANA	245	ACCEL SPORTS
					22	Alexander ESCAMILLA	248	BALLISTIC BARBELL
		<b>Start</b>			20	Jimmy MCINTYRE	239	TEAM GEORGIA WL
		<b>12:30 PM</b>		<b>69</b>	20	Uli MANZANILLA	240	BARBELL PERFORMANCE LAB WEIGHTLIFTING CLUB
					25	Alvin TAJIMA	232	John Anderson's Power Plant
					26	Trenton CLAUSEN	227	HUSKERLAND WEIGHTLIFTING CLUB
					19	Patrick FORRESTER	232	GOLDEN BEAR WEIGHTLIFTING
					26	Blake BARNES	237	CATALYST ATHLETICS

## 2014 National Championships Start List

Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team
<b>4</b>	<b>A</b>	<b>Fri Jul 18</b>	<b>Sr.</b>	<b>63</b>	51	Jacqueline JANE'T	150	CALIFORNIA STRENGTH
					27	Jessica MICHIE	150	Unattached
					36	Darcie WARREN	154	TEAM CROSSFIT UTAH
					30	Jennifer WERBA	157	CALIFORNIA STRENGTH
					25	Kristin POPE	150	Unattached
					26	Lisa MILLER	154	Unattached
					37	Tasha SCHMIDT	153	TEAM 210 WEIGHTLIFTING CLUB
		<b>Start 3:00 PM</b>	23	Natasha SHAMLOUFARD	150	Unattached		
	31		Katie BROWN	154	Unattached			
	29		Marisa GARCIA-QUINTANA	158	K.O.R.E. WELLNESS			
	22		Eve CUCCIA	150	MADTOWN WLC			
	31		Nikki WOODS	150	EAST COAST GOLD W/L TEAM			
	28		Aubry JONES	145	VULKAN WEIGHTLIFTING			
	29		Sara SCHOENFISH	145	SAYRE PARK WLC			
<b>4</b>	<b>B</b>	<b>Fri Jul 18</b>	<b>Sr.</b>	<b>58</b>	24	Samantha SILVERMAN	148	Unattached
					34	Becky FREEMAN	145	HIGH DESERT ATHLETIC CLUB
					36	Veronica AGUILA	153	DRIVE, POP-PUNCH WEIGHTLIFTING
					26	Vanessa LONG	153	Unattached
					26	Rhiannon REYNOLDS	151	3SIXTY STRENGTH
					27	Megan HENRY	146	CELERITAS WEIGHTLIFTING
					25	Chelsea KYLE	146	COLUMBUS WLC INC.
		<b>Start 3:00 PM</b>	25	Kellie WEBSTER	149	LIVEFREE WEIGHTLIFTING CLUB		
	44		Jo Ann AITA	151	MAX'S GYM			
	28		Shantai DICKERSON	155	OUTLAW BARBELL CLUB			
	27		Tristan ERLINBAUGH	155	CROSSFIT RISE			
	26		Heather SANCHEZ	157	BALLISTIC BARBELL			
	27		Lindsay KINARD	148	WHITE ROSE BARBELL CLUB			
	24		Kimberley AZCARATE	175	TEXAS BARBELL CLUB			
<b>5</b>	<b>A</b>	<b>Fri Jul 18</b>	<b>Sr.</b>	<b>69</b>	25	Natalie JOHNSON	170	
					26	Elle ST CHARLES	165	Unattached
					25	Abby MILLER	163	Unattached
					30	Kiyo FUJIMOTO	178	ACCLAIM BARBELL
					25	Sylvia HOFFMAN	172	LSU-SHREVEPORT WLC
		<b>Start 5:30 PM</b>	25	Chelsea RYAN	170	CATALYST ATHLETICS		
	25		Leslie TILLOTSON	173	TEAM CROSSFIT UTAH			
	28		Allison TRUSCHEIT	166	BARBARIAN BARBELL CLUB			
	30		Emily BUNNELL	172	Unattached			
	20		Megan MURPHY	170	ORLUSIA WEIGHTLIFTING			
	21		Danielle HUDES	169	EAST COAST GOLD W/L TEAM			

## 2014 National Championships Start List

Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team	
<b>5</b>	<b>B</b>	Fri Jul 18	Weigh-in 3:30 PM	Sr.	53	26	Laura MOHLER	143	CALPIANS WLC
						33	Kimberly MCLEISH	136	TEAM MONTANA
						33	Christmas ABBOTT	134	RALEIGH WEIGHTLIFTING CLUB
						39	Wendy SPIES	139	PALO ALTO BARBELL CLUB
						25	Ryan METZGER	146	CENTRAL KENTUCKY WEIGHTLIFTING
						26	Reena TENORIO	145	KILOFORNIA BARBELL
						26	Snow POWERS	149	NORTH SHORE WEIGHTLIFTERS
						38	Rachel BATISTA	145	TEAM FLORIDA ALTAMONTE
						25	Erica MARYMAN	140	Unattached
						16	Olivia PEREZ	140	CLUB BORIS
		Start 5:30 PM			32	Danielle DURANTE	146	CATALYST ATHLETICS	
<b>6</b>	<b>A</b>	Fri Jul 18	Weigh-in 5:30 PM	Sr.	75	30	Natasha DELUCA	161	Unattached
						26	Jacqueline DAVISSON	167	Unattached
						28	Megan HILL	169	Unattached
						26	Raquel WOODS	161	FRONT RANGE WLC
						25	Laura BARITO	165	Unattached
						28	Cori SAFE	172	Chicago Strength
						29	Cait PROTTAS-FINN	161	EAST COAST GOLD W/L TEAM
						25	Nikki CARLIN	165	Unattached
						27	Jeanee GONET	170	NORTH SHORE CROSSFIT WLC
						23	Marah BAKER	172	Unattached
						27	Jill BURZYNSKI	165	TEAM WESTERN NEW YORK
						34	Hillary HEGENER	161	ARENA READY WEIGHTLIFTING
						26	Bonnie KILIS	161	SACRED HEART UNIVERSITY WLC
						21	Emily BOYICH	161	SAYRE PARK WLC
32	Laura SCHATZ	168	OUTLAW BARBELL CLUB						
<b>6</b>	<b>B</b>	Fri Jul 18	Weigh-in 5:30 PM	Sr.	63	25	Heather FARMER	164	METROPOLITAN ELITE WLC
						25	Arielle LIPPMAN	173	COLUMBUS WLC INC.
						26	Alyssa SULAY	163	CATALYST ATHLETICS
						17	Maddy MYERS	172	BLACK BOX BRUTE SQUAD
						21	Janelle SHAFER	171	PIONEER WLC
						35	Brittany RIESENBERG	159	TEAM PRAXIS
						34	Carlee ACEVEDO-FULLER	159	CALIFORNIA STRENGTH
						24	Rita BENAVIDEZ	166	CALIFORNIA STRENGTH
						29	Sara FLYNN	163	MYLES AHEAD WEIGHTLIFTING
						28	Paula ARANDA	165	CALPIANS WLC
						24	Nicole CAPURSO	161	OUTLAW BARBELL CLUB
						20	Brynn MURPHY	169	TEAM MONTANA
		Start 7:30 PM			30	M'Kelle TOMBERLIN	159		

## 2014 National Championships Start List

Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team
					32	William BYBEE	270	Unattached
					33	Christopher DOUGLAS	261	PARAMOUNT BARBELL CLUB
					32	Justin DEVEREUX	263	EAST COAST GOLD W/L TEAM
		<b>Sat</b>			29	Patrick JARRETT	260	EAST COAST GOLD W/L TEAM
		<b>Jul 19</b>			22	Jason HORIKAWA	260	WAXMAN'S GYM WEIGHTLIFTING CLUB
					21	Brett SILVERS	278	TEAM FLORIDA - ORLANDO
<b>7</b>	<b>A</b>	<b>Weigh-in</b> <b>7:00 AM</b>	<b>Sr.</b>	<b>77</b>	32	Jimmy DUKE III	270	TEAM L.A.B.
					24	Blake EDWARDS	260	
					24	Jon ZAJAC	276	EAST COAST GOLD W/L TEAM
					22	Jensen MCTAVISH	260	NEBRASKA WEIGHTLIFTING CLUB
		<b>Start</b> <b>9:00 AM</b>			26	Phil JOHNSON	263	SAYRE PARK WLC
					28	James ELLIS	275	
					36	Ryan HUDSON	260	LEVEL 5 STRENGTH
					18	Nathan DAMRON	277	CLUB BORIS
					24	Brian DEGENNARO	263	CROSSFIT NYC
					25	Andrew KONG	273	KILOFORNIA BARBELL
		<b>Sat</b>			30	Zack HEIGHT	273	CATALYST ATHLETICS
		<b>Jul 19</b>			28	Christopher BRANAM	273	HOOSIER WEIGHTLIFTING CLUB
					33	Joseph SZYMANEK	273	Unattached
<b>7</b>	<b>B</b>	<b>Weigh-in</b> <b>7:00 AM</b>	<b>Sr.</b>	<b>85</b>	21	Brent HISAKA	273	CALIFORNIA STRENGTH
					26	Nathan CONTRERAS	273	Unattached
					21	Chris YOUNG	273	NORTHERN MICHIGAN WEIGHTLIFTING CLUB
					18	Tom SUMMA	277	KIRKWOOD WLC
		<b>Start</b> <b>9:00 AM</b>			24	Robert Tyler WEDDLE	285	Unattached
					25	Kirby WHITE	283	TEXAS BARBELL CLUB
					28	DJ GIANAKAS	273	Unattached
					24	Jessica KINZLER	137	TEAM MDUSA
		<b>Sat</b>			17	Sydney GOAD	134	COFFEE'S GYM
		<b>Jul 19</b>			15	Hayley REICHARDT	128	GARAGE STRENGTH
					28	Nicole LIM	138	CALIFORNIA STRENGTH
<b>8</b>	<b>A</b>	<b>Weigh-in</b> <b>9:00 AM</b>	<b>Sr.</b>	<b>48</b>	22	Melissa VILLANUEVA	135	TEAM FLORIDA - ORLANDO
					29	Gina GUIDE	129	WINDY CITY WLC
					24	Suzy SANCHEZ	146	Unattached
					16	Megan SEEGERT	130	Unattached
		<b>Start</b> <b>11:00 AM</b>			19	Jaree BARGAINEER	135	TEAM FLORIDA - ORLANDO
					28	Heather SNETHEN	132	WESLEY WEIGHTLIFTERS
					36	Kelly REXROAD WILLIAMS	160	COFFEE'S GYM
					27	Jacque PAYNE	164	FRONT RANGE WLC
		<b>Sat</b>			28	Lindsey STROKER	151	TEAM CONNECTICUT
		<b>Jul 19</b>			24	Samantha WRIGHT	151	
					17	Kaija BRAMWELL	151	
<b>8</b>	<b>B</b>	<b>Weigh-in</b> <b>9:00 AM</b>	<b>Sr.</b>	<b>53</b>	20	Ellen KERCHER	157	LBH OF NYC DEPT OF PARKS
					25	Alyssa RITCHEY	156	Unattached
					29	Morghan KING	167	TEAM MDUSA
		<b>Start</b> <b>11:00 AM</b>			21	Kathleen WINTERS	165	TEAM MONTANA
					23	Breanne HAVARD	158	COFFEE'S GYM

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Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team
					26	Stephanie SPENCER	179	RAZOR'S EDGE FITNESS-CROSSFIT PENSACOLA WLC
					23	Cortney BATCHELOR	191	GAYLE HATCH WLT
		<b>Sat</b>			26	Samantha LOWER	181	COFFEE'S GYM
		<b>Jul 19</b>			24	Katherine LEE	161	RUBBER CITY WEIGHTLIFTING
<b>9</b>	<b>A</b>	<b>Weigh-in</b>	<b>Sr.</b>	<b>58</b>	25	Jessica GALLAGHER-SALVAGGIO	180	CATALYST ATHLETICS
		<b>11:00 AM</b>			33	Jennifer BUTLER	168	EAST COAST GOLD W/L TEAM
					28	Melissa YORK	161	BREAKAWAY WEIGHTLIFTING CLUB
					27	Sarabeth PHILLIPS	167	DEEP BARBELL CLUB
		<b>Start</b>			21	Jenny LAM	160	HASSLE FREE BBC
		<b>1:00 PM</b>			26	Stephanie PALACOL	170	TEAM MDUSA
					26	Caitlin VODOPIA	161	OUTLAW BARBELL CLUB
					26	Michelle DOWNS	160	EAST COAST GOLD W/L TEAM
					27	Angela PARRA	180	AVERAGE BROZ GYMNASIUM
		<b>Sat</b>			27	Ryan BASA	175	LIBERTY BARBELL CLUB
		<b>Jul 19</b>			29	Keith CONNOLLY	170	
<b>10</b>	<b>A</b>	<b>Weigh-in</b>	<b>Sr.</b>	<b>56</b>	28	Chris CALIMLIM	161	TEXAS BARBELL CLUB
		<b>1:00 PM</b>			22	Ryan BORGES	227	TEAM FLORIDA GULFCOAST WL
					21	Lourence CABANTOG	175	Unattached
		<b>Start</b>			23	Michael FOX	227	EAST COAST GOLD W/L TEAM
		<b>3:00 PM</b>			20	Brey KOBASHIGAWA	175	Unattached
		<b>Sat</b>			25	Willie LACKEY	201	FRONT RANGE WLC
		<b>Jul 19</b>			28	Thomas DONAHUE	201	HIGH DESERT ATHLETIC CLUB
					27	Dean OTSUKA	210	LBH OF NYC DEPT OF PARKS
<b>10</b>	<b>B</b>	<b>Weigh-in</b>	<b>Sr.</b>	<b>62</b>	14	CJ CUMMINGS	264	TEAM SAVANNAH
		<b>1:00 PM</b>			22	Jesse RODRIGUEZ	218	MYLES AHEAD WEIGHTLIFTING
					28	Michael LOZANO	194	TEXAS BARBELL CLUB
					32	Dustin MA	200	TEAM PRAXIS
		<b>Start</b>			29	Derrick JOHNSON	265	TEXAS BARBELL CLUB
		<b>3:00 PM</b>			33	Robert SIRKIS	214	SPOON BARBELL CLUB
					23	Dillon CASILLAS	205	
		<b>Sat</b>			26	Jessie HUMESTON	175	FRONT RANGE WLC
		<b>Jul 19</b>			28	Geralee VEGA	205	EAST COAST GOLD W/L TEAM
					32	Gwendolyn SISTO	183	Unattached
					25	Kathleen O'NEILL	175	ROBINSON WEIGHTLIFTING CLUB
<b>11</b>	<b>A</b>	<b>Weigh-in</b>	<b>Sr.</b>	<b>63</b>	29	Vanessa MCCOY	186	PEAK FITNESS
		<b>3:00 PM</b>			25	Mahassen PAIVA	180	TEAM FLORIDA - VOLUSIA COUNTY
					26	Leslie MAYVILLE	178	Unattached
					30	Jessica GEE	180	Unattached
		<b>Start</b>			24	Mary PECK	180	PALO ALTO BARBELL CLUB
		<b>5:00 PM</b>			21	Kelly CHARNIGA	190	DYNAMIC FITNESS WLC
					33	Whitney WELSCH	175	COFFEE'S GYM

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Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team
<b>11 B</b>	Weigh-in 3:00 PM	Sat Jul 19	Sr.	69	21	Megan POOLE	185	STONEAGE WEIGHTLIFTING CLUB
					34	Rachel YORK	180	COFFEE'S GYM
					28	Arlene WARD	190	FRONT RANGE WLC
					25	Cassidy DUFFIELD	180	OUTLAW BARBELL CLUB
					20	Becky FECTEAU	180	TEAM SAVANNAH
					24	Ariel STEPHENS	185	TEAM MDUSA
					22	Cecily BASQUES	180	PALO ALTO BARBELL CLUB
					24	Andi TURNER	181	Unattached
					17	Jessie BRADLEY	180	UTAH VALLEY BARBELL
					<b>12 A</b>	Weigh-in 5:00 PM	Sat Jul 19	Sr.
27	Alicia MCKENZIE	175	Unattached					
22	Emelie PARKER	180	MIDTOWN BARBELL CLUB					
+75	35	Jennifer BUCKNER	185	Unattached				
	27	Chelsea MCALEXANDER	172	FC BARBELL				
	23	Vanessa FROST	170	Unattached				
	25	Rebecca ROWLEY	170	Elevate Yo' Barbell				
	34	Kristen GARCIA	185	NOMAD BARBELL CLUB				
	18	Angelica FIGUEROA	180	TEAM FLORIDA - ORLANDO				
	24	Mackenzie ROY	180	RUMBLER				
25	Hannah CROWE	175	ORLUSIA WEIGHTLIFTING					
<b>12 B</b>	Weigh-in 5:00 PM	Sat Jul 19	Sr.	94	28	Sarah BUTLER	170	Unattached
					32	Chelsea HENNAN	177	MYLES AHEAD WEIGHTLIFTING
					25	Kalee FAAMOE	172	Unattached
					40	Jules MARSH	170	CALPIANS WLC
					29	James MCCOY	283	VENICE BARBELL CLUB
					22	Doug LODEN	283	NEBRASKA WEIGHTLIFTING CLUB
					26	Daniel RODERICK	283	Unattached
					25	Matthew BERGERON	283	TEAM MDUSA
					22	Samuel GIAMFORTONE	283	TEAM HOUSTON
					31	Cameron DAVIDSON	285	COLUMBUS WLC INC.
<b>12 B</b>	Weigh-in 5:00 PM	Sat Jul 19	Sr.	94	21	Ricky REDUS	290	TEXAS BARBELL CLUB
					23	Jake BAKER	300	Unattached
					24	Daniel GORELIK	292	EAST COAST GOLD W/L TEAM
					22	Jon DAWSON	290	RUBBER CITY WEIGHTLIFTING
					28	Nicholas CONN	283	TEAM KAIROS PERFORMANCE
					26	Bartosz SMARKUCKI	283	SACRED HEART UNIVERSITY WLC
					25	Spencer ROLOFF	283	FORCE WEIGHTLIFTING
					31	Richard FAIRLEY	289	Unattached
					22	Gunnar MATTSON	283	RUMBLER
					20	Bret BRIAN	295	GAYLE HATCH WLT
<b>12 B</b>	Weigh-in 5:00 PM	Sat Jul 19	Sr.	94	32	Wilson FLEMING	290	FORCE WEIGHTLIFTING
					19	Jacob MAPES	283	
					26	Bartosz SMARKUCKI	283	SACRED HEART UNIVERSITY WLC

## 2014 National Championships Start List

Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team
					26	Jacob PUDENZ	300	CALIFORNIA STRENGTH
					34	Greg EVERETT	305	CATALYST ATHLETICS
		<b>Sun</b>		<b>105</b>	28	Aja BARTO	300	INVICTUS ATHLETE WEIGHTLIFTING CLUB
		<b>Jul 20</b>			31	Daniel SWANK	300	MADTOWN WLC
					31	Brandon HOWARD	307	GAYLE HATCH WLT
<b>13</b>	<b>A</b>	<b>Weigh-in</b>			29	Jeffrey WILLIAMS	303	WAXMAN'S GYM WEIGHTLIFTING CLUB
		<b>7:00 AM</b>	<b>Sr.</b>		26	Sean RIGSBY	313	TEAM MDUSA
					31	Zachary BRODIS	303	TEAM CROSSFIT UTAH
		<b>Start</b>		<b>+105</b>	38	Mike JENKINS	310	MAX'S GYM
		<b>9:00 AM</b>			25	Robert HOSKINS	303	TEAM HOUSTON
					31	Richard KOONCE	303	DNA WEIGHTLIFTING
					23	Christopher CHANEY	303	OCU BARBELL CLUB
					29	Keith MINIKUS	304	TEXAS BARBELL CLUB
		<b>Sun</b>			19	Michael HUNT	250	Unattached
		<b>Jul 20</b>			23	Andrew VRABEL	263	Unattached
					22	Peter MUSA	257	METROPOLITAN ELITE WLC
<b>14</b>	<b>A</b>	<b>Weigh-in</b>		<b>69</b>	21	Landon DE CASTROVERDE	265	Unattached
		<b>9:00 AM</b>	<b>Sr.</b>		23	James CORSITTO	250	METROPOLITAN ELITE WLC
					32	Dutch LOWY	255	TEXAS BARBELL CLUB
		<b>Start</b>			30	Caleb WILLIAMS	280	
		<b>11:00 AM</b>			27	Spencer ARNOLD	260	TEXAS BARBELL CLUB
		<b>Sun</b>			34	Chad VAUGHN	310	SPOON BARBELL CLUB
		<b>Jul 20</b>			26	Travis COOPER	310	TEAM MDUSA
					25	James TATUM	311	TEAM MDUSA
<b>14</b>	<b>B</b>	<b>Weigh-in</b>		<b>77</b>	28	Mike CERBUS	300	TEAM PENDRAGON
		<b>9:00 AM</b>	<b>Sr.</b>		32	Adam BEYTIN	304	EAST COAST GOLD W/L TEAM
					28	Thomas FEILD	293	TEXAS BARBELL CLUB
		<b>Start</b>			21	Angelo BIANCO	285	AVERAGE BROZ GYMNASIUM
		<b>11:00 AM</b>			18	Tanner REICHARDT	280	GARAGE STRENGTH
		<b>Sun</b>			21	Jenny ARTHUR	235	TEAM GEORGIA WL
		<b>Jul 20</b>			27	Taylor HARRIS	187	TEAM MDUSA
					23	Rebecca GERDON	183	TEAM MDUSA
					27	Samantha POETH	208	GAYLE HATCH WLT
					25	Maegan-Lee SNODGRASS	190	TEAM PRAXIS
<b>15</b>	<b>A</b>	<b>Weigh-in</b>		<b>75</b>	34	Tiana JOHNSON	185	EAST COAST GOLD W/L TEAM
		<b>11:00 AM</b>	<b>Sr.</b>		30	Courtney VALERIOUS	201	WINDY CITY WLC
					22	Brianna BARNETT	195	WESLEY WEIGHTLIFTERS
		<b>Start</b>			20	Karis SCHNEIDER	181	TEAM SAVANNAH
		<b>1:00 PM</b>			32	Meriah MCLEISH	187	TEAM MONTANA
					24	Jillian MULL	190	RUBBER CITY WEIGHTLIFTING
					31	Sarah HOPPING ESTRELLA	208	HASSLE FREE BBC



## 2014 National Championships Start List

Sess	Pfm	Date	Group	Cat	Age	Name	Total	Team
<b>15 B</b>	Weigh-in 11:00 AM	Sun Jul 20	Sr.	+75	17	Kjayla MARTIN	190	TEAM FLORIDA - ORLANDO
					25	Holley MANGOLD	217	COLUMBUS WLC INC.
					28	Melissa FAUBUS	197	PERFORMANCE ONE WEIGHTLIFTING
					23	Rachael DAVIS	210	TEAM MDUSA
					19	Marissa KLINGSEIS	225	
					27	Carly MAUCH	190	ROBINSON WEIGHTLIFTING CLUB
					29	Tamara SOLARI	217	CATALYST ATHLETICS
					28	Ashley STEPHENS	192	FRONT RANGE WLC
					32	Angela DUVANE	187	HASSLE FREE BBC
					33	Kristin NEWMAN	187	FUBARBELL
	Start 1:00 PM			22	Chioma AMAECHI	237	HASSLE FREE BBC	
<b>16 A</b>	Weigh-in 1:00 PM	Sun Jul 20	Sr.	85	22	John MCGOVERN	331	RAZOR'S EDGE FITNESS-CROSSFIT PENSACOLA WLC
					30	Michael TIRRITO	320	TEAM NEW JERSEY
					24	Robert BLACKWELL	311	CALIFORNIA STRENGTH
					20	Charles MCDONALD	290	EAST COAST GOLD W/L TEAM
					20	Paul WOELMER	291	HOOSIER WEIGHTLIFTING CLUB
					26	Jared ENDERTON	320	
					29	Trevor BRITTON	295	TEAM MDUSA
<b>16 B</b>	Weigh-in 1:00 PM	Sun Jul 20	Sr.	94	28	Kendrick FARRIS	361	LSU-SHREVEPORT WLC
					23	Jared FLEMING	332	TEAM MDUSA
					27	Norik VARDANIAN	330	EAST VALLEY CROSSFIT WL CLUB
					25	David RIEF	312	CALPIANS WLC
					24	Scott HISAKA	320	CALIFORNIA STRENGTH
					21	D'Angelo OSORIO	350	HASSLE FREE BBC
					31	Colin BURNS	336	
					26	Frankie MURRAY	325	METROPOLITAN ELITE WLC
	Start 3:00 PM			23	Justin MEYER	326	ALTITUDE ATHLETICS	
<b>17 A</b>	Weigh-in 3:00 PM	Sun Jul 20	Sr.	105	27	Kaleb WHITBY	327	TEAM MDUSA
					23	Ethan HARAK	325	B-TOWN BARBELL
					22	Kollin COCKRELL	330	LSU-SHREVEPORT WLC
					23	Spencer MOORMAN	349	CALIFORNIA STRENGTH
					22	Edward BAKER	316	TEXAS BARBELL CLUB
					26	Kevin CORNELL	360	PITTSBURGH BBC
					30	Kevin ROBERTS	315	CHARLESTON WLC
					24	Andrew DAVIS	362	TEAM FLORIDA - ORLANDO
<b>17 B</b>	Weigh-in 3:00 PM	Sun Jul 20	Sr.	+105	25	TJ GREENSTONE	328	Unattached
					27	Caine WILKES	397	WILKES WEIGHTLIFTING
					27	Ben CLARIDAD	332	MIDTOWN BARBELL CLUB
					27	Jack RUSTMAN	320	NEXT LEVEL BARBELL
					27	Jason LEWIS	330	EAST VALLEY CROSSFIT WL CLUB
					26	Michael KREATSOULAS	335	TEAM PENDRAGON
					35	Jason STARKS	330	CALIFORNIA STRENGTH
					28	Brian WILHELM	340	CATALYST ATHLETICS
	Start 5:00 PM			28	Thomas SROKA	345	TEAM MDUSA	