

**2013 USA WEIGHTLIFTING NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS**  
**GENERAL INFORMATION & PARTICIPATION CONTRACT**  
**ST JOSEPH, MO – JUNE 28-30, 2013**

**VENUE:**

Missouri Western State University – Griffon Indoor Sports Complex
4525 Downs Drive
St Joseph, MO 64507

**HOTEL:**

Ramada Inn	Drury Inn
4016 Frederick Avenue	4213 Frederick Avenue
St Joseph, MO 64506	St Joseph, MO 64506
816-233-6192 or 1-800-748-0036 Mention: USA Weightlifting National Youth Championships	816-364-4700 Mention: USA Weightlifting National Youth Championships or LTI # 2158206
\$89 + tax includes complimentary full hot breakfast (also includes the Monkey Cove Indoor Water Park) and free Wi-Fi. Free shuttle to venue from this hotel.	\$92.00 for single/double and \$102 for triple, \$112 for quad. Includes free hot breakfast, 5:30 p.m. kickback with free hot food and cold beverages, free Wi-Fi. Free soda and popcorn 3:00 to 10:00 p.m. Free shuttle to venue available from hotel.

**NEAREST AIRPORTS:** Kansas City International Airport (MCI) is approximately 35 miles from the Hotel/Venue.

**SHUTTLE:** Shuttle transportation will be provided by **Heartland Trailways**.

**Shuttle will pick up at MCI on:**

Thursday, June 27<sup>th</sup> at 9:00 a.m., noon and 3:00 p.m.  
 Friday, June 28<sup>th</sup> at 9:00 a.m., noon and 3:00 p.m.  
 Saturday, June 29<sup>th</sup> at 10:00 a.m. and 2:00 p.m.

**Shuttle will pick up at Ramada Inn and Drury Inn for trip back to airport on:**

Sunday June 30<sup>th</sup> at 7:00 a.m. and noon  
 Monday, July 1<sup>st</sup> at 7:00 a.m. and noon

**Cost:** \$15.00 one way or \$25.00 round trip  
 Reservations must be made by June 3<sup>rd</sup> through USA Weightlifting Hangstar

If shuttle schedule does not work for you all major rental car companies available or call CMN Transportation (Mark Zuptich) at 816-262-4646 for individual shuttle transportation.

Visit InterServ Wesley Weightlifters web page: [www.faithfullyserving.org](http://www.faithfullyserving.org) for more information  
 Visit St Joseph Convention and Visitors Bureau for more information: [www.stjomo.com](http://www.stjomo.com)

**ORGANIZING COMMITTEE:** InterServ Wesley Weightlifters and Missouri Valley  
**MEET DIRECTOR:** Dennis Snethen – 816-238-4511 ext 235/ [intersrv@inter-serv.org](mailto:intersrv@inter-serv.org)

**SANCTION NUMBER:** USAW Sanction Number: 60-13-06

**ELIGIBILITY, QUALIFYING and ENTRY TOTALS:**

To enter this event you must be a USAW member in good standing when you submit your entry and remain a member through the time your session ends at the competition you are entering, and:

- 1) **Assure your entry and fee is received by the USAW National Office by June 14, 2013.**
- 2) Make a qualifying total during the qualifying period in the bodyweight category you are entering (or in a lower bodyweight category, if that latter total is higher), that is equal to or higher than the qualifying standard totals (QSTs) shown below (in an official USAW sanctioned competition, while you are a USAW member) – that qualifying total must be entered by you when you complete your entry form.
- 3) However, in completing this entry form, you may elect to use an announced Entry Total (ET) that is lower than your qualifying total, but that lower total must at least equal the qualifying standard total for the bodyweight/age category you are entering (if no entry total is listed in your entry form, your qualifying total as described in 3 above will automatically be used for your ET). Please note that the total of your starting attempts at the competition must at least be within 20k (men) /15K (women) of your ET, and if your ET qualifies you for an A session you must start within 20k/15k of the minimum total for the A session. No extra lifters will be permitted in this competition.
- 4) \*\* USA Citizenship required for entry into Youth Nationals, Junior Nationals, National Championships.
- 5) \*\* Birth Year required for Youth Nationals, Junior Nationals and University Nationals. 2013 Youth National Championships, as follows:

Birth Year 1996 - 1997 - competes as a 16-17 year old for 2013

Birth Year 1998 - 1999 - competes as a 14-15 year old for 2013

Birth Year 2000 or later - competes as a 13 & under for 2013

**2013 NATIONAL YOUTH CHAMPIONSHIPS QUALIFYING TOTALS**

Men			
Class	13 & U	14 - 15	16-17
*35	40	n/a	n/a
*39	49	n/a	n/a
*44	52	76	n/a
50	56	86	93
56	61	92	101
62	68	102	118
69	73	108	132
*69+	75	n/a	n/a
77	n/a	114	140
85	n/a	122	152
*85+	n/a	131	n/a
94	n/a	n/a	157
94+	n/a	n/a	MEDAL ONLY
*105	n/a	n/a	165
*105+	n/a	n/a	175

Women			
Class	13 & U	14 - 15	16-17
* 35	30	n/a	n/a
* 39	35	n/a	n/a
44	39	49	59
48	43	58	64
53	48	62	67
58	50	66	78
* 58+	53	n/a	n/a
63	n/a	70	86
69	n/a	74	90
69+	n/a	78	MEDAL ONLY
* 75	n/a	n/a	97
* 75+	n/a	n/a	101

\*=Not an IWF Recognized Youth Weight Class  
 MEDAL ONLY = Additional medals will be awarded for the IWF 69+ AND 94+ weight categories to the lifters competing in the 75 and 75+ and the 105 and 105+ categories.

Note that place winners for the 69+ and 94+ categories will be selected based on the competition results of the competitors in the 75kg and 75+kg, and the 105kg and 105+kg categories, respectively. Separate competition sessions will not be held for the 69+kg and 94+kg categories.

**TEAM AWARDS:** Awards to top 3 teams for both boys and girls in each age division (13 & under, 14-15, 16-17) based on total only and top 3 overall boys and girls teams. Team points will be awarded in all boys' and girls' classes. Teams in each age group will consist of a maximum of 4 boys or 3 girls and for overall a maximum of 8 boys or 7 girls. 1st place =12 points, 2ND=9, 3RD=8, 4TH=7, 5TH=6, 6TH=5, 7TH=4, 8TH=3, 9TH=2, 10TH=1. Note that for the purposes of team scoring, the 69+ and 94+ categories are excluded; the 75kg and 75+kg, and the 105kg and 105+kg categories are included.

**QUALIFYING PERIOD:** June 22, 2012 to June 3, 2013

**ENTRY DEADLINE:** **JUNE 14, 2013.** ALL ENTRIES, WHETHER MADE ONLINE, VIA FAX OR VIA REGULAR MAIL OR EXPRESS SERVICE, MUST BE RECEIVED WITH PAYMENT BY THE NATIONAL OFFICE NO LATER THAN 11:59 PM MT ON JUNE 14, 2013. ENTRIES AND/OR PAYMENTS RECEIVED AFTER THAT TIME WILL BE REJECTED.

**BODYWEIGHT CATEGORY  
CHANGES AND FINAL  
VERIFICATION OF**

**ENTRIES & MEETING:** The Entry Form you submit to the USA Weightlifting office by June 14, 2013 is your official entry to the competition and the information will be verified and used to create a Tentative Start list. However, you can make changes to your bodyweight category up until **Tuesday, June 25, 2013**, by notifying the National Office, in writing, of the desired change. You may also make a change at the **Verification of Final Entries Meeting** that will take place at **Griffon Indoor Sports Complex, Thursday, June 27, 2013 5:30 - 6:00 pm, Local Time**, at the location indicated above, in a room to be announced that morning in the lobby of the hotel.

**TECHNICAL MEETING:** **Thursday, June 27, 2013 8:00 pm, Local Time** at the venue. Anyone who does not attend the Technical Conference agrees to accept all decisions made at the Technical Conference. The final Start List will become available right after this meeting and any changes to the lifting schedule will be announced at that time. A preliminary list of participants (subject to change) will be available via <http://weightlifting.teamusa.org> within 7 days after the entry deadline.

**REFEREE CLINIC & TESTING:** Clinic: No Referee Clinic Will be Held at This Competition  
Test: N/A  
For more information on referee testing procedures, please visit <http://www.teamusa.org/USA-Weightlifting/Referees.aspx>.

**ITEMS REQUIRED AT  
WEIGH IN:**

All participants aged 16 and older are required at weigh in to produce a government-issued photo identification documents showing date of birth, such as a driver's license, passport, military ID, or comparable document. All participants aged 15 and younger are required at weigh in to produce a government-issued identification document showing date of birth, such as a birth certificate, passport, or comparable document; photo identification is not required for participants under 16 years of age.

**DOPING CONTROL:** Formal drug testing of participants by the United States Anti-Doping Agency (USADA) will be in effect. Participation in this event signifies that the athlete agrees to be subjected to and to comply with all drug control procedures and policies.

**WEIGH INS:** All official weigh-ins will be done at the venue. Weight checks will be available at venue/ hotel 5:00pm, Thursday, June 27<sup>th</sup>. Training will be available in the warm-up area at the venue beginning Thursday morning

**AWARDS:** Bodyweight categories will be contested, and medals will be awarded, as follows to the top 6 totals in each weight class for the 13 and under, 14-15 and 16-17 age groups; Best Lifter awards for male and female lifters in each age group (11 and under, 13 and under, 14-15 and 16-17). Special recognition awards for 11-under 31, 35, 44, 50, 56, 62, 62+ male and 31, 35, 39, 44, 53, 53+ female In addition, a special technique award will be provided for each session.

**TEAM AWARDS:** This award was created by an anonymous donor in memory of Glenn Middleton, a former chair of the precursor of the USAW Youth Committee, and a longtime supporter of Youth Weightlifting.

## PRELIMINARY AND TENTATIVE SCHEDULES OF COMPETITION

The schedule shown below is Preliminary and subject to modification on the basis of actual final entries. Within 7 days of the entry deadline, the National Office will publish a Tentative Daily weigh-in and lifting schedule which is also subject to change, however, schedule should be fairly close to the final schedule because it will be based on entries actually received and will be affected mainly by withdrawals or changes in bodyweight category, so should not change very much, and the days that a session is scheduled for will never change. The Final Schedule, which is not subject to any change (other than delays arising in the normal course of competition), will be announced at the Technical Meeting following the Verification of Final Entries. If a lifter fails to make weight, he or she will not be allowed to participate in the event.

Athletes and coaches should be aware that two platforms will be used.

All changes will be announced at the TECHNICAL MEETING. Changes in actual weigh-in times and lifting times can occur (dates cannot be changed). A final schedule will be posted after the Technical Meeting. Age and body weight categories as listed below will not change days, but times per session during the day may change. If a lifter fails to make weight, they will not be allowed to participate. THERE WILL BE NO EXTRA LIFTERS.

Boys and girls aged 13 & under will compete with a 15 kilogram bar. For this age group, 5 kg and 10 kg bars with clips may (will?) be used, together with full sized plates lighter than 10 kg, if the weight of the on-platform attempt selected does not permit the use of the 15 kg bar and a full sized plate with clips. A progressively heavier bar will be used until the 15 kg bar can be used with a full sized plate with clips.

Birth Year 1996 - 1997 - competes as a 16-17 year old for 2013

Birth Year 1998 - 1999 - competes as a 14-15 year old for 2013

Birth Year 2000 or later - competes as a 13 & under for 2013

### **FRIDAY June 28, 2013**

SESSION	PLATFORM 1	PLATFORM 2	WEIGH IN	LIFT
1	W 13&U 35/39/44	W 13&U 48/53/58/58+	7:00 AM	9:00 AM
2	M 13&U 35/39	M 13&U 44/50	10:00 AM	12:00 PM
3	M 13&U 56/62	M 13&U 69/69+	1:00 PM	3:00 PM
4	M 14-15 44/50/56	M 14-15 62/69	4:00 PM	6:00 PM

### **SATURDAY June 29, 2013**

SESSION	PLATFORM 1	PLATFORM 2	WEIGH IN	LIFT
5	M 14-15 77/85/85+	M 16-17 50/56/62	7:00 AM	9:00 AM
6	W 14-15 44/48/53/58	W 14-15 63/69/69+	10:00 AM	12:00 PM
7	M 16-17 69	M 16-17 77	1:00 PM	3:00 PM
8	W 16-17 (44/48/53)	W 16-17 (58)	4:00 PM	6:00 PM

### **SUNDAY June 24, 2012**

SESSION	PLATFORM 1	PLATFORM 2	WEIGH IN	LIFT
9	M 16-17 (85)	M 16-17 (94)	7:00 AM	9:00 AM
10	W 16-17 (63/69)	W 16-17 (75/75+)	9:30 AM	11:30 AM
11		M 16-17 105/105+	12:00 PM	2:00 PM

## OFFICIAL ENTRY FORM

**REGISTRATION:** Preferred method of registration is on line at <https://www.usaw.hangastar.com/Login.aspx> . The deadline for the National Office having received your registration is June 14, 2013. No late entries will be accepted.

A manual registration form may be mailed or faxed but it must be received by the National Office by June 14, 2013. However, an additional \$10 processing fee applies for each athlete or team registering manually and is included in the "Entry Fees" listed below.

**RETURN MANUAL ENTRY TO:**

USA Weightlifting  
1 Olympic Plaza  
Colorado Springs, CO 80909

**ENTRY FEES:**

INDIVIDUAL Entry – \$50.00 if you enter online (Non-refundable)

If you use a paper entry, \$60.00 (Non-refundable; includes manual processing fee of \$10)

Each OVERALL TEAM – \$75.00 if you enter your team online (Non-refundable)

If you use a paper entry \$85.00 (Non-refundable; includes manual processing fee of \$10)

Each AGE GROUP TEAM - \$25.00 if you enter your team online (Non-refundable)

If you use a paper entry \$35.00 (Non-refundable; includes manual processing fee of \$10)

Please enter me in the **2013 USA WEIGHTLIFTING NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS** to be held on JUNE 28-30, 2013 at St Joseph, MO. I certify that I am an amateur in good standing. In consideration of my entry in the competition, I do hereby waive, and release USA Weightlifting, its subsidiary LWCs, MO Valley Association, Interfaith Community Services and InterServ Wesley Weightlifters, the city, the venue and the hotel, and their respective directors, officers, officials, agents, and competition personnel, hereinafter known as the "Organizers," from any and all causes of action, loss, liability, claims and demands of every kind and nature, which I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other care rendered to me in the event of my injury or illness, or for any and all other costs, damages or losses suffered or incurred by me or occasioned to me in connection with my travel to and from, and my participation in, the competition and related activities, except that the forgoing waiver and release shall not apply to injuries, damages, and losses resulting from the gross negligence and/or wanton misconduct of the Organizers or to bodily injuries and medical expenses covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers.

I agree to be filmed and photographed under conditions approved and authorized by the USA Weightlifting, to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to USA Weightlifting and Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of USA Weightlifting, its sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the USA Weightlifting.

I (and my parent or guardian, if I am a minor), agree that the Organizers and its agents, including competition personnel, may make judgments (with appropriate input from available medical personnel), as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition, should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the Organizers, its agents and competition personnel to make such decisions for me as though they stood in a relationship to me of parent, guardian or next of kin should circumstances require the Organizers, its agents and competition personnel to make such judgments, and my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments.

I hereby release and agree to hold the Organizers, its agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, its agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.

I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits.

**I understand the USAW Board of Directors has adopted the following policy:** The entry and qualifying deadlines for any National event are the ones specified in the Participation Contract and absolutely no entries will be accepted after the deadline.

This policy will remain in effect unless changed by the USAW Board of Directors and may not be overridden by any individual or group, including but not limited to any USAW committee, member, the event meet director or the National Office staff. This policy will be strictly enforced, without regard to statements or rumor to the contrary, regardless of the source of such statements or rumors. Athletes should be advised that USAW will not be responsible for an athlete's unsuccessful attempt to register for the event online due to the absence of a minimum qualifying total in the athlete's record at the time registration is attempted, or for any other issue that would cause the athlete to be unable to successfully register online or via fax or regular mail. It is therefore strongly recommended that athletes not wait until the last minute to register, in case there is a problem.

**PLEASE TYPE OR PRINT ALL INFORMATION CLEARLY: Please enter me in the 2013 USA WEIGHTLIFTING NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS**

WEIGHT CLASS QUALIFIED: \_\_\_\_\_ KG (You may only enter one) USAW Member # \_\_\_\_\_

\_\_\_\_ MALE \_\_\_\_ FEMALE \*U.S. CITIZEN: \_\_ YES \_\_ NO \*All lifters must be U.S. citizens to participate

AGE YOU WILL BE AT THE COMPETITION: \_\_\_\_\_ DOB: \_\_\_\_\_

NAME \_\_\_\_\_  
(Last) (First) (Middle)

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_ E-MAIL \_\_\_\_\_ AGE \_\_\_\_\_ DOB \_\_\_\_\_

USA WEIGHTLIFTING COACH: \_\_\_\_\_ COACH USAW MEMBER # \_\_\_\_\_

EVENT COACH: \_\_\_\_\_ EVENT COACH USAW Member # \_\_\_\_\_

**NOTE: EVENT COACH MUST BE A CURRENT USA WEIGHTLIFTING MEMBER TO GAIN ACCESS TO THE WARM-UP ROOM**

QUALIFYING STANDARD TOTAL (QST) MADE: \_\_\_\_\_ WT CLASS: \_\_\_\_\_ DATE: \_\_\_\_\_

ENTRY TOTAL (ET) (must be equal to or greater than the QT of age/wt class): \_\_\_\_\_

**AMOUNT DUE: \$60**

PAYMENT MAY BE MADE WITH CHECK PAYABLE TO 'USAW' OR VALID CREDIT CARD: *VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS:*

CREDIT CARD ACCT# \_\_\_\_\_ EXPIRES \_\_\_\_\_ CODE \_\_\_\_\_

CARDHOLDER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**DRUG USE AND BLOOD DOPING**

All competitors in this competition are subject to drug testing by the United States Anti- Doping Agency (USADA). A positive result for an IOC prohibited substance will be cause for disqualification from this event, and loss of eligibility. A negative test will demonstrate to the public and your competitors that you have earned your achievements ethically.

By registering to compete at this competition, you are consenting to be subject to drug testing on your urine, and accept the penalties if found positive for a prohibited substance. All athletes chosen are required to provide an acceptable specimen. Cooperation is mandatory; noncompliance will be cause for the same penalties as for a positive drug test.

Further information about the doping control process, the protection of your rights, and the status of specific medications is available from the U.S. Anti-Doping Agency and its Drug Reference Line (1-800-233-0393), 5555 Tech Center Drive, Suite 200, Colorado Springs, Colorado 80919-2372. The USADA website is [www.usantidoping.org](http://www.usantidoping.org) .

Over-the-counter medications, nutritional supplements, and even natural herbal supplements may contain prohibited substances. Always check first with your team doctor or the Drug Reference Line before taking any medication prior to competition.

I understand that drug-testing may be conducted on a formal basis for athletes weighed-in for this event or program and that the detection of use of banned drugs would make me subject to suspension by my sport's national governing body and USOC. By registering for this event, I agree to be subject to a drug test and its penalties if declared positive for a banned substance. I am aware that failure to appear for and comply with the drug test will be cause for the same penalties as for those who are positive for a banned substance. I further understand that the practice of blood doping is banned by the USA Weightlifting, the USOC, the IWF and the IOC and that to do so would make me subject to punitive action within existing policies. \*\* Names of athletes who test positive, the name of the substance and length of suspension will be listed in on the USA Weightlifting website. I know that I may call the USADA Hotline (1-800-233-0393), for any questions about medications and banned substances or practices.

I understand that, if for some reason I elect not to continue in the competition to the completion of an official total, or do not total, that I will still be eligible for the random drug test, and I will report to the Doping Control Officer and advise him/her that I am making myself available for random drug testing. I will not leave the meet site until excused by the drug control officer.

**I understand that if I am a no show for drug testing, I will receive the maximum penalty of a 4-year suspension from the sport.**

**In providing my signature below I am signifying that I agree to all the terms, conditions, waivers, policies, descriptions and other information provided on the preceding pages of this document.**

PRINTED NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

**IF ATHELTE WILL BE UNDER 18 AT TIME OF EVENT, PARENT/GUARDIAN MUST SIGN**

I have explained to my son/daughter the aforementioned releases and conditions, the aforementioned information on drug use and blood doping, the ramifications associated with their use, and the aforementioned information on drug testing. I further consent to his/her registration for this USA Weightlifting activity under the above stipulated conditions.

PRINTED NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

# 2013 USA WEIGHTLIFTING NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS

St Joseph, MO – JUNE 28-30, 2013

## OFFICIAL TEAM ENTRY FORM

Preferred method of registration is on line at <http://secure.mycart.net/catalogs/index.asp?category=324995&count=1>. Deadline for on line team registration is 11:59 pm MT on June 14, 2013.

Manual registration may be mailed or faxed. An additional \$10 processing fee applies for each team entered and is included in the fees listed below. Mailed entries must be postmarked or faxed entries (with credit card information) must be received by USAW no later than June 14, 2013.

**Please print and complete a separate form for each TEAM registered**

- |   |   |
|---|---|
| _____ Overall Boy's - \$85                              | _____ Overall Girl's - \$85                               |
| _____ Boys 16-17 (Birth Year 1996-1997) - \$35          | _____ Girls 16-17 (Birth Year 1996-1997) - \$35           |
| _____ Boys 14-15 (Birth Year 1998-1999) - \$35          | _____ Girls 14-15 (Birth Year 1998-1999) - \$35           |
| _____ Boys 13 & Under (Birth Year 2000 or later) - \$35 | _____ Girl's 13 & Under (Birth Year 2000 or later) - \$35 |

Please enter the following Team in the 2013 USA Weightlifting National Youth Championships, payment enclosed or specified below. I understand that if any athlete on my team tests positive for banned substance, that the team will receive no team points and will be disqualified from this competition.

NAME OF CLUB OFFICIAL (PLEASE PRINT): \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

This tentative team roster must be submitted and each athlete on this roster must submit an individual entry form indicating that he or she represents this club. In the event of a lost entry form, proof of mailing is required - please see page 1, "Proof of Entry." Final team rosters are due in the competition secretary's hands at the Verification of Entries. **No more than two (2) per weight category. Eight (8) boys and seven (7) girls are allowed on overall team. Boys are allowed four (4) per team per age group team and girls are allowed three (3) per team per age group team.**

**INCOMPLETE ENTRIES WILL NOT BE ACCEPTED!**

USAW CLUB NAME \_\_\_\_\_ CLUB # \_\_\_\_\_ EXP DATE \_\_\_\_\_

ATHLETE NAME	YOB	WT CATEGORY	QUAL TOTAL
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____

**ALTERNATES: (NO ALTERNATES ON FINAL TEAM ENTRY)**

- |          |       |       |       |
|----------|-------|-------|-------|
| 1. _____ | _____ | _____ | _____ |
| 2. _____ | _____ | _____ | _____ |

PAYMENT MAY BE MADE WITH CREDIT CARD: VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS: AMOUNT DUE FOR TEAM ENTRY \_\_\_\_\_

CHECK ENCLOSED \_\_\_\_\_ CREDIT CARD ACCT# \_\_\_\_\_ EXPIRES \_\_\_\_\_

CARDHOLDER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_