

2013 American Open Competition Schedule

Date	Sess	Pfm	Weigh-in	Start	Sex	Weight		Qual		# Lifters	
						Cat.	Pool	Min	Max	Grp	Ses
Fri Dec 6	1	A	6:00 AM	8:00 AM	f	58	D	135	139	13	13
						56	Y	144	146		
						62	Y	171	179		
						69	Y	184	215		
						77	Y	200	246		
	1	B	6:00 AM	8:00 AM	m	85	Y	209	265	2	14
						94	Y	219	276		
						105	Y	228	288		
						+105	Y	228	289		
						77	D	247	249		
						48	Y	90	90		
						53	Y	103	120		
	1	C	6:00 AM	8:00 AM	f	63	Y	117	146	2	11
						69	Y	121	151		
						75	Y	132	155		
						+75	Y	132	162		
						69	C	152	153		
	2	A	8:30 AM	10:30 AM	f	75	C	156	160	9	16
						69	C	216	219		
	2	B	8:30 AM	10:30 AM	m	69	C	216	219	14	14
	2	C	8:30 AM	10:30 AM	f	63	C	147	154	16	16
	3	A	11:00 AM	1:00 PM	m	85	C	265	268	11	11
	3	B	11:00 AM	1:00 PM	m	77	C	250	260	12	12
	3	C	11:00 AM	1:00 PM	f	48	B	91	109	14	14
	4	A	1:30 PM	3:30 PM	m	62	B	180	199	13	13
	4	B	1:30 PM	3:30 PM	m	94	C	277	285	12	12
4	C	1:30 PM	3:30 PM	f	53	B	121	129	15	15	

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Date	Sess	Pfm	Weigh-in	Start	Sex	Weight		Qual		# Lifters		
						Cat.	Pool	Min	Max	Grp	Ses	
Fri Dec 6	5	A	4:00 PM	6:00 PM	m	69	B	220	230	13	13	
	5	B	4:00 PM	6:00 PM	m	85	B	269	299	11	11	
	5	C	4:00 PM	6:00 PM	f	63	B	155	168	8	18	
						69	B	154	164	10		
	6	A	6:30 PM	8:30 PM	m	105	B	289	309	10	10	
	6	B	6:30 PM	8:30 PM	m	94	B	286	304	6	14	
						+105	B	290	319	8		
	6	C	6:30 PM	8:30 PM	f	75	B	161	171	10	15	
						+75	B	163	174	5		
	Sat Dec 7	7	A	8:00 AM	10:00 AM	f	58	C	140	145	12	12
7		B	8:00 AM	10:00 AM	m	77	B	261	270	10	10	
8		A	10:00 AM	12:00 PM	f	58	B	146	152	14	14	
						48	A	110		15	15	
9		A	12:30 PM	3:00 PM	f	53	A	130		18	18	
						56	A	147		7	13	
9		B	12:30 PM	2:30 PM	m	62	A	200		6		
10		A	3:15 PM	5:15 PM	f	58	A	153		12	12	
10		B	3:15 PM	5:15 PM	m	69	A	231		11	11	
11		B	5:15 PM	7:15 PM	m	77	A	271		10	10	
11		A	5:15 PM	7:15 PM	f	63	A	169		13	13	
Sun Dec 8		12	A	8:00 AM	10:00 AM	f	69	A	165		14	14
		13	A	10:30 AM	12:30 PM	m	85	A	300		8	8
	94						A	305		7	7	
	14	A	12:30 PM	2:30 PM	f	75	A	172		13	13	
						105	A	310		11	11	
	15	A	2:30 PM	4:30 PM	f	+75	A	175		12	12	
	15	B	2:30 PM	4:30 PM	m	+105	A	320		9	9	