

USA Weightlifting to Host Coaching Symposium in Dallas, Texas

Following the conclusion of the 2013 American Open, USA Weightlifting will be hosting a its 1st Annual Coaching Symposium and International Review of the Year at the Westin Dallas Park Central, Monday 9th December 2013.

Led by National Coach Zygmunt Smalcerz, and High Performance Director Peter Roselli, the symposium will also feature guest speakers including an international coaching speaker.

The primarily objectives of the Coaching Symposium are;

- Post-Mortem the 2013 International Teams performance, with feedback derived from the assigned coaches who attended these competitions. Feedback will also be heard from personal coaches, both who attended and were unable to attend in person.
- Set the direction for the International competition in 2014, ahead of the first step on the Road to Rio, the 2014 World Championship.
- Provide a platform for coaches to get high level expert advice on selected topic(s) from coaches based in the USA and abroad, across all age groups.

Participation will be free for appointed coaches to 2013 International Teams, personal coaches of 2013 athletes will have a subsidized rate of \$180 per person and all other USA Weightlifting qualified coaches are welcome to attend for \$275 per person.

Places are very limited, and will be allocated on a first come, first served basis. You can book your place via the below link:

<http://secure.mycart.net/catalogs/catalog.asp?prodid=5224038>

The following will be the preliminary schedule;

8am – 8.45am – Breakfast and 2014 International Objectives

9am- 11am – Round Table 2013 International Post Mortem

11am – Early Lunch

Midday – 3pm – Guest Speakers

4pm – Close and Depart for Airport Transportation.