## 2013 American Open (USA Weightlifting) General Information & Participation Contract

**Dallas, TX – December 5-8 2013**

### Venue:

<table>
<thead>
<tr>
<th>Westin Dallas Park Central</th>
<th>12720 Merit Drive</th>
<th>Dallas, TX, 75251. Tel: 972-385-3000</th>
<th><a href="http://www.westindallasparkcentral.com/">www.westindallasparkcentral.com</a></th>
</tr>
</thead>
</table>

### Hotel:

<table>
<thead>
<tr>
<th>Westin Dallas Park Central</th>
<th>12720 Merit Drive</th>
<th>Dallas, TX, 7521</th>
<th>Book online at: <a href="https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1308129354&amp;key=8E871">https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1308129354&amp;key=8E871</a></th>
<th>Call: 888-627-7032 (Make sure to mention USA Weightlifting American Open)</th>
</tr>
</thead>
</table>

**$105 Single, Double, $115 Triple, Quad**

### Nearest Airports:

- **Dallas-Fort Worth International (DFW)** is approximately 20.5 miles from the Venue.
- **Dallas Love Field Airport (DAL)** is approximately 9.1 miles from the Venue.

### Airport Shuttle:

Airport Shuttle Service runs from Dallas-Fort Worth International only. Service provider is Go Yellow Checker. Please book via phone 972-233-69990.

### About our Host City:


### Webcast:

The event will be webcast live at [www.teamusa.org/usa-weightlifting/live](http://www.teamusa.org/usa-weightlifting/live)

### LOC:

Spoon Barbell Club, Robert Sirkis & Visit Dallas.

### Meet Director:

Robert Sirkis.

### International Participants:

International Participants must enclose a letter of authority from their home National Federation per the below regulations, the total entry fee for international participants is $100, inclusive of one year membership of USA Weightlifting. The home National Federation must confirm the athlete meets the Qualifying Totals set out below.

### Sanction Number:

60-13-16

### Eligibility

To enter this event you must be a member in good standing when you submit your entry and remain a member through the time your session ends at the competition you are entering, and:

1) **Assure your entry and fee is received by the USAW National Office by 14th November 2013.** [https://www.usaw.hangastar.com](https://www.usaw.hangastar.com)

2) Make a qualifying total during the qualifying period in the bodyweight category you are entering (or in a lower bodyweight category, if that latter total is higher), that is equal to or higher than the qualifying standard totals (QSTs) shown below (in an official USAW sanctioned competition, while you are a USAW member) — that qualifying total must be entered by you when you complete your entry form.

3) However, in completing this entry form, you may elect to use an announced Entry Total (ET) that is lower than your qualifying total, but that lower total must at least equal the qualifying standard total for the bodyweight/age category you are entering (if no entry total is listed in your entry form, your qualifying total as described in 3 above will automatically be used for your ET). Please note that the total of your starting attempts at the competition must at least be within 20k (men) /15K (women) of your ET, and if your ET qualifies you for an A session you
must start within 20k/15k of the minimum total for the A session. No extra lifters will be permitted in this competition.

4) Non-citizens may lift at the 2013 American Open Championships, if they meet criteria 1 through 3, provided they submit written approval with this application from their National Federation to compete in this competition, per the IWF Constitution, BY-LAW TO 13 ELIGIBILITY:

2. An athlete residing in a foreign country may only participate in competitions organized in that country if he or she has an authorization from his or her Member Federation.

Members of USAW who are not citizens of the United States are subject to in-competition and out of competition random drug testing by USADA, and are subject to the same sanctions in the United States applied to US citizen members of USAW who test positive per IWF Anti-Doping Policy, 5.1 Authority to Test:

All Athletes under the jurisdiction of a National Federation shall be subject to Testing by IWF, the Athlete's National Federation, and any other Anti-Doping Organization responsible for Testing at a Competition or Event in which they participate. All Athletes under the jurisdiction of a National Federation, including Athletes serving a period of ineligibility or a Provisional Suspension, shall be subject to Testing at any time or place, with or without advance notice, In-Competition or Out-of-Competition by IWF, WADA, the Athlete's National Federation, the National Anti-Doping Organization of any country where the Athlete is present or of which the Athlete is national, resident, licence-holder or member of a sport organization, the IOC in connection with the Olympic Games, the IPC in connection with Paralympic Games, and any other Anti-Doping Organization responsible for Testing at a Competition or Event in which they participate.

All Athletes must comply with any request for Testing by any Anti-Doping Organization with Testing jurisdiction.

Drug positives of non-citizens will also be reported to the athlete's National Federation for further disposition as applicable by that Federation.

Entry Totals: AMERICAN OPEN QUALIFYING STANDARD TOTALS (QST) for each body weight category, and for A and B sessions, are specified in the PRELIMINARY AND TENTATIVE SCHEDULES OF COMPETITION, pages 3 and 4, below. Qualifying totals will not change on the final schedule.

ENTRY DEADLINE: Thursday, November 14th 2013. All entries, team or individual, whether made online, via fax or via regular mail or express service, must be received with payment by the National Office no later than 11:59 PM MT 14th November 2013. Entries and/or payments received after that time will be rejected.

QUALIFICATION FOR 2014 INTERNATIONAL COMPETITIONS:

The USAW Board of Directors has designated the 2013 American Open Championships as a Qualification Event for the following 2014 international competitions:

2014 Continental Qualification Event
Estimated Location: Peru
Team USA Ranking Objective & Method: Ability to Medal

2014 Junior Pan American Championships
Estimated Location: United States of America
Team USA Ranking Objective & Method: Ability to Medal

2014 Pan American Championships
Estimated Location: Dominican Republic
Team USA Ranking Objective & Method: Ability to Place and Score

2014 Junior World Championships
Estimated Location: Russia
Team USA Ranking Objective & Method: Ability to Medal

Note that the dates, locations, and presentation of the above events are subject to changes and adjustment as specified on the IWF and PAWF calendars.

On conclusion of the 2013 World Weightlifting Championships, scheduled to end October 27, 2013, the National Classification Matrix (NCS) matrix will be updated to include these World Championships results, and will serve as the basis for the above Team USA rankings based on ability to medal - the most recent five-year World Championships/Olympic Games third place averages per body weight category - specifics to be announced as of Monday, November 11, 2013.

The Team USA ranking for the 2014 Pan American Championships, whose Objective & Method is ability to place and score, will be based on placement results from first to twenty-fifth place from prior year results for that competition. Since the 2013 Pan American Championships have already been concluded, these specifics are anticipated to be available earlier, by the end of October, but in any case not later than November 11, 2013.

If your best official total does not qualify for the American Open, but you were born in 1997 or later, and wish to make a qualification total applicable to the 2014 Continental Qualification Event/YOG, you may qualify to lift in the 2013 American Open Championships B sessions that will be held on Friday, December 6th. If you do not qualify based on the above specified 2013 American Open Championships Entry totals, you may lift in the B sessions based on the special totals below, however your total will count only for 2014 Continental Qualification Event/YOG ranking, provided that the final selection criteria for the Youth Olympic Games includes the 2014 American Open Championships as a Qualification Event for the Continental Qualification Event/YOG. (Note that these are the same entry totals used for Youth Worlds Special Trials Sessions at the 2012 American Open Championships.)
ELIGIBILITY, QUALIFYING and ENTRY TOTALS:

2014 CONTINENTAL QUALIFICATION EVENT/YOG QUALIFYING STANDARD TOTALS

<table>
<thead>
<tr>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>WT CLASS (KG)</td>
<td>Q. TOTAL (KG)</td>
</tr>
<tr>
<td>50</td>
<td>144</td>
</tr>
<tr>
<td>56</td>
<td>155</td>
</tr>
<tr>
<td>62</td>
<td>171</td>
</tr>
<tr>
<td>69</td>
<td>184</td>
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<tr>
<td>77</td>
<td>200</td>
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<tr>
<td>85</td>
<td>209</td>
</tr>
<tr>
<td>94</td>
<td>219</td>
</tr>
<tr>
<td>94+</td>
<td>228</td>
</tr>
</tbody>
</table>

BODYWEIGHT CATEGORY CHANGES AND FINAL VERIFICATION OF ENTRIES & MEETING:

The Entry Form you submit to the USA Weightlifting office by the entry deadline is your official entry to the competition and the information therein will be verified and used to create a Tentative Start list. However, you can make changes to your bodyweight category up until 11:59 PM MT, Tuesday December 3, 2013, by notifying the National Office, in writing, of the desired change, if you have made the qualifying total for that category. You may also make a change at the Verification of Final Entries Meeting that will take place on Thursday, December 5, 6:00-6:30 PM CT, at the official meet hotel indicated above, in a room to be announced that morning in the lobby of the hotel. However, in no event will changing your bodyweight category result in you moving to an A session if your original ET placed you in a B session when the start lists were published. For instance, if your 275 kg. total at 85 kg. placed you in the B session of the 85kg. category, and you move to a category in which the 275 kg. total would have placed you in an A session (e.g., down to the 77 kg. category) had you entered that category originally, you will be placed in the B session of your new category (if no B session is scheduled for that new category, you will be combined into the B session of an adjacent category). You can also change your ET at or prior to the Verification meeting, but in no event can it be below the QST for the category in which you will be lifting. If you were placed in an A session on the basis of your original ET, and your revised ET is lower than the minimum total for the A session of the category you will compete in, you must lift in the B session for that category (if any) and must be prepared to alter your schedule to do that. Please note in selecting your ET that the total of your starting attempts at the competition must at least be within 20k (men) /15K (women) of the QT, and if you are selected for an A session with 20k/15k of the minimum total for the A session. No extra lifters will be permitted in this competition.

TECHNICAL CONFERENCE: Thursday December 5th 2013 at the Meet Hotel, 8-8:30p (Verification of Final Entries Meeting at 6p-6:30p). Anyone who does not attend the Technical Conference agrees to accept all decisions made at the Technical Conference. The final Start List will become
available immediately after this meeting and any changes to the lifting schedule will be announced at that time. A preliminary list of participants (subject to change) will be available at [http://weightlifting.teamusa.org](http://weightlifting.teamusa.org) within 7 days after the entry deadline.

**REFEREES CLINIC & TESTING:**

Thursday, December 5, 2013, 4:00 – 6:00 PM EDT

(Written Test 6:00 – 7:00 PM)

For more information on referee testing procedures and how to become a referee, please visit [http://www.teamusa.org/USA-Weightlifting/Referees.aspx](http://www.teamusa.org/USA-Weightlifting/Referees.aspx).

**ITEMS REQUIRED AT WEIGH IN:**

All participants aged 16 and older are required at weigh in to produce a government-issued photo identification documents showing date of birth, such as a driver’s license, passport, military ID, or comparable document. All participants aged 15 and younger are required at weigh in to produce a government-issued identification document showing date of birth, such as a birth certificate, passport, or comparable document; photo identification is not required for participants under 16 years of age.

**DOPING CONTROL:**

Formal drug testing of participants by the United States Anti-Doping Agency (USADA) will be in effect. Participation in this event signifies that the athlete agrees to be subject to and to comply with all drug control procedures and policies.

**WEIGH INS:**

All official weigh-ins will be done at the Venue. Unofficial weight-checks and a sauna will be available.

**AWARDS:**

Medals to top 3 in each body weight category for snatch, clean & jerk, and total. Best lifter award for the top male and female lifter.

**TEAM AWARDS:**

Three team awards for both men and women. Team points based on USA Weightlifting rules and will be in total only. 1st=12 points, 2nd=9, 3rd=8, 4th=7, 5th=6, 6th=5, 7th=4, 8th=3, 9th=2, 10th=1

### PRELIMINARY AND TENTATIVE SCHEDULE OF COMPETITION

The schedule shown below is Preliminary and subject to modification on the basis of actual final entries. Within 7 days of the entry deadline, the National Office will publish a Tentative Daily weigh-in and lifting schedule which is also subject to change; however, the schedule as displayed should be fairly close to the final version, because it will be based on entries actually received and will be affected mainly by withdrawals or changes in bodyweight category, so should not change very much. The Final Schedule, which is not subject to any change (other than delays arising in the normal course of competition), will be announced at the Technical Meeting following the Verification of Final Entries. If a lifter fails to make weight, he or she will not be allowed to participate in the event.

The day on which a session is scheduled, and the qualifying totals for each body weight category as specified below, will not change. Additional sessions may be added as needed. The final schedule, which is not subject to change (other than delays arising in the normal course of competition), will be announced at the Technical Meeting following the Verification of Final Entries.

Athletes and coaches should be aware that two platforms will be used on Friday, if the number of entries received for this competition requires an additional platform in order to complete all of the B sessions scheduled for Friday on a timely basis. A single platform will be used for all of the sessions on Saturday and Sunday.

If a lifter fails to make weight, he or she will not be allowed to participate in the event. **THERE WILL BE NO EXTRA LIFTERS.**

All times below are local Central time.
SCHEDULE IS PROVISIONAL, A FINAL SCHEDULE WILL DISTRIBUTED AFTER TECHNICAL CONFERENCE & VERIFICATION OF FINAL ENTRIES MEETING.

Friday December 6th, 2013

<table>
<thead>
<tr>
<th>Session</th>
<th>Left Platform</th>
<th>Right Platform</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Category</td>
<td>Q-Total</td>
</tr>
<tr>
<td>1</td>
<td>W 48B/53B</td>
<td>91/121</td>
</tr>
<tr>
<td>2</td>
<td>M 69B/77B</td>
<td>216/247</td>
</tr>
<tr>
<td>3</td>
<td>W 69B</td>
<td>152</td>
</tr>
<tr>
<td>4</td>
<td>M 94B</td>
<td>277</td>
</tr>
<tr>
<td>5</td>
<td>W 75+B</td>
<td>163</td>
</tr>
</tbody>
</table>

Saturday, December 7th, 2013 – One Platform

<table>
<thead>
<tr>
<th>Session</th>
<th>Category</th>
<th>A Cut Off</th>
<th>Weigh In / Lift</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Women 48 / 53 A</td>
<td>109 / 130</td>
<td>7.00 / 9.00</td>
</tr>
<tr>
<td>7</td>
<td>Men 56 / 62 A</td>
<td>160 / 200</td>
<td>9.30 / 11.30</td>
</tr>
<tr>
<td>8</td>
<td>Women 58 A</td>
<td>140</td>
<td>11.30 / 1.30</td>
</tr>
<tr>
<td>9</td>
<td>Men 69 A</td>
<td>231</td>
<td>1.30 / 3.30</td>
</tr>
<tr>
<td>10</td>
<td>Women 63 A</td>
<td>169</td>
<td>3.30 / 5.30</td>
</tr>
<tr>
<td>11</td>
<td>Men 77 A</td>
<td>261</td>
<td>5.30 / 7.30</td>
</tr>
</tbody>
</table>

Sunday, December 8th, 2013 – One Platform

<table>
<thead>
<tr>
<th>Session</th>
<th>Category</th>
<th>A Cut Off</th>
<th>Weigh In / Lift</th>
</tr>
</thead>
<tbody>
<tr>
<td>12</td>
<td>Women 69 A</td>
<td>165</td>
<td>7.00 / 9.00</td>
</tr>
<tr>
<td>13</td>
<td>Men 85A</td>
<td>300</td>
<td>9.00/11.00</td>
</tr>
<tr>
<td>14</td>
<td>Women 75 A</td>
<td>172</td>
<td>11.00 / 1.00</td>
</tr>
<tr>
<td>15</td>
<td>Men 94 A</td>
<td>305</td>
<td>1.00 / 3.00</td>
</tr>
<tr>
<td>16</td>
<td>Women 75+A</td>
<td>175</td>
<td>3.00 / 5.00</td>
</tr>
<tr>
<td>17</td>
<td>Men 105/105+A</td>
<td>310/320</td>
<td>5.00 / 7.00</td>
</tr>
</tbody>
</table>
OFFICIAL ENTRY FORM – 2013 AMERICAN OPEN

REGISTRATION: Preferred method of registration is online at https://www.usaw.hangastar.com/Login.aspx. The deadline for the National Office having received your registration as specified above in this document. No late entries will be accepted. American Open international entries must be received in paper form, along with a letter of authority from the National Federation.

A manual registration form may be mailed or faxed but it must be received by the National Office by the deadline specified on page one of this document. However, an additional $10 processing fee applies for each athlete or team registering manually and is included in the “Entry Fees” listed below.

RETURN MANUAL ENTRY TO: USA Weightlifting
1 Olympic Plaza
Colorado Springs, CO 80909

ENTRY FEES: INDIVIDUAL Entry – $50.00 if you enter online (Non-refundable)
If you use a paper entry $60.00 (Non-refundable; includes manual processing fee of $10)
Each OVERALL TEAM – $75.00 if you enter you’re a team online (Non-refundable)
If you use a paper entry $85.00 (Non-refundable; includes manual processing fee of $10)

Please enter me in the 2013 American Open to be held on December 5-8, 2013, at the Westin Dallas Park Central. I certify that I am an amateur in good standing. In consideration of my entry in the competition, I do hereby waive, and release USA Weightlifting, Visit Dallas, The Westin Dallas Park Central, Robert Sirkis, Spoon Barbell Club and any meet hotel, and their respective directors, officers, officials, agents, and competition personnel, hereinafter known as the “Organizers,” from any and all causes of action, loss, liability, claims and demands of every kind and nature, which I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other care rendered to me in the event of my injury or illness, or for any and all other costs, damages or losses suffered or incurred by me or occasioned to me in connection with my travel to and from, and my participation in, the competition and related activities, except that the foregoing waiver and release shall not apply to injuries, damages, and losses resulting from the gross negligence and/or wanton misconduct of the Organizers or to bodily injuries and medical expenses covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers.

I agree to be filmed and photographed under conditions approved and authorized by the USA Weightlifting, to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to USA Weightlifting and Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of USA Weightlifting, its sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the USA Weightlifting.

I (and my parent or guardian, if I am a minor), agree that the Organizers and its agents, including competition personnel, may make judgments (with a appropriate input from available medical personnel), as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition, should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the Organizers, its agents and competition personnel to make such decisions for me as though they stood in a relationship to me of parent, guardian or next of kin should circumstances require the Organizers, its agents and competition personnel to make such judgments, and my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments.

I hereby release and agree to hold the Organizers, its agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, its agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.
I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits.

I understand the USAW Board of Directors has adopted the following policy: The entry and qualifying deadlines for any National event are the ones specified in the Participation Contract and absolutely no entries will be accepted after the deadline.

This policy will remain in effect unless changed by the USAW Board of Directors and may not be overridden by any individual or group, including but not limited to any USAW committee, member, the event meet director or the National Office staff. This policy will be strictly enforced, without regard to statements or rumor to the contrary, regardless of the source of such statements or rumors. Athletes should be advised that USAW will not be responsible for an athlete’s unsuccessful attempt to register for the event online due to the absence of a minimum qualifying total in the athlete’s record at the time registration is attempted, or for any other issue that would cause the athlete to be unable to successfully register online or via fax or regular mail. It is therefore strongly recommended that athletes not wait until the last minute to register, in case there is a problem.

PLEASE TYPE OR PRINT ALL INFORMATION CLEARLY:

WEIGHT CLASS QUALIFIED: _______KG (You may only enter one)  USAW Member # _______________

____ MALE   ____ FEMALE

NAME___________________________________________________________________________________

(Last)    (First)    (Middle)

ADDRESS_____________________________________________________________________________

CITY__________________________________________ STATE_________ ZIP______________

PHONE (__)___________ E-MAIL____________________________ AGE_____ DOB____________

USA WEIGHTLIFTING COACH: ________________________________   COACH USAW MEMBER # __________

EVENT COACH: _____________________________________ EVENT COACH USAW Member # __________

NOTE: EVENT COACH MUST BE A CURRENT USA WEIGHTLIFTING MEMBER TO GAIN ACCESS TO THE WARM-UP ROOM

QUALIFYING STANDARD TOTAL (QST) MADE: ___________ WT CLASS:___________ DATE: __________

ENTRY TOTAL (ET) (must be equal to or greater than the QT of age/wt class):________________________

AMOUNT DUE: $60 (paper entry fee)

PAYMENT MAY BE MADE WITH CHECK PAYABLE TO 'USAW' OR VALID CREDIT CARD: VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS:

CREDIT CARD ACCT#_________________________________________ EXPIRES_____________ CODE___________

CARDHOLDER SIGNATURE_________________________________________ DATE ________________
DRUG USE AND BLOOD DOPING

All competitors in the 2013 American Open are subject to drug testing by the United States Anti-Doping Agency (USADA). A positive result for an IOC prohibited substance will be cause for disqualification from this event, and loss of eligibility. A negative test will demonstrate to the public and your competitors that you have earned your achievements ethically.

By registering to compete at this competition, you are consenting to be subject to drug testing on your urine, and accept the penalties if found positive for a prohibited substance. All athletes chosen are required to provide an acceptable specimen. Cooperation is mandatory; noncompliance will be cause for the same penalties as for a positive drug test.

Further information about the doping control process, the protection of your rights, and the status of specific medications is available from the U.S. Anti-Doping Agency and its Drug Reference Line (1-800-233-0393), 5555 Tech Center Drive, Suite 200, Colorado Springs, Colorado 80919-2372. The USADA website is www.usantidoping.org.

Over-the-counter medications, nutritional supplements, and even natural herbal supplements may contain prohibited substances. Always check first with your team doctor or the Drug Reference Line before taking any medication prior to competition.

I understand that drug-testing may be conducted on a formal basis for athletes weighed-in for this event or program and that the detection of use of banned drugs would make me subject to suspension by my sport's national governing body and USOC. By registering for this event, I agree to be subject to a drug test and its penalties if declared positive for a banned substance. I am aware that failure to appear for and comply with the drug test will be cause for the same penalties as for those who are positive for a banned substance. I further understand that the practice of blood doping is banned by the USA Weightlifting, the USOC, the IWF and the IOC and that to do so would make me subject to punitive action within existing policies. **Names of athletes who test positive, the name of the substance and length of suspension will be listed on the USA Weightlifting website. I know that I may call the USADA Hotline (1-800-233-0393), for any questions about medications and banned substances or practices.

I understand that, if for some reason I elect not to continue in the competition to the completion of an official total, or do not total, that I will still be eligible for the random drug test, and I will report to the Dop ing Control Officer and advise him/her that I am making myself available for random drug testing. I will not leave the meet site until excused by the drug control officer.

I understand that if I am a no show for drug testing, I am subject to receiving the maximum penalty of a 4-year suspension from the sport.

In providing my signature below I am signifying that I agree to all the terms, conditions, waivers, policies, descriptions and other information provided on the preceding pages of this document.

PRINTED NAME: _______________________________________ DATE: ________________________

SIGNATURE: ___________________________________________________________________

IF ATHLETE WILL BE UNDER 18 AT TIME OF EVENT, PARENT/GUARDIAN MUST SIGN

I have explained to my son/daughter the aforementioned releases and conditions, the aforementioned information on drug use and blood doping, the ramifications associated with their use, and the aforementioned information on drug testing. I further consent to his/her registration for this USA Weightlifting activity under the above stipulated conditions.

PRINTED NAME: _______________________________________ DATE: ________________________

SIGNATURE: ___________________________________________________________________
OFFICIAL TEAM ENTRY FORM
$75/Team + $10 Admin Fee for Paper Application

Select one: _______ Men’s Team  _______ Women’s Team
(Make copies as necessary for additional teams) Online entries can be made by clicking (link here)
Please enter the following Team in the 2013 American Open. Enclosed is a check for $85.00, payable to the USA Weightlifting or credit card information below. I understand that if any athlete on my team tests positive for banned substance, that the team will receive no team points and will be disqualified from this competition.

This tentative team roster must be submitted and each athlete on this roster must submit an individual entry indicating that he/she represents this club. Proof of mailing is required, please see page 1, "Proof of Entry."
Final team rosters are due in the Competition Secretary’s hands at the Verification of Final Entries Meeting. No more than 2 per class, eight men per team and seven women per team. Foreign post-secondary institutions may not enter teams, only individual athletes who are United States citizens who otherwise meet criteria 1 through 3.

USA WEIGHTLIFTING CLUB NAME_______________________________________CLUB #: __________________

CLUB ADDRESS_______________________________ CITY__________________ STATE______ ZIP________

CREDIT CARD ACCT#_____________________________________________    EXPIRES__________________
Visa, MasterCard, Discover, American Express
CARDHOLDER’S SIGNATURE_____________________________________________ DATE______________

<table>
<thead>
<tr>
<th>ATHLETE’S PRINTED NAME</th>
<th>WEIGHT CLASS</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. ____________________</td>
<td>____________</td>
<td>______</td>
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<td>2. ____________________</td>
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ALTERNATES:
1. ____________________ | ____________ | ______ |
2. ____________________ | ____________ | ______ |

SIGNATURE OF CLUB OFFICIAL: _________________________________ DATE: ______________

CLUB OFFICIAL’S PRINTED NAME: ______________________________________________
Travel and Hotel Info

Westin Park Central
12720 Merit Drive, Dallas, TX, 75251

USAW MEMBERS ARE ENTITLED TO THE FOLLOWING BENEFITS

5-15% discount off your national and international travel through United & Hilton Hotels

How to book travel with United:
USA Weightlifting has been assigned an event code to be used when purchasing tickets on United or United Express flights. USAW’s code is ZNY8766436 and will activate fare discounts for any USAW National sanctioned events.

Two ways to book discount air travel: Phone or Internet - each method offers different discounts.

Phone - United Olympic Desk:

- Call the United Olympic Desk at 800-841-0460 Monday-Friday from 10:00am to 8:00pm (EST).
- United is pleased to offer a 2-10% discount on published domestic fares and 7-15% on International fares for all US Olympic recognized events and meetings when calling the United Olympic Desk. Discounts are available on United and United Express flights as well as United-marketeted Air Canada and Lufthansa code share flights. Discount varies by booking class and at time of ticketing. Certain published fares may not be eligible for the discount.

Internet

- Purchase tickets online and receive a 5% discount off the lowest applicable internet fares. By booking your travel online you will receive the lowest guaranteed united.com fares and will never pay a booking fee.
- To book travel online visit http://www.teamusa.org/USA-Weightlifting/Membership/Membership-Benefits/United-Airlines

How to book travel with Hilton:


How to book a rental car through National & Enterprise: http://www.teamusa.org/USA-Weightlifting/Membership/Membership-Benefits/Car-Rental