

2012 NATIONAL YOUTH CHAMPIONSHIPS QUALIFYING TOTALS

| Men | | | |
|-------|--------|---------|------------|
| Class | 13 & U | 14 - 15 | 16-17 |
| *35 | 40 | n/a | n/a |
| *39 | 49 | n/a | n/a |
| *44 | 52 | 76 | n/a |
| 50 | 56 | 86 | 93 |
| 56 | 61 | 92 | 101 |
| 62 | 68 | 102 | 118 |
| 69 | 73 | 108 | 132 |
| *69+ | 75 | n/a | n/a |
| 77 | n/a | 114 | 140 |
| 85 | n/a | 122 | 152 |
| *85+ | n/a | 131 | n/a |
| 94 | n/a | n/a | 157 |
| 94+ | n/a | n/a | MEDAL ONLY |
| *105 | n/a | n/a | 165 |
| *105+ | n/a | n/a | 175 |

| Women | | | |
|-------|--------|---------|------------|
| Class | 13 & U | 14 - 15 | 16-17 |
| * 35 | 30 | n/a | n/a |
| * 39 | 35 | n/a | n/a |
| 44 | 39 | 49 | 59 |
| 48 | 43 | 58 | 64 |
| 53 | 48 | 62 | 67 |
| 58 | 50 | 66 | 78 |
| * 58+ | 53 | n/a | n/a |
| 63 | n/a | 70 | 86 |
| 69 | n/a | 74 | 90 |
| 69+ | n/a | 78 | MEDAL ONLY |
| * 75 | n/a | n/a | 97 |
| * 75+ | n/a | n/a | 101 |

*=Not an IWF Recognized Youth Weight Class
 MEDAL ONLY = Additional medals will be awarded for the IWF 69+ AND 94+ weight categories to the lifters competing in the 75 and 75+ and the 105 and 105+ categories.

Note that place winners for the 69+ and 94+ categories will be selected based on the competition results of the competitors in the 75kg and 75+kg, and the 105kg and 105+kg categories, respectively. Separate competition sessions will not be held for the 69+kg and 94+kg categories.

**2012 USA WEIGHTLIFTING NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS
TENTATIVE LIFTING SCHEDULE**

All changes will be announced at the TECHNICAL MEETING. Changes in actual weigh-in times and lifting times can occur (dates cannot be changed). A final schedule will be posted after the Technical Meeting. If a lifter fails to make weight, they will not be allowed to participate. THERE WILL BE NO EXTRA LIFTERS. This will be a two-platform competition. Boys aged 13 & Under will compete with a 15 kilogram bar.

Birth Year 1995 - 1996 - competes as a 16-17 year old for 2012
 Birth Year 1997 - 1998 - competes as a 14-15 year old for 2012
 Birth Year 1999 or later - competes as a 13 & under for 2012

FRIDAY June 22, 2012

| SESSION | PLATFORM 1 | PLATFORM 2 | WEIGH IN | LIFT |
|---------|------------------|---------------------|----------|----------|
| 1 | W 13&U 35/39/44 | W 13&U 48/53/58/58+ | 7:00 AM | 9:00 AM |
| 2 | M 13&U 35/39 | M 13&U 44/50 | 10:00 AM | 12:00 PM |
| 3 | M 13&U 56/62 | M 13&U 69/69+ | 1:00 PM | 3:00 PM |
| 4 | M 14-15 44/50/56 | M 14-15 62/69 | 4:00 PM | 6:00 PM |

SATURDAY June 23, 2012

| SESSION | PLATFORM 1 | PLATFORM 2 | WEIGH IN | LIFT |
|---------|---------------------|-------------------|----------|----------|
| 5 | M 14-15 77/85/85+ | M 16-17 50/56/62 | 7:00 AM | 9:00 AM |
| 6 | W 14-15 44/48/53/58 | W 14-15 63/69/69+ | 10:00 AM | 12:00 PM |
| 7 | M 16-17 69 | M 16-17 77 | 1:00 PM | 3:00 PM |
| 8 | M 16-17 85 | M 16-17 94 | 4:00 PM | 6:00 PM |

SUNDAY June 24, 2012

| SESSION | PLATFORM 1 | PLATFORM 2 | WEIGH IN | LIFT |
|---------|------------------|------------------|----------|----------|
| 9 | W 16-17 44/48/53 | W 16-17 58 | 7:00 AM | 9:00 AM |
| 10 | W 16-17 63 | W 16-17 69 | 9:30 AM | 11:30 AM |
| 11 | W 16-17 75/75+ | M 16-17 105/105+ | 12:00 PM | 2:00 PM |

2012 USA WEIGHTLIFTING NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS OFFICIAL ENTRY FORM

By signing below, athlete and parent/guardian of athlete under 18 years of age, agrees to all information set forth in pages 5, 6, 7 and 8, which must be completed and submitted together.

REGISTRATION: Preferred method of registration is on line at <https://www.usaw.hangastar.com/Login.aspx> . Deadline for on line registration is 11:59 pm MT on June 7, 2012. Athlete must have a qualifying total in his/her competition history to register on line.

A manual registration form may be mailed or faxed. An additional \$10 processing fee applies for each athlete or team registering manually and is included in the "Entry Fees" listed below. Mailed entries must be postmarked no later than June 7, 2012. Faxed entries (with valid credit card information) must be received by USAW no later than 11:59 pm MT on June 7, 2012.

RETURN MANUAL ENTRY TO: USA Weightlifting
1 Olympic Plaza
Colorado Springs, CO 80909

ENTRY DEADLINE: Postmarked no later than June 7, 2012 - **ABSOLUTELY NO LATE ENTRIES**

ENTRY FEES: INDIVIDUAL Entry - \$60.00 (Non-refundable; includes manual processing fee of \$10)
Each OVERALL TEAM - \$85.00 (Non-refundable; includes manual processing fee of \$10)
Each AGE GROUP TEAM - \$35.00 (Non-refundable; includes manual processing fee of \$10)

Please enter me in the 2012 USA Weightlifting National Youth Championships to be held on June 22-24, 2012 in Dearborn, MI. I certify that I am an amateur in good standing. In consideration of my entry in the competition, I do hereby waive, and release USA Weightlifting, Michigan LWC, Cougar Club, and Team Hercules, and their respective directors, officers, officials, agents, and competition personnel, hereinafter known as the "Organizers," from any and all causes of action, loss, liability, claims and demands of every kind and nature, which I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other care rendered to me in the event of my injury or illness, or for any and all other costs, damages or losses suffered or incurred by me or occasioned to me in connection with my travel to and from, and my participation in, the competition and related activities, except that the forgoing waiver and release shall not apply to injuries, damages, and losses resulting from the gross negligence and/or wanton misconduct of the Organizers or to bodily injuries and medical expenses covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers.

I agree to be filmed and photographed under conditions approved and authorized by the USA Weightlifting, to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to USA Weightlifting and Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of USA Weightlifting, its sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the USA Weightlifting.

I (and my parent or guardian, if I am a minor), agree that the Organizers and its agents, including competition personnel, may make judgments (with appropriate input from available medical personnel), as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition, should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the Organizers, its agents and competition personnel to make such decisions for me as though they stood in a relationship to me of parent, guardian or next of kin should circumstances require the Organizers, its agents and competition personnel to make such judgments, and my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments.

I hereby release and agree to hold the Organizers, its agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, its agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.

I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits.

I understand the USAW Board of Directors has adopted the following policy: The entry deadline for any National event shall be two (2) full weeks prior to the first day of the event and online registration will be the only method of registration offered (without penalty of increased fees). Online registration will close at midnight, Colorado time (MST or MDT) on the deadline date. For example, if an event starts on Friday, April 29th, the entry deadline shall be midnight, MDT, on Thursday, April 14th. Absolutely no entries will be accepted after the deadline.

The qualifying deadline for any National Event shall be twenty four (24) days prior to the first day of the event. For example, if an event starts on Friday, April 29th, the qualifying deadline shall be Tuesday, April 5th. An athlete has until midnight on the qualifying deadline to post a total at a USAW sanctioned event which qualifies him/her for the event.

This policy will remain in effect unless changed by the USAW Board of Directors and may not be overridden by any individual or group, including but not limited to any USAW committee, member, the event meet director or the National Office staff. This policy will be strictly enforced, without regard to statements or rumor to the contrary, regardless of the source of such statements or rumors. Athletes should be advised that USAW will not be responsible for an athlete's unsuccessful attempt to register for the event online due to the absence of a minimum qualifying total in the athlete's record at the time registration is attempted, or for any other issue that would cause the athlete to be unable to successfully register online. It is recommended that athletes not wait until the last minute to register in case there is a problem.

PAGES 5, 6, 7 and 8 MUST BE COMPLETED AND SUBMITTED TOGETHER

2012 USA WEIGHTLIFTING NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS OFFICIAL ENTRY

- Preferred method of registration is on line at <https://www.usaw.hangastar.com/Login.aspx> . Deadline for on line registration is 11:59 pm MT on June 7, 2012. Athlete must have a qualifying total in his/her competition history to register on line.
- A manual registration form may be mailed or faxed. An additional \$10 processing fee applies for each athlete registering manually and is included in the "AMOUNT DUE" below. Mailed entries must be postmarked no later than June 7, 2012. Faxed entries (with valid credit card information) must be received by USAW no later than 11:59 pm MT on June 7, 2012.

PLEASE TYPE OR PRINT ALL INFORMATION CLEARLY

WEIGHT CLASS QUALIFIED: _____ KG (You may only enter one) UWAS Member # _____

____ MALE ____ FEMALE *U S. CITIZEN: __ YES __ NO *All lifters must be U.S. citizens to participate

AGE YOU WILL BE AT THE COMPETITION: _____ DOB: _____

NAME _____
(Last) (First) (Middle)

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE (____) _____ E-MAIL _____ AGE _____ DOB _____

USA WEIGHTLIFTING COACH: _____ COACH USAW MEMBER # _____

EVENT COACH: _____ EVENT COACH USAW Member # _____

NOTE: EVENT COACH MUST BE A CURRENT USA WEIGHTLIFTING MEMBER TO GAIN ACCESS TO THE WARM-UP ROOM

QUALIFYING TOTAL MADE: _____ WT CLASS: _____ DATE: _____

ANNOUNCED ENTRY TOTAL (must be at least or more than QT of age/wt class): _____

AMOUNT DUE: \$60

PAYMENT MAY BE MADE WITH CHECK PAYABLE TO 'USAW' OR VALID CREDIT CARD: *VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS*:

CREDIT CARD ACCT# _____ EXPIRES _____ CODE _____

CARDHOLDER SIGNATURE _____ DATE _____

PAGES 5, 6, 7 and 8 MUST BE COMPLETED AND SUBMITTED TOGETHER

2012 NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS

DRUG USE AND BLOOD DOPING

All competitors in the 2012 USA National Youth Weightlifting Championships are subject to drug testing by the United States Anti-Doping Agency (USADA). A positive result for an IOC prohibited substance will be cause for disqualification from this event, and loss of eligibility. A negative test will demonstrate to the public and your competitors that you have earned your achievements ethically.

By registering to compete at this competition, you are consenting to be subject to drug testing on your urine, and accept the penalties if found positive for a prohibited substance. All athletes chosen for the 2012 Youth World Team, and any other USA Weightlifting sponsored team (including alternates) are required to provide an acceptable specimen. Cooperation is mandatory; noncompliance will be cause for the same penalties as for a positive drug test.

Further information about the doping control process, the protection of your rights, and the status of specific medications is available from the U.S. Anti-Doping Agency and its Drug Reference Line (1-800-233-0393), 5555 Tech Center Drive, Suite 200, Colorado Springs, Colorado 80919-2372. The USADA website is www.usantidoping.org.

Over-the-counter medications, nutritional supplements, and even natural herbal supplements may contain prohibited substances. Always check first with your team doctor or the Drug Reference Line before taking any medication prior to competition.

I understand that drug-testing may be conducted on a formal basis for athletes weighed-in for this event or program and that the detection of use of banned drugs would make me subject to suspension by my sport's national governing body and USOC. By registering for this event, I agree to be subject to a drug test and its penalties if declared positive for a banned substance. I am aware that failure to appear for and comply with the drug test will be cause for the same penalties as for those who are positive for a banned substance. I further understand that the practice of blood doping is banned by the USA Weightlifting, the USOC, the IWF and the IOC and that to do so would make me subject to punitive action within existing policies. ** Names of athletes who test positive, the name of the substance and length of suspension will be listed in on the USA Weightlifting website. I know that I may call the USADA Hotline (1-800-233-0393), for any questions about medications and banned substances or practices.

I understand that, if for some reason I elect not to continue in the competition to the completion of an official total, or do not total, that I will still be eligible for the random drug test, and I will report to the Doping Control Officer and advise him/her that I am making myself available for random drug testing. I will not leave the meet site until excused by the drug control officer.

I understand that if I am a no show for drug testing, I will receive the maximum penalty of a 4-year suspension from the sport.

PRINTED NAME: _____ DATE: _____

SIGNATURE: _____

** USA Weightlifting policy is a four-year suspension for first time offense and life suspension for second offense for positive for anabolic steroids, with lesser penalties for "over the counter medication" associated positive.

IF ATHELTE WILL BE UNDER 18 AT TIME OF EVENT, PARENT/GUARDIAN MUST SIGN

I have explained to my son/daughter the aforementioned releases and conditions, the aforementioned information on drug use and blood doping, the ramifications associated with their use, and the aforementioned information on drug testing. I further consent to his/her registration for this USA Weightlifting activity under the above stipulated conditions.

PARENT SIGNATURE _____ DATE _____

PARENT OR GUARDIAN PRINTED NAME: _____

PAGES 5, 6, 7 and 8 MUST BE COMPLETED AND SUBMITTED TOGETHER

2012 NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS OFFICIAL OVERALL or AGE GROUP TEAM ENTRY FORM

- Preferred method of registration is on line at <http://secure.mycart.net/catalogs/index.asp?category=324995&count=1>. Deadline for on line team registration is 11:59 pm MT on June 7, 2012.
- Manual registration may be mailed or faxed. An additional \$10 processing fee applies for each team entered and is included in the fees listed below. Mailed entries must be postmarked or faxed entries (with credit card information) must be received by USAW no later than June 7, 2012.

Please print and complete a separate form for each TEAM registered

| | |
|---|---|
| _____ Overall Boy's - \$85 | _____ Overall Girl's - \$85 |
| _____ Boys 16-17 (Birth Year 1995-1996) - \$35 | _____ Girls 16-17 (Birth Year 1995-1996) - \$35 |
| _____ Boys 14-15 (Birth Year 1997-1998) - \$35 | _____ Girls 14-15 (Birth Year 1997-1998) - \$35 |
| _____ Boys 13 & Under (Birth Year 1999 or later) - \$35 | _____ Girl's 13 & Under (Birth Year 1999 or later) - \$35 |

Please enter the following Team in the 2012 USA Weightlifting National Youth Championships, payment enclosed or specified below. I understand that if any athlete on my team tests positive for banned substance, that the team will receive no team points and will be disqualified from this competition.

NAME OF CLUB OFFICIAL (PLEASE PRINT): _____

SIGNATURE: _____ DATE: _____

This tentative team roster must be submitted and each athlete on this roster must submit an individual entry form indicating that he or she represents this club. In the event of a lost entry form, proof of mailing is required - please see page 1, "Proof of Entry."
 Final team rosters are due in the competition secretary's hands at the Verification of Entries. **No more than two (2) per weight category. Eight (8) boys and seven (7) girls are allowed on overall team. Boys are allowed four (4) per team per age group team and girls are allowed three (3) per team per age group team.**

INCOMPLETE ENTRIES WILL NOT BE ACCEPTED!

USAW CLUB NAME _____ CLUB # _____ EXP DATE _____

| ATHLETE NAME | YOB | WT CATEGORY | QUAL TOTAL |
|--------------|-------|-------------|------------|
| 1. _____ | _____ | _____ | _____ |
| 2. _____ | _____ | _____ | _____ |
| 3. _____ | _____ | _____ | _____ |
| 4. _____ | _____ | _____ | _____ |
| 5. _____ | _____ | _____ | _____ |
| 6. _____ | _____ | _____ | _____ |
| 7. _____ | _____ | _____ | _____ |
| 8. _____ | _____ | _____ | _____ |

ALTERNATES: (NO ALTERNATES ON FINAL TEAM ENTRY)

| | | | |
|----------|-------|-------|-------|
| 1. _____ | _____ | _____ | _____ |
| 2. _____ | _____ | _____ | _____ |

PAYMENT MAY BE MADE WITH CREDIT CARD: VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS: AMOUNT DUE FOR TEAM ENTRY _____

CHECK ENCLOSED _____ CREDIT CARD ACCT# _____ EXPIRES _____

CARDHOLDER SIGNATURE _____ DATE _____

**2012 USA WEIGHTLIFTING NATIONAL YOUTH WEIGHTLIFTING CHAMPIONSHIPS
HOTEL AND TRAVEL INFORMATION**

Hotel/Venue: Hyatt Regency Dearborn
600 Town Center Drive
Dearborn, MI 48126
(313) 593-1234

For Reservations call: 1-888-421-1442 Mention: NATIONAL YOUTH WEIGHTLIFTING

Or follow this link: <https://resweb.passkey.com/go/USAWeightlifting>

Rate: \$99/Double

AIRLINE AND LOCAL TRANSPORTATION INFORMATION:

Detroit Metropolitan Airport (DTW) is approximately 13 miles (20 minutes) from the Hotel/Venue. The Airport is serviced by all major airlines.

Shuttle transportation will be provided by Detroit Shuttle Service (<http://detroitshuttleservice.com/>) at the following rates:

Cost: Group airport to hotel/hotel to airport

- 1-4 persons \$42.00 \$32.00
- 4-6 persons \$62.00 \$62.00
- 6-12 persons \$85.00 \$75.00

Reservations should be made at least 48 hours in advance of arrival by calling 248-730-0253. Mention *National Youth Weightlifting* and secure the shuttle with a credit card.

ENTERTAINMENT AND ATTRACTIONS:

The Henry Ford / Greenfield Village Museum <http://www.thehenryford.org/> 1 mile from the hotel
Shop and dine at the Fairlane Town Center <http://shopfairlane.com/> a short walk from the hotel
Henry Ford Estate <http://www.henryfordestate.org/>
Detroit Institute of Arts <http://www.dia.org/>
Motown Historical Museum <http://www.motownmuseum.com/mtmpages/>
Detroit Historical Museum <http://www.detroithistorical.org/>
Detroit Science Center <http://www.sciencedetroit.org/>
Museum of African American History <http://www.thewright.org/>
IMAX Theatre <http://www.hfmgv.org/imax/index.aspx>
AMC 21 Theatre at the Fairlane Town Center http://www.shopfairlane.com/directory/amc_star_theatre
MGM / Motor City / Greek Town Casinos
Detroit Zoo <http://www.detroitzoo.org/>