

2012 YOUTH NATIONAL WEIGHTLIFTING CHAMPIONSHIPS**FRIDAY June 22, 2012**

SESSION	PLATFORM 1	# LIFTERS	PLATFORM 2	# LIFTERS	LIFT
1	W 13&U 35/39/44	15	W 13&U 48/53/58/58+	16	9:00 AM
2	M 13&U 35/39	16	M 13&U 44/50	10	12:00 PM
3	M 13&U 56/62/69/69+	14	M 14-15 44/50/56	16	3:00 PM
4	M 14-15 62	10	M 14-15 69	9	6:00 PM

SATURDAY June 23, 2012

SESSION	PLATFORM 1		PLATFORM 2		LIFT
5	M 14-15 85	11	M 14-15 77/85+	15	9:00 AM
6	W 14-15 44/48/53/58	15	W 14-15 63/69/69+	13	12:00 PM
7	M 16-17 69	13	M 16-17 50/56/62	12	3:00 PM
8	M 16-17 77	11	M 16-17 85/94	13	6:00 PM

SUNDAY June 24, 2012

SESSION	PLATFORM 1		PLATFORM 2		LIFT
9	W 16-17 44/48/53/58	14	W 16-17 63/69	13	9:00 AM
10	W 16-17 75/75+	7	M 16-17 105/105+	14	12:00 PM

Note: All weigh ins start two hours before lift time and last one hour