

Friday April 13, 2012							
						SHUTTLE DEPARTURE	
SESSION	GENDER	CATEGORY	Q-TOTAL	WEIGH-IN	LIFT	HAMPTON	CLARION
1	MEN	56B/62B/69B/77BKG	103/134/170/195 KG	7:00 AM	9:00 AM	6:30 AM	6:45 AM
2	WOMEN	48B/53B/58B/63B KG	75/84/94/100 KG	9:00 AM	11:00 AM	8:30 AM	8:45 AM
3	MEN	85B KG	203 KG	11:00 AM	1:00 PM	10:30 AM	10:45 AM
4	WOMEN	69B/75B/75+B KG	101/104/106 KG	1:00 PM	3:00 PM	12:30 PM	12:45 PM
5	MEN	94B KG	213 KG	3:00 PM	5:00 PM	2:30 PM	2:45 PM
6	MEN	105B/105+B KG	214/218 KG	5:00 PM	7:00 PM	4:30 PM	4:45 PM
						6:30 PM	6:45 PM

Saturday April 14, 2012							
						SHUTTLE DEPARTURE	
SESSION	GENDER	CATEGORY	Q-TOTAL	WEIGH-IN	LIFT	HAMPTON	CLARION
7	MEN	56A/62AKG	135/171 KG	7:00 AM	9:00 AM	6:30 AM	6:45 AM
8	WOMEN	48A/53A/58A KG	91/106/118 KG	9:00 AM	11:00 AM	8:30 AM	8:45 AM
9	MEN	69A/77A KG	202/229 KG	11:00 AM	1:00 PM	10:30 AM	10:45 AM
10	WOMEN	63A/69A KG	126/130 KG	1:00 PM	3:00 PM	12:30 PM	12:45 PM
11	MEN	85A KG	238 KG	3:00 PM	5:00 PM	2:30 PM	2:45 PM
						4:30 PM	4:45 PM

Sunday April 15, 2012							
						SHUTTLE DEPARTURE	
SESSION	GENDER	CATEGORY	Q-TOTAL	WEIGH-IN	LIFT	HAMPTON	CLARION
12	MEN	94A KG	251 KG	7:00 AM	9:00 AM	6:30 AM	6:45 AM
13	WOMEN	75A/75+A KG	133/144 KG	9:00 AM	11:00 AM	8:30 AM	8:45 AM
14	MEN	105A/105+A KG	256/258 KG	11:00 AM	1:00 PM	10:30 AM	10:45 AM
						12:30 PM	12:45 PM

Following the final session each day, the shuttle will run from the competition venue to the meet hotels at the conclusion of the award ceremonies and doping control.