

14-15 Roundup

At day two of the 2012 USAW Youth National Championships, Jordan Ragsdale's 135kg total was just enough to hold off the strong field of 50kg competitors in the 14-15 year old age division. After missing his first attempt at 55kg in the snatch, Jordan would hit his next five lifts which help put him in line for the victory. In the 56kg category, James Dudley and Bryan Sigel walked away from the snatch portion of the session tied at 62kgs. However, in the C&J, Dudley was able to put up his first attempt at 80kgs and sit back and watch as Sigel fell just short of making up the gap and Dudley was able to take the title with a 142 total. In the 62kg class, Mason Groehler was able to ride his strong start all the way to the top of the platform, missing only one lift and finishing with a 202kg total. Daniel Vaden literally proved to be too strong for the rest of the 69kg class as he powered through to a 188kg total and first place in his division. In the 77kg class, it was Dominic Trozzi and his 95kg snatch, coupled with his 120kg C&J who brought home the gold. Paul Smith put together a dominating performance in the 85kg class. After leading the snatch by 28kg, Paul successfully completed his first C&J of 125kg., which gave him a convincing 57kg victory margin.

The most hotly contested session so far came in the 85+kg category. At the end of the snatch session, Ryan Sennet held a 3kg lead over J Simonds. However, in the C&J, J was able to make up that ground by putting up 130kgs to Ryan's 127., tying Ryan in the total with 232kg at a lower bodyweight. Ryan needed to hit his third C&J attempt of 133kgs. Unfortunately for Ryan, it just was not meant to be at this meet and J was crowned the champion, after Ryan's unsuccessful final attempt. However, this seems like it could be the beginning of a friendly rivalry.

On the girls' side, it was the lightest category winner who may have made the biggest impression. In the 44kg Sydney Goad was able to pull her good genes, strong work ethic and picture perfect technique together to once again claim gold in the 44kg category. In doing so, Sydney broke her own snatch, C&J and total Youth American records. Sydney's 47kg snatch, 62kg C&J and 109kg total re-wrote the records, and she did it all with a huge smile, while mom and coach Robin Goad (a former World Champion and World Recordholder) looked on with pride.

In the 48kg category, Hannah Damron's 80kg total proved more than enough to claim the top spot. Cheryl Holley used a strong C&J to total 101kg and fend off the competition in the 53kg category. In the 58kg category, it was Emma Godfrey who put together a five for six performance that culminated with a strong 118kg total and the gold medal. Every competitor's dream is to go six for six on their way to the top of the podium and that was just what Neiman Wickline was able to do in compiling a 126kg total to top the 63kg class. Trece Frank was able to make her presence known, as her 130kg total put her 23kgs ahead of the 69kg class.

The 69+ division capped off the 14-15 age group with a showdown between Kjayla Martin and Deirdre Lenzsch, Both connected on their second attempts at 68kgs. With 68kgs next to both of their names going into the C&J, they would go neck and neck, putting up 84kgs but missing on their last two attempts of 88 and 89 kgs respectively. The result would have to come down to the lower actual body

weight where Deirdre Lenzsch held the advantage and was able to win the crown as champion of the division.