

Ballet Difficulty

2022 Edition

	0 - 5 Points	6 - 10 Points	11 - 15 Points	16 - 20 Points	21 - 25 Points
Revolutions	1 Complete Revolution	2 Complete Revolutions	3 Complete Revolutions	3 Complete Revolutions	3 Complete Revolutions
Arm Bracing	Skiing Braced	1 Arm Braced	1 Pass Unbraced	2 Passes Unbraced	2 Full Passes Unbraced
Arm/Leg Routine	Mostly staggered movements	Combination of staggered and unison movements	More precise movements in unison	Movements in unison incorporating more moves (2 arms used in routine)	Movements in unison incorporating more moves (2 arms used in routine) for both unbraced passes
Handle Hold	Handle in hand for complete routine	Seat hold	Rope held with heel or toe hold and seat hold. Difficulty increases as number of skiers increases		Rope held with heel hold and seat hold
			To get full difficulty credit, handles in heel hold must be at the heel and legs at the same angle.		
Toe Turns in Ballet Circle		2 - 9 Skiers Staggered toe turns	10 + Skiers Staggered toe turns	8 - 14 Skiers Toe turns in unison	15 + Skiers Toe turns in unison
Note: Toe turn scores are based on being done in a circle pattern. Straight Line Toe Turns / Assisted / Every Other Move down one category					
Skiing Leg	On different legs	All skiers are skiing on the same leg			
Starts	2 - 10 Skiers	11 - 15 Skiers	16 - 20 Skiers	21 - 25 Skiers	26+ Skiers
Note: Difficulty level is based on the number of skiers starting together					
Landings	2 - 10 Skiers	11 - 15 Skiers	16 - 20 Skiers	21 - 25 Skiers	26+ Skiers
Note: A broken landing will affect difficulty points based on how bad it was broken.					
Number of Skiers	2 - 10 Skiers	11 - 15 Skiers	16 - 20 Skiers	21 - 25 Skiers	26+ Skiers
Different types of starts	Beach start		Braced or Unbraced Dock Start	Toe start	
*****Starts listed in order of relative difficulty only*****					

* Enhancing variables include: Intricate routines, continuous moves in unison throughout routine, props, quick clean transitions between holds.

* This difficulty matrix is to be used as a tool and resource when scoring the difficulty category of a given ballet act. The matrix is NOT intended to be used when scoring the categories of flow, execution, or spectator appeal.