

The height of the top eye-bolt/anchor should be 10-12 ft.  
(Could be a pre-existing anchor point already in your gym)



Men's Volleyball- 2.43m



Women's Volleyball- 2.24m

Youth Volleyball – 2.0m or lower

Badminton/Kids Volleyball- 1.52 m

Table Tennis- 6 in. off the table (With any and all tables you can find)

\*\*\*Tie a "truckers knot" finished with a slip-knot in the rope to raise and lower the net with ease

Sitting Volleyball- Men's 1.15 m, Women's 1.05

Pickle Ball & Tennis- .91 m

Install an eye-bolt close to the ground as an anchor point