



## 2019 Girls' High Performance National Tryout

### Purpose and Mission of High Performance Tryouts

The mission of High Performance is to identify, train, and develop elite athletes and coaches to build a sustainable pipeline of future Olympians and Paralympians. High Performance bridges the gap between our Senior U.S. National Teams and high potential athletes. The High Performance National Team "Pipeline" is for volleyball athletes who aspire to reach the elite level of their sport and is intended to grow the pool of talented young players who may someday compete for a spot on the U.S. National and Olympic Teams.

### USA Volleyball High Performance has January 1 cut off versus September 1 for club

- **NORCECA**—Continental Federation (**NOR**th America, **CE**ntrol America, and **CA**ribbean) [www.norceca.net](http://www.norceca.net)
- **FIVB**—World Association (Fédération Internationale de Volleyball) [www.fivb.org](http://www.fivb.org)
  - 2 year international cycle, NORCECA Zonal Championships (even year); FIVB World Championships (odd year)

### Age Group Definitions

**Women's Junior**—born in 2000 and 2001

**Girls' Youth**—born in 2002 and 2003

**Girls' Select**—born in 2004 and 2005

**Girls' Future Select**—born in 2006, 2007, and later



### Program Overview and Financial Commitment

Women's Junior National Team and Girls' Youth National Team	\$0 USA Volleyball covers all costs
A1 National Training Team Programs and Continental Team Programs	\$1450 + travel to Fort Lauderdale, FL (11 days)
A2 National Invitational Team Programs	\$995 + travel to Rock Hill, SC (7 days)
A3 National Training Programs - <b>COMMUTER</b>	\$550 + travel to Vernon Hills, IL (5 days)
National Skills Programs - <b>COMMUTER</b>	\$550 + travel to Franklin, TN (5 days)
Future Select Training and Skills Programs - <b>COMMUTER</b>	\$550 + travel to Franklin, TN (5 days)

### Athlete Notification

- Tryout results will be announced between **May 7 - 17, 2019**. Notification will be sent by age group and specific age group invitation dates will be listed on the website closer to the end of the tryout season.
- The e-mail is a courtesy—please check spam and log into your Ex3 account **FIRST** if you did not receive an e-mail by the age posting date on our website. Then if you have further issues, **E-MAIL** [indoorhp@usav.org](mailto:indoorhp@usav.org) with a screenshot.

### More on High Performance

- Talent Transfer - new initiative to identify potential beach athletes from indoor tryouts and programs
- Region High Performance Programs - please contact your Region director for more information
- Learn more about the Beach High Performance Pipeline with the following link or QR Code!  
<https://www.teamusa.org/usa-volleyball/high-performance/beach>
- Learn more about Sitting High Performance and how to get involved and identify athletes!  
[Elliot.Blake@usav.org](mailto:Elliot.Blake@usav.org)



**PARENTS: Observation is allowed during tryouts, but NOT between courts.**

# 2019 HIGH PERFORMANCE NATIONAL PIPELINE PROGRAMS

## Women's Junior National Age Group Programs (2000 and 2001)

WJNTT	U.S. Women's Junior National Training Team	TBD	TBD	TBD	~20
WJNT	U.S. Women's Junior National Team	*July 12—21, 2018	2019 FIVB World Championships	*Mexico	12
WJA1	USA Junior A1 National Training Program	July 13—23, 2019	USA High Performance Championships	Fort Lauderdale, FL	24

## Girls' Youth National Age Group Programs (2002 and 2003)

GYNTT	U.S. Girls' Youth National Training Team	TBD	TBD	TBD	~20
GYNT	U.S. Girls' Youth National Team	*Sept 5—14, 2019	2019 FIVB World Championships	*Egypt	12
G YA1	USA Youth A1 National Training Program	July 13—23, 2019	USA High Performance Championships	Fort Lauderdale, FL	36-48
GYCT	<sup>1</sup> USAV Youth Continental Training Program <sup>2</sup> Region HP Programs	July 13—23, 2019	USA High Performance Championships	Fort Lauderdale, FL	36
G YA2	USA Youth National A2 Training Program	July 25—31, 2019	City of Rock Hill Sports & Events Center	Rock Hill, SC	100
G YA3	USA Youth National A3 Training Program	July 8 —12, 2019	Adversity Volleyball Club	Vernon Hills, IL	96-128

## Girls' Select Age Group Programs (2004 and 2005)

GSA1	USA Select A1 National Training Program	July 13—23, 2019	USA High Performance Championships	Fort Lauderdale, FL	60
GSCT	<sup>1</sup> USAV Select Continental Training Program <sup>2</sup> Region HP Programs	July 13—23, 2019	USA High Performance Championships	Fort Lauderdale, FL	24
GSA2	USA Select National A2 Training Program	July 25—31, 2019	City of Rock Hill Sports & Events Center	Rock Hill, SC	100
GSA3	USA Select National A3 Training Program	July 8 —12, 2019	Adversity Volleyball Club	Vernon Hills, IL	~128
GSSP	USA Select National Skills Program	July 8 —12, 2019	Alliance Training Center	Franklin, TN	128-196

## Girls' Future Select Age Group Programs (2006, 2007)

GFTP	USA Future Select National Training Program	July 31—Aug 4, 2019	Alliance Training Center	Franklin, TN	128-196
GFSP	USA Future Select National Skills Program	July 8 —12, 2019	Alliance Training Center	Franklin, TN	128-196

<sup>1</sup>Continental Team Programs are only available for athletes that come from a region that do not sponsor Regional HP.

<sup>2</sup>Check with your Region on program availability and regional tryout dates

\*Location and date are subject to change for National Team competitions.