

**2015-2016 USAV Coaching Education Re-Certification
for USAV National High Performance Coaches/Staff**

(Last updated 9/24/15)

Program	Coach Category	CAP Level	Re-Cert Credit Value	Re-Cert Credits Needed	Notes
USAV HP Coaches' Clinic	Presenter	Varies	Varies	Varies	2 Credits per session as lead presenter; 1 per session as co-presenter; to be applied to presenter's current CAP Level re-certification
	Attendee	Varies	Varies	Varies	Current CAP 1 coaches = 2 Credits; current CAP 2 coaches = 3 Credits; current CAP 3 coaches = 4 Credits; current CAP 4 Coaches = 6 Credits
USAV Women's Senior A2 Staff	Head	Varies	Varies	Varies	Any current CAP Level = 3 Credits; maximum of any 2 positions per Quad
	Assistant (Paid or Volunteer)	Varies	Varies	Varies	Any current CAP Level = 2 Credits; maximum of any 2 positions per Quad
Nat'l HP Championship Staff	Nat'l HP Head	Varies	Varies	Varies	Any current CAP Level = 3 Credits; Limited to any 2 positions worked within a Quad (4 year period)
	Nat'l Assistant	Varies	Varies	Varies	Any current CAP Level = 2 Credits; Limited to any 2 positions worked within a Quad (4 year period)
RVA HP Championship Staff	RVA HP Championship Staff	Varies	Varies	Varies	Any current CAP Level = 2 Credits; Limited to any 2 positions worked within a Quad (4 year period); Must be confirmed with the RVA HP Director AND USAV Nat'l HP Manager.
	RVA Assistant (1st)	Varies	Varies	Varies	Any current CAP Level = 1 Credit; Limited to any 2 positions worked within a Quad (4 year period); Must be confirmed with the RVA HP Director AND USAV Nat'l HP Manager.
HP Nat'l Training Programs & Camps Staff	Head	Varies	Varies	Varies	Any current CAP Level = 3 Credits; Limited to any 2 positions worked within a Quad (4 year period)
	Assistant (1st)	Varies	Varies	Varies	Any current CAP Level = 2 Credits; Limited to any 2 positions worked within a Quad (4 year period)
	Nat'l Apprentice	Varies	Varies	Varies	Any current CAP Level = 1 Credit; Limited to any 2 positions worked within a Quad (4 year period)
HP Nat'l Tryouts Staff	All Coaches	Varies	Varies	Varies	Any current CAP Level = 1 Credit per year; Limited to any 3 years (single date per year) worked within a Quad (4 year period).
RVA HP Programs, Events & Tryouts Staff	All Coaches	Varies	Varies	Varies	Any current CAP Level = 1 Credit per year; Limited to any 2 years (single date per year) worked within a Quad (4 year period); Must be confirmed with the RVA HP Director AND USAV Nat'l HP Manager.

Other Acceptable Re-Cert Credits

For National Team Program Staff, to re-cert for the quads following service, must either be re-appointed NT/Olympic Staff, or be appointed CAP Cadre & teach at least once course w/in 1st 4 years, or gather the required number of Module Credits & Submit to the National office-Coaching Education department for approval. Other opportunities will be added to this list as they are developed/approved.

Other accepted methods of earning re-certification Credits include:

- 1) Purchase & Attend (or teach if CAP III or higher) any CAP Course on-site Module (1 credit each)
- 2) Attend NFHS On-line Fundamentals of Coaching Volleyball Course (2 credits; 1 time only)
- 3) Attend ASEP On-Line Courses -Coaching Philosophy, Sport FA, Coaching Youth VB (1 credit each; 1 time only)
- 4) Attend & Purchase (or teach if CAP III or higher) Module Credit for free Grassroots Webinars (1 credit each)
- 5) Attend (or teach if CAP III or higher) & Purchase Module Credit for any CAP Webinar (1-2 credits each)
- 6) Attend (or teach if CAP III or higher) sessions for USAV HP Coaching Clinic Sessions (1 credit each; up to 2 for CAP II, up to 3 for CAP II, up to 4 for CAP III, up to 6 for CAP IV)
- 7) Attend (or teach if CAP III or higher) & Receive/Purchase Module Credit for Approved Outside Coaching Clinics (1 credit each approved session)
- 8) Attend (or teach if CAP III or higher) & Purchase Module Credit for AVCA Spring Coaching Clinic Sessions (1 credit each approved session when offered)
- 9) Attend (or teach if CAP III or higher) Sessions at the AVCA Winter Convention (1 credit each; up to 2 for CAP I, up to 3 for CAP II, up to 4 for CAP III, up to 6 for CAP IV)
- 10) Attend (or teach if CAP III or higher) a full CAP II, III or IV course (when offered); (all credits per level)
- 11) Attend IMPACT Instructor Training (if CAP II or higher -3 credits; one time only)
- 12) Attend free IMPACT Instructor Refresher Class each Season (if current II or higher- 1 credit each)
- 13) For IMPACT Instructors and CAP Cadre ONLY in 2014-2015, Attend the free 90 minute USOC SafeSport online Certification Course (1 Credit, 1 time only)
- 14) IMPACT Instructors- teach (to National Standards & with documentation) up to 3 IMPACT Clinics per Quad (if current Level II or higher; 1 credit each up to 3 credits total per Quad)
- 15) CAP & BCAP Cadre - teach at least one CAP Course per quad (awards all necessary credits), or attend at least one Cadre Training Session per quad (awards all necessary credits), or write/submit at least one drill or article or blog or text chapter or video per year (1 per submission)
- 16) Host a CAP or BCAP Course (1-4 credits based on hosting duties/role)
- 17) Volunteer as CAP Course Admin (2 credits)
- 18) Volunteer for minimum of 3 days in USAV National Office (4 credits)
- 19) Volunteer for minimum of 3 days with a USAV CAP Cadre Member Camp/Clinic/Practice (up to 4 credits)
- 20) Submit 1 video drill with explanation/diagrams (1 credit each/max of 1 per year)
- 21) Attend USADA's TrueSport On-Line Courses - Developing Your Coaching Philosophy & Ethics, Understanding Supplements & Energy Drinks, and Navigating Performance-Enhancing Substances (1 credit each; once only)
- 22) For IMPACT Instructors and CAP Cadre ONLY in 2014-2015, Attend the free 90 minute USOC SafeSport online Certification Course (1 Credit, 1 time only)