

Hosting Information

Host will provide the following:

Course promotion and on-site administration:

- Promote course on social media, region and club websites, other local platforms
- Utilize marketing materials provided by USAV
- Provide at least one person as on-site facilitator

Facility and courts:

- One court per 18 attendees for each level of BCAP
- Set-up of courts prior to day one of BCAP course
- Whiteboard and markers for each court
- At least one cart of balls per court
- Avoid scheduling other events in facility during course

Classrooms:

- One classroom for each level of BCAP
- Whiteboard and markers for each classroom
- Audiovisual equipment for each classroom (including an LCD/DATA projector, laptop and connections)
- Water, snacks for cadre (and participants if you choose)

Cadre lodging and transportation:

- Single-room lodging for BCAP cadre. If fee-sharing, host will be responsible for cost of rooms. If non-fee-sharing, host will be reimbursed for cadre rooms.
- Transportation for cadre from airport to hotel, hotel to course

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USAV BCAP will provide the following:

- Exclusivity for your course (USAV BCAP will not schedule another event within 4 months and 200 miles of your event)
- National promotion of course through e-blasts, social media, and the USAV website
- Registration (management of all registrations and fee collections)
- Weekend schedule
- Cadre of instructors (2 for each level)
- 6-12 Molten USA Beach Volleyballs
- Course materials (t-shirt, clipboard, pen, bag)
- Course roster
- Final course financial breakdown which will include shared amounts in overages, cadre lodging (if host chose to fee-share), cadre meal expenses, return shipping costs, unused scholarships, and host deposit.

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Important information regarding your host application:

- **Fee-sharing option:**

If you choose to fee-share with USAV, the fees for any participants registered ABOVE the minimum number chosen by the host will be split. You will also be responsible for the cost of cadre lodging (one room per cadre member). If the minimum numbers are not met, the host must pay USAV BCAP the registration fees for the number of participants under the minimum agreed upon in the application.

- **Non-fee-sharing option:**

If you do not choose to fee-share, you will not be eligible for any overage fees. If the minimum numbers are not met, the host must pay USAV BCAP the registration fees for the number of participants under the minimum agreed upon in the application. The host will be reimbursed for cadre lodging after the course.

- **Host considerations:**

RVAs are given the first opportunity to host a course. If they choose not to, USAV is more than happy to work with clubs and/or individual coaches to host.

- **\$800 host deposit:**

This fee will be credited back to the host after the course upon completion of all specified host duties. Completed application and deposit fee must be returned to USA Volleyball a minimum of 90 days prior to your first preferred date.

- **Course cancellations:**

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If cadre airfare has been booked at the time of a course cancellation by the host, the host deposit will not be refunded. If the host cancels the course 60 or more days out from the scheduled course date and cadre air travel has **not** been booked, the host will receive a full refund, less 10% of the credit card registrations refunded. If cancellation occurs within 45-60 days out, 50% will be refunded (less the 10% CC charges); if within 30-44 days out, 25% will be refunded (less the 10% CC charges); if cancelled less than 30 days out, no refund will be given.

Weekend instructions for the host:

Pre-course duties:

- **Materials:**
 - BCAP I bags are light blue and include a pen, t-shirt and clipboard for each coach
 - BCAP II bags are yellow and include a t-shirt, clipboard, and pen for each coach
 - Make several copies of the drill and philosophy forms, video waiver, code of ethics, 2019-20 National Governing Body Admin Region form
- **Courts and classrooms:**
 - Molten beach volleyballs for on-court sessions – if any video or pictures are being taken, please use the Molten balls
 - If you have USA Volleyball signage, please place it near courts and classrooms
 - Post schedules in classrooms and around courts

Check-in and course administration:

- **Check-in**

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Check in each participant using the host roster provided by USAV (please email back to national office after course)

Give each pre-registered coach BCAP materials.

Any late registrants must wait until all pre-registered participants have received their materials. Recertification attendees will not receive a bag. Extra pens or clipboards may be given to recert attendees.

Please note any missing materials on the roster. USAV will ship them materials.

- Late or walk-up registrants

Allow to register online and pay the late registration fee using credit card only. If NOT a USAV member, the participant must complete a 2018-19 National Governing Body Administrative Region form. A \$25 background screen fee is included in the registration.

Facility announcements and opening remarks:

1. Exits, restrooms, classroom locations, emergency plans, other facility related info
2. Lunch arrangements for each day, and water, snacks, etc.
3. Cadre intros
4. Keep an open mind, get to know cadre, and become a better teacher of the game
5. Must be present at all modules to earn certification
6. If anyone is filming any part of the course, they must fill out the video waiver
7. Day 2 offers some module choices, please discuss those before you start on Sunday
8. Drill and philosophy forms no longer sent back to the national office.

Hosting Information

Final wrap-up:

- Class photo and giveaways

Please take a class photo with the cadre prior to the final wrap-up meeting

Each host will receive a box of USAV giveaways to hand out to the participants as prize drawings, mini contests, etc...

Please extend a big “THANKS” from USA Volleyball, and let coaches know they can contact the CAP/BCAP office at cap@usav.org with any comments, questions, concerns about the course and/or the certification process.

- Review the BCAP I and II certification requirements

Coaches will not be certified at any level until all requirements have been met, including the exam and a current background screen

Certifications last 4 years from date of certification. Continuing education must be completed to keep it current, and coaches can attend the next level course to recertify (if it's within the 4 years). Coaches can attend the same course level again or can attain the necessary module credits to recertify.

BCAP II students are required to submit an article or video drill which will be explained in detail in the post-course email communication.

- Exam instructions

Instructions to access and complete the exam will be sent via email after the course from Joel Wyman. The exam will need to be completed with a 90% or better within 45 days of the course. It is always a good idea to print the exam results screen.

Sample Schedule:

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JULY 22-23, 2017 //BCAP I SCHEDULE

SATURDAY

7:30-8:00 am: **Check-in** (Host)

8:00-8:10 am (10 min): **Welcome and Intros** (Host)

8:15-9:30 am (75 min): **Beach Coaching Science: Motor Learning** (Aharoni) {classroom}

9:35--10:35 am (60 min): **Ethics, Legalities, Athlete Safeguards** (Lamberson) {classroom}

10:40--11:50 am (70 min): **Developing a Functional Coaching Philosophy** (Aharoni) {classroom}

11:55-1:00 pm (65 min): **LUNCH**

1:05-2:05 pm (60 min): **Game-Like Warmup** (Lamberson) {sand}

2:05-3:05 pm (60 min): **Basic Differences Between Sand and Indoor** (Aharoni) {sand}

3:10-4:10 pm (60 min): **Serve and Pass Strategies** (Lamberson) {sand}

4:20-5:20 pm (60 min): **Setting: How to Make Your Partner Look Good** (Aharoni) {sand}

5:25-6:25 pm (60 min): **Keys/Strategies for Effective, Consistent Attacking** (Lamberson) {sand}

6:30-7:15 (45 min): **Drill Design and Creating Effective Practices** (Aharoni/Lamberson) {classroom}

*assign practicum

SUNDAY

8:30-9:30 am (60 min): **Biomechanics, Myths, and Misconceptions** (Lamberson) {classroom}

9:30-10:30 am (60 min): **Competition Management and Scouting** (Aharoni) {classroom}

10:35-11:35 am (60 min): **Talent ID and Combining the Right Partners** (Lamberson) {classroom}

11:40-12:40 pm (60 min): **Defensive Strategies/Blocking, Digging, Pulling** (Aharoni) {sand}

12:45-1:45 pm (60 min): **LUNCH**

1:50-3:15 pm (85 min): **Teaching Skills/Drills Practicum** (Aharoni) {sand}

3:15-3:30 pm (15 min): **Course wrap-up/photos**