

Sample FaceBook post:

Concerned about Concussions in Sports? A New FREE Online Training from [@CDCHeadsup](#), created in partnership with [insert your organization's name], helps prepare coaches in less than 30 minutes. Find out more at: www.cdc.gov/Concussion.

Sample FaceBook post:

Heads Up! [@CDCHeadsup](#), in partnership with [insert your organization's name], launched a FREE Online Training for Youth Sports Coaches on concussion. Being prepared before the season starts is easy. Simply go online and take the self-guided training. Once you complete the training and quiz, you can print out a certificate. Learn more: www.cdc.gov/Concussion.

Sample Tweet:

Concussion in Sports—Coaches Can Get Ready Pre-Season with New FREE 30-min Online Training from CDC. www.cdc.gov/Concussion

Sample Tweet:

Heads Up! FREE CDC and online training for coaches on concussion: www.cdc.gov/Concussion.