

Where: Leon's Triathlon Venue

When: Saturday June 5, 2021

Time	Session	Notes
12:30-12:50pm	Participant Check-In	Dan/Keith
1:00-1:10pm	Introduction & Clinic Overview	Dan/Keith
1:15-2:15pm	Paratriathlon 101 and Course Talk	Combined with Military Camp Session
2:45-3:15pm	Open Water Swim Session	Combined with Military Camp Session
3:45-4:15pm	Transition Area walk through & discussion	Dan/Keith
4:30pm-4:50pm	1 Mile Shakeout Run	Dan/Keith
4:50pm	Clinic Ends, answer any individual questions	Dan/Keith