

Minutes  
USA Triathlon Board of Directors  
Colorado Springs Marriott  
November 22-23, 2014

Siff called the meeting to order at 8:00 am MT, November 22, 2014.

**Board Members Present:**

Chuck Graziano  
Susan Haag  
Kevin Haas  
Dave Kuendig  
Jacqueline McCook  
Victor Plata  
Barry Siff, President  
Kevin Sullivan  
Jack Weiss  
Bob Wendling, Ex-Officio  
Mike Wien

**Absent at Roll Call:**

Barrett Brandon  
Steve Sexton

**Staff:**

Rob Urbach, CEO  
Amy Drown, Executive Assistant  
Sharon Carns, Sr. Governance Affairs and HR Manager  
Lauri Maloney, IT Manager  
Kathy Matejka, Event Services Director  
Chuck Menke, Chief Marketing Officer

**Guest:**

Scott Blackmun, CEO, United States Olympic Committee  
Rick Adams, USOC Chief of Paralympic Sport and NGB Organizational Development  
Eric Averill, Nominating and Governance Committee Chair - via conference call  
Elizabeth Farnan, Nominating and Governance Committee Member - via conference call  
Ann Gilbert, PNW Region Council Chair  
Hector Torres, FL Region Council Chair  
Kris Swarthout, SMW Region Council Chair  
Jim Weaver, ME Region Council Chair  
Dan Frost, RM Region Council Chair  
Dave Young, SMW Region Council Chair  
Justin Model, NE Region Council Chair  
Charles Johansen, SW Region Council Chair  
Ella Haile Dunn, SE Region Council Chair

Cory Churches, Mid Atlantic Council Chair

**President's Opening Remarks:** Siff highlighted the incredible year USAT has had both nationally and internationally in 2014, including: 6000 athletes attended Age Group National Championships in Milwaukee, USA Triathlon purchased the building that it had been leasing, the number one ranked female athlete and women's team in the world, and having the PATCO Congress in Dallas, TX. Siff explained this meeting is the most important meeting of the year and thanked the board for their attention and time.

Eric Averill joined via conference call at 8:05am MT

Elizabeth Farnan joined via conference call at 8:08am MT

**Board Organization:** Blackmun discussed board structure and suggested best practices, specifically the value of independent members on the board. He suggested that part of any process to enhance independence would require bylaw amendments and involvement of the Nominating and Governance Committee. Adams stated that the USOC maintains a list of "high quality independent individuals". Other NGB's have recruited independent board members from that list. USOC is available to work with USA Triathlon.

Steve Sexton joined meeting at 8:22 am MT.

**Approval of Minutes:**

**Motion** (by Weiss and seconded): To approve the 10/13/2014 Meeting Minutes and the 10/20/2014 Special Meeting Minutes – Approved by unanimous voice vote.

**Treasurer's Report:** Haas highlighted 2015 forecasted membership decrease compared to 2014, USAT Age Group Nationals revenue increase, budgeted disbursements underspending in some areas (E.g. Age-Group \$10.2k versus \$3.3k spent, Race Director \$3.1k versus \$0k, Women \$4k versus 5k spent, Collegiate \$11k allocated versus only \$3k in awards spent) although overall budgeted spending is acceptable, and sponsorship aggressive increase. Overall, the budget shows a healthy financial picture with a \$900K profit with stalled membership growth.

Investment Adviser David Surofchek is available to attend a Board meeting to discuss the development of a plan to spend income, investment decision speed and flexibility, USAT's conservative portfolio, and options (including refinancing) for the \$2.6M building mortgage (4.5% current rate) balloon payment.

**Motion** (by Weiss and seconded) to approve Treasurer's report – Approved by unanimous voice vote.

**CEO Report:** Urbach mentioned that USA Triathlon had 24 new initiatives for the 2014 year. Among those new initiatives were PATCO best practices, hosted Congress, Foundation, Fantasy Camp, Chicago, Super Sprint races, Medical Conference, development of a new Board private resource web page, new venue for Duathlon Nationals, and mixed relay series. USA Triathlon is moving into 2015 with an innovative culture that tolerates risk.

**ITU Executive Board:**

**Motion** (by Weiss and seconded) to support Barry Siff’s appointment to the ITU Executive Board.

**Subsidiary Motion** (by Wien and seconded) to call the question – Approved by voice vote.

Roll Call Vote:

Barrett Brandon	absent
Chuck Graziano	Y
Susan Haag	Y
Kevin Haas	Y
Dave Kuendig	Y
Jacqueline McCook	Y
Victor Plata	N
Steven Sexton	N
Kevin Sullivan	Y
Jack Weiss	Y
Mike Wien	Y

Motion passed Y- 8, N- 2

Recess at 9:45am MT  
Reconvene 10:00am MT

**Regional Budgets:** Torres introduced the regions and their focus on their mission to grow membership. Regional Council Chairs representing FL, MA, MW ME, PNW, NE, RM, SMW, SW and SE presented their respective Region’s achievements, goals, and budgets.

**2015 National Budget:** Urbach highlighted initiatives that will move into 2015.

Urbach presented Sport Development and Membership budgets.

**NCAA:** Urbach discussed proposed NCAA grants (25% scholarships, 10% max to coaches, annual team size growth), and funding model (yr. 1 \$1M, yr. 2 980K, 2.6 M over 4 years).

At 1:30 pm MT the fire alarm went off and the meeting was disrupted.

Meeting reconvened at 1:54 pm MT.

**NCAA (continued):** Discussion continued regarding NCAA grants.

**Motion** (by Weiss and seconded) to approve the \$2.6 million proposed investment over a four year period to the NCAA program. Approved by unanimous voice vote.

Maloney presented IT budget and the new membership portal as a means of adding value to USAT membership.

Board discussed the Trifecta game and race ratings.

**Action item:** Weiss to socialize concept of race rankings.

**Action item:** Urbach to prepare a written report regarding the Trifecta game addressing insurance concerns before the next board meeting on 12/8/2014.

Recess at 3:50 pm MT

Reconvene 3:55 pm MT

Matejka presented Event Services budget and the 2015 focus on sanction enforcement, amplifying the shared responsibility doctrine, implementing a post-event survey tool, and online compliance.

Menke presented Marketing and Communications budget.

Recess at 5:28 pm MT

Reconvene 5:35 pm MT

Urbach continued the Sport Development and Membership budgets presentation.

Recess at 6:25 pm MT

Reconvene 6:41 pm MT

Brandon joined the meeting at 6:47 pm MT

Urbach presented National Events, National Office, and High Performance budgets.

**Motion** (by Brandon and seconded) to approve the 2015 budget as presented.

**Subsidiary Motion** (by Plata and seconded) to postpone the vote on the 2015 budget until the morning session on 11/23/2014 – Approved by voice vote.

### **Discussion Items**

#### **Draft-Legal Qualifying for Worlds 2016 & Other Championship Matters:**

USA Triathlon will issue an RFP to host the qualification event. Details are still being worked out and dialogue with ITU will need to occur.

#### **Independent Director 2015-16:**

McCook left the room so board could discuss the independent director seat. Her term ends December 2014.

**Motion** (by Brandon and seconded) to appoint McCook to another two year term.

**Action item:** The Board referred the evaluation of McCook's independence and eligibility to serve as the Independent Director in 2015 to the Nominating and Governance Committee. The Board will vote on the seat during the 12/08/2014 Board meeting.

**Subsidiary Motion** (by Brandon and seconded) to table the motion - Approved by unanimous voice vote.

**Foundation Control & Responsibilities:** McCook discussed the Foundation budget and its requests for FY 2014 and FY 2015 contributions from USAT.

McCook presented on key initiatives of the Foundation and led discussions concerning whether the Foundation will have financials that are consolidated or not consolidated with USAT's.

**Motion** (by Weiss and seconded) to adjourn for the day at 9:10 pm MT - Approved by unanimous voice vote.

**Reconvened meeting on 11/23/14 at 7:37am MT**

Roll call:

**Board Members Present:**

Chuck Graziano  
Kevin Haas  
Dave Kuendig  
Jacqueline McCook  
Victor Plata  
Steve Sexton  
Barry Siff, President  
Kevin Sullivan  
Jack Weiss  
Bob Wendling, Ex-Officio  
Mike Wien

**Absent at Roll Call:**

Barrett Brandon  
Susan Haag

**Staff:**

Rob Urbach, CEO  
Sharon Carns, Senior Governance Affairs and HR Manager  
Amy Drown, Executive Assistant

Susan Haag joined the meeting at 7:41am MT.

**Foundation Control & Responsibilities (continued)**

**Motion** (by Kuendig and seconded) to have consolidated financials for the Foundation.

Roll Call Vote:

Barrett Brandon	absent
Chuck Graziano	Y
Susan Haag	Y
Kevin Haas	Y
Dave Kuendig	Y
Jacqueline McCook	N
Victor Plata	Y
Steven Sexton	Y
Kevin Sullivan	Y
Jack Weiss	abstain
Mike Wien	Y

Motion passed Y- 8, N- 1, A-1

Brandon joined the meeting at 7:56 am MT

**Foundation Funding:** Board discussed funding for USA Triathlon Foundation.

**Motion** (amended) (by Weiss and seconded) to approve \$70,000 seed money from USA Triathlon to USA Triathlon Foundation for 2014.

Roll Call Vote:

Barrett Brandon	Y
Chuck Graziano	abstain
Susan Haag	Y
Kevin Haas	Y
Dave Kuendig	Y
Jacqueline McCook	abstain
Victor Plata	Y
Steven Sexton	Y
Kevin Sullivan	Y
Jack Weiss	abstain
Mike Wien	N

Motion passed Y- 7, N- 1, A-3

**Action item:** McCook will provide justification and line items for the Foundation’s \$120,000 in overhead for 2015.

**Officials/RDC Resolution:** Wendling discussed potential changes to the resolution and the need for staff to provide input regarding those potential changes, and provide the Board with a test initiative to subsidize USAT officials at events in one region that if scaled up to a National level would cost between \$200,000-\$300,000.

**Action item:** Urbach is to complete a plan for Board review before its 12/08/2014 teleconference Board.

**Olympic Qualifying Criteria Committee:** Plata reported the committee had one meeting, plans to have a couple of more meetings in the near future, is aware of time limitations (criteria needs to be decided 6 months before the first event), and anticipates a resolution with proposed criteria before the end of 2014.

**HOF Committee Update:** Wendling described the process used to assemble the attached updated USA Triathlon Hall of Fame Structure, Policies, and Guidelines to include amendments passed by the Board.

**Motion** (by Sullivan and seconded) to accept the USA Triathlon Hall of Fame Structure, Policies, and Guidelines. Approved by unanimous voice vote.

**Athlete Agreement and AAC Issues:** Plata reported that the athletes have recommended two changes to the agreement: benchmark testing and 48 hour clause.

**Action item:** Urbach will be on the upcoming AAC call in December to engage the athletes and discuss the issues.

**Motion** (Plata and seconded) to strike the benchmark testing clause from the contract.

**Subsidiary Motion** (Plata and seconded) to postpone to the December meeting.

**Motion** (Plata and seconded) to add an optional annual funding plan to the contract.

**Subsidiary Motion** (Plata and seconded) to postpone to the December meeting.

**USA Triathlon Rule Modifications for Paratriathletes:** **Motion** (by Weiss and seconded) to approve the USA Triathlon Rule Modifications for Paratriathletes (attached). Approved by unanimous voice vote.

**WTC Agreement:** A discussion concerning WTC and prize money was postponed.

Recess at 9:05 am MT  
Reconvene 9:18 am MT

**Departing Board of Director Members:** Siff recognized the following departing members: Brandon, Plata, and Wendling. The Board thanked them for their dedicated and exceptional volunteer service.

**Nominating and Governance Committee Review:**  
Farnan joined the meeting via conference phone at 9:25am.  
Averill joined the meeting via conference phone at 9:30am.

Board discussed the possibility of transferring the Elite program to the USOC.

**Motion** (by Kuendig and seconded) to decertify and transfer the Olympic program to the USOC.

Roll Call Vote:

Barrett Brandon	N
Chuck Graziano	N
Susan Haag	N
Kevin Haas	N
Dave Kuendig	N
Jacqueline McCook	N
Victor Plata	N
Steven Sexton	N
Barry Siff, President	X
Kevin Sullivan	N
Jack Weiss	N
Bob Wendling, Ex Officio	X
Mike Wien	N
Motion failed Y-0, N-11, A -0	

Siff excused Averill and Farnan from the meeting via conference call.

**2015 Tentative Board Meeting Schedule:** Siff presented the following (four in-person meetings and four conference calls) as the proposed tentative meeting schedule for 2015:

- Approximately February
- Approximately June
- August (Age-Group National Championships)
- August (Possible attendance in Chicago for event – no meeting. Stipend details to come.)
- November (budget)

**Action item:** Siff will email suggested dates to the Board.

**Bylaws Task Force:** USA Triathlon currently has a Bylaws Task Force in place, however, the Task Force Chair and USOC recommend an independent expert review the Bylaws and propose potential changes.

**Action item:** Rick Adams will be contacted for a referral to an NGB Bylaws expert to review the Bylaws and recommend potential changes. The Bylaws Task Force members will remain as is for 2014.

**Safe Sport Policy:**



**Action item:** The Board will review the recently circulated draft policy and circulate any recommended revisions to the current draft safe sport policy for Board discussion during its 12/8/2014 teleconference.

**2015 National Budget:**

**Motion** (by Weiss and seconded) to accept the 2015 budget as presented. Approved by unanimous voice vote.

Recess at 11:01 am MT

Reconvene 11:08 am MT

**Motion** (by Haag and seconded): to go into Executive Session. Approved by unanimous voice vote at 11:14 am MT.

Returned from Executive Session at 12:21 am MT

**Motion** (by Wien and seconded) to adjourn at 12:22 am MT. Approved by unanimous voice vote.

## USA Triathlon Rule Modifications for Paratriathletes

### **P 1.0 General.**

Paratriathletes, as defined under rule USAT rule P1.2 shall be governed by all USA Triathlon (USAT) Competitive Rules with the following modifications.

### **P 1.1 Classification.**

Athletes may compete in USAT sanctioned races without official classification in categories set out in rule P1.2. In order to compete in USA Paratriathlon National Championships and national teams, paratriathletes must be classified by a certified USA Paratriathlete Classifier. Paratriathletes shall provide classification to race directors upon registration.

Each paratriathlete shall be required to:

- a) Provide medical evidence and documentation describing his/her disability.
- b) Be available to the classifier for assessment prior to competition.
- c) Meet the minimum impairment criteria.

Athletes with miscellaneous conditions such as, but not limited to: intolerance to temperature extremes, organ transplants, joint replacements (endoprosthetics), kidney dialysis, hearing impairments, and or cognitive impairment are not eligible for paratriathlon competition or categories.

### **P 1.2 Competition Categories.**

Paratriathlete categories shall be instituted and maintained as follows:

PT1 - Wheelchair users. Includes athletes with comparable activity limitation and an impairment of, but not limited to: muscle power, limb deficiency, hypertonia, ataxia, athetosis that prevent the ability to safely ride a conventional bike and run. Through classification assessment, athletes must have a score of up to 640,0 points. Athletes must use a recumbent handcycle on the bike course and a racing wheelchair on the run segment;

PT2 - Includes athletes with comparable activity limitation and an impairment of, but not limited to, limb deficiency, hypertonia, ataxia and or athetosis, impaired muscle power or range of movement that through classification assessment have a score of up to 454,9 points. In both bike and run segments, amputee athletes may use approved prosthesis or other supportive devices.

PT3 - Includes athletes with comparable activity limitation and an impairment of, but not limited to, limb deficiency, hypertonia, ataxia and or athetosis, impaired muscle power or range of movement that through classification assessment have a score from 455,0 to 494,9 points. In both bike and run segments, the athlete may use approved prosthesis or other supportive devices.

PT4 – Includes athletes with comparable activity limitation and an impairment of, but not limited to, limb deficiency, hypertonia, ataxia and or athetosis, impaired muscle power or range of movement that through classification assessment have a score from 495,0 to 557,0 points included. In both bike and run segments, the athlete may use approved prosthesis or other supportive devices.

PT5 – Total or partial visual impairment (IBSA/IPC defined subclasses B1, B2, and B3).

B1 includes athletes with total visual impairment - no light perception in either eye up to some light perception but inability to recognize shapes at any distance or direction.

B2 and B3 includes partially sighted athletes with a visual acuity of 6/60 (meters) or visual field of less than 20 degrees with best corrective.

It is mandatory that only one guide of the same sex may be used throughout the race. Athlete is tethered during the swim portion, must ride a tandem bicycle, and may choose an elbow lead or tether lead.

### **P 1.3 Swimming Conduct.**

- a) Wetsuits are allowed for PT1 participants at any water temperature. When the water temperature is greater than 78 degrees, wetsuits are not permitted for PT2, PT3, PT4, or PT5 categories.
- b) In multiple loop swim courses competitors are not required to exit the water before completing additional loops.
- c) Prosthetic and orthotic devices are considered propulsive devices and are not allowed for any category.
- d) PT1 competitors shall have both legs bound together during the swim portion. The athlete may use a brace as long as it does not provide flotation. The binding or brace must remain in place until the competitor exits the swim.

### **P 1.4 Handlers.**

Paratriathletes shall be permitted the following in regard to handlers/aides:

- a) Handlers should be allotted as follows:
  - 1) One handler for each paratriathlete in categories PT2, PT3, PT4;
  - 2) A maximum of two handlers for PT1;
  - 3) No handlers for category PT5.
- b) Each paratriathlete is required to identify all handlers and describe their duties to the appropriate race official prior to the start of competition.

- c) Handlers shall be subject to all USAT Competitive Rules and must sign the USA Triathlon waiver.
- d) Handlers are specifically allowed to assist competitors by:
  - 1) Assisting/carrying athletes from the water to transition area;
  - 2) Helping with prosthetic or other assistive devices;
  - 3) Lifting participants in and out of handcycles and wheelchairs;
  - 4) Removing wetsuits or clothing;
  - 5) Repairing flats and other equipment (in transition only).
- e) A handler may not take action to propel a competitor forward except in extraordinary circumstances as determined by the Head Referee.

**P 1.5 Transition Areas.**

- a) PT1 paratriathletes may use the handcycle in transition.
- b) Except for PT1 category, paratriathletes must ambulate (walk/run) through transition by the use of either crutches or prosthetic device. If crutches are used, handlers may accompany the competitor to and from the mount line of the bike portion as long as they do not impede the progress of any other participant.
- c) PT1 competitors may use a wheelchair from swim exit to transition.
- d) Bicycles, tandem bicycles, tricycles, and handcycles may not be used from swim exit to transition.

**P 1.6 Cycling Conduct and Equipment, PT2, PT3, PT4.**

- a) Paratriathletes shall be governed by the following with regard to cycling conduct:
  - 1) All bicycles and tricycles shall be propelled by human force.
  - 2) Rigid prosthetic adaptations that are mounted or affixed to any part of the cycle are not allowed.
  - 3) A rider shall be supported solely by the pedals, the saddle and the handlebars.
  - 4) Competitors not wearing a prosthesis may use a support for the thigh only if the thigh is not affixed to the bicycle.
  - 5) Any request for an impairment adaptation to any cycle must be submitted in writing to USA Triathlon, with pictures and explanation, at least 30 days prior to the event. If approved, the competitor will be notified in writing.
- b) No guide dogs will be allowed on the bike course at any time.
- c) Paratriathletes who use catheters or other urinary diversion devices must use a catheter bag at all times.

**P 1.7 Cycling Conduct and Equipment, PT1.**

PT1 competitors must use a handcycle with the following specifications:

- a) A handcycle shall be an arm powered, three wheeled vehicle with an open frame of tubular construction which conforms to the general principles of International Cycling Union (UCI) construction for bicycles (except that the chassis frame tubes need not be straight.) For the seat or backrest construction, the maximum frame tube diameter may not exceed the maximum defined by the general principles of UCI.
- b) The single wheel may be of a different diameter to the double wheels. The front wheel or wheels shall be steerable; the single wheel, either front or rear, shall be driven through a system comprising handgrips and a chain. The handcycle shall be propelled solely through a chainset and conventional cycle drive train, of crank arms, chainwheels, chain and gears, with handgrips replacing foot pedals. It shall be propelled by the hands, arms and upper body only.
- c) All handcycles must have two separate braking systems, one at the front and one at the rear. The braking system on the double wheels must be dynamic and act upon both wheels.
- d) The horizontal of the rider's eyeline must be above the crank housing (crank set) when the rider's hands are on the handlebars facing forward at full extent, the tip of both shoulder blades are in contact with the backrest and the head is in contact with the headrest (when applicable).
- e) From the seated recumbent position described above (P1.7, d), conforming measurements are calculated as follows; (#1) the distance from the ground to the center of the rider's eyes and (#2) the distance from the ground to the center of the crank housing (crank set). Measurement #1 (from the eyes to the ground) must be equal or greater than measurement #2 (from the center of the crank housing to the ground.)
- f) The rider shall remain seated in the recumbent position with bodyweight supported through the seat and backrest. The seat angle must be a minimum of 30<sup>o</sup> and a maximum of 45<sup>o</sup>, measured between the horizontal and the back of the rider.
- g) All handcycles must have a mirror fixed either to the helmet of the rider or at some point on the front of the bike to ensure rear-view vision.
- h) Adjustments (except emergency repairs) to handcycle equipment may not be made during the race.
- i) Wheels of the handcycle may vary in diameter between a minimum 406 mm and a maximum of 622 mm. Modified hub attachments may be used if necessary. The width of handcycle double wheels may vary between 55

cm minimum and 70 cm maximum, measured at the center of each tire where the tires touch the ground. Wheels must be of spoke construction. Solid disc wheels and wheel covers are not allowed.

j) A handcycle shall not measure more than 250 cm in length. Its maximum width shall be 70 cm.

k) The shifting device may be located within the extremities of the handlebars, or to the side of the participant's body.

l) The largest chain ring shall have a guard securely fitted to protect the rider. The protection shall be made of a sufficiently solid material which fully covers the chain ring over the half of its circumference (180°) on the side facing the rider.

m) Maximum frame tube dimension shall be 80 mm, irrespective of tube material or profile. Any fillets or ribs, inserted at joins between tubes, shall be for strengthening purposes only. Non-functional, aerodynamic devices are not permitted for competition.

n) A quick release body harness is permitted.

o) A handcycle with two rear wheels shall be fitted with a safety bar that prevents the front wheel of a following bicycle, tricycle or handcycle from entering the space between the two wheels. The bar may not extend outside the width of the two wheels and the bar ends must be closed or plugged. The bar shall be a round tube with a minimum diameter of 18 mm and must be fitted no less than 13 mm nor more than 17 mm behind the rear wheels. The distance from the ground to the center of the bar axis must measure no less than 270mm nor more than 290 mm. The structure and assembly of the bar must ensure that safe functioning is not affected by normal road conditions.

p) It is the responsibility of the competitor that the handcycle conforms to all the above rules and no event shall be delayed while the competitor makes adjustments to the handcycle.

q) Competitors shall wear CPSC approved bicycle helmets at all times while seated in the handcycle.

r) Paratriathletes who use catheters or other urinary diversion devices must use a catheter bag at all times.

#### **P 1.8 PT2, PT3, PT4 Running Conduct.**

Paratriathletes shall be governed by the following with regard to running conduct:

a) Approved prosthetic devices on affected limbs and/or crutches are allowed.

b) No footwear other than running shoes or approved prosthetics shall be allowed.

c) Prosthetic devices are not allowed for any limb that does not meet the minimum impairment standard.

d) No Guide dogs are allowed on the run course.

e) Paratriathletes who use catheters or other urinary diversion devices must use a catheter bag at all times.

#### **P1.9 PT1 Running Conduct and Equipment.**

a) PT1 competitors must use a racing wheelchair during the run portion.

b) The racing wheelchair must conform to the following specifications:

1) The wheelchair shall have two large rear wheels and one small front wheel.

2) A brake shall be attached to the front wheel.

3) No part of the body of the chair may extend forward beyond the hub of the front wheel and be wider than the inside of the hubs of the two rear wheels. The maximum height from the ground of the main body of the chair shall be 50cm.

4) The maximum diameter of the large wheel including the inflated tire shall not exceed 70cm. The maximum diameter of the small wheel including the inflated tire shall not exceed 50cm.

5) Only one round hand rim is allowed for each large wheel. This rule may be waived for persons requiring a single arm drive chair, if so stated on their medical qualification cards.

6) No mechanical gears or levers shall be allowed that may be used to propel the chair.

7) Only hand operated, mechanical steering devices will be allowed.

8) Competitors must be able to turn the front wheel(s) manually both to the left and the right.

9) Mirrors are permitted but are not required.

10) No part of the chair may protrude behind the vertical plane of the back edge of the rear tires.

11) It is the responsibility of the competitor that the wheelchair conforms to all the above rules and no event shall be delayed while the competitor makes adjustments to the chair.

12) Competitors must ensure that no part of their lower limbs can fall to the ground during the event.

13) Competitors shall wear CPSC approved bicycle helmets at all times while seated in the chair.

14) Chairs may be measured in the transition area and may not leave that area before the start of any event. Chairs which have been examined may be liable to re-examination before or after the event by the official in charge of the event.

c) Propulsion by any method other than pushing on the wheels or push-rims shall result in disqualification. An

overtaking paratriathlete bears responsibility of ensuring full clearance of the chair before moving laterally across the path of the overtaken participant. A paratriathlete being overtaken shall not obstruct or impede the passing athlete once the front wheels of the passing chair are within sight.

d) PT1 athletes shall be judged as finished when any part of the torso reaches the perpendicular plane extending from the leading edge of the finish line.

e) Paratriathletes who use catheters or other urinary diversion devices must use a catheter bag at all times.

### **P 2.0 PT5 Paratriathlete and Guide Conduct.**

The following additional rules apply to PT5 Paratriathletes and their guides:

a.) PT5 competitors must furnish and use one guide of the same gender in competition.

b.) Guides must be a minimum of 18 years of age on the day of the event.

c.) Guides may not hold a current USA Triathlon Elite license.

d.) The PT5 competitor may choose to use an elbow lead or tether lead.

e.) All PT5 competitors must be tethered during the swim. The tether may be used around the waist, leg or foot.

f.) During the run portion, PT5 competitors may receive verbal instruction only from their guide.

g.) Bicycles, paddle boards or any other mechanical means of transport may not be used by guides on the swim or run.

h.) PT5 competitors must use a tandem bicycle. The specifications of the tandem bicycle are:

1) The tandem bicycle is a vehicle for two riders, with two wheels of equal diameter, which conforms to the general principles of UCI construction for bicycles. The front wheel shall be steerable by the front rider, known as the 'pilot'. The guide shall be the front rider and the PT5 competitor will ride in the rear. Both riders shall face forward in the traditional cycling position and the rear wheel shall be driven by both cyclists through a system comprising pedals and chains.

2) The tandem top tube, and any additional strengthening tubes, may slope to suit the morphological sizes of the riders.

3) The tandem bicycle shall measure no more than 2.70 meters in length and 0.5 meters in width.

i.) At no time shall the guide lead or pace the athlete or propel the athlete forward by pulling or pushing. Time penalty.

j.) Whether or not a tether is being used, the athlete and guide shall not be more than 0.5 meters apart at all times. Time penalty.

k.) Athletes who meet the B1 sub-class criteria will need to wear black out glasses through the run

l.) As the PT5 athlete crosses the finish line, the guide must maintain no more than the required 0.5 meter maximum separation distance and may not precede the athlete. Time penalty.

m.) Guides shall be subject to all USA Triathlon Competitive Rules, including membership requirements.

Infringement of any these rules shall result in a disqualification (DQ) unless otherwise indicated.