

USAT Duathlon National Championships - Sprint Non-Draft  
Sunday, April 8, 2018  
Greenville, SC

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MALE AGE GROUP 85-89 RESULTS  
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Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	200	813	Wayne Fong	86	M	Chatsworth	CA	USA	X	45:18	14:34	1:05:39	10.3	26:14	14:50	2:21:34

NUMBER OF FINISHERS: 1

FEMALE AGE GROUP F85-89 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
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NUMBER OF FINISHERS: 0

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 MALE AGE GROUP 80-84 RESULTS  
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Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	180	806	Donald Ardell	80	M	Saint Petersburg	FL	USA	X	26:00	8:22	42:08	16.1	16:49	9:30	1:29:18
2	187	811	Kenneth Fleischhacker	82	M	Littleton	CO	USA	X	29:05	9:22	43:49	15.5	17:29	9:53	1:35:01
3	192	809	James Girand	81	M	Palo Alto	CA	USA	X	33:19	10:43	41:34	16.3	19:58	11:17	1:37:50
4	198	808	Donald W Moore	80	M	Fort Myers	FL	USA	X	35:46	11:30	50:57	13.3	25:38	14:29	1:55:47

FEMALE AGE GROUP 80-84 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
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NUMBER OF FINISHERS: 0

MALE AGE GROUP 75 - 79 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	162	801	Fred Strong	75	M	Dayton	OH	USA	X	25:00	8:03	39:34	17.1	14:46	8:21	1:22:45
2	169	800	Joe Carr	75	M	Blowing Rock	NC	USA	X	27:32	8:51	37:13	18.2	16:58	9:35	1:24:49
3	181	804	Frank Nicolosi	78	M	Bradenton	FL	USA	X	25:32	8:13	45:49	14.8	15:27	8:44	1:29:41
4	189	803	Hugh Fish	77	M	Cary	NC	USA	X	29:10	9:23	45:32	14.9	18:58	10:43	1:36:26
5	195	802	Dick Morgan	76	M	Tioga	PA	USA	X	41:05	13:13	41:39	16.3	23:41	13:23	1:49:24
6	196	805	Lockett Wood	79	M	Lyons	CO	USA	X	30:56	9:57	55:53	12.1	19:27	11:00	1:50:05

NUMBER OF FINISHERS: 6

FEMALE AGE GROUP 75 - 79 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	97	861	Ellen Demsky	78	F	Tarzana	CA	USA	X	37:59	12:13	1:10:03	9.7	22:39	12:48	2:17:48
2	98	860	Barbara Bogart	76	F	Elizabethton	TN	USA	X	48:53	15:43	1:05:34	10.3	30:28	17:13	2:30:36

NUMBER OF FINISHERS: 2

MALE AGE GROUP 70 - 74 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	115	788	Larry Mayse	70	M	Alpharetta	GA	USA	X	23:17	7:30	33:11	20.4	13:08	7:25	1:12:46
2	140	795	Wolf Hillesheim	73	M	El Sobrante	CA	USA	X	24:17	7:49	35:53	18.9	14:09	8:00	1:15:56
3	141	792	James Noonan	72	M	Vancouver	WA	USA	X	24:25	7:51	34:27	19.7	14:48	8:22	1:16:41
4	151	798	Tom Parker	73	M	Merced	CA	USA	X	25:40	8:16	36:34	18.5	15:52	8:58	1:20:23
5	154	796	Mike McCarty	73	M	New Bedford	MA	USA	X	26:57	8:40	37:16	18.2	15:10	8:35	1:21:26
6	167	789	Bob Matson	71	M	Binghamton	NY	USA	X	26:38	8:34	39:47	17.0	14:48	8:22	1:24:37
7	171	799	Richard Poole	73	M	York	PA	USA	X	24:57	8:02	42:11	16.1	15:10	8:34	1:25:18
8	175	790	Robert Mecanko	71	M	Bolivia	NC	USA	X	27:49	8:57	39:42	17.1	16:35	9:23	1:27:46
9	177	791	Terry Habecker	71	M	Ithaca	NY	USA	X	26:12	8:26	38:49	17.5	19:59	11:18	1:28:22
10	188	797	Roger Mills	73	M	Stockbridge	GA	USA	X	32:24	10:25	42:27	16.0	18:14	10:18	1:36:04

NUMBER OF FINISHERS: 10

FEMALE AGE GROUP 70 - 74 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	89	858	Ruth Hamilton	71	F	McLean	VA	USA	X	34:17	11:02	47:05	14.4	20:01	11:19	1:44:35
2	94	859	Barb Morgan	74	F	Tioga	PA	USA	X	38:37	12:25	45:25	14.9	22:44	12:51	1:49:20

NUMBER OF FINISHERS: 2



MALE AGE GROUP 65 - 69 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	71	772	David Morrow	65	M	Tarpon Springs	FL	USA	X	20:24	6:34	31:25	21.6	11:51	6:42	1:05:39
2	90	780	Paul Braunschweiler	67	M	Elkhorn	NE	USA	X	20:14	6:31	33:45	20.1	12:03	6:49	1:08:41
3	91	781	Don Forgione	67	M	Ellicott City	MD	USA	X	21:02	6:46	33:33	20.2	12:45	7:12	1:08:55
4	106	782	Jim Sumara	67	M	Jacksonville	FL	USA	X	23:01	7:25	32:29	20.9	13:48	7:48	1:11:26
5	114	779	James Pike	66	M	Erie	PA	USA	X	22:08	7:07	34:40	19.6	13:07	7:25	1:12:46
6	117	785	Don Correll	69	M	Muskegon	MI	USA	X	21:11	6:49	36:35	18.5	12:20	6:58	1:12:57
7	121	774	Phil Anderson	66	M	Portland	OR	USA	X	21:21	6:52	36:51	18.4	12:57	7:19	1:13:35
8	125	771	James Griffis	65	M	Spring	TX	USA	X	24:39	7:56	32:59	20.6	14:31	8:12	1:14:14
9	134	783	Robert Enright	68	M	Mansfield Center	CT	USA	X	23:26	7:33	34:05	19.9	13:27	7:36	1:15:21
10	152	786	Daniel Leriche	69	M	Hainesport	NJ	USA	X	27:17	8:47	35:22	19.2	15:35	8:48	1:20:32
11	156	777	Charles Szentesi	66	M	San Diego	CA	USA	X	24:36	7:55	39:34	17.1	15:12	8:35	1:21:40
12	157	784	Larry Price	68	M	Mandeville	LA	USA	X	24:59	8:02	39:55	17.0	14:25	8:09	1:21:44
13	159	775	Darrell Haney	66	M	Bidwell	OH	USA	X	23:20	7:30	41:08	16.5	14:04	7:57	1:21:54
14	176	773	Michael Cook	65	M	Dickerson	MD	USA	X	27:52	8:58	41:11	16.5	16:30	9:19	1:27:50
15	183	787	Bill Roberts	69	M	Dallas	GA	USA	X	27:48	8:57	42:24	16.0	17:51	10:05	1:32:41
16	193	778	Duane Swenson	66	M	Danbury	WI	USA	X	35:09	11:18	44:07	15.4	21:11	11:58	1:43:12

NUMBER OF FINISHERS: 16

FEMALE AGE GROUP 65 - 69 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	50	855	Judith Shepard	67	F	Odessa	FL	USA	X	24:53	8:01	36:23	18.6	15:15	8:37	1:19:46
2	70	852	Cindy Lucking	65	F	Taylor	SC	USA	X	24:17	7:49	48:03	14.1	13:23	7:34	1:29:00
3	73	851	Betsy Henderson	65	F	Roanoke	VA	USA	X	29:35	9:31	40:45	16.6	16:52	9:32	1:29:49
4	81	853	Mary Nardo	66	F	Hockessin	DE	USA	X	27:24	8:49	44:36	15.2	16:32	9:21	1:33:04
5	82	857	Janet Aschmann	69	F	Atlanta	GA	USA	X	28:18	9:06	47:50	14.2	16:16	9:12	1:34:38
6	93	854	Ann Stahel	66	F	Jacksonville	IL	USA	X	31:56	10:16	50:48	13.3	20:12	11:25	1:47:34

NUMBER OF FINISHERS: 6

MALE AGE GROUP 60 - 64 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	48	756	Lincoln Murdoch	61	M	Omaha	NE	USA	X	19:31	6:17	30:18	22.4	11:48	6:40	1:03:17
2	63	749	Dave Furey	60	M	Ann Arbor	MI	USA	X	19:04	6:08	32:00	21.2	11:18	6:23	1:04:36
3	78	757	John Nicholson	61	M	West Chester	PA	USA	X	19:37	6:19	33:03	20.5	11:48	6:40	1:06:30
4	96	764	Russ Jones	63	M	San Juan Capistran	CA	USA	X	21:41	6:59	33:59	20.0	12:52	7:16	1:10:07
5	104	755	Anthony Benedict	61	M	Fort Lauderdale	FL	USA	X	21:16	6:51	35:17	19.2	13:05	7:24	1:11:10
6	112	767	John McCarthy	64	M	Branford	CT	USA	X	23:13	7:28	33:09	20.5	13:51	7:50	1:12:30
7	118	759	Dave Callon	62	M	West Chester	OH	USA	X	20:39	6:39	37:45	18.0	12:42	7:11	1:12:57
8	119	758	Chris Pearson	61	M	Sulphur Springs	TX	USA	X	22:53	7:22	34:14	19.8	14:04	7:57	1:13:22
9	144	751	Bryan Nelson	60	M	Spring Hill	FL	USA	X	24:50	7:59	35:50	18.9	15:02	8:30	1:18:13
10	145	762	Warren Elvers	63	M	Getzville	NY	USA	X	25:12	8:07	36:37	18.5	14:35	8:15	1:18:28
11	155	765	Michael Sullivan	63	M	Spring Lake	NC	USA	X	24:45	7:58	38:26	17.6	15:14	8:36	1:21:38
12	166	753	Tien Ta	60	M	Atlanta	GA	USA	X	23:47	7:39	40:52	16.6	15:06	8:32	1:23:59
13	172	769	Greg Seaton	64	M	Terrebonne	OR	USA	X	25:06	8:04	42:24	16.0	15:11	8:35	1:25:23
14	174	752	Eduardo Vasquez	60	M	Lecanto	FL	USA	X	25:27	8:11	41:39	16.3	15:56	9:00	1:26:51
15	179	754	Donald Sexton	60	M	Honolulu	HI	USA	X	25:40	8:16	40:11	16.9	16:40	9:25	1:29:14
16	190	768	John Piasecki	64	M	Grand Ledge	MI	USA	X	31:24	10:06	40:57	16.6	19:16	10:53	1:37:03
17	194	700	Brian McGovern	64	M	Fort Lauderdale	FL	USA	X	34:25	11:04	43:28	15.6	21:23	12:05	1:43:43

NUMBER OF FINISHERS: 17

FEMALE AGE GROUP 60 - 64 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	39	844	Julia Daggett	60	F	Clarksville	TN	USA	X	23:00	7:24	36:46	18.4	13:14	7:29	1:15:36
2	41	846	Gail Waldman	60	F	Vienna	VA	USA	X	24:53	8:00	34:44	19.5	14:21	8:07	1:16:54
3	44	848	Lorrie Beck	62	F	Williamstown	NJ	USA	X	23:40	7:37	37:54	17.9	14:26	8:10	1:18:17
4	47	849	Patricia Driscoll	63	F	Stowe	VT	USA	X	24:38	7:56	37:29	18.1	14:47	8:21	1:18:42
5	60	845	Alveratta Petta	60	F	Fountain Hills	AZ	USA	X	25:57	8:21	38:01	17.8	15:41	8:52	1:23:50
6	68	847	Mary Rine	61	F	Alva	FL	USA	X	25:48	8:18	41:41	16.3	15:40	8:51	1:26:55

NUMBER OF FINISHERS: 6

MALE AGE GROUP 55 - 59 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	33	746	Marty Stiegmann	58	M	Glen Allen	VA	USA	X	18:14	5:52	30:11	22.5	10:38	6:01	1:00:45
2	41	747	Kerry Farrell	58	M	Auburn	WA	USA	X	18:36	5:59	30:01	22.6	11:13	6:21	1:01:39
3	56	740	Jeff Dorrill	57	M	Dallas	TX	USA	X	18:38	6:00	32:35	20.8	10:38	6:01	1:03:49
4	65	814	Bill Whitman	55	M	Idyllwild	CA	USA	X	19:43	6:21	31:40	21.4	11:46	6:39	1:04:45
5	69	741	Todd Gerrish	57	M	Greenland	NH	USA	X	19:43	6:21	32:21	21.0	11:11	6:20	1:05:08
6	86	738	Richard Cottrell	57	M	West Monroe	LA	USA	X	21:18	6:51	31:56	21.2	12:34	7:06	1:08:14
7	88	736	Jim Elsenheimer	56	M	Wexford	PA	USA	X	20:30	6:36	33:52	20.0	11:52	6:42	1:08:38
8	92	729	Jeff Carbiener	56	M	Saint Petersburg	FL	USA	X	20:27	6:35	34:12	19.8	11:52	6:42	1:08:59
9	99	743	Douglas Landau	58	M	Herndon	VA	USA	X	21:57	7:04	33:38	20.2	12:48	7:14	1:10:39
10	100	727	Jeffrey White	55	M	Lawrenceville	GA	USA	X	21:16	6:51	34:09	19.9	12:43	7:11	1:10:40
11	107	728	Bill Gahl	55	M	Papillion	NE	USA	X	21:04	6:47	34:13	19.8	12:51	7:16	1:11:38
12	111	735	Kenneth Varner	56	M	Vancouver	WA	USA	X	21:28	6:54	34:27	19.7	13:44	7:46	1:12:29
13	130	745	Clarence Butz	58	M	Berkeley	CA	USA	X	22:59	7:24	34:57	19.4	14:05	7:57	1:14:33
14	132	734	Dave Simons	56	M	Chesterfield	MO	USA	X	23:31	7:34	34:41	19.5	13:33	7:40	1:14:41
15	143	737	Michael Maguire	56	M	Pleasanton	CA	USA	X	22:45	7:19	37:47	17.9	13:12	7:28	1:17:48
16	165	748	Donald Whallen	59	M	Tampa	FL	USA	X	25:00	8:03	38:55	17.4	16:09	9:08	1:23:15
17	173	739	Mike Demello	57	M	Vacaville	CA	USA	X	29:13	9:24	37:42	18.0	17:24	9:50	1:26:31
18	199	744	John Borja	58	M	Pewaukee	WI	USA	X	41:01	13:12	45:45	14.8	26:38	15:03	1:57:56

NUMBER OF FINISHERS: 18

FEMALE AGE GROUP 55 - 59 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	14	838	Jocelyn Shilling	57	F	Saylorsburg	PA	USA	X	22:23	7:12	32:42	20.7	12:56	7:18	1:09:50
2	23	839	Valerie Eipper	58	F	Longmont	CO	USA	X	21:50	7:02	34:22	19.7	13:13	7:28	1:11:20
3	30	840	Kathy Edris	59	F	Mercer Island	WA	USA	X	21:23	6:53	38:06	17.8	12:30	7:04	1:14:23
4	53	842	Patty Lane	59	F	Flatwoods	KY	USA	X	25:01	8:03	38:28	17.6	15:06	8:32	1:22:36
5	55	834	Raylene Morrow	55	F	Burnsville	NC	USA	X	25:39	8:15	38:44	17.5	16:10	9:08	1:23:07
6	63	835	Kim Wagner	56	F	Tempe	AZ	USA	X	28:14	9:05	36:36	18.5	16:26	9:17	1:24:26
7	74	843	Valarie Wright	59	F	Westerville	OH	USA	X	27:42	8:55	41:16	16.4	16:23	9:15	1:30:29
8	75	836	Laurie Kowalski	57	F	Clearwater	FL	USA	X	26:23	8:29	44:46	15.1	15:59	9:02	1:30:59
9	78	837	Rebecca Moxey	57	F	Hampstead	NC	USA	X	28:53	9:17	42:53	15.8	16:59	9:36	1:31:40

NUMBER OF FINISHERS: 9

MALE AGE GROUP 50 - 54 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	16	699	Brian Fancher	50	M	North Charleston	SC	USA	X	17:45	5:43	29:33	22.9	10:11	5:45	59:04
2	22	704	Michael O'Riley	50	M	Colorado Springs	CO	USA	X	17:47	5:43	29:55	22.7	10:14	5:47	59:46
3	27	710	Jeff Brandenburg	52	M	Columbia	SC	USA	X	19:20	6:13	28:02	24.2	11:07	6:17	1:00:10
4	37	711	David Dixon	52	M	Wilmington	DE	USA	X	18:20	5:54	30:38	22.1	10:50	6:08	1:01:21
5	40	726	Eric Sutherland	54	M	New York	NY	USA	X	18:21	5:54	30:34	22.2	10:54	6:09	1:01:29
6	43	717	Keith Marshall	53	M	Alpharetta	GA	USA	X	17:48	5:44	31:41	21.4	10:57	6:11	1:02:01
7	53	714	Daniel Bergeson	53	M	Libertyville	IL	USA	X	17:44	5:43	33:25	20.3	10:49	6:07	1:03:46
8	61	721	Frank Silva	53	M	Cocoa	FL	USA	X	18:46	6:03	32:19	21.0	11:17	6:23	1:04:10
9	66	696	William Bentz	50	M	Lancaster	CA	USA	X	18:49	6:03	33:17	20.4	11:20	6:24	1:04:55
10	73	701	Richard Hendry	50	M	Saint Petersburg	FL	USA	X	20:25	6:34	31:03	21.8	12:36	7:07	1:06:04
11	75	706	Dave Munger	51	M	Davidson	NC	USA	X	20:07	6:28	31:13	21.7	12:04	6:50	1:06:16
12	77	715	Vidian Boulogne	53	M	Tarpon Springs	FL	USA	X	20:21	6:33	31:41	21.4	12:22	6:59	1:06:23
13	84	707	Andrew Holton	51	M	Pine	CO	USA	X	19:31	6:17	32:29	20.9	11:47	6:40	1:07:34
14	85	720	Michael Rohl	53	M	Mansfield	PA	USA	X	20:12	6:30	33:06	20.5	12:04	6:49	1:08:06
15	95	725	Steve Parker	54	M	Temperance	MI	USA	X	18:39	6:00	34:34	19.6	14:30	8:12	1:10:05
16	98	723	William Jabour	54	M	Austin	TX	USA	X	20:47	6:41	34:17	19.8	12:50	7:15	1:10:32
17	113	697	Erick Castaneda	50	M	Acworth	GA	USA	X	20:57	6:44	35:33	19.1	12:16	6:56	1:12:34
18	123	724	Mark Krowski	54	M	Tomball	TX	USA	X	22:45	7:19	34:28	19.7	13:50	7:49	1:13:39
19	124	718	Kirk Martin	53	M	Valparaiso	IN	USA	X	21:36	6:57	35:05	19.3	14:04	7:57	1:13:58
20	139	709	Dave McQuaid	51	M	Greenville	SC	USA	X	22:43	7:18	36:07	18.8	13:43	7:45	1:15:50
21	149	712	Mark Dinsdale	53	M	Westerville	OH	USA	X	23:51	7:41	39:04	17.4	14:34	8:14	1:19:52
22	164	719	Michael Mitchell	53	M	Moyock	NC	USA	X	23:49	7:40	41:50	16.2	14:34	8:14	1:23:00
23	197	708	Anthony Kelly	51	M	Bloomington	IN	USA	X	31:41	10:12	52:29	12.9	19:56	11:16	1:53:10

NUMBER OF FINISHERS: 24

FEMALE AGE GROUP 50 - 54 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	11	820	Steph Popelar	51	F	Elizabeth	CO	USA	X	20:09	6:29	34:52	19.4	12:15	6:56	1:09:14
2	20	832	Sally Corrigan	54	F	Paris	KY	USA	X	21:05	6:47	35:30	19.1	12:07	6:51	1:10:48
3	32	829	Susan Ford	54	F	Cookeville	TN	USA	X	23:06	7:26	35:55	18.9	13:09	7:26	1:14:39
4	34	818	Michelle Bronkhorst	50	F	Horicon	WI	USA	X	21:51	7:02	38:11	17.8	12:56	7:19	1:15:02
5	42	824	Laura Tiger	53	F	Martins Ferry	OH	USA	X	23:02	7:25	37:42	18.0	13:31	7:38	1:16:59
6	49	828	Wendy Endsley	54	F	San Diego	CA	USA	X	22:29	7:14	37:55	17.9	15:30	8:46	1:19:35
7	58	827	Stephanie Barbero	54	F	Rochester	NY	USA	X	25:49	8:18	39:36	17.1	15:44	8:54	1:23:44
8	65	825	Lisa Armistead	53	F	Virginia Beach	VA	USA	X	24:55	8:01	41:38	16.3	15:29	8:45	1:25:07
9	67	821	Michele Weir	51	F	Cordova	TN	USA	X	27:48	8:57	39:22	17.2	16:43	9:27	1:26:42
10	85	831	Milagros A. Snyder	54	F	Garden City	MI	USA	X	30:23	9:47	45:16	15.0	19:41	11:08	1:38:46
11	87	819	Kelly Jo Stull	51	F	Georgetown	KY	USA	X	30:44	9:53	47:39	14.2	18:32	10:29	1:41:07
12	90	826	Jeanette Figurel	54	F	Ann Arbor	MI	USA	X	33:38	10:49	47:39	14.2	20:48	11:45	1:45:54

NUMBER OF FINISHERS: 12



MALE AGE GROUP 45 - 49 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	20	606	Thomas Woods	47	M	Lincoln	NE	USA	X	17:42	5:42	29:25	23.0	10:46	6:05	59:33
2	25	602	Barry McMaster	46	M	Darien	CT	USA	X	17:41	5:41	30:02	22.6	10:33	5:58	1:00:02
3	30	603	Mark Carey	47	M	Chapel Hill	NC	USA	X	19:18	6:13	28:57	23.4	10:43	6:04	1:00:38
4	45	600	Doug Corcoran	46	M	Madison	WI	USA	X	18:16	5:53	31:38	21.4	10:29	5:56	1:02:24
5	50	596	Wesley Medlin	45	M	Paris	TN	USA	X	18:13	5:52	31:53	21.3	11:14	6:21	1:03:19
6	72	614	Jack Smith	49	M	Nashville	TN	USA	X	19:48	6:22	32:36	20.8	11:43	6:38	1:05:59
7	87	607	Todd Hamilton	47	M	Eugene	OR	USA	X	21:12	6:49	32:37	20.8	12:15	6:56	1:08:21
8	97	604	David Ferrett	47	M	Rochester	NY	USA	X	21:44	7:00	33:57	20.0	12:27	7:02	1:10:28
9	120	609	Louis Brooks	48	M	Bloomsbury	NJ	USA	X	23:33	7:35	33:35	20.2	13:37	7:42	1:13:24
10	127	605	Michael Paydo	47	M	Severna Park	MD	USA	X	22:31	7:15	35:15	19.2	13:53	7:51	1:14:16
11	137	611	Sean Jones	48	M	Adams	TN	USA	X	22:50	7:21	35:29	19.1	14:36	8:15	1:15:42
12	138	613	Jerry Mitchell	49	M	Columbia	SC	USA	X	22:07	7:07	37:16	18.2	13:06	7:25	1:15:50
13	142	601	Kevin Martin	46	M	Simpsonville	SC	USA	X	23:06	7:26	36:24	18.6	14:39	8:17	1:16:57
14	153	597	Mark Allen	45	M	Newark	DE	USA	X	23:38	7:36	38:38	17.5	13:55	7:52	1:21:18
15	161	608	Eric Logan	47	M	Thomaston	GA	USA	X	23:04	7:25	41:23	16.4	15:04	8:31	1:22:02
16	163	610	Lance Emerson	48	M	Enoree	SC	USA	X	24:34	7:54	40:29	16.7	15:20	8:40	1:23:00

NUMBER OF FINISHERS: 16

FEMALE AGE GROUP 45 - 49 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	5	693	Celia Dubey	46	F	Tarpon Springs	FL	USA	X	19:55	6:25	32:13	21.0	12:00	6:47	1:05:45
2	9	683	Katrina Dowidchuk	48	F	Wilmington	DE	USA	X	21:40	6:58	32:21	21.0	12:42	7:10	1:08:56
3	12	680	Stacey Hendry	47	F	Saint Petersburg	FL	USA	X	20:59	6:45	34:21	19.7	12:05	6:50	1:09:20
4	28	675	Renata Silveira	45	F	Miami	FL	USA	X	22:08	7:07	35:19	19.2	13:30	7:38	1:13:38
5	31	677	Jen Easterday	45	F	Middletown	DE	USA	X	23:17	7:29	34:51	19.5	13:46	7:47	1:14:29
6	45	682	Joette Gdovin-Bergeson	47	F	Libertyville	IL	USA	X	22:49	7:20	39:24	17.2	13:53	7:51	1:18:27
7	46	672	Nicole Johnson	45	F	Greenville	SC	USA	X	25:42	8:16	33:53	20.0	16:07	9:06	1:18:28
8	48	676	Jenny Terry	45	F	Durham	NC	USA	X	22:28	7:14	39:33	17.1	14:08	7:59	1:18:51
9	56	684	Candace Pollock-Moore	48	F	Brooks	GA	USA	X	22:27	7:14	43:27	15.6	14:38	8:16	1:23:15
10	61	691	Melissa Whitman	49	F	Newnan	GA	USA	X	23:04	7:25	45:10	15.0	13:37	7:42	1:24:09
11	66	689	Kelly McVeigh	49	F	Elkton	MD	USA	X	25:05	8:04	40:37	16.7	15:37	8:50	1:25:33
12	71	674	Melinda Hyatt	45	F	Madison	AL	USA	X	25:13	8:07	46:46	14.5	14:46	8:21	1:29:27
13	72	692	Christine Cornelius	49	F	Buffalo	MO	USA	X	25:59	8:22	43:17	15.7	15:36	8:49	1:29:35
14	80	679	Lisa Michel	46	F	Sarasota	FL	USA	X	28:14	9:05	41:58	16.2	17:41	9:59	1:32:19
15	84	685	Erika Griffith	48	F	Odenton	MD	USA	X	30:08	9:42	42:19	16.0	18:02	10:11	1:37:53
16	95	688	Marie Ducheine	49	F	Lawrenceville	GA	USA	X	34:38	11:08	49:05	13.8	20:49	11:46	1:51:37

NUMBER OF FINISHERS: 16

MALE AGE GROUP 40 - 44 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	4	581	James Duff	42	M	Carrboro	NC	USA	X	16:07	5:11	27:38	24.5	9:54	5:36	55:03
2	14	578	Greg Frazee	41	M	Jasper	IN	USA	X	17:36	5:40	28:54	23.5	10:25	5:53	58:43
3	15	577	Stefano Profumo	40	M	Santa Cruz	CA	USA	X	18:13	5:52	28:32	23.8	10:41	6:03	58:58
4	19	579	Rusty Marks	41	M	New York	NY	USA	X	17:48	5:44	28:52	23.5	11:00	6:13	59:32
5	44	589	Bernardo Perez	43	M	Miami	FL	USA	X	18:14	5:52	31:13	21.7	11:00	6:13	1:02:17
6	49	587	Jason Luchtefeld	43	M	Robinson	IL	USA	X	20:22	6:33	29:41	22.8	11:39	6:35	1:03:18
7	57	588	Seth Marrs	43	M	Sugar Land	TX	USA	X	19:24	6:14	30:37	22.1	11:54	6:44	1:03:50
8	59	590	Jason Ross	43	M	Roswell	GA	USA	X	20:40	6:39	30:04	22.5	11:35	6:33	1:03:56
9	79	593	David Simmons	44	M	Abingdon	VA	USA	X	20:09	6:29	31:24	21.6	12:26	7:01	1:06:31
10	80	586	Jonathan Bass	43	M	Jonesborough	TN	USA	X	18:29	5:57	32:44	20.7	11:24	6:26	1:06:37
11	89	585	Frank Billings	43	M	Falmouth	ME	USA	X	19:11	6:11	36:38	18.5	11:12	6:20	1:08:40
12	103	594	Willian Souza	44	M	Marietta	GA	USA	X	19:32	6:17	37:10	18.2	11:45	6:38	1:10:55
13	109	584	Christopher McGrew	43	M	Houston	TX	USA	X	23:11	7:27	32:33	20.8	13:51	7:50	1:11:58
14	110	582	Jimmy Fernandez	42	M	Jackson Heights	NY	USA	X	20:15	6:31	37:08	18.3	12:12	6:54	1:12:17
15	129	592	Marcos Cortes	44	M	Oviedo	FL	USA	X	20:46	6:41	36:58	18.3	14:20	8:06	1:14:23
16	147	615	Quincy Collins	40	M	Orlando	FL	USA	X	22:40	7:18	38:29	17.6	15:09	8:34	1:19:18
17	148	580	Nathan Stowe	41	M	Charlotte	NC	USA	X	21:36	6:57	41:03	16.5	13:58	7:54	1:19:32
18	150	576	David Gdovin	40	M	Indian Rocks Beach	FL	USA	X	22:57	7:23	40:06	16.9	14:01	7:55	1:20:12
19	160	575	James Freestone	40	M	Greenville	SC	USA	X	23:32	7:34	40:01	16.9	14:45	8:20	1:22:00
20	168	591	Dave Harris	43	M	Tampa	FL	USA	X	26:58	8:41	38:20	17.7	16:46	9:29	1:24:47
21	178	583	Pete Murray	42	M	Greenville	SC	USA	X	25:22	8:10	41:58	16.2	16:14	9:11	1:28:32
22	182	870	Ulf Oesterle	41	M	East Syracuse	NY	USA	X	29:26	9:28	38:11	17.8	18:34	10:30	1:30:33
23	185	595	Devon Mitchell	44	M	New Castle	DE	USA	X	25:21	8:10	47:22	14.3	16:28	9:19	1:34:23

NUMBER OF FINISHERS: 23

FEMALE AGE GROUP 40 - 44 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	6	666	Jamie Martens	42	F	Mission	KS	USA	X	19:17	6:12	33:15	20.4	11:23	6:26	1:06:09
2	15	664	Jamii North	41	F	Mountain View	CA	USA	X	20:56	6:44	34:02	19.9	12:30	7:04	1:09:51
3	18	663	Laura Epelbaum	40	F	Berwyn	PA	USA	X	21:45	7:00	32:50	20.6	13:36	7:41	1:10:31
4	19	694	Lynn McGrew	41	F	Houston	TX	USA	X	22:27	7:14	32:36	20.8	13:16	7:30	1:10:36
5	21	662	Jessica Soroka	40	F	Hot Springs Nation	AR	USA	X	20:48	6:42	35:15	19.2	12:25	7:01	1:10:59
6	57	669	Deborah Degroot	44	F	Indian Trail	NC	USA	X	25:42	8:16	39:11	17.3	15:36	8:49	1:23:20
7	59	665	Erin Stowe	41	F	Charlotte	NC	USA	X	24:51	8:00	41:25	16.4	14:39	8:17	1:23:46
8	79	661	Kristy Noesges	40	F	Fort George G Mead	MD	USA	X	30:18	9:45	40:31	16.7	18:15	10:19	1:32:06
9	86	670	Christie Martin	44	F	Atlanta	GA	USA	X	28:49	9:16	49:13	13.8	17:57	10:09	1:40:30
10	88	668	Jenn Ponder	44	F	Morristown	NJ	USA	X	29:12	9:24	48:38	13.9	19:53	11:14	1:42:01

NUMBER OF FINISHERS: 10

MALE AGE GROUP 35 - 39 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	5	562	Todd Ricketts	37	M	Newark	OH	USA	X	16:36	5:21	28:20	23.9	9:42	5:29	55:54
2	17	566	Tiago Depaula Souza	38	M	Kennesaw	GA	USA	X	18:09	5:50	28:22	23.9	10:55	6:10	59:12
3	28	567	Bradley Sponaugle	38	M	Martinsburg	WV	USA	X	18:17	5:53	29:24	23.1	10:51	6:08	1:00:20
4	29	556	Adam Forgione	35	M	Sykesville	MD	USA	X	17:46	5:43	29:56	22.7	10:55	6:10	1:00:27
5	35	571	Jake Denny	39	M	Leesville	LA	USA	X	17:07	5:31	31:51	21.3	10:09	5:44	1:01:05
6	46	568	Scott Nelson	38	M	Lawrence	KS	USA	X	18:59	6:06	30:59	21.9	10:55	6:10	1:02:51
7	54	569	Jarod Wilson	38	M	Mission	TX	USA	X	18:13	5:52	31:21	21.6	12:34	7:06	1:03:47
8	55	572	David Edward Garcia	39	M	Laredo	TX	USA	X	17:21	5:35	33:32	20.2	9:57	5:37	1:03:48
9	60	564	Ryan Farnsworth	38	M	Evansville	WI	USA	X	19:29	6:16	31:13	21.7	11:12	6:20	1:03:59
10	64	557	Derek Tingle	35	M	Knoxville	TN	USA	X	20:07	6:28	31:04	21.8	11:44	6:38	1:04:45
11	70	559	Michael Ashworth	36	M	Miami	FL	USA	X	18:06	5:50	32:48	20.7	12:30	7:04	1:05:20
12	93	573	Kevin Hanover	39	M	Long Island City	NY	USA	X	20:15	6:31	34:19	19.8	12:13	6:54	1:08:59
13	102	570	Daniel Curry	39	M	Caro	MI	USA	X	21:27	6:54	34:18	19.8	12:44	7:12	1:10:45
14	105	565	Jay Gibson	38	M	Beaufort	SC	USA	X	21:23	6:53	35:45	19.0	11:52	6:43	1:11:15
15	135	574	Aaron Yontz	39	M	Willow Spring	NC	USA	X	22:59	7:24	35:40	19.0	13:47	7:47	1:15:29
16	136	561	Nathan Dove	37	M	Easley	SC	USA	X	22:15	7:10	37:07	18.3	13:00	7:21	1:15:39
17	146	560	Gregory Atkinson	37	M	Morrisville	NC	USA	X	24:43	7:57	35:35	19.1	15:51	8:58	1:18:47
18	158	558	Kristopher Carey	36	M	Arlington	VA	USA	X	23:53	7:41	39:08	17.3	15:48	8:56	1:21:48

NUMBER OF FINISHERS: 18

FEMALE AGE GROUP 35 - 39 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	2	660	Kirsten Sass	39	F	McKenzie	TN	USA	X	19:10	6:10	30:30	22.2	11:07	6:17	1:02:31
2	16	659	Erin Harris	39	F	Boise	ID	USA	X	22:31	7:15	31:13	21.7	13:27	7:36	1:09:57
3	17	658	Kara Bonneau	39	F	Cary	NC	USA	X	20:45	6:41	34:12	19.8	12:38	7:08	1:10:09
4	24	655	Kari Giles	36	F	Marietta	GA	USA	X	21:21	6:52	36:26	18.6	12:13	6:54	1:12:04
5	38	657	Melissa Spaid-Decker	38	F	Sykesville	MD	USA	X	21:43	6:59	38:38	17.5	12:33	7:05	1:15:26
6	54	656	Victoria Anderson	38	F	Washington	DC	USA	X	26:13	8:26	38:03	17.8	16:06	9:06	1:22:56
7	92	654	Katy Daugherty	36	F	Lucedale	MS	USA	X	31:04	10:00	48:38	13.9	22:45	12:52	1:46:47
8	96	652	Danielle Gray	35	F	Laurel	MD	USA	X	36:52	11:52	1:00:30	11.2	25:13	14:15	2:07:38

NUMBER OF FINISHERS: 8

MALE AGE GROUP 30 - 34 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	10	542	Ross Hartley	30	M	Pickerington	OH	USA	X	16:29	5:18	29:17	23.2	9:36	5:26	56:47
2	42	555	Matt Wolf	34	M	Doylestown	PA	USA	X	18:05	5:49	30:46	22.0	11:08	6:18	1:01:53
3	58	540	Tyler Dillion	30	M	Savannah	GA	USA	X	18:21	5:54	32:56	20.6	10:42	6:03	1:03:55
4	62	552	Cory Erickson	34	M	Beaverton	OR	USA	X	17:48	5:44	34:03	19.9	10:22	5:52	1:04:12
5	68	541	Kirby Freeland	30	M	Charlotte	NC	USA	X	18:30	5:57	33:23	20.3	11:23	6:26	1:05:08
6	76	546	Graham Maxwell	32	M	New York	NY	USA	X	18:57	6:06	34:15	19.8	11:23	6:26	1:06:16
7	82	550	David Trapp	33	M	South Bend	IN	USA	X	19:38	6:19	33:10	20.4	11:57	6:45	1:07:22
8	83	549	Jason Stine	33	M	Broadview Heights	OH	USA	X	19:23	6:14	33:36	20.2	11:48	6:40	1:07:27
9	128	553	Jonathan Jenkins	34	M	Boston	MA	USA	X	21:32	6:56	35:53	18.9	13:30	7:38	1:14:21

NUMBER OF FINISHERS: 9

FEMALE AGE GROUP 30 - 34 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	8	641	Jennifer Kryzanowski	31	F	Lexington	SC	USA	X	19:18	6:13	35:38	19.0	11:22	6:26	1:08:34
2	22	647	Lindsay Long	33	F	Newark	DE	USA	X	21:44	7:00	34:18	19.8	13:09	7:26	1:11:12
3	25	650	Megan Spence	34	F	Decatur	GA	USA	X	21:48	7:01	35:43	19.0	12:42	7:11	1:12:24
4	27	644	Lindsey Torgerson	31	F	Laredo	TX	USA	X	21:46	7:00	35:23	19.2	14:14	8:03	1:13:28
5	36	649	Jennifer McCarthy	34	F	Concord	NC	USA	X	22:04	7:06	38:33	17.6	12:45	7:12	1:15:24
6	43	648	Kayla Halsall	34	F	Downers Grove	IL	USA	X	21:00	6:45	39:58	17.0	12:31	7:04	1:17:16
7	62	645	Krista Massi	32	F	Lake Worth	FL	USA	X	25:57	8:21	40:02	16.9	15:38	8:50	1:24:13
8	69	640	Carrie Asalon	31	F	Lexington	KY	USA	X	27:22	8:48	41:11	16.5	14:31	8:12	1:27:06
9	76	646	Camille Carpenter	33	F	Simpsonville	SC	USA	X	29:12	9:24	41:14	16.4	16:47	9:29	1:31:10

NUMBER OF FINISHERS: 9



MALE AGE GROUP 25 - 29 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	1	532	Taylor Huseman	26	M	Milford	IA	USA	X	15:13	4:54	27:43	24.5	8:47	4:58	53:20
2	3	533	David Luy	27	M	Brookfield	WI	USA	X	15:28	4:59	28:05	24.1	8:44	4:56	53:49
3	8	531	Sean Price	26	M	Herndon	VA	USA	X	16:20	5:16	29:22	23.1	9:29	5:22	56:40
4	9	536	Todd Buckingham	29	M	Big Rapids	MI	USA	X	15:57	5:08	28:13	24.0	11:04	6:15	56:40
5	24	530	Juan Sanchez	25	M	Atlanta	GA	USA	X	17:51	5:45	29:50	22.7	10:31	5:57	59:52
6	26	534	Paul Smith	27	M	Denver	CO	USA	X	18:34	5:58	28:25	23.9	11:04	6:15	1:00:03
7	32	537	Seth Funderburg	29	M	Winter Park	FL	USA	X	16:44	5:23	32:07	21.1	10:23	5:52	1:00:44
8	38	538	Kevin Urban	29	M	Salina	KS	USA	X	17:33	5:39	31:18	21.7	10:39	6:01	1:01:25
9	52	539	Nathan Watson	29	M	Greenville	SC	USA	X	19:43	6:21	30:11	22.5	11:52	6:43	1:03:41
10	191	535	Diego Zambrano	28	M	Miami	FL	USA	X	28:47	9:16	45:53	14.8	18:27	10:26	1:37:06

NUMBER OF FINISHERS: 10

FEMALE AGE GROUP 25 - 29 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	35	637	Vonetta Trotter	29	F	New York	NY	USA	X	22:24	7:12	37:48	17.9	13:02	7:22	1:15:09
2	52	635	Nicole Lugo	29	F	New York	NY	USA	X	22:39	7:17	40:40	16.7	15:07	8:33	1:20:44
3	77	636	Elissa Martin	29	F	Valparaiso	IN	USA	X	26:21	8:29	45:58	14.7	15:46	8:55	1:31:32
4	83	633	Erica Palmer	28	F	Travelers Rest	SC	USA	X	27:29	8:51	48:19	14.0	17:29	9:53	1:36:25
5	91	632	Michaela Daw	26	F	Napa	CA	USA	X	31:44	10:13	49:47	13.6	20:24	11:32	1:46:26

NUMBER OF FINISHERS: 5

MALE AGE GROUP 20 - 24 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	6	523	Eric Kirouac	22	M	Williamsburg	MA	USA	X	17:19	5:34	27:26	24.7	10:21	5:51	56:26
2	7	526	Spencer Shellberg	23	M	Dewitt	MI	USA	X	15:57	5:08	29:37	22.9	9:10	5:11	56:32
3	13	520	Austin Loper	21	M	Brighton	MI	USA	X	17:17	5:34	29:28	23.0	10:00	5:39	58:12
4	18	519	Dyllon Gunsolus	21	M	Kenosha	WI	USA	X	16:53	5:26	30:36	22.2	10:14	5:47	59:14
5	23	521	Andrew Fairman	22	M	Charlotte	NC	USA	X	17:43	5:42	29:49	22.7	10:38	6:00	59:50
6	31	529	Connor Roudabush	24	M	Goose Creek	SC	USA	X	17:37	5:40	31:02	21.8	10:12	5:46	1:00:44
7	34	515	Dixon Atkins	20	M	Buffalo	NY	USA	X	17:05	5:30	31:22	21.6	10:26	5:54	1:00:51
8	51	522	Victor Karstendiek	22	M	Goose Creek	SC	USA	X							1:03:39
9	74	524	Marcus Chapman	23	M	Savannah	GA	USA	X	18:13	5:52	35:08	19.3	11:18	6:23	1:06:11
10	101	528	Tyler Cagle	24	M	Locust Grove	OK	USA	X	20:17	6:32	36:17	18.7	12:13	6:54	1:10:43
11	108	527	Edward Whelan	23	M	Jacksonville	FL	USA	X	21:29	6:55	34:50	19.5	13:08	7:26	1:11:45
12	126	516	Rj Jerina	20	M	Boone	NC	USA	X	23:28	7:33	36:54	18.4	11:53	6:43	1:14:15
13	131	517	Alec Gubser	20	M	Cedar Park	TX	USA	X	19:13	6:11	41:03	16.5	12:10	6:53	1:14:33

NUMBER OF FINISHERS: 13

FEMALE AGE GROUP 20 - 24 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	7	630	Ashley Golbus	20	F	Irmo	SC	USA	X	19:59	6:26	34:16	19.8	11:28	6:29	1:07:39
2	13	631	Phelan Purnell	20	F	Pewaukee	WI	USA	X	20:49	6:42	34:59	19.4	12:06	6:50	1:09:41
3	40	629	Kierstin Davis	20	F	Boone	NC	USA	X	21:20	6:52	39:32	17.2	12:41	7:10	1:15:54

NUMBER OF FINISHERS: 3

MALE AGE GROUP 15 - 19 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	2	511	Patton Sims	18	M	Sterlington	LA	USA	X	16:13	5:13	26:38	25.5	9:39	5:28	53:42
2	12	514	Jared Eytcheson	19	M	Cary	NC	USA	X	16:13	5:13	30:18	22.4	10:04	5:42	58:08
3	21	503	Ethan Nordman	15	M	Hoschton	GA	USA	X	17:23	5:36	30:16	22.4	10:33	5:58	59:34
4	36	509	Seth Drexler	17	M	N Scituate	RI	USA	X	16:30	5:19	33:20	20.3	9:59	5:38	1:01:09
5	39	508	Mac Howie	16	M	Atlanta	GA	USA	X	16:56	5:27	31:25	21.6	9:52	5:34	1:01:27
6	47	512	Johnathan Sullivan	18	M	Vienna	VA	USA	X	18:40	6:00	32:22	20.9	10:41	6:02	1:03:16
7	67	504	Nicolas Raffinengo	15	M	Boynton Beach	FL	USA	X	19:18	6:13	31:58	21.2	12:07	6:51	1:04:58
8	94	513	Alex Tan	18	M	Charlottesville	VA	USA	X	19:44	6:21	36:52	18.4	10:42	6:03	1:09:17
9	116	507	Tyler Golbus	16	M	Irmo	SC	USA	X	20:30	6:36	37:42	18.0	12:17	6:56	1:12:50
10	122	501	Zack McIntyre	15	M	Tempe	AZ	USA	X	21:28	6:54	36:12	18.7	14:18	8:05	1:13:36
11	170	510	Peter McMaster	18	M	Darien	CT	USA	X	22:55	7:22	37:26	18.1	15:16	8:38	1:25:04
12	184	502	Brendan McMaster	15	M	Darien	CT	USA	X	26:00	8:22	48:01	14.1	18:21	10:22	1:34:18
13	186	506	Sterling Hall	16	M	Morganton	NC	USA	X	24:53	8:00	49:22	13.7	17:27	9:52	1:34:37

NUMBER OF FINISHERS: 13

FEMALE AGE GROUP 15 - 19 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	1	618	Cassidy Hickey	15	F	Parker	CO	USA	X	18:10	5:51	31:03	21.8	10:55	6:10	1:01:30
2	3	619	Makena Gates	16	F	Canton	GA	USA	X	18:11	5:51	34:02	19.9	10:29	5:55	1:03:57
3	4	620	Alexandra Poole	16	F	Farmington	CT	USA	X	18:43	6:01	32:58	20.6	11:00	6:13	1:04:05
4	10	625	Alexandra Drexler	17	F	N Scituate	RI	USA	X	20:34	6:37	34:29	19.7	11:54	6:44	1:08:58
5	26	622	Sade Smith	16	F	Haymarket	VA	USA	X	21:00	6:46	37:58	17.9	12:41	7:10	1:13:08
6	29	624	Kaitlyn St. Hilaire	16	F	Waxhaw	NC	USA	X	18:48	6:03	40:42	16.7	11:15	6:21	1:13:57
7	33	623	Bryce Baca	16	F	Broomfield	CO	USA	X	21:01	6:46	39:04	17.4	12:52	7:16	1:14:47
8	37	628	Marisa Ruotolo	18	F	Midlothian	VA	USA	X	23:09	7:27	37:28	18.1	13:06	7:24	1:15:26
9	51	621	Sarah Ruotolo	16	F	Midlothian	VA	USA	X	23:33	7:35	39:20	17.2	15:10	8:35	1:19:59

NUMBER OF FINISHERS: 9