

FEMALE AGE GROUP 15 - 19 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	1	1231	Makena Gates	16	F	Canton	GA	USA	X	18:18	5:53	30:39	21.9	10:36	6:00	1:00:46
2	3	1228	Cassidy Hickey	15	F	Parker	CO	USA	X	18:26	5:56	30:15	22.2	11:03	6:15	1:01:08
3	4	1232	Alexandra Poole	16	F	Farmington	CT	USA	X	18:32	5:58	33:26	20.1	11:03	6:15	1:04:27
4	12	1235	Elly Sherman	18	F	Suwanee	GA	USA	X	21:12	6:49	33:38	19.9	11:51	6:42	1:08:10
5	13	1236	Carson Everman	19	F	Brentwood	TN	USA	X	20:43	6:40	34:13	19.6	12:02	6:48	1:08:34
6	15	1230	Sophia Alexander	16	F	Chapel Hill	NC	USA	X	21:34	6:57	34:26	19.5	12:27	7:02	1:09:57
7	16	1233	Sad Smith	16	F	Haymarket	VA	USA	X	21:00	6:45	35:22	19.0	12:31	7:04	1:10:21
8	17	1234	Bryce Baca	16	F	Broomfield	CO	USA	X	20:43	6:40	35:56	18.7	12:24	7:00	1:10:36
9	57	1237	Nicole Tanner	19	F	Alpharetta	GA	USA	X	25:56	8:21	37:41	17.8	15:43	8:53	1:21:13
10	76	1229	Rachel Smith	15	F	Charles City	VA	USA	X	25:40	8:16	48:07	13.9	15:53	8:59	1:32:06

NUMBER OF FINISHERS: 10

MALE AGE GROUP 15 - 19 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	8	1015	Jared Eytcheson	19	M	Cary	NC	USA	X	16:00	5:09	28:19	23.7	9:38	5:27	55:21
2	9	1005	Lane Hollis	16	M	Dalton	GA	USA	X	16:08	5:12	28:19	23.7	9:40	5:28	55:22
3	17	1008	Davis Whitaker	16	M	Keller	TX	USA	X	16:51	5:25	28:26	23.6	10:23	5:52	57:23
4	19	1010	Axel Mateo	17	M	Marietta	GA	USA	X	16:07	5:11	30:59	21.7	9:43	5:29	58:12
5	46	1013	Bradyn Ricca	18	M	Merritt Island	FL	USA	X	16:00	5:09	33:48	19.8	10:22	5:51	1:01:38
6	51	1003	John Bazaar	16	M	Cheshire	CT	USA	X	18:26	5:56	31:22	21.4	10:52	6:08	1:02:00
7	53	1012	Daeton Byars	18	M	Oak Ridge	TN	USA	X	18:01	5:48	31:45	21.1	10:47	6:06	1:02:14
8	54	1006	William Marcusson	16	M	Cambridge	MA	USA	X	18:26	5:56	31:16	21.5	10:46	6:05	1:02:15
9	59	1007	Francis Simpatico	16	M	Cheshire	CT	USA	X	17:13	5:32	33:20	20.1	10:08	5:44	1:02:42
10	71	1001	Aidan Landrum	15	M	Bogart	GA	USA	X	17:40	5:41	31:22	21.4	12:46	7:13	1:03:34
11	79	1014	Johnathan Sullivan	18	M	Vienna	VA	USA	X	18:56	6:06	32:09	20.9	11:30	6:30	1:04:20
12	105	1002	Nicolas Raffinengo	15	M	Boynton Beach	FL	USA	X	19:49	6:23	33:48	19.8	11:41	6:36	1:07:23
13	106	1011	Alexander Orcutt	17	M	Cheshire	CT	USA	X	20:05	6:28	33:05	20.3	12:39	7:09	1:07:37

NUMBER OF FINISHERS: 13

FEMALE AGE GROUP 20 - 24 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
=====																
NUMBER OF FINISHERS: 0																

MALE AGE GROUP 20 - 24 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
=====																
1	11	1023	Spencer Shellberg	23	M	Dewitt	MI	USA	X	15:50	5:06	28:31	23.5	9:46	5:31	55:57
2	12	1022	Eric Kirouac	22	M	Williamsburg	MA	USA	X	17:08	5:31	27:58	24.0	9:57	5:37	56:27
3	16	1020	Dallas Handy	21	M	Wilkesboro	NC	USA	X	17:07	5:31	28:11	23.8	10:18	5:49	57:05
4	21	1021	Austin Loper	21	M	Brighton	MI	USA	X	17:34	5:39	29:21	22.9	10:29	5:55	59:04
5	22	1026	Michael G'Sell	24	M	Saint Louis	MO	USA	X	17:01	5:29	29:57	22.4	10:20	5:51	59:21
6	23	1016	Hunter Janus	20	M	Lexington	SC	USA	X	17:06	5:30	30:00	22.4	10:48	6:06	59:24
7	26	1019	Dyllon Gunsolus	21	M	Kenosha	WI	USA	X	16:35	5:20	31:22	21.4	10:00	5:39	59:45
8	35	1017	Nathan Paladino	20	M	Merritt Island	FL	USA	X	17:01	5:29	30:29	22.0	10:37	6:00	1:00:36
9	37	1018	Dylan Caban	21	M	Bayonne	NJ	USA	X	16:21	5:16	31:22	21.4	10:25	5:53	1:00:44
10	135	1024	Zachary Hasseler	23	M	Johnson City	TN	USA	X	19:52	6:24	38:06	17.6	11:33	6:32	1:11:54
11	138	1025	Jake Chandler	23	M	Marietta	GA	USA	X	21:28	6:54	35:34	18.9	12:04	6:49	1:12:50

NUMBER OF FINISHERS: 11

FEMALE AGE GROUP 25 - 29 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	10	1239	Christina Bax	26	F	Bethesda	MD	USA	X	19:58	6:25	33:58	19.7	11:53	6:43	1:07:47
2	31	1241	Vonetta Trotter	29	F	New York	NY	USA	X	22:20	7:11	37:04	18.1	13:19	7:32	1:14:54
3	36	1240	Nicole Lugo	29	F	New York	NY	USA	X	22:17	7:10	38:34	17.4	13:18	7:31	1:16:10
4	46	1238	Abby Setias	25	F	New Orleans	LA	USA	X	22:14	7:09	40:37	16.5	13:57	7:53	1:19:18

NUMBER OF FINISHERS: 4

MALE AGE GROUP 25 - 29 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	1	1036	Todd Buckingham	29	M	Big Rapids	MI	USA	X	15:50	5:06	28:26	23.6	9:04	5:08	54:44
2	4	1037	Jacob Capin	29	M	Newark	DE	USA	X	16:04	5:10	28:05	23.9	9:19	5:16	55:00
3	5	1031	Benjamin Snodgrass	26	M	Portland	OR	USA	X	15:45	5:04	28:38	23.4	9:15	5:14	55:00
4	7	1030	Aaron Seipel	26	M	Sandy	OR	USA	X	15:57	5:08	28:25	23.6	9:40	5:28	55:17
5	10	1029	Sean Price	26	M	Herndon	VA	USA	X	15:58	5:08	28:20	23.7	9:49	5:33	55:35
6	14	1038	Will Kirkikis	29	M	New Orleans	LA	USA	X	16:21	5:16	29:12	23.0	9:34	5:25	56:37
7	40	1027	Juan Sanchez	25	M	Atlanta	GA	USA	X	18:04	5:49	30:07	22.3	10:52	6:09	1:00:47
8	50	1033	Benjamin Peterson	28	M	Waukesha	WI	USA	X	18:18	5:53	31:11	21.5	10:19	5:50	1:01:58
9	78	1039	Nathan Watson	29	M	Greenville	SC	USA	X	19:49	6:23	30:07	22.3	11:56	6:45	1:04:06
10	96	1035	Brandon Arquette	29	M	Greenville	SC	USA	X	18:03	5:49	33:31	20.0	11:14	6:21	1:05:35
11	159	1028	Jan Aldrin Enabore	26	M	Greenville	SC	USA	X	22:24	7:12	38:47	17.3	13:44	7:46	1:18:33
12	189	1032	Robert Henderson	27	M	Detroit	MI	USA	X							1:32:35

NUMBER OF FINISHERS: 12

FEMALE AGE GROUP 30 - 34 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	6	1245	Brooke Kessler	33	F	Harpers Ferry	WV	USA	X	18:24	5:55	33:36	20.0	10:59	6:12	1:04:46
2	18	1247	Megan Spence	34	F	Decatur	GA	USA	X	21:33	6:56	34:38	19.4	12:34	7:06	1:10:46
3	24	1246	Lindsay Long	33	F	Newark	DE	USA	X	21:34	6:56	34:34	19.4	13:23	7:34	1:11:27
4	28	1243	Ashley Hay	32	F	Virginia Beach	VA	USA	X	19:42	6:21	39:02	17.2	11:56	6:45	1:14:05
5	37	1242	Jennifer Richter	31	F	Fishers	IN	USA	X	23:00	7:24	37:28	17.9	13:51	7:49	1:16:49
6	85	1244	GINNA VARGAS	32	F	Miami	FL	USA	X	31:36	10:10	43:29	15.4	19:01	10:45	1:37:11

NUMBER OF FINISHERS: 6

MALE AGE GROUP 30 - 34 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	2	1042	Derek Stone	30	M	Nashville	TN	USA	X	15:49	5:06	28:29	23.6	9:09	5:10	54:48
2	28	1044	Jack Bourbonnais	31	M	Saint Louis	MO	USA	X	17:05	5:30	30:09	22.2	11:02	6:14	1:00:01
3	39	1048	Glenn Carroll	33	M	Charlotte	NC	USA	X	17:57	5:47	30:07	22.3	10:41	6:03	1:00:46
4	55	1052	Chris Fischer	34	M	Brooklyn	NY	USA	X	17:50	5:44	31:21	21.4	10:48	6:06	1:02:15
5	60	1051	Cory Erickson	34	M	Beaverton	OR	USA	X	17:46	5:43	32:22	20.7	10:29	5:55	1:02:48
6	76	1040	Greg Shore	30	M	Matthews	NC	USA	X	17:47	5:43	31:57	21.0	12:14	6:55	1:03:51
7	77	1041	Patrick Keys	30	M	Chicago	IL	USA	X	19:02	6:07	32:05	20.9	11:01	6:13	1:04:03
8	80	1045	Malek Amrani	31	M	New York	NY	USA	X	19:12	6:11	31:19	21.4	11:29	6:30	1:04:29
9	82	1047	Graham Maxwell	32	M	New York	NY	USA	X	19:12	6:11	31:40	21.2	11:41	6:36	1:04:33
10	103	1050	Tim Delss	34	M	Severn	MD	USA	X	20:35	6:37	32:02	20.9	12:17	6:56	1:06:43
11	141	1046	Casey Gold	32	M	Charleston	SC	USA	X	20:22	6:33	36:43	18.3	12:32	7:05	1:12:54
12	153	1049	Hang Kei Simon Wong	33	M	New York	NY	USA	X							1:16:27

NUMBER OF FINISHERS: 12

FEMALE AGE GROUP 35 - 39 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	2	1256	Kirsten Sass	39	F	McKenzie	TN	USA	X	18:20	5:54	30:29	22.0	10:48	6:06	1:01:06
2	5	1248	Tafara Pulse	35	F	Seattle	WA	USA	X	19:20	6:13	32:18	20.8	11:12	6:20	1:04:42
3	26	1252	Sarah Hays	37	F	Mount Pleasant	SC	USA	X	20:59	6:45	37:14	18.0	12:32	7:05	1:13:45
4	51	1253	Victoria Anderson	38	F	Washington	DC	USA	X	24:24	7:51	39:11	17.1	13:47	7:48	1:20:04
5	61	1250	Stacey Riley	36	F	Ipwich	MA	USA	X	25:12	8:06	38:36	17.4	15:29	8:45	1:22:26
6	63	1255	Nicole Blessing	39	F	Clermont	FL	USA	X	26:34	8:33	38:46	17.3	16:26	9:17	1:24:52
7	72	1251	Ofelia Basante	37	F	Miami	FL	USA	X	26:36	8:33	42:45	15.7	15:58	9:01	1:28:20
8	74	1249	Molly Phillips-Hungerford	36	F	Boston	MA	USA	X	27:48	8:57	42:20	15.8	16:44	9:27	1:29:37
9	94	1254	Jennifer Janowski	38	F	Alexandria	VA	USA	X	32:48	10:33	42:23	15.8	20:40	11:41	1:40:03

NUMBER OF FINISHERS: 9

MALE AGE GROUP 35 - 39 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	15	1061	Todd Ricketts	37	M	Newark	OH	USA	X	16:48	5:25	28:25	23.6	10:03	5:41	56:38
2	20	1070	Stephen Eles	39	M	Houghton	MI	USA	X	16:11	5:12	31:08	21.5	9:32	5:23	58:34
3	24	1068	Mark Vishnevsky	38	M	Running Springs	CA	USA	X	17:05	5:30	30:30	22.0	10:14	5:47	59:34
4	31	1056	Cody Angell	36	M	Saint Petersburg	FL	USA	X	17:23	5:36	30:29	22.0	10:16	5:48	1:00:13
5	38	1067	Bradley Sponaule	38	M	Martinsburg	WV	USA	X	18:08	5:50	30:09	22.2	10:40	6:02	1:00:45
6	49	1065	Chris Mosier	38	M	Chicago	IL	USA	X	18:23	5:55	30:36	21.9	10:58	6:12	1:01:58
7	52	1054	Nathan Dent	35	M	Lisle	IL	USA	X	18:53	6:05	30:42	21.9	10:42	6:03	1:02:11
8	62	1066	Francis Oliver	38	M	Grapevine	TX	USA	X	19:40	6:20	30:28	22.0	10:55	6:10	1:02:51
9	64	1058	Luis Lora	36	M	Winter Park	FL	USA	X	17:52	5:45	32:03	20.9	10:50	6:08	1:02:55
10	81	1055	Derek Tingle	35	M	Knoxville	TN	USA	X	19:49	6:23	30:07	22.3	12:29	7:04	1:04:30
11	85	1062	Ryan Farnsworth	38	M	Evansville	WI	USA	X	19:13	6:11	31:52	21.1	11:22	6:25	1:04:54
12	104	1060	Eric Schoch	36	M	Durham	NC	USA	X	20:04	6:27	32:17	20.8	12:43	7:11	1:07:10
13	111	1071	Anthony Galloway	39	M	New York	NY	USA	X	19:59	6:26	34:56	19.2	11:42	6:37	1:08:36
14	112	1057	Jason Gonsalves	36	M	Assonet	MA	USA	X	19:19	6:13	33:56	19.8	12:41	7:10	1:08:37
15	113	1064	Henry McGee	38	M	Greenville	SC	USA	X	19:23	6:14	34:39	19.4	11:59	6:47	1:08:38
16	134	1063	Jay Gibson	38	M	Beaufort	SC	USA	X	21:33	6:56	34:58	19.2	12:53	7:17	1:11:37
17	143	1069	Daniel Curry	39	M	Caro	MI	USA	X	21:32	6:56	35:59	18.6	13:09	7:26	1:13:06
18	149	1059	Michael Nicholson	36	M	Alexandria	VA	USA	X	22:11	7:08	35:12	19.1	13:56	7:53	1:14:46

NUMBER OF FINISHERS: 18

FEMALE AGE GROUP 40 - 44 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	7	1263	Jamie Martens	42	F	Mission	KS	USA	X	19:38	6:19	32:02	20.9	11:26	6:28	1:05:07
2	8	1258	Jaime Simmons	40	F	Abingdon	VA	USA	X	18:50	6:04	32:59	20.3	11:21	6:25	1:05:11
3	14	1259	Laura Epelbaum	40	F	Berwyn	PA	USA	X	21:32	6:56	32:57	20.4	12:29	7:03	1:09:05
4	19	1266	Astrid Cybulskis Collins	44	F	Irvine	CA	USA	X	21:21	6:52	35:05	19.1	12:43	7:12	1:10:58
5	22	1262	Amy Ross	42	F	Roswell	GA	USA	X	22:12	7:08	34:06	19.7	13:05	7:24	1:11:19
6	35	1260	Melissa Guthrie	41	F	Gilbert	AZ	USA	X	22:05	7:06	38:35	17.4	12:40	7:09	1:16:01
7	50	1265	Nadia Chisler	44	F	Santa Fe	NM	USA	X	23:27	7:33	39:36	16.9	13:46	7:47	1:19:59
8	77	1264	Tsitsi Merritt	44	F	New York	NY	USA	x	25:19	8:09	47:08	14.2	15:35	8:48	1:32:35
9	82	1257	Kristy Noesges	40	F	Fort George G Mead	MD	USA	X	31:39	10:11	40:45	16.5	18:21	10:22	1:34:57

NUMBER OF FINISHERS: 9

MALE AGE GROUP 40 - 44 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	3	1077	Kenneth Svendsen	42	M	Charlotte	NC	USA	X	15:53	5:07	28:24	23.6	9:09	5:10	54:51
2	13	1080	James Duff	42	M	Carrboro	NC	USA	X	16:31	5:19	28:37	23.4	9:45	5:31	56:27
3	27	1075	Greg Frazee	41	M	Jasper	IN	USA	X	17:45	5:43	29:26	22.8	11:00	6:13	59:52
4	43	1078	Stewart Alford	42	M	Minneapolis	MN	USA	X	17:11	5:32	31:14	21.5	10:28	5:55	1:01:01
5	45	1073	Daniel Wanjoh	40	M	Oceanside	CA	USA	X	18:24	5:55	29:58	22.4	10:53	6:09	1:01:07
6	61	1083	Bernardo Perez	43	M	Miami	FL	USA	X	18:19	5:54	31:24	21.4	11:11	6:19	1:02:50
7	66	1082	Seth Marrs	43	M	Sugar Land	TX	USA	X	19:13	6:11	30:20	22.1	11:39	6:35	1:02:58
8	83	1084	Jason Ross	43	M	Roswell	GA	USA	X	20:09	6:29	30:44	21.8	12:12	6:54	1:04:40
9	89	1079	Craig Allen	42	M	Wake Forest	NC	USA	X	19:37	6:19	31:33	21.3	12:06	6:50	1:05:13
10	98	1076	Rocky Harris	41	M	Colorado Springs	CO	USA	X	19:34	6:18	32:25	20.7	11:45	6:38	1:06:08
11	99	1081	Jason Luchtefeld	43	M	Robinson	IL	USA	X	21:05	6:47	31:35	21.2	11:49	6:41	1:06:08
12	121	1072	David Vess	40	M	Severn	MD	USA	X	20:26	6:34	34:22	19.5	12:23	7:00	1:09:17
13	150	1085	Ken Anderson	44	M	Vernon Hills	IL	USA	X	21:51	7:02	34:51	19.2	14:37	8:15	1:15:20
14	175	1074	Jeremy Woods	40	M	Roanoke	VA	USA	X	23:40	7:37	41:30	16.2	14:16	8:04	1:23:10
15	184	1087	Devon Mitchell	44	M	New Castle	DE	USA	X	24:51	8:00	43:30	15.4	16:29	9:19	1:30:59

NUMBER OF FINISHERS: 15

FEMALE AGE GROUP 45 - 49 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	9	1276	Ute Nestler	47	F	Plano	TX	USA	X	19:46	6:22	32:09	20.9	12:18	6:57	1:06:04
2	32	1274	Stacey Hendry	47	F	Saint Petersburg	FL	USA	X	21:47	7:01	38:43	17.3	12:20	6:59	1:15:12
3	33	1270	Renata Silveira	45	F	Miami	FL	USA	X	22:47	7:20	36:24	18.4	13:24	7:35	1:15:16
4	40	1272	Nataliya Springfield	46	F	Park City	UT	USA	X	22:45	7:19	38:46	17.3	13:26	7:36	1:18:14
5	41	1282	Danielle Springer	48	F	Washington	DC	USA	X	24:13	7:47	37:48	17.7	13:49	7:49	1:18:15
6	43	1283	Leslie Randall	49	F	Royersford	PA	USA	X	24:32	7:54	37:35	17.8	14:16	8:04	1:19:00
7	48	1267	Tracy Crowell	45	F	Colorado Springs	CO	USA	X	23:26	7:33	38:54	17.2	14:38	8:16	1:19:47
8	54	1278	Rayna Wendkos	48	F	Odenton	MD	USA	X	24:29	7:53	39:11	17.1	14:03	7:57	1:20:49
9	60	1284	Melissa Whitman	49	F	Newnan	GA	USA	X	23:22	7:31	42:30	15.8	14:06	7:58	1:22:06
10	69	1275	Beth Hunter	47	F	Seattle	WA	USA	X	26:52	8:39	40:41	16.5	16:17	9:12	1:26:54
11	70	1269	Melinda Hyatt	45	F	Madison	AL	USA	X	25:38	8:15	43:25	15.5	15:15	8:37	1:27:07
12	78	1280	Kimee Armour	48	F	Auburn	IL	USA	X	31:01	9:59	40:09	16.7	17:53	10:07	1:32:38
13	84	1271	Rebecca Yong	45	F	Arlington	TN	USA	X	29:56	9:38	43:45	15.3	18:28	10:26	1:36:55
14	87	1273	Mary Craig	46	F	Seattle	WA	USA	X	31:32	10:09	43:49	15.3	19:45	11:10	1:37:51
15	89	1281	Erika Griffith	48	F	Odenton	MD	USA	X	29:45	9:34	44:24	15.1	18:08	10:15	1:37:55
16	91	1277	Mia Van Eken	47	F	Gilbert	AZ	USA	X	28:18	9:06	49:52	13.5	17:16	9:45	1:38:36

NUMBER OF FINISHERS: 16

MALE AGE GROUP 45 - 49 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	18	1098	Thomas Woods	47	M	Lincoln	NE	USA	X	17:01	5:28	28:26	23.6	10:29	5:56	57:32
2	25	1094	John Sillery	46	M	Chattanooga	TN	USA	X	16:46	5:24	31:33	21.3	9:51	5:34	59:35
3	29	1096	Mark Carey	47	M	Chapel Hill	NC	USA	X	17:59	5:47	29:40	22.6	10:42	6:03	1:00:09
4	56	1090	Travis Tindle	45	M	Woodstock	GA	USA	X	18:20	5:54	30:32	22.0	11:06	6:17	1:02:16
5	63	1104	Timothy Newberg	48	M	Atlanta	GA	USA	X	18:45	6:02	30:46	21.8	11:07	6:17	1:02:51
6	65	1093	Bradley Gularson	46	M	Poolesville	MD	USA	X	17:45	5:43	32:11	20.8	11:03	6:15	1:02:57
7	70	1097	Lou Moore	47	M	Westlake	OH	USA	X	18:33	5:58	31:26	21.3	11:12	6:20	1:03:21
8	74	1089	Matthew Maccaroni	45	M	Arlington	VA	USA	X	19:11	6:11	30:36	21.9	11:19	6:24	1:03:40
9	100	1106	Jack Smith	49	M	Nashville	TN	USA	X	20:08	6:29	32:08	20.9	11:56	6:45	1:06:13
10	102	1100	Todd Jessup	47	M	Bozeman	MT	USA	X	19:42	6:21	32:32	20.6	12:23	7:00	1:06:31
11	118	1102	Sean Jones	48	M	Adams	TN	USA	X	20:24	6:34	33:23	20.1	13:02	7:22	1:08:52
12	123	1101	Todd Hamilton	47	M	Eugene	OR	USA	X	21:14	6:50	33:17	20.2	12:37	7:08	1:09:31
13	132	1105	Marcelo Da Silva	48	M	Culver City	CA	USA	X	21:15	6:50	33:18	20.1	13:48	7:48	1:11:03
14	137	1103	Greg Snell	48	M	Greenville	SC	USA	X	23:04	7:25	33:09	20.2	14:08	7:59	1:12:37
15	162	1088	Mark Allen	45	M	Newark	DE	USA	X	23:07	7:26	38:49	17.3	14:19	8:06	1:19:05
16	166	1107	John Egan Searing	49	M	Norfolk	VA	USA	X	22:44	7:19	39:06	17.2	13:37	7:42	1:19:54
17	171	1095	Wade McNair	46	M	Knoxville	TN	USA	X	23:47	7:39	38:37	17.4	16:04	9:05	1:22:00

NUMBER OF FINISHERS: 17

FEMALE AGE GROUP 50 - 54 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	11	1289	Christine Grant	50	F	Gainesville	GA	USA	X	20:15	6:31	33:38	19.9	11:55	6:44	1:08:05
2	25	1288	Christine Hauger	50	F	Soda Springs	ID	USA	X	20:17	6:32	37:11	18.0	12:10	6:53	1:12:00
3	27	1297	Amy Morin	54	F	Bedford	NH	USA	X	22:11	7:08	35:38	18.8	13:28	7:37	1:13:52
4	34	1292	Kristelle Harrington	52	F	Yakima	WA	USA	X	22:21	7:12	37:58	17.7	13:25	7:35	1:15:31
5	42	1294	Sheri Jones	52	F	Adams	TN	USA	X	23:41	7:37	38:22	17.5	13:41	7:44	1:18:34
6	56	1293	Carolyn Huffman	52	F	Edgewater	MD	USA	X	25:28	8:12	38:39	17.4	14:37	8:16	1:21:06
7	65	1298	Julie Webster	54	F	Lancaster	SC	USA	X	27:46	8:56	39:25	17.0	15:21	8:41	1:25:43
8	67	1296	Stephanie Barbero	54	F	Rochester	NY	USA	X	25:39	8:15	41:40	16.1	15:46	8:55	1:25:58
9	68	1290	Kim Landrum	50	F	Bogart	GA	USA	X	24:59	8:02	43:08	15.6	15:04	8:31	1:26:09
10	97	1295	Ruth Albright	54	F	Greenville	SC	USA	X	32:30	10:27	46:45	14.3	21:00	11:52	1:44:42

NUMBER OF FINISHERS: 10

MALE AGE GROUP 50 - 54 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	30	1132	Mark Hecox	54	M	Salem	NH	USA	X	18:06	5:49	30:06	22.3	10:27	5:55	1:00:10
2	32	1123	Marcus Alexander	53	M	Cambridge	MA	USA	X	18:11	5:51	30:12	22.2	10:08	5:44	1:00:14
3	33	1128	Keith Marshall	53	M	Alpharetta	GA	USA	X	18:08	5:50	30:08	22.3	10:38	6:00	1:00:28
4	34	1122	Michael Collins	52	M	Irvine	CA	USA	X	18:11	5:51	30:09	22.2	10:42	6:03	1:00:29
5	36	1118	David Dixon	52	M	Wilmington	DE	USA	X	18:10	5:51	30:11	22.2	10:50	6:08	1:00:39
6	42	1114	Paul Wakefield	50	M	Horseshoe Bay	TX	USA	X	18:09	5:50	29:53	22.4	10:48	6:06	1:00:56
7	47	1124	Daniel Bergeson	53	M	Libertyville	IL	USA	X	17:38	5:40	30:51	21.7	11:14	6:21	1:01:53
8	57	1112	Jim Bourdages	50	M	Huntington Beach	CA	USA	X	18:58	6:06	30:41	21.9	11:29	6:30	1:02:31
9	58	1116	Darin Anderson	51	M	Newport Beach	CA	USA	X	19:19	6:13	30:06	22.3	11:31	6:31	1:02:39
10	67	1139	Graham Walsh	54	M	Miami Beach	FL	USA	X	18:50	6:04	30:37	21.9	11:59	6:46	1:03:07
11	69	1117	Stuart Hindle	52	M	Marina Del Rey	CA	USA	X	18:09	5:51	31:42	21.2	11:24	6:27	1:03:20
12	72	1136	Jeremy Oury	54	M	Whitefish	MT	USA	X	19:14	6:11	31:21	21.4	11:09	6:18	1:03:37
13	73	1111	William Bentz	50	M	Lancaster	CA	USA	X	18:44	6:02	32:11	20.8	11:14	6:21	1:03:37
14	88	1137	William Relyea	54	M	New Braunfels	TX	USA	X	20:25	6:34	31:42	21.2	11:43	6:37	1:05:11
15	90	1119	Ronald Reynolds	52	M	Gambrills	MD	USA	X	19:20	6:13	32:51	20.4	11:24	6:27	1:05:14
16	93	1131	Jim Ettenger	53	M	Grand Junction	CO	USA	X	19:48	6:22	32:03	20.9	11:35	6:33	1:05:22
17	108	1120	Colm Smart	52	M	Bedford	NH	USA	X	19:59	6:26	34:08	19.7	11:35	6:33	1:08:04
18	117	1127	Jeffrey Gaura	53	M	Monroe	NC	USA	X	20:04	6:27	34:32	19.4	11:55	6:44	1:08:45
19	119	1135	Edward Marx	54	M	Colleyville	TX	USA	X	20:41	6:40	32:59	20.3	13:02	7:22	1:09:03
20	126	1113	Richard Hendry	50	M	Saint Petersburg	FL	USA	X	20:50	6:42	33:26	20.1	13:19	7:32	1:09:45
21	128	1134	Mark Krowski	54	M	Tomball	TX	USA	X	21:34	6:56	33:01	20.3	13:01	7:22	1:09:59
22	144	1129	Michael Mitchell	53	M	Moyock	NC	USA	X	21:36	6:57	36:41	18.3	12:59	7:21	1:13:31
23	154	1125	Robert Clarence	53	M	Silver Spring	MD	USA	X	23:03	7:25	36:55	18.2	13:59	7:54	1:16:40
24	157	1115	John Fox	50	M	Cary	NC	USA	X	23:46	7:39	35:50	18.7	14:39	8:17	1:17:10
25	161	1126	Mark Dinsdale	53	M	Westerville	OH	USA	X	22:55	7:22	39:20	17.1	13:56	7:52	1:18:54
26	174	1133	Steven Heller	54	M	Greenville	SC	USA	X	24:16	7:49	39:10	17.1	15:20	8:40	1:22:51

NUMBER OF FINISHERS: 26



FEMALE AGE GROUP 55 - 59 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	20	1309	Valerie Eipper	58	F	Longmont	CO	USA	X	21:51	7:02	34:22	19.5	12:47	7:14	1:10:59
2	21	1308	Jocelyn Shilling	57	F	Saylorsburg	PA	USA	X	22:28	7:14	33:23	20.1	13:00	7:21	1:11:03
3	23	1299	Jodie Bolt	55	F	Lakewood	WA	USA	X	20:46	6:41	34:40	19.4	12:53	7:17	1:11:19
4	29	1301	Geraldine Lupini	55	F	Milford	MI	USA	X	22:15	7:10	35:02	19.1	14:47	8:21	1:14:12
5	39	1303	Karen Saxena	56	F	Palo Alto	CA	USA	X	23:59	7:43	38:17	17.5	13:44	7:46	1:17:53
6	47	1304	Mari Steinbach	56	F	Greenville	SC	USA	X	25:52	8:19	36:22	18.4	14:59	8:28	1:19:38
7	49	1305	Mary Deeg	57	F	Delano	MN	USA	X	25:36	8:14	36:30	18.4	14:39	8:17	1:19:56
8	52	1300	Kyoko Kawai	55	F	Arlington	VA	USA	X	24:55	8:01	36:36	18.3	14:57	8:27	1:20:11
9	53	1311	Patricia Lane	59	F	Richmond	KY	USA	X	24:59	8:02	37:17	18.0	15:19	8:39	1:20:31
10	58	1310	Denise Lacey	58	F	Acworth	GA	USA	X	24:59	8:02	38:17	17.5	14:48	8:22	1:21:25
11	75	1306	Rebecca Hecox	57	F	Salem	NH	USA	X	28:13	9:05	42:50	15.7	16:18	9:13	1:30:13
12	81	1307	Rebecca Moxey	57	F	Hampstead	NC	USA	X	28:32	9:11	44:55	14.9	17:33	9:55	1:34:06

NUMBER OF FINISHERS: 12

MALE AGE GROUP 55 - 59 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	44	1166	Marty Stiegmann	58	M	Glen Allen	VA	USA	X	18:13	5:52	30:04	22.3	11:03	6:15	1:01:06
2	68	1144	Chris Northrup	55	M	Winchester	VA	USA	X	18:47	6:03	30:31	22.0	11:37	6:34	1:03:15
3	75	1155	Doug Shattuck	56	M	Holden	MA	USA	X	19:26	6:15	31:15	21.5	11:18	6:23	1:03:42
4	84	1148	Robert Barrett	56	M	Alpharetta	GA	USA	X	19:22	6:14	31:30	21.3	12:23	7:00	1:04:49
5	86	1142	Mike Lupini	55	M	Milford	MI	USA	X	20:03	6:27	31:40	21.2	11:22	6:26	1:05:00
6	87	1149	Mike Long	56	M	Newport Beach	CA	USA	X	20:00	6:26	31:07	21.6	11:56	6:45	1:05:11
7	91	1157	Martin Feeney	56	M	Medway	MA	USA	X	19:29	6:16	32:06	20.9	11:24	6:27	1:05:21
8	94	1147	Bill Whitman	55	M	Idyllwild	CA	USA	X	19:49	6:23	31:38	21.2	12:01	6:48	1:05:31
9	95	1140	Ronnie Anderson	55	M	Milwaukee	WI	USA	X	19:27	6:16	32:02	20.9	11:59	6:46	1:05:32
10	101	1145	Mark Overheim	55	M	Atlanta	GA	USA	X	19:29	6:16	32:17	20.8	12:26	7:01	1:06:21
11	110	1152	Norberto Olivera	56	M	Lake Worth	FL	USA	X	21:05	6:47	32:33	20.6	12:19	6:57	1:08:23
12	115	1162	Richard Cottrell	57	M	West Monroe	LA	USA	X	21:09	6:48	32:38	20.6	12:35	7:07	1:08:41
13	116	1168	Jeffrey Gilmer	59	M	Delano	MN	USA	X	21:26	6:54	32:42	20.5	12:53	7:17	1:08:44
14	127	1141	Mike Balestreri	55	M	El Sobrante	CA	USA	X	21:30	6:55	33:20	20.1	13:06	7:24	1:09:59
15	136	1159	Jim Anderson	57	M	Alameda	CA	USA	X	21:29	6:55	35:47	18.7	13:23	7:34	1:12:26
16	140	1163	Michael Minyon	58	M	Kissimmee	FL	USA	X	20:57	6:45	35:44	18.8	13:16	7:30	1:12:53
17	145	1165	Andrew Palowitch	58	M	Manitou Springs	CO	USA	X	21:51	7:02	35:49	18.7	12:56	7:18	1:13:32
18	147	1143	John Macdonald	55	M	Cumming	GA	USA	X	23:54	7:41	34:02	19.7	13:35	7:41	1:14:05
19	148	1156	Kevin Elmore	56	M	Murrieta	CA	USA	X	22:40	7:18	34:29	19.5	14:28	8:10	1:14:19
20	155	1150	Michael Maguire	56	M	Pleasanton	CA	USA	X	22:40	7:18	35:40	18.8	14:04	7:57	1:16:43
21	158	1154	Amol Saxena	56	M	Palo Alto	CA	USA	X	23:05	7:26	38:32	17.4	13:55	7:52	1:17:24
22	165	1167	Bruce Heiser	59	M	Thompsons Station	TN	USA	X	25:13	8:07	37:13	18.0	15:06	8:32	1:19:54
23	172	1169	James Ismailoglu	59	M	San Diego	CA	USA	X	24:24	7:51	39:46	16.9	14:50	8:23	1:22:01
24	173	1164	Jim Hasseler	58	M	Waynesville	NC	USA	X	22:40	7:18	42:18	15.9	13:19	7:31	1:22:02
25	185	1160	Mike Demello	57	M	Vacaville	CA	USA	X	30:16	9:44	39:47	16.9	17:53	10:07	1:31:17
26	186	1146	Jerome Spriggs	55	M	Spartanburg	SC	USA	X	27:04	8:43	42:29	15.8	15:50	8:57	1:32:07

NUMBER OF FINISHERS: 26

FEMALE AGE GROUP 60 - 64 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	30	1312	Julia Daggett	60	F	Clarksville	TN	USA	X	22:19	7:11	35:52	18.7	12:50	7:15	1:14:31
2	38	1315	Gail Waldman	60	F	Vienna	VA	USA	X	24:11	7:47	35:18	19.0	14:09	8:00	1:16:54
3	44	1324	Diane Travis	64	F	Clermont	FL	USA	X	23:48	7:39	38:13	17.6	14:12	8:02	1:19:07
4	45	1317	Sherrie Giles	61	F	Nashville	TN	USA	X	24:11	7:47	37:47	17.8	14:15	8:04	1:19:09
5	55	1320	Patricia Driscoll	63	F	Stowe	VT	USA	X	24:41	7:56	39:27	17.0	14:54	8:25	1:20:51
6	59	1313	June Graham	60	F	Farmington	PA	USA	X	24:21	7:50	39:52	16.8	14:52	8:24	1:21:46
7	64	1323	Jerianne Davis	64	F	Edmond	OK	USA	X	25:56	8:21	40:58	16.4	15:05	8:32	1:25:33
8	66	1319	Mary Rine	61	F	Alva	FL	USA	X	25:37	8:14	41:07	16.3	15:44	8:54	1:25:51
9	71	1314	Kathryn Scourby	61	F	Richmond	VA	USA	X	27:09	8:44	40:53	16.4	16:55	9:33	1:27:53
10	80	1322	Sally Almekinders	64	F	Chapel Hill	NC	USA	X	31:05	10:00	41:28	16.2	18:59	10:44	1:33:38
11	86	1318	Tonsa Price-Edwards	61	F	Scottsdale	AZ	USA	X	26:58	8:40	49:53	13.4	17:03	9:38	1:37:35
12	90	1321	Deborah Wheeler	63	F	Strongsville	OH	USA	X	28:50	9:17	49:21	13.6	17:24	9:50	1:38:04

NUMBER OF FINISHERS: 12

MALE AGE GROUP 60 - 64 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	48	1184	David Burkhart	64	M	Brighton	MI	USA	X	18:10	5:51	30:18	22.1	11:24	6:27	1:01:56
2	92	1170	Dave Furey	60	M	Ann Arbor	MI	USA	X	19:20	6:13	32:23	20.7	11:47	6:40	1:05:22
3	107	1177	Mark Drangsholt	61	M	Seattle	WA	USA	X	21:42	6:59	32:26	20.7	12:03	6:49	1:07:56
4	109	1174	Louis Almekinders	61	M	Chapel Hill	NC	USA	X	20:40	6:39	33:14	20.2	12:14	6:55	1:08:16
5	120	1178	Peter Rittenhouse	61	M	West Chester	PA	USA	X	21:21	6:52	33:15	20.2	12:23	7:00	1:09:14
6	124	1172	Steven Wade	60	M	Burlington	WA	USA	X	21:29	6:55	32:57	20.4	12:44	7:12	1:09:37
7	125	1183	Barry Siff	63	M	Tucson	AZ	USA	X	21:11	6:49	33:21	20.1	12:50	7:15	1:09:42
8	129	1175	David Lasorsa	61	M	Port Angeles	WA	USA	X	21:49	7:01	33:22	20.1	13:04	7:23	1:10:11
9	131	1179	Gerardo Corbato	62	M	West Palm Beach	FL	USA	X	22:29	7:14	32:24	20.7	13:28	7:37	1:10:39
10	156	1173	Randall Bechtolt	61	M	Raleigh	NC	USA	X	24:03	7:44	36:31	18.4	14:25	8:09	1:17:07
11	160	1181	Warren Elvers	63	M	Getzville	NY	USA	X	25:09	8:05	36:50	18.2	14:51	8:24	1:18:46
12	177	1185	Greg Seaton	64	M	Terrebonne	OR	USA	X	24:50	8:00	40:38	16.5	15:42	8:52	1:24:58
13	179	1176	Scott Wilson	61	M	Florence	SC	USA	X	28:25	9:09	38:41	17.3	16:44	9:28	1:26:15
14	196	1182	Mike Lehman	63	M	Oregon City	OR	USA	X	33:36	10:49	45:04	14.9	24:15	13:42	1:47:23

NUMBER OF FINISHERS: 14

FEMALE AGE GROUP 65 - 69 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	73	1326	Ruth King	67	F	Ambler	PA	USA	X	26:30	8:32	41:39	16.1	16:16	9:12	1:29:14
2	79	1330	Judi Carbary	68	F	San Diego	CA	USA	X	27:08	8:44	45:57	14.6	15:51	8:58	1:33:14
3	83	1331	Pamela Roberts	68	F	Fort Lauderdale	FL	USA	X	29:05	9:21	45:50	14.6	17:09	9:42	1:35:38
4	88	1328	Joan Kirkwood	68	F	Calver		GBR	X	30:02	9:40	44:39	15.0	19:07	10:48	1:37:54
5	95	1327	Sally Rogers	67	F	West Chester	PA	USA	X	30:16	9:44	50:14	13.4	17:32	9:55	1:40:21
6	98	1329	Eileen Briening	68	F	Hockessin	DE	USA	X	33:10	10:40	51:15	13.1	20:18	11:28	1:51:14
7	102	1325	Debra Lindberg	66	F	Portland	OR	USA	X	35:37	11:28	55:25	12.1	22:08	12:30	1:59:43

NUMBER OF FINISHERS: 7

MALE AGE GROUP 65 - 69 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	97	1187	John Lies	65	M	Lawrenceburg	IN	USA	X	19:49	6:23	32:22	20.7	11:58	6:46	1:05:46
2	114	1192	Keith Woodward	67	M	Stowe	VT	USA	X	20:10	6:29	33:54	19.8	12:58	7:20	1:08:40
3	122	1194	Mike Wien	67	M	Marietta	GA	USA	X	21:03	6:46	32:43	20.5	12:02	6:48	1:09:18
4	139	1186	James Griffis	65	M	Spring	TX	USA	X	22:39	7:17	34:36	19.4	13:49	7:48	1:12:51
5	142	1193	Mike Morris	67	M	Terre Haute	IN	USA	X	21:19	6:51	36:34	18.3	12:34	7:06	1:12:59
6	146	1189	Walt Rider	66	M	Germantown	TN	USA	X	22:30	7:15	34:52	19.2	14:07	7:59	1:14:03
7	151	1191	James Pike	66	M	Erie	PA	USA	X	22:59	7:24	35:38	18.8	13:19	7:32	1:15:24
8	169	1190	Charles Szentesi	66	M	San Diego	CA	USA	X	24:53	8:00	37:24	17.9	15:36	8:49	1:20:08
9	178	1188	David Johns	66	M	Barre	VT	USA	X	26:46	8:37	40:29	16.6	16:04	9:05	1:25:46
10	191	1195	James Graves	68	M	Grosse Pointe	MI	USA	X	31:36	10:10	40:37	16.5	18:16	10:19	1:35:38

NUMBER OF FINISHERS: 10

FEMALE AGE GROUP 70 - 74 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	62	1333	Sharon Gerl	70	F	Springfield	OR	USA	X	23:41	7:37	41:34	16.1	14:42	8:18	1:24:11
2	92	1336	Nancy Mallon	73	F	Denver	CO	USA	X	31:47	10:14	45:32	14.7	17:50	10:05	1:38:37
3	93	1332	Barbara Kostner	70	F	Denver	CO	USA	X	33:18	10:43	43:27	15.4	18:44	10:35	1:39:02
4	96	1334	Ruth Hamilton	71	F	McLean	VA	USA	X	32:51	10:34	45:13	14.8	20:09	11:23	1:41:51
5	99	1337	Barb Morgan	74	F	Tioga	PA	USA	X	39:07	12:35	47:44	14.1	22:14	12:34	1:51:55

NUMBER OF FINISHERS: 5

MALE AGE GROUP 70 - 74 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	152	1198	Larry Mayse	70	M	Alpharetta	GA	USA	X	23:54	7:41	35:37	18.8	13:13	7:28	1:15:44
2	163	1201	Larry Feigenbaum	71	M	San Ramon	CA	USA	X	23:19	7:30	39:18	17.1	13:26	7:35	1:19:13
3	164	1208	Wolf Hillesheim	73	M	El Sobrante	CA	USA	X	24:58	8:02	38:05	17.6	14:34	8:14	1:19:19
4	167	1203	Daniel Kirk	72	M	Minneapolis	MN	USA	X	25:23	8:10	37:27	17.9	14:29	8:11	1:20:00
5	168	1214	Bill Arnerich	74	M	Solvang	CA	USA	X	23:59	7:43	39:09	17.1	14:57	8:27	1:20:06
6	170	1199	David Truesdell	70	M	Plymouth	MA	USA	X	25:04	8:04	38:38	17.4	14:18	8:05	1:21:33
7	176	1210	Richard Poole	73	M	York	PA	USA	X	25:24	8:10	40:28	16.6	16:02	9:04	1:24:58
8	180	1205	Randy Whitt	72	M	Charlotte	NC	USA	X	26:43	8:36	39:46	16.9	16:39	9:25	1:26:56
9	181	1212	Larry Nelson	74	M	Hixson	TN	USA	X	28:11	9:04	40:07	16.7	16:31	9:20	1:28:05
10	182	1202	Dave Delano	72	M	New York	NY	USA	X	28:13	9:05	41:25	16.2	16:37	9:23	1:30:14
11	190	1200	Larry Betten	71	M	Portland	OR	USA	X	28:02	9:01	44:09	15.2	16:40	9:25	1:32:55
12	195	1211	Kenneth Lewis	74	M	Scottsdale	AZ	USA	X	32:17	10:23	44:40	15.0	18:39	10:32	1:42:54
13	198	1213	Bo Webster	74	M	Odessa	FL	USA	X	36:36	11:46	42:58	15.6	23:30	13:17	1:51:18
14	199	1206	Chuck Wissinger	72	M	Lafayette	CO	USA	X	45:50	14:45	57:45	11.6	28:48	16:16	2:18:58

NUMBER OF FINISHERS: 14

FEMALE AGE GROUP 75 - 79 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	100	1338	Karen Hasque	75	F	Odessa	FL	USA	X	35:03	11:17	51:52	12.9	20:32	11:36	1:52:40
2	101	1340	Ellen Demsky	78	F	Tarzana	CA	USA	X	32:59	10:37	56:33	11.9	19:05	10:47	1:54:27
3	103	1339	Barbara Bogart	76	F	Elizabethton	TN	USA	X	42:23	13:38	59:09	11.3	25:38	14:29	2:13:53

NUMBER OF FINISHERS: 3

MALE AGE GROUP 75 - 79 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	183	1216	Leo Fohl	75	M	Macedonia	OH	USA	X	26:01	8:22	43:50	15.3	16:22	9:15	1:30:37
2	187	1219	Lockett Wood	79	M	Lyons	CO	USA	X	27:29	8:50	45:14	14.8	16:14	9:10	1:32:30
3	188	1218	Rudy Smith	76	M	Gretna	LA	USA	X	26:29	8:31	46:54	14.3	15:51	8:58	1:32:32
4	197	1217	Dick Morgan	76	M	Tioga	PA	USA	X	40:44	13:06	40:40	16.5	24:36	13:54	1:48:44

NUMBER OF FINISHERS: 4

FEMALE AGE GROUP 80-84 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
-------	-------	------	------	-----	---	------	----	-----	---	------	------	------	------	------	------	------

NUMBER OF FINISHERS: 0

MALE AGE GROUP 80-84 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
1	192	1224	Kenneth Fleischhacker	82	M	Littleton	CO	USA	X	29:49	9:36	44:40	15.0	17:27	9:52	1:36:16
2	193	1222	James Girand	81	M	Palo Alto	CA	USA	X	33:27	10:46	42:10	15.9	19:37	11:05	1:38:21
3	194	1220	Donald W Moore	80	M	Fort Myers	FL	USA	X	34:01	10:57	44:08	15.2	20:00	11:18	1:41:11

NUMBER OF FINISHERS: 3

FEMALE AGE GROUP F85-89 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
-------	-------	------	------	-----	---	------	----	-----	---	------	------	------	------	------	------	------

NUMBER OF FINISHERS: 0

MALE AGE GROUP 85-89 RESULTS

Place	G-Pla	Numb	Name	Age	S	City	St	Res	U	Run1	Pace	Bike	Rate	Run2	Pace	Time
-------	-------	------	------	-----	---	------	----	-----	---	------	------	------	------	------	------	------

NUMBER OF FINISHERS: 0