

USAT Duathlon National Championships - Standard Distance
Sunday, April 8, 2018
Greenville, SC

MALE AGE GROUP 85-89 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== | ===== |

NUMBER OF FINISHERS: 0

FEMALE AGE GROUP F85-89 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|------|-----|---|------|----|-----|---|------|------|------|------|------|------|------|
|-------|-------|------|------|-----|---|------|----|-----|---|------|------|------|------|------|------|------|

NUMBER OF FINISHERS: 0

MALE AGE GROUP 80-84 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|------|-----|---|------|----|-----|---|------|------|------|------|------|------|------|
|-------|-------|------|------|-----|---|------|----|-----|---|------|------|------|------|------|------|------|

FEMALE AGE GROUP 80-84 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-------------------|-----|---|--------------|----|-----|---|---------|-------|---------|------|-------|-------|---------|
| 1 | 127 | 81 | Sharon Roggenbuck | 80 | F | Hillsborough | NC | USA | X | 1:09:37 | 13:16 | 1:48:16 | 13.4 | 40:49 | 14:35 | 3:44:59 |

NUMBER OF FINISHERS: 1

MALE AGE GROUP 75 - 79 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|--------------|-----|---|----------|----|-----|---|---------|-------|---------|------|-------|-------|---------|
| 1 | 240 | 4 | Lockett Wood | 79 | M | Lyons | CO | USA | X | 48:21 | 9:13 | 1:50:29 | 13.1 | 30:32 | 10:54 | 3:12:38 |
| 2 | 245 | 6 | Rudy Smith | 76 | M | Gretna | LA | USA | X | 48:10 | 9:11 | 1:50:52 | 13.1 | 37:35 | 13:26 | 3:22:19 |
| 3 | 247 | 5 | Bob Bartolo | 77 | M | Columbia | MD | USA | X | 1:03:03 | 12:01 | 1:48:10 | 13.4 | 37:23 | 13:21 | 3:38:14 |

NUMBER OF FINISHERS: 3

FEMALE AGE GROUP 75 - 79 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|----------------|-----|---|--------------|----|-----|---|---------|-------|---------|------|-------|-------|---------|
| 1 | 130 | 82 | Ellen Demsky | 78 | F | Tarzana | CA | USA | X | 1:01:02 | 11:38 | 2:21:42 | 10.2 | 34:10 | 12:12 | 4:05:26 |
| 2 | 131 | 83 | Barbara Bogart | 76 | F | Elizabethton | TN | USA | X | 1:20:53 | 15:25 | 2:24:44 | 10.0 | 45:09 | 16:08 | 4:37:30 |

NUMBER OF FINISHERS: 2

MALE AGE GROUP 70 - 74 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|------------------|-----|---|---------------|----|-----|---|-------|-------|---------|------|-------|-------|---------|
| 1 | 179 | 18 | David Lowe | 71 | M | West Chester | PA | USA | X | 39:55 | 7:37 | 1:21:23 | 17.8 | 23:40 | 8:28 | 2:28:36 |
| 2 | 181 | 8 | Finn Hassing | 74 | M | Hickory | NC | USA | X | 39:25 | 7:31 | 1:24:47 | 17.1 | 22:18 | 7:58 | 2:29:04 |
| 3 | 187 | 17 | Terry Habecker | 71 | M | Ithaca | NY | USA | X | 41:56 | 8:00 | 1:19:30 | 18.3 | 24:22 | 8:42 | 2:30:27 |
| 4 | 202 | 15 | Vincent Aloyo | 71 | M | Blue Bell | PA | USA | X | 42:12 | 8:03 | 1:23:54 | 17.3 | 23:59 | 8:34 | 2:35:14 |
| 5 | 207 | 20 | John Kelly | 71 | M | Albuquerque | NM | USA | X | 42:51 | 8:10 | 1:24:09 | 17.3 | 23:57 | 8:34 | 2:36:24 |
| 6 | 210 | 22 | Franz Kelsch | 70 | M | Washington | UT | USA | X | 43:47 | 8:21 | 1:24:46 | 17.1 | 24:24 | 8:43 | 2:38:20 |
| 7 | 217 | 9 | Mickey Lackey | 74 | M | Millinocket | ME | USA | X | 42:49 | 8:10 | 1:34:17 | 15.4 | 24:44 | 8:50 | 2:45:12 |
| 8 | 221 | 19 | Donn Viviani | 71 | M | Arlington | VA | USA | X | 48:56 | 9:20 | 1:29:44 | 16.2 | 26:10 | 9:21 | 2:48:43 |
| 9 | 222 | 14 | Randy Whitt | 72 | M | Charlotte | NC | USA | X | 49:24 | 9:25 | 1:27:25 | 16.6 | 28:16 | 10:06 | 2:50:02 |
| 10 | 226 | 11 | Joseph Donahue | 72 | M | Medway | MA | USA | X | 48:34 | 9:15 | 1:28:28 | 16.4 | 28:43 | 10:16 | 2:52:03 |
| 11 | 233 | 10 | Larry Nelson | 74 | M | Hixson | TN | USA | X | 51:49 | 9:53 | 1:30:44 | 16.0 | 29:50 | 10:40 | 2:56:41 |
| 12 | 236 | 23 | Ed Lafitte | 70 | M | Epworth | GA | USA | X | 44:33 | 8:30 | 1:41:21 | 14.3 | 30:25 | 10:52 | 3:01:15 |
| 13 | 241 | 13 | Bernhard Kappler | 72 | M | Turnersville | NJ | USA | X | 48:09 | 9:11 | 1:51:38 | 13.0 | 32:39 | 11:40 | 3:15:53 |
| 14 | 244 | 24 | Dick Whicker | 70 | M | Danville | IN | USA | X | 49:22 | 9:25 | 1:46:08 | 13.7 | 36:55 | 13:11 | 3:20:34 |
| 15 | 246 | 12 | Tommy Hart | 72 | M | Staten Island | NY | USA | X | 56:16 | 10:43 | 1:59:59 | 12.1 | 36:47 | 13:08 | 3:38:00 |

NUMBER OF FINISHERS: 15

FEMALE AGE GROUP 70 - 74 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-----------------|-----|---|--------|----|-----|---|---------|-------|---------|------|-------|-------|---------|
| 1 | 99 | 86 | Sharon Gerl | 70 | F | Bend | OR | USA | X | 44:44 | 8:32 | 1:35:12 | 15.3 | 25:50 | 9:14 | 2:50:23 |
| 2 | 121 | 87 | Barbara Kostner | 70 | F | Denver | CO | USA | X | 1:03:45 | 12:09 | 1:39:40 | 14.6 | 33:51 | 12:06 | 3:20:48 |
| 3 | 122 | 84 | Nancy Mallon | 73 | F | Denver | CO | USA | X | 58:39 | 11:11 | 1:45:39 | 13.7 | 32:09 | 11:29 | 3:22:51 |

NUMBER OF FINISHERS: 3

MALE AGE GROUP 65 - 69 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-------------------|-----|---|------------------|----|-----|---|-------|-------|---------|------|-------|-------|---------|
| 1 | 120 | 43 | Bob Foster | 65 | M | Charleston | SC | USA | X | 38:12 | 7:17 | 1:12:16 | 20.1 | 21:14 | 7:35 | 2:14:30 |
| 2 | 138 | 38 | Robert Becker | 67 | M | Midlothian | VA | USA | X | 37:48 | 7:12 | 1:14:34 | 19.5 | 22:53 | 8:11 | 2:18:54 |
| 3 | 143 | 30 | Robert Enright | 68 | M | Mansfield Center | CT | USA | X | 40:27 | 7:43 | 1:11:46 | 20.2 | 22:03 | 7:53 | 2:19:57 |
| 4 | 147 | 29 | Darrell Simpkins | 68 | M | West End | NC | USA | X | 41:13 | 7:52 | 1:10:13 | 20.7 | 26:07 | 9:20 | 2:20:34 |
| 5 | 152 | 44 | James Griffis | 65 | M | Spring | TX | USA | X | 40:58 | 7:49 | 1:12:44 | 20.0 | 23:36 | 8:26 | 2:21:43 |
| 6 | 174 | 37 | Mike Wien | 67 | M | Marietta | GA | USA | X | 39:39 | 7:34 | 1:21:43 | 17.8 | 21:06 | 7:32 | 2:27:23 |
| 7 | 176 | 41 | Mike Flynn | 66 | M | Elk River | MN | USA | X | 41:22 | 7:53 | 1:18:33 | 18.5 | 22:00 | 7:52 | 2:27:46 |
| 8 | 182 | 34 | Fernando Moura | 67 | M | Douglasville | PA | USA | X | 42:17 | 8:04 | 1:19:47 | 18.2 | 23:15 | 8:18 | 2:29:10 |
| 9 | 193 | 25 | Audie Bridges | 69 | M | Wakefield | MA | USA | X | 44:39 | 8:31 | 1:17:40 | 18.7 | 25:52 | 9:15 | 2:32:17 |
| 10 | 194 | 39 | Mike Morris | 67 | M | Terre Haute | IN | USA | X | 39:28 | 7:31 | 1:28:20 | 16.4 | 21:39 | 7:44 | 2:32:45 |
| 11 | 196 | 28 | Steve Chapman | 68 | M | Lake Oswego | OR | USA | X | 43:32 | 8:18 | 1:21:45 | 17.8 | 23:18 | 8:20 | 2:32:59 |
| 12 | 197 | 35 | Roland Parsons | 67 | M | Petersburg | VA | USA | X | 43:39 | 8:19 | 1:22:10 | 17.7 | 23:55 | 8:33 | 2:33:37 |
| 13 | 201 | 32 | Len Joy | 67 | M | Evanston | IL | USA | X | 41:54 | 7:59 | 1:21:25 | 17.8 | 26:57 | 9:38 | 2:35:13 |
| 14 | 211 | 40 | Christian Poirier | 67 | M | Miami | FL | USA | X | 42:55 | 8:11 | 1:27:25 | 16.6 | 24:18 | 8:41 | 2:39:12 |
| 15 | 213 | 46 | Alan Warren | 65 | M | Browns Summit | NC | USA | X | 45:05 | 8:36 | 1:22:33 | 17.6 | 28:54 | 10:20 | 2:40:42 |
| 16 | 223 | 33 | Ward King | 67 | M | Ambler | PA | USA | X | 45:05 | 8:36 | 1:36:45 | 15.0 | 24:21 | 8:42 | 2:51:33 |
| 17 | 224 | 27 | Wolfgang Dworzak | 69 | M | Los Alamos | NM | USA | X | 48:08 | 9:11 | 1:28:42 | 16.4 | 28:18 | 10:07 | 2:51:43 |
| 18 | 239 | 31 | James Graves | 68 | M | Grosse Pointe | MI | USA | X | 57:42 | 11:00 | 1:33:04 | 15.6 | 32:16 | 11:32 | 3:08:22 |
| 19 | 243 | 36 | Tony Waickman | 67 | M | Ray Brook | NY | USA | X | 45:02 | 8:35 | 1:48:41 | 13.4 | 40:02 | 14:18 | 3:19:52 |

NUMBER OF FINISHERS: 19

FEMALE AGE GROUP 65 - 69 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|------------------------|-----|---|-------------|----|-----|---|-------|-------|---------|------|-------|-------|---------|
| 1 | 78 | 93 | Phyllis Yester | 65 | F | Downingtown | PA | USA | X | 45:03 | 8:35 | 1:23:25 | 17.4 | 26:46 | 9:34 | 2:38:48 |
| 2 | 92 | 88 | Vicki McCloskey | 69 | F | Henniker | NH | USA | X | 44:24 | 8:28 | 1:31:17 | 15.9 | 26:57 | 9:38 | 2:46:53 |
| 3 | 98 | 89 | Anne Viviani | 69 | F | Arlington | VA | USA | X | 50:15 | 9:35 | 1:28:42 | 16.4 | 26:51 | 9:36 | 2:49:50 |
| 4 | 108 | 91 | Marianne Salamon Cowan | 65 | F | Richmond | VA | USA | X | 46:37 | 8:53 | 1:40:39 | 14.4 | 28:54 | 10:19 | 3:00:31 |
| 5 | 126 | 92 | Teri Ward | 65 | F | Lafayette | CO | USA | X | 58:21 | 11:07 | 1:55:18 | 12.6 | 39:00 | 13:56 | 3:37:48 |

NUMBER OF FINISHERS: 5

MALE AGE GROUP 60 - 64 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-----------------|-----|---|------------------|----|-----|---|-------|-------|---------|------|-------|-------|---------|
| 1 | 48 | 47 | David Burkhart | 64 | M | Brighton | MI | USA | X | 32:35 | 6:13 | 1:07:46 | 21.4 | 20:11 | 7:13 | 2:03:35 |
| 2 | 52 | 76 | Steven Obenhaus | 60 | M | Overland Park | KS | USA | X | 33:15 | 6:20 | 1:09:22 | 20.9 | 19:38 | 7:01 | 2:04:30 |
| 3 | 63 | 71 | Christian Evans | 60 | M | Glen Ellyn | IL | USA | X | 32:35 | 6:13 | 1:11:00 | 20.5 | 19:47 | 7:04 | 2:05:55 |
| 4 | 107 | 70 | Bob Brown | 60 | M | Saint Petersburg | FL | USA | X | 37:07 | 7:05 | 1:11:34 | 20.3 | 21:54 | 7:49 | 2:13:02 |
| 5 | 124 | 68 | Bill Radler | 61 | M | Marietta | GA | USA | X | 38:14 | 7:17 | 1:10:51 | 20.5 | 22:24 | 8:00 | 2:15:21 |
| 6 | 133 | 63 | Marc Embler | 61 | M | North Charleston | SC | USA | X | 32:33 | 6:12 | 1:19:44 | 18.2 | 19:41 | 7:02 | 2:16:56 |
| 7 | 141 | 50 | Tom Goss | 63 | M | Boulder | CO | USA | X | 37:56 | 7:14 | 1:14:00 | 19.6 | 22:18 | 7:58 | 2:19:31 |
| 8 | 142 | 58 | Mark Long | 62 | M | Roanoke | VA | USA | X | 37:06 | 7:04 | 1:18:24 | 18.5 | 20:32 | 7:20 | 2:19:32 |
| 9 | 153 | 65 | Mark Achenbach | 61 | M | Terre Haute | IN | USA | X | 37:57 | 7:14 | 1:18:53 | 18.4 | 21:03 | 7:31 | 2:22:49 |
| 10 | 154 | 60 | Nace Mullen | 62 | M | Philadelphia | PA | USA | X | 41:12 | 7:51 | 1:13:54 | 19.6 | 24:17 | 8:41 | 2:23:06 |
| 11 | 160 | 66 | William Barron | 61 | M | Bend | OR | USA | X | 37:23 | 7:08 | 1:20:25 | 18.1 | 22:24 | 8:00 | 2:24:02 |
| 12 | 164 | 69 | Kevin Kraay | 60 | M | Zeeland | MI | USA | X | 36:59 | 7:03 | 1:20:06 | 18.1 | 22:48 | 8:09 | 2:24:26 |
| 13 | 169 | 77 | Steven Wade | 60 | M | Burlington | WA | USA | X | 39:13 | 7:29 | 1:19:20 | 18.3 | 23:06 | 8:15 | 2:25:03 |
| 14 | 178 | 74 | Bruce Mann | 60 | M | Charlotte | NC | USA | X | 34:48 | 6:38 | 1:29:18 | 16.3 | 20:52 | 7:28 | 2:27:55 |
| 15 | 185 | 56 | Gerardo Corbato | 62 | M | West Palm Beach | FL | USA | X | 43:05 | 8:13 | 1:18:29 | 18.5 | 25:51 | 9:14 | 2:30:17 |
| 16 | 189 | 61 | Jeffrey Smith | 62 | M | Los Altos | CA | USA | X | 41:43 | 7:57 | 1:22:18 | 17.6 | 23:34 | 8:25 | 2:31:03 |
| 17 | 191 | 59 | Tulio Maldonado | 62 | M | Miami | FL | USA | X | 39:59 | 7:37 | 1:23:04 | 17.5 | 24:08 | 8:38 | 2:31:52 |
| 18 | 214 | 73 | Eduardo Vasquez | 60 | M | Lecanto | FL | USA | X | 43:20 | 8:16 | 1:27:31 | 16.6 | 26:27 | 9:27 | 2:41:46 |
| 19 | 220 | 55 | John Breen | 62 | M | Grayslake | IL | USA | X | 52:13 | 9:57 | 1:22:43 | 17.6 | 28:20 | 10:07 | 2:48:39 |
| 20 | 235 | 48 | Joe Gwynn | 64 | M | Danville | VA | USA | X | 49:05 | 9:21 | 1:35:34 | 15.2 | 31:04 | 11:06 | 3:00:38 |
| 21 | 242 | 75 | Chip Moffatt | 60 | M | Charlotte | NC | USA | X | 55:52 | 10:39 | 1:44:59 | 13.8 | 27:59 | 10:00 | 3:17:44 |

NUMBER OF FINISHERS: 21

FEMALE AGE GROUP 60 - 64 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|----------------|-----|---|---------------|----|-----|---|-------|------|---------|------|-------|-------|---------|
| 1 | 48 | 100 | Heather Leach | 61 | F | Seattle | WA | USA | X | 41:33 | 7:55 | 1:16:32 | 19.0 | 22:31 | 8:03 | 2:25:09 |
| 2 | 49 | 101 | Julia Daggett | 60 | F | Clarksville | TN | USA | X | 39:35 | 7:33 | 1:20:06 | 18.1 | 21:41 | 7:45 | 2:25:29 |
| 3 | 52 | 104 | Gail Waldman | 60 | F | Vienna | VA | USA | X | 43:25 | 8:17 | 1:15:17 | 19.3 | 23:46 | 8:30 | 2:26:58 |
| 4 | 70 | 96 | Colleen Rebant | 63 | F | Red Oak | TX | USA | X | 42:02 | 8:01 | 1:23:45 | 17.3 | 25:45 | 9:12 | 2:34:45 |
| 5 | 95 | 94 | Anne Mitchell | 64 | F | Bala Cynwyd | PA | USA | X | 46:21 | 8:50 | 1:33:33 | 15.5 | 25:17 | 9:02 | 2:49:00 |
| 6 | 101 | 99 | Sheila Cotter | 61 | F | Pleasanton | CA | USA | X | 46:53 | 8:56 | 1:31:35 | 15.9 | 28:03 | 10:01 | 2:51:22 |
| 7 | 109 | 106 | Barbara Ezell | 60 | F | Milledgeville | GA | USA | X | 46:53 | 8:56 | 1:39:42 | 14.6 | 28:48 | 10:18 | 3:01:44 |
| 8 | 113 | 98 | Celeste Breen | 62 | F | Grayslake | IL | USA | X | 50:06 | 9:33 | 1:41:01 | 14.4 | 28:58 | 10:21 | 3:06:52 |
| 9 | 128 | 97 | Sue Strohl | 63 | F | San Diego | CA | USA | X | 52:16 | 9:58 | 2:12:19 | 11.0 | 36:28 | 13:02 | 3:46:28 |

NUMBER OF FINISHERS: 9

MALE AGE GROUP 55 - 59 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-------------------|-----|---|-------------------|----|-----|---|-------|------|---------|------|-------|-------|---------|
| 1 | 37 | 345 | Shane Thread | 55 | M | Evansville | IN | USA | X | 33:26 | 6:23 | 1:07:02 | 21.7 | 18:42 | 6:41 | 2:01:08 |
| 2 | 39 | 368 | Paul Greenberg | 57 | M | Westport | CT | USA | X | 33:50 | 6:27 | 1:06:37 | 21.8 | 18:45 | 6:42 | 2:01:35 |
| 3 | 45 | 337 | Clint Dowd | 55 | M | Goffstown | NH | USA | X | 34:18 | 6:32 | 1:07:15 | 21.6 | 19:09 | 6:51 | 2:02:49 |
| 4 | 56 | 342 | Willard Sauer | 55 | M | Robesonia | PA | USA | X | 34:48 | 6:38 | 1:08:18 | 21.3 | 19:34 | 6:59 | 2:04:55 |
| 5 | 60 | 339 | Mike Lupini | 55 | M | Milford | MI | USA | X | 35:57 | 6:51 | 1:07:30 | 21.5 | 20:10 | 7:12 | 2:05:24 |
| 6 | 69 | 377 | Kurt Mattox | 59 | M | Lutz | FL | USA | X | 36:25 | 6:57 | 1:07:20 | 21.6 | 20:30 | 7:20 | 2:07:15 |
| 7 | 74 | 383 | Len Schuster | 59 | M | Hamilton | OH | USA | X | 35:58 | 6:51 | 1:08:57 | 21.1 | 20:52 | 7:27 | 2:07:58 |
| 8 | 84 | 360 | Andrew Jones | 57 | M | Cincinnati | OH | USA | X | 36:03 | 6:52 | 1:07:55 | 21.4 | 21:26 | 7:40 | 2:09:15 |
| 9 | 85 | 361 | Dean Molle | 57 | M | King Of Prussia | PA | USA | X | 37:11 | 7:05 | 1:07:12 | 21.6 | 21:06 | 7:32 | 2:09:23 |
| 10 | 86 | 349 | Bob Jones | 56 | M | Bartlett | IL | USA | X | 34:42 | 6:37 | 1:12:04 | 20.1 | 19:09 | 6:51 | 2:09:26 |
| 11 | 89 | 357 | Don Alden | 57 | M | Lincoln | MA | USA | X | 36:22 | 6:56 | 1:11:42 | 20.3 | 19:35 | 7:00 | 2:10:26 |
| 12 | 92 | 341 | Doug Reimer | 55 | M | Ponte Vedra Beach | FL | USA | X | 36:08 | 6:53 | 1:11:52 | 20.2 | 20:21 | 7:17 | 2:10:31 |
| 13 | 93 | 355 | Jimmy Little | 56 | M | West Jefferson | OH | USA | X | 35:44 | 6:49 | 1:10:39 | 20.6 | 21:36 | 7:43 | 2:10:35 |
| 14 | 97 | 375 | James Roche | 58 | M | Fairport | NY | USA | X | 35:58 | 6:51 | 1:12:39 | 20.0 | 20:46 | 7:25 | 2:10:56 |
| 15 | 98 | 352 | Doug Shattuck | 56 | M | Holden | MA | USA | X | 35:51 | 6:50 | 1:11:10 | 20.4 | 21:36 | 7:43 | 2:11:16 |
| 16 | 102 | 351 | Mike Long | 56 | M | Newport Beach | CA | USA | X | 38:01 | 7:15 | 1:09:26 | 20.9 | 22:35 | 8:04 | 2:12:12 |
| 17 | 103 | 379 | David Hilton | 59 | M | Philadelphia | PA | USA | X | 37:41 | 7:11 | 1:07:23 | 21.5 | 21:47 | 7:47 | 2:12:22 |
| 18 | 105 | 365 | Robert Taylor | 57 | M | Lexington | SC | USA | X | 35:12 | 6:43 | 1:12:39 | 20.0 | 20:40 | 7:23 | 2:12:31 |
| 19 | 106 | 346 | Joseph Mabry | 56 | M | Mooresville | NC | USA | X | 37:35 | 7:10 | 1:12:05 | 20.1 | 20:57 | 7:29 | 2:12:40 |
| 20 | 108 | 363 | Mark North | 57 | M | Richmond | VA | USA | X | 36:17 | 6:55 | 1:13:10 | 19.8 | 20:48 | 7:26 | 2:13:02 |
| 21 | 117 | 354 | Martin Feeney | 56 | M | Medway | MA | USA | X | 35:12 | 6:43 | 1:16:29 | 19.0 | 20:16 | 7:15 | 2:14:15 |
| 22 | 118 | 336 | Tom Brooks | 55 | M | Minneapolis | MN | USA | X | 37:54 | 7:14 | 1:11:51 | 20.2 | 21:54 | 7:50 | 2:14:24 |
| 23 | 126 | 372 | Mike Bizal | 58 | M | Exton | PA | USA | X | 37:44 | 7:12 | 1:13:43 | 19.7 | 21:22 | 7:38 | 2:15:48 |
| 24 | 130 | 369 | Jeffrey Mayer | 57 | M | White Plains | NY | USA | X | 37:06 | 7:04 | 1:13:05 | 19.9 | 22:39 | 8:06 | 2:16:37 |
| 25 | 140 | 376 | Janos Mako | 58 | M | North Andover | MA | USA | X | 37:02 | 7:04 | 1:19:34 | 18.2 | 19:50 | 7:05 | 2:19:02 |
| 26 | 149 | 381 | Todd Leff | 59 | M | Warrington | PA | USA | X | 36:55 | 7:02 | 1:19:18 | 18.3 | 21:39 | 7:44 | 2:20:49 |
| 27 | 151 | 373 | Clarence Butz | 58 | M | Berkeley | CA | USA | X | 40:05 | 7:38 | 1:16:06 | 19.1 | 22:26 | 8:01 | 2:21:30 |
| 28 | 155 | 338 | Mark Kessler | 55 | M | Rock Hill | SC | USA | X | 39:30 | 7:32 | 1:18:10 | 18.6 | 22:03 | 7:53 | 2:23:12 |
| 29 | 161 | 362 | Scott Murr | 57 | M | Greenville | SC | USA | X | 35:37 | 6:48 | 1:21:39 | 17.8 | 20:27 | 7:19 | 2:24:04 |
| 30 | 165 | 344 | Robert Jewel | 55 | M | Chapin | SC | USA | X | 36:15 | 6:55 | 1:23:27 | 17.4 | 20:15 | 7:14 | 2:24:43 |
| 31 | 167 | 378 | Jeffrey Gilmer | 59 | M | Delano | MN | USA | X | 39:27 | 7:31 | 1:19:10 | 18.3 | 23:56 | 8:33 | 2:24:59 |
| 32 | 170 | 374 | Patrick Kelley | 58 | M | Fishers | IN | USA | X | 41:21 | 7:53 | 1:16:16 | 19.0 | 24:30 | 8:45 | 2:25:25 |
| 33 | 171 | 358 | Brian Constantine | 57 | M | Largo | FL | USA | X | 40:57 | 7:48 | 1:18:31 | 18.5 | 23:03 | 8:14 | 2:25:37 |
| 34 | 172 | 382 | Rex Morgan | 59 | M | Simpsonville | SC | USA | X | 39:47 | 7:35 | 1:19:22 | 18.3 | 20:48 | 7:26 | 2:25:59 |
| 35 | 180 | 366 | William Worden | 57 | M | Corona | CA | USA | X | 40:04 | 7:38 | 1:21:54 | 17.7 | 24:13 | 8:39 | 2:29:01 |
| 36 | 184 | 371 | Jeff Kackley | 58 | M | Terre Haute | IN | USA | X | 36:39 | 6:59 | 1:26:56 | 16.7 | 21:35 | 7:43 | 2:29:50 |
| 37 | 186 | 370 | Alan Kimbel | 58 | M | Warrenton | MO | USA | X | 40:41 | 7:45 | 1:21:48 | 17.8 | 24:10 | 8:38 | 2:30:19 |
| 38 | 198 | 367 | Robert Gee | 57 | M | San Francisco | CA | USA | X | 44:32 | 8:29 | 1:20:16 | 18.1 | 26:25 | 9:26 | 2:34:31 |
| 39 | 227 | 385 | Mike Sanchez | 58 | M | Phoenix | AZ | USA | X | 45:57 | 8:46 | 1:29:53 | 16.2 | 31:39 | 11:19 | 2:52:31 |
| 40 | 237 | 380 | James Ismailoglu | 59 | M | San Diego | CA | USA | X | 46:29 | 8:52 | 1:39:24 | 14.6 | 32:36 | 11:39 | 3:03:58 |

NUMBER OF FINISHERS: 40

FEMALE AGE GROUP 55 - 59 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|--------------------|-----|---|--------------|----|-----|---|---------|-------|---------|------|-------|-------|---------|
| 1 | 18 | 120 | Kirsten Chapman | 55 | F | Edmond | OK | USA | X | 36:30 | 6:58 | 1:12:18 | 20.1 | 20:50 | 7:27 | 2:11:22 |
| 2 | 31 | 122 | Jodie Bolt | 55 | F | Lakewood | WA | USA | X | 37:39 | 7:11 | 1:12:26 | 20.0 | 22:08 | 7:54 | 2:16:30 |
| 3 | 54 | 116 | Kelly Courtney | 56 | F | Shawnee | KS | USA | X | 42:55 | 8:11 | 1:16:31 | 19.0 | 24:31 | 8:46 | 2:27:23 |
| 4 | 59 | 107 | Sandy Burks | 58 | F | Beaufort | SC | USA | X | 41:46 | 7:58 | 1:21:31 | 17.8 | 22:53 | 8:11 | 2:29:51 |
| 5 | 66 | 110 | Denise Lacey | 58 | F | Acworth | GA | USA | X | 44:17 | 8:27 | 1:21:06 | 17.9 | 24:50 | 8:53 | 2:33:49 |
| 6 | 76 | 109 | Virginia Kuenker | 58 | F | Brunswick | GA | USA | X | 42:18 | 8:04 | 1:29:48 | 16.2 | 23:17 | 8:19 | 2:38:35 |
| 7 | 82 | 114 | Mary Deeg | 57 | F | Delano | MN | USA | X | 45:26 | 8:40 | 1:27:39 | 16.6 | 25:06 | 8:58 | 2:41:46 |
| 8 | 86 | 115 | Debby Jones | 57 | F | Bartlett | IL | USA | X | 43:46 | 8:21 | 1:31:55 | 15.8 | 23:44 | 8:29 | 2:43:02 |
| 9 | 87 | 113 | Karen North | 58 | F | Easley | SC | USA | X | 48:08 | 9:11 | 1:27:35 | 16.6 | 25:32 | 9:08 | 2:43:28 |
| 10 | 97 | 117 | Theresa Kauffman | 56 | F | Landenberg | PA | USA | X | 46:45 | 8:55 | 1:31:24 | 15.9 | 26:13 | 9:22 | 2:49:39 |
| 11 | 100 | 108 | Shelley Irwin | 58 | F | Grand Rapids | MI | USA | X | 45:11 | 8:37 | 1:34:24 | 15.4 | 27:14 | 9:44 | 2:50:41 |
| 12 | 104 | 111 | Ellen Martin | 58 | F | Hainesport | NJ | USA | X | 48:32 | 9:15 | 1:31:46 | 15.8 | 28:18 | 10:07 | 2:53:06 |
| 13 | 111 | 123 | Karen Hawkins | 55 | F | Ashland | VA | USA | X | 44:14 | 8:26 | 1:50:33 | 13.1 | 25:24 | 9:04 | 3:05:40 |
| 14 | 129 | 112 | Constance Mitchell | 58 | F | Jacksonville | FL | USA | X | 1:07:07 | 12:47 | 1:49:34 | 13.3 | 42:32 | 15:12 | 3:47:36 |

NUMBER OF FINISHERS: 14

MALE AGE GROUP 50 - 54 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|------------------|-----|---|-------------------|----|-----|---|-------|------|---------|------|-------|-------|---------|
| 1 | 20 | 307 | David Engstrom | 53 | M | Beaverton | OR | USA | X | 29:15 | 5:35 | 1:06:56 | 21.7 | 16:16 | 5:49 | 1:54:46 |
| 2 | 25 | 320 | Edward Stern | 53 | M | New York | NY | USA | X | 32:44 | 6:15 | 1:03:38 | 22.8 | 18:55 | 6:46 | 1:57:33 |
| 3 | 27 | 309 | Marcus Alexander | 53 | M | Cambridge | MA | USA | X | 32:41 | 6:14 | 1:06:07 | 22.0 | 17:51 | 6:23 | 1:58:28 |
| 4 | 30 | 300 | Michael Collins | 52 | M | Irvine | CA | USA | X | 33:40 | 6:25 | 1:05:03 | 22.3 | 18:42 | 6:41 | 1:58:53 |
| 5 | 34 | 315 | Rob Madgwick | 53 | M | Sauk Rapids | MN | USA | X | 34:08 | 6:30 | 1:04:43 | 22.4 | 19:04 | 6:49 | 1:59:47 |
| 6 | 35 | 296 | Joe O'Leary | 51 | M | Medford | MA | USA | X | 32:24 | 6:11 | 1:08:37 | 21.2 | 17:07 | 6:07 | 2:00:13 |
| 7 | 41 | 328 | Tom Lehr | 54 | M | Holly Springs | NC | USA | X | 35:27 | 6:46 | 1:04:52 | 22.4 | 19:40 | 7:02 | 2:01:47 |
| 8 | 43 | 323 | Scott Bond | 54 | M | Greenfield | IN | USA | X | 34:32 | 6:35 | 1:05:11 | 22.3 | 19:42 | 7:03 | 2:02:17 |
| 9 | 47 | 293 | Darin Anderson | 51 | M | Newport Beach | CA | USA | X | 34:53 | 6:39 | 1:07:01 | 21.7 | 19:48 | 7:05 | 2:03:28 |
| 10 | 53 | 286 | Bart Huff | 50 | M | Chicago | IL | USA | X | 34:22 | 6:33 | 1:08:58 | 21.1 | 18:35 | 6:39 | 2:04:32 |
| 11 | 55 | 319 | Dean Tilman | 53 | M | Atlanta | GA | USA | X | 35:03 | 6:41 | 1:07:26 | 21.5 | 19:35 | 7:00 | 2:04:52 |
| 12 | 57 | 325 | Mark Hecox | 54 | M | Salem | NH | USA | X | 33:30 | 6:23 | 1:07:41 | 21.5 | 21:44 | 7:46 | 2:04:58 |
| 13 | 66 | 332 | Tony Prado | 54 | M | Odessa | FL | USA | X | 34:12 | 6:31 | 1:09:23 | 20.9 | 20:44 | 7:25 | 2:07:06 |
| 14 | 67 | 301 | Sean Keeney | 52 | M | Apollo Beach | FL | USA | X | 35:55 | 6:51 | 1:07:49 | 21.4 | 20:35 | 7:21 | 2:07:10 |
| 15 | 68 | 304 | Kevin Thompson | 52 | M | Simpsonville | SC | USA | X | 34:42 | 6:37 | 1:08:56 | 21.1 | 20:44 | 7:25 | 2:07:11 |
| 16 | 75 | 295 | Nate Loman | 51 | M | Akron | OH | USA | X | 35:04 | 6:41 | 1:11:21 | 20.4 | 18:45 | 6:42 | 2:07:58 |
| 17 | 77 | 291 | Feilim Maxwell | 50 | M | Morristown | NJ | USA | X | 34:34 | 6:39 | 1:12:35 | 20.0 | 18:48 | 6:43 | 2:08:27 |
| 18 | 79 | 298 | Douglas Girling | 52 | M | Greenfield Center | NY | USA | X | 36:09 | 6:54 | 1:08:37 | 21.2 | 21:24 | 7:39 | 2:08:35 |
| 19 | 80 | 294 | Andrew Holton | 51 | M | Pine | CO | USA | X | 34:07 | 6:30 | 1:12:39 | 20.0 | 19:29 | 6:58 | 2:08:42 |
| 20 | 87 | 331 | Jeremy Oury | 54 | M | Whitefish | MT | USA | X | 34:44 | 6:37 | 1:13:00 | 19.9 | 20:09 | 7:12 | 2:09:53 |
| 21 | 91 | 292 | Brian McGowan | 51 | M | Irwin | PA | USA | X | 35:24 | 6:45 | 1:11:46 | 20.2 | 19:54 | 7:07 | 2:10:28 |
| 22 | 100 | 314 | Karl Krause | 53 | M | Kennett Square | PA | USA | X | 38:26 | 7:20 | 1:10:30 | 20.6 | 20:20 | 7:16 | 2:11:34 |
| 23 | 109 | 333 | William Relyea | 54 | M | New Braunfels | TX | USA | X | 36:47 | 7:01 | 1:13:10 | 19.8 | 21:54 | 7:50 | 2:13:19 |
| 24 | 114 | 334 | Graham Walsh | 54 | M | Miami Beach | FL | USA | X | 35:13 | 6:43 | 1:10:47 | 20.5 | 25:32 | 9:08 | 2:13:57 |
| 25 | 115 | 302 | Michael Murphy | 52 | M | San Diego | CA | USA | X | 34:39 | 6:36 | 1:12:44 | 20.0 | 22:16 | 7:57 | 2:14:03 |
| 26 | 122 | 326 | William Jabour | 54 | M | Austin | TX | USA | X | 36:56 | 7:03 | 1:14:58 | 19.4 | 20:50 | 7:27 | 2:15:17 |
| 27 | 128 | 312 | Robert Conley | 53 | M | North Charleston | SC | USA | X | 37:15 | 7:06 | 1:14:39 | 19.5 | 21:54 | 7:50 | 2:16:28 |
| 28 | 135 | 288 | Stephen Little | 50 | M | Pacific | MO | USA | X | 36:52 | 7:02 | 1:16:56 | 18.9 | 20:47 | 7:26 | 2:17:18 |
| 29 | 136 | 303 | Ronald Reynolds | 52 | M | Gambrills | MD | USA | X | 35:18 | 6:44 | 1:19:53 | 18.2 | 20:24 | 7:18 | 2:18:09 |
| 30 | 144 | 327 | Mark Krowski | 54 | M | Tomball | TX | USA | X | 39:59 | 7:37 | 1:15:03 | 19.3 | 22:17 | 7:58 | 2:20:14 |
| 31 | 157 | 297 | Tim Rohrbaugh | 51 | M | Delaplane | VA | USA | X | 39:56 | 7:37 | 1:19:05 | 18.4 | 21:46 | 7:47 | 2:23:22 |
| 32 | 158 | 321 | Ernesto Cortes | 53 | M | Windermere | FL | USA | X | 40:34 | 7:44 | 1:17:33 | 18.7 | 22:38 | 8:05 | 2:23:41 |
| 33 | 162 | 316 | Michael Mitchell | 53 | M | Moyock | NC | USA | X | 38:48 | 7:24 | 1:20:36 | 18.0 | 22:17 | 7:58 | 2:24:06 |
| 34 | 175 | 287 | Steven Lewis | 50 | M | New York | NY | USA | X | 38:01 | 7:15 | 1:22:31 | 17.6 | 21:10 | 7:34 | 2:27:35 |
| 35 | 204 | 310 | Tom Calamia | 53 | M | Simpsonville | SC | USA | X | 43:26 | 8:17 | 1:25:14 | 17.0 | 24:08 | 8:37 | 2:35:44 |
| 36 | 215 | 289 | David Michael | 50 | M | Garner | NC | USA | X | 46:04 | 8:47 | 1:25:42 | 16.9 | 27:22 | 9:47 | 2:42:39 |
| 37 | 218 | 305 | Andy Woodring | 52 | M | McDonough | GA | USA | X | 48:03 | 9:10 | 1:24:39 | 17.2 | 28:27 | 10:10 | 2:45:26 |
| 38 | 225 | 318 | Jeff Spires | 53 | M | North Augusta | SC | USA | X | 44:07 | 8:25 | 1:33:08 | 15.6 | 28:35 | 10:13 | 2:52:01 |
| 39 | 230 | 322 | Steven Heller | 54 | M | Greenville | SC | USA | X | 45:33 | 8:41 | 1:34:28 | 15.4 | 31:06 | 11:07 | 2:55:55 |
| 40 | 232 | 317 | Phil Pitts | 53 | M | Plano | TX | USA | X | 43:42 | 8:20 | 1:38:35 | 14.7 | 27:15 | 9:44 | 2:56:31 |

NUMBER OF FINISHERS: 40

FEMALE AGE GROUP 50 - 54 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-----------------|-----|---|----------------|----|-----|---|-------|-------|---------|------|-------|-------|---------|
| 1 | 6 | 146 | Steph Popelar | 51 | F | Elizabeth | CO | USA | X | 33:19 | 6:21 | 1:11:51 | 20.2 | 19:16 | 6:53 | 2:07:18 |
| 2 | 15 | 150 | Julie Bryan | 50 | F | Driggs | ID | USA | X | 33:18 | 6:21 | 1:16:08 | 19.1 | 19:04 | 6:49 | 2:10:54 |
| 3 | 19 | 144 | Jody Dushay | 51 | F | Newton | MA | USA | X | 35:08 | 6:42 | 1:14:39 | 19.5 | 19:03 | 6:49 | 2:11:45 |
| 4 | 23 | 148 | Christine Grant | 50 | F | Gainesville | GA | USA | X | 36:08 | 6:53 | 1:13:43 | 19.7 | 20:40 | 7:23 | 2:13:10 |
| 5 | 32 | 145 | Cortney Martin | 51 | F | Blacksburg | VA | USA | X | 37:40 | 7:11 | 1:16:18 | 19.0 | 21:11 | 7:34 | 2:17:46 |
| 6 | 35 | 142 | Angela Allen | 51 | F | Portland | OR | USA | X | 38:11 | 7:17 | 1:16:57 | 18.9 | 20:52 | 7:28 | 2:18:09 |
| 7 | 37 | 143 | Vanessa Cook | 51 | F | Henderson | NV | USA | X | 37:15 | 7:06 | 1:18:20 | 18.5 | 21:08 | 7:33 | 2:18:50 |
| 8 | 38 | 130 | Kathryn R Key | 53 | F | Bedford | NH | USA | X | 40:42 | 7:46 | 1:12:20 | 20.1 | 23:04 | 8:15 | 2:18:59 |
| 9 | 41 | 132 | Pamela Semanik | 53 | F | Bedford | OH | USA | X | 39:54 | 7:36 | 1:15:35 | 19.2 | 22:35 | 8:04 | 2:20:49 |
| 10 | 44 | 128 | Susan Ford | 54 | F | Cookeville | TN | USA | X | 39:48 | 7:35 | 1:19:16 | 18.3 | 22:00 | 7:52 | 2:24:07 |
| 11 | 46 | 131 | Dawn Marshall | 53 | F | N Scituate | RI | USA | X | 39:10 | 7:28 | 1:17:34 | 18.7 | 22:44 | 8:07 | 2:24:35 |
| 12 | 50 | 139 | Beth Warren | 52 | F | Browns Summit | NC | USA | X | 37:40 | 7:11 | 1:24:02 | 17.3 | 21:00 | 7:30 | 2:26:02 |
| 13 | 68 | 138 | Sheri Jones | 52 | F | Adams | TN | USA | X | 42:37 | 8:07 | 1:24:36 | 17.2 | 23:29 | 8:24 | 2:34:11 |
| 14 | 72 | 133 | Anne Zoellick | 53 | F | Eastland | TX | USA | X | 41:10 | 7:51 | 1:25:42 | 16.9 | 25:45 | 9:12 | 2:35:30 |
| 15 | 75 | 152 | Tina Vornheder | 50 | F | Palm Harbor | FL | USA | X | 42:07 | 8:02 | 1:28:20 | 16.4 | 23:28 | 8:23 | 2:36:25 |
| 16 | 79 | 125 | Dora Cde Baca | 54 | F | Santa Fe | NM | USA | X | 44:12 | 8:26 | 1:25:12 | 17.0 | 26:24 | 9:26 | 2:40:36 |
| 17 | 85 | 135 | Paula Jones | 53 | F | Powell | OH | USA | X | 38:18 | 7:18 | 1:35:25 | 15.2 | 24:08 | 8:37 | 2:42:29 |
| 18 | 88 | 129 | Lisa Armistead | 53 | F | Virginia Beach | VA | USA | X | 42:36 | 8:07 | 1:32:54 | 15.6 | 23:55 | 8:33 | 2:43:30 |
| 19 | 89 | 136 | Dianne Garban | 52 | F | Dickinson | TX | USA | X | 41:57 | 8:00 | 1:33:21 | 15.6 | 25:04 | 8:57 | 2:43:55 |
| 20 | 90 | 127 | Jan Barron | 54 | F | Bend | OR | USA | X | 44:09 | 8:25 | 1:29:26 | 16.2 | 26:04 | 9:19 | 2:44:32 |
| 21 | 105 | 141 | Lynnette White | 51 | F | Brunswick | GA | USA | X | 47:35 | 9:04 | 1:32:00 | 15.8 | 29:01 | 10:22 | 2:54:27 |
| 22 | 120 | 137 | Susan Haag | 52 | F | Jacksonville | FL | USA | X | 58:52 | 11:13 | 1:37:30 | 14.9 | 35:02 | 12:31 | 3:18:19 |

NUMBER OF FINISHERS: 22

MALE AGE GROUP 45 - 49 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-------------------|-----|---|-------------------|----|-----|---|-------|------|---------|------|-------|-------|---------|
| 1 | 12 | 250 | Gary Holt | 45 | M | Littleton | CO | USA | X | 30:14 | 5:46 | 1:02:17 | 23.3 | 16:16 | 5:49 | 1:50:55 |
| 2 | 14 | 277 | Kevin Konczak | 49 | M | Boulder | CO | USA | X | 30:18 | 5:47 | 1:03:32 | 22.9 | 16:16 | 5:49 | 1:51:47 |
| 3 | 23 | 267 | Thomas Woods | 47 | M | Lincoln | NE | USA | X | 30:22 | 5:48 | 1:05:00 | 22.3 | 18:20 | 6:33 | 1:55:21 |
| 4 | 38 | 274 | Dean Myers | 48 | M | Longmont | CO | USA | X | 32:59 | 6:17 | 1:06:09 | 22.0 | 18:45 | 6:42 | 2:01:22 |
| 5 | 49 | 256 | Justin Cazana | 46 | M | Knoxville | TN | USA | X | 34:19 | 6:33 | 1:09:18 | 21.0 | 18:28 | 6:36 | 2:03:45 |
| 6 | 54 | 262 | John Sillery | 46 | M | Chattanooga | TN | USA | X | 31:03 | 5:55 | 1:14:39 | 19.5 | 17:02 | 6:05 | 2:04:35 |
| 7 | 58 | 276 | Billy Giblin | 49 | M | Carrboro | NC | USA | X | 33:49 | 6:27 | 1:08:57 | 21.1 | 19:37 | 7:01 | 2:04:59 |
| 8 | 70 | 258 | Bradley Gularson | 46 | M | Poolesville | MD | USA | X | 33:14 | 6:20 | 1:13:55 | 19.6 | 18:01 | 6:26 | 2:07:22 |
| 9 | 71 | 261 | Doug Lowe | 46 | M | Issaquah | WA | USA | X | 34:34 | 6:35 | 1:11:22 | 20.3 | 18:58 | 6:47 | 2:07:40 |
| 10 | 72 | 273 | Evan Roth | 48 | M | New York | NY | USA | X | 34:52 | 6:39 | 1:10:34 | 20.6 | 19:43 | 7:03 | 2:07:52 |
| 11 | 73 | 252 | Matthew Maccaroni | 45 | M | Arlington | VA | USA | X | 35:27 | 6:46 | 1:11:07 | 20.4 | 18:50 | 6:44 | 2:07:56 |
| 12 | 76 | 265 | John Kelsch | 47 | M | Marietta | GA | USA | X | 34:59 | 6:40 | 1:12:01 | 20.2 | 19:20 | 6:54 | 2:08:21 |
| 13 | 90 | 275 | Raul Correa | 49 | M | Helotes | TX | USA | X | 36:15 | 6:55 | 1:11:06 | 20.4 | 20:15 | 7:14 | 2:10:26 |
| 14 | 101 | 268 | Michael Bletzer | 48 | M | Albuquerque | NM | USA | X | 37:31 | 7:09 | 1:11:33 | 20.3 | 20:25 | 7:18 | 2:11:49 |
| 15 | 104 | 269 | Louis Brooks | 48 | M | Bloomsbury | NJ | USA | X | 37:45 | 7:12 | 1:10:39 | 20.6 | 20:59 | 7:30 | 2:12:26 |
| 16 | 110 | 271 | Keith Jeneski | 48 | M | Albuquerque | NM | USA | X | 36:21 | 6:56 | 1:14:31 | 19.5 | 20:32 | 7:20 | 2:13:32 |
| 17 | 131 | 266 | Boyd Tomasetti | 47 | M | Arlington | VA | USA | X | 36:56 | 7:02 | 1:16:56 | 18.9 | 19:34 | 7:00 | 2:16:41 |
| 18 | 145 | 253 | Oscar Ross | 45 | M | Middletown | DE | USA | X | 38:48 | 7:24 | 1:14:37 | 19.5 | 24:23 | 8:43 | 2:20:26 |
| 19 | 166 | 263 | Alonzo Baxter | 47 | M | Indian Head | MD | USA | X | 40:22 | 7:42 | 1:17:16 | 18.8 | 23:40 | 8:28 | 2:24:58 |
| 20 | 168 | 279 | Kerry Mowlam | 49 | M | Ponte Vedra Beach | FL | USA | X | 36:21 | 6:56 | 1:26:24 | 16.8 | 19:57 | 7:08 | 2:24:59 |
| 21 | 173 | 272 | Sean Jones | 48 | M | Adams | TN | USA | X | 39:24 | 7:31 | 1:21:32 | 17.8 | 22:19 | 7:59 | 2:27:02 |
| 22 | 177 | 259 | Jason Heimink | 46 | M | Rhinebeck | NY | USA | X | 40:53 | 7:48 | 1:21:19 | 17.9 | 23:34 | 8:25 | 2:27:55 |
| 23 | 199 | 270 | Doug Draper | 48 | M | Hendersonville | NC | USA | X | 41:07 | 7:50 | 1:26:14 | 16.8 | 24:19 | 8:41 | 2:34:49 |
| 24 | 200 | 260 | Mark Henninger | 46 | M | Simpsonville | SC | USA | X | 44:59 | 8:34 | 1:20:14 | 18.1 | 26:50 | 9:35 | 2:34:58 |
| 25 | 203 | 251 | Shane Halcomb | 45 | M | Bluffton | OH | USA | X | 42:36 | 8:07 | 1:22:07 | 17.7 | 25:53 | 9:15 | 2:35:14 |
| 26 | 208 | 282 | John Egan Searing | 49 | M | Norfolk | VA | USA | X | 44:04 | 8:24 | 1:22:29 | 17.6 | 25:43 | 9:11 | 2:36:58 |
| 27 | 238 | 280 | Jon Mullins | 49 | M | Leland | NC | USA | X | 48:58 | 9:20 | 1:38:26 | 14.8 | 32:29 | 11:36 | 3:04:00 |

NUMBER OF FINISHERS: 27

FEMALE AGE GROUP 45 - 49 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|--------------------|-----|---|-------------------|----|-----|---|-------|-------|---------|------|-------|-------|---------|
| 1 | 8 | 460 | Ute Nestler | 47 | F | Plano | TX | USA | X | 35:44 | 6:49 | 1:10:36 | 20.6 | 20:31 | 7:20 | 2:09:00 |
| 2 | 11 | 462 | Katrina Dowidchuk | 48 | F | Wilmington | DE | USA | X | 35:48 | 6:50 | 1:09:56 | 20.8 | 21:21 | 7:38 | 2:09:36 |
| 3 | 13 | 456 | Erica Ruge | 46 | F | Longmont | CO | USA | X | 35:18 | 6:44 | 1:12:41 | 20.0 | 19:39 | 7:01 | 2:10:22 |
| 4 | 22 | 461 | Jodie Taylor | 47 | F | Littleton | CO | USA | X | 36:04 | 6:53 | 1:14:24 | 19.5 | 19:27 | 6:57 | 2:13:04 |
| 5 | 26 | 466 | Rachel Crunk | 48 | F | Mount Pleasant | SC | USA | X | 37:20 | 7:07 | 1:13:08 | 19.9 | 20:35 | 7:21 | 2:14:07 |
| 6 | 27 | 450 | Roxanne Stepnowski | 45 | F | South Glastonbury | CT | USA | X | 35:50 | 6:50 | 1:17:18 | 18.8 | 19:21 | 6:55 | 2:14:56 |
| 7 | 40 | 474 | Diana Ruderman | 49 | F | Helotes | TX | USA | X | 41:22 | 7:53 | 1:13:12 | 19.8 | 22:10 | 7:55 | 2:19:39 |
| 8 | 47 | 454 | Alison Gittelman | 46 | F | Chantilly | VA | USA | X | 38:02 | 7:15 | 1:24:02 | 17.3 | 20:33 | 7:21 | 2:25:02 |
| 9 | 56 | 468 | Angela Ridgel | 48 | F | Lakewood | OH | USA | X | 40:26 | 7:43 | 1:22:35 | 17.6 | 22:53 | 8:11 | 2:28:51 |
| 10 | 61 | 472 | Kerry Camberg | 49 | F | Tempe | AZ | USA | X | 37:15 | 7:06 | 1:30:07 | 16.1 | 20:56 | 7:29 | 2:31:43 |
| 11 | 63 | 467 | Diane Johnson | 48 | F | Midlothian | VA | USA | X | 40:58 | 7:49 | 1:26:20 | 16.8 | 22:12 | 7:56 | 2:32:12 |
| 12 | 65 | 449 | Beth Mullikin | 45 | F | Greenville | SC | USA | X | 44:13 | 8:26 | 1:22:31 | 17.6 | 23:14 | 8:18 | 2:33:14 |
| 13 | 69 | 471 | Solange Cross | 49 | F | Jupiter | FL | USA | X | 38:15 | 7:18 | 1:25:52 | 16.9 | 23:30 | 8:24 | 2:34:41 |
| 14 | 74 | 470 | Janice Tucker | 48 | F | Charlotte | NC | USA | X | 43:11 | 8:14 | 1:23:51 | 17.3 | 25:09 | 8:59 | 2:35:56 |
| 15 | 81 | 463 | Gwen Logan | 48 | F | Henniker | NH | USA | X | 44:11 | 8:25 | 1:28:19 | 16.4 | 24:42 | 8:50 | 2:41:10 |
| 16 | 91 | 455 | Tracy Jenkins | 46 | F | Doylestown | PA | USA | X | 40:50 | 7:47 | 1:35:35 | 15.2 | 25:20 | 9:03 | 2:46:50 |
| 17 | 94 | 465 | Ann Bailey | 48 | F | Great Falls | VA | USA | X | 48:53 | 9:19 | 1:27:02 | 16.7 | 28:44 | 10:16 | 2:48:02 |
| 18 | 112 | 464 | Kimee Armour | 48 | F | Auburn | IL | USA | X | 56:02 | 10:41 | 1:33:36 | 15.5 | 32:26 | 11:35 | 3:06:08 |
| 19 | 115 | 452 | Rebecca Yong | 45 | F | Arlington | TN | USA | X | 55:26 | 10:34 | 1:37:56 | 14.8 | 31:19 | 11:12 | 3:11:04 |
| 20 | 118 | 457 | Nicole Baxter | 47 | F | Indian Head | MD | USA | X | 54:30 | 10:23 | 1:43:50 | 14.0 | 33:01 | 11:48 | 3:15:50 |
| 21 | 124 | 451 | Mary Tomasetti | 45 | F | Arlington | VA | USA | X | 58:15 | 11:06 | 1:49:58 | 13.2 | 33:03 | 11:49 | 3:28:42 |

NUMBER OF FINISHERS: 21

MALE AGE GROUP 40 - 44 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-------------------|-----|---|--------------|----|-----|---|-------|------|---------|------|-------|------|---------|
| 1 | 15 | 248 | Nicholas Watson | 44 | M | Grand Rapids | MI | USA | X | 29:52 | 5:42 | 1:04:08 | 22.6 | 16:42 | 5:58 | 1:52:37 |
| 2 | 18 | 231 | Stefano Profumo | 40 | M | Santa Cruz | CA | USA | X | 30:27 | 5:48 | 1:02:48 | 23.1 | 18:10 | 6:29 | 1:53:20 |
| 3 | 19 | 241 | Mike Carrigitto | 43 | M | Pottstown | PA | USA | X | 29:53 | 5:42 | 1:04:55 | 22.4 | 16:37 | 5:56 | 1:53:32 |
| 4 | 40 | 242 | Cliff Bockard | 43 | M | Duxbury | MA | USA | X | 34:13 | 6:32 | 1:07:10 | 21.6 | 18:05 | 6:28 | 2:01:46 |
| 5 | 59 | 232 | Kevin Rocktaschel | 40 | M | Dallas | PA | USA | X | 33:24 | 6:22 | 1:10:39 | 20.6 | 19:05 | 6:49 | 2:05:02 |
| 6 | 65 | 234 | Daniel Wanjoh | 40 | M | Oceanside | CA | USA | X | 33:56 | 6:28 | 1:10:47 | 20.5 | 19:34 | 7:00 | 2:06:38 |
| 7 | 111 | 236 | Stephen Shenal | 41 | M | Greenwood | SC | USA | X | 36:26 | 6:57 | 1:12:47 | 19.9 | 20:51 | 7:27 | 2:13:34 |
| 8 | 119 | 237 | Qiang Xiao | 41 | M | Atlanta | GA | USA | X | 35:05 | 6:41 | 1:16:11 | 19.1 | 19:12 | 6:52 | 2:14:28 |
| 9 | 125 | 240 | Nathan Sylves | 42 | M | Hockessin | DE | USA | X | 36:24 | 6:56 | 1:16:14 | 19.0 | 20:01 | 7:09 | 2:15:30 |
| 10 | 129 | 235 | Aaron Kenyon | 41 | M | Lansing | MI | USA | X | 36:15 | 6:55 | 1:16:50 | 18.9 | 20:59 | 7:30 | 2:16:33 |
| 11 | 134 | 233 | David Vess | 40 | M | Severn | MD | USA | X | 37:22 | 7:07 | 1:15:10 | 19.3 | 22:23 | 8:00 | 2:17:16 |
| 12 | 146 | 230 | Quincy Collins | 40 | M | Orlando | FL | USA | X | 36:50 | 7:01 | 1:18:15 | 18.6 | 22:05 | 7:54 | 2:20:31 |
| 13 | 150 | 245 | Mark Devera | 43 | M | Forest Hills | NY | USA | X | 38:33 | 7:21 | 1:17:40 | 18.7 | 22:00 | 7:52 | 2:21:25 |
| 14 | 156 | 243 | Christopher Burl | 43 | M | Knoxville | TN | USA | X | 41:07 | 7:50 | 1:12:46 | 20.0 | 25:51 | 9:14 | 2:23:13 |
| 15 | 183 | 238 | Craig McAdams | 42 | M | Charleston | SC | USA | X | 38:15 | 7:18 | 1:25:01 | 17.1 | 22:36 | 8:05 | 2:29:13 |
| 16 | 190 | 239 | Pete Murray | 42 | M | Greenville | SC | USA | X | 37:46 | 7:12 | 1:26:39 | 16.8 | 22:28 | 8:02 | 2:31:38 |
| 17 | 209 | 247 | Shawn Hamilton | 43 | M | Coal City | IL | USA | X | 43:03 | 8:12 | 1:24:34 | 17.2 | 25:32 | 9:08 | 2:37:08 |

NUMBER OF FINISHERS: 17

FEMALE AGE GROUP 40 - 44 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|--------------------------|-----|---|------------|----|-----|---|-------|------|---------|------|-------|-------|---------|
| 1 | 1 | 434 | Aimee Phillippi-Taylor | 41 | F | Glenville | PA | USA | X | 32:02 | 6:07 | 1:08:56 | 21.1 | 17:32 | 6:16 | 2:00:27 |
| 2 | 9 | 429 | Jaime Simmons | 40 | F | Abingdon | VA | USA | X | 33:29 | 6:23 | 1:13:16 | 19.8 | 19:47 | 7:04 | 2:09:19 |
| 3 | 21 | 430 | Laura Epelbaum | 40 | F | Berwyn | PA | USA | X | 38:54 | 7:25 | 1:09:54 | 20.8 | 21:35 | 7:43 | 2:12:54 |
| 4 | 24 | 440 | Tania Zuzzolo | 42 | F | Sea Cliff | NY | USA | X | 36:06 | 6:53 | 1:14:32 | 19.5 | 20:09 | 7:12 | 2:13:20 |
| 5 | 36 | 442 | Sharon Adams | 43 | F | Reston | VA | USA | X | 36:58 | 7:03 | 1:17:13 | 18.8 | 21:52 | 7:49 | 2:18:36 |
| 6 | 39 | 436 | Olga Starikova | 41 | F | Winfield | IL | USA | X | 38:04 | 7:16 | 1:17:33 | 18.7 | 21:04 | 7:32 | 2:19:07 |
| 7 | 51 | 446 | Euleen Josiah-Tanner | 44 | F | Atlanta | GA | USA | X | 34:20 | 6:33 | 1:30:01 | 16.1 | 19:24 | 6:56 | 2:26:34 |
| 8 | 58 | 437 | Elizabeth Sylves | 41 | F | Hockessin | DE | USA | X | 41:49 | 7:58 | 1:19:42 | 18.2 | 25:23 | 9:04 | 2:29:40 |
| 9 | 62 | 448 | Astrid Cybulskis Collins | 44 | F | Irvine | CA | USA | X | 39:57 | 7:37 | 1:24:25 | 17.2 | 22:58 | 8:12 | 2:31:53 |
| 10 | 67 | 439 | Lana Burl | 42 | F | Knoxville | TN | USA | X | 44:24 | 8:28 | 1:21:32 | 17.8 | 24:15 | 8:40 | 2:33:58 |
| 11 | 80 | 431 | Melissa Guthrie | 41 | F | Gilbert | AZ | USA | X | 39:33 | 7:32 | 1:34:59 | 15.3 | 23:39 | 8:27 | 2:40:56 |
| 12 | 103 | 445 | Jennifer Halcomb | 44 | F | Bluffton | OH | USA | X | 49:39 | 9:28 | 1:30:22 | 16.1 | 27:01 | 9:39 | 2:51:45 |
| 13 | 106 | 443 | Wendy Outland | 43 | F | Saline | MI | USA | X | 48:42 | 9:17 | 1:32:04 | 15.8 | 29:40 | 10:36 | 2:54:36 |
| 14 | 107 | 438 | Katherine Blackwood | 42 | F | Greenville | SC | USA | X | 48:04 | 9:10 | 1:35:50 | 15.2 | 26:11 | 9:21 | 2:55:49 |
| 15 | 117 | 475 | Staci Brode | 42 | F | Dallas | TX | USA | X | 51:55 | 9:54 | 1:45:50 | 13.7 | 29:04 | 10:23 | 3:11:39 |

NUMBER OF FINISHERS: 15

MALE AGE GROUP 35 - 39 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-------------------|-----|---|------------------|----|-----|---|-------|-------|---------|------|-------|------|---------|
| 1 | 21 | 224 | Stephen Eles | 39 | M | Houghton | MI | USA | X | 28:26 | 5:25 | 1:08:09 | 21.3 | 16:25 | 5:52 | 1:54:51 |
| 2 | 46 | 211 | Cody Angell | 36 | M | Saint Petersburg | FL | USA | X | 30:42 | 5:51 | 1:12:07 | 20.1 | 17:52 | 6:23 | 2:03:27 |
| 3 | 50 | 219 | Eric Knackmuhs | 38 | M | Bowling Green | KY | USA | X | 32:49 | 6:15 | 1:07:28 | 21.5 | 19:52 | 7:06 | 2:04:23 |
| 4 | 64 | 221 | Chris Murphy | 38 | M | Chapel Hill | NC | USA | X | 32:22 | 6:10 | 1:12:38 | 20.0 | 18:49 | 6:44 | 2:06:05 |
| 5 | 78 | 222 | Francis Oliver | 38 | M | Grapevine | TX | USA | X | 35:48 | 6:49 | 1:11:29 | 20.3 | 19:16 | 6:53 | 2:08:35 |
| 6 | 81 | 220 | Brian Doyle | 38 | M | Jacksonville | FL | USA | X | 34:12 | 6:31 | 1:13:04 | 19.9 | 19:17 | 6:53 | 2:08:43 |
| 7 | 88 | 209 | Nathan Dent | 35 | M | Lisle | IL | USA | X | 36:35 | 6:59 | 1:13:28 | 19.8 | 18:20 | 6:33 | 2:10:21 |
| 8 | 116 | 213 | Luis Lora | 36 | M | Winter Park | FL | USA | X | 32:42 | 6:14 | 1:18:11 | 18.6 | 20:57 | 7:29 | 2:14:09 |
| 9 | 123 | 216 | Eric Schoch | 36 | M | Durham | NC | USA | X | 37:38 | 7:11 | 1:13:23 | 19.8 | 21:44 | 7:46 | 2:15:21 |
| 10 | 163 | 225 | Christopher Tech | 39 | M | Springboro | OH | USA | X | 42:05 | 8:01 | 1:14:34 | 19.5 | 24:03 | 8:36 | 2:24:09 |
| 11 | 195 | 218 | Roscoe Lewis | 37 | M | Waukee | IA | USA | X | 34:56 | 6:40 | 1:32:47 | 15.6 | 21:06 | 7:33 | 2:32:46 |
| 12 | 206 | 215 | Michael Nicholson | 36 | M | Alexandria | VA | USA | X | 42:54 | 8:11 | 1:23:29 | 17.4 | 25:30 | 9:07 | 2:36:15 |
| 13 | 228 | 214 | Gabriel Mejia | 36 | M | Santa Rosa Beach | FL | USA | X | 42:30 | 8:06 | 1:40:41 | 14.4 | 24:52 | 8:53 | 2:53:19 |
| 14 | 231 | 217 | Jason Nance | 37 | M | High Point | NC | USA | X | 52:31 | 10:01 | 1:32:38 | 15.7 | 26:58 | 9:38 | 2:56:27 |

NUMBER OF FINISHERS: 14

FEMALE AGE GROUP 35 - 39 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|----------------------------|-----|---|----------------|----|-----|---|-------|------|---------|------|-------|------|---------|
| 1 | 2 | 423 | Sarah Barkley | 39 | F | Wenatchee | WA | USA | X | 31:45 | 6:03 | 1:08:06 | 21.3 | 18:12 | 6:30 | 2:00:42 |
| 2 | 3 | 427 | Kirsten Sass | 39 | F | McKenzie | TN | USA | X | 33:29 | 6:23 | 1:09:50 | 20.8 | 18:47 | 6:43 | 2:03:54 |
| 3 | 4 | 412 | Meghan Fillnow | 35 | F | Charlotte | NC | USA | X | 33:24 | 6:22 | 1:11:14 | 20.4 | 17:45 | 6:21 | 2:04:44 |
| 4 | 10 | 424 | Kara Bonneau | 39 | F | Cary | NC | USA | X | 35:40 | 6:48 | 1:11:55 | 20.2 | 19:27 | 6:57 | 2:09:21 |
| 5 | 12 | 410 | Paige Wooden | 35 | F | Washington | DC | USA | X | 34:48 | 6:38 | 1:12:32 | 20.0 | 19:02 | 6:48 | 2:09:49 |
| 6 | 16 | 426 | Kristen Hetzel | 39 | F | Santa Monica | CA | USA | X | 34:17 | 6:32 | 1:15:05 | 19.3 | 19:20 | 6:55 | 2:11:01 |
| 7 | 17 | 414 | Maria Isabel Zamora Zarate | 35 | F | Queretaro | | USA | X | 33:37 | 6:25 | 1:16:31 | 19.0 | 19:05 | 6:49 | 2:11:15 |
| 8 | 25 | 416 | Renee Harrington | 36 | F | Raleigh | NC | USA | X | 37:10 | 7:05 | 1:13:45 | 19.7 | 21:18 | 7:37 | 2:14:03 |
| 9 | 28 | 415 | Tafara Pulse | 35 | F | Seattle | WA | USA | X | 34:48 | 6:38 | 1:18:36 | 18.5 | 20:06 | 7:11 | 2:15:30 |
| 10 | 29 | 411 | Carolynne Simons | 35 | F | Mississauga | ON | CAN | X | 38:18 | 7:18 | 1:14:31 | 19.5 | 21:05 | 7:32 | 2:15:55 |
| 11 | 34 | 417 | Kari Giles | 36 | F | Marietta | GA | USA | X | 36:19 | 6:55 | 1:19:23 | 18.3 | 20:01 | 7:09 | 2:18:06 |
| 12 | 43 | 420 | Ellen Ormsby | 38 | F | Annapolis | MD | USA | X | 39:27 | 7:31 | 1:18:03 | 18.6 | 22:56 | 8:12 | 2:23:26 |
| 13 | 45 | 413 | Karoline Muehlfellner | 35 | F | Dunedin | FL | USA | X | 39:27 | 7:31 | 1:21:06 | 17.9 | 21:45 | 7:47 | 2:24:18 |
| 14 | 57 | 419 | Sarah Hays | 37 | F | Mount Pleasant | SC | USA | X | 37:42 | 7:11 | 1:25:25 | 17.0 | 21:33 | 7:42 | 2:28:54 |
| 15 | 71 | 421 | Victoria Anderson | 38 | F | Washington | DC | USA | X | 46:11 | 8:48 | 1:21:26 | 17.8 | 24:50 | 8:52 | 2:35:25 |
| 16 | 77 | 418 | Shobha Lakshminarayana | 36 | F | Newark | DE | USA | X | 41:18 | 7:52 | 1:28:07 | 16.5 | 24:11 | 8:39 | 2:38:46 |
| 17 | 83 | 422 | Sarah Schoonover | 39 | F | Greenville | SC | USA | X | 43:20 | 8:16 | 1:27:48 | 16.5 | 24:12 | 8:39 | 2:41:52 |
| 18 | 84 | 425 | Caitlin Constantine | 39 | F | Largo | FL | USA | X | 42:20 | 8:04 | 1:32:15 | 15.7 | 23:51 | 8:31 | 2:42:06 |

NUMBER OF FINISHERS: 18

MALE AGE GROUP 30 - 34 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|---------------------|-----|---|----------------|----|-----|---|-------|------|---------|------|-------|------|---------|
| 1 | 1 | 184 | Alex Arman | 30 | M | Boulder | CO | USA | X | 27:54 | 5:19 | 58:39 | 24.8 | 15:42 | 5:37 | 1:43:41 |
| 2 | 4 | 186 | Albert Harrison | 30 | M | Moscow | ID | USA | X | 27:52 | 5:19 | 58:16 | 24.9 | 16:31 | 5:54 | 1:44:23 |
| 3 | 6 | 205 | Jeff Wilson | 33 | M | Akron | OH | USA | X | 28:07 | 5:22 | 59:31 | 24.4 | 15:22 | 5:30 | 1:44:55 |
| 4 | 7 | 193 | Wade Crusier | 31 | M | Sauk Rapids | MN | USA | X | 28:09 | 5:22 | 59:13 | 24.5 | 15:59 | 5:43 | 1:45:14 |
| 5 | 10 | 194 | Ricky Flynn | 31 | M | Greenville | SC | USA | X | 26:30 | 5:03 | 1:02:09 | 23.4 | 14:40 | 5:14 | 1:47:13 |
| 6 | 24 | 197 | Andrew Kubiak | 32 | M | Bloomington | IL | USA | X | 29:53 | 5:42 | 1:08:22 | 21.2 | 16:07 | 5:46 | 1:56:55 |
| 7 | 29 | 183 | Jeff Terebey | 30 | M | Raleigh | NC | USA | X | 31:43 | 6:03 | 1:06:44 | 21.8 | 17:56 | 6:25 | 1:58:51 |
| 8 | 31 | 191 | John Barker | 31 | M | Santa Ana | CA | USA | X | 29:58 | 5:43 | 1:10:18 | 20.7 | 17:11 | 6:09 | 1:59:17 |
| 9 | 33 | 187 | Kevin Jett | 30 | M | Columbia | SC | USA | X | 32:03 | 6:07 | 1:07:07 | 21.6 | 18:37 | 6:39 | 1:59:47 |
| 10 | 36 | 182 | Sameed Musvee | 30 | M | Berkeley | CA | USA | X | 28:44 | 5:29 | 1:13:35 | 19.7 | 16:17 | 5:49 | 2:00:47 |
| 11 | 42 | 196 | Greg Stein | 32 | M | Cincinnati | OH | USA | X | 32:18 | 6:09 | 1:10:07 | 20.7 | 17:21 | 6:12 | 2:02:01 |
| 12 | 51 | 199 | David Colman | 32 | M | Arlington | VA | USA | X | 32:50 | 6:16 | 1:11:44 | 20.2 | 17:16 | 6:10 | 2:04:23 |
| 13 | 61 | 198 | Patrick Brooks | 32 | M | Charleston | SC | USA | X | 33:31 | 6:23 | 1:10:19 | 20.6 | 19:22 | 6:55 | 2:05:49 |
| 14 | 62 | 192 | Jack Bourbonnais | 31 | M | Saint Louis | MO | USA | X | 31:40 | 6:02 | 1:13:20 | 19.8 | 18:54 | 6:45 | 2:05:51 |
| 15 | 95 | 185 | Brennan Benkert | 30 | M | Lees Summit | MO | USA | X | 30:27 | 5:48 | 1:17:23 | 18.8 | 20:13 | 7:13 | 2:10:42 |
| 16 | 96 | 188 | Patrick Keys | 30 | M | Chicago | IL | USA | X | 33:24 | 6:22 | 1:16:13 | 19.1 | 19:00 | 6:48 | 2:10:43 |
| 17 | 99 | 207 | Tim Delss | 34 | M | Severn | MD | USA | X | 37:59 | 7:15 | 1:11:00 | 20.5 | 20:37 | 7:22 | 2:11:28 |
| 18 | 113 | 201 | Wes Palmer | 33 | M | Travelers Rest | SC | USA | X | 33:01 | 6:18 | 1:17:09 | 18.8 | 19:35 | 7:00 | 2:13:42 |
| 19 | 127 | 203 | Gabriel Saavedra | 33 | M | Miami | FL | USA | X | 35:07 | 6:42 | 1:16:48 | 18.9 | 20:28 | 7:19 | 2:16:11 |
| 20 | 137 | 189 | Saxby Stradinger | 30 | M | Oklahoma City | OK | USA | X | 42:46 | 8:09 | 1:12:31 | 20.0 | 21:04 | 7:32 | 2:18:49 |
| 21 | 148 | 204 | Adam Waickman | 33 | M | Elkridge | MD | USA | X | 37:26 | 7:08 | 1:17:58 | 18.6 | 22:24 | 8:00 | 2:20:37 |
| 22 | 159 | 190 | David Braddy | 31 | M | Dillon | SC | USA | X | 36:13 | 6:54 | 1:24:17 | 17.2 | 20:25 | 7:18 | 2:23:54 |
| 23 | 205 | 206 | Hang Kei Simon Wong | 33 | M | New York | NY | USA | X | 40:07 | 7:39 | 1:25:32 | 17.0 | 24:38 | 8:48 | 2:35:47 |

NUMBER OF FINISHERS: 23

FEMALE AGE GROUP 30 - 34 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|------------------|-----|---|-------------|----|-----|---|---------|-------|---------|------|-------|-------|---------|
| 1 | 7 | 405 | Samantha Snukis | 32 | F | Pottstown | PA | USA | X | 31:53 | 6:05 | 1:14:23 | 19.5 | 17:56 | 6:25 | 2:07:30 |
| 2 | 33 | 402 | Kari Benkert | 32 | F | Lees Summit | MO | USA | X | 35:23 | 6:45 | 1:17:36 | 18.7 | 22:51 | 8:10 | 2:17:56 |
| 3 | 42 | 408 | Jessica Mattox | 34 | F | Tampa | FL | USA | X | 37:00 | 7:03 | 1:21:44 | 17.8 | 20:46 | 7:25 | 2:22:17 |
| 4 | 53 | 407 | Emily Allred | 33 | F | Del Mar | CA | USA | X | 37:40 | 7:11 | 1:22:36 | 17.6 | 22:07 | 7:54 | 2:27:18 |
| 5 | 102 | 409 | Kira Schlesinger | 34 | F | Nashville | TN | USA | X | 47:02 | 8:58 | 1:33:21 | 15.6 | 27:38 | 9:52 | 2:51:41 |
| 6 | 119 | 403 | Anne Forney | 32 | F | Arlington | VA | USA | X | 1:01:39 | 11:45 | 1:35:49 | 15.2 | 34:31 | 12:20 | 3:15:53 |
| 7 | 123 | 399 | Alison Hege | 30 | F | Charlotte | NC | USA | X | 57:07 | 10:53 | 1:50:20 | 13.2 | 33:13 | 11:52 | 3:26:36 |

NUMBER OF FINISHERS: 7

MALE AGE GROUP 25 - 29 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|----------------------|-----|---|--------------|----|-----|---|-------|------|---------|------|-------|------|---------|
| 1 | 2 | 170 | Nicholas Marcantonio | 25 | M | Glens Falls | NY | USA | X | 27:56 | 5:20 | 59:16 | 24.5 | 14:55 | 5:20 | 1:43:53 |
| 2 | 3 | 178 | Todd Buckingham | 29 | M | Big Rapids | MI | USA | X | 27:41 | 5:17 | 59:57 | 24.2 | 15:06 | 5:24 | 1:44:17 |
| 3 | 5 | 175 | David Luy | 27 | M | Brookfield | WI | USA | X | 27:03 | 5:10 | 1:00:23 | 24.0 | 15:04 | 5:23 | 1:44:51 |
| 4 | 8 | 177 | Andrew Baker | 29 | M | Greenville | SC | USA | X | 29:12 | 5:34 | 57:32 | 25.2 | 17:02 | 6:05 | 1:45:55 |
| 5 | 11 | 179 | Jacob Capin | 29 | M | Newark | DE | USA | X | 29:48 | 5:41 | 1:03:12 | 23.0 | 16:14 | 5:48 | 1:50:44 |
| 6 | 17 | 180 | Alexander Chappars | 29 | M | Xenia | OH | USA | X | 27:44 | 5:17 | 1:07:24 | 21.5 | 16:02 | 5:44 | 1:53:14 |
| 7 | 28 | 1031 | Benjamin Snodgrass | 26 | M | Portland | OR | USA | X | 31:24 | 5:59 | 1:09:21 | 20.9 | 15:25 | 5:31 | 1:58:46 |
| 8 | 82 | 174 | Dalton Guggemos | 27 | M | Indianapolis | IN | USA | X | 35:45 | 6:49 | 1:12:32 | 20.0 | 19:00 | 6:47 | 2:09:10 |
| 9 | 216 | 181 | Doug Johnson | 29 | M | Greenville | SC | USA | X | 41:52 | 7:59 | 1:35:32 | 15.2 | 23:26 | 8:22 | 2:42:41 |

NUMBER OF FINISHERS: 9

FEMALE AGE GROUP 25 - 29 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|-------------------|-----|---|--------------|----|-----|---|---------|-------|---------|------|-------|-------|---------|
| 1 | 14 | 391 | Christina Bax | 26 | F | Bethesda | MD | USA | X | 35:42 | 6:48 | 1:12:47 | 19.9 | 20:08 | 7:12 | 2:10:32 |
| 2 | 30 | 390 | Evelyn Werking | 25 | F | Elm Grove | WI | USA | X | 35:24 | 6:45 | 1:19:06 | 18.4 | 19:26 | 6:57 | 2:16:16 |
| 3 | 55 | 392 | Zoemma Warshafsky | 26 | F | Goose Creek | SC | USA | X | 38:15 | 7:18 | 1:24:58 | 17.1 | 22:39 | 8:06 | 2:28:30 |
| 4 | 60 | 398 | Lauren Trapp | 29 | F | South Bend | IN | USA | X | 41:00 | 7:49 | 1:22:47 | 17.5 | 23:39 | 8:27 | 2:30:43 |
| 5 | 64 | 394 | Lauren Konicki | 28 | F | Putnam | CT | USA | X | 40:56 | 7:48 | 1:26:12 | 16.8 | 22:44 | 8:08 | 2:33:03 |
| 6 | 93 | 393 | Alexandra Veenker | 26 | F | Stillwater | OK | USA | X | 45:29 | 8:40 | 1:30:54 | 16.0 | 28:15 | 10:06 | 2:47:40 |
| 7 | 110 | 396 | Rachel Guggemos | 29 | F | Indianapolis | IN | USA | X | 47:29 | 9:03 | 1:38:47 | 14.7 | 30:57 | 11:04 | 3:03:00 |
| 8 | 125 | 395 | Holly Mulder | 28 | F | Charlotte | NC | USA | X | 1:03:53 | 12:10 | 1:48:30 | 13.4 | 33:52 | 12:06 | 3:31:34 |

NUMBER OF FINISHERS: 8

MALE AGE GROUP 20 - 24 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|----------------|-----|---|-----------------|----|-----|---|-------|------|---------|------|-------|------|---------|
| 1 | 22 | 166 | Gatlin Holland | 23 | M | Fultondale | AL | USA | X | 29:16 | 5:35 | 1:07:43 | 21.4 | 16:05 | 5:45 | 1:55:13 |
| 2 | 44 | 167 | Chance Berry | 23 | M | Charlottesville | VA | USA | X | 31:00 | 5:55 | 1:11:23 | 20.3 | 17:31 | 6:16 | 2:02:48 |
| 3 | 132 | 169 | Mitchell Duke | 24 | M | Indianapolis | IN | USA | X | 38:46 | 7:23 | 1:14:13 | 19.6 | 19:38 | 7:01 | 2:16:42 |
| 4 | 188 | 165 | Tyler Thayer | 22 | M | Holland | MI | USA | X | 38:04 | 7:15 | 1:27:57 | 16.5 | 22:02 | 7:52 | 2:30:38 |
| 5 | 212 | 162 | Jake Honer | 20 | M | Angola | IN | USA | X | 38:06 | 7:16 | 1:35:55 | 15.1 | 23:40 | 8:27 | 2:40:26 |
| 6 | 219 | 164 | Adrian Deneen | 21 | M | Holland | MI | USA | X | 40:21 | 7:42 | 1:40:13 | 14.5 | 24:45 | 8:51 | 2:47:41 |
| 7 | 234 | 168 | Daniel Rush | 23 | M | Burleson | TX | USA | X | 40:35 | 7:44 | 1:50:16 | 13.2 | 25:38 | 9:10 | 2:59:07 |

NUMBER OF FINISHERS: 7

FEMALE AGE GROUP 20 - 24 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|----------------|-----|---|----------|----|-----|---|-------|------|---------|------|-------|-------|---------|
| 1 | 116 | 389 | Carolyn Hoover | 20 | F | Bethesda | MD | USA | X | 48:36 | 9:16 | 1:51:53 | 13.0 | 28:18 | 10:07 | 3:11:26 |

NUMBER OF FINISHERS: 1

MALE AGE GROUP 15 - 19 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|---------------|-----|---|-------------------|----|-----|---|-------|------|---------|------|-------|-------|---------|
| 1 | 32 | 161 | Oliver Porter | 19 | M | Asheville | NC | USA | X | 32:13 | 6:09 | 1:07:20 | 21.6 | 18:09 | 6:29 | 1:59:36 |
| 2 | 112 | 157 | Daeton Byars | 18 | M | Oak Ridge | TN | USA | X | 32:44 | 6:15 | 1:17:58 | 18.6 | 20:36 | 7:22 | 2:13:40 |
| 3 | 139 | 158 | Luke Little | 18 | M | Pacific | MO | USA | X | 36:01 | 6:52 | 1:20:13 | 18.1 | 20:09 | 7:12 | 2:18:59 |
| 4 | 192 | 156 | Quinn Mowlam | 18 | M | Ponte Vedra Beach | FL | USA | X | 39:45 | 7:35 | 1:26:56 | 16.7 | 20:37 | 7:22 | 2:32:11 |
| 5 | 229 | 160 | David Disher | 19 | M | Zeeland | MI | USA | X | 48:30 | 9:15 | 1:34:32 | 15.4 | 29:57 | 10:42 | 2:55:05 |

NUMBER OF FINISHERS: 5

FEMALE AGE GROUP 15 - 19 RESULTS

| Place | G-Pla | Numb | Name | Age | S | City | St | Res | U | Run1 | Pace | Bike | Rate | Run2 | Pace | Time |
|-------|-------|------|---------------|-----|---|--------------|----|-----|---|-------|------|---------|------|-------|------|---------|
| 1 | 5 | 388 | Rebecca Kefer | 18 | F | Kernersville | NC | USA | X | 32:58 | 6:17 | 1:11:54 | 20.2 | 18:28 | 6:36 | 2:06:37 |

NUMBER OF FINISHERS: 1