
 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 85-89 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
====	====	=====	===	=	=====	==	====	=====	=====	=====	=====	=====	=====	=====	=====
1	5533	Wayne Fong	86	M	Chatsworth	CA	USA	23:52	13:16	1:03:31	11.7	24:14	13:28	01:58:09	

NUMBER OF FINISHERS: 1

 USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP F85-89 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4733	Madonna Buder	88	F	Spokane	WA	USA	23:00	12:47	47:35	15.6	28:44	15:58	01:48:06	
2	4732	Molly Hayes	86	F	Bozeman	MT	USA	28:49	16:01	1:10:52	10.5	29:54	16:37	02:19:15	

NUMBER OF FINISHERS: 2

 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 80-84 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	5526	Donald Ardell	80	M	Gulfport	FL	USA	14:30	8:04	41:56	17.7	16:12	9:00	01:17:37	
2	5530	Jack Welber	81	M	Boulder	CO	USA	17:47	9:53	44:58	16.5	19:46	10:59	01:30:40	
3	5529	Bob Palmatier	81	M	El Cajon	CA	USA	19:42	10:57	41:46	17.8	22:35	12:33	01:30:42	
4	5527	Loren Scribner	80	M	Brownstown	MI	USA	16:31	9:11	47:04	15.8	22:53	12:43	01:31:51	
5	5531	Robert Oury	81	M	Hampshire	IL	USA	21:22	11:52	46:41	15.9	24:42	13:43	01:41:04	
6	5525	Don Nelson	80	M	Tulsa	OK	USA	23:32	13:05	48:52	15.2	25:07	13:57	01:45:04	

NUMBER OF FINISHERS: 6

 USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 80-84 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4729	Sharon Roggenbuck	80	F	Hillsborough	NC	USA	19:44	10:58	45:10	16.5	22:06	12:17	01:34:15	
2	4731	Sheila Isaacs	81	F	Shoreham	NY	USA	22:03	12:15	50:07	14.8	24:20	13:31	01:45:14	
3	4730	Luise Easton	80	F	Olmsted Falls	OH	USA	24:55	13:51	1:03:12	11.8	32:16	17:56	02:07:35	

NUMBER OF FINISHERS: 3

 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 75 - 79 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
====	====	=====	==	=	=====	==	====	=====	=====	=====	=====	=====	=====	=====	=====
1	5537	Kent Blair	75	M	Corrales	NM	USA	11:45	6:32	37:39	19.8	12:38	7:02	01:06:09	
2	5501	Robert Plant	75	M	Woodside	CA	USA	13:50	7:41	39:10	19.0	13:46	7:39	01:10:27	
3	5508	Daryl Stevens	76	M	Sartell	MN	USA	16:51	9:22	36:43	20.3	17:23	9:40	01:16:00	
4	5511	Raymond Eastwood	77	M	Palos Verdes Est	CA	USA	15:51	8:49	40:08	18.5	15:49	8:48	01:17:29	
5	5503	Jerry Shere	75	M	Santa Fe	NM	USA	17:06	9:30	39:28	18.9	18:40	10:22	01:19:41	
6	5523	Lockett Wood	79	M	Lyons	CO	USA	14:30	8:04	46:27	16.0	15:33	8:39	01:20:52	
7	5519	John Brennen	78	M	Naples	FL	USA	14:58	8:19	42:24	17.5	16:11	9:00	01:21:47	
8	5515	Neal Genda	77	M	San Marino	CA	USA	17:30	9:44	41:25	18.0	18:50	10:28	01:23:40	
9	5506	Albert Leon	76	M	Miami	FL	USA	18:52	10:29	42:24	17.5	19:20	10:44	01:25:28	
10	5505	Joe Koziol	75	M	Framingham	MA	USA	17:26	9:41	45:41	16.3	19:12	10:40	01:26:48	
11	5500	Mike Gaffney	75	M	Oakton	VA	USA	16:08	8:58	48:12	15.4	16:19	9:04	01:28:06	
12	5504	James Ferry	75	M	State College	PA	USA	17:25	9:41	43:48	17.0	21:27	11:55	01:28:24	
13	5510	Ralph Ward	77	M	Sun City	AZ	USA	20:01	11:08	40:33	18.3	21:24	11:54	01:28:33	
14	5520	Bernard Krzys	78	M	Valley City	OH	USA	19:11	10:39	44:48	16.6	19:33	10:52	01:29:03	
15	5509	Tom Smith	76	M	Lakewood	OH	USA	17:01	9:28	47:43	15.6	19:38	10:55	01:29:22	
16	5513	Michael Chessnoe	77	M	Denver	CO	USA	20:15	11:15	43:51	17.0	18:54	10:30	01:29:42	
17	5522	Rod Daley	79	M	Laguna Beach	CA	USA	18:02	10:01	45:53	16.2	19:32	10:51	01:30:25	
18	5517	Patrick Damron	77	M	Monroe	WA	USA	22:26	12:28	42:43	17.4	25:09	13:58	01:37:06	
19	5507	Bob Levy	76	M	Philadelphia	PA	USA	18:42	10:24	51:45	14.4	22:22	12:26	01:40:24	
20	5516	Edward Haines	77	M	Doylestown	PA	USA	17:46	9:52	55:51	13.3	21:47	12:06	01:45:37	
21	5518	Paul Schmidt	77	M	Elsah	IL	USA	23:20	12:58	52:36	14.1	25:36	14:14	01:48:13	
22	5524	Ron Gerevas	79	M	Rancho Santa Fe	CA	USA	21:20	11:51	53:43	13.9	25:12	14:00	01:48:48	
23	5499	Robert Stocker	75	M	Okemos	MI	USA	23:16	12:56	49:07	15.1	25:40	14:16	01:49:04	
24	5521	Tim Grumbacher	78	M	York	PA	USA	24:25	13:34	58:19	12.8	28:15	15:42	02:10:15	

NUMBER OF FINISHERS: 24

 USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 75 - 79 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4720	Lois Leon	76	F	Miam	GA	USA	18:21	10:12	39:22	18.9	19:25	10:48	01:22:40	
2	4725	Sandy Vanderstoep	77	F	Colorado Springs	CO	USA	16:31	9:11	42:17	17.6	17:31	9:44	01:23:36	
3	4719	Sibyl Jacobson	76	F	New York	NY	USA	18:31	10:17	44:13	16.8	19:08	10:38	01:28:42	
4	4722	Patricia Ryan	77	F	Medford	MA	USA	20:07	11:11	48:57	15.2	20:28	11:22	01:36:13	
5	4726	Rose Marie Ray	77	F	Seminole	FL	USA	21:01	11:41	46:16	16.1	22:46	12:39	01:36:37	
6	4723	Willy Moolenaar	77	F	Indialantic	FL	USA	17:22	9:39	54:10	13.7	20:48	11:34	01:38:06	
7	4724	June Black	77	F	Austin	TX	USA	21:43	12:04	49:15	15.1	22:36	12:33	01:41:44	
8	4717	Mary Reagan	75	F	Atlanta	GA	USA	21:04	11:43	52:26	14.2	23:26	13:02	01:45:26	
9	4727	Ellen Demsky	78	F	Tarzana	CA	USA	18:19	10:11	56:43	13.1	19:45	10:58	01:46:16	2:00
10	4718	Diane Mohwinkel	76	F	Anchorage	AK	USA	22:44	12:38	49:48	14.9	28:02	15:35	01:48:54	

NUMBER OF FINISHERS: 10

 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 70 - 74 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	5468	Terry Habecker	71	M	Ithaca	NY	USA	13:01	7:14	34:11	21.8	12:58	7:12	01:03:37	
2	5453	Steve Collins	70	M	Olympia	WA	USA	12:14	6:48	36:54	20.2	13:05	7:16	01:05:55	
3	5483	Richard Poole	73	M	York	PA	USA	13:22	7:26	36:34	20.3	13:41	7:36	01:07:18	
4	5463	Barry Rowe	70	M	Louisville	KY	USA	14:12	7:53	35:29	21.0	14:18	7:57	01:07:54	
5	5458	J John Mann	70	M	Bronx	NY	USA	12:28	6:56	38:30	19.3	12:48	7:07	01:07:55	
6	5479	Daniel Kirk	72	M	Blaine	MN	USA	13:50	7:42	36:29	20.4	15:00	8:20	01:09:15	
7	5456	David Truesdell	70	M	Plymouth	MA	USA	13:13	7:21	38:49	19.2	13:52	7:42	01:09:34	
8	5467	Michael Zinn	71	M	Dallas	TX	USA	15:02	8:21	36:02	20.6	15:15	8:28	01:09:59	
9	5455	David Hay	70	M	Scottsdale	AZ	USA	14:44	8:11	36:42	20.3	15:00	8:20	01:10:59	
10	5475	Kenneth Geljack	71	M	Bristol	IN	USA	14:07	7:51	37:00	20.1	14:55	8:18	01:11:03	
11	5492	Wally Herrala	74	M	Ann Arbor	MI	USA	14:44	8:11	36:41	20.3	15:31	8:37	01:11:23	
12	5477	Elliott Foucar	72	M	Albuquerque	NM	USA	13:27	7:29	37:17	20.0	15:08	8:24	01:11:36	
13	5480	Christopher Baker	72	M	Weedsport	NY	USA	14:50	8:15	37:54	19.6	14:48	8:13	01:11:37	
14	5473	Paul Bloom	71	M	Durham	NC	USA	13:48	7:40	39:55	18.6	14:33	8:05	01:12:49	
15	5482	Dennis West	72	M	Bloomfield	MI	USA	15:22	8:33	38:22	19.4	15:39	8:42	01:12:55	
16	5460	Richard Widman	70	M	Isle Of Palms	SC	USA	15:47	8:46	37:38	19.8	16:10	8:59	01:13:34	
17	5470	Michael Kuhn	71	M	Grosse Ile	MI	USA	15:57	8:52	39:28	18.9	14:53	8:16	01:13:34	
18	5498	L E Nelson	74	M	Hixson	TN	USA	15:42	8:43	38:10	19.5	15:54	8:50	01:14:02	
19	5466	Perry Hudson	70	M	Kill Devil Hills	NC	USA	14:19	7:57	39:06	19.0	15:46	8:46	01:14:33	
20	5457	Dave Hanichak	70	M	Edwardsburg	MI	USA	13:24	7:27	41:36	17.9	14:18	7:57	01:15:53	
21	5476	David N. Cook	71	M	Oxnard	CA	USA	15:15	8:28	40:39	18.3	16:45	9:19	01:16:02	
22	5464	William Curran	70	M	Rye	NY	USA	15:32	8:38	38:31	19.3	16:11	9:00	01:16:18	
23	5490	Bill Gaertner	74	M	Waukesha	WI	USA	14:48	8:14	38:48	19.2	17:02	9:28	01:16:36	
24	5454	Lee Griffith	70	M	Fairfax	VA	USA	15:31	8:38	41:27	17.9	16:35	9:13	01:17:27	
25	5487	Jack Missett	73	M	Carlsbad	CA	USA	14:28	8:02	44:55	16.6	14:59	8:20	01:17:32	
26	5486	Brad Kirley	73	M	Orange	VA	USA	15:40	8:43	42:14	17.6	15:57	8:52	01:18:14	
27	5484	Derek Duvall	73	M	Blaine	WA	USA	16:04	8:56	41:57	17.7	16:44	9:18	01:19:06	
28	5496	Charles Booth	74	M	Pasadena	CA	USA	16:11	9:00	39:57	18.6	18:06	10:03	01:19:14	
29	5495	Jim Cunningham	74	M	Ticonderoga	NY	USA	16:23	9:06	40:56	18.2	17:14	9:35	01:19:47	
30	5465	Ron Olson	70	M	Ann Arbor	MI	USA	17:48	9:53	39:52	18.7	18:26	10:14	01:22:09	
31	5471	Randy McGough	71	M	New Port Richey	FL	USA	15:36	8:40	44:03	16.9	16:15	9:02	01:22:50	
32	5469	George Gerken	71	M	Mount Gilead	OH	USA	17:20	9:38	41:30	17.9	18:56	10:31	01:22:51	
33	5452	Bob Cavallo	70	M	Hammond	IN	USA	19:06	10:37	38:22	19.4	20:01	11:07	01:23:28	
34	5478	David Mitchell	72	M	Bartlett	TN	USA	18:20	10:11	44:17	16.8	19:13	10:41	01:28:07	
35	5491	Paul Allingham	74	M	Burlington	ON	CAN	17:48	9:53	44:44	16.6	20:03	11:08	01:28:51	
36	5493	Kenneth Lewis	74	M	Scottsdale	AZ	USA	18:52	10:29	45:02	16.5	19:26	10:48	01:29:46	
37	5488	Roger Kenyon	73	M	Keller	TX	USA	19:02	10:35	50:21	14.8	21:01	11:41	01:36:55	
38	5497	Michael Enderly	74	M	Cincinnati	OH	USA	20:26	11:22	46:14	16.1	22:56	12:44	01:38:02	
39	5489	Peter Hackbert	73	M	Berea	KY	USA	19:32	10:51	50:09	14.8	22:01	12:14	01:40:20	
40	5485	Roger Motten	73	M	Casper	WY	USA	22:23	12:26	46:49	15.9	41:51	23:15	02:01:32	

NUMBER OF FINISHERS: 40

 USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 70 - 74 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	4699	Kathy Calabretta	70	F	Ludington	MI	USA	14:07	7:51	38:00	19.6	14:14	7:55	01:10:59	
2	4697	Lynda Lubelczyk	70	F	Manchester	NH	USA	14:42	8:10	36:03	20.6	15:45	8:45	01:11:30	
3	4716	Mary Ann Bogart	74	F	Los Altos	CA	USA	15:52	8:49	39:50	18.7	16:18	9:04	01:17:50	
4	4704	Jo Adamson	70	F	Alpharetta	GA	USA	16:28	9:09	39:38	18.8	17:18	9:37	01:18:51	
5	4707	Ruth Hamilton	71	F	McLean	VA	USA	16:07	8:57	40:19	18.5	17:29	9:43	01:19:00	
6	4715	Bonnie Herter	73	F	Steamboat Spring	CO	USA	16:25	9:07	40:17	18.5	17:04	9:29	01:19:50	
7	4702	Kathy Schreckengost	70	F	Erie	PA	USA	16:33	9:12	40:45	18.3	19:01	10:34	01:22:27	
8	4701	Carol Ward	70	F	Gainesville	FL	USA	17:51	9:55	39:44	18.7	19:40	10:56	01:23:12	
9	4705	Barbara Kostner	70	F	Lakewood	CO	USA	18:06	10:03	41:15	18.0	19:26	10:48	01:23:35	
10	4703	Nancy Hays	70	F	Medford	MA	USA	19:19	10:44	40:48	18.2	20:59	11:40	01:27:53	
11	4698	Heidi Hoffmann	70	F	Aspen	CO	USA	18:30	10:17	44:25	16.8	21:15	11:49	01:30:27	
12	4710	Sarah Artese	71	F	Hudson	OH	USA	18:11	10:06	51:33	14.4	20:17	11:16	01:35:15	
13	4706	Frances Carly	70	F	Kent	OH	USA	17:08	9:31	56:02	13.3	19:12	10:40	01:39:49	
14	4711	Pat Shaffer	71	F	Fountain Valley	CA	USA	19:37	10:54	51:46	14.4	19:53	11:03	01:40:16	
15	4712	Patricia Richardson	71	F	Onsted	MI	USA	19:33	10:52	51:56	14.3	22:08	12:18	01:41:32	
16	4708	Erin Swenson	71	F	Decatur	GA	USA	21:31	11:58	50:22	14.8	23:24	13:00	01:43:44	
17	4714	Lisl Jackson	72	F	Chattanooga	TN	USA	20:43	11:31	53:12	14.0	24:10	13:26	01:44:17	

NUMBER OF FINISHERS: 17

USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 65 - 69 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	5416	Gregory Pautsch	66	M	Hayward	WI	USA	11:37	6:28	31:47	23.4	12:04	6:42	00:58:50	
2	5402	Philip Friedman	65	M	Erie	PA	USA	10:21	5:45	33:20	22.3	11:12	6:14	00:59:44	2:00
3	5414	Tom Kinneman	66	M	North Andover	MA	USA	11:01	6:07	34:56	21.3	11:03	6:08	00:59:56	
4	5405	David Morrow	65	M	Tarpon Springs	FL	USA	11:12	6:14	33:55	21.9	11:53	6:36	01:00:00	
5	5426	Michael Orendorff	67	M	Pueblo	CO	USA	11:38	6:28	33:21	22.3	12:05	6:43	01:00:00	
6	5399	Gary Rodefelf	65	M	Richmond	IN	USA	11:38	6:28	33:09	22.4	12:07	6:44	01:00:19	
7	5397	Robert Kinney	65	M	Huntington Beach	CA	USA	12:20	6:51	34:47	21.4	13:01	7:14	01:03:16	
8	5418	Michael Hollway	66	M	Lewis Center	OH	USA	11:52	6:36	34:29	21.6	13:11	7:20	01:03:27	
9	5436	Lonnie Lepore	67	M	Asheville	NC	USA	12:40	7:02	34:08	21.8	12:35	7:00	01:03:35	
10	5404	Daniel Nagelberg	65	M	Savannah	GA	USA	12:12	6:47	34:01	21.9	12:03	6:42	01:04:04	2:00
11	5396	Pat Brooks	65	M	Orlando	FL	USA	12:26	6:55	35:41	20.9	12:54	7:10	01:04:35	
12	5400	Chuck Chokel	65	M	Oro Valley	AZ	USA	12:05	6:43	35:57	20.7	13:06	7:17	01:04:43	
13	5445	Duane Amato	68	M	Suttons Bay	MI	USA	13:12	7:20	35:57	20.7	12:47	7:06	01:05:14	
14	5435	Jim Sumara	67	M	Jacksonville	FL	USA	13:22	7:26	34:25	21.6	14:30	8:03	01:05:36	
15	5432	Robert Rossbach	67	M	Grosse Pointe Pa	MI	USA	14:10	7:52	33:49	22.0	13:57	7:45	01:05:38	
16	5535	Gene Bachman	65	M	Virginia Beach	VA	USA	13:27	7:29	35:28	21.0	13:23	7:27	01:06:33	
17	5392	Stephen Buescher	65	M	Irvine	CA	USA	12:55	7:11	36:42	20.3	13:48	7:40	01:06:33	
18	5447	Steve Polley	69	M	Thousand Oaks	CA	USA	12:34	6:59	37:44	19.7	13:27	7:28	01:06:45	
19	5451	John Gregory	69	M	Roanoke	VA	USA	14:03	7:49	35:25	21.0	13:37	7:34	01:07:25	
20	5408	Dennis Fleetwood	66	M	Gainesville	FL	USA	13:33	7:32	36:24	20.4	14:08	7:51	01:07:44	
21	5421	Norman W. Cole	66	M	Tellico Plains	TN	USA	13:58	7:46	35:23	21.0	14:47	8:13	01:07:49	
22	5431	Ward King	67	M	Ambler	PA	USA	12:41	7:03	38:04	19.5	13:11	7:20	01:07:52	
23	5443	Ken Hyde	68	M	Valparaiso	IN	USA	14:01	7:48	35:49	20.8	14:21	7:59	01:08:12	
24	5429	Don Yohman	67	M	Cincinnati	OH	USA	13:06	7:17	37:17	20.0	14:01	7:47	01:08:37	
25	5430	Mike Wien	67	M	Boulder	CO	USA	13:31	7:31	36:49	20.2	13:09	7:19	01:08:45	
26	5448	Bill McCarthy	69	M	Chicago	IL	USA	14:12	7:54	36:03	20.6	14:38	8:08	01:10:07	
27	5449	Michael Dwyer	69	M	The Woodlands	TX	USA	15:42	8:44	36:46	20.2	15:14	8:28	01:12:09	
28	5401	Marty Langan	65	M	Luling	LA	USA	14:36	8:07	39:27	18.9	14:09	7:52	01:12:22	
29	5427	Johan De Jong	67	M	Richmond	IN	USA	15:30	8:37	36:14	20.5	16:23	9:06	01:12:41	
30	5417	John Yost	66	M	Girard	KS	USA	14:34	8:06	41:13	18.1	14:35	8:06	01:15:17	
31	5391	Michael Chance	65	M	Gainesville	FL	USA	13:44	7:38	41:26	18.0	14:07	7:51	01:15:44	
32	5446	Dyonizy Wencel	68	M	Pepper Pike	OH	USA	14:35	8:06	39:29	18.8	17:17	9:37	01:16:05	
33	5395	Charlie Tingle	65	M	Coppell	TX	USA	14:51	8:15	40:34	18.3	15:50	8:48	01:16:34	
34	5419	Ian Macfawn	66	M	Lavale	MD	USA	15:50	8:48	35:29	21.0	19:22	10:46	01:16:52	
35	5411	Jim Ladewig	66	M	Kingwood	TX	USA	14:33	8:05	42:01	17.7	15:11	8:26	01:17:33	
36	5394	Roger Antoniu	65	M	Edwardsburg	MI	USA	15:51	8:49	37:40	19.8	19:38	10:55	01:17:45	
37	5406	Robert Opkins	65	M	St. Johns	FL	USA	15:24	8:34	41:24	18.0	16:35	9:13	01:18:12	
38	5420	Jim Scott	66	M	Dresden	OH	USA	14:48	8:14	42:33	17.5	16:01	8:54	01:19:40	
39	5442	Chuck Graziano	68	M	Ramsey	NJ	USA	16:06	8:57	39:34	18.8	19:19	10:44	01:20:07	
40	5450	John Seryak	69	M	Reynoldsburg	OH	USA	14:31	8:04	43:54	16.9	16:39	9:15	01:20:16	
41	5433	Len Joy	67	M	Evanston	IL	USA	18:33	10:19	39:44	18.7	17:49	9:54	01:22:14	
42	5441	Tim Mulloy	68	M	Oshkosh	WI	USA	18:44	10:25	38:29	19.3	20:05	11:10	01:22:25	
43	5413	David Johns	66	M	Barre	VT	USA	15:34	8:39	43:38	17.1	19:04	10:36	01:23:00	
44	5398	Rod Terasaki	65	M	Bellevue	WA	USA	14:07	7:51	37:51	19.7	14:25	8:01	01:23:59	
45	5444	Eric Bressler	68	M	Cutchogue	NY	USA	17:22	9:39	41:35	17.9	18:08	10:05	01:24:19	
46	5440	Thomas Dickerson	68	M	Gloucester	MA	USA	15:18	8:30	47:15	15.7	16:12	9:00	01:24:34	
47	5409	David Wood	66	M	Atwood	TN	USA	17:44	9:51	41:33	17.9	21:03	11:42	01:26:54	
48	5390	Ken Rider	65	M	Clermont	FL	USA	18:31	10:17	47:01	15.8	19:23	10:46	01:32:07	
49	5403	Brien Shanahan	65	M	Pepper Pike	OH	USA	17:11	9:33	46:52	15.9	22:05	12:16	01:32:42	
50	5410	Scott Dickson	66	M	Atlanta	GA	USA	18:13	10:08	45:38	16.3	19:51	11:02	01:33:07	
51	5437	David Krahe	67	M	Moreland Hills	OH	USA	18:36	10:20	45:44	16.3	20:52	11:36	01:33:42	

NUMBER OF FINISHERS: 51

 USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 65 - 69 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	4656	Carol Hassell	65	F	West Palm Beach	FL	USA	13:30	7:30	34:51	21.3	13:57	7:45	01:06:17	
2	4666	Ann Sims	66	F	Asheville	NC	USA	13:04	7:16	37:17	20.0	12:51	7:09	01:07:28	
3	4665	Missy Lestrangle	66	F	Visalia	CA	USA	13:23	7:26	36:12	20.6	13:41	7:36	01:07:35	
4	4672	Vianna Zimbel	66	F	South Glastonbur	CT	USA	14:15	7:55	36:51	20.2	14:53	8:16	01:10:04	
5	4660	Shelly Bloom	65	F	Durham	NC	USA	13:14	7:21	39:08	19.0	14:53	8:16	01:10:54	
6	4657	Sue Reynolds	65	F	Bloomington	IN	USA	16:35	9:13	36:03	20.6	16:36	9:14	01:14:04	
7	4680	Ruth King	67	F	Ambler	PA	USA	14:47	8:13	40:05	18.6	14:48	8:14	01:14:36	
8	4677	Brenda Switzer	66	F	Manlius	NY	USA	14:29	8:03	41:20	18.0	15:44	8:44	01:16:47	
9	4670	Fran Trees	66	F	Sussex	NJ	USA	14:17	7:56	41:34	17.9	16:09	8:59	01:17:07	
10	4691	Kathleen M Doswell	69	F	Columbia	VA	USA	14:07	7:51	43:57	16.9	15:42	8:44	01:17:38	
11	4664	Carol Brown	65	F	Glenview	IL	USA	15:02	8:21	41:17	18.0	15:54	8:50	01:17:57	
12	4690	Jessica Wheeler	68	F	Bristol	RI	USA	13:53	7:43	44:36	16.7	14:41	8:10	01:18:40	
13	4689	Deborah Gaynor	68	F	Santa Fe	NM	USA	16:52	9:23	39:23	18.9	16:57	9:25	01:18:52	
14	4663	Kathy Root	65	F	Norwalk	OH	USA	16:13	9:01	42:16	17.6	15:39	8:42	01:19:07	
15	4684	Pamela Roberts	68	F	Lauderdale By Th	FL	USA	14:59	8:20	42:44	17.4	16:51	9:22	01:19:17	
16	4686	Etta "sunny" Dahlquist	68	F	Springfield	IL	USA	15:50	8:48	42:50	17.4	15:50	8:48	01:19:39	
17	4674	Laurita Samuels	66	F	Fort Pierce	FL	USA	15:46	8:46	44:07	16.9	16:24	9:07	01:21:50	
18	4682	Sally Rogers	67	F	West Chester	PA	USA	16:08	8:58	45:45	16.3	16:08	8:58	01:22:09	
19	4661	Diane Schubert	65	F	New Hyde Park	NY	USA	17:03	9:28	43:31	17.1	17:16	9:36	01:23:47	
20	4675	Suzanne Mink	66	F	Washington	DC	USA	16:49	9:21	43:17	17.2	18:06	10:03	01:23:53	
21	4662	Nancy Smith	65	F	Syracuse	NY	USA	15:46	8:46	48:05	15.5	15:48	8:47	01:25:48	
22	4659	Maureen McKinley	65	F	Lake Forest	CA	USA	16:03	8:55	47:36	15.6	16:51	9:22	01:25:49	
23	4695	Mary Beth Price	69	F	Cincinnati	OH	USA	15:35	8:40	49:11	15.1	17:31	9:44	01:28:14	
24	4685	Nan Monhaut	68	F	Granger	IN	USA	16:37	9:14	48:44	15.3	17:48	9:54	01:29:18	
25	4655	Maryellen Carney	65	F	Bratenahl	OH	USA	17:29	9:43	43:51	17.0	19:43	10:58	01:29:19	
26	4683	Ginny Burton	68	F	Baldwinsville	NY	USA	19:00	10:33	43:47	17.0	20:04	11:09	01:30:53	
27	4688	Susan Paisner	68	F	Silver Spring	MD	USA	19:22	10:46	45:56	16.2	20:53	11:37	01:31:25	
28	4694	Carol Congdon	69	F	Rutland	MA	USA	19:36	10:54	46:56	15.9	21:02	11:41	01:33:46	
29	4687	Carolyn Hall	68	F	Honolulu	HI	USA	17:24	9:40	47:24	15.7	21:59	12:13	01:34:16	
30	4667	Jane Pytlewski	66	F	El Paso	TX	USA	19:20	10:44	50:04	14.9	21:21	11:52	01:37:20	
31	4681	Karen Wilcox	67	F	Austin	TX	USA	18:01	10:01	50:53	14.6	22:17	12:23	01:39:02	
32	4735	Sandy Ladewig	66	F	Kingwood	TX	USA	18:55	10:31	54:18	13.7	21:00	11:40	01:41:40	
33	4671	Ruthann Strebler	66	F	Jacksonville	FL	USA	16:42	9:17	1:11:42	10.4	20:07	11:11	01:53:50	
34	4693	To Chau Russo	69	F	Miami Beach	FL	USA	23:35	13:06	55:33	13.4	26:34	14:46	01:55:02	

NUMBER OF FINISHERS: 34

USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 60 - 64 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	5315	Ron Gierut	61	M	Cedar Rapids	IA	USA	10:26	5:48	30:06	24.7	10:48	6:00	00:54:30	
2	5536	Tony Schiller	60	M	Eden Praire	MN	USA	10:22	5:46	31:03	24.0	10:28	5:49	00:54:35	
3	5377	Gregory Taylor	64	M	Yankton	SD	USA	10:59	6:07	30:22	24.5	10:45	5:59	00:54:53	
4	5332	James Aust	61	M	Sunbury	OH	USA	10:59	6:07	30:23	24.5	10:54	6:03	00:55:12	
5	5310	Kc Bailey	60	M	Geneseo	NY	USA	10:20	5:44	32:20	23.0	10:43	5:57	00:56:07	
6	5304	Dave Furey	60	M	Ann Arbor	MI	USA	10:25	5:47	32:19	23.0	10:48	6:00	00:56:08	
7	7001	Michael Gay	60	M	St. Petersburg	FL	USA	10:37	5:54	32:18	23.0	11:18	6:17	00:56:53	
8	5303	Frank Green	60	M	Miami	FL	USA	10:49	6:01	32:27	22.9	10:48	6:00	00:57:57	
9	5317	Mark Drangsholt	61	M	Seattle	WA	USA	12:10	6:46	32:07	23.2	12:03	6:42	00:59:30	
10	5313	Erin Rankin	60	M	Medina	OH	USA	10:23	5:46	34:55	21.3	11:01	6:08	00:59:32	
11	5386	Jeff Reed	64	M	Norwich	VT	USA	11:42	6:30	32:54	22.6	12:09	6:45	00:59:56	
12	5350	Bob Switzer	62	M	Defiance	OH	USA	10:28	5:49	33:43	22.1	12:32	6:58	00:59:57	
13	5318	Geoffrey Chandler	61	M	Indianapolis	IN	USA	12:31	6:57	31:56	23.3	12:27	6:55	01:00:06	
14	5351	Steve Gallagher	62	M	Winter Park	FL	USA	11:36	6:27	33:22	22.3	12:04	6:42	01:00:19	
15	5349	Bill Reese	62	M	Mandeville	LA	USA	10:59	6:06	34:50	21.4	11:23	6:20	01:00:39	
16	5308	Tim Brown	60	M	Blaine	MN	USA	11:50	6:35	33:37	22.1	11:36	6:27	01:00:48	
17	5370	Robert Webster	63	M	Pryor	OK	USA	11:07	6:11	34:52	21.3	11:42	6:30	01:01:09	
18	5367	George Van Meter Jr	63	M	Lexington	KY	USA	12:13	6:48	33:54	21.9	11:48	6:34	01:01:15	
19	5302	Steven Wade	60	M	Burlington	WA	USA	11:58	6:39	33:50	22.0	12:05	6:43	01:01:18	
20	5296	Brent Reynolds	60	M	Great Falls	VA	USA	11:11	6:13	35:30	21.0	12:03	6:42	01:01:19	
21	5294	John Reed	60	M	New Wilmington	PA	USA	11:16	6:16	35:09	21.2	11:39	6:29	01:01:21	
22	5295	Eddie Drudge	60	M	Claypool	IN	USA	11:55	6:38	33:18	22.3	12:59	7:13	01:01:47	
23	5385	Thomas Stroup	64	M	Great Falls	VA	USA	11:51	6:35	34:12	21.8	12:49	7:08	01:01:52	
24	5373	Terry Loftus	63	M	Laguna Niguel	CA	USA	12:35	7:00	33:08	22.5	13:12	7:20	01:02:02	
25	5328	David Dillingham	61	M	Elgin	OK	USA	11:19	6:17	35:59	20.7	12:01	6:41	01:02:15	
26	5333	Peter Rittenhouse	61	M	West Chester	PA	USA	12:05	6:43	34:30	21.6	12:43	7:04	01:02:41	
27	5320	Paul Gigliotti	61	M	Opelika	AL	USA	12:01	6:41	34:10	21.8	13:05	7:17	01:03:15	
28	5290	Edward Hibben	60	M	Concord	MA	USA	12:47	7:06	34:45	21.4	12:41	7:03	01:03:34	
29	5388	David Marsh	64	M	Apple Valley	CA	USA	12:52	7:09	34:15	21.7	13:22	7:26	01:03:43	
30	5321	Al Masterson	61	M	Redding	CA	USA	12:39	7:02	34:51	21.3	12:39	7:02	01:04:10	
31	5336	Thomas Bergren	61	M	Blaine	MN	USA	11:42	6:30	35:49	20.8	13:14	7:21	01:04:15	
32	5309	Kirk Robinson	60	M	Akron	IN	USA	11:49	6:34	35:59	20.7	12:53	7:10	01:04:16	
33	5342	Robert Bowers	62	M	Collonge-Belleri	CHE		11:54	6:37	36:15	20.5	11:48	6:34	01:04:31	
34	5341	James Stanfield Jr	62	M	Peoria	AZ	USA	11:59	6:40	35:31	20.9	13:16	7:23	01:04:44	
35	5359	Eli Tepperberg	63	M	Sussex	NJ	USA	12:56	7:11	35:58	20.7	12:56	7:11	01:04:58	
36	5378	Karl Barksdale	64	M	Springville	UT	USA	12:29	6:56	36:06	20.6	12:51	7:09	01:05:05	
37	5293	Michael Nelson	60	M	Fontana	CA	USA	11:50	6:35	35:33	20.9	12:28	6:56	01:05:18	
38	5292	James Felty	60	M	Silverdale	WA	USA	11:43	6:31	37:05	20.1	12:32	6:58	01:05:31	
39	5298	Doug Morris	60	M	Geneva	IL	USA	12:06	6:44	36:10	20.6	13:45	7:39	01:05:35	
40	5372	Rob Schnatter	63	M	Easton	PA	USA	13:06	7:17	35:15	21.1	13:38	7:35	01:05:48	
41	5291	Brian Stanfill	60	M	Powell	OH	USA	11:28	6:23	38:15	19.5	11:48	6:33	01:05:48	
42	5356	Justin Frericks	63	M	Syracuse	IN	USA	13:25	7:28	35:34	20.9	13:27	7:29	01:05:56	
43	5368	John Mattson	63	M	Chester	VA	USA	12:03	6:42	37:02	20.1	13:00	7:13	01:06:10	
44	5305	Daniel Edwards	60	M	Bakersfield	CA	USA	12:19	6:51	37:08	20.0	13:16	7:23	01:06:33	
45	5346	Dirk Elliott	62	M	Marathon	NY	USA	12:41	7:03	36:57	20.1	13:20	7:25	01:06:36	
46	5343	Murray Scott	62	M	Collierville	TN	USA	14:25	8:01	34:04	21.8	14:41	8:10	01:07:25	
47	5387	Richard Johns	64	M	Makawao	HI	USA	13:04	7:16	34:54	21.3	15:38	8:42	01:07:27	
48	5300	Ken Hicks	60	M	Athens	OH	USA	12:56	7:11	36:18	20.5	14:31	8:04	01:07:34	
49	5353	John Daley	63	M	North Olmsted	OH	USA	12:39	7:02	37:26	19.9	13:26	7:28	01:07:38	
50	5334	Alan Rickard	61	M	Chantilly	VA	USA	14:04	7:49	35:23	21.0	14:17	7:57	01:07:55	
51	5365	Douglas Hackett	63	M	Osceola	NE	USA	12:52	7:09	38:22	19.4	13:45	7:38	01:08:05	
52	5306	Ron G Buchanan	60	M	Royal Oak	MI	USA	12:29	6:56	36:13	20.5	15:11	8:26	01:08:30	
53	5366	Stephen Rafferty	63	M	Clayton	MO	USA	14:41	8:10	33:29	22.2	16:06	8:57	01:08:46	
54	5323	Steve Gunther	61	M	Excelsior	MN	USA	14:34	8:06	35:51	20.8	14:48	8:14	01:09:00	
55	5319	Richard Varley	61	M	Honolulu	HI	USA	13:06	7:17	38:07	19.5	14:31	8:04	01:09:40	
56	5331	Peter Hurley	61	M	Chattanooga	TN	USA	15:23	8:33	33:28	22.2	15:41	8:43	01:09:44	

57	5384	Glen Renaud	64 M Palm Harbor	FL USA	15:07	8:24	35:44	20.8	15:32	8:38	01:10:00
58	5337	Robert Cook	61 M Fort Wayne	IN USA	12:59	7:13	38:57	19.1	14:29	8:03	01:10:39
59	5345	Paul Dorsa	62 M Franklin	TN USA	14:22	7:59	36:46	20.2	15:44	8:45	01:11:00
60	5330	Richard Petersen	61 M Saint Lambert	QC CAN	12:44	7:05	40:13	18.5	14:19	7:58	01:11:23
61	5329	Michael Straubel	61 M Valparaiso	IN USA	13:33	7:32	39:54	18.6	14:32	8:05	01:11:45
62	5355	Bob Love	63 M Raymore	MO USA	13:24	7:27	38:51	19.2	15:28	8:36	01:11:47
63	5324	David Spitze	61 M Belleville	IL USA	14:28	8:03	39:34	18.8	14:25	8:01	01:11:48
64	5344	William Perrone	62 M Huntington	NY USA	14:46	8:12	36:30	20.4	16:03	8:55	01:12:38
65	5311	Timothy Meyer	60 M McKean	PA USA	14:07	7:51	41:09	18.1	14:11	7:53	01:13:06
66	5307	Bryan Nelson	60 M Spring Hill	FL USA	14:41	8:10	38:54	19.1	15:52	8:49	01:13:09
67	5352	Bob Bunten	62 M Forest Lake	MN USA	14:42	8:10	37:05	20.1	16:24	9:07	01:13:12
68	5325	Rudy Mueller	61 M Lakewood	NY USA	13:45	7:38	41:27	17.9	14:12	7:53	01:13:23
69	5335	Anthony Lammers	61 M Gates Mills	OH USA	15:22	8:32	37:50	19.7	15:34	8:39	01:13:31
70	5376	Barron Hulver	63 M Westlake	OH USA	13:40	7:36	37:37	19.8	15:16	8:29	01:14:10
71	5374	Mike Fryt	63 M Walland	TN USA	16:09	8:58	38:55	19.1	16:12	9:00	01:15:07
72	5297	James Benson	60 M Strongsville	OH USA	14:50	8:15	38:34	19.3	16:34	9:12	01:16:18
73	5357	Bill Brown	63 M Glenmoore	PA USA	14:54	8:17	41:03	18.1	17:15	9:35	01:18:23
74	5379	Howard Kubinski	64 M Erie	PA USA	13:59	7:46	42:33	17.5	15:20	8:31	01:18:46
75	5312	Manolo Marquez	60 M Deland	FL USA	14:41	8:09	43:06	17.3	16:52	9:22	01:19:05
76	5322	James Jones	61 M London	OH USA	15:04	8:22	43:22	17.2	16:21	9:05	01:19:48
77	5327	Andy Stafford	61 M Bloomington	IN USA	15:03	8:22	42:07	17.7	17:03	9:29	01:20:13
78	5361	Roy Youngmann	63 M Kettering	OH USA	16:41	9:16	39:10	19.0	19:02	10:35	01:20:25
79	5316	Lawrence Gabriel	61 M East Stroudsburg	PA USA	16:35	9:13	40:54	18.2	16:41	9:16	01:20:32
80	5339	Kent Berry	61 M Hilton Head	SC USA	14:56	8:18	42:26	17.5	17:37	9:48	01:20:51
81	5380	David Marburger	64 M Cleveland	OH USA	16:35	9:13	41:24	18.0	17:39	9:49	01:20:52
82	5360	Stephen Sutherland	63 M San Diego	CA USA	17:54	9:57	40:02	18.6	19:07	10:37	01:22:24
83	5354	Bill Scanlon	63 M Phoenix	NY USA	18:38	10:21	44:50	16.6	19:06	10:37	01:29:18
84	5363	Robert Benge	63 M Ooltewah	TN USA	19:20	10:45	44:47	16.6	18:59	10:33	01:29:41
85	5381	Charles Massey	64 M Painesville	OH USA	17:00	9:27	45:46	16.3	20:14	11:15	01:30:00
86	5314	Chris Cotter	60 M Webberville	MI USA	19:42	10:57	54:00	13.8	22:48	12:40	01:43:27
87	5364	John Osolin	63 M Akron	OH USA	20:53	11:37	55:46	13.3	22:28	12:29	01:44:59

NUMBER OF FINISHERS: 87

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 60 - 64 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4623	Carol Gephart	62	F	Hamilton	MI	USA	12:00	6:40	35:40	20.9	12:20	6:51	01:03:24	
2	4613	Sharon Johnson	61	F	Andover	MA	USA	12:06	6:44	34:48	21.4	12:40	7:02	01:03:41	
3	4628	Lorrie Beck	62	F	Williamstown	NJ	USA	12:25	6:54	36:20	20.5	13:05	7:17	01:05:07	
4	4604	Sandra Straup	60	F	The Woodlands	TX	USA	12:53	7:10	36:32	20.4	13:04	7:16	01:06:00	
5	4624	Martha Whitacre	62	F	Paris	IL	USA	13:43	7:37	35:32	20.9	13:22	7:26	01:06:42	
6	4608	Gail Waldman	60	F	Vienna	VA	USA	14:36	8:07	33:59	21.9	14:11	7:53	01:08:06	
7	4638	Barbara Thomas	63	F	Broadview Hts	OH	USA	13:04	7:16	37:43	19.7	13:31	7:31	01:08:49	
8	4609	Lisa Smith	60	F	South Bend	IN	USA	13:41	7:36	36:30	20.4	14:19	7:57	01:08:53	
9	4619	Helen Gunther	61	F	Excelsior	MN	USA	13:20	7:25	38:05	19.5	13:45	7:39	01:09:32	
10	4630	Lorraine Huether	62	F	Melville	NY	USA	13:55	7:44	37:57	19.6	13:47	7:39	01:09:51	
11	4631	Eileen Cravens	62	F	Richmond	IN	USA	13:13	7:21	37:11	20.0	13:52	7:43	01:09:58	2:00
12	4602	Elizabeth Kelly	60	F	Erie	PA	USA	14:00	7:47	38:14	19.5	14:05	7:50	01:10:37	
13	4625	Susan Kreplin-Michaels	62	F	Auburn	NY	USA	13:45	7:38	36:58	20.1	14:24	8:00	01:10:42	
14	4734	Stephanie Bassin	60	F	Dallas	TX	USA	15:08	8:25	36:09	20.6	15:46	8:46	01:11:04	
15	4626	Susan Gebhardt	62	F	Ocean Isle Beach	NC	USA	14:11	7:53	37:55	19.6	14:36	8:07	01:11:12	
16	4620	Judy Zangmeister	61	F	Fairview Park	OH	USA	12:43	7:04	42:34	17.5	12:49	7:08	01:11:45	
17	4642	Elizabeth Carroll	63	F	Mechanicsville	MD	USA	14:56	8:18	37:08	20.0	15:32	8:38	01:12:12	
18	4654	Eileen Zerba	64	F	New Hope	PA	USA	13:10	7:19	38:47	19.2	15:13	8:28	01:12:19	
19	4601	Karen Cole	60	F	Windham	NH	USA	15:19	8:31	37:24	19.9	15:17	8:30	01:13:16	
20	4633	Evelyn McLean-Cowan	62	F	Fond Du Lac	WI	USA	14:23	8:00	40:07	18.5	15:19	8:31	01:14:24	
21	4627	Mary Hubbs	62	F	Muskego	WI	USA	14:23	8:00	39:10	19.0	17:04	9:29	01:14:52	
22	4736	Ruth Johnson	63	F	Cordova	TN	USA	15:37	8:41	38:11	19.5	16:20	9:05	01:14:56	
23	4629	Cheryl Miller	62	F	Phoenix	AZ	USA	15:32	8:38	38:15	19.5	15:50	8:48	01:14:58	
24	4641	Debi Nutting	63	F	Bristol	WI	USA	16:26	9:08	37:05	20.1	16:52	9:23	01:15:01	
25	4637	Jacqueline McCook	62	F	Bend	OR	USA	14:42	8:10	41:18	18.0	15:09	8:25	01:15:11	
26	4653	Maggie Bartlett	64	F	Boyd's	MD	USA	15:01	8:21	39:35	18.8	15:54	8:50	01:15:22	
27	4610	Deb Plummer	60	F	Enola	PA	USA	14:13	7:54	43:19	17.2	14:23	8:00	01:15:43	
28	4614	Nanette Neelan	61	F	Lakewood	CO	USA	15:24	8:34	37:18	19.9	18:15	10:08	01:15:57	
29	4615	Catherine Koehler	61	F	Manchester	CT	USA	15:24	8:33	40:50	18.2	15:56	8:51	01:16:21	
30	4647	Denise Siebert	63	F	E. Patchogue	NY	USA	15:06	8:23	38:20	19.4	18:09	10:05	01:16:51	
31	4607	Barbara A W Clarke	60	F	West Chester	PA	USA	15:14	8:28	41:01	18.1	15:33	8:39	01:17:12	
32	4652	Tamara Steil	64	F	Grandville	MI	USA	14:49	8:14	42:36	17.5	15:36	8:40	01:17:58	
33	4635	Gretchen Myers	62	F	Meadville	PA	USA	14:25	8:01	42:53	17.3	15:46	8:46	01:18:09	
34	4621	Marti Jameson	61	F	West Chester	PA	USA	14:09	7:52	44:51	16.6	14:31	8:04	01:18:55	
35	4632	Ruth Fountain	62	F	Council Bluffs	IA	USA	14:58	8:19	42:21	17.6	16:55	9:24	01:19:54	
36	4616	Elle Shelley	61	F	Cedar Park	TX	USA	16:30	9:10	41:05	18.1	17:04	9:29	01:20:32	
37	4606	Jennifer Black	60	F	Akron	OH	USA	15:11	8:26	42:29	17.5	16:49	9:21	01:20:54	
38	4650	Margaret Rose	64	F	Rye	NY	USA	15:11	8:26	44:00	16.9	16:11	8:59	01:21:07	
39	4648	Donna Galotta	63	F	Hoover	AL	USA	16:12	9:00	43:23	17.1	16:51	9:22	01:21:51	
40	4737	Autumn Jeney	60	F	Shaker Heights	OH	USA	15:29	8:36	45:57	16.2	15:40	8:42	01:21:51	
41	4617	Marianne Surprenant	61	F	Kankakee	IL	USA	16:34	9:13	44:29	16.7	16:48	9:20	01:23:37	
42	4643	Susan Rohrey	63	F	Long Lake	NY	USA	16:32	9:11	42:49	17.4	18:21	10:12	01:23:39	
43	4646	Kathy McNeil	63	F	Old Saybrook	CT	USA	17:32	9:44	41:10	18.1	19:10	10:39	01:24:16	
44	4622	Fran Barrett	61	F	Olympia	WA	USA	15:05	8:23	46:17	16.1	19:01	10:34	01:24:48	
45	4636	Vivian Plats	62	F	Ashtabula	OH	USA	17:50	9:55	42:03	17.7	20:10	11:13	01:27:14	
46	4603	Joni Briganti	60	F	Spotsylvania	VA	USA	19:41	10:57	40:54	18.2	19:47	11:00	01:27:36	
47	4640	Kathleen Hughes	63	F	Seal Beach	CA	USA	19:04	10:36	41:52	17.8	21:03	11:42	01:29:21	
48	4612	Joanne Pascale	60	F	Menomonee Falls	WI	USA	17:08	9:31	50:53	14.6	18:51	10:29	01:31:55	
49	4649	Janine Quinlan	63	F	Sodus Point	NY	USA	17:29	9:43	44:44	16.6	20:41	11:30	01:32:23	
50	4605	Elizabeth Spradlin	60	F	Elida	OH	USA	17:41	9:49	47:37	15.6	19:50	11:02	01:33:00	
51	4618	Deborah Storrings	61	F	Syracuse	NY	USA	20:32	11:24	47:49	15.6	23:41	13:10	01:39:11	
52	4651	Joan Crisostomo	64	F	Milwaukee	WI	USA	21:23	11:53	53:36	13.9	24:55	13:51	01:52:24	

NUMBER OF FINISHERS: 52

 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 55 - 59 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	5812	Clint Dowd	55	M	Goffstown	NH	USA	10:19	5:44	29:40	25.1	10:35	5:53	00:53:00	
2	5868	Tim Bradley	57	M	Merrick	NY	USA	9:36	5:20	30:42	24.2	10:37	5:54	00:53:07	
3	5862	Brent Peacock	57	M	Jackson	WY	USA	9:55	5:31	30:31	24.4	10:23	5:46	00:53:23	
4	5870	Lee Walther	58	M	Oklahoma City	OK	USA	10:42	5:57	30:31	24.4	10:28	5:49	00:54:35	
5	5802	William Kelly	55	M	Chatham	NJ	USA	9:56	5:31	31:46	23.4	10:27	5:49	00:54:56	
6	5886	Bobby Gonzales	58	M	El Paso	TX	USA	10:18	5:44	32:09	23.1	10:59	6:06	00:55:59	
7	5910	Neal McLaughlin	59	M	Centennial	CO	USA	11:00	6:07	31:33	23.6	11:23	6:19	00:57:02	
8	5918	Len Schuster	59	M	Liberty Township	OH	USA	11:07	6:11	31:49	23.4	11:26	6:22	00:57:04	
9	5845	Rodolfo Galvao	57	M	Celebration	FL	USA	11:11	6:13	32:35	22.8	11:03	6:08	00:57:08	
10	5920	Blake Briggs	59	M	Greenwood	IN	USA	10:29	5:50	33:32	22.2	10:28	5:49	00:57:30	
11	5909	Howard Iseri	59	M	Wellsboro	PA	USA	11:13	6:14	31:49	23.4	11:14	6:15	00:57:39	
12	5808	Jahan Culbreath	55	M	Centerville	OH	USA	11:09	6:12	32:07	23.2	11:30	6:23	00:57:44	
13	5806	Bill Whitman	55	M	Idyllwild	CA	USA	10:46	5:59	32:59	22.6	11:39	6:29	00:57:45	
14	5844	James Rolette	57	M	Tinley Park	IL	USA	11:16	6:16	31:36	23.5	11:54	6:37	00:57:46	
15	5871	Don Cain	58	M	Westerville	OH	USA	11:06	6:10	32:17	23.0	11:50	6:34	00:57:55	
16	5789	Ronnie Anderson	55	M	Milwaukee	WI	USA	10:39	5:55	32:52	22.6	11:31	6:24	00:58:05	
17	5794	Ken Parks	55	M	Galena	OH	USA	10:36	5:54	33:20	22.3	11:40	6:29	00:58:23	
18	5847	Sam Switzer	57	M	Defiance	OH	USA	11:15	6:15	32:36	22.8	11:57	6:38	00:58:34	
19	5895	Lou Dregely	58	M	Garfield Heights	OH	USA	10:20	5:45	34:36	21.5	11:12	6:13	00:58:35	
20	5828	John A Profaci	56	M	Maplewood	NJ	USA	10:58	6:06	31:10	23.9	12:24	6:54	00:58:42	
21	5793	Mike Gastineau	55	M	Carmel	IN	USA	12:04	6:43	32:03	23.2	11:55	6:38	00:58:44	
22	5786	Donald White	55	M	Apex	NC	USA	11:01	6:08	33:30	22.2	12:11	6:46	00:58:59	
23	5905	John Anhold	59	M	Flagstaff	AZ	USA	11:01	6:07	33:29	22.2	11:15	6:15	00:59:04	
24	5919	Eric Furfine	59	M	Lincoln	MA	USA	11:13	6:14	33:31	22.2	11:38	6:28	00:59:15	
25	5925	Don Alden	57	M	Lincoln	MA	USA	11:19	6:17	32:46	22.7	11:40	6:29	00:59:26	
26	5811	Rick Vest	55	M	Maryville	TN	USA	11:02	6:08	33:38	22.1	11:40	6:29	00:59:28	
27	5855	Todd Gerrish	57	M	Greenland	NH	USA	11:36	6:27	32:24	23.0	12:35	7:00	00:59:37	
28	5846	Raul Sosa	57	M	Troy	MI	USA	11:40	6:29	33:03	22.5	12:19	6:51	00:59:38	
29	5813	Ed Nicholson	55	M	Milford	MI	USA	11:18	6:17	33:42	22.1	11:39	6:29	00:59:40	
30	5814	Warren Angell	55	M	Chepachet	RI	USA	9:57	5:32	36:38	20.3	10:15	5:42	00:59:43	
31	5881	Douglas Landau	58	M	Oak Hill	VA	USA	11:03	6:09	34:13	21.7	11:48	6:34	00:59:49	
32	5916	Mark Hanlon	59	M	Spring	TX	USA	11:45	6:32	33:28	22.2	12:00	6:40	01:00:09	
33	5839	Mark Szymanski	57	M	Gainesville	FL	USA	12:07	6:44	33:07	22.5	12:01	6:41	01:00:10	
34	5904	Charles W Duncan III	59	M	Houston	TX	USA	11:35	6:26	33:11	22.4	12:29	6:57	01:00:19	
35	5906	Marc Mone	59	M	Murrieta	CA	USA	11:47	6:33	33:33	22.2	12:30	6:57	01:00:34	
36	5827	Daryl Chester	56	M	Phoenix	AZ	USA	12:00	6:40	33:19	22.3	12:34	6:59	01:01:24	
37	5788	Charles Coffman	55	M	Chelsea	MI	USA	11:56	6:38	34:58	21.3	11:35	6:26	01:01:28	
38	5792	James Silber	55	M	Santa Monica	CA	USA	10:47	6:00	35:30	21.0	12:15	6:49	01:01:34	
39	5823	Martin Feeney	56	M	Medway	MA	USA	11:07	6:11	36:05	20.6	11:34	6:26	01:01:42	
40	5824	Christopher Novak	56	M	Eastham	MA	USA	10:59	6:06	35:23	21.0	12:27	6:55	01:01:53	
41	5825	David Schwarz	56	M	Hinckley	OH	USA	10:56	6:05	35:47	20.8	12:03	6:42	01:01:53	
42	5915	Mark Lemmon	59	M	New Albany	OH	USA	12:12	6:47	34:08	21.8	12:53	7:10	01:02:09	
43	5834	Matt Troy	56	M	Hoschton	GA	USA	12:21	6:52	33:56	21.9	12:49	7:07	01:02:20	
44	5805	Todd Ronde	55	M	Reynoldsburg	OH	USA	11:36	6:27	34:29	21.6	13:04	7:16	01:02:22	
45	5893	Tom Baillie	58	M	Reading	MA	USA	11:37	6:27	34:54	21.3	12:28	6:56	01:02:39	
46	5890	Glenn Jankowitz	58	M	Sparta	NJ	USA	12:07	6:44	34:10	21.8	13:18	7:24	01:02:42	
47	5820	Stephen Ban	56	M	Glenview	IL	USA	12:47	7:06	33:46	22.0	13:05	7:16	01:02:54	
48	5894	Carl Hefflefinger	58	M	Nashua	NH	USA	11:51	6:35	35:00	21.3	12:22	6:52	01:03:22	
49	5857	Randy Lehrer	57	M	Huron	OH	USA	13:04	7:16	33:54	21.9	13:07	7:17	01:03:22	
50	5872	Thomas Haller	58	M	Bay City	MI	USA	12:05	6:43	34:55	21.3	13:43	7:37	01:03:26	
51	5795	Dale Seaton	55	M	Utica	NY	USA	11:35	6:26	34:57	21.3	14:32	8:05	01:03:52	
52	5830	Wade Grow	56	M	Phoenix	AZ	USA	12:06	6:44	35:34	20.9	12:59	7:13	01:03:52	
53	5842	Raymond Campeau	57	M	Bedminster	NJ	USA	12:36	7:00	34:42	21.4	13:23	7:27	01:04:10	
54	5922	Craig Stalder	59	M	Strongsville	OH	USA	11:38	6:28	37:11	20.0	12:18	6:50	01:04:37	
55	5810	Gregory Reed	55	M	Gibsonia	PA	USA	12:37	7:01	34:15	21.7	12:39	7:02	01:04:38	2:00
56	5850	Gary Earl	57	M	Weedsport	NY	USA	12:35	7:00	35:12	21.1	13:32	7:31	01:04:45	

57	5837	Paul Stedman	56 M	Dallas	TX USA	12:20	6:51	35:03	21.2	13:06	7:17	01:04:57	
58	5882	Mitchell Berman	58 M	Mentor	OH USA	12:17	6:50	33:17	22.4	14:17	7:56	01:04:59	2:00
59	5889	Robert McCauley	58 M	Boca Raton	FL USA	11:53	6:36	34:48	21.4	14:58	8:19	01:05:10	
60	5924	Scott Williams	56 M	Greely	CO USA	13:30	7:30	34:46	21.4	13:27	7:28	01:05:30	
61	5807	Neil Semmel	55 M	Bear	DE USA	13:27	7:28	33:37	22.1	15:14	8:28	01:06:14	
62	5800	Marcos Esquivel	55 M	Stamford	CT USA	12:12	6:47	36:59	20.1	13:34	7:33	01:06:26	
63	5848	Douglas Phillips	57 M	Markle	IN USA	11:24	6:20	38:41	19.2	13:33	7:32	01:06:38	
64	5829	Robert Kelley	56 M	Hamilton	OH USA	13:27	7:29	35:34	20.9	14:02	7:48	01:06:40	
65	5885	Stephan Brown	58 M	Arlington	TX USA	13:24	7:27	35:51	20.8	14:22	7:59	01:07:18	
66	5902	Wayne Van Sickle	58 M	Indn Hbr Bch	FL USA	14:02	7:48	34:33	21.5	14:43	8:11	01:07:33	
67	5888	Kris Lehman	58 M	Troy	MI USA	13:22	7:26	35:51	20.8	13:30	7:30	01:07:48	
68	5843	Peter Treleaven	57 M	Lansing	MI USA	12:01	6:41	38:55	19.1	13:15	7:22	01:07:50	
69	5856	Eric Johnson	57 M	Ridgewood	NJ USA	12:41	7:03	38:41	19.2	13:47	7:40	01:08:19	
70	5859	Frazier Keck	57 M	Cary	NC USA	13:25	7:27	37:23	19.9	14:08	7:51	01:08:41	
71	5926	Will Warren	56 M	Ada	MI USA	13:47	7:40	36:52	20.2	14:33	8:05	01:09:06	
72	5907	James Rownd	59 M	Shaker Heights	OH USA	13:18	7:23	37:59	19.6	13:18	7:24	01:09:17	
73	5851	Ray Legge	57 M	Winchester	VA USA	13:23	7:26	38:44	19.2	13:42	7:37	01:09:54	
74	5869	Conrad Young	58 M	Sunnyvale	CA USA	14:07	7:51	38:14	19.5	13:33	7:32	01:09:55	
75	5863	Bruce Stewart	57 M	Westerville	OH USA	14:09	7:52	37:20	19.9	15:29	8:36	01:10:26	
76	5911	Joe Deegan	59 M	Plymouth Meeting	PA USA	13:51	7:42	36:28	20.4	14:54	8:17	01:10:28	
77	5875	Scott Forster	58 M	Grosse Pointe	MI USA	13:23	7:26	38:18	19.4	14:42	8:10	01:10:34	
78	5854	John Sikes	57 M	Edwardsville	IL USA	12:36	7:00	40:01	18.6	13:15	7:22	01:10:43	
79	5877	Mark Henry	58 M	Somerset	KY USA	13:50	7:41	38:09	19.5	14:47	8:13	01:10:53	
80	5896	Neal Hazen	58 M	Brecksville	OH USA	12:50	7:08	40:31	18.4	13:33	7:32	01:10:54	
81	5914	Gregor Macdonald	59 M	Chanhassen	MN USA	14:00	7:47	39:39	18.8	13:43	7:38	01:10:59	
82	5833	Manuel Ochoa	56 M	Cranbury	NJ USA	12:46	7:06	38:47	19.2	14:09	7:52	01:10:59	
83	5901	James Meyers	58 M	Pittsburgh	PA USA	14:03	7:49	35:12	21.1	17:19	9:37	01:11:33	
84	5836	Faramarz Zarfeshan	56 M	Rockville	MD USA	13:26	7:28	38:22	19.4	14:36	8:07	01:12:05	
85	5816	Ritchie Brown	55 M	Galloway	OH USA	12:27	6:55	39:09	19.0	17:13	9:34	01:12:06	
86	5790	Paul Kilgore	55 M	Bloomfield	MI USA	14:59	8:19	35:54	20.7	16:35	9:13	01:12:12	
87	5841	Rob Remington	57 M	Brecksville	OH USA	13:12	7:20	41:10	18.1	13:47	7:40	01:12:21	
88	5838	William Scott	56 M	Crystal Lake	IL USA	13:54	7:44	39:29	18.8	15:09	8:25	01:12:39	
89	5809	Steve Maas	55 M	Highlands Ranch	CO USA	14:23	8:00	39:28	18.9	15:42	8:44	01:13:13	
90	5903	Tom Sciabica	59 M	Watson town	PA USA	13:18	7:23	40:25	18.4	15:27	8:35	01:13:17	
91	5815	Timothy Stiemke	55 M	West Bend	WI USA	14:06	7:50	39:40	18.8	16:55	9:24	01:14:48	
92	5884	Guido Serletic	58 M	Fleming Island	FL USA	14:22	7:59	39:34	18.8	16:40	9:16	01:15:02	
93	5849	Rob Myatt	57 M	Powell	OH USA	14:42	8:10	40:03	18.6	16:13	9:01	01:15:04	
94	5858	John Bozsony	57 M	San Jose	CA USA	16:06	8:57	37:11	20.0	16:39	9:15	01:15:06	
95	5817	Tom Roach	55 M	Westlake	OH USA	14:37	8:07	40:16	18.5	16:03	8:55	01:15:16	
96	5912	David Hunt	59 M	Kent	OH USA	14:02	7:48	41:49	17.8	15:26	8:34	01:17:11	
97	5876	Bill Cox	58 M	Ashland	KY USA	16:48	9:20	34:54	21.3	19:47	11:00	01:18:42	2:00
98	5887	Mick Raich	58 M	Palmyra	MI USA	18:45	10:25	38:52	19.1	19:06	10:37	01:21:51	
99	5866	Miguel Esparza	57 M	Hillside	IL USA	13:30	7:30	48:58	15.2	15:20	8:31	01:23:18	
100	5801	Robert Fedorko	55 M	Peninsula	OH USA	17:11	9:33	41:46	17.8	20:45	11:32	01:24:22	
101	5917	Dave Mandelkern	59 M	Hillsborough	CA USA	17:18	9:37	43:59	16.9	19:14	10:41	01:27:21	
102	5798	Scott Frost	55 M	Sagamore Hills	OH USA	15:58	8:52	43:07	17.3	19:57	11:05	01:27:29	
103	5891	Rick Van Kirk	58 M	Irvine	CA USA	16:25	9:08	45:29	16.4	18:18	10:10	01:29:43	
104	5900	Steve Greene	58 M	Solon	OH USA	16:00	8:54	52:57	14.1	16:50	9:22	01:30:04	
105	5874	Michael Farrell	58 M	San Antonio	TX USA	19:21	10:45	41:01	18.1	20:45	11:32	01:32:48	
106	5826	Martin Mueller	56 M	Dearborn	MI USA	17:55	9:57	49:52	14.9	21:28	11:56	01:36:12	
107	5797	Edward Chessman	55 M	Concord	OH USA	20:20	11:18	53:00	14.0	26:24	14:40	01:44:06	
108	5791	Dan McGinnis	55 M	West Bend	WI USA	29:21	16:19	47:01	15.8	29:50	16:34	01:53:07	

NUMBER OF FINISHERS: 108

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 55 - 59 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4376	Kelly Dippold	56	F	Olathe	KS	USA	10:58	6:06	33:15	22.4	11:40	6:29	00:59:08	
2	4452	Linda Begley	59	F	Suffield	CT	USA	11:29	6:23	34:14	21.7	11:28	6:22	01:01:04	
3	4391	Rebecca Smith	56	F	West Chester	PA	USA	11:45	6:32	34:33	21.5	12:24	6:53	01:01:54	
4	4402	Cheryl Burns	57	F	Jamestown	NY	USA	11:36	6:27	35:15	21.1	11:57	6:38	01:02:08	
5	4427	Amy Rappaport	58	F	Tewksbury Townsh	NJ	USA	11:25	6:21	35:50	20.8	11:31	6:24	01:02:39	
6	4444	Tracy Disabato-Aust	59	F	Sunbury	OH	USA	12:05	6:43	34:25	21.6	12:47	7:06	01:02:42	
7	4373	Michele Tuttle	55	F	Columbia	MD	USA	11:59	6:39	35:20	21.1	12:20	6:51	01:03:12	
8	4395	Lisa Marquis	56	F	Weston	MA	USA	12:15	6:49	34:33	21.5	12:18	6:50	01:03:27	
9	4415	Caroline Kavanagh	57	F	Westford	MA	USA	12:02	6:41	34:32	21.5	13:30	7:30	01:03:34	
10	4372	Deborah Sakr	55	F	Amesbury	MA	USA	11:52	6:36	36:12	20.6	12:35	6:59	01:04:31	
11	4396	Megan Tompkins	56	F	Hackettstown	NJ	USA	12:24	6:53	34:57	21.3	13:51	7:42	01:04:54	
12	4445	Stacy Creamer	59	F	New York	NY	USA	12:03	6:42	36:12	20.6	12:28	6:56	01:05:20	
13	4448	Susie Smith	59	F	Mystic	CT	USA	12:38	7:01	35:46	20.8	12:49	7:07	01:05:53	
14	4379	Linda Bayne	56	F	Sarasota	FL	USA	12:34	6:59	37:15	20.0	12:20	6:51	01:06:08	
15	4405	Sarah Crewe	57	F	Glenview	IL	USA	13:41	7:36	34:19	21.7	13:55	7:44	01:06:22	
16	4367	Cynthia Hutchings	55	F	McLean	VA	USA	13:14	7:21	36:21	20.5	12:55	7:11	01:06:26	
17	4449	Loretta Nelson	59	F	Erie	PA	USA	12:50	7:08	35:44	20.8	13:27	7:29	01:06:33	
18	4383	Donna Heska	56	F	Kawkawlin	MI	USA	12:38	7:01	36:53	20.2	13:39	7:35	01:06:40	
19	4384	Michelle O'Neill	56	F	Liberty Township	OH	USA	12:46	7:06	37:55	19.6	13:18	7:24	01:07:25	
20	4369	Carroll Pierce	55	F	Boston	MA	USA	14:11	7:53	36:12	20.6	13:35	7:33	01:07:44	
21	4432	Denise Lacey	58	F	Acworth	GA	USA	13:29	7:29	35:34	20.9	14:15	7:55	01:07:46	
22	4364	Lysa Jones	55	F	West Chester	PA	USA	13:59	7:46	35:44	20.8	14:54	8:17	01:08:30	
23	4382	Hildegard Miyashiro	56	F	Honolulu	HI	USA	12:22	6:52	38:13	19.5	13:22	7:26	01:08:55	
24	4439	Joanne Collins	59	F	Avon	OH	USA	13:03	7:15	37:26	19.9	13:54	7:44	01:09:01	
25	4363	Cheryl Corbeille	55	F	Black Creek	WI	USA	11:50	6:34	40:17	18.5	12:28	6:56	01:09:02	
26	4380	Mari Steinbach	56	F	Greenville	SC	USA	13:32	7:32	37:33	19.8	14:28	8:03	01:09:20	
27	4446	Sara Llibre	59	F	Winter Park	FL	USA	13:24	7:27	36:35	20.3	13:44	7:38	01:09:22	
28	4421	Joan Landers	57	F	Old Westbury	NY	USA	14:48	8:13	36:15	20.5	14:09	7:52	01:09:37	
29	4370	Kyoko Kawai	55	F	Arlington	VA	USA	13:50	7:41	37:11	20.0	14:19	7:57	01:09:39	
30	4362	Carrie Burggraf	55	F	Chesterfield	MO	USA	13:45	7:39	36:37	20.3	14:57	8:18	01:09:49	
31	4403	Lori Erickson	57	F	Rolling Mdws	IL	USA	12:25	6:54	38:31	19.3	13:47	7:39	01:10:08	
32	4431	Jennifer Leichter	58	F	Claremont	CA	USA	13:15	7:22	39:00	19.1	13:28	7:29	01:10:12	
33	4386	Rebecca Jackson	56	F	Knoxville	TN	USA	12:42	7:03	38:08	19.5	14:14	7:55	01:10:20	
34	4433	Carolann Gabriella	58	F	Malden	MA	USA	13:55	7:44	37:47	19.7	14:29	8:03	01:11:08	
35	4424	Suzanne Ketcham	58	F	Baltimore	OH	USA	12:27	6:55	41:12	18.1	13:01	7:14	01:11:42	
36	4413	Kathleen Kulkoski	57	F	Key Largo	FL	USA	14:49	8:14	37:08	20.0	15:27	8:35	01:11:56	
37	4371	Jackie Garris	55	F	Ann Arbor	MI	USA	15:14	8:28	36:10	20.6	15:40	8:43	01:11:58	
38	4374	Deborah Clinebell	55	F	Humble	TX	USA	13:59	7:46	38:27	19.3	15:54	8:50	01:12:43	
39	4419	Joanna M Brell	57	F	Lakewood	OH	USA	13:58	7:46	40:04	18.6	14:42	8:10	01:13:47	
40	4426	Jackie Egle-Capella	58	F	Syracuse	NY	USA	13:42	7:37	40:53	18.2	14:38	8:08	01:13:47	
41	4393	Ann Domigan	56	F	Reading	MA	USA	13:49	7:41	39:47	18.7	14:17	7:56	01:14:00	
42	4389	Lorraine Hurley	56	F	Chattanooga	TN	USA	14:27	8:02	38:26	19.4	14:50	8:15	01:14:10	
43	4425	Candy Ruffolo	58	F	Manitowoc	WI	USA	14:14	7:55	39:17	18.9	16:08	8:58	01:14:23	
44	4387	Deb Nissley	56	F	Mount Joy	PA	USA	14:54	8:17	38:08	19.5	15:50	8:48	01:14:24	
45	4368	Lucy Monin	55	F	Dunedin	FL	USA	14:45	8:12	39:04	19.0	16:06	8:57	01:14:56	
46	4417	Jean Ubbelohde	57	F	Papillion	NE	NER	14:44	8:11	39:54	18.6	15:28	8:36	01:15:34	
47	4416	Robin Cottrell	57	F	Liverpool	NY	USA	15:21	8:32	38:37	19.3	17:14	9:34	01:15:54	
48	4453	Linda Henry	56	F	Fairfax	VA	USA	16:04	8:56	38:30	19.3	16:39	9:15	01:16:04	
49	4438	Sandy Smith	59	F	Fenton	MI	USA	13:01	7:14	44:44	16.6	14:45	8:12	01:16:32	
50	4434	Emilia Perez	58	F	Miami	FL	USA	14:11	7:53	41:58	17.7	15:22	8:33	01:16:37	
51	4398	Angela Sedivy	56	F	Chagrin Falls	OH	USA	14:45	8:12	41:13	18.1	16:01	8:54	01:16:52	
52	4451	Carla Lavere	59	F	Minnetonka	MN	USA	13:06	7:17	44:49	16.6	13:40	7:36	01:17:17	
53	4409	Rebecca Hecox	57	F	Salem	NH	USA	15:23	8:33	41:30	17.9	16:03	8:55	01:17:22	
54	4385	Beth Rodewig	56	F	Narragansett	RI	USA	14:21	7:58	42:02	17.7	15:36	8:40	01:17:30	
55	4435	Susan Russell	58	F	Beaver	PA	USA	14:16	7:56	41:25	18.0	15:49	8:47	01:17:49	2:00
56	4388	Pamela Jones	56	F	Hattiesburg	MS	USA	14:42	8:10	41:02	18.1	17:00	9:27	01:18:42	

57	4440	Valarie Wright	59 F	Westerville	OH USA	15:01	8:21	41:34	17.9	17:02	9:28	01:19:12	
58	4429	Linda Johns	58 F	Portland	OR USA	16:39	9:15	39:26	18.9	17:27	9:42	01:19:36	
59	4404	Dawn Ronde	57 F	Reynoldsburg	OH USA	17:03	9:29	37:46	19.7	18:37	10:21	01:19:51	
60	4399	Judith Gawelek	56 F	Mount Vernon	OH USA	14:54	8:17	42:55	17.3	16:41	9:16	01:20:29	
61	4366	Donna Halliburton	55 F	Chesterfield	MO USA	16:17	9:03	39:23	18.9	19:10	10:39	01:20:33	
62	4377	Rhoda Miel	56 F	Ann Arbor	MI USA	16:58	9:26	39:56	18.6	17:53	9:56	01:20:37	
63	4422	Mary Jane Willis	58 F	Louisa	VA USA	15:40	8:42	43:27	17.1	16:23	9:06	01:20:41	
64	4428	Susie Mondry	58 F	Dallas	TX USA	16:55	9:24	42:35	17.5	16:59	9:26	01:21:28	
65	4401	Gigi Sciotti	57 F	Seneca Falls	NY USA	14:35	8:06	44:53	16.6	16:16	9:02	01:21:37	
66	4410	Vickie Dowling	57 F	Stow	OH USA	16:09	8:58	40:47	18.2	18:18	10:10	01:21:46	
67	4397	Sara Butler Gold	56 F	Rllng Hls Est	CA USA	16:23	9:06	43:02	17.3	17:59	9:59	01:23:17	
68	4418	Liz Hass-Hill	57 F	Chagrin Falls	OH USA	14:55	8:17	47:29	15.7	18:52	10:29	01:27:21	
69	4436	Veronica Jackson	59 F	Lansing	MI USA	15:55	8:51	46:23	16.0	18:44	10:25	01:27:58	
70	4442	Carol Steele	59 F	Chicago	IL USA	19:14	10:41	44:38	16.7	19:32	10:51	01:29:44	
71	4390	Cathy Raynis Meeker	56 F	Mount Vernon	NY USA	18:02	10:02	47:06	15.8	19:45	10:59	01:32:00	
72	4447	Sandra Capello	59 F	Mililani	HI USA	18:57	10:32	48:14	15.4	20:21	11:19	01:34:37	
73	4365	Beverly Stiemke	55 F	West Bend	WI USA	19:02	10:35	45:33	16.3	22:26	12:28	01:35:39	
74	4441	Cheryl Martinez	59 F	Roswell	NM USA	17:18	9:37	51:53	14.3	21:19	11:51	01:37:43	
75	4450	Carrie Hix	59 F	Cedar Hills	UT USA	19:04	10:36	50:15	14.8	19:44	10:58	01:38:47	2:00
76	4423	Katherine Clark	58 F	Manchester	MI USA	21:02	11:42	48:25	15.4	21:52	12:09	01:39:27	
77	4400	Brenda Walker	56 F	Carmel	IN USA	19:11	10:40	51:40	14.4	22:27	12:28	01:40:10	
78	4381	Lynn Sobon	56 F	Monona	WI USA	18:55	10:31	48:32	15.3	24:22	13:33	01:41:20	
79	4406	Beth McCauley	57 F	Canton	OH USA	17:51	9:55	55:08	13.5	22:46	12:39	01:41:54	

NUMBER OF FINISHERS: 79

 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 50 - 54 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	4519	Robert Skaggs	52	M	Solana Beach	CA	USA	9:08	5:05	29:11	25.5	9:53	5:29	00:51:02	
2	4482	Rob Jones	50	M	West Chester	PA	USA	9:53	5:29	29:17	25.4	10:18	5:44	00:52:17	
3	4483	Peter Valentiyik	50	M	Boulder	CO	USA	9:32	5:18	29:57	24.8	10:36	5:53	00:52:55	
4	4495	Brian Francis	51	M	Ann Arbor	MI	USA	10:16	5:42	28:56	25.7	10:55	6:04	00:53:12	
5	4556	Drew Magill	53	M	Bellevue	WA	USA	10:41	5:56	28:15	26.3	10:55	6:04	00:53:13	
6	4526	Andrew Swanson	52	M	Sarasota	FL	USA	10:24	5:47	29:51	24.9	10:18	5:44	00:53:26	
7	4580	Peter Bolen	54	M	Dexter	MI	USA	10:15	5:42	29:52	24.9	10:48	6:00	00:53:43	
8	4573	Mark Hecox	54	M	Salem	NH	USA	9:36	5:20	30:48	24.2	10:49	6:01	00:54:06	
9	4503	Todd Shellenberger	51	M	Indianapolis	IN	USA	10:45	5:59	29:12	25.5	11:11	6:13	00:54:09	
10	4496	Andrew Kelsey	51	M	Irving	TX	USA	10:09	5:39	30:25	24.5	10:29	5:50	00:54:27	
11	4537	Kevin Smyth	52	M	Cleveland	OH	USA	10:00	5:34	30:23	24.5	10:44	5:58	00:54:31	
12	4518	Kenneth Younts	52	M	Chapel Hill	NC	USA	10:24	5:47	30:17	24.6	10:43	5:58	00:54:37	
13	4576	Bruce Holmes	54	M	Glendale	WI	USA	10:28	5:49	30:56	24.1	10:41	5:57	00:55:01	
14	4484	Terry Harth	50	M	Lake Barrington	IL	USA	10:01	5:34	31:24	23.7	10:21	5:45	00:55:03	
15	4546	Carl Regenauer	53	M	Saratoga Springs	NY	USA	10:26	5:48	31:15	23.8	10:31	5:51	00:55:07	
16	4478	Dan Moriarty	50	M	Nashua	NH	USA	10:50	6:01	30:44	24.2	10:41	5:56	00:55:15	
17	4534	Lawrence Brede	52	M	Lenoir City	TN	USA	10:29	5:50	30:32	24.4	11:03	6:08	00:55:22	
18	4486	Steve Cozine	50	M	Basking Ridge	NJ	USA	10:24	5:47	31:19	23.8	10:46	5:59	00:55:27	
19	4466	Bruce Noxon	50	M	Glenview	IL	USA	10:57	6:05	30:50	24.1	10:58	6:06	00:55:42	
20	4462	Jeff Juntti	50	M	Negaunee	MI	USA	11:01	6:08	30:06	24.7	11:32	6:25	00:55:45	
21	4549	Scott Croner	53	M	Lincoln	NE	USA	9:57	5:32	31:54	23.3	11:14	6:15	00:55:53	
22	4568	Jeremy Oury	54	M	Whitefish	MT	USA	10:28	5:49	31:51	23.4	10:45	5:59	00:56:04	
23	4460	William Deaton	50	M	Ruckersville	VA	USA	10:46	5:59	31:04	23.9	11:23	6:19	00:56:06	
24	4594	Greg Hillman	54	M	Indianapolis	IN	USA	10:57	6:05	30:34	24.3	11:24	6:20	00:56:07	
25	4552	Derek Brouwer	53	M	Erie	CO	USA	10:23	5:46	31:22	23.7	10:50	6:01	00:56:09	
26	4531	Curt Haywood	52	M	Dublin	OH	USA	10:25	5:47	31:53	23.3	10:54	6:03	00:56:10	
27	4547	Robert Allen	53	M	Port Hueneme	CA	USA	10:21	5:45	31:42	23.5	10:40	5:56	00:56:12	
28	4475	Michael Ricci	50	M	Boulder	CO	USA	10:42	5:57	30:50	24.1	11:39	6:29	00:56:20	
29	4476	Jerome Rothschild	50	M	Savannah	GA	USA	10:39	5:55	31:03	24.0	10:56	6:05	00:56:22	
30	4488	Alan Graff	50	M	Safety Harbor	FL	USA	10:13	5:41	31:43	23.5	11:22	6:19	00:56:35	
31	4511	Kevin Elwood	51	M	Boxford	MA	USA	11:12	6:14	29:41	25.1	11:21	6:19	00:56:42	
32	4487	Alejandro Maldonado	50	M	Washington	DC	USA	10:18	5:43	31:45	23.4	11:34	6:26	00:56:46	
33	4530	Mark Podgainy	52	M	New York	NY	USA	10:19	5:44	32:18	23.0	10:48	6:00	00:56:55	
34	4535	David Steiner	52	M	Wilmingon	OH	USA	11:05	6:09	30:11	24.6	12:14	6:48	00:56:57	
35	4465	John Lorenz	50	M	Dundee	IL	USA	10:49	6:01	31:01	24.0	11:33	6:25	00:57:01	
36	4574	Wilson Hester	54	M	Cedarville	MI	USA	10:56	6:05	31:53	23.3	11:21	6:19	00:57:03	
37	4506	Terry Stern	51	M	Frisko	TX	USA	10:14	5:41	32:35	22.8	11:02	6:08	00:57:15	
38	4522	Mark Witmer	52	M	Roanoke	IN	USA	10:42	5:57	31:17	23.8	11:53	6:36	00:57:21	
39	4536	Thomas Gessner	52	M	Grantham	NH	USA	10:54	6:04	32:31	22.9	10:58	6:06	00:57:28	
40	4532	Michael Pierson	52	M	Neenah	WI	USA	11:21	6:18	30:56	24.1	12:04	6:42	00:57:32	
41	4472	David Hsu	50	M	Potomac Falls	VA	USA	11:59	6:40	30:18	24.6	12:18	6:50	00:57:49	
42	4553	Bobby Mealey	53	M	Norwood	MA	USA	10:35	5:53	33:11	22.4	11:16	6:16	00:57:52	
43	4467	Edward Reilly	50	M	Shoreham	NY	USA	11:08	6:11	31:03	24.0	11:48	6:33	00:58:03	
44	4491	Graeme Bainbridge	50	M	Kalamazoo	MI	USA	11:02	6:08	31:51	23.4	12:00	6:40	00:58:12	
45	4459	David Rivard-Lentz	50	M	East Hampton	CT	USA	10:07	5:37	33:02	22.5	11:26	6:21	00:58:19	
46	4479	Dan Frost	50	M	Fort Collins	CO	USA	11:34	6:26	31:20	23.7	12:23	6:53	00:58:22	
47	4500	Erik Marter	51	M	Portland	OR	USA	11:41	6:30	31:54	23.3	12:15	6:48	00:59:11	
48	4564	Scot Rajsich	54	M	Appleton	WI	USA	11:07	6:11	31:50	23.4	12:27	6:55	00:59:13	
49	4575	Daniel Duff	54	M	Duluth	MN	USA	11:08	6:11	33:28	22.2	11:09	6:12	00:59:16	
50	4538	Steven Scribner	52	M	Wyandotte	MI	USA	11:04	6:09	33:06	22.5	11:59	6:40	00:59:35	
51	4502	Barry Guild	51	M	Dardenne Prairie	MO	USA	11:08	6:12	32:53	22.6	11:55	6:37	00:59:39	
52	4469	Brian Bear	50	M	Cicero	IN	USA	11:05	6:10	33:01	22.5	12:30	6:57	01:00:01	
53	4540	John Sabatino	52	M	Morris Plains	NJ	USA	10:53	6:03	35:07	21.2	11:00	6:07	01:00:10	
54	4570	Mike Lawrence	54	M	Erie	PA	USA	11:27	6:22	34:08	21.8	11:53	6:36	01:00:49	
55	4589	Pip Patterson	54	M	Fairfax	VA	USA	12:10	6:46	32:22	23.0	12:51	7:08	01:01:05	
56	4480	Matt Cremers	50	M	Dallas	GA	USA	12:15	6:48	32:56	22.6	12:11	6:46	01:01:10	

57	4492	Ronald Filipkowski	50 M Lakewood Ranch	FL USA	10:45	5:59	33:53	22.0	12:49	7:08	01:01:11	
58	4494	Thomas Miller	50 M Sterling	VA USA	11:08	6:11	34:12	21.8	12:21	6:52	01:01:23	
59	4581	Marc Harrison	54 M Salt Lake City	UT USA	11:44	6:31	33:43	22.1	12:29	6:56	01:01:39	
60	4541	Mike Kosteniuk	52 M Youngstown	OH USA	10:22	5:46	35:55	20.7	12:22	6:53	01:01:55	
61	4584	Peter Glenshaw	54 M Lyme	NH USA	11:05	6:10	35:45	20.8	11:36	6:27	01:02:16	
62	4481	Ian Hoffman	50 M Washington	DC USA	11:40	6:29	34:51	21.3	12:10	6:46	01:02:19	
63	4468	Ted Stilber	50 M Pinckney	MI USA	11:22	6:19	33:44	22.1	13:09	7:18	01:02:29	
64	4473	Daniel Smith	50 M Vermilion	OH USA	12:04	6:43	31:44	23.4	14:30	8:03	01:02:33	
65	5534	Quay Snyder	53 M Monument	CO USA	11:50	6:35	35:34	20.9	11:49	6:34	01:02:45	
66	4489	Michael Rosteck	50 M Canfield	OH USA	12:23	6:53	33:43	22.1	13:01	7:14	01:02:49	
67	4542	Eric Todd	52 M Marietta	NY USA	12:26	6:55	33:50	22.0	13:28	7:29	01:03:04	
68	4533	Scott Berlinger	52 M Sherman	CT USA	12:46	7:06	32:23	23.0	13:56	7:44	01:03:12	
69	4509	Eric Gay	51 M Collierville	TN USA	11:56	6:38	35:51	20.8	12:16	6:49	01:04:11	
70	4528	Leo Suniaga	52 M West Chester	PA USA	10:44	5:58	38:11	19.5	11:34	6:26	01:04:13	
71	4527	Jeff Contardi	52 M Midland	MI USA	11:06	6:10	35:09	21.2	11:43	6:31	01:04:25	2:00
72	4567	F. Austin Jones	54 M Grinnell	IA USA	13:40	7:36	33:10	22.4	13:27	7:28	01:04:26	
73	4501	Jeff Vanvolkenburg	51 M Livonia	NY USA	11:46	6:33	36:59	20.1	12:12	6:47	01:04:27	
74	4525	James Kennedy	52 M Dearborn	MI USA	10:51	6:02	37:22	19.9	11:53	6:36	01:04:34	
75	4566	Douglas Miller	54 M Rochester	NY USA	12:25	6:54	34:41	21.5	13:32	7:31	01:04:34	
76	4560	Christopher McNally	53 M Ballston Spa	NY USA	12:45	7:05	34:09	21.8	13:54	7:44	01:04:38	
77	4550	Kevin Allen	53 M Butler	PA USA	11:11	6:13	37:12	20.0	13:10	7:19	01:05:29	
78	4461	Brian Egan	50 M Mount Juliet	TN USA	13:13	7:21	34:17	21.7	14:00	7:47	01:05:37	
79	4543	Duane Newton	52 M Ann Arbor	MI USA	12:45	7:05	35:32	20.9	13:02	7:15	01:05:39	
80	4499	Rodney Kinney	51 M Chandler	AZ USA	12:05	6:43	35:32	20.9	13:05	7:16	01:05:44	
81	4513	Michael Kindle	51 M Suffolk	VA USA	12:12	6:47	34:51	21.3	13:45	7:39	01:06:13	
82	4571	Michael McDermott	54 M Newburgh	IN USA	12:18	6:50	36:09	20.6	13:05	7:16	01:06:17	
83	4505	Daniel Harvey	51 M Cleveland	OH USA	11:52	6:36	37:19	19.9	12:56	7:11	01:06:23	
84	4497	Brian Smart	51 M Long Grove	IL USA	12:30	6:57	34:17	21.7	13:26	7:28	01:06:38	2:00
85	4559	Robert Nestor	53 M Erie	PA USA	12:17	6:49	35:18	21.1	14:44	8:11	01:06:59	
86	4485	Matthew Daly	50 M Pearl River	NY USA	13:34	7:33	34:34	21.5	13:42	7:37	01:07:00	
87	4577	Amond Neuville	54 M Cuyahoga Falls	OH USA	13:45	7:39	33:06	22.5	15:37	8:41	01:07:36	
88	4529	Tim Josephs	52 M St Clair Shores	MI USA	12:20	6:51	38:59	19.1	13:17	7:23	01:08:15	
89	4587	Ilhyung Cho	54 M Saginaw	MI USA	12:52	7:09	37:04	20.1	14:07	7:51	01:08:16	
90	4474	David Barker	50 M Deland	FL USA	12:11	6:46	37:43	19.7	13:37	7:34	01:08:25	
91	4572	Kriss Dellota	54 M Wellington	CO USA	13:36	7:33	34:52	21.3	16:11	9:00	01:08:30	
92	4512	Michael Shaughnessy	51 M Solon	OH USA	12:15	6:48	37:15	20.0	14:41	8:09	01:08:54	
93	4555	James Phelan	53 M Pickerington	OH USA	13:05	7:16	37:52	19.6	14:07	7:51	01:09:06	
94	4579	Patrick Hesidence	54 M Waterford	PA USA	12:22	6:53	36:26	20.4	14:16	7:56	01:09:09	
95	4578	William Meisinger	54 M Streetsboro	OH USA	11:39	6:29	40:36	18.3	13:23	7:26	01:09:20	
96	4524	Vincenzo Ruggiero	52 M Aurora	OH USA	11:40	6:29	40:46	18.3	12:30	6:57	01:09:37	
97	4591	David Fathman	54 M Hamilton	MI USA	13:00	7:14	37:27	19.9	13:58	7:46	01:09:37	
98	4510	Scott Dixon	51 M Henrico	VA USA	12:54	7:10	38:48	19.2	14:17	7:56	01:09:58	
99	4585	Jesse De La Fuente	54 M Naperville	IL USA	13:30	7:30	37:45	19.7	13:52	7:43	01:10:02	
100	4545	Ed Baetzold	52 M Ann Arbor	MI USA	11:51	6:35	41:02	18.1	15:22	8:33	01:11:57	
101	4561	David Schuehler	53 M Saint Louis	MO USA	12:51	7:08	40:21	18.4	15:11	8:26	01:12:44	
102	4592	Van Kelly	54 M Painesville	OH USA	12:23	6:53	42:07	17.7	14:27	8:02	01:14:08	
103	4590	Stanley Harris	54 M New Albany	OH USA	13:04	7:16	40:53	18.2	14:26	8:01	01:14:09	
104	4490	Scott Van Dyke	50 M Westfield	IN USA	13:34	7:33	40:32	18.4	16:41	9:17	01:15:04	
105	4498	Fernando Sanchez	51 M San Antonio	TX USA	14:10	7:52	38:13	19.5	17:35	9:46	01:15:52	
106	4516	Rich Niehueser	51 M Fond Du Lac	WI USA	14:02	7:48	42:28	17.5	16:21	9:05	01:18:01	
107	4588	Mark Spaulding	54 M Flower Mound	TX USA	14:41	8:10	42:44	17.4	16:55	9:24	01:18:15	
108	4504	Matt Sobon	51 M Monona	WI USA	15:26	8:35	41:08	18.1	18:13	10:07	01:20:35	
109	4514	Scott Ricciardi	51 M Calcutta	OH USA	16:12	9:00	42:00	17.7	16:55	9:24	01:20:49	
110	4551	Julian Webster-Gigg	53 M Oakdale	PA USA	13:22	7:26	48:35	15.3	15:58	8:53	01:22:21	
111	4563	John Pettit	53 M Gainesville	FL USA	12:15	6:48	55:53	13.3	15:20	8:32	01:30:56	2:00
112	4558	Christopher Egan	53 M Kennesaw	GA USA	18:19	10:11	44:56	16.6	21:31	11:57	01:31:08	
113	4493	Bill Shepard	50 M Stow	OH USA	17:47	9:53	48:03	15.5	20:55	11:37	01:33:27	
114	4544	Ron Preston	52 M Brockport	NY USA	18:35	10:20	45:47	16.3	25:27	14:09	01:36:02	
115	4464	Dan Sedgwick	50 M Fort Worth	TX USA	19:24	10:47	46:08	16.1	23:18	12:57	01:36:37	
116	4562	Montgomery Dillavou	53 M Albuquerque	NM USA	15:09	8:25	53:32	13.9	18:21	10:12	01:37:26	2:00
117	4593	Kevin Dixon	54 M Shaker Hts	OH USA	23:45	13:12	54:26	13.7	33:05	18:23	02:00:51	

NUMBER OF FINISHERS: 117

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 50 - 54 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	6043	Stephanie Popelar	51	F	Elizabeth	CO	USA	10:26	5:48	32:50	22.7	10:41	5:56	00:56:49	
2	6044	Lauren Jensen Mcginnis	51	F	Muskego	WI	USA	11:45	6:32	32:27	22.9	12:05	6:43	00:59:00	
3	6098	Julie Deery	53	F	Bala Cynwyd	PA	USA	11:11	6:13	34:04	21.8	11:43	6:31	00:59:28	
4	6028	Julie Bryan	50	F	Driggs	ID	USA	10:26	5:48	36:00	20.7	11:09	6:12	00:59:56	
5	6050	Cortney Martin	51	F	Blacksburg	VA	USA	11:21	6:19	34:20	21.7	12:12	6:47	01:00:31	
6	6094	Sanya Syrstad	53	F	Wheaton	IL	USA	11:31	6:24	34:30	21.6	12:00	6:40	01:00:43	
7	6081	Julie Dunkle	52	F	Encinitas	CA	USA	11:44	6:32	33:50	22.0	12:16	6:49	01:00:50	
8	6068	Tara Sheetz	52	F	Roscoe	IL	USA	12:10	6:46	33:45	22.0	12:28	6:56	01:01:16	
9	6053	Barbara Feinstein	51	F	Morganville	NJ	USA	11:22	6:19	34:53	21.3	12:00	6:40	01:01:22	
10	6066	Laura Swartz	52	F	St. Louis Park	MN	USA	11:41	6:30	34:58	21.3	12:22	6:52	01:01:52	
11	6109	Pamela Semanik	53	F	Walton Hills	OH	USA	12:09	6:45	34:56	21.3	12:50	7:08	01:03:02	
12	6040	Cheryl Shaw	50	F	Midlothain	VA	USA	11:36	6:27	36:33	20.4	12:18	6:50	01:03:30	
13	6099	Amy Quinlan	53	F	North Andover	MA	USA	12:07	6:44	35:18	21.1	13:28	7:29	01:03:57	
14	6091	Katie McCully	53	F	Eastham	MA	USA	11:48	6:34	36:39	20.3	12:33	6:59	01:03:57	
15	6069	Diane Calloway	52	F	Coral Springs	FL	USA	12:01	6:41	36:48	20.2	12:23	6:53	01:04:03	
16	6062	Maryam Norouzi	51	F	Gaithersburg	MD	USA	11:57	6:38	35:42	20.8	13:18	7:24	01:04:19	
17	6036	Sybille Rex	50	F	Jamaica Plain	MA	USA	12:42	7:04	35:38	20.9	13:26	7:28	01:04:53	
18	6122	Amy Morin	54	F	Bedford	NH	USA	11:37	6:28	36:06	20.6	13:57	7:45	01:05:06	
19	6075	Melissa Maloney	52	F	Durango	CO	USA	11:59	6:40	37:06	20.1	12:42	7:04	01:05:12	
20	6097	Connie Peterson	53	F	Harrisonburg	VA	USA	13:08	7:18	35:34	20.9	14:14	7:55	01:06:19	
21	6125	Sally Corrigan	51	F	Paris	KY	USA	11:44	6:31	38:22	19.4	13:37	7:34	01:06:37	
22	6126	Cathy Wood	54	F	Lake Quivira	KS	USA	13:05	7:17	36:50	20.2	13:29	7:30	01:06:44	
23	6123	Gina Burrows	54	F	Liverpool	NY	USA	12:13	6:48	36:56	20.1	13:59	7:46	01:06:47	
24	6100	Susan Baker	53	F	Winter Park	CO	USA	13:06	7:17	36:17	20.5	13:31	7:31	01:07:12	
25	6106	Debbie Booth	53	F	Rancho Palos Ver	CA	USA	13:03	7:15	38:18	19.4	13:27	7:29	01:07:38	
26	6071	Lisa Ballantine	52	F	Santa Barbara	CA	USA	12:29	6:56	37:37	19.8	13:31	7:31	01:07:40	
27	6114	Lorie Ann Voight	54	F	Syracuse	NY	USA	12:18	6:50	38:52	19.1	13:20	7:25	01:07:46	
28	6084	Kristelle Harrington	52	F	Yakima	WA	USA	12:07	6:44	40:15	18.5	13:01	7:14	01:08:00	
29	6038	Lynn Streetz Hallum	50	F	Willoughby Hills	OH	USA	12:42	7:04	38:59	19.1	13:32	7:31	01:08:14	
30	6101	Margo Gregory	53	F	Kennesaw	GA	USA	13:47	7:40	37:09	20.0	13:59	7:46	01:08:37	
31	6111	Sheryl Leonard-Schneck	54	F	Milwaukee	WI	USA	14:00	7:47	36:38	20.3	14:26	8:02	01:08:44	
32	6079	Sheila Hall	52	F	Rockville	MD	USA	14:54	8:17	35:08	21.2	15:30	8:37	01:09:22	
33	6058	Alisa Wise	51	F	Camas	WA	USA	12:40	7:03	39:14	19.0	14:34	8:06	01:09:47	
34	6117	Toni Alford	54	F	Evanston	IL	USA	13:26	7:28	37:54	19.6	14:56	8:18	01:09:58	
35	6049	Michelle McClenahan	51	F	Mills	WY	USA	14:07	7:51	37:17	20.0	15:22	8:32	01:10:05	
36	6030	L.D. Gale	50	F	Huntsville	AL	USA	13:11	7:20	39:50	18.7	13:43	7:37	01:10:43	
37	6051	Monique Cuyler	51	F	Liverpool	NY	USA	12:54	7:10	39:33	18.8	14:12	7:53	01:10:52	
38	6118	Mary Alley	54	F	Jordan	NY	USA	13:57	7:45	37:08	20.0	15:47	8:46	01:11:07	
39	6082	Leann Parmenter	52	F	North East	PA	USA	13:27	7:28	39:26	18.9	14:56	8:18	01:11:20	
40	6116	Leslie Barni	54	F	Willoughby Hills	OH	USA	12:43	7:04	41:25	18.0	13:35	7:33	01:11:27	
41	6034	Virginia Fitz	50	F	Chagrin Falls	OH	USA	14:24	8:00	37:42	19.7	15:44	8:45	01:11:32	
42	6119	Mary Prusa	54	F	Stow	OH	USA	14:25	8:01	38:27	19.3	14:35	8:07	01:11:44	
43	6107	Donna Newhart	53	F	Rochester	NY	USA	12:55	7:11	41:08	18.1	14:15	7:55	01:11:55	
44	6072	Kim Raymond	52	F	Coventry	RI	USA	13:18	7:24	40:22	18.4	14:08	7:51	01:12:02	
45	6042	Ellen Adams	50	F	E Grand Rapid	MI	USA	13:08	7:18	40:04	18.6	15:03	8:22	01:12:05	
46	6090	Carol Herlocker	53	F	Morton Grove	IL	USA	13:04	7:16	41:15	18.0	14:13	7:54	01:12:07	
47	6056	Elaine Smith	51	F	Plano	TX	USA	14:00	7:47	40:03	18.6	14:28	8:03	01:12:17	
48	6060	Sarah Squiers	51	F	Greenbrae	CA	USA	14:14	7:55	39:05	19.0	15:18	8:30	01:12:35	
49	6105	Beth Kalapos	53	F	Lakewood	OH	USA	13:42	7:37	40:22	18.4	14:58	8:19	01:13:34	
50	6121	Robin Misukonis	54	F	Edwardsville	IL	USA	14:07	7:51	40:37	18.3	14:29	8:03	01:14:14	
51	6089	Julie Gillum	53	F	West Chester	OH	USA	14:42	8:10	39:38	18.8	16:33	9:12	01:14:25	
52	6057	Lisa Tarantino	51	F	Chapel Hill	NC	USA	14:47	8:13	40:14	18.5	16:04	8:56	01:14:38	
53	6067	Pam London	52	F	Lockport	NY	USA	13:25	7:28	42:56	17.3	14:38	8:08	01:14:49	
54	6115	Amy Patrick-Melin	54	F	Stow	OH	USA	13:47	7:40	42:49	17.4	14:42	8:10	01:14:56	
55	6092	Patty Rawlings	53	F	Hebron	IN	USA	14:42	8:10	41:26	18.0	15:48	8:47	01:15:04	
56	6046	Suzanne Letellier	51	F	Grafton	WI	USA	15:58	8:52	39:48	18.7	16:07	8:57	01:15:33	

57	6076	Deborah Reed	52 F	Medina	OH USA	14:39	8:09	40:42	18.3	16:47	9:19	01:16:03
58	6033	Sarah Camp	50 F	Lexington	KY USA	15:12	8:27	39:01	19.1	17:50	9:55	01:16:16
59	6039	Erica Hunt	50 F	Edwardsville	IL USA	13:27	7:28	44:32	16.7	13:52	7:42	01:17:09
60	6112	Anne Dolce	54 F	Jamestown	NY USA	13:55	7:44	41:33	17.9	17:26	9:42	01:17:20
61	6078	Karin Brown	52 F	Tulsa	OK USA	16:11	9:00	39:14	19.0	17:43	9:51	01:17:27
62	6064	Chirstine Riggs	51 F	Paoli	PA USA	16:22	9:06	39:44	18.7	17:59	10:00	01:18:51
63	6070	Lori Hodak	52 F	Powell	OH USA	15:55	8:51	40:57	18.2	17:56	9:58	01:19:52
64	6108	Aimee Krebs	53 F	Chagrin Falls	OH USA	15:17	8:30	43:11	17.2	17:41	9:50	01:20:41
65	6120	Robin Karlov	54 F	Chicago	IL USA	16:42	9:17	40:51	18.2	17:05	9:30	01:20:45
66	6048	Janeth Cetera-Thomas	51 F	Davisburg	MI USA	13:31	7:31	47:13	15.8	16:24	9:07	01:21:29
67	6037	Elizabeth Strydom	50 F	Draper	UT USA	16:40	9:16	43:29	17.1	17:30	9:43	01:22:17
68	6088	Melinda Fry	53 F	Saratoga Springs	NY USA	16:07	8:58	44:46	16.6	16:53	9:23	01:22:24
69	6035	Christie Patla	50 F	Aberdeen	NJ USA	12:40	7:02	53:23	13.9	12:42	7:04	01:22:46
70	6102	Jane Bergan	53 F	West Chester	PA USA	17:37	9:48	43:14	17.2	18:12	10:07	01:23:40
71	6095	Doris Plaster	53 F	Springfield	MO USA	15:44	8:45	47:55	15.5	18:14	10:08	01:25:56
72	6047	Leslie Toepfer	51 F	Chicago	IL USA	16:25	9:08	45:11	16.5	19:39	10:55	01:26:18
73	6031	Katherine Wood	50 F	Dublin	OH USA	14:37	8:07	48:23	15.4	17:21	9:39	01:26:22
74	6083	Katherine Johnson	52 F	Saginaw	MI USA	17:34	9:46	43:55	16.9	19:27	10:48	01:26:23
75	6087	Crystal Brown	53 F	Maple	WI USA	16:40	9:16	50:21	14.8	18:19	10:11	01:28:54
76	6061	Kimberly Morgan	51 F	Los Angeles	CA USA	17:57	9:59	50:47	14.7	18:50	10:28	01:31:10
77	6080	Susan Haag	52 F	Jacksonville	FL USA	19:52	11:02	43:48	17.0	21:44	12:05	01:31:20
78	6073	Celeste Smith	52 F	Charlotte	NC USA	18:45	10:25	47:36	15.6	20:05	11:10	01:32:21
79	6059	Julianne Noonan	51 F	Boyertown	PA USA	20:36	11:27	47:27	15.7	20:17	11:16	01:33:36
80	6110	Cara Wheeler	53 F	Kankakee	IL USA	21:17	11:50	50:10	14.8	22:53	12:43	01:40:28
81	6113	Kelly Sigman	54 F	Springfield	MO MAC	20:02	11:08	52:02	14.3	24:02	13:21	01:42:10

NUMBER OF FINISHERS: 81

 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 45 - 49 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	5679	Vachee Loughran	46	M	Glenview	IL	USA	9:02	5:01	28:38	26.0	9:48	5:27	00:49:54	
2	5655	Christian Waterstraat	45	M	Naperville	IL	USA	9:35	5:20	28:31	26.1	10:11	5:39	00:50:50	
3	5752	Scott Erba	49	M	Winona Lake	IN	USA	8:54	4:57	30:10	24.7	9:40	5:23	00:51:00	
4	5704	Greg Mueller	47	M	Granger	IN	USA	10:03	5:35	29:51	24.9	10:21	5:45	00:52:24	
5	5762	Shannon Kurek	49	M	Granville	OH	USA	10:01	5:34	29:46	25.0	10:29	5:50	00:52:41	
6	5675	Abraham Rogers	45	M	Brighton	MA	USA	10:19	5:44	29:41	25.1	10:29	5:50	00:53:04	
7	5676	Wilman Santa Cruz	45	M	Surfside	FL	USA	9:38	5:21	30:52	24.1	10:25	5:47	00:53:12	
8	5688	Greg Kaplan	46	M	Philadelphia	PA	USA	10:22	5:46	29:15	25.4	11:07	6:11	00:53:12	
9	5765	John Stroup	49	M	Fishers	IN	USA	9:38	5:21	30:54	24.1	10:18	5:43	00:53:25	
10	5770	Nathan Waech	49	M	Grand Rapids	MN	USA	9:57	5:32	30:31	24.4	10:43	5:58	00:53:39	
11	5669	Matt Dietrich	45	M	Napoleon	OH	USA	9:55	5:31	30:53	24.1	11:05	6:09	00:54:40	
12	5673	Spencer Hodnett	45	M	Charlotte	NC	USA	10:17	5:43	31:15	23.8	10:39	5:55	00:54:58	
13	5780	John Bye	49	M	South Orange	NJ	USA	10:38	5:54	30:13	24.6	11:43	6:31	00:55:20	
14	5733	Brent Wiltshire	48	M	Stonington	CT	USA	10:38	5:55	30:59	24.0	11:11	6:13	00:55:48	
15	5680	Trevor Taylor	46	M	Los Gatos	CA	USA	10:29	5:50	31:18	23.8	10:58	6:06	00:55:56	
16	5692	Rameses Rodriguez	46	M	Port St Lucie	FL	USA	10:27	5:48	31:55	23.3	11:02	6:08	00:55:57	
17	5741	Sean Lepouttre	48	M	The Villages	FL	USA	10:03	5:35	32:08	23.2	11:03	6:08	00:56:09	
18	5668	John Turner	45	M	Midlothian	VA	USA	10:09	5:39	32:31	22.9	10:57	6:05	00:56:23	
19	5730	Colin Smith	48	M	Minneapolis	MN	USA	10:33	5:52	32:20	23.0	10:49	6:01	00:56:39	
20	5691	Michael Hertner	46	M	Erie	PA	USA	11:26	6:21	30:00	24.8	12:15	6:48	00:56:44	
21	5738	Lee Sellers	48	M	West Chester	OH	USA	10:22	5:46	32:44	22.7	11:16	6:16	00:56:49	
22	5664	Noah Webb	45	M	Los Angeles	CA	USA	11:04	6:09	31:34	23.6	10:59	6:06	00:56:49	
23	5698	Jorge Lopez	47	M	North Bay Villag	FL	USA	10:22	5:46	31:47	23.4	11:51	6:35	00:56:53	
24	5701	Jay Peluso	47	M	Richmond	VA	USA	11:25	6:21	30:28	24.4	12:16	6:49	00:57:01	
25	5667	Russell Inman	45	M	Bethesda	MD	USA	10:29	5:50	31:54	23.3	11:28	6:22	00:57:06	
26	5708	Ryan Dolan	47	M	Boulder	CO	USA	10:37	5:54	32:11	23.1	11:07	6:11	00:57:09	
27	5763	Dj Hanback	49	M	South Bend	IN	USA	10:37	5:54	32:40	22.8	11:13	6:14	00:57:23	
28	5753	Jason Henry	49	M	Midland	MI	USA	11:09	6:12	32:00	23.3	11:51	6:35	00:57:41	
29	5700	Christopher Schwirian	47	M	The Plains	OH	USA	10:37	5:54	32:58	22.6	11:14	6:14	00:57:41	
30	5779	David Hinrichsen	48	M	New Egypt	NJ	USA	11:01	6:08	32:37	22.8	11:01	6:07	00:57:48	
31	5766	Ramel Lindsay	49	M	Colorado Springs	CO	USA	10:42	5:57	33:11	22.4	11:01	6:07	00:58:02	
32	5683	Matthew Luckett	46	M	Brooklyn	NY	USA	10:58	6:06	32:39	22.8	11:42	6:30	00:58:08	
33	5781	Jeffrey Haas	49	M	Huntersville	NC	USA	11:50	6:35	30:41	24.2	12:32	6:58	00:58:15	
34	5687	Ken Hagan	46	M	Avon	OH	USA	11:34	6:26	32:06	23.2	11:50	6:35	00:58:19	
35	5750	Steve Riesenberg	48	M	Erie	PA	USA	10:55	6:04	32:12	23.1	12:22	6:53	00:58:26	
36	5661	Christopher Hugge	45	M	Brentwood	MO	USA	10:50	6:02	32:25	23.0	12:28	6:56	00:59:03	
37	5685	Ruben Montano	46	M	Waxhaw	NC	USA	10:26	5:48	33:43	22.1	11:43	6:31	00:59:12	
38	5709	Joe Wheeler	47	M	Marathon	NY	USA	11:11	6:13	34:02	21.9	11:18	6:17	00:59:32	
39	5775	Tim Sondgeroth	49	M	Chatham	IL	USA	11:29	6:23	33:06	22.5	12:08	6:44	00:59:37	
40	5721	Brian Orr	47	M	Savannah	GA	USA	11:12	6:14	32:19	23.0	13:06	7:17	00:59:39	
41	5777	Daniele Castiglioni	49	M	Northville	MI	USA	11:05	6:10	33:17	22.4	12:24	6:53	00:59:41	
42	5749	Raymond Lake	48	M	Tampa	FL	USA	11:06	6:10	33:29	22.2	11:50	6:35	00:59:42	
43	5735	Justin Woodson	48	M	Chevy Chase	MD	USA	11:07	6:11	33:16	22.4	12:27	6:55	00:59:56	
44	5690	Francesco Rovetta	46	M	San Francisco	CA	USA	11:18	6:17	34:04	21.8	11:55	6:38	01:00:03	
45	5663	Roy Silver	45	M	Los Angeles	CA	USA	10:58	6:06	33:42	22.1	12:36	7:00	01:00:21	
46	5727	Greg Rich	48	M	Ipswich	MA	USA	12:14	6:48	32:08	23.2	12:26	6:55	01:00:27	
47	5739	Michael Kenney	48	M	Woodland Hills	CA	USA	11:22	6:19	34:28	21.6	11:04	6:09	01:00:39	
48	5662	John Stann	45	M	Reston	VA	USA	10:58	6:06	35:26	21.0	11:31	6:24	01:00:47	
49	5720	Lee Jarm	47	M	Needham	MA	USA	11:11	6:13	33:11	22.4	11:17	6:16	01:00:54	
50	5716	William Orshoski	47	M	Huron	OH	USA	10:58	6:06	34:55	21.3	11:35	6:26	01:01:12	
51	5767	Steve Inman	49	M	Oak Park	IL	USA	12:03	6:42	33:12	22.4	12:25	6:54	01:01:17	
52	5782	Glenn Humphrey	46	M	Columbia	MD	USA	11:06	6:10	34:11	21.8	13:14	7:21	01:01:21	
53	5748	Marc Neilson	48	M	North Potomac	MD	USA	11:43	6:31	33:34	22.2	13:23	7:26	01:01:36	
54	5737	Nicholas Plaxton	48	M	Largo	FL	USA	12:01	6:41	33:54	21.9	12:11	6:46	01:01:39	
55	5774	Igor Krasnoperov	49	M	Mohegan Lake	NY	USA	11:27	6:22	34:18	21.7	13:11	7:20	01:01:41	
56	5728	Robert Barish	48	M	Erie	PA	USA	11:14	6:14	34:57	21.3	12:18	6:50	01:01:43	

57	5725	Sean Jones	48 M	Adams	TN USA	10:58	6:06	34:24	21.6	12:53	7:10	01:01:43
58	5723	John Chun	47 M	San Francisco	CA USA	11:49	6:34	33:46	22.0	13:19	7:24	01:01:47
59	5665	Guillermo Nunez	45 M	Watertown	MA USA	11:18	6:17	36:06	20.6	11:33	6:25	01:01:51
60	5740	Dwight Bergmann	48 M	New Albany	OH USA	11:33	6:25	34:44	21.4	12:45	7:05	01:01:56
61	5695	Chris Lipton	46 M	Fayetteville	GA USA	12:01	6:41	33:49	22.0	12:29	6:56	01:02:23
62	5747	Rob Lamke	48 M	Land O Lakes	FL USA	11:59	6:40	32:27	22.9	14:49	8:14	01:02:25
63	5712	Kevin Breitzmann	47 M	Germantown	WI USA	11:29	6:23	35:30	21.0	11:49	6:34	01:02:26
64	5769	Andrew Strehle	49 M	Hingham	MA USA	11:15	6:15	35:56	20.7	11:44	6:31	01:02:36
65	5714	Ken Beech	47 M	Cleveland	OH USA	12:15	6:48	34:05	21.8	13:17	7:23	01:02:46
66	5760	James Clark	49 M	Alton	IL USA	11:42	6:30	34:57	21.3	13:14	7:21	01:03:18
67	5771	Michael Dunn	49 M	Canonsburg	PA USA	11:28	6:23	36:38	20.3	12:18	6:50	01:03:47
68	5659	Steve Pesarchick	45 M	Elyria	MT USA	11:28	6:23	36:33	20.4	12:10	6:46	01:03:56
69	5657	Tim Edwards	45 M	Orange Village	OH USA	11:26	6:22	36:27	20.4	13:11	7:20	01:03:57
70	5729	Rich Williams	48 M	Seale	AL USA	11:50	6:35	34:54	21.3	12:32	6:58	01:04:01
71	5694	Jason Gibson	46 M	Port Orange	FL USA	11:55	6:37	35:39	20.9	13:04	7:16	01:04:02
72	5711	Joseph Tally	47 M	Fairport	NY USA	11:45	6:32	36:28	20.4	12:59	7:13	01:04:12
73	5743	Eric Sonnen	48 M	Villa Rica	GA USA	11:33	6:25	35:09	21.2	13:31	7:31	01:04:13
74	5724	Kevin McCarrick	47 M	Grafton	OH USA	10:54	6:04	37:49	19.7	11:10	6:13	01:04:15
75	5686	Robert Nelson	46 M	Parker	CO USA	11:43	6:31	35:57	20.7	13:24	7:27	01:04:16
76	5757	David Dunstan	49 M	Avon Lake	OH USA	11:41	6:29	36:32	20.4	12:40	7:02	01:04:21
77	5726	Wayne Robinson	48 M	Tiffin	OH USA	12:30	6:57	33:16	22.4	14:23	7:59	01:04:27
78	5719	Shannon Drain	47 M	Okay	OK USA	12:17	6:50	35:48	20.8	13:47	7:40	01:04:49
79	5715	Jeff Putt	47 M	Birmingham	AL USA	12:42	7:03	32:46	22.7	16:31	9:11	01:05:23
80	5689	Erik Riker-Coleman	46 M	Duluth	MN USA	12:19	6:51	36:29	20.4	13:26	7:28	01:05:28
81	5717	Jeffrey Jerdonek	47 M	Avon	OH USA	11:50	6:35	38:13	19.5	11:40	6:29	01:05:42
82	5677	Doug Meier	45 M	Ixonnia	WI USA	12:27	6:55	36:00	20.7	13:23	7:26	01:05:47
83	5768	Michael Damas	49 M	Columbus	OH USA	11:30	6:24	37:44	19.7	12:59	7:13	01:05:57
84	5702	Joe Bush	47 M	Fairview Park	OH USA	12:50	7:08	36:01	20.7	13:29	7:30	01:06:03
85	5754	Gabriel Carballo	49 M	Grayslake	IL USA	12:48	7:07	35:39	20.9	13:46	7:39	01:06:18
86	5722	Eric Hancock	47 M	N Royalton	OH USA	12:50	7:08	37:39	19.8	13:23	7:26	01:06:49
87	5684	Lawrence Arnold	46 M	Frisco	TX USA	13:22	7:26	35:29	21.0	14:15	7:55	01:06:55
88	5678	Ken Clark	46 M	Prospect	CT USA	11:51	6:35	38:54	19.1	12:47	7:06	01:06:57
89	5696	Brian Brennan	46 M	Chicago	IL USA	12:27	6:55	37:33	19.8	13:37	7:34	01:07:47
90	5758	Steven Benedict	49 M	Sandusky	OH USA	12:52	7:09	36:04	20.6	14:43	8:11	01:07:57
91	5776	Greg Swenson	49 M	Rogers	MN USA	13:20	7:25	36:09	20.6	14:59	8:20	01:08:07
92	5756	Brian Rini	49 M	Chagrin Falls	OH USA	12:25	6:54	38:47	19.2	13:17	7:23	01:08:27
93	5658	Eric Koenigs	45 M	Dallas	TX USA	15:22	8:32	34:01	21.9	14:57	8:18	01:08:31
94	5682	Kris Snyder	46 M	Moreland Hills	OH USA	12:45	7:05	37:58	19.6	13:52	7:42	01:08:33
95	5731	Burak Alpaslan	48 M	Princeton Jct	NJ USA	12:36	7:00	37:46	19.7	13:33	7:32	01:08:34
96	5732	Kevin Halligan	48 M	Avon	OH USA	13:13	7:21	36:33	20.4	15:33	8:38	01:09:24
97	5745	Andrew Fedak	48 M	Denver	CO USA	13:08	7:18	38:12	19.5	14:14	7:55	01:10:14
98	5710	Kyle Amsdell	47 M	Rocky River	OH USA	13:59	7:46	37:25	19.9	15:39	8:42	01:10:41
99	5703	Jason Floyd	47 M	Washington	DC USA	14:38	8:08	36:59	20.1	16:54	9:23	01:12:45
100	5755	Marshall Burley	49 M	Cuyahoga Falls	OH USA	13:25	7:27	38:21	19.4	17:31	9:44	01:13:24
101	5713	Scott Baker	47 M	Harmony	PA USA	14:59	8:20	37:56	19.6	16:42	9:17	01:13:34
102	5707	Andres Quintana	47 M	Calabasas	CA USA	13:51	7:42	41:40	17.9	15:34	8:39	01:14:49
103	5697	Jeff O'Hare	47 M	Saginaw	MI USA	15:16	8:29	39:03	19.1	17:25	9:41	01:15:18
104	5736	Neal Andrew	48 M	Wilmington	NC USA	12:45	7:05	45:10	16.5	14:02	7:48	01:15:24
105	5670	Paul Caviglia	45 M	North East	PA USA	14:47	8:13	41:00	18.1	15:18	8:30	01:16:18
106	5751	Kevin Schreiber	48 M	Boca Raton	FL USA	13:40	7:36	41:48	17.8	16:42	9:17	01:17:02
107	5773	Clay Beltran	49 M	Allen	TX USA	13:54	7:44	42:23	17.6	17:23	9:40	01:17:31
108	5734	Fred Coleman	48 M	Grafton	WI USA	15:22	8:33	40:56	18.2	17:38	9:48	01:19:03
109	5759	Scott Sharpless	49 M	Wiloughby Hls	OH USA	14:37	8:08	43:29	17.1	16:51	9:22	01:19:03
110	5666	Robert Schultz	45 M	Schiller Park	IL USA	14:37	8:07	44:19	16.8	16:57	9:25	01:20:06
111	5693	Pete Dotlich	46 M	Wadsworth	OH USA	15:19	8:31	43:52	17.0	17:13	9:34	01:20:08
112	5761	John Willgohs	49 M	Albuquerque	NM USA	22:07	12:18	49:01	15.2	26:22	14:39	01:42:19

NUMBER OF FINISHERS: 112

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 45 - 49 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4782	Celia Dubey	46	F	Tarpon Springs	FL	USA	10:53	6:03	32:43	22.7	11:20	6:18	00:57:28	
2	4753	Heather Curnutt	45	F	Madison	WI	USA	10:41	5:56	33:04	22.5	11:07	6:11	00:57:47	
3	4825	Adrienne Leblanc	49	F	Scottsdale	AZ	USA	11:28	6:22	32:00	23.3	11:23	6:20	00:57:52	
4	4804	Ute Nestler	47	F	Plano	TX	USA	10:59	6:06	32:13	23.1	12:00	6:40	00:58:11	
5	4763	Pamela McCormick	45	F	Erie	PA	USA	10:27	5:49	33:30	22.2	11:08	6:11	00:58:13	
6	4805	Lesley Brainard	48	F	Collierville	TN	USA	10:45	5:59	33:35	22.2	10:53	6:03	00:58:26	
7	4798	Becky Paige	47	F	Maynard	MA	USA	11:06	6:10	33:07	22.5	11:31	6:24	00:58:39	
8	4850	Christine Kachinsky	48	F	South Orange	NJ	USA	11:14	6:15	32:58	22.6	11:11	6:13	00:58:39	
9	4773	Stephanie Meisner	45	F	Greenwood Villag	CO	USA	10:57	6:05	32:57	22.6	11:34	6:26	00:58:51	
10	4794	Megan James	47	F	Portage	MI	USA	10:46	5:59	33:59	21.9	11:23	6:19	00:58:51	
11	4853	Gina Estep	45	F	Renton	WA	USA	11:14	6:15	32:40	22.8	12:35	7:00	00:59:39	
12	4820	Rachel Jones	48	F	Novi	MI	USA	11:43	6:31	34:07	21.8	11:13	6:14	00:59:50	
13	4771	Ivonne Pedrero	45	F	Miami	FL	USA	10:59	6:06	34:32	21.5	11:29	6:23	01:00:22	
14	4749	Stephanie Van Bebber	45	F	Fairfax	VA	USA	11:57	6:39	33:34	22.2	12:02	6:41	01:00:28	
15	4757	Murphee Hayes	45	F	Marathon	NY	USA	11:00	6:07	34:44	21.4	11:26	6:22	01:00:46	
16	4810	Suzu Heffernan	48	F	Cutchogue	NY	USA	11:24	6:20	34:08	21.8	12:18	6:50	01:00:47	
17	4796	Suzanne Humber	47	F	San Diego	CA	USA	11:16	6:16	34:18	21.7	11:53	6:36	01:00:51	
18	4777	Heidi Marshall	46	F	Blacklick	OH	USA	12:10	6:46	32:37	22.8	12:43	7:04	01:01:08	
19	4750	Christina Dorrer	45	F	Rockville	MD	USA	11:46	6:32	33:36	22.1	12:43	7:04	01:01:34	
20	4800	Paula Elejalde	47	F	Randolph	NJ	USA	11:37	6:27	34:05	21.8	12:32	6:58	01:01:35	
21	4849	Heather Melzer	49	F	Sewickley	PA	USA	12:09	6:45	33:54	21.9	11:43	6:31	01:01:39	
22	4759	Melanie Diamanti	45	F	Pawcatuck	CT	USA	11:47	6:33	33:44	22.1	12:35	7:00	01:01:43	
23	4809	Martha Brennan	48	F	East Cleveland	OH	USA	11:44	6:32	33:26	22.3	13:00	7:14	01:01:48	
24	4786	Stephanie Spiak	46	F	Portland	OR	USA	11:47	6:33	33:52	22.0	12:28	6:56	01:01:56	
25	4742	Michelle Lingensfelser	45	F	Overland Park	KS	USA	12:15	6:49	34:44	21.4	12:57	7:12	01:04:01	
26	4832	Kristen Neimeth	49	F	New York	NY	USA	12:10	6:46	35:05	21.2	13:48	7:40	01:04:09	
27	4774	Nancy Strickland	46	F	Olathe	KS	USA	11:56	6:38	35:39	20.9	13:09	7:19	01:04:17	
28	4741	Samantha Sutherland	45	F	Valparaiso	IN	USA	11:53	6:36	36:52	20.2	12:29	6:56	01:04:38	
29	4793	Jennifer J Hoban	47	F	Parker	CO	USA	12:37	7:01	35:00	21.3	13:02	7:15	01:04:55	
30	4823	Kim Urich	48	F	Olathe	KS	USA	12:10	6:46	36:21	20.5	13:03	7:15	01:05:04	
31	4812	Danielle Springer	48	F	Silver Spring	MD	USA	13:01	7:14	34:51	21.3	13:23	7:26	01:05:14	
32	4784	Liz Bugbee	46	F	North East	PA	USA	12:31	6:57	36:52	20.2	11:40	6:29	01:05:19	
33	4842	Olivia Nuriulu	49	F	Erie	PA	USA	13:04	7:16	35:31	20.9	13:11	7:20	01:05:45	
34	4785	Nataliya Springfield	46	F	Park City	UT	USA	12:20	6:51	35:58	20.7	12:58	7:12	01:05:51	
35	4778	Carrie Griffin	46	F	Cincinnati	OH	USA	12:54	7:10	36:18	20.5	13:38	7:35	01:06:03	
36	4818	Angela Ridgel	48	F	Lakewood	OH	USA	12:14	6:48	36:35	20.3	13:21	7:25	01:06:09	
37	4839	Leslie Randall	49	F	Royersford	PA	USA	12:48	7:07	36:21	20.5	13:17	7:23	01:06:13	
38	4851	Cheryl Parrott	46	F	Kokomo	IN	USA	12:31	6:57	37:14	20.0	12:57	7:12	01:06:13	
39	4811	Bianca Roy	48	F	San Diego	CA	USA	14:14	7:55	34:15	21.7	13:55	7:44	01:06:20	
40	4846	Amy Fathman	49	F	Hamilton	MI	USA	12:23	6:53	37:04	20.1	12:54	7:10	01:06:36	
41	4817	Arwen Lawson	48	F	Ridgewood	NJ	USA	12:46	7:06	36:37	20.3	13:33	7:32	01:06:36	
42	4833	Nancy Gritt	49	F	Madison	WI	USA	12:56	7:11	35:13	21.1	14:09	7:52	01:06:42	
43	4751	Marybeth Naumann	45	F	Lexington	KY	USA	13:23	7:26	35:16	21.1	14:19	7:57	01:07:02	
44	4743	Annette Jacobs	45	F	Saint Louis	MO	USA	12:58	7:12	37:20	19.9	13:37	7:34	01:07:12	
45	4841	Darcy Ytterdahl	49	F	Glen Ellyn	IL	USA	13:58	7:46	35:22	21.0	14:02	7:48	01:07:19	
46	4772	Kerry Conti	45	F	Copley	OH	USA	12:18	6:50	36:44	20.3	12:54	7:10	01:07:43	2:00
47	4819	Kristi Mahadocon	48	F	Fremont	CA	USA	14:21	7:59	35:47	20.8	15:06	8:23	01:08:37	
48	4791	Rachel Campbell	47	F	Collierville	TN	USA	13:46	7:39	35:39	20.9	14:57	8:18	01:08:41	
49	4776	Bianca Beldini	46	F	Nyack	NY	USA	13:09	7:18	37:17	20.0	15:00	8:20	01:09:19	
50	4806	Joella Baker	48	F	Harmony	PA	USA	14:19	7:57	36:53	20.2	14:46	8:13	01:09:38	
51	4769	Luciana Yamaguchi	45	F	Miami	FL	USA	13:46	7:39	37:27	19.9	14:54	8:17	01:09:47	
52	4854	Kimberly Vigeo	48	F	Baton Rouge	LA	USA	13:19	7:24	38:05	19.5	13:58	7:46	01:09:56	
53	4745	Chris Fox	45	F	Whitefish Bay	WI	USA	13:04	7:16	39:35	18.8	13:51	7:42	01:10:28	
54	4760	Brenda Kasper	45	F	Bellevue	WA	USA	14:03	7:48	37:46	19.7	14:26	8:01	01:10:31	
55	4834	Eunice Moon	49	F	Fairview Park	OH	USA	13:22	7:26	37:43	19.7	14:47	8:13	01:10:53	
56	4836	Melissa Whitman	49	F	Newnan	GA	USA	12:28	6:56	42:11	17.6	13:26	7:28	01:11:23	

57	4781	Carrie Chadwick	46 F Gardner	KS USA	13:35	7:33	37:28	19.9	15:14	8:28	01:11:23	
58	4843	Annamarie Treglia	49 F Chelsea	MI USA	13:29	7:30	39:17	18.9	14:49	8:14	01:11:25	
59	4801	Eliza Racine	47 F Atlanta	GA USA	13:56	7:45	39:56	18.6	14:04	7:49	01:11:39	
60	4787	Elizabeth Andrew	47 F Wilmington	NC USA	13:14	7:21	38:57	19.1	15:11	8:26	01:11:42	
61	4845	Christine Nestor	49 F Erie	PA USA	14:13	7:54	36:17	20.5	16:21	9:05	01:11:49	
62	4783	Angie Briley	46 F Indianapolis	IN USA	14:27	8:02	37:02	20.1	15:23	8:33	01:12:00	
63	4826	Jeness Campbell	49 F Morristown	NJ USA	13:55	7:44	38:49	19.2	15:27	8:35	01:12:19	
64	4775	Maria Teresa Abbadessa	46 F Southampton	NY USA	12:59	7:13	40:10	18.5	14:03	7:49	01:12:26	
65	4761	Kathryn Klope Vantonder	45 F Louisville	KY USA	14:53	8:16	37:52	19.6	15:42	8:43	01:12:41	
66	4824	Zhanna Begian	48 F Rochester Hills	MI USA	13:37	7:34	41:26	18.0	13:58	7:46	01:13:18	
67	4788	Beth Lancer	47 F Syracuse	NY USA	14:14	7:55	39:19	18.9	15:17	8:30	01:13:24	
68	4764	Lara Blatchford	45 F Mount Airy	MD USA	14:47	8:13	38:36	19.3	15:05	8:23	01:13:33	
69	4795	Andrea Leblond	47 F Cleveland	OH USA	13:47	7:40	39:33	18.8	15:02	8:21	01:13:43	
70	4758	Cynthia Steele	45 F Germantown	MD USA	14:33	8:05	39:04	19.0	14:56	8:18	01:13:56	
71	4827	Debbie Meitz	49 F Coral Springs	FL USA	14:38	8:08	37:57	19.6	15:39	8:42	01:14:05	
72	4755	Angela Harrison	45 F Pottstown	PA USA	15:05	8:23	38:03	19.6	16:02	8:55	01:14:14	
73	4813	Kimee Armour	48 F Auburn	IL USA	15:20	8:31	37:18	19.9	17:40	9:49	01:14:40	
74	4803	Beth Hunter	47 F Bellevue	WA USA	14:21	7:58	40:33	18.3	16:22	9:06	01:15:25	
75	4840	Lisa Muhlbach	49 F Garfield Heights	OH USA	16:25	9:08	38:19	19.4	15:40	8:42	01:15:26	
76	4847	Nina (cristina) Assimak	49 F Morgantown	WV USA	14:02	7:48	40:33	18.3	16:39	9:15	01:16:01	
77	4844	Debra Robenhymer	49 F Coconut Creek	FL USA	14:39	8:09	39:56	18.6	15:26	8:35	01:16:56	2:00
78	4752	Melinda Hyatt	45 F Madison	AL USA	13:46	7:39	45:20	16.4	14:12	7:53	01:17:38	
79	4780	Tracy Frink	46 F Beverly Hills	MI USA	14:53	8:16	41:28	17.9	16:30	9:10	01:17:43	
80	4779	Jen Stanton	46 F Waterloo	NY USA	14:08	7:51	44:34	16.7	14:27	8:02	01:18:01	
81	4835	Christine Cornelius	49 F Buffalo	MO USA	14:59	8:20	41:37	17.9	15:48	8:47	01:18:03	
82	4766	Amy Lawson	45 F Ann Arbor	MI USA	15:27	8:35	41:32	17.9	16:29	9:10	01:18:41	
83	4754	Jennifer Davis	45 F Fredonia	NY USA	14:35	8:06	44:28	16.7	15:19	8:31	01:19:19	
84	4767	Lori Ritter	45 F Bloomfld Hls	MI USA	14:32	8:05	44:25	16.8	15:42	8:44	01:20:05	
85	4829	Heather Glazer	49 F Westland	MI USA	15:54	8:50	40:36	18.3	18:47	10:27	01:20:26	
86	4744	Jennifer Linarello	45 F South Bend	IN USA	13:46	7:39	48:30	15.3	14:41	8:10	01:21:55	
87	4815	Cynthia Stives	48 F N Ridgeville	OH USA	15:08	8:25	43:32	17.1	17:21	9:38	01:22:02	
88	4828	Christine Carly	49 F Plymouth	MI USA	16:43	9:18	43:00	17.3	18:24	10:13	01:23:36	
89	4830	Gabriele Gottlieb	49 F Grand Rapids	MI USA	17:15	9:35	41:12	18.1	19:41	10:56	01:24:13	
90	4790	Julie Coleman	47 F Grafton	WI USA	17:02	9:28	43:15	17.2	18:43	10:24	01:25:09	
91	4747	Claire Coolbeth	45 F Hernando	FL USA	15:18	8:30	50:42	14.7	15:38	8:42	01:25:51	
92	4821	Karen Martin	48 F Vernon	NJ USA	15:18	8:30	50:20	14.8	16:33	9:12	01:26:46	
93	4814	Maura Donovan	48 F Freeville	NY USA	16:18	9:04	48:58	15.2	16:29	9:10	01:28:12	
94	4762	Jennifer Sheba	45 F Altamonte Spring	FL USA	14:52	8:16	51:37	14.4	17:53	9:57	01:29:37	
95	4768	Laurence Mutuel	45 F Greensboro	NC USA	16:41	9:16	48:14	15.4	20:12	11:14	01:30:02	
96	4807	Kristi Lovelace	48 F Jackson	GA USA	18:27	10:15	51:05	14.6	22:02	12:15	01:37:09	
97	4789	Lelia Watson	47 F Raleigh	NC USA	22:16	12:23	48:16	15.4	24:26	13:34	01:42:20	
98	4852	Amy Chiappe	49 F Indianapolis	IN USA	18:49	10:27	1:08:40	10.8	25:48	14:20	01:59:40	

NUMBER OF FINISHERS: 98

USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 40 - 44 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	5601	Jonathan Mason	43	M	Fort Collins	CO	USA	9:18	5:10	29:57	24.8	9:32	5:18	00:51:07	
2	5571	John Chambers	41	M	Silver Spring	MD	USA	8:54	4:57	29:33	25.2	9:59	5:33	00:51:14	
3	5588	Jeff Fejfar	42	M	Olive Branch	MS	USA	9:49	5:28	28:42	25.9	10:44	5:58	00:51:26	
4	5591	Joe Klinedinst	42	M	Glen Rock	PA	USA	9:55	5:31	29:03	25.6	10:21	5:45	00:52:00	
5	5572	Justin Bauer	41	M	Arlington	VA	USA	10:04	5:36	28:51	25.8	10:40	5:56	00:52:05	
6	5625	Kirk Framke	44	M	Denver	CO	USA	9:29	5:16	30:34	24.3	9:44	5:25	00:52:19	
7	5550	Dan Pierce	40	M	Erie	PA	USA	9:46	5:26	30:37	24.3	10:25	5:48	00:53:04	
8	5624	David Stubbs	44	M	Culpeper	VA	USA	10:31	5:51	29:02	25.6	10:54	6:04	00:53:12	
9	5637	Tim Hola	44	M	Highlands Ranch	CO	USA	10:25	5:47	29:52	24.9	10:32	5:51	00:53:13	
10	5559	Blake Marrou	40	M	New Braunfels	TX	USA	9:47	5:26	30:49	24.1	10:27	5:48	00:53:29	
11	5603	Robert Messmer	43	M	Cincinnati	OH	USA	9:26	5:14	30:54	24.1	10:44	5:58	00:53:44	
12	5600	Rich Uliana	42	M	Nazareth	PA	USA	10:17	5:43	29:42	25.1	10:50	6:02	00:53:49	
13	5641	Andrew Rose	44	M	Glen Allen	VA	USA	9:32	5:18	31:40	23.5	9:48	5:27	00:53:51	
14	5607	Erick Pierce	43	M	Berkeley	CA	USA	10:14	5:41	29:40	25.1	10:55	6:04	00:54:02	
15	5608	Bernardo Perez	43	M	Miami	FL	USA	10:16	5:42	30:35	24.3	10:47	6:00	00:54:28	
16	5575	Moshe Peri	41	M	Minnetonka	MN	USA	9:33	5:18	31:05	23.9	9:56	5:31	00:54:47	2:00
17	5643	Jason Kitchen	44	M	Glen Mills	PA	USA	10:18	5:43	31:02	24.0	10:43	5:57	00:54:59	
18	5610	Matthew Means	43	M	Columbus	OH	USA	9:51	5:28	31:56	23.3	10:28	5:49	00:55:01	
19	5555	Corey Jurowski	40	M	New Richmond	WI	USA	10:35	5:53	30:38	24.3	11:02	6:08	00:55:04	
20	5567	Mitch Felton	41	M	Rochester	MN	USA	10:14	5:41	31:54	23.3	10:50	6:01	00:55:47	
21	5599	Luca Arrigoni	42	M	Brooklyn	NY	USA	10:42	5:57	31:41	23.5	10:46	5:59	00:55:56	
22	5612	Jeremy Hansen	43	M	Ann Arbor	MI	USA	10:57	6:05	30:57	24.0	11:38	6:28	00:55:58	
23	5605	Christopher McGovern	43	M	Algoma	WI	USA	10:54	6:03	30:09	24.7	11:10	6:13	00:56:01	
24	5621	Brian Gillie	43	M	Fort Wayne	IN	USA	10:00	5:34	31:35	23.6	11:27	6:22	00:56:06	
25	5616	Justin Hayes	43	M	North Andover	MA	USA	10:31	5:51	32:29	22.9	10:39	5:55	00:56:19	
26	5546	Brian Dickhut	40	M	Aurora	IL	USA	10:56	6:05	32:07	23.2	10:50	6:01	00:56:22	
27	5590	Daryl Stclair	42	M	Harrisburg	PA	USA	9:54	5:30	32:41	22.8	11:00	6:07	00:56:29	
28	5619	Jason Ross	43	M	Roswell	GA	USA	11:34	6:26	30:37	24.3	11:57	6:38	00:56:42	
29	5560	Van Arnold	40	M	Haymarket	VA	USA	9:54	5:30	32:21	23.0	11:12	6:13	00:56:45	
30	5566	Bryan Prack	41	M	Cleveland Hts	OH	USA	9:45	5:25	33:05	22.5	10:40	5:56	00:56:50	
31	5604	Ryan Barone	43	M	Alexandria	VA	USA	10:54	6:03	31:42	23.5	11:28	6:23	00:56:54	
32	5593	Elton Hassall	42	M	Brooklyn	NY	USA	10:12	5:40	33:46	22.0	10:19	5:44	00:56:55	
33	5630	David Huisman	44	M	Holland	MI	USA	10:39	5:55	31:44	23.4	11:50	6:35	00:56:57	
34	5547	Robert Bryan	40	M	Twinsburg	OH	USA	10:35	5:53	33:10	22.4	11:15	6:15	00:57:40	
35	5626	Adrian Forbes	44	M	Grass Lake	MI	USA	11:28	6:22	31:41	23.5	11:42	6:30	00:57:42	
36	5609	Kareen Afzal	43	M	North Wales	PA	USA	10:43	5:57	32:56	22.6	11:29	6:23	00:57:59	
37	5592	Adam Gent	42	M	Chagrin Falls	OH	USA	10:26	5:48	33:36	22.1	10:58	6:06	00:58:10	
38	5544	Aaron Bales	40	M	Lansing	MI	USA	10:49	6:01	33:42	22.1	11:13	6:14	00:58:52	
39	5548	Shinichiro Fuse	40	M	Cambridge	MA	USA	11:23	6:20	33:29	22.2	11:07	6:11	00:58:53	
40	5584	Mark Stopa	42	M	Cleveland	OH	USA	11:22	6:19	32:48	22.7	11:42	6:30	00:58:58	
41	5644	David Simmons	44	M	Abingdon	VA	USA	11:51	6:35	30:52	24.1	12:59	7:13	00:59:00	
42	5574	Chris Fruehwirth	41	M	Granger	IN	USA	10:44	5:58	34:26	21.6	11:26	6:21	00:59:40	
43	5646	Kyle Smoot	44	M	Portland	OR	USA	11:04	6:09	34:07	21.8	11:23	6:20	00:59:45	
44	5563	Mathew Ward	41	M	Brooklyn	NY	USA	11:25	6:21	34:06	21.8	11:43	6:31	01:00:04	
45	5589	Scott Simon	42	M	Hummelstown	PA	USA	11:23	6:20	33:03	22.5	12:06	6:43	01:00:13	
46	5553	Brett Huber	40	M	Hoffman Estates	IL	USA	11:17	6:17	33:35	22.2	12:03	6:42	01:00:14	
47	5549	Chris Costales	40	M	San Diego	CA	USA	11:49	6:34	32:51	22.6	12:29	6:56	01:00:16	
48	5595	Mason Waldo	42	M	Oakwood	OH	USA	11:36	6:27	32:33	22.9	12:58	7:12	01:00:30	
49	5598	Zachary Roadhouse	42	M	Austin	TX	USA	11:10	6:13	33:53	22.0	12:04	6:42	01:00:35	
50	5645	Robert Coloret	44	M	Wesley Chapel	FL	USA	11:59	6:40	32:17	23.0	13:28	7:29	01:00:38	
51	5602	Christopher Burl	43	M	Knoxville	TN	USA	12:05	6:43	31:26	23.7	13:20	7:25	01:00:40	
52	5606	Steve Switek	43	M	West Seneca	NY	USA	11:44	6:31	33:52	22.0	11:51	6:35	01:00:43	
53	5615	Jeremy Rondorf	43	M	Andover	MN	USA	12:45	7:05	31:26	23.7	13:18	7:23	01:01:08	
54	5541	Chris Worden	40	M	Indianapolis	IN	USA	11:07	6:11	34:08	21.8	12:50	7:08	01:01:27	
55	5542	Matthew Killian	40	M	Millersville	MD	USA	11:03	6:09	35:01	21.2	12:26	6:55	01:01:31	
56	5585	Jarrood Baranowski	42	M	Lancaster	PA	USA	11:30	6:24	35:11	21.1	12:03	6:42	01:01:59	

57	5561	Emmit Hancock	40 M	Castro Valley	CA USA	11:55	6:37	34:41	21.5	11:46	6:33	01:02:11	
58	5564	Mike Moore	41 M	Geneva	OH USA	11:34	6:26	34:19	21.7	13:25	7:28	01:02:16	
59	5597	Carlos Rojas	42 M	Miami	FL USA	12:09	6:45	33:13	22.4	13:20	7:24	01:02:21	
60	5635	Marc Nardulli	44 M	Northbrook	IL USA	12:08	6:45	34:46	21.4	12:58	7:13	01:03:03	
61	5578	Sandor Karacsony	41 M	Bucharest	RO ROU	12:04	6:42	34:44	21.4	13:04	7:16	01:03:10	
62	5618	Rossen Atanassov	43 M	Bellevue	WA USA	11:35	6:27	36:04	20.6	13:35	7:33	01:03:55	
63	5586	Jason Hoeffel	42 M	Defiance	OH USA	11:35	6:27	35:46	20.8	13:45	7:38	01:04:04	
64	5558	Robert Carter	40 M	Hermosa Beach	CA USA	11:57	6:39	34:22	21.6	12:18	6:50	01:04:07	2:00
65	5587	Ryan Wells	42 M	Franklin	OH USA	12:01	6:41	33:48	22.0	14:10	7:52	01:04:15	
66	5554	David Volk	40 M	Blissfield	MI USA	12:04	6:42	36:15	20.5	12:29	6:57	01:04:17	
67	5594	Tim Senovic	42 M	Portage	IN USA	12:34	6:59	35:43	20.8	13:09	7:18	01:04:19	
68	5633	Bryan Kelley	44 M	Midlothian	VA USA	11:13	6:14	34:57	21.3	14:35	8:06	01:04:32	
69	5622	Jay Shackelford	43 M	Lakewood	OH USA	11:24	6:20	36:04	20.6	12:37	7:01	01:04:38	
70	5623	Chad Dennis	43 M	Avon	OH USA	11:35	6:26	37:02	20.1	12:11	6:47	01:04:43	
71	5551	Kristian Graham	40 M	Granville	OH USA	12:10	6:46	34:45	21.4	13:50	7:42	01:05:06	
72	5631	Shane Jordre	44 M	West Chester	OH USA	12:36	7:00	35:35	20.9	13:52	7:43	01:05:27	
73	5627	Ryan Close	44 M	Allentown	PA USA	12:31	6:57	34:34	21.5	13:45	7:39	01:05:55	
74	5556	John McCarty	40 M	Lakewood	OH USA	12:23	6:53	35:53	20.7	13:20	7:25	01:06:06	
75	5614	David Harris	43 M	Chagrin Falls	OH USA	11:55	6:38	37:38	19.8	13:28	7:29	01:06:29	
76	5581	Jeff Hecker	41 M	Bloomington	IL USA	11:54	6:37	36:22	20.5	13:04	7:16	01:06:50	
77	5580	Ryan Croft	41 M	Lakewood	OH USA	12:39	7:02	36:21	20.5	14:05	7:50	01:06:52	
78	5628	Neil Adams	44 M	Oak Park	IL USA	11:42	6:30	40:02	18.6	11:48	6:34	01:06:59	
79	5629	Lisimba Patilla	44 M	Medina	OH USA	11:40	6:29	39:06	19.0	13:44	7:38	01:08:48	
80	5582	Richard Beard	41 M	Avon	OH USA	12:20	6:52	37:40	19.8	16:29	9:10	01:10:05	
81	5569	David Schach	41 M	San Francisco	CA USA	14:09	7:52	36:53	20.2	14:46	8:13	01:10:06	
82	5649	Douglas Gatto	43 M	Rochester Hills	MI USA	13:10	7:19	36:58	20.1	13:44	7:38	01:10:21	
83	5632	Chad Ollila	44 M	Chagrin Falls	OH USA	12:46	7:06	42:14	17.6	12:49	7:07	01:12:27	
84	5570	Brian Bibler	41 M	Williamsville	NY USA	14:46	8:12	34:50	21.4	18:49	10:28	01:12:42	
85	5545	Michael Wasco	40 M	Canton	OH USA	12:34	6:59	39:34	18.8	18:46	10:26	01:14:49	
86	5634	Mike Lafore	44 M	Freeland	MI USA	14:38	8:08	39:27	18.9	16:50	9:21	01:15:51	
87	5583	Wojtek Wencel	41 M	Pepper Pike	OH USA	13:18	7:24	45:28	16.4	15:19	8:31	01:18:21	
88	5620	Virgil Wallace	43 M	Garfield Hts	OH USA	20:34	11:26	49:30	15.0	26:10	14:33	01:43:08	

NUMBER OF FINISHERS: 88

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 40 - 44 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	5943	Ginger Reiner	41	F	Lincoln	MA	USA	10:15	5:42	32:19	23.0	10:17	5:43	00:55:21	
2	5968	Melisa Christian	42	F	Dallas	TX	USA	9:56	5:31	32:25	23.0	10:30	5:50	00:55:38	
3	5940	Jaime Simmons	40	F	Abingdon	VA	USA	10:13	5:41	32:24	23.0	10:42	5:57	00:55:55	
4	5975	Kalletta Caldwell	42	F	Overland Park	KS	USA	10:58	6:06	32:05	23.2	11:15	6:15	00:56:34	
5	5930	Shannon Kaplan	40	F	Philadelphia	PA	USA	10:41	5:56	32:10	23.1	11:11	6:13	00:56:35	
6	6001	Eryn Kubinski	44	F	Shorewood	IL	USA	10:54	6:03	32:46	22.7	12:22	6:52	00:58:36	
7	5993	Elizabeth Waterstraat	43	F	Naperville	IL	USA	11:03	6:09	33:22	22.3	11:37	6:28	00:58:54	
8	5939	Margie McParland	40	F	Lakewood	CO	USA	12:17	6:50	32:12	23.1	12:01	6:41	00:59:20	
9	5980	Stacy Sweetser	43	F	Amherst	NH	USA	12:00	6:40	32:53	22.6	12:30	6:57	01:00:05	
10	5971	Donnelly Howard	42	F	Mobile	AL	USA	10:36	5:53	35:48	20.8	10:45	5:58	01:00:06	
11	6012	Jennifer Redding	44	F	Williamsville	NY	USA	12:15	6:49	33:04	22.5	12:34	6:59	01:00:50	
12	5976	Shannon Grady	42	F	Chester Springs	PA	USA	10:06	5:37	37:29	19.8	11:06	6:10	01:01:05	
13	5959	Michelle Hopkins	42	F	Lake Stevens	WA	USA	12:06	6:44	33:28	22.2	12:37	7:01	01:01:15	
14	5989	Abby Mowinski	43	F	Atlanta	GA	USA	12:13	6:47	34:18	21.7	11:53	6:36	01:01:18	
15	5955	Stacey Hodnett	41	F	Charlotte	NC	USA	11:44	6:31	34:39	21.5	12:09	6:45	01:01:18	
16	5965	Alyson Green	42	F	Lee's Summit	MO	USA	11:31	6:24	34:54	21.3	11:58	6:39	01:01:31	
17	5969	Jody Shoup	42	F	Lexington	KY	USA	11:02	6:08	36:00	20.7	11:18	6:17	01:01:33	
18	5937	Kelsey Abbott	40	F	Osprey	FL	USA	11:51	6:35	35:08	21.2	11:44	6:31	01:01:37	
19	5950	Kimberly Wikel	41	F	Wakeman	OH	USA	11:39	6:28	36:02	20.6	11:31	6:24	01:01:55	
20	5942	Bobbiana Neubert-Langi	40	F	Sudbury	MA	USA	11:34	6:26	35:37	20.9	12:11	6:46	01:02:28	
21	5995	Kelly Baird	43	F	Millersville	MD	USA	11:45	6:32	35:54	20.7	12:06	6:43	01:02:29	
22	5949	Meghan Pagliuco	41	F	Ivoryton	CT	USA	11:33	6:25	35:34	20.9	12:12	6:47	01:02:35	
23	5990	Andrea Hsu	43	F	Clinton	NJ	USA	11:28	6:22	35:55	20.7	12:17	6:50	01:02:38	
24	5952	Bridget Kotarak	41	F	Mount Pleasant	WI	USA	11:20	6:18	36:32	20.4	11:42	6:30	01:02:46	
25	6021	Andrea Robertson	41	F	Saint Charles	MO	USA	12:12	6:47	35:11	21.1	13:09	7:19	01:03:27	
26	5988	Adrienne Oday	43	F	Ypsilanti	MI	USA	12:23	6:53	35:20	21.1	13:02	7:15	01:03:33	
27	6017	Sarah Hunter	44	F	Hopkins	MN	USA	12:18	6:50	34:46	21.4	13:30	7:30	01:03:56	
28	5944	Masumi Yoneyama	41	F	Oak Park	IL	USA	13:11	7:20	34:30	21.6	13:20	7:25	01:04:05	
29	5961	Lana Burl	42	F	Knoxville	TN	USA	13:29	7:30	34:34	21.5	13:14	7:21	01:04:19	
30	5967	Rachel McCarthy	42	F	Vienna	VA	USA	12:04	6:43	37:08	20.0	12:42	7:04	01:04:32	
31	5970	Elizabeth Brennell	42	F	Alexandria	VA	USA	12:21	6:52	36:36	20.3	12:33	6:58	01:04:38	
32	5974	Nicole Brown	42	F	Winter Park	FL	USA	12:09	6:45	35:59	20.7	13:19	7:24	01:04:42	
33	310	Nicole Brown	42	F	Winter Park	FL	USA	12:09	6:45	35:58	20.7	13:19	7:24	01:04:42	
34	5932	Sandra Ugrina	40	F	Alexandria	VA	USA	11:44	6:31	36:29	20.4	13:03	7:15	01:04:48	
35	5931	Deborah Gayle	40	F	Silver Spring	MD	USA	12:30	6:57	37:35	19.8	12:35	7:00	01:06:20	
36	6006	Kelly Flatt	44	F	Wilton	CT	USA	11:48	6:34	39:18	18.9	13:21	7:25	01:07:09	
37	5941	Sarah Lippitt	40	F	San Francisco	CA	USA	12:28	6:56	38:07	19.5	13:20	7:25	01:07:22	
38	6015	Heidi Kerko	44	F	Keene Valley	NY	USA	12:17	6:49	38:45	19.2	12:52	7:09	01:07:32	
39	5996	Rachael McCoy	43	F	Sault Sainte Mar	MI	USA	12:48	7:07	37:21	19.9	14:08	7:51	01:07:40	
40	5973	Cari Ossenfort	42	F	Summerfield	NC	USA	13:56	7:45	36:04	20.6	14:20	7:58	01:08:00	
41	5948	Sara Ziemnik	41	F	Bay Village	OH	USA	12:40	7:03	38:24	19.4	13:22	7:26	01:08:20	
42	5984	Amy Sipe	43	F	Seven Valleys	PA	USA	12:01	6:41	41:05	18.1	11:58	6:39	01:08:29	
43	5964	Jill Bautista	42	F	Orange	OH	USA	12:59	7:13	38:08	19.5	13:36	7:34	01:08:37	
44	6019	Laura Meier	44	F	Ixonია	WI	USA	12:48	7:07	40:03	18.6	12:36	7:00	01:08:37	
45	6004	Amy Aken	44	F	Rochester	NY	USA	11:28	6:23	41:19	18.0	12:21	6:52	01:08:49	
46	6013	Kary Chan	44	F	Findlay	OH	USA	12:56	7:11	39:18	18.9	13:02	7:15	01:08:50	
47	5953	Brigitte Stotter	41	F	Castle Rock	CO	USA	12:53	7:09	38:37	19.3	13:40	7:36	01:08:52	
48	6014	Jodi Plante	44	F	Saratoga Springs	NY	USA	14:31	8:04	36:16	20.5	14:40	8:09	01:09:12	
49	5954	Jacqi Showole	41	F	Racine	WI	USA	12:47	7:06	38:39	19.2	14:15	7:55	01:09:20	
50	5951	Breanne Walsh	41	F	Tell City	IN	USA	13:45	7:38	36:47	20.2	15:04	8:23	01:09:22	
51	5978	Jessica Reisdricoll	42	F	Warwick	RI	USA	12:24	6:54	40:48	18.2	13:38	7:35	01:10:13	
52	5945	Katherine Graham	41	F	Granville	OH	USA	13:08	7:18	38:04	19.5	16:01	8:54	01:10:54	
53	6010	Jozina Dirkwager	44	F	Houston	TX	USA	13:21	7:25	38:14	19.5	15:50	8:48	01:10:57	
54	5977	Summer Rehkemper	42	F	Urbandale	IA	USA	13:29	7:30	39:46	18.7	15:01	8:21	01:11:56	
55	6007	Diane Vanderbrink	44	F	Cincinnati	OH	USA	12:34	6:59	42:55	17.3	13:14	7:22	01:12:07	
56	5982	Sharon Dachenhaus	43	F	Whitehouse	OH	USA	14:22	7:59	38:22	19.4	16:05	8:57	01:12:16	

57	5935	April Adkins	40 F	Russell	KY USA	14:34	8:06	36:49	20.2	16:52	9:23	01:12:17
58	6005	Dina Beatty	44 F	Silver Spring	MD USA	13:45	7:38	40:40	18.3	14:54	8:17	01:13:00
59	5966	Kristina Ray	42 F	Milwaukee	WI USA	13:42	7:37	40:25	18.4	15:28	8:36	01:13:32
60	5956	Krissy Blackwood	41 F	Vienna	VA USA	14:03	7:49	41:24	18.0	15:03	8:22	01:14:37
61	5991	Nicole Cartier	43 F	Bourbonnais	IL USA	15:13	8:28	41:04	18.1	15:15	8:29	01:14:52
62	5962	Kristin Muehlenbach	42 F	Menomonee Falls	WI USA	14:39	8:09	40:38	18.3	15:55	8:51	01:15:21
63	5986	Analia Castellanos	43 F	Coral Gables	FL USA	14:51	8:15	41:08	18.1	16:41	9:16	01:16:59
64	5992	Michelle Jeitler	43 F	Marietta	OH USA	14:58	8:19	40:44	18.3	16:58	9:26	01:17:16
65	5936	Amanda Hubbard	40 F	Cleveland	OH USA	13:57	7:45	43:02	17.3	15:54	8:50	01:17:38
66	5972	Staci Brode	42 F	Dallas	TX USA	16:26	9:08	43:10	17.2	15:46	8:46	01:20:33
67	5946	Theresa Hickey	41 F	Chicago	IL USA	15:27	8:35	43:07	17.3	17:28	9:42	01:20:45
68	5981	Elizabeth Molina Campos	43 F	Grayslake	IL USA	15:11	8:27	44:27	16.7	17:09	9:32	01:21:42
69	6000	Katie Montoya	43 F	Stevensville	MI USA	15:01	8:21	45:34	16.3	17:32	9:45	01:22:52
70	5957	Gabriella McCarty	41 F	Lakewood	OH USA	15:37	8:41	43:41	17.0	18:11	10:07	01:23:09
71	5994	Laura Schreiber	43 F	Boca Raton	FL USA	17:52	9:56	42:56	17.3	19:00	10:34	01:24:24
72	5938	Jennifer Sutton	40 F	Etna	OH USA	17:46	9:52	48:32	15.3	18:13	10:07	01:29:35
73	6003	Davina Farrell	44 F	San Antonio	TX USA	17:17	9:36	44:40	16.7	19:22	10:46	01:30:50
74	6018	Heidi Bleiler Keller	44 F	Ann Arbor	MI USA	19:03	10:35	1:00:21	12.3	23:03	12:49	01:48:13

NUMBER OF FINISHERS: 74

USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 35 - 39 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4123	Adam Webber	37	M	Denver	PA	USA	8:43	4:51	28:27	26.2	9:10	5:06	00:48:44	
2	4158	Darren Schutt	38	M	Webster	NY	USA	8:59	5:00	30:13	24.6	9:18	5:10	00:51:47	
3	4125	Todd Ricketts	37	M	Newark	OH	USA	9:16	5:09	30:45	24.2	9:37	5:21	00:52:18	
4	4136	Patrick Armeen	37	M	Charlotte	NC	USA	9:49	5:28	29:43	25.0	10:01	5:34	00:52:41	
5	4172	Stephen Eles	39	M	Houghton	MI	USA	8:53	4:56	32:06	23.2	9:15	5:09	00:53:08	
6	4127	Mario Ornelas	37	M	Westlake	OH	USA	9:28	5:16	30:24	24.5	10:03	5:35	00:53:29	
7	4107	Peter Finnerty	36	M	Lakewood	OH	USA	9:47	5:26	29:47	25.0	10:21	5:45	00:53:35	
8	4155	David Henkel	38	M	Fairfax	VA	USA	9:56	5:32	29:43	25.0	10:38	5:54	00:53:37	
9	4134	Robert McConville	37	M	Salt Lake City	UT	USA	10:29	5:50	28:56	25.7	10:44	5:58	00:53:40	
10	4178	Mark Berven	39	M	Minneapolis	MN	USA	10:17	5:43	29:50	24.9	10:34	5:52	00:53:50	
11	4175	Michael Honicker	39	M	Leesburg	VA	USA	9:38	5:21	30:56	24.1	9:51	5:29	00:53:52	
12	4180	Benjamin Pruess	39	M	Libertyville	IL	USA	10:23	5:46	29:32	25.2	10:57	6:05	00:54:00	
13	4179	Chris Phillips	39	M	Paducah	KY	USA	10:25	5:47	29:48	25.0	10:22	5:46	00:54:03	
14	4177	Pablo Torres	39	M	Alexandria	VA	USA	10:16	5:43	30:44	24.2	10:16	5:42	00:54:11	
15	4176	Scott Gentles	39	M	Sandy Springs	GA	USA	10:12	5:40	29:43	25.0	10:58	6:06	00:54:12	
16	4118	Vilen Rodeski	36	M	Santa Clara	CA	USA	10:07	5:37	30:06	24.7	10:42	5:57	00:54:14	
17	4132	Jesse Grant	37	M	Cleveland	OH	USA	9:41	5:23	30:54	24.1	10:37	5:54	00:54:24	
18	4130	Adam Guren	37	M	New York	NY	USA	10:11	5:40	30:36	24.3	10:52	6:02	00:54:39	
19	4139	Greg Chaganos	37	M	Chicago	IL	USA	9:58	5:32	31:13	23.8	10:21	5:45	00:54:50	
20	4122	Brett Bagley	36	M	Sparta	NJ	USA	9:43	5:24	31:58	23.3	10:30	5:50	00:55:07	
21	4115	Adam Kuncel	36	M	Amherst	OH	USA	10:37	5:54	30:33	24.4	11:19	6:18	00:56:08	
22	4148	Brian Dawson	38	M	Abingdon	VA	USA	10:36	5:54	31:23	23.7	11:07	6:11	00:56:16	
23	4126	Brant Correa	37	M	Cushing	OK	USA	9:56	5:31	32:28	22.9	10:56	6:05	00:56:23	
24	4163	Kevin Duffy	38	M	Ann Arbor	MI	USA	10:57	6:05	30:56	24.1	11:19	6:17	00:56:45	
25	4153	Justin Buschman	38	M	Waterford	PA	USA	10:43	5:57	31:43	23.5	10:52	6:03	00:56:50	
26	4149	Nate Riggs	38	M	Bexley	OH	USA	10:36	5:53	31:55	23.3	11:08	6:11	00:56:51	
27	4183	David Edward Garcia	39	M	Laredo	TX	USA	9:02	5:01	34:21	21.7	9:34	5:19	00:56:58	
28	4133	Nico Farr	37	M	Chicago	IL	USA	10:15	5:42	32:43	22.7	10:24	5:47	00:57:04	
29	4111	David Cohen	36	M	New York	NY	USA	9:57	5:32	31:48	23.4	10:55	6:04	00:57:10	
30	4129	Joshua Caselli	37	M	Fairport	NY	USA	10:16	5:42	32:21	23.0	11:01	6:07	00:57:10	
31	4113	Steve Martinez	36	M	Edinburg	TX	USA	9:52	5:29	32:52	22.6	11:11	6:13	00:57:23	
32	4114	Chandler Carranza	36	M	Pittsburgh	PA	USA	10:16	5:43	32:14	23.1	11:27	6:22	00:57:35	
33	4137	Matthew Mohnacky	37	M	Columbus	OH	USA	10:55	6:04	31:42	23.5	11:58	6:39	00:57:39	
34	4186	Daniel Koch	36	M	New York	NY	USA	10:10	5:39	32:30	22.9	11:14	6:15	00:57:44	
35	4091	Brandon McDonald	35	M	Fremont	MI	USA	10:16	5:42	32:38	22.8	11:14	6:14	00:57:45	
36	4104	Brandon Groff	36	M	Ypsilanti	MI	USA	10:24	5:47	32:47	22.7	11:26	6:21	00:57:53	
37	4117	Nathan Turner	36	M	Denver	CO	USA	11:22	6:19	30:46	24.2	12:23	6:53	00:58:35	
38	4159	Jared Picune	38	M	Lakewood	CO	USA	10:50	6:01	32:56	22.6	11:25	6:21	00:58:57	
39	4169	Jeffrey Zwit	39	M	Chicago	IL	USA	10:41	5:57	32:58	22.6	11:25	6:21	00:59:07	
40	4142	Michael Karau	37	M	Rochester	MN	USA	11:01	6:07	33:02	22.5	11:46	6:32	00:59:28	
41	4141	Michael Krisle	37	M	Clarksville	TN	USA	10:40	5:56	33:24	22.3	11:36	6:27	01:00:11	
42	4101	Julian Peters	35	M	King Of Prussia	PA	USA	11:23	6:19	33:14	22.4	11:56	6:38	01:00:13	
43	4112	Georgi Popov	36	M	Newport Beach	CA	USA	10:44	5:58	34:37	21.5	11:33	6:25	01:00:16	
44	4119	Rory Zimpelman	36	M	Warsaw	IN	USA	11:21	6:18	32:28	22.9	12:13	6:47	01:00:17	
45	4154	Jesse Cohn	38	M	New York	NY	USA	11:16	6:16	34:00	21.9	11:59	6:40	01:00:55	
46	4167	Jason Pritchard	38	M	Burns Harbor	IN	USA	11:15	6:15	33:20	22.3	12:53	7:09	01:01:00	
47	4140	Jeremy King	37	M	Harrisburg	PA	USA	10:00	5:33	33:28	22.2	14:20	7:58	01:01:15	
48	4165	Nicholas Shundry	38	M	Akron	OH	USA	11:16	6:16	33:51	22.0	12:26	6:54	01:01:21	
49	4187	Jorge Cruz	36	M	Miami	FL	USA	11:28	6:23	33:44	22.1	12:40	7:03	01:01:26	
50	4128	Joseph Hubbs	37	M	Kokomo	IN	USA	11:10	6:12	34:48	21.4	12:30	6:57	01:02:21	
51	4171	Rafael Ponce	39	M	Shaker Hts	OH	USA	11:49	6:34	33:57	21.9	12:17	6:50	01:02:22	
52	4164	Rob Westin	38	M	West Seneca	NY	USA	10:35	5:53	34:34	21.5	13:26	7:28	01:02:26	
53	4131	Edgar Andrus	37	M	Beachwood	OH	USA	11:14	6:15	35:21	21.0	12:25	6:54	01:02:34	
54	4173	Matthew Berens	39	M	Ellicott City	MD	USA	11:16	6:16	33:55	21.9	13:50	7:41	01:03:52	
55	4098	Luke Voth	35	M	Goshen	IN	USA	11:23	6:20	35:45	20.8	12:53	7:10	01:03:59	
56	4161	Jason Makii	38	M	Rocky River	OH	USA	12:30	6:57	34:33	21.5	12:53	7:09	01:04:05	

57	4103	Trevor Armstrong	35 M Seville	OH USA	11:52	6:36	35:40	20.9	12:44	7:05	01:04:10	
58	4135	Matthew Raplenovich	37 M Avon Lake	OH USA	11:54	6:37	34:52	21.3	13:27	7:29	01:04:45	
59	4162	Matthew Benedict	38 M Mentor	OH USA	11:33	6:25	36:18	20.5	12:56	7:11	01:05:12	
60	4097	Steven Nathenson	35 M Pittsburgh	PA USA	11:44	6:31	37:49	19.7	12:04	6:42	01:05:50	
61	4170	Antonio Hernandez	39 M San Antonio	TX USA	12:31	6:58	36:28	20.4	12:39	7:02	01:05:54	
62	4181	Josh Kiecker	39 M Fremont	WI USA	12:46	7:06	33:58	21.9	14:15	7:55	01:06:11	
63	4151	Alan Frydrychowski	38 M Orchard Park	NY USA	12:01	6:41	35:10	21.2	14:14	7:54	01:06:17	
64	4156	Matt Zumbach	38 M Chicago	IL USA	11:05	6:10	35:28	21.0	15:05	8:23	01:06:38	
65	4121	Benjamin Wepler	36 M Sterling	OH USA	11:56	6:38	37:14	20.0	13:09	7:18	01:06:39	
66	4094	Justin Flowers	35 M Rocky River	OH USA	11:08	6:11	39:58	18.6	11:55	6:37	01:06:47	
67	4096	Carlo Buzzetta	35 M Munroe Falls	OH USA	12:15	6:48	36:51	20.2	13:43	7:38	01:07:00	
68	4143	Mathew Wessels	37 M Torrance	CA USA	10:09	5:39	37:04	20.1	14:09	7:52	01:07:43	2:00
69	4160	Christopher Martin	38 M Houston	TX USA	11:33	6:25	36:52	20.2	13:25	7:28	01:07:43	
70	4099	Jeremy Geisinger	35 M Shippensburg	PA USA	13:10	7:19	35:59	20.7	13:58	7:46	01:09:38	2:00
71	4124	James Hulka	37 M Alexandria	VA USA	13:43	7:38	36:04	20.6	13:55	7:44	01:09:54	
72	4108	Wade Rywolt	36 M Conway	PA USA	12:34	6:59	37:19	19.9	15:22	8:33	01:10:31	
73	4109	John Stouffer	36 M Tallmadge	OH USA	12:59	7:13	39:03	19.1	13:43	7:38	01:11:10	
74	4095	Matt Holtwick	35 M North Olmsted	OH USA	15:06	8:23	36:41	20.3	14:35	8:06	01:11:27	
75	4168	Joel White	39 M Austin	TX USA	14:20	7:58	37:06	20.1	15:27	8:35	01:11:32	
76	4138	Joe Lanham	37 M Powell	OH USA	15:04	8:23	36:04	20.6	16:14	9:02	01:13:05	
77	4152	Chris Clymer	38 M Brookpark	OH USA	14:30	8:04	37:22	19.9	15:44	8:45	01:13:11	
78	4150	Humberto Choi	38 M Cleveland	OH USA	13:15	7:22	42:38	17.5	14:14	7:54	01:14:30	
79	4157	Nick Thompson	38 M Highland Heights	OH USA	15:46	8:46	40:30	18.4	20:30	11:23	01:22:38	
80	4092	Frank Pajek	35 M Medina	OH USA	16:35	9:13	41:48	17.8	19:31	10:51	01:23:05	
81	4116	David Smith	36 M Harvey	LA USA	12:40	7:03	46:54	15.9	18:03	10:02	01:23:56	
82	4102	Christopher Ladewig	35 M Kingwood	TX USA	14:47	8:13	45:18	16.4	18:11	10:06	01:24:23	
83	4144	Seth Schraff	37 M Columbus	OH USA	14:55	8:17	43:23	17.1	18:55	10:31	01:30:40	6:00
84	4166	Mark Solomon	38 M Baltimore	MD USA	13:29	7:30	40:36	18.3	32:13	17:54	01:32:58	
85	4093	John Rausin	35 M Loudon	TN USA	17:28	9:42	47:26	15.7	21:00	11:40	01:34:16	

NUMBER OF FINISHERS: 85

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 35 - 39 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4340	Kirsten Sass	39	F	McKenzie	TN	USA	10:09	5:39	30:49	24.1	10:26	5:48	00:54:10	
2	4337	Michelle Miller	38	F	Gaithersburg	MD	USA	10:13	5:41	31:30	23.6	10:25	5:48	00:55:37	
3	4292	Nancy Dadas	36	F	Bay Village	OH	USA	10:29	5:50	32:23	23.0	11:15	6:15	00:57:41	
4	4325	Brooke Flesner	38	F	Columbus	OH	USA	11:45	6:32	27:28	27.1	15:11	8:27	00:57:47	
5	4317	Kelli Benton	38	F	Tulsa	OK	USA	10:25	5:47	34:20	21.7	10:45	5:58	00:59:13	
6	4308	Anna Muench	37	F	Columbia	MD	USA	10:51	6:02	34:04	21.8	11:11	6:13	00:59:29	
7	4344	Michele Lopez	39	F	Miami Beach	FL	USA	11:20	6:18	34:04	21.8	12:01	6:41	01:00:28	
8	4284	Michelle Christine	36	F	Leesburg	VA	USA	11:14	6:14	34:05	21.8	11:39	6:28	01:00:46	
9	4290	Allison Lehnen	36	F	Tualatin	OR	USA	10:37	5:54	35:12	21.1	11:23	6:19	01:00:50	
10	4312	Nikki Scarpitti	37	F	Columbus	OH	USA	10:39	5:55	35:31	20.9	11:27	6:22	01:00:59	
11	4286	Abbey Sundermeyer	36	F	Bridgeton	MO	USA	11:42	6:30	33:26	22.3	12:27	6:55	01:01:26	
12	4302	Kelley Irvan	37	F	Chicago	IL	USA	11:28	6:22	34:48	21.4	11:46	6:32	01:01:41	
13	4278	Kelly Lefler	35	F	Washington	DC	USA	10:54	6:03	36:15	20.5	11:16	6:16	01:01:46	
14	4301	Virginie Meyers	37	F	Dallas	TX	USA	11:09	6:12	35:05	21.2	11:47	6:33	01:02:01	
15	4327	Rebecca Weiman	38	F	Downingtown	PA	USA	11:30	6:24	35:22	21.0	12:26	6:55	01:02:37	
16	4321	Melissa Langworthy	38	F	Denver	CO	USA	12:00	6:40	33:30	22.2	13:33	7:32	01:02:43	
17	4332	Erin Pettyjohn	38	F	Albuquerque	NM	USA	10:53	6:03	37:43	19.7	10:58	6:06	01:03:07	
18	4350	Kathryn Murtagh	39	F	New York	NY	USA	11:45	6:32	34:57	21.3	12:42	7:03	01:03:14	
19	4353	Jessica Morris	39	F	Bethlehem	PA	USA	11:48	6:34	34:11	21.8	12:21	6:52	01:03:21	
20	4309	Caitlin McNeil	37	F	Deep River	CT	USA	12:47	7:06	33:47	22.0	13:08	7:18	01:03:24	
21	4299	Kate Reusch	36	F	Seville	OH	USA	11:14	6:15	37:39	19.8	12:21	6:52	01:05:04	
22	4311	Heather Perkins	37	F	Eads	TN	USA	11:52	6:36	35:50	20.8	13:14	7:22	01:05:05	
23	4336	Kristin Lasky	38	F	Shaker Heights	OH	USA	11:31	6:24	36:50	20.2	13:09	7:18	01:05:24	
24	4335	Sara Connolly	38	F	Champaign	IL	USA	11:47	6:33	37:29	19.8	12:22	6:52	01:05:44	
25	4307	Katie Webber-Plank	37	F	Bradfordwoods	PA	USA	12:16	6:49	37:19	19.9	12:26	6:54	01:06:08	
26	4315	Paula Renner	37	F	Omaha	NE	USA	12:11	6:46	37:30	19.8	12:25	6:54	01:06:55	
27	4313	Michelle Flick	37	F	Amelia	OH	USA	13:34	7:32	35:28	21.0	14:14	7:55	01:07:36	
28	4324	Joy Rusmisell	38	F	Macon	GA	USA	11:54	6:37	39:36	18.8	12:32	6:58	01:07:58	
29	4326	Christeen Hodge	38	F	Boulder	CO	USA	13:02	7:15	36:52	20.2	14:06	7:50	01:08:02	
30	4333	Stephanie Schnetz	38	F	Chagrin Falls	OH	USA	12:04	6:43	36:18	20.5	13:12	7:20	01:08:21	2:00
31	4276	Elizabeth Arguelles	35	F	Miami	FL	USA	12:42	7:03	37:53	19.6	14:21	7:58	01:08:48	
32	4287	Stacey Riley	36	F	Ipswich	MA	USA	12:41	7:03	38:35	19.3	13:51	7:42	01:09:21	
33	4274	Katey Wilhelm	35	F	Syracuse	NY	USA	12:45	7:05	40:05	18.6	13:08	7:18	01:09:21	
34	4281	Charleen Secor	35	F	York	PA	USA	13:43	7:38	38:44	19.2	13:01	7:14	01:09:22	
35	4328	Victoria Anderson	38	F	Washington	DC	USA	14:11	7:53	37:23	19.9	14:46	8:13	01:10:28	
36	4320	Madeleine Harrison	38	F	Plano	TX	USA	12:38	7:01	39:56	18.6	13:58	7:46	01:10:31	
37	4288	Meredith Kursmark	36	F	Pittsburgh	PA	USA	12:54	7:10	40:15	18.5	13:21	7:25	01:10:51	
38	4347	Jennifer Lorenz	39	F	Louisville	CO	USA	13:06	7:17	36:51	20.2	13:59	7:46	01:11:01	2:00
39	4345	Sarah Anderson	39	F	East Haddam	CT	USA	12:08	6:44	40:42	18.3	13:26	7:28	01:11:23	
40	4346	Brenna Irwin Preston	39	F	Yorba Linda	CA	USA	13:10	7:19	39:03	19.1	15:38	8:41	01:11:49	
41	4283	Ramona Lee	35	F	Columbia	MD	USA	13:12	7:20	39:34	18.8	14:55	8:17	01:12:50	
42	4319	Jaime Dix	38	F	Olmsted Falls	OH	USA	13:16	7:22	40:21	18.4	14:43	8:11	01:12:57	
43	4305	Anna Fyodorova	37	F	Brooklyn	NY	USA	12:08	6:45	42:54	17.3	13:11	7:20	01:13:03	
44	4348	Michelle Dunne	39	F	Blue Ash	OH	USA	13:15	7:22	35:14	21.1	14:25	8:01	01:13:12	6:00
45	4295	Lauren Smith	36	F	Cleveland Height	OH	USA	12:45	7:05	41:48	17.8	14:03	7:49	01:13:20	
46	4277	Melani Sherman	35	F	Akron	OH	USA	12:45	7:05	42:05	17.7	13:11	7:19	01:13:26	
47	4300	Gabrielle Horstman	37	F	Cleveland	OH	USA	13:31	7:31	41:43	17.8	14:21	7:59	01:14:48	
48	4316	Laura Rush	37	F	Marietta	OH	USA	13:49	7:41	40:55	18.2	14:52	8:16	01:15:01	
49	4285	Jennifer Thorpe	36	F	Milwaukee	WI	USA	13:33	7:32	43:08	17.2	14:18	7:57	01:15:13	
50	4322	Kristen Schulz	38	F	Milford	OH	USA	15:22	8:33	37:21	19.9	16:45	9:19	01:15:29	
51	4323	Melissa Hopkins	38	F	Ridgeland	SC	USA	15:02	8:22	39:43	18.7	15:40	8:42	01:15:30	
52	4339	Courtney Dunfee	38	F	Cincinnati	OH	USA	13:05	7:17	43:12	17.2	14:56	8:18	01:15:33	
53	4298	Jaclyn Davis	36	F	Westerville	OH	USA	13:39	7:35	43:26	17.1	14:44	8:12	01:15:45	
54	4310	Maria Gabriela Reyes	37	F	Miami	FL	USA	13:39	7:35	39:44	18.7	17:23	9:40	01:16:05	
55	4352	Laurel Sutterfield	39	F	Slippery Rock	PA	USA	15:33	8:39	39:08	19.0	18:09	10:05	01:17:51	
56	4289	Karen Salmon	36	F	Cornelius	NC	USA	13:56	7:44	44:00	16.9	15:08	8:25	01:17:59	

57	4334	A'Ndrea Fisher	38 F	New Braunfels	TX USA	15:04	8:22	41:40	17.9	17:23	9:40	01:18:49	
58	4314	Elizabeth Chominski	37 F	Urbana	IL USA	13:26	7:28	45:07	16.5	14:16	7:56	01:19:38	
59	4275	Heather French	35 F	Sun City	CA USA	14:53	8:16	44:03	16.9	15:51	8:48	01:19:41	
60	4329	Ashley Putt	38 F	Birmingham	AL USA	14:44	8:11	42:30	17.5	18:12	10:07	01:20:23	
61	4294	Danielle Worthington	36 F	Bethesda	MD USA	15:41	8:43	42:15	17.6	17:12	9:33	01:20:52	
62	4304	Emily Carr	37 F	Ridgefield	CT USA	13:48	7:40	45:02	16.5	15:14	8:28	01:21:21	
63	4273	Jamie Spalding	35 F	Williamstown	KY USA	15:29	8:36	42:29	17.5	18:07	10:04	01:21:50	
64	4282	Marina Yasinsky	35 F	Astoria	NY USA	14:25	8:01	45:26	16.4	16:19	9:04	01:21:58	
65	4354	Charlotte McDannald	39 F	Richmond	VA USA	14:26	8:01	44:52	16.6	16:08	8:58	01:22:05	2:00
66	4279	Traci Clymer	35 F	Arlington	VA USA	15:14	8:28	45:25	16.4	16:30	9:10	01:23:12	
67	4297	M Meranti	36 F	Peninsula	OH USA	17:18	9:37	44:10	16.8	17:57	9:59	01:23:48	
68	4280	Nicole Sunderland	35 F	Middletown	PA USA	15:37	8:41	45:29	16.4	17:28	9:42	01:24:35	
69	4293	Amy Noble	36 F	Palm Harbor	FL USA	15:45	8:45	45:34	16.3	17:48	9:54	01:24:58	
70	4349	Leah Ruben	39 F	Austin	TX USA	23:13	12:54	39:38	18.8	16:17	9:03	01:24:59	
71	4303	Jana Esselmann	37 F	West Bend	WI USA	17:38	9:48	46:26	16.0	19:46	10:59	01:30:52	
72	4318	Kavita Murthy	38 F	Houston	TX USA	17:17	9:36	49:19	15.1	19:24	10:47	01:32:47	

NUMBER OF FINISHERS: 72

USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 30 - 34 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4055	Andrew Hall	33	M	Holladay	UT	USA	8:59	5:00	29:06	25.6	9:17	5:09	00:49:57	
2	4074	Adam Goulet	34	M	Portland	OR	USA	8:48	4:54	29:16	25.4	9:22	5:12	00:50:26	
3	4007	Kyle Siemer	30	M	Traverse City	MI	USA	8:53	4:56	29:37	25.1	10:01	5:34	00:51:23	
4	4043	Nick Glavac	32	M	Mentor	OH	USA	9:30	5:17	29:08	25.5	10:03	5:35	00:51:50	
5	4027	Patrick Jackson	31	M	Charlotte	NC	USA	9:04	5:03	30:37	24.3	9:34	5:19	00:51:55	
6	4025	Kristopher Spoth	31	M	St Paul	MN	USA	8:43	4:51	31:54	23.3	8:51	4:55	00:52:01	
7	4081	Dale Sanford	34	M	Germantown	TN	USA	9:54	5:30	29:12	25.5	10:30	5:50	00:52:34	
8	4060	Adam Rosen	33	M	Cleveland	OH	USA	9:33	5:18	29:41	25.1	10:30	5:50	00:52:47	
9	4040	Jonathan Woodland	32	M	Creswell	OR	USA	9:18	5:10	30:49	24.1	9:51	5:29	00:52:52	
10	4037	Nat Harward	32	M	Midvale	UT	USA	10:02	5:34	29:30	25.2	10:24	5:47	00:53:01	
11	4030	Peter Murray	31	M	McGregor	TX	USA	10:10	5:39	29:12	25.5	10:25	5:48	00:53:10	
12	4069	Jetson Swayze	33	M	Louisville	CO	USA	10:01	5:34	29:36	25.1	10:33	5:52	00:53:21	
13	4083	Dustyn Shrock	34	M	Kokomo	IN	USA	9:55	5:31	30:04	24.7	10:17	5:43	00:53:22	
14	4068	Chris Jensen	33	M	Chicago	IL	USA	9:39	5:22	30:39	24.3	9:52	5:29	00:53:23	
15	4029	Doug Earthman	31	M	Memphis	TN	USA	9:23	5:13	30:37	24.3	10:41	5:56	00:53:43	
16	4075	Aaron Hebler	34	M	Ventura	CA	USA	10:07	5:37	30:05	24.7	10:49	6:01	00:54:04	
17	4066	Javier Morales	33	M	Miami	FL	USA	9:56	5:32	30:41	24.2	10:46	5:59	00:54:13	
18	4079	David Mudek	34	M	Fort Polk	LA	USA	9:59	5:33	30:36	24.3	10:34	5:52	00:54:24	
19	4044	Phillip Young	32	M	Memphis	TN	USA	10:33	5:52	29:20	25.4	11:29	6:23	00:54:27	
20	4062	Benjamin Kessel	33	M	Brooklyn	NY	USA	11:00	6:07	29:47	25.0	10:51	6:02	00:54:37	
21	4082	Chris Hutchison	34	M	Camby	IN	USA	10:17	5:43	30:19	24.5	10:50	6:02	00:54:40	
22	4026	Josh De Jong	31	M	Indianapolis	IN	USA	10:28	5:49	29:37	25.1	11:34	6:26	00:54:44	
23	4048	Michael Andrews	32	M	Dallas	TX	USA	9:48	5:27	31:38	23.5	9:38	5:21	00:54:54	
24	4010	Chris Sliney	30	M	Ann Arbor	MI	USA	10:23	5:47	29:46	25.0	11:16	6:16	00:55:11	
25	4085	Dale Axford	34	M	San Diego	CA	USA	10:45	5:58	29:48	25.0	11:37	6:27	00:55:17	
26	4028	Malek Amrani	31	M	New York	NY	USA	9:34	5:19	31:58	23.3	10:20	5:44	00:55:25	
27	4006	Jason McCormack	30	M	Daniel Island	SC	USA	9:40	5:22	31:56	23.3	11:03	6:09	00:55:26	
28	4063	Christopher Shelton	33	M	Philadelphia	PA	USA	10:03	5:35	30:58	24.0	10:35	5:53	00:55:26	
29	4045	Jason Zangmeister	32	M	Fairview Park	OH	USA	9:14	5:08	33:45	22.0	9:40	5:23	00:55:26	
30	4077	Dave Condon	34	M	Morenci	MI	USA	10:19	5:44	30:44	24.2	11:21	6:18	00:55:44	
31	4019	Kyle Rosteck	31	M	Allendale	MI	USA	10:17	5:43	31:14	23.8	11:09	6:12	00:55:49	
32	4018	Joseph Fricione	31	M	Boulder	CO	USA	10:09	5:38	31:17	23.8	10:43	5:57	00:55:50	
33	4038	Serge Coudert	32	M	Miami	FL	USA	10:02	5:35	32:12	23.1	10:42	5:57	00:56:03	
34	4047	Brian Goldsmith	32	M	Buffalo	NY	USA	9:36	5:20	33:07	22.5	10:09	5:38	00:56:11	
35	4002	David Hayes	30	M	Memphis	TN	USA	10:14	5:41	32:01	23.2	11:04	6:09	00:56:13	
36	4072	Nathan Barkin	33	M	Louisville	CO	USA	10:15	5:42	32:13	23.1	10:42	5:57	00:56:33	
37	4071	John Baylor	33	M	Chicago	IL	USA	10:48	6:00	32:11	23.1	10:22	5:46	00:56:51	
38	4078	Tim Delss	34	M	Mt. Airy	MD	USA	10:42	5:57	31:27	23.7	11:40	6:29	00:57:04	
39	4059	Corey Ashby	33	M	Chapel Hill	NC	USA	10:33	5:52	32:41	22.8	10:52	6:02	00:57:38	
40	4064	Eric Hammon	33	M	Defiance	OH	USA	10:44	5:58	32:39	22.8	11:20	6:18	00:57:39	
41	4061	Jc Longbottom	33	M	Boulder	CO	USA	9:35	5:20	34:57	21.3	10:20	5:45	00:58:03	
42	4001	Zachary Root	30	M	Indianapolis	IN	USA	9:56	5:31	33:09	22.4	11:07	6:11	00:58:36	
43	4009	Justin Rice	30	M	Union City	CA	USA	10:46	5:59	32:29	22.9	11:17	6:16	00:58:47	
44	4017	Timothy Gribble	31	M	Ostrander	OH	USA	10:27	5:48	33:50	22.0	10:43	5:58	00:58:48	
45	4035	Matthew Patton	32	M	Mentor	OH	USA	10:54	6:03	32:07	23.2	12:36	7:00	00:59:22	
46	4050	Edward Gordon	32	M	South Bend	IN	USA	10:20	5:45	33:41	22.1	11:36	6:27	00:59:29	
47	4084	Karl Twelker	34	M	Watertown	MA	USA	10:33	5:52	33:32	22.2	12:03	6:42	01:00:17	
48	4014	Michael Arsena	30	M	Solon	OH	USA	10:31	5:51	35:00	21.3	10:54	6:03	01:00:25	
49	4039	Brian Murphree	32	M	Glenshaw	PA	USA	10:05	5:36	36:05	20.6	10:57	6:05	01:00:40	
50	4053	Charles Foucar	32	M	Ann Arbor	MI	USA	9:56	5:31	35:37	20.9	11:50	6:34	01:01:03	
51	4012	Austin Fishman	30	M	Boynton Beach	FL	USA	10:22	5:46	36:52	20.2	10:42	5:57	01:01:28	
52	4089	Miguel Ortiz	34	M	Pittsburgh	PA	USA	11:01	6:07	35:40	20.9	11:10	6:13	01:01:57	
53	4020	Andres Suarez Beainy	31	M	Rockville	MD	USA	10:45	5:58	34:32	21.5	11:31	6:24	01:02:07	
54	4057	Matt Stevens	33	M	Strongsville	OH	USA	11:35	6:26	33:53	22.0	13:01	7:14	01:02:17	
55	4056	Justin Kaetzel	33	M	Sandusky	OH	USA	10:38	5:55	37:00	20.1	10:52	6:02	01:02:24	
56	4005	Darin Stiefvater	30	M	Williamsburg	VA	USA	11:29	6:23	36:23	20.4	11:22	6:19	01:02:40	

57	4086	Brandon Thomas	34 M	Lakewood	OH USA	10:57	6:05	34:04	21.8	13:29	7:30	01:03:38	
58	4016	Dmitriy Slavin	31 M	Lexington	KY USA	11:02	6:08	36:16	20.5	12:31	6:58	01:03:52	
59	4046	Juan Jose Aguirre Gutie	32 M	San Francisco	CA USA	10:10	5:39	36:51	20.2	11:25	6:21	01:03:53	2:00
60	4076	Roberto Arambula	34 M	Oceanside	CA USA	11:26	6:21	36:18	20.5	11:45	6:32	01:03:58	
61	4021	Daniel Medina	31 M	Benton Harbor	MI USA	11:00	6:07	37:25	19.9	12:42	7:04	01:04:40	
62	4034	Will Lawrence	31 M	Lawrence	KS USA	11:01	6:07	37:24	19.9	12:30	6:57	01:05:23	
63	4041	Danny Patno	32 M	Novelty	OH USA	10:56	6:05	39:29	18.8	11:50	6:35	01:06:05	
64	4013	Evan Zepp	30 M	Grimes	IA USA	12:12	6:47	35:08	21.2	14:31	8:04	01:06:26	
65	4058	Brandon States	33 M	Plainfield	NJ USA	12:38	7:02	36:26	20.4	13:18	7:24	01:06:31	
66	4036	Sean Irwin	32 M	Skokie	IL USA	11:49	6:34	36:49	20.2	13:54	7:43	01:06:57	
67	4003	Richard Dixon	30 M	Iowa City	IA USA	13:19	7:24	32:54	22.6	14:25	8:01	01:07:30	
68	4032	Joe Reynolds	31 M	Cleveland	OH USA	12:09	6:45	36:56	20.1	13:51	7:42	01:07:41	
69	4087	Gregory Cephas	34 M	Claymont	DE USA	11:25	6:21	38:19	19.4	13:11	7:20	01:08:20	
70	4067	Jerome Rubio	33 M	Silver Spring	MD USA	12:01	6:41	38:11	19.5	14:43	8:11	01:09:21	
71	4033	Andrey Samoshin	31 M	Poway	CA USA	13:17	7:23	34:52	21.3	16:04	8:56	01:09:25	
72	4080	Taylor Van Nortwick	34 M	Chicago	IL USA	12:52	7:09	37:39	19.8	15:15	8:29	01:10:59	
73	4073	David Stokley	33 M	Cleveland	OH USA	12:23	6:53	39:21	18.9	13:57	7:45	01:11:31	2:00
74	4042	Jorge Hernandez	32 M	Miami	FL USA	12:42	7:04	39:50	18.7	15:04	8:23	01:12:15	
75	4008	Nathan Hirsch	30 M	Los Angeles	CA USA	11:59	6:40	40:30	18.4	14:18	7:57	01:12:34	
76	4015	Mike Pollhammer	30 M	Medina	OH USA	12:34	6:59	43:29	17.1	12:55	7:11	01:14:00	
77	4023	Jim Castrigano	31 M	Cleveland	OH USA	10:48	6:00	47:13	15.8	12:22	6:52	01:15:21	
78	4088	Zack Hamilton	34 M	Kennesaw	GA USA	11:54	6:37	50:10	14.8	13:54	7:44	01:20:14	
79	4090	Brian Carney	34 M	Cleveland Hts	OH USA	13:51	7:42	44:08	16.9	16:57	9:25	01:21:37	2:00
80	4004	Joshua Dwire	30 M	Derry	PA USA	14:40	8:09	46:30	16.0	17:19	9:37	01:25:34	

NUMBER OF FINISHERS: 80

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 30 - 34 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4201	Desiree Terella	30	F	Fairview	PA	USA	9:49	5:27	32:32	22.9	10:12	5:40	00:55:38	
2	4258	Carly Killam	34	F	Kailua	HI	USA	10:11	5:40	32:32	22.9	10:20	5:45	00:56:08	
3	4191	Elizabeth Vermann	30	F	St Louis	MO	USA	10:16	5:42	31:47	23.4	11:09	6:12	00:56:43	
4	4245	Brooke Kessler	33	F	Harpers Ferry	WV	USA	10:13	5:41	32:29	22.9	10:51	6:02	00:56:53	
5	4227	Kerry Girona	32	F	Orlando	FL	USA	10:16	5:43	32:22	23.0	10:50	6:02	00:56:56	
6	4233	Mallory Schafer	32	F	Indianapolis	IN	USA	10:09	5:39	32:37	22.8	11:05	6:10	00:57:10	
7	4200	Kaitlin Switzer	30	F	Maple Heights	OH	USA	10:31	5:51	33:05	22.5	11:06	6:10	00:57:50	
8	4252	Lindsay Delorme-Haqq	34	F	South Haven	MI	USA	10:24	5:47	33:21	22.3	10:59	6:06	00:58:06	
9	4204	Tara Scieszinski	30	F	Columbus	OH	USA	10:04	5:36	34:06	21.8	10:50	6:01	00:58:16	
10	4212	Emily Painter	31	F	Hillsboro	OR	USA	10:00	5:34	34:49	21.4	10:36	5:53	00:58:47	
11	4268	Anna Bondow	34	F	Wauwatosa	WI	USA	10:13	5:41	34:09	21.8	11:43	6:31	00:59:14	
12	4205	April Harper	30	F	Glen Allen	VA	USA	10:41	5:56	33:54	21.9	11:40	6:29	00:59:28	
13	4263	Maurya Couvares	34	F	Brooklyn	NY	USA	11:32	6:25	32:22	23.0	12:22	6:52	00:59:48	
14	4225	Ashley Benson	31	F	San Francisco	CA	USA	9:43	5:24	36:14	20.5	10:08	5:38	00:59:58	
15	4203	Charity Fluharty	30	F	Kansas City	MO	USA	10:42	5:57	34:36	21.5	11:31	6:24	01:00:02	
16	4199	Lauren Lewis	30	F	College Station	TX	USA	11:24	6:20	33:41	22.1	11:49	6:34	01:00:06	
17	4229	Kristen Eschmann	32	F	Solon	OH	USA	11:01	6:07	33:46	22.0	11:50	6:34	01:00:12	
18	4247	Emily Gage	33	F	Minneapolis	MN	USA	11:07	6:11	33:58	21.9	11:43	6:31	01:00:27	
19	4217	Jennifer El Aile	31	F	Ann Arbor	MI	USA	11:35	6:27	33:56	21.9	12:12	6:47	01:01:26	
20	4226	Vicki Brown	31	F	Quincy	MA	USA	10:49	6:01	34:57	21.3	11:40	6:29	01:01:39	
21	4264	Meghan Phinney	34	F	Yardley	PA	USA	11:44	6:31	34:33	21.5	12:13	6:48	01:01:47	
22	4249	Erin Ladendorf	33	F	Minneapolis	MN	USA	11:10	6:12	35:19	21.1	11:51	6:35	01:01:54	
23	4220	Jennifer Kryzanowski	31	F	Lexington	SC	USA	10:36	5:54	34:52	21.3	10:57	6:05	01:02:06	2:00
24	4262	Megan Spence	34	F	Decatur	GA	USA	11:33	6:25	35:04	21.2	12:44	7:05	01:03:13	
25	4253	Jen Jordan	34	F	Christiansburg	VA	USA	12:11	6:46	34:48	21.4	12:23	6:53	01:03:14	
26	4357	Anna Boix	34	F	Miami	FL	USA	11:13	6:14	36:43	20.3	11:58	6:39	01:03:48	
27	4232	Ashley Murphy	32	F	Indianapolis	IN	USA	10:58	6:06	37:06	20.1	11:42	6:30	01:03:53	
28	4238	Kelly Ball	33	F	Loveland	OH	USA	11:43	6:31	35:08	21.2	13:19	7:24	01:04:12	
29	4230	Summer Cox	32	F	Castaic	CA	USA	11:38	6:28	35:50	20.8	12:50	7:08	01:04:28	
30	4251	Angie Kaiser	34	F	Wauwatosa	WI	USA	11:09	6:12	37:27	19.9	12:34	6:59	01:05:02	
31	4269	Meagan Denman	34	F	Troy	VA	USA	11:25	6:21	37:44	19.7	11:47	6:33	01:05:02	
32	4197	Ryann Kopacka	30	F	Berkeley	CA	USA	12:45	7:05	35:01	21.2	13:41	7:36	01:05:11	
33	4206	Marie Streich	30	F	Montello	WI	USA	13:10	7:19	34:07	21.8	13:56	7:44	01:05:26	
34	4228	Mandy Wallick	32	F	Channahon	IL	USA	11:44	6:31	37:21	19.9	12:39	7:02	01:05:45	
35	4207	Amanda Marshall	30	F	Hamlet	IN	USA	11:56	6:38	37:17	20.0	12:49	7:07	01:06:01	
36	4271	Paula Perea	34	F	Berea	OH	USA	12:06	6:44	35:21	21.0	14:27	8:02	01:06:19	
37	4243	Cristin McDermott	33	F	Pittsburgh	PA	USA	11:46	6:33	38:26	19.4	12:24	6:54	01:06:36	
38	4216	Katarzyna Borkowska	31	F	New York	NY	USA	12:21	6:52	37:58	19.6	13:40	7:36	01:08:01	
39	4272	Mary Anthony	34	F	Pittsburgh	PA	USA	12:28	6:56	36:54	20.2	14:47	8:13	01:08:03	
40	4221	Amy Varner	31	F	Royal Oak	MI	USA	12:32	6:58	37:56	19.6	14:05	7:50	01:08:45	
41	4192	Lindsay Knake	30	F	Frankenmuth	MI	USA	12:22	6:53	40:43	18.3	12:34	6:59	01:09:48	
42	4261	Jessie Dull	34	F	Wexford	PA	USA	13:24	7:27	36:01	20.7	15:54	8:50	01:10:12	
43	4259	Aileen Zimmerman	34	F	Ellicott City	MD	USA	12:51	7:08	38:52	19.1	13:49	7:41	01:10:29	
44	4242	Christina Beadle	33	F	Northfield	NH	USA	12:54	7:10	39:31	18.8	14:23	8:00	01:11:13	
45	4210	Ashley Hartman	31	F	Cleveland Hts	OH	USA	13:49	7:41	38:54	19.1	13:51	7:42	01:11:35	
46	4224	Susan Cook	31	F	Fort Wayne	IN	USA	12:36	7:00	41:16	18.0	14:09	7:52	01:12:27	
47	4198	Jennifer Shunfenthal	30	F	Burke	VA	USA	13:21	7:25	39:58	18.6	14:19	7:58	01:12:28	
48	4250	Ashley Dueringer	34	F	Lakewood	OH	USA	14:12	7:54	39:06	19.0	16:30	9:10	01:14:34	
49	4223	Trisha Kurtz	31	F	Chicago	IL	USA	14:15	7:55	39:40	18.8	15:22	8:32	01:15:50	2:00
50	4266	Allison Wong	34	F	Newark	DE	USA	14:36	8:07	38:50	19.2	16:45	9:19	01:16:35	
51	4202	Marisa Weaver	30	F	Poway	CA	USA	16:22	9:06	40:12	18.5	15:38	8:41	01:16:53	
52	4209	Alyssa Esposito	30	F	Lakewood	OH	USA	13:38	7:35	45:38	16.3	14:49	8:14	01:19:16	
53	4248	Bethany Geisinger	33	F	Shippensburg	PA	USA	14:18	7:57	46:14	16.1	14:22	7:59	01:19:59	
54	4193	Claire Young	30	F	Chicago	IL	USA	14:03	7:48	45:56	16.2	16:16	9:03	01:22:11	
55	4241	Adrienne Grand	33	F	Cleveland	OH	USA	14:18	7:57	47:36	15.6	15:11	8:27	01:22:32	
56	4194	Tabitha Ayala	30	F	Chicago	IL	USA	16:34	9:12	44:44	16.6	17:47	9:53	01:24:46	

57	4239	Jess Lee	33 F	Canal Winchester	OH USA	16:33	9:12	41:36	17.9	18:46	10:26	01:25:27	2:00
58	4236	Barbara Waller	32 F	Columbus	GA USA	16:18	9:04	45:47	16.3	18:22	10:12	01:25:40	
59	4255	Nikki Evans	34 F	Salt Lake Cty	UT USA	16:34	9:12	43:32	17.1	19:49	11:01	01:25:57	
60	4215	Anna Foyt	31 F	Odessa	TX USA	14:51	8:15	48:47	15.3	17:26	9:41	01:26:41	
61	4214	Adrienne Carmona	31 F	Des Plaines	IL USA	17:57	9:59	42:54	17.3	20:04	11:09	01:27:04	
62	4254	Missy Davis	34 F	Barberton	OH USA	17:07	9:31	43:20	17.2	20:58	11:39	01:27:10	
63	4231	Emily Cloninger	32 F	Kings Mtn	NC USA	17:18	9:37	43:37	17.1	20:18	11:17	01:27:52	
64	4257	Samantha Damstetter	34 F	Cleveland	OH USA	15:48	8:47	49:19	15.1	19:06	10:37	01:29:12	
65	4211	Rebekah "cg" King	31 F	Lexington	KY USA	20:11	11:13	46:07	16.1	24:15	13:29	01:38:07	
66	4270	Megan Scott	34 F	Ellensburg	WA USA	17:40	9:49	54:50	13.6	19:36	10:54	01:38:16	
67	4237	Laura Steinberger	32 F	Traverse City	MI USA	22:24	12:27	1:01:46	12.0	27:05	15:03	01:59:21	

NUMBER OF FINISHERS: 67

 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 25 - 29 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	5267	Todd Buckingham	29	M	Big Rapids	MI	USA	8:19	4:37	28:17	26.3	8:40	4:49	00:47:30	
2	5235	David Luy	27	M	Brookfield	WI	USA	8:09	4:32	28:24	26.2	8:32	4:45	00:47:43	
3	5276	Jacob Capin	29	M	Gloucester	VA	USA	8:35	4:46	28:05	26.5	9:23	5:13	00:48:14	
4	5287	David Carpenter	28	M	Nashville	TN	USA	8:59	5:00	28:07	26.5	9:34	5:19	00:49:04	
5	5284	Stephen Lewandowski	25	M	Denville	NJ	USA	7:59	4:27	30:49	24.1	8:31	4:44	00:49:41	
6	5252	Jordan Green	28	M	Morgantown	KY	USA	9:02	5:01	29:14	25.5	9:40	5:22	00:50:05	
7	5238	Johannes Olind	27	M	Canton	MI	USA	9:10	5:06	30:38	24.3	9:32	5:18	00:51:32	
8	5217	Jose Gonzalez	25	M	Miami	FL	USA	9:07	5:04	29:07	25.6	10:52	6:02	00:51:46	
9	5256	Michael Mauhar	28	M	Greenville	SC	USA	9:20	5:11	29:54	24.9	10:17	5:43	00:52:18	
10	5216	Timothy Parker	25	M	Washington	DC	USA	8:52	4:56	32:20	23.0	9:10	5:06	00:52:49	
11	5234	Shawn Parkhurst	27	M	Oswego	NY	USA	9:46	5:26	30:23	24.5	10:21	5:45	00:53:00	
12	5240	Ian Rappaport	27	M	Carlsbad	CA	USA	9:14	5:08	31:20	23.7	10:02	5:35	00:53:05	
13	5254	Mike Williard	28	M	Pataskala	OH	USA	9:01	5:01	31:59	23.3	9:42	5:24	00:53:25	
14	5269	Johnathan Duddleston	29	M	Rome	NY	USA	9:42	5:24	31:29	23.6	10:00	5:34	00:53:46	
15	5224	Kyle Kerr	26	M	Valparaiso	IN	USA	9:36	5:20	31:33	23.6	10:16	5:42	00:53:52	
16	5275	Jonathan Zappala	29	M	Lakewood	OH	USA	9:34	5:19	31:34	23.6	10:31	5:51	00:54:02	
17	5277	Robert Langer	29	M	Valparaiso	IN	USA	10:18	5:43	30:05	24.7	10:59	6:06	00:54:03	
18	5239	Myles Chandler	27	M	Kansas City	MO	USA	10:00	5:34	30:43	24.2	10:46	5:59	00:54:15	
19	5246	Morgan Burnett	27	M	San Diego	CA	USA	10:44	5:58	30:20	24.5	10:32	5:51	00:54:20	
20	5249	Carlos Alsina Alvarez	27	M	Carolina	PR	USA	8:56	4:58	33:22	22.3	9:37	5:21	00:54:21	
21	5247	Eric Shaver	27	M	Dallas	PA	USA	10:15	5:42	30:39	24.3	10:25	5:47	00:54:23	
22	5218	Christopher Cecil	25	M	Lanesville	IN	USA	9:49	5:27	31:09	23.9	10:11	5:39	00:54:26	
23	5210	David Wolfson	25	M	Atlanta	GA	USA	10:25	5:48	31:23	23.7	10:20	5:45	00:55:06	
24	5280	Dominic Berardinelli	29	M	Brook Park	OH	USA	10:24	5:47	30:19	24.5	10:55	6:04	00:55:10	
25	5245	Elliot Feng	29	M	Bakersfield	CA	USA	10:14	5:41	31:53	23.3	10:37	5:54	00:55:13	
26	5222	Sebastian Rodriguez	26	M	San Juan	PR	USA	9:12	5:07	33:03	22.5	11:04	6:09	00:56:04	
27	5257	Jacob Geisler	28	M	Raleigh	NC	USA	9:44	5:25	32:54	22.6	10:34	5:53	00:56:09	
28	5226	Anthony Gambrell	26	M	Elizabethtown	KY	USA	10:19	5:44	32:19	23.0	10:38	5:55	00:56:21	
29	5241	Nathan Brown	27	M	Grove City	OH	USA	11:12	6:14	30:20	24.5	12:00	6:40	00:57:20	
30	5243	James Reilly	27	M	Highland Falls	NY	USA	9:29	5:17	34:50	21.4	10:50	6:02	00:57:57	
31	5219	Cole Higgins	25	M	Summit	NJ	USA	11:19	6:18	31:39	23.5	11:33	6:25	00:58:03	
32	5268	Kevin Denny	29	M	Lee's Summit	MO	USA	8:27	4:42	39:21	18.9	8:54	4:57	00:58:49	
33	5279	Jeff Sanford	29	M	Erie	PA	USA	10:07	5:38	32:59	22.6	12:29	6:56	00:59:10	
34	5262	Timothy Gooch	28	M	Birmingham	AL	USA	11:21	6:19	32:33	22.9	11:49	6:34	00:59:13	
35	5271	Matt Clark	29	M	Westminster	MD	USA	10:06	5:37	35:11	21.1	11:19	6:18	00:59:14	
36	5236	Ryan Hoffner	27	M	Akron	OH	USA	9:47	5:26	32:49	22.7	11:08	6:11	00:59:23	2:00
37	5230	Tyler Fozkos	26	M	Valparaiso	IN	USA	10:56	6:04	34:31	21.6	11:11	6:13	00:59:23	
38	5253	Derek Easton	28	M	Jackson	MI	USA	10:41	5:56	33:06	22.5	11:59	6:40	00:59:30	
39	5225	Alex Kulsa	26	M	Kenmore	WA	USA	11:05	6:10	34:02	21.9	11:15	6:15	00:59:32	
40	5214	Ian P Macfawn	25	M	Lavale	MD	USA	9:49	5:27	36:01	20.7	10:39	5:55	00:59:51	
41	5213	Harrison Stadnik	25	M	Denver	CO	USA	9:42	5:24	35:34	20.9	10:17	5:43	00:59:55	2:00
42	5265	Ryan Crayne	28	M	Manhattan	KS	USA	10:39	5:55	35:01	21.2	11:20	6:18	01:00:24	
43	5264	Amador Rosales	28	M	Summit	IL	USA	9:43	5:24	35:06	21.2	10:49	6:01	01:00:29	
44	5248	Greg Rohde	27	M	Arlington	TN	USA	11:29	6:23	32:24	23.0	12:55	7:11	01:00:33	
45	5228	Nicholas Howe	26	M	Snohomish	WA	USA	9:46	5:26	35:46	20.8	12:04	6:43	01:01:41	
46	5278	Michael Maier	29	M	Mentor	OH	USA	10:38	5:54	36:47	20.2	11:34	6:26	01:02:58	
47	5272	Theodore Leszczynski	29	M	Eagleview	PA	USA	10:47	6:00	37:30	19.8	12:02	6:41	01:03:15	
48	5212	Jonathan Millard	25	M	South Bend	IN	USA	13:06	7:17	33:38	22.1	14:19	7:57	01:05:05	
49	5258	Robert Lopez	28	M	Huntley	IL	USA	11:33	6:25	37:48	19.7	13:23	7:26	01:05:45	
50	5263	Greg Pristov	28	M	Madison	OH	USA	11:22	6:19	39:32	18.8	11:39	6:29	01:05:55	
51	5244	Tyler Peraino	27	M	Royal Oak	MI	USA	12:29	6:56	36:16	20.5	13:38	7:35	01:06:00	
52	5237	Keane Fink	27	M	Sidney	MT	USA	11:17	6:16	37:31	19.8	13:07	7:18	01:06:18	
53	5233	Kaleb Bright	26	M	Franklin	TN	USA	12:28	6:56	35:14	21.1	15:05	8:23	01:06:41	
54	5273	Michael McClelland	29	M	Las Vegas	NV	USA	12:01	6:41	36:19	20.5	15:27	8:35	01:07:31	
55	5282	James Santiago	29	M	Colorado Springs	CO	USA	12:04	6:43	38:48	19.2	12:44	7:05	01:09:39	2:00
56	5211	Reed Remington	25	M	Cleveland	OH	USA	12:36	7:00	40:07	18.5	14:25	8:01	01:10:39	

57 5232 Morgan Eggers

26 M Norton

OH USA

11:09 6:12

44:29 16.7

13:00 7:13 01:12:55

NUMBER OF FINISHERS: 57

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 25 - 29 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	5056	Stephanie Knast	29	F	Philadelphia	PA	USA	9:38	5:21	31:36	23.5	9:52	5:29	00:53:50	
2	5062	Daisy Brey	29	F	Noblesville	IN	USA	9:37	5:21	31:33	23.6	10:16	5:42	00:54:41	
3	5005	Gabrielle Bunten	26	F	Forest Lake	MN	USA	10:26	5:48	31:52	23.3	10:47	6:00	00:56:00	
4	5046	Lara Gruden	28	F	Tucson	AZ	USA	10:17	5:42	32:06	23.2	10:57	6:05	00:56:16	
5	5029	Caroline Knowles	28	F	Westerly	RI	USA	10:15	5:43	32:56	22.6	11:12	6:13	00:56:48	
6	5064	Morgan Davis	29	F	Royse City	TX	USA	10:20	5:45	33:18	22.3	10:42	5:57	00:57:26	
7	5004	Liz Weiler	25	F	Mentor	OH	USA	9:16	5:09	34:58	21.3	9:53	5:30	00:57:30	
8	5036	Amelia Shea	28	F	Charlotte	NC	USA	9:52	5:29	34:57	21.3	10:19	5:44	00:57:54	
9	5038	Emily Tato	28	F	Cambridge	MA	USA	9:50	5:28	33:40	22.1	11:09	6:12	00:57:55	
10	5030	Paige Orcutt	28	F	Morrison	CO	USA	10:29	5:50	33:07	22.5	11:34	6:26	00:58:18	
11	5035	Shaylee Read	28	F	Hooper	UT	USA	10:35	5:53	34:16	21.7	11:22	6:19	00:58:49	
12	4998	Alexandra Millstrom	25	F	Boston	MA	USA	10:05	5:36	34:36	21.5	11:14	6:15	00:59:00	
13	5010	Jessica Lukasik	26	F	Seattle	WA	USA	10:47	6:00	34:32	21.5	11:03	6:09	00:59:19	
14	5039	Christine Edmonds	28	F	Durango	CO	USA	10:49	6:01	33:59	21.9	11:39	6:29	00:59:29	
15	5017	Jenna Goodrum	27	F	Salt Lake City	UT	USA	10:47	6:00	34:00	21.9	11:54	6:37	00:59:37	
16	5015	Iz Davis	26	F	Glendale	AZ	USA	10:24	5:47	35:03	21.2	11:02	6:08	00:59:48	
17	5024	Gillian Staudt	27	F	Bingham Farms	MI	USA	10:55	6:04	34:01	21.9	11:49	6:34	00:59:59	
18	5044	Brittany Fozkos	28	F	Valparaiso	IN	USA	11:01	6:07	35:36	20.9	11:27	6:22	01:00:47	
19	4999	Hunter Ralston	25	F	Hebron	CT	USA	11:08	6:12	34:41	21.5	11:55	6:37	01:01:01	
20	5014	Caitlin Harty	26	F	Powell	OH	USA	11:47	6:33	33:39	22.1	12:40	7:02	01:01:23	
21	5025	Maria Mota	27	F	Bennet	NE	USA	11:02	6:08	35:04	21.2	12:01	6:41	01:01:29	
22	4989	Rachel Smith	25	F	Carmel	IN	USA	10:32	5:51	35:26	21.0	11:56	6:38	01:01:33	
23	5002	Anne Schwarzwaldner	25	F	Madison	WI	USA	12:01	6:41	33:55	21.9	12:37	7:01	01:01:50	
24	5042	Kelsey Erlenbaugh	28	F	Clarksville	TN	USA	10:03	5:35	38:17	19.4	10:43	5:58	01:01:58	
25	5067	Autumn Reinbold	29	F	Indianapolis	IN	USA	11:32	6:25	34:49	21.4	12:43	7:04	01:02:33	
26	5028	Larissa Dowe	28	F	BelleVue	NE	USA	10:52	6:02	37:04	20.1	11:04	6:09	01:02:38	
27	5034	Cassie Coffman	28	F	Chicago	IL	USA	10:09	5:39	37:19	19.9	12:22	6:52	01:02:56	
28	4997	Kendra Weekley	25	F	Garfield Heights	OH	USA	11:28	6:22	35:43	20.8	12:49	7:08	01:03:04	
29	5051	Nicole Newton	28	F	Chicago	IL	USA	10:39	5:55	35:51	20.8	11:12	6:14	01:03:08	2:00
30	5047	Kimberly Tracey	28	F	Ossining	NY	USA	12:31	6:57	35:44	20.8	13:39	7:35	01:05:14	
31	5008	Michelle Capozzi	26	F	Leesburg	VA	USA	10:12	5:40	40:30	18.4	10:33	5:52	01:05:15	
32	5016	Lindsey Remington	26	F	Charlotte	NC	USA	10:41	5:56	41:01	18.1	11:46	6:32	01:06:20	
33	5049	Brogan Beyette	28	F	Canton	MI	USA	11:04	6:09	39:27	18.9	11:41	6:30	01:06:22	
34	5013	Sarah Ross	26	F	Hot Springs	AR	USA	12:37	7:01	36:39	20.3	13:35	7:33	01:06:35	
35	5054	Lauren Eckendorf	29	F	Fairview	PA	USA	11:46	6:33	38:49	19.2	12:49	7:08	01:06:42	
36	5061	Laura Harmon	29	F	Shippensburg	PA	USA	11:55	6:37	38:09	19.5	13:37	7:34	01:06:48	
37	5018	Kelly Essler	27	F	Johnson City	TN	USA	12:19	6:51	38:15	19.5	12:57	7:12	01:06:48	
38	5045	Shanelle Sherlin	28	F	Toluca Lake	CA	USA	12:30	6:57	36:22	20.5	13:27	7:28	01:06:53	
39	5012	Mackenzie Meeson	26	F	Tucson	AZ	USA	12:00	6:40	39:35	18.8	12:48	7:07	01:07:18	
40	5052	Falon Doutrich	29	F	Gap	PA	USA	12:01	6:41	38:12	19.5	13:12	7:20	01:07:20	
41	4988	Jocelyn Kaselow	25	F	Silver Spring	MD	USA	13:20	7:25	37:27	19.9	13:34	7:32	01:07:28	
42	5019	Lola Hocking	27	F	Cleveland	OH	USA	11:46	6:32	38:26	19.4	13:22	7:26	01:07:40	
43	5037	Lauryn Macfawn	28	F	Lavale	MD	USA	11:56	6:38	38:44	19.2	13:15	7:22	01:07:57	
44	5069	Mackenzie Berger	27	F	Zinesville	IN	USA	12:21	6:52	39:04	19.0	12:47	7:07	01:07:58	
45	5026	Samantha Firstenberg	27	F	Bethesda	MD	USA	12:41	7:03	38:08	19.5	13:59	7:46	01:08:07	
46	5032	Stephany Mayer	28	F	Taylor	UT	USA	13:46	7:39	36:43	20.3	14:42	8:10	01:08:13	
47	5065	Jennifer Goetz	29	F	Whittier	CA	USA	12:30	6:57	39:11	19.0	13:01	7:14	01:08:28	
48	4990	Lacy Seamans	25	F	Monroe	MI	USA	11:51	6:35	40:18	18.5	13:08	7:18	01:09:54	
49	5009	Katherine Guest	26	F	Medford	OR	USA	14:09	7:52	37:32	19.8	15:07	8:24	01:10:02	
50	5059	Brooke Maropis	29	F	Chicago	IL	USA	11:57	6:39	43:46	17.0	13:11	7:20	01:12:10	
51	5023	Alaina Hoover	27	F	Delaware	OH	USA	14:03	7:49	40:25	18.4	13:58	7:46	01:13:32	
52	5063	Ann Graham	29	F	Waldorf	MD	USA	13:38	7:34	41:24	18.0	15:15	8:29	01:14:20	
53	5060	Ashley Varga	29	F	Munroe Falls	OH	USA	13:11	7:20	42:29	17.5	14:20	7:58	01:14:41	
54	5068	Ashley Mentzer	28	F	Harrisburg	PA	USA	14:42	8:10	39:39	18.8	16:34	9:13	01:15:15	
55	5055	Sami Petty	29	F	Kirtland	OH	USA	15:02	8:21	40:14	18.5	16:47	9:20	01:15:45	
56	4991	Lindsey Ross	25	F	Chicago	IL	USA	14:15	7:55	42:06	17.7	15:48	8:47	01:15:53	

57	4994	Rachel Delucia	25	F	Uniontown	OH	USA	15:02	8:21	41:57	17.7	15:03	8:22	01:16:43
58	5006	Stephanie Markwith	26	F	Middleburg	FL	USA	14:43	8:11	42:17	17.6	16:58	9:26	01:18:32
59	5001	Danielle Golds	25	F	Hastings On Huds	NY	USA	13:38	7:35	43:01	17.3	17:00	9:27	01:19:28
60	5058	Janina Wolter	29	F	Chicago	IL	USA	14:34	8:06	43:13	17.2	17:23	9:40	01:19:31
61	5022	Kristen Smith	27	F	Norwich	NY	USA	14:54	8:17	45:08	16.5	15:55	8:51	01:20:46
62	5057	Charlotte Petrie	29	F	Lakewood	OH	USA	14:36	8:07	46:35	16.0	15:30	8:37	01:21:17
63	4993	Blaire Weseling	25	F	Rocky River	OH	USA	15:00	8:20	49:38	15.0	18:12	10:07	01:27:54
64	5021	Mariana Ramirez	27	F	Collingswood	NJ	USA	15:25	8:34	50:21	14.8	19:08	10:38	01:29:39
65	5043	Ashley Wheeler	28	F	Kankakee	IL	USA	19:39	10:55	46:36	16.0	22:25	12:27	01:34:10
66	5033	Hannah Simpson	28	F	Delaware	OH	USA	15:53	8:50	51:52	14.3	21:08	11:45	01:35:20
67	5066	Sarah Richards	29	F	Cincinnati	OH	USA	19:39	10:55	51:46	14.4	23:05	12:49	01:41:11
68	5041	Elizabeth Heinz	28	F	Herndon	VA	USA	16:46	9:19	52:47	14.1	25:38	14:15	01:42:04
69	4987	Nina Barbero	25	F	Fairport	NY	USA	19:40	10:56	52:53	14.1	24:55	13:51	01:43:05

NUMBER OF FINISHERS: 69

 USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 20 - 24 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
=====	=====	=====	====	=	=====	==	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	5169	Justin Lippert	22	M	Middletown	NJ	USA	8:15	4:35	27:37	26.9	8:41	4:50	00:46:50	
2	5194	Clayton Hutchins	23	M	San Anselmo	CA	USA	8:11	4:33	28:51	25.8	8:51	4:55	00:47:56	
3	5188	Cody Forman	23	M	Sparks	NV	USA	8:23	4:40	28:37	26.0	8:58	4:59	00:48:09	
4	5187	Nick Dorsett	23	M	Salt Lake Cty	UT	USA	8:37	4:48	28:14	26.4	8:57	4:58	00:48:10	
5	5151	Matthew Murray	20	M	Pearland	TX	USA	8:05	4:30	29:12	25.5	8:37	4:47	00:48:18	
6	5185	Branden Scheel	23	M	Fargo	ND	USA	8:33	4:45	28:45	25.9	8:53	4:56	00:48:39	
7	5190	Travis Wood	23	M	Boise	ID	USA	8:35	4:46	28:47	25.8	9:26	5:15	00:49:00	
8	5197	Tyler Woodward	24	M	Naperville	IL	USA	8:42	4:50	28:56	25.7	9:37	5:21	00:49:33	
9	5158	Jack Schafer	20	M	Onsted	MI	USA	8:03	4:29	30:11	24.6	8:56	4:58	00:49:47	
10	5202	Andrew Wallace	24	M	Westerville	OH	USA	8:48	4:54	30:18	24.6	9:16	5:09	00:50:39	
11	5192	McKena Ramos	23	M	Sheboygan	WI	USA	8:14	4:34	31:12	23.8	9:16	5:09	00:50:55	
12	5152	John Reed	20	M	Gibsonia	PA	USA	8:41	4:49	31:18	23.8	8:51	4:55	00:51:03	
13	5166	Dan Meehan	22	M	Allison Park	PA	USA	9:29	5:16	29:08	25.5	10:00	5:33	00:51:09	
14	5209	Joshua Brickell	24	M	Lawrenceville	GA	USA	8:03	4:28	31:35	23.6	8:48	4:53	00:51:19	
15	5161	Erik Armes	21	M	Triangle	VA	USA	8:16	4:36	31:25	23.7	8:56	4:58	00:51:23	
16	5207	Scott Haeberle	24	M	Bloomington	IN	USA	9:22	5:12	29:02	25.6	10:21	5:45	00:51:24	
17	5283	Nathan Cohen	20	M	Ventura	CA	USA	9:01	5:01	30:29	24.4	9:58	5:32	00:51:39	
18	5172	Kyle Zelt	22	M	Fort Wayne	IN	USA	9:17	5:10	30:36	24.3	10:00	5:34	00:52:16	
19	5155	Christian Davis	20	M	Oswego	NY	USA	9:10	5:06	29:54	24.9	9:57	5:32	00:52:42	
20	5288	Joshua Reece	22	M	Minneapolis	MN	USA	9:53	5:30	30:07	24.7	9:51	5:29	00:52:48	
21	5200	Michael Tong	24	M	Chula Vista	CA	USA	9:35	5:20	30:15	24.6	10:51	6:02	00:53:20	
22	5150	Patrick Daly	20	M	Pearl River	NY	USA	9:45	5:25	30:51	24.1	10:04	5:36	00:53:33	
23	5160	Ryan Richer	21	M	Harwich	MA	USA	9:17	5:09	31:32	23.6	10:04	5:36	00:53:43	
24	5189	Evan Devincenzo	23	M	Arvada	CO	USA	9:40	5:22	31:29	23.6	10:27	5:49	00:54:10	
25	5208	Luke Hawley	24	M	Grand Rapids	MI	USA	9:07	5:04	32:11	23.1	10:23	5:47	00:54:16	
26	5149	Konor Sacks	20	M	El Cajon	CA	USA	10:20	5:45	31:06	23.9	10:14	5:41	00:54:19	
27	5186	Francisco Torres Villam	23	M	Clarksville	OH	USA	9:35	5:20	32:00	23.3	10:12	5:40	00:54:25	
28	5154	Ryan Steger	20	M	Neenah	WI	USA	10:05	5:36	30:50	24.1	10:35	5:53	00:54:26	
29	5203	Abraham Korman	24	M	Lawrence	NY	USA	9:15	5:09	31:06	23.9	10:38	5:55	00:54:30	
30	5162	Andrew Fathman	21	M	Hamilton	MI	USA	9:23	5:13	32:05	23.2	10:15	5:42	00:54:32	
31	5171	Tom Serf	22	M	Plymouth	IN	USA	9:16	5:09	32:02	23.2	10:14	5:41	00:55:07	
32	5178	Eric Lauricella	22	M	Salt Lake City	UT	USA	9:18	5:10	31:48	23.4	11:17	6:16	00:55:23	
33	5198	Brendon Mattiuz	24	M	Indianapolis	IN	USA	9:09	5:05	33:37	22.1	9:52	5:29	00:56:01	
34	5184	Stephen Dennison	23	M	Maple Grove	MN	USA	10:35	5:53	32:58	22.6	10:46	5:59	00:57:13	
35	5206	Chip Scheick	24	M	Douglassville	PA	USA	10:01	5:34	33:02	22.5	11:24	6:20	00:57:34	
36	5183	Hunter Bailey	23	M	Ashburn	VA	USA	9:58	5:32	32:58	22.6	11:15	6:15	00:57:37	
37	5204	Robert Pollastro	24	M	Staten Island	NY	USA	10:59	6:06	32:14	23.1	11:45	6:32	00:58:23	
38	5165	Greg Schroeder	21	M	Greensburg	IN	USA	9:40	5:23	34:49	21.4	11:03	6:09	00:58:43	
39	5191	Aaron Rabinowitz	23	M	Washington	DC	USA	9:29	5:16	35:24	21.0	10:42	5:57	00:59:22	
40	5159	Garen Marter	21	M	Portland	OR	USA	10:34	5:52	33:25	22.3	12:43	7:04	00:59:32	
41	5201	Daniel Kordik	24	M	Wauwatosa	WI	USA	9:58	5:32	35:38	20.9	11:26	6:21	01:00:05	
42	5156	Jayden Montgomery	20	M	Holland	IN	USA	10:50	6:01	36:01	20.7	10:52	6:02	01:00:57	
43	5179	David Dovidaitis	22	M	Buffalo Grove	IL	USA	11:16	6:16	33:06	22.5	13:40	7:36	01:01:19	
44	5173	Andrew Joy	22	M	San Antonio	TX	USA	10:08	5:38	36:28	20.4	11:39	6:28	01:01:20	
45	5181	Peyton Graham	22	M	Lakewood	OH	USA	10:26	5:48	35:51	20.8	12:19	6:51	01:02:55	
46	5157	Tommy Hagerty	20	M	Glenview	IL	USA	11:00	6:07	37:36	19.8	11:43	6:31	01:03:20	
47	5163	Jonathan Korman	21	M	Lawrence	NY	USA	11:36	6:27	36:44	20.3	12:32	6:58	01:04:28	
48	5177	Nathan Stukenberg	22	M	Forrester	IL	USA	10:45	5:59	39:37	18.8	11:46	6:32	01:05:58	
49	5176	Kevin Baynes	22	M	Winchester	MA	USA	11:18	6:17	37:41	19.7	14:25	8:01	01:07:05	
50	5205	Seena Tabibi	24	M	Springfield	IL	USA	11:17	6:16	40:41	18.3	12:33	6:59	01:07:48	
51	5175	Anthony Deffenbaugh	22	M	Blue Springs	MO	USA	11:37	6:28	38:20	19.4	14:49	8:14	01:08:17	
52	5168	Avery Henry	22	M	Fairfax	VA	USA	12:22	6:53	40:05	18.6	13:37	7:34	01:09:13	
53	5167	Will Cousino	22	M	N Ridgeville	OH	USA	13:46	7:39	40:22	18.4	14:48	8:14	01:13:16	
54	5195	Anton Dela Fuente	23	M	Lewis Center	OH	USA	13:32	7:31	43:59	16.9	17:34	9:46	01:20:25	
55	5199	Joseph Tierney	24	M	Willoughby	OH	USA	17:23	9:40	1:01:01	12.2	21:52	12:09	01:46:36	

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 20 - 24 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4968	Gina Sereno	23	F	Madison	WI	USA	8:35	4:46	32:42	22.8	9:18	5:10	00:53:06	
2	4984	Katie Cullingford	24	F	Fort Collins	CO	USA	9:58	5:32	31:40	23.5	10:17	5:43	00:54:33	
3	4985	Anne Kelly	24	F	Boulder	CO	USA	9:15	5:08	33:12	22.4	10:00	5:33	00:55:10	
4	4931	Jenna Horner	20	F	Eden Prairie	MN	USA	10:44	5:58	32:04	23.2	11:19	6:18	00:56:58	
5	4986	Rebecca Clifford	24	F	Waukesha	WI	USA	9:39	5:22	33:50	22.0	10:49	6:01	00:57:08	
6	4961	Mackenzie Keller	23	F	Oakwood	OH	USA	10:05	5:36	33:33	22.2	10:40	5:56	00:57:16	
7	4966	Hayley Keadey	23	F	Fort Collins	CO	USA	10:10	5:39	33:47	22.0	10:39	5:55	00:57:37	
8	4946	Alexandra Schwein	21	F	Ellsworth	MI	USA	10:50	6:01	34:38	21.5	11:59	6:40	01:00:03	
9	4973	Alexa Stallworth	24	F	Tucson	AZ	USA	11:55	6:37	32:39	22.8	12:15	6:49	01:00:12	
10	4932	Amber Custodi	20	F	Ransomville	NY	USA	11:01	6:07	34:04	21.8	12:14	6:48	01:00:13	
11	4948	Kate Pierce	21	F	Lexington	KY	USA	11:16	6:16	33:26	22.3	12:15	6:48	01:00:18	
12	4934	Alexandra Lorenz	20	F	Dundee	IL	USA	11:28	6:22	33:34	22.2	12:41	7:03	01:00:25	
13	4944	Shannon Maloney	21	F	Durango	CO	USA	10:32	5:52	36:40	20.3	10:08	5:38	01:00:32	
14	4959	Julie Fobes	23	F	New Albany	OH	USA	10:34	5:52	36:32	20.4	10:36	5:54	01:00:42	
15	4962	Jamie Christy	23	F	Atlanta	GA	USA	12:03	6:42	34:24	21.6	12:47	7:06	01:02:27	
16	4938	Kristina Swenson	21	F	Rogers	MN	USA	12:30	6:57	34:52	21.3	12:22	6:53	01:02:37	
17	4972	Nicole Suss	24	F	Glendale	AZ	USA	11:53	6:37	35:12	21.1	12:30	6:57	01:03:02	
18	4927	Micaela Allen	20	F	Colorado Springs	CO	USA	12:03	6:42	34:29	21.6	13:19	7:24	01:03:05	
19	4971	Annie McArdle	24	F	Lake Bluff	IL	USA	11:44	6:32	35:31	20.9	12:49	7:08	01:03:23	
20	4955	Fiona Beltram	22	F	Chepachet	RI	USA	10:58	6:06	37:16	20.0	12:08	6:45	01:03:41	
21	4940	Olivia Christmann	21	F	Mendham	NJ	USA	11:42	6:30	36:24	20.4	11:56	6:38	01:03:48	
22	4981	Abigail Ubbelohde	24	F	Philadelphia	PA	USA	11:24	6:20	37:05	20.1	12:15	6:49	01:03:57	
23	4950	Kylee Henderson	21	F	Bloomington	IN	USA	11:25	6:21	36:32	20.4	12:25	6:54	01:04:43	
24	4945	Aryana Jones	21	F	Pittsburgh	PA	USA	12:20	6:51	35:21	21.0	13:14	7:21	01:04:52	
25	4977	Madison Durant	24	F	Pleasant Grove	UT	USA	11:22	6:19	38:17	19.4	12:03	6:42	01:04:55	
26	4974	Anastasia Livesay	24	F	Wilton	CT	USA	11:47	6:33	36:23	20.4	12:42	7:04	01:04:55	
27	4928	Dana Ringler	20	F	Bellingham	WA	USA	11:16	6:16	37:49	19.7	12:30	6:57	01:04:57	
28	4982	Ashley Zaccaro	24	F	Brooklyn	NY	USA	13:18	7:24	35:59	20.7	13:31	7:31	01:06:48	
29	4960	Karina Polanco-Jimenez	23	F	Oakland	CA	USA	11:03	6:08	38:53	19.1	12:57	7:12	01:07:02	
30	4933	Kierstin Davis	20	F	Columbus	OH	USA	11:03	6:09	40:38	18.3	12:00	6:40	01:07:23	
31	4979	Kate Hamel	24	F	Avon	CT	USA	12:08	6:45	40:00	18.6	13:17	7:23	01:08:59	
32	4970	Kathryn Poos	23	F	N Charleston	SC	USA	12:31	6:58	39:32	18.8	13:29	7:30	01:09:12	
33	4953	Abigail Capella	22	F	Syracuse	NY	USA	12:08	6:44	39:36	18.8	13:45	7:39	01:09:23	
34	4976	Sarah Hess	24	F	Corning	NY	USA	12:45	7:05	40:06	18.6	13:54	7:44	01:10:46	
35	4941	Jen Hufnagle	21	F	Bolingbrook	IL	USA	12:29	6:56	40:47	18.2	14:38	8:08	01:10:59	
36	4969	Isabella Lazarus	23	F	Miami	FL	USA	13:42	7:37	38:49	19.2	15:25	8:34	01:11:42	
37	4939	Morgan Ormsby	21	F	Carol Stream	IL	USA	13:20	7:25	39:40	18.8	14:34	8:06	01:12:03	
38	4978	Jillian Meisinger	24	F	Streetsboro	OH	USA	12:36	7:00	43:37	17.1	14:05	7:50	01:13:41	
39	4942	Heather Phillips	21	F	Markle	IN	USA	12:31	6:58	43:27	17.1	13:58	7:46	01:14:05	
40	4956	Holly Tompkins	22	F	Gibson City	IL	USA	12:33	6:59	43:42	17.0	13:36	7:33	01:14:15	
41	4943	Nicole Miller	21	F	Atwater	OH	USA	12:45	7:05	48:36	15.3	14:30	8:04	01:19:46	
42	4952	Bridgette Taylor	22	F	St Charles	MO	USA	14:52	8:16	46:04	16.2	16:34	9:12	01:21:00	
43	4929	Gabriella Kozlowski	20	F	Winston Salem	NC	USA	13:41	7:36	45:01	16.5	15:31	8:38	01:22:03	2:00
44	4930	Julianne Hillsamer	20	F	Princeton	NJ	USA	11:50	6:35	53:22	13.9	13:32	7:31	01:22:03	
45	4965	China Rongey	23	F	Edwardsville	IL	USA	15:23	8:33	43:00	17.3	17:04	9:29	01:22:20	
46	4964	Mari Funabashi	23	F	Phoenix	AZ	USA	15:18	8:30	44:35	16.7	17:07	9:31	01:22:38	
47	4949	Sara Hill	21	F	Huntingtn Bch	CA	USA	14:16	7:56	46:18	16.1	16:35	9:13	01:22:41	
48	4975	Samantha Johnson	24	F	Saginaw	MI	USA	14:35	8:06	42:40	17.4	18:27	10:15	01:23:19	2:00
49	4937	Sara Brubaker	20	F	Powell	OH	USA	15:37	8:41	44:25	16.8	18:01	10:01	01:23:44	
50	4963	Hayley Ulmer	23	F	Toledo	OH	USA	14:26	8:01	50:07	14.8	16:16	9:02	01:24:46	
51	4935	Nicole Bolman	20	F	Defiance	OH	USA	15:17	8:30	46:00	16.2	18:30	10:17	01:24:47	
52	4957	Madelein Himmelein	22	F	Scottsdale	AZ	USA	18:52	10:29	48:07	15.5	20:55	11:37	01:33:23	
53	4947	Jordan Knoll	21	F	Scutnee	IL	USA	17:54	9:57	50:00	14.9	24:00	13:20	01:37:20	
54	4980	Alessandra Proietti	24	F	Weston	FL	USA	18:24	10:13	52:47	14.1	25:11	14:00	01:42:17	
55	4936	Bailey Stoddard	20	F	Chesterfield	MO	USA	16:55	9:24	1:07:36	11.0	21:10	11:46	01:50:19	

USA Triathlon Age Group National Championships- Sprint Triathlon MALE AGE GROUP 15 - 19 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	5089	Andrew Shellenberger	16	M	Indianapolis	IN	USA	8:36	4:47	27:03	27.5	8:56	4:58	00:46:54	
2	5100	Zach Leachman	17	M	Mars	PA	USA	8:32	4:45	29:01	25.6	9:27	5:15	00:49:18	
3	5285	Jack Deweerdt	17	M	Hoffman Est	IL	USA	9:13	5:07	28:34	26.0	9:36	5:20	00:49:32	
4	5139	Andy Krueger	19	M	Portland	OR	USA	8:52	4:56	28:45	25.9	10:01	5:34	00:49:50	
5	5111	Benjamin Beard	17	M	Alexandria	LA	USA	8:39	4:49	29:57	24.8	9:52	5:29	00:50:54	
6	5133	Jake Baugher	18	M	Charlotte	NC	USA	8:47	4:53	30:54	24.1	8:57	4:59	00:51:26	
7	5143	Thomas Raney	19	M	La Canada Flintr	CA	USA	9:07	5:04	30:24	24.5	9:26	5:15	00:51:44	
8	5142	Matthew Tracy	19	M	Oconomowoc	WI	USA	9:40	5:23	29:44	25.0	10:02	5:35	00:52:06	
9	5132	Ricky Dungan	18	M	Wilmington	OH	USA	9:42	5:24	29:42	25.1	10:47	6:00	00:52:33	
10	5083	Raymond Welgosh	15	M	Knig Of Prussa	PA	USA	9:22	5:13	31:49	23.4	9:17	5:10	00:52:43	
11	5130	Zane Grenoble	18	M	Playa Del Rey	CA	USA	9:21	5:12	30:34	24.3	10:49	6:01	00:53:03	
12	5102	Dylan Gong	17	M	Oakland	CA	USA	9:38	5:21	31:00	24.0	10:08	5:38	00:53:06	
13	5081	Sam Tullis	15	M	South Bend	IN	USA	9:10	5:06	31:25	23.7	10:10	5:39	00:53:09	
14	5110	Jp Larson	17	M	Overland Park	KS	USA	8:58	4:59	32:26	22.9	9:41	5:23	00:53:31	
15	5101	Jake Ballantine	17	M	Santa Barbara	CA	USA	9:03	5:02	31:54	23.3	9:53	5:30	00:53:34	
16	5113	Justin Lorenz	17	M	Dundee	IL	USA	9:28	5:16	30:38	24.3	10:50	6:01	00:53:44	
17	5094	Andrew Murray	16	M	Pearland	TX	USA	9:08	5:05	32:43	22.7	9:44	5:25	00:53:56	
18	5144	Mitchell Child	19	M	Slc	UT	USA	9:36	5:20	31:25	23.7	10:35	5:53	00:54:06	
19	5125	Cody Clauer	18	M	Rubicon	WI	USA	9:22	5:12	32:03	23.2	9:56	5:31	00:54:06	
20	5104	Harrison Snell	17	M	Overland Park	KS	USA	9:02	5:01	32:46	22.7	9:57	5:32	00:54:37	
21	5138	Jared Eytcheson	19	M	Cary	NC	USA	8:40	4:49	31:46	23.4	11:49	6:34	00:54:41	
22	5086	Zachary Baker	15	M	Harmony	PA	USA	9:40	5:23	32:02	23.2	10:36	5:53	00:54:51	
23	5120	Aymeric Feyfant	17	M	Lake Oswego	OR	USA	9:20	5:11	32:39	22.8	10:28	5:49	00:54:51	
24	5145	Lorenzo Muniz	19	M	Englishtown	NJ	USA	10:04	5:36	31:52	23.3	10:23	5:47	00:54:54	
25	5096	Arnav Choudhury	16	M	Cupertino	CA	USA	9:02	5:01	33:09	22.4	10:29	5:50	00:55:01	
26	5289	Ali Sadek	17	M	Irving	TX	USA	9:26	5:15	32:26	22.9	10:43	5:58	00:55:10	
27	5118	Carter Deichman	17	M	Mankato	MN	USA	9:23	5:13	33:15	22.4	10:18	5:44	00:55:11	
28	5077	Kasey Copley	15	M	Cedar Park	TX	USA	9:21	5:12	33:19	22.3	10:06	5:37	00:55:16	
29	5080	Tyler Pachuda	15	M	West Chester	PA	USA	9:52	5:29	32:17	23.0	10:36	5:54	00:55:19	
30	5095	Kyle Swenson	16	M	Rogers	MN	USA	9:34	5:19	32:31	22.9	10:33	5:52	00:55:24	
31	5148	Brett Saunders	19	M	Fairview Park	OH	USA	9:02	5:01	34:09	21.8	9:50	5:28	00:55:39	
32	5108	Seth Drexler	17	M	N Scituate	RI	USA	8:53	4:57	34:15	21.7	9:49	5:27	00:55:54	
33	5079	Valentino Agnelli	15	M	Miami	FL	USA	10:05	5:37	31:57	23.3	11:08	6:12	00:56:06	
34	5146	Alexander Petri	19	M	Princeton Jct	NJ	USA	9:18	5:10	34:03	21.9	10:14	5:41	00:56:12	
35	5119	Aston Yong	17	M	San Marino	CA	USA	10:17	5:43	32:23	23.0	11:46	6:33	00:57:28	
36	5107	Ben Dixon	17	M	Eads	TN	USA	11:29	6:23	32:08	23.2	10:31	5:51	00:57:33	
37	5129	Alexander Stigall	18	M	Berwyn	PA	USA	9:49	5:27	34:45	21.4	10:30	5:50	00:57:56	
38	5078	Trevor Donohue	15	M	Waterford	MI	USA	10:12	5:40	34:43	21.4	10:35	5:53	00:58:06	
39	5136	Colin Macmillan	18	M	Bay Village	OH	USA	10:14	5:42	34:29	21.6	11:12	6:13	00:58:40	
40	5075	Kristian Knecht	15	M	Mascoutah	IL	USA	9:16	5:09	36:23	20.4	9:58	5:32	00:58:56	
41	5116	Matthew Beltran	17	M	Allen	TX	USA	10:39	5:55	34:22	21.6	11:38	6:28	00:59:02	
42	5126	Daniel Whalen	18	M	Lake Villa	IL	USA	9:40	5:22	35:54	20.7	10:25	5:48	00:59:10	
43	5127	Maxwell Stapel-Kalat	18	M	La Grange Pk	IL	USA	11:00	6:07	33:55	21.9	11:33	6:25	00:59:19	
44	5092	Justin Kahn	16	M	Coral Springs	FL	USA	10:28	5:49	33:57	21.9	12:00	6:40	00:59:20	
45	5141	Chris Mayer	19	M	Hartland	MI	USA	10:16	5:42	35:16	21.1	11:28	6:23	00:59:45	
46	5099	Dante Demaria	16	M	Huntingdon Valle	PA	USA	11:20	6:18	32:39	22.8	12:10	6:46	01:00:06	
47	5121	Jack Brustkern	17	M	Denver	CO	USA	10:41	5:56	34:52	21.3	11:45	6:32	01:00:10	
48	5084	Carson Deichman	15	M	Mankato	MN	USA	10:08	5:38	37:04	20.1	10:51	6:02	01:00:20	
49	5134	Wade Clark	18	M	Meadville	PA	USA	10:13	5:41	35:31	20.9	12:29	6:57	01:01:01	
50	5093	Logan Jackson	16	M	Yorktown	VA	USA	9:26	5:15	38:25	19.4	10:03	5:35	01:01:21	
51	5085	Juan Diez De Bonilla Jr	15	M	Riverside	CT	USA	10:12	5:40	36:57	20.1	11:29	6:23	01:01:43	
52	5098	Pietro Pozzi	16	M	Sunbury	OH	USA	9:53	5:30	32:07	23.2	11:16	6:16	01:01:46	6:00
53	5109	William Knox	17	M	Heath	TX	USA	10:19	5:44	36:51	20.2	11:34	6:26	01:02:41	
54	5097	Luke Stann	16	M	Reston	VA	USA	10:15	5:42	38:17	19.4	11:05	6:10	01:02:50	
55	5076	Aidan Szuch	15	M	Saint Charles	IL	USA	10:31	5:51	37:41	19.7	12:20	6:51	01:03:20	
56	5105	Thomas Raistrick	17	M	Bloomfld Hls	MI	USA	10:39	5:55	37:45	19.7	11:52	6:36	01:03:42	

57	5088	Mark Russell	16	M		HKG	9:30	5:17	38:16	19.4	12:58	7:13	01:03:46
58	5140	Griffin Johnson	19	M	Kingsville	MO USA	10:50	6:01	33:53	22.0	15:17	8:30	01:03:50
59	5135	Shane Miltenberger	18	M	Pendleton	OR USA	12:17	6:50	34:31	21.6	13:02	7:15	01:03:58
60	5115	Hamed El-Feky	17	M	Dallas	TX USA	10:46	5:59	37:37	19.8	11:56	6:38	01:04:02
61	5106	A.J. Schumacher	17	M	Liberty Twp	OH USA	11:06	6:10	40:51	18.2	10:58	6:06	01:06:05
62	5114	Simon Buckner	17	M	Louisville	KY USA	12:22	6:52	36:51	20.2	13:50	7:41	01:06:15
63	5137	David Young	18	M	Gurnee	IL USA	10:48	6:00	39:55	18.6	12:47	7:06	01:06:21
64	5122	Nyle Kafeel	17	M	Plano	TX USA	11:01	6:07	40:50	18.2	11:56	6:38	01:07:16
65	5087	David Lees	15	M	Prattville	AL USA	11:26	6:21	39:24	18.9	13:44	7:38	01:07:25
66	5286	Nicolas Tekieli	16	M	Sugar Falls	OH USA	10:34	5:53	42:07	17.7	11:48	6:33	01:07:26
67	5091	Bayley Millerov	16	M	Williamston	MI USA	11:54	6:37	37:23	19.9	15:56	8:52	01:08:04
68	5131	Roberto Garcia	18	M	Beach Park	IL USA	10:38	5:54	42:49	17.4	12:21	6:52	01:09:04
69	5147	Matthew Woods	19	M	Burlingame	CA USA	10:52	6:02	41:06	18.1	12:48	7:07	01:09:10
70	5123	Erden Ucok	17	M	Simpsonville	SC USA	12:02	6:41	41:01	18.1	14:57	8:19	01:11:30
71	5128	William Ernzen	18	M	Granger	IN USA	12:12	6:47	41:29	17.9	13:41	7:37	01:12:03
72	5124	Kevin Fan	17	M	Plano	TX USA	13:59	7:46	41:08	18.1	17:53	9:56	01:17:31
73	5117	Joshua Tan	17	M	Rockville	MD USA	11:54	6:37	50:34	14.7	14:17	7:56	01:19:41

NUMBER OF FINISHERS: 73

USA Triathlon Age Group National Championships- Sprint Triathlon FEMALE AGE GROUP 15 - 19 RESULTS

Place	Numb	Name	Age	S	City	St	Rep	Run1	Pace	Bike	Rate	Run2	Pace	Time	Penal
1	4859	Cassidy Hickey	15	F	Parker	CO	USA	9:31	5:18	31:41	23.5	9:59	5:33	00:53:37	
2	4863	Evan Elizabeth Welch	16	F	Sparta	TN	USA	10:03	5:35	34:11	21.8	10:59	6:07	00:57:40	
3	4903	Lane McDonald	18	F	South Bend	IN	USA	9:47	5:26	33:22	22.3	12:14	6:48	00:58:14	
4	4913	Natalie Bash	18	F	Peachtree Corner	GA	USA	10:44	5:58	34:11	21.8	10:37	5:54	00:58:28	
5	4887	Nia Goddard	17	F	Malvern	PA	USA	10:20	5:45	34:07	21.8	11:28	6:22	00:58:42	
6	4925	Taylor Lundquist	19	F	Maple Grove	MN	USA	10:16	5:42	35:15	21.1	10:46	5:59	00:59:34	
7	4873	Hailey Poe	16	F	Bridgeville	PA	USA	10:32	5:52	36:05	20.6	10:38	5:55	00:59:50	
8	4885	Grace Sheehy	17	F	Woodbridge	VA	USA	11:25	6:21	34:13	21.7	11:30	6:24	01:00:08	
9	4892	Faith Powell	17	F	Columbia	TN	USA	10:35	5:53	34:46	21.4	12:21	6:52	01:00:21	
10	4899	Katelyn Elliott	18	F	Porter	TX	USA	10:21	5:45	34:45	21.4	10:53	6:03	01:00:47	2:00
11	4886	Alexandra Drexler	17	F	N Scituate	RI	USA	11:16	6:16	33:51	22.0	12:09	6:45	01:00:47	
12	4921	Alexa Johnson	19	F	Post Falls	ID	USA	10:00	5:34	34:31	21.6	10:58	6:06	01:00:58	2:00
13	4858	Madeline Gagnon	15	F	Mars	PA	USA	10:37	5:54	35:53	20.7	11:56	6:38	01:01:00	
14	4898	Jordyn Bloode	18	F	New Carlisle	IN	USA	11:02	6:08	32:46	22.7	12:06	6:43	01:01:02	2:00
15	4926	Jordyn Musi	19	F	Mayfield Vlg	OH	USA	10:36	5:54	35:47	20.8	11:59	6:40	01:01:08	
16	4905	Reilly Schindler	18	F	Norfolk	VA	USA	11:20	6:18	34:35	21.5	11:58	6:39	01:01:10	
17	4862	Avarie Faulkner	15	F	Bellbrook	OH	USA	10:10	5:39	36:00	20.7	10:38	5:55	01:01:47	2:00
18	4864	Juliana Metz	16	F	Kirtland	OH	USA	10:01	5:34	38:31	19.3	10:33	5:52	01:01:47	
19	4924	Jordan Grantz	19	F	Louisville	KY	USA	10:42	5:57	36:31	20.4	11:08	6:12	01:01:50	
20	4906	Reagan Quilty	18	F	St. Petersburg	FL	USA	10:39	5:55	34:42	21.4	11:51	6:35	01:01:56	2:00
21	4876	Jelena Prescott	16	F	Bad Axe	MI	USA	10:04	5:36	37:38	19.8	11:13	6:14	01:02:11	
22	4871	Elizabeth Kravtchenko	16	F	San Mateo	CA	USA	11:25	6:21	35:14	21.1	12:34	6:59	01:02:12	
23	4911	Maisy Waech	18	F	Grand Rapids	MN	USA	11:27	6:22	36:04	20.6	11:45	6:32	01:02:16	
24	4874	Anna Kate Wirsing	16	F	Sandy Hook	VA	USA	10:52	6:03	34:48	21.4	13:26	7:28	01:02:36	
25	4918	Lauren Burgett	19	F	Fishers	IN	USA	11:55	6:37	34:42	21.4	12:38	7:01	01:02:40	
26	4867	Charlee Simanskey	16	F	Midland	MI	USA	11:04	6:09	34:58	21.3	11:55	6:37	01:02:52	2:00
27	4914	Kassandra Atkins	18	F	Hillsboro	KY	USA	12:35	7:00	34:37	21.5	12:50	7:08	01:03:10	
28	4884	Malauri Edwards	17	F	Bremen	OH	USA	10:23	5:46	39:23	18.9	10:45	5:58	01:03:16	
29	4880	Sarah Foster	16	F	Bloomington	IN	USA	10:23	5:46	38:33	19.3	11:03	6:09	01:03:27	
30	4879	Caitlyn Kozerski	16	F	West Chester	OH	USA	10:10	5:39	41:04	18.1	10:39	5:55	01:04:38	
31	4888	Cecelia Favorito	17	F	Buffalo	NY	USA	11:07	6:11	38:05	19.5	12:16	6:49	01:04:47	
32	4890	Arianna Werts	17	F	Rochester	MN	USA	12:36	7:00	35:50	20.8	13:31	7:31	01:05:01	
33	4870	Simone Lundquist	16	F	Maple Grove	MN	USA	10:56	6:04	38:57	19.1	11:58	6:39	01:05:11	
34	4894	Alice Pozzi	17	F	Sunbury	OH	USA	10:38	5:55	37:26	19.9	12:07	6:44	01:05:15	2:00
35	4893	Lydia Smith	17	F	Williamsport	PA	USA	10:32	5:51	40:33	18.3	11:13	6:14	01:05:29	
36	4872	Ansley Haught	16	F	Allison Park	PA	USA	11:38	6:28	37:29	19.8	13:20	7:25	01:05:29	
37	4920	Annika Cotner	19	F	Norton Shores	MI	USA	11:23	6:19	38:49	19.2	12:25	6:54	01:05:38	
38	4881	Grethe Andersen	17	F	Stamford	CT	USA	11:58	6:39	36:49	20.2	13:34	7:32	01:06:18	
39	4868	Sign Kula	16	F	Barrington	NH	USA	11:49	6:34	38:03	19.6	13:32	7:31	01:06:32	
40	4877	Lindsay Nevins	16	F	Great Falls	VA	USA	12:10	6:46	38:09	19.5	13:19	7:24	01:08:48	2:00
41	4902	Holle Guntz	18	F	Indianapolis	IN	USA	11:33	6:25	41:39	17.9	12:38	7:01	01:08:52	
42	4923	Molly Olk	19	F	Chelsea	MI	USA	13:12	7:20	37:21	19.9	14:59	8:20	01:09:09	
43	4860	Patrice Hinkson	15	F	Huntersville	NC	USA	11:38	6:28	40:58	18.2	13:22	7:26	01:09:26	
44	4904	Nicole Schmidt	18	F	Vienna	VA	USA	13:06	7:17	37:03	20.1	16:04	8:56	01:09:47	
45	4910	Caitlyn Yap	17	F	Kennesaw	GA	USA	12:38	7:02	40:30	18.4	14:30	8:03	01:10:46	
46	4869	Makenna Sladky	16	F	Wickliffe	OH	USA	11:27	6:22	42:54	17.3	13:25	7:27	01:11:01	
47	4909	Keagan Carroll	18	F	Woodbridge	VA	USA	12:17	6:50	43:03	17.3	13:20	7:25	01:11:43	
48	4897	Sophia Wang	17	F	Chicago	IL	USA	13:50	7:41	40:30	18.4	14:01	7:47	01:12:20	
49	4889	Ulrika Brameus	17	F	Chicago	IL	USA	12:40	7:03	41:07	18.1	15:31	8:37	01:12:40	
50	4896	Olivia Bergmann	17	F	New Albany	OH	USA	12:12	6:47	44:01	16.9	13:22	7:26	01:13:19	
51	4916	Margaret Strehle	18	F	Hingham	MA	USA	13:09	7:19	42:01	17.7	14:55	8:17	01:13:24	
52	4882	Cori Bryant	17	F	Glastonbury	CT	USA	13:41	7:36	41:12	18.1	16:24	9:07	01:14:32	
53	4907	Madeline Kennedy	18	F	Plano	TX	USA	14:01	7:47	42:07	17.7	15:03	8:22	01:14:32	
54	4919	McKenna Watson	19	F	Frisco	TX	USA	13:14	7:21	43:40	17.0	14:27	8:02	01:15:39	
55	4895	Mikayla Quintana	17	F	Agoura Hills	CA	USA	13:13	7:21	46:46	15.9	14:59	8:20	01:19:15	
56	4917	Clarisse Rosteck	18	F	Canfield	OH	USA	13:40	7:36	46:00	16.2	16:11	9:00	01:19:55	

57	4856	Erin Whalen	15	F	Lake Villa	IL	USA	13:28	7:29	50:26	14.8	15:38	8:41	01:22:57	
58	4878	Violet Morgan	16	F	Los Angeles	CA	USA	15:10	8:26	47:06	15.8	18:05	10:03	01:24:38	
59	4922	Heather Thompson	19	F	N Royalton	OH	USA	15:30	8:37	47:43	15.6	18:06	10:04	01:27:23	2:00
60	4857	Kristin Robinson	15	F	Seymour	WI	USA	15:55	8:51	50:57	14.6	20:24	11:20	01:31:14	
61	4883	Helena Czochanski	17	F	Irvine	CA	USA	15:18	8:30	54:39	13.6	18:11	10:06	01:33:27	
62	4912	Arabella Hall	18	F	Snellville	GA	USA	17:35	9:46	55:34	13.4	20:02	11:08	01:38:55	

NUMBER OF FINISHERS: 62