

STANDARD DISTANCE

Standard Distance

Female

Place	Bib	Name	Run 1			Bike			Run 2			Penalty		
			Place	Time	Pace	T1	Place	Time	MPH	T2	Place		Time	Pace
1	301	RUGE, Erica	81	0:43:06.30	6:57	00:52.55	83	1:16:14.70	19.5	00:58.74	67	0:22:19.50	7:12	2:23:31.79
2	14	CHAPMAN, Kirsten	119	0:45:01.49	7:15	00:53.39	84	1:16:19.15	19.5	00:52.24	94	0:23:18.72	7:31	2:26:24.99
3	296	SASAKI, Jacqueline	76	0:42:30.49	6:51	01:32.83	91	1:16:46.50	19.4	01:36.72	122	0:24:19.18	7:50	2:26:45.72

Male

Place	Bib	Name	Run 1			Bike			Run 2			Penalty		
			Place	Time	Pace	T1	Place	Time	MPH	T2	Place		Time	Pace
1	160	CRAFT, John	24	0:37:33.60	6:03	00:37.21	10	1:04:52.60	22.9	00:42.31	17	0:19:14.76	6:12	2:03:00.48
2	167	WOODS, Thomas	13	0:35:26.71	5:43	00:44.81	18	1:07:36.86	22.0	00:46.81	12	0:18:47.60	6:03	2:03:22.79
3	178	ALBROW, Richard	26	0:37:40.10	6:04	00:38.92	12	1:05:23.70	22.8	00:47.58	16	0:19:14.74	6:12	2:03:45.04