



2019 ITU Mixed Relay Event Selection Criteria

Introduction

This document explains how USA Triathlon (“**USAT**”) will prioritize USA athletes for nomination to the International Triathlon Union (“**ITU**”) to compete in ITU Mixed Relay (“**MR**”) events. All USA athletes interested in Mixed Relay nomination are advised to read the ITU Mixed Relay Qualification Criteria posted at www.triathlon.org.

The ITU MR Series and CAMTRI MR Championship events are intended for the highest caliber athletes currently competing at the most competitive level of international MR draft-legal triathlon. Additional ITU MR opportunities may be available throughout the course of the year at varying levels of competition.

Pre Participation Exam (PPE)

Athletes who wish to compete in Junior, U23, Elite and Elite Paratriathlon categories at ITU events are required to undergo a Pre-Participation Exam (PPE) by their personal health care provider. The details of this are outlined in Rule 2.4 and Appendix Q of the ITU Competition Rules. The PPE includes completion an ITU-provided Medical Questionnaire reviewed by the athlete's doctor, an examination, and a 12 lead resting electrocardiogram (ECG) with results reviewed by the athlete's doctor. Upon satisfactory completion of the PPE, the athlete will send the **physician signed** certification form to certify to ituentries@usatriathlon.org. The athlete **does not** send his/her medical documentation to USAT.

Once athletes have completed the screening and the questionnaire, athletes are instructed to email only the signed completed PPE certification form to elite@usatriathlon.org. Athletes should retain their original completed, dated and signed questionnaire and PPE certification for their own records. Click [here](#) for more information on this screening and the PPE documents.

SafeSport Training

Athletes who wish to compete in Junior, U23, Elite, and Paratriathlon categories at ITU events are required to complete and pass the USAT Safe Sport tutorial. More information about how to access the tutorial can be found at www.usatriathlon.org. This tutorial needs to be completed once every two years.

After the tutorial has been completed successfully, athletes are instructed to email the completed .pdf certificate to: elite@usatriathlon.org and retain a copy for their own records.

Athlete Eligibility

The eligibility requirements for an athlete to be considered for nomination into an ITU WTS Event are as follows. An athlete must meet these requirements on or before the date of his or her nomination, and remain in compliance throughout the completion of the applicable ITU event:

- Must be a citizen of the United States or be eligible to race for the United States under the applicable ITU rules;
- Must hold a current USA Triathlon Elite License;
- Must abide by all USA Triathlon, United States Olympic Committee, ITU, US Anti-Doping Agency and World Anti-Doping Agency anti-doping policies and procedures and be in good standing with these organizations;
- Must sign the USA Triathlon Nomination Procedure Agreement;
- Must comply with ITU Competition Rule 2.4(c) and have physician signed certification form (PPE) on file with USA Triathlon;
- Must be current with SafeSport Training by completing the SafeSport tutorial and updating the tutorial as required by the U.S. Center for SafeSport.



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Athlete Nomination Process

All athletes must follow the nomination process set forth by USA Triathlon. No exceptions will be made.

1. Athletes must request nomination to a MR Series event by written notice to USA Triathlon via ituentries@usatriathlon.org by the USA Triathlon nomination deadline for that event. No other form of request will be accepted (including email with staff and in person communication).
2. Deadlines: USA Triathlon deadlines are midnight MT four days prior to the ITU deadline unless otherwise identified in the table below.
3. Withdrawal deadlines: any change to health status or availability must be communicated as soon as is reasonably practicable (within 24 hours unless extenuating circumstances cause a reasonable delay) to both ituentries@usatriathlon.org and the Olympic Program Senior Manager.

Athlete Selection Process

1. Selection of individual athletes for Mixed Relay teams shall be determined by a panel of three USA Triathlon High Performance Staff members who do not serve as a personal coach to any of the athletes being considered. The panel will consider a range of performance factors that may include, but are not limited to, the following:
 - 1.1. Past performances in mixed relay events;
 - 1.2. Past performances in other events;
 - 1.3. Course profile and whether it is better suited to certain athletes;
 - 1.4. Team strategy;
 - 1.5. Athlete injury and health status;
 - 1.6. Any other information the panel deems relevant to an athlete's ability to deliver a performance aligned to winning a Mixed Relay medal at the event for which selection is being made.

Initial team rosters are tentative.

2. The panel will also determine the order in which the athletes will race at the event, provided that the panel may change the order of the athletes and composition of the team any time prior to the final roster deadline communicated by the ITU for the event (typically the morning of the event), based on a range of factors that may include, but are not limited to:
 - 2.1. Changes in team composition for any reason;
 - 2.2. Fitness of athletes;
 - 2.3. Recent results;
 - 2.4. Expected weather at the event;
 - 2.5. Illness or injury of athletes;
 - 2.6. Any other criteria that the panel believes are relevant to selecting the order of athletes that is most likely to succeed.
3. Mixed Relay event teams are made up of 2 female athletes and 2 male athletes. USA Triathlon will select 2 athletes per gender to make up the team along with at least one athlete per gender to serve as alternates should there be any injuries, illnesses or extenuating circumstances.
4. Athletes will be notified within 48 hours of the USA Triathlon Deadline of their selection or non-selection. Selected athletes (including alternates) must notify USA Triathlon as soon as possible if, after selection but before the event, they sustain any injury or illness that could impact their fitness or ability to perform their best at the event. Failure to promptly notify USA Triathlon of such injury or illness may result in a penalty. Withdrawal from the event after selection, without a verified illness or injury, may also result in a penalty. Upon notification of an illness or injury by an athlete, the panel described in sections 1 and 2, above, may, in its discretion, substitute a different athlete in place of the athlete reporting the injury or illness if it concludes that substitution of the athlete will improve the potential success of the team.
5. Alternates and athletes who were not selected shall have 24 hours from notification by USA Triathlon of their status to submit a challenge to their non-selection or alternate status, to USA Triathlon via email to ituentries@usatriathlon.org with a copy to the High Performance General manager (HPGM@usatriathlon.org)



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and any athlete who may be affected by the challenge. Those athletes and USAT shall have 24 hours from receipt of such challenge to submit a response. A hearing panel of three individuals, including one or two individuals from outside the High Performance Program and at least one athlete who does not compete in the same discipline (but who may be involved in the High Performance Program), shall issue a written decision within 48 hours of receipt of the last response, or the expiration of the 24 hour response period, whichever is earlier. Such decision shall be final and binding.

ITU and USA Triathlon Nomination Deadlines

ITU is expected to post start lists 32 days prior to the event. The USA Triathlon deadline for all MR events will be midnight MT 14 days prior to the event date.

*Deadline dates are documented based on the ITU rules and event date. Any deadline date changes will be communicated via the Elite Beat.

MR Series Event	Event Date	ITU Deadline	USA Triathlon Deadline
Abu Dhabi, UAE	March 9	Feb 5	Feb 23
Nottingham, GBR	June 15	May 14	June 1
Hamburg, GER *World Champs	July 7	June 4	June 23
Edmonton, CAN	July 21	June 18	July 7
Other	Event Date	ITU Deadline	USA Triathlon Deadline
Monterrey CAMTRI American	May 5	April 2	April 21
Tokyo ITU World Olympic Qualification	Aug 18	July 16	Aug 14
All other ITU MR events	-	-	14 days prior to event