



## USA Triathlon Certified Training and Performance Center Application

This application is for facilities that would like to apply for USAT Certified Training and Performance Center approval.

Name:

Address:

City, State, Zip:

Email:

Phone:

Proposed Certified Center:

Center Address:

Center Website:

USAT Certified Training and Performance Centers have differing standards which must be met and can be [found here](#). In order to become certified, every facility feature, staff member, and service must be offered on-site. These standards are required and no exceptions will be made. Please check each box as it applies to the center seeking certification.

### Facility Features:

- Performance Lab
- 25 meter pool
- Endless pool
- 400 meter track
- Trainer/spin room
- Treadmills that go up to 12-15 mph
- Recovery center: ice bath, hot tub, sports massage
- Locker room with showers
- Meeting room that comfortably seats 50+ people with AV
- Safe running path away from traffic
- Access to hotels within 1 mile
- Within 30 minute drive to a National or International airport

### Staff:

- Minimum of two USAT Certified Coaches (please list names below)

- 1.
- 2.

One USAT Level II Certified Coach (please list name below)

1.

2

**Services:**

VO2 and Lactate Testing

Bike fit

Video analysis

Nutrition consultations by a Registered Sports Dietician

Athletic Trainer/Physical Therapy services

Access to a Sports Psychologist

Free coaching to at least one elite or junior/U23 athlete who competes at Nationals or Team USA Member

Sponsorship to one local triathlon club with more than just a discount

**Discounts:**

20% off select services to USAT members

**Comments:**

Applications cost \$25 to submit and will be fully refunded if the center is not approved. Please mail payment along with this application to address below. For any questions, email [coaching@usatriathlon.org](mailto:coaching@usatriathlon.org).

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