



CPR, AED AND FIRST AID FAQ

USA Triathlon Certified Coaches are required to have **all** of the following certifications:

- Cardiopulmonary Resuscitation (CPR)
- Automatic External Defibrillator (AED)
- First Aid

Required documentation for recertification: front & back copies of current certification card(s). We **do not** accept a note/letter from the instructor. CEUs are **not** given for CPR, AED or First Aid Certification.

Please remember that your CPR, AED and First Aid certifications may expire at a different time than your coach recertification date! If this is the case, you'll need to renew your CPR, AED, and First Aid certifications in order for your coach certification to remain active.

Q. Do I need to complete CPR, AED and First Aid Certification through a specific organization?

No. Your CPR, AED and First Aid Certifications can be taken through any legitimate organization. The card or certificate you receive after completing the certification(s) must list CPR/AED/First Aid on it.

Q. Can I renew my CPR, AED and First Aid Certifications online?

Yes. You may renew your CPR, AED and First Aid Certifications through an online program.

Q. Does only having a CPR Certification meet this requirement?

No. You are required to have each of the following certifications: CPR, AED and First Aid.

