



COACH CEU FAQ

Q. How many CEUs do I need?

As of January 1, 2021, all USA Triathlon Certified Coaches must complete and submit proof of 12 CEUs for recertification. It is required that at least 8 of these are USAT CEUs. The remaining 4 can be Non-USAT CEUs or USAT CEUs.

All CEUs must be completed in your two-year recertification cycle (any additional CEUs earned above the required 12 CEU amount cannot be carried over to a future recertification period).

Q. How do I know how many CEUs I've completed?

You are responsible for tracking your own CEU credits and maintaining a record of all CEU documentation for all courses you complete.

Recommendation: either electronically or in paper form set up a folder where you can keep the CEU receipts or certificates of completion.

Q. Courses that I took for CEUs on LearnUpon are not in my Triathlon Learning account?

Triathlon Learning is a new and improved learning platform. As of January 1, 2021, the transition to Triathlon Learning was rolled and our previous platform, LearnUpon, was no longer accessible.

Please note that coach's CEU history from LearnUpon (such as history of enrolled courses, completed courses, and document uploads) is not yet accessible in your Triathlon Learning account. Rest assured, no CEU data has been lost and all CEU data/history has been exported from LearnUpon and is temporarily visible only to staff. If you need a copy of your records, please email the USAT Service Department at coaching@usatriathlon.org

Q. What if I earn more than 12 CEUs? Do the extra ones carry over to the next recertification period?

No. Additional CEUs earned cannot be carried over to a future recertification period. All CEUs must be completed in your two-year recertification cycle.

Q. Do I need to take an Area of Focus?

All USA Triathlon Certified Coaches, certified prior to January 1, 2021, do not need to take an Area of Focus as part of their recertification. If you have taken an Area of Focus, you will receive 5 USAT CEUs.

All USA Triathlon Certified Coaches, certified prior to January 1, 2021, were defaulted to the Level I Short Course Area of Focus.





Q. Where are the Performance Coaching Newsletter Exams?

After conducting an audit of our continuing education offerings, our team determined the newsletter exams did not meet the rigor and learning standards of our other continuing education options.

The Performance Coaching Newsletter Exams have been discontinued.

Q. Where can I find the coach webinars?

The USAT coach specific webinars are located on Triathlon Learning. To browse the webinar library, please click here: <https://www.triathlonlearning.com/collections?category=coach>

Q. How do I know the amount of Non-USAT CEUs a course I took is worth?

First, review the Non-USAT CEU list here: <https://www.teamusa.org/USA-Triathlon/USAT-for-Me/Coaching/Education/Non-USAT-CEUs>

USA Triathlon reserves the right to assign or deny a CEU value to Non-USAT seminars and conferences. Non-USAT CEU value is based upon relevancy to triathlon coaching and is assigned by USA Triathlon, not by what another organization assigns. Continuing education does **NOT** include the daily activities of a coach such as attending training, leading training rides, meeting with athletes, etc.

Credit for Non-USAT courses are awarded with a maximum of **5 Non-USAT CEUs per course**.

Coaches are responsible for tracking their CEUs, getting courses accepted for Non-USAT CEUs, and recording CEUs and providing the official course completion documentation in their recertification application.

USAT CEUs: <https://www.teamusa.org/USA-Triathlon/USAT-for-Me/Coaching/Education/USAT-Approved-CEUs>

Triathlon Learning: <https://www.triathlonlearning.com/collections?category=coach>

Non-USAT CEUs: <https://www.teamusa.org/USA-Triathlon/USAT-for-Me/Coaching/Education/Non-USAT-CEUs>

