



2019 RUN RESULTS

FEMALE

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
1	Lisa Dennison	Brentwood Endurance Athletic Team	265.5
2	Lauren Kearney	Triathlon Club of San Diego	254.2
3	Lynda Milne	TriCoachGeorgia	247.91
4	Gail Rudee	Sound Training & Racing	220.48
5	Melanie Lenahan	TMB Racing	215.1
6	Chiemi Muroi	Prairie Athletic Tri Team	213.42
7	Jaclyn Fahey	Merrick Bicycles Tri Team	209.5
8	Brenda Berres	Gulf Coast Multi-Sport	188
9	Becky Grindstaff	Corryton Triathlon Club	180.57
10	Michele Keane	Atlanta Triathlon Club	174.33
11	Deanne Ross	Triathlon Club of San Diego	173.13
12	Tracy Long	Cape Cod Athletic Club - Cape Cod Triathlon Team	169
13	Natasha Van Der Merwe	Austin Triathlon Club	164.3
14	Stephanie Hahn	Georgetown Triathletes	159.85
15	Naomi Long	Gulf Coast Multi-Sport	157.13
16	Victoria Bergeron	Cyclonaut Multisport	153.73
17	Jennifer Santoyo	Sound Training & Racing	151.33
18	Gwendolyn Steves	Southern Colorado Triathlon Club	145.9
19	Kathryn Hores	Broome County Triathlon Club	145
20	Celia Mindel	Atlanta Triathlon Club	144.68
21	Carrie Barrett	Austin Triathlon Club	143.56
22	KATERINA LEFTHERIS	Triathlon Club of San Diego	143.52
23	Debra Cole	Seminole County Triathletes	143.09
24	Melanie Nelson	Southern Colorado Triathlon Club	142
25	Rachel Mcardle	Buffalo Triathlon Club	139
26	Christina Bremer	Triathlon Club of San Diego	135.26
27	Michelle Reynolds	Seminole County Triathletes	134.5



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
28	Susan Weissman	TMB Racing	133.3
29	Deborah Townsend	Cape Cod Athletic Club - Cape Cod Triathlon Team	132.01
30	Katie Nickell	Bakersfield Trispokes	131.5
31	Susann Babaei	Sound Training & Racing	130.73
32	Cynthia Hutchings	DC Triathlon Club	129.65
33	Barbara Franz	Paramount Multisport	129.59
34	Lindsay Leigh	Hurdle the Dead	128.41
35	Kristen Wilson Fisher	Brentwood Endurance Athletic Team	127.02
36	Julie Prather	Kansas River Valley Triathlon Club	126.95
37	Carol Gsell	Atlanta Triathlon Club	126.91
38	Gail Ranville	Real Women Tri, Inc.	126.8
39	Tafara Pulse	Sound Training & Racing	126.43
40	Mel Comerchero	Mapso Tri	125.1
41	Dena CHILDS	Austin Triathlon Club	124.22
42	Madeleine Vergauwen	Seminole County Triathletes	122.55
43	Darlene Savage	Triathlon Club of San Diego	122.45
44	Gabriella Alderete	Triathlon Club of San Diego	122.27
45	Jeanine Watts	Memphis Thunder Racing	122
46	Amanie Bussey	TriCoachGeorgia	120.35
47	Carrie Mock	Gulf Coast Multi-Sport	119.4
48	Natalie Zimmerman	Hurdle the Dead	114.8
49	Michelle Drummond	Network of Multi-Sport African American Athletes (NOMSA3)	112.33
50	Courtney Waltmyer	DC Triathlon Club	111.53
51	Laura Moeller	Triathlon Racers of Iowa	110.68
52	Judith Hudson	Central Jersey Tri Club	110.41
53	Danielle Simonetti	Triathlon Club of San Diego	110
54	Christine Knight	Georgetown Triathletes	109.75



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
55	Rachele Renzulli	Central Jersey Tri Club	108.69
56	Katherine Tobin	DC Triathlon Club	107.85
57	Katheryn Everts	Real Women Tri, Inc.	106.4
58	REBECCA QUINN	Seminole County Triathletes	106.33
59	Myia Miller	MSM + JHC Coaching	106.06
60	Kelly Lefler	DC Triathlon Club	105.83
61	Susan Nofi	HEAT - Hartford Extended Area Triathletes	105.69
62	Karen Rayle	MSM + JHC Coaching	105.29
63	Brigette Stone	Merrick Bicycles Tri Team	105.19
64	Katelyn Kilpatrick	Atlanta Triathlon Club	103.94
65	Jasmine Miller	Sound Training & Racing	103.5
66	Diane Supinski	Prairie Athletic Tri Team	103.1
67	MEGAN GIBNEY	RIDE Tri Team p/b Wattie Ink	102
68	Jessica Hunt	Atlanta Triathlon Club	101.84
69	Tracy Cohen-Peranteau	Triathlon Club of San Diego	101.7
70	Tanya Cady	Cleveland Tri Club	100.55
71	BECKY HALL	Kansas River Valley Triathlon Club	100.39
72	Diana SANTA MARIA	TMB Racing	100.3
73	Elisabeth Hesse	TriCoachGeorgia	99.93
74	Laurie Henriquez	Black Triathletes Association	99.81
75	Cynthia Mitchum	Georgetown Triathletes	99.59
76	Johanna Zettersten	Brentwood Endurance Athletic Team	98.79
77	Jamie Epele	Austin Triathlon Club	98.48
78	Cindy Holland	Gulf Coast Multi-Sport	98.42
79	Carrie Schwake	Triathlon Racers of Iowa	98
80	Michele Niermann	Jersey Girls StayStrong Multisport Club	97.2
81	TAMI THREET	Triathlon Club of San Diego	97.09



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
82	Mia Erickson Stevens	Gulf Coast Multi-Sport	96.72
83	KATHERINE NICKLEBUR	Austin Triathlon Club	96.5
84	Ilana zeises	Paramount Multisport	96.24
85	Dionne DeGourville	Merrick Bicycles Tri Team	95.7
86	Anne Rogers	Triathlon Club of San Diego	94.3
87	Rebecca Hirselj	DC Triathlon Club	94
88	Stacey Farish	TMB Racing	93.5
89	Kim Valente	Mapso Tri	93.4
90	KAREN PUTNAM	Brentwood Endurance Athletic Team	93.2
91	Cheyenne Meyer	Austin Triathlon Club	92.81
92	Erin Searfoss	Triathlon Club of San Diego	91.85
93	Julie Wolf	Austin Triathlon Club	91.12
94	Kira Stevens	Gulf Coast Multi-Sport	90.89
95	Valerie Christoff	Hurdle the Dead	90.35
96	Jennifer Robinson	HEAT - Hartford Extended Area Triathletes	89.4
97	Giorgia Valoti	Atlanta Triathlon Club	89.15
98	Lisa Kimbrough	Seminole County Triathletes	89.07
99	Tracy Shirley	Louisville Landsharks Triathlon Club	88.9
100	Kelli Mauldin	Memphis Thunder Racing	88.7
101	Melissa Mizwa	MSM + JHC Coaching	88.25
102	SUSAN MILLER	Atlanta Triathlon Club	86.9
103	Kelley Hamlin	Broome County Triathlon Club	86.42
104	Abbi Auger	Louisville Landsharks Triathlon Club	86.04
105	Nicole Chittick	Atlanta Triathlon Club	85.92
106	JOANA RIDDICK	Brentwood Endurance Athletic Team	85.66
107	Risa Engel	Atlanta Triathlon Club	85.5
108	Ann Hall	Louisville Landsharks Triathlon Club	85.28



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
109	Marcy Mayeux	Gulf Coast Multi-Sport	85.27
110	CC Rowe	Austin Triathlon Club	85.15
111	Jess Wilson	TriCoachGeorgia	84.8
112	Joni Briganti	Fredericksburg Triathlon Club (Tri-Fred)	84
113	Abrianna Nelson	DC Triathlon Club	83.83
114	EVE CAMPEAU	TMB Racing	83.35
115	Chrissy Usher	Kansas River Valley Triathlon Club	83
116	Amy Landsverk	Atlanta Triathlon Club	82.96
117	Laura Quinn	Merrick Bicycles Tri Team	81.5
118	melissa stokely	Triathlon Club of San Diego	81.24
119	Abby McAdams	HEAT - Hartford Extended Area Triathletes	81.11
120	Kristen Curley	HEAT - Hartford Extended Area Triathletes	80.53
121	Beth Welzien	Prairie Athletic Tri Team	80.23
122	JODY LEFKOWITZ	TMB Racing	80
123	Jennifer Connor	MSM + JHC Coaching	79.8
124	Meredith Townley	Austin Triathlon Club	79.55
125	MIRIAM YOVETICH	Sound Training & Racing	79.34
126	Jill Sherwood	Cyclonaut Multisport	79.25
127	adrienne russell	Atlanta Triathlon Club	78.9
128	Leslie Ezell	Brentwood Endurance Athletic Team	78.88
129	Kristan Huenink	MSM + JHC Coaching	78.79
130	Kathy Spencer	Triathlon Club of San Diego	78.75
131	Caroline MacElroy	Austin Triathlon Club	78.73
132	Tara Hofmayer	Merrick Bicycles Tri Team	78.7
133	Rachel Drummey	Cape Cod Athletic Club - Cape Cod Triathlon Team	78.4
134	Leah Schwebel	Austin Triathlon Club	78.35
135	BETH DARMSTADTER	Cleveland Tri Club	77.74



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
136	Cecilia Carrillo	Santa Cruz Triathlon Association	77.47
137	Jennifer Knickerbocker	Brentwood Endurance Athletic Team	77.39
138	Laura Jones	Cleveland Tri Club	77.24
139	Heidrun Ziche	Triathlon Club of San Diego	76.95
140	Mary Rezendes	TriCoachGeorgia	76.31
141	Marsha Wingler	Triathlon Club of San Diego	75.95
142	Joanne Siegel	Cleveland Tri Club	75.85
143	Kelly Waud	DC Triathlon Club	75.57
144	Tisha Titus	Atlanta Triathlon Club	75.5
145	Carolina Pinheiro	Atlanta Triathlon Club	75.36
146	Alyson Wooten	Atlanta Triathlon Club	75.1
147	Laurie Nicholson	Atlanta Triathlon Club	75.09
148	Elizabeth Ridpath	Austin Triathlon Club	74.69
149	Laura MARINO	Merrick Bicycles Tri Team	74.3
150	COURTNEY BENEDICT	DC Triathlon Club	73.85
151	Suzanne Locke	Brentwood Endurance Athletic Team	73.8
152	Heather Prochnow	DC Triathlon Club	73.09
153	Nicol Hodges	Triathlon Club of San Diego	72.77
154	Estanislá Fanic	Triathlon Club of San Diego	71.99
155	Caresse Amenta	HEAT - Hartford Extended Area Triathletes	71.85
156	Sally Boettger	Triathlon Club of San Diego	71.39
157	DONA MCILVAIN	Brentwood Endurance Athletic Team	70
158	Akira Bell	Jersey Girls StayStrong Multisport Club	69.52
159	Joanne Gribler	DC Triathlon Club	69.31
160	Heather Ott	Real Women Tri, Inc.	69.2
161	Annette Herrick	Sound Training & Racing	68.5
162	Chayito Veliz	Triathlon Club of San Diego	67.74



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
163	MELANIE CENCI	Gulf Coast Multi-Sport	67.67
164	Gamila Camille Baptiste	Georgetown Triathletes	67.38
165	Stephanie Lievens	Atlanta Triathlon Club	66.66
166	Sally Roberts	Triathlon Club of San Diego	66.03
167	Mary Greene	Central Jersey Tri Club	65.85
168	Joyce Buie	Gulf Coast Multi-Sport	65.84
169	Jesenia Brown	Paramount Multisport	65.75
170	Katy Walmsley	Mapso Tri	65.75
171	Nicole Weidensaul	Fredericksburg Triathlon Club (Tri-Fred)	65.74
172	Stephanie Tobben	Atlanta Triathlon Club	65.65
173	Kristi Mahadocon	MSM + JHC Coaching	65.1
174	Deanna Mccarthy	Brentwood Endurance Athletic Team	65
175	Talia Fromm	Merrick Bicycles Tri Team	65
176	Kayla Hansen	Hurdle the Dead	64.7
177	Kristina Evans	HEAT - Hartford Extended Area Triathletes	64.7
178	Kari Stoever	RIDE Tri Team p/b Wattie Ink	64.69
179	Constance Carpenter	HEAT - Hartford Extended Area Triathletes	64.05
180	Darcy Ytterdahl	MSM + JHC Coaching	62.75
181	DEE MURPHY	Hurdle the Dead	62.44
182	Stephanie Cayula	Gulf Coast Multi-Sport	62.32
183	Hanh Thai	Austin Triathlon Club	62.31
184	Becca Thompson	Austin Triathlon Club	62.15
185	Yumi Kobayashi	Triathlon Club of San Diego	62.08
186	Elise Brown	Santa Cruz Triathlon Association	61.73
187	Jennifer Potter	Team NCC	61.69
188	Sherri Kerstetter	Brentwood Endurance Athletic Team	60.8
189	Dina Grimaldi	HEAT - Hartford Extended Area Triathletes	60.76



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
190	Lindsey Slack	Louisville Landsharks Triathlon Club	60.73
191	WENDY HARTMAN	Seminole County Triathletes	60.18
192	Cheryl Love	Network of Multi-Sport African American Athletes (NOMSA3)	59.93
193	Debbie Henderson	Kansas River Valley Triathlon Club	59.65
194	Jennifer Griggs	Central Jersey Tri Club	59.6
195	Rachel Harmon	Brentwood Endurance Athletic Team	59.6
196	Holly Goodman	TMB Racing	59.25
197	ALISON HEADLEY	Mapso Tri	58.7
198	Barbara Thomas	Cleveland Tri Club	58.66
199	Susan Olesky	Paramount Multisport	58.61
200	Elizabeth Karat	Hurdle the Dead	58.05
201	Joanne Salaz	Triathlon Club of San Diego	58
202	Whitney Erickson	Endurance House Delafield	57.85
203	Sid Hessler	Bakersfield Trispokes	57.5
204	Heidi Holtzman	Louisville Landsharks Triathlon Club	57.5
205	Nancy Lester	Merrick Bicycles Tri Team	57.2
206	SUSIE LANE	TriCoachGeorgia	56.9
207	Christine Bertz	Memphis Thunder Racing	56.86
208	Sheri Giordano	Southern Colorado Triathlon Club	56.7
209	Michelle Lynch	HEAT - Hartford Extended Area Triathletes	56.5
210	Cathy Wilson	DC Triathlon Club	56.41
211	Suzanne Haney	Kansas River Valley Triathlon Club	56.24
212	Crystal DeClercq	Santa Cruz Triathlon Association	56.21
213	Grace Tabeek	Broome County Triathlon Club	56.2
214	Caryn Zilka	Merrick Bicycles Tri Team	55.83
215	Cheryl Brodowski	Cyclonaut Multisport	55.48
216	Marnie Glaeberman	DC Triathlon Club	54.9



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
217	Erica Beck	MSM + JHC Coaching	54.79
218	Karen Witkowski	Endurance House Delafield	54.47
219	Laura Rondet	Triathlon Club of San Diego	54.3
220	Angie OBrien	Real Women Tri, Inc.	54.25
221	christina urbanski	Real Women Tri, Inc.	54.25
222	Sara Scott	Atlanta Triathlon Club	54.2
223	Courtney Connolly	TriCoachGeorgia	54
224	Julie Sadar	Cleveland Tri Club	53.38
225	Theresa Cicchinelli	Santa Cruz Triathlon Association	52.83
226	Julie Roddin	DC Triathlon Club	52.04
227	Susan Schultz	Broome County Triathlon Club	51.99
228	Virginia Fitz	Cleveland Tri Club	51.75
229	Kelly F. Brooks	Paramount Multisport	51.64
230	Leslie Andrews Booker	Austin Triathlon Club	51.63
231	Kathleen Kat Eggemeyer	Georgetown Triathletes	51.24
232	Gabrielle Horstman	MSM + JHC Coaching	51.12
233	Brooke Gypson	Brentwood Endurance Athletic Team	51.11
234	Colleen Abbot	Triathlon Club of San Diego	50.82
235	Rebecca Burke	Prairie Athletic Tri Team	50.81
236	Maria Pecoraro-McCorkle	Seminole County Triathletes	50.45
237	Jane Reik	HEAT - Hartford Extended Area Triathletes	50.25
238	Doraliz Hidalgo	Real Women Tri, Inc.	50.18
239	Anna Culina	Austin Triathlon Club	50.07
240	Janelle Alexander-Sumpter	Network of Multi-Sport African American Athletes (NOMSA3)	49.94
241	LINDA PYLE	Santa Cruz Triathlon Association	49.2
242	Rebecca Cody	Austin Triathlon Club	48.48
243	Alexandra Michel	US Military Endurance Sports	48.07



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
244	Austin Klotz	Austin Triathlon Club	48.06
245	Jennifer Berryhill	Austin Triathlon Club	47.96
246	Kim Presley	Memphis Thunder Racing	47.69
247	Maria Gonzalez	Merrick Bicycles Tri Team	47.5
248	Diana Bean	Broome County Triathlon Club	47.4
249	Vickie Dowling	Cleveland Tri Club	47.3
250	Lynne Anklam	MSM + JHC Coaching	47.24
251	Kim Dallara	Louisville Landsharks Triathlon Club	47
252	Caroline Bloom	Austin Triathlon Club	46.93
253	Carol Hamlin	Broome County Triathlon Club	46.59
254	Joy Marpa	Austin Triathlon Club	46.51
255	Keri Willever	BNG Endurance	46.28
256	Lenora Mariner	Black Triathletes Association	46.13
257	JANET BYERS	Brentwood Endurance Athletic Team	45.7
258	Jennifer Standley	Austin Triathlon Club	45.54
259	Delora Denney	Gulf Coast Multi-Sport	45.4
260	Wendy Freaney	Hot Mess Tri Club	45.23
261	Randee Roucoulet	HEAT - Hartford Extended Area Triathletes	45.14
262	Christina Chin-Hing	HEAT - Hartford Extended Area Triathletes	44.94
263	Julie Daube	Prairie Athletic Tri Team	44.61
264	Crystal Hearst	Network of Multi-Sport African American Athletes (NOMSA3)	44.54
265	Suzanne Brown	Sound Training & Racing	44.5
266	Melanie Dunlap	Memphis Thunder Racing	44.25
267	Michelle Gour	Vmps Triathlon Team	44.1
268	Vianna Zimbel	HEAT - Hartford Extended Area Triathletes	44
269	Mary Moriarty	Jersey Girls StayStrong Multisport Club	44
270	Meghann Jones	Austin Triathlon Club	43.8



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
271	Ruth McIntyre	Austin Triathlon Club	43.8
272	Deanne Ortiz-Mclendon	Santa Cruz Triathlon Association	43.77
273	Nicole SABBATINO	Merrick Bicycles Tri Team	43.7
274	Jacqui Koplik	Merrick Bicycles Tri Team	43.1
275	DONNA SPOONEMORE	Kansas River Valley Triathlon Club	43
276	Judith Sentz	Sound Training & Racing	42.78
277	Mary Ellen Ross	Cape Cod Athletic Club - Cape Cod Triathlon Team	42.74
278	Aliza Sherman	Mapso Tri	42.7
279	Lori Soriano	Bakersfield Trispokes	42.4
280	Jackie Fisk	Triathlon Club of San Diego	42.28
281	Dawn Prebula	US Military Endurance Sports	42.08
282	Sandra Pankow	Triathlon Club of San Diego	41.88
283	Rachel Martinez	Brentwood Endurance Athletic Team	41.54
284	Emily Jorgensen	Real Women Tri, Inc.	41.46
285	Janet Ross	Endurance House Delafield	41.23
286	Helen Connault	Gulf Coast Multi-Sport	41
287	MELISSA LORANCE	Gulf Coast Multi-Sport	40.86
288	Llywellyn Auger	Santa Cruz Triathlon Association	40.83
289	Mitzi Horowitz	HEAT - Hartford Extended Area Triathletes	40.81
290	Anna Rindfjell	Mapso Tri	40.76
291	Ericka O'Connell	Louisville Landsharks Triathlon Club	40.68
292	Marian Desimone	Paramount Multisport	40.1
293	Kacy Seynders	Atlanta Triathlon Club	40
294	Lisa Wilkes	Mapso Tri	39.8
295	Christine Erskine	Santa Cruz Triathlon Association	39.6
296	Lauren Beato	Austin Triathlon Club	39.5
297	Colleen Fisher	Gulf Coast Multi-Sport	39.2



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
298	Candy Devany	Austin Triathlon Club	38.89
299	Becky Nelson	Triathlon Racers of Iowa	38.32
300	Mary Gustus Straley	Santa Cruz Triathlon Association	38.28
301	Cynthia Van Stavern	Cleveland Tri Club	38.27
302	Cheri Work	Brentwood Endurance Athletic Team	38.25
303	Sheri Thomas	Santa Cruz Triathlon Association	38.05
304	Carmen Hanney	Austin Triathlon Club	38
305	Samantha Saad	Merrick Bicycles Tri Team	37.94
306	Donna Winkley	Bakersfield Trispokes	37.85
307	Erin Beason	HEAT - Hartford Extended Area Triathletes	37
308	Geri Keller	Louisville Landsharks Triathlon Club	36.89
309	Karen Moser	Hot Mess Tri Club	36.84
310	Lauren Bain	Endurance House Delafield	36.84
311	Michelle Russi	HEAT - Hartford Extended Area Triathletes	36.42
312	Erika Rix	Georgetown Triathletes	36.26
313	MEEGAN Becker	Buffalo Triathlon Club	36.25
314	Michelle Koog	Austin Triathlon Club	36.2
315	Tea Chand	MSM + JHC Coaching	36.06
316	Yumei Guo	Paramount Multisport	36
317	SANDY COOMER	Brentwood Endurance Athletic Team	35.93
318	Jacqueline Wabler	Atlanta Triathlon Club	35.8
319	Emily Lamb	Louisville Landsharks Triathlon Club	35.63
320	Lara Drew	Austin Triathlon Club	35.5
321	danielle rose	Triathlon Club of San Diego	35.5
322	Denise Toryk	Central Jersey Tri Club	35.37
323	Alania Cater	Austin Triathlon Club	35.36
324	Jenina Soto	Austin Triathlon Club	35.14



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
325	Christine Sawyer	HEAT - Hartford Extended Area Triathletes	35.1
326	Susan Whitney	Broome County Triathlon Club	35
327	Jaylen Vargas	Southern Colorado Triathlon Club	35
328	Claudia Blackburn	DC Triathlon Club	34.8
329	Carol Griffin	Real Women Tri, Inc.	34.75
330	Leslie Kruse	Austin Triathlon Club	34.07
331	CAROLINE ENGLISH	DC Triathlon Club	33.66
332	Shelta Richardson	Gulf Coast Multi-Sport	33.6
333	Jennifer Borst	Triathlon Racers of Iowa	33.51
334	sharon dooley	Gulf Coast Multi-Sport	33.46
335	Nicole Oschmann	Endurance House Delafield	33.46
336	DANA BLASEY	Cleveland Tri Club	33
337	Lauren Cooney	Santa Cruz Triathlon Association	33
338	Sumaya Kroger	Endurance House Delafield	32.93
339	Eileen McConkie	Fredericksburg Triathlon Club (Tri-Fred)	32.7
340	Jayne Chaplick	Paramount Multisport	32.55
341	Melissa Thompson	Louisville Landsharks Triathlon Club	32.54
342	Karyn Mentink	Triathlon Club of San Diego	32.3
343	Alice Ashley	Sound Training & Racing	32.28
344	Patrice Sims	Gulf Coast Multi-Sport	32.05
345	Leslie Schrandt	Kansas River Valley Triathlon Club	32
346	Madeleine Henry	RIDE Tri Team p/b Wattie Ink	31.75
347	Rebecca Miller	Broome County Triathlon Club	31.57
348	Gena Petrunyak	Central Jersey Tri Club	31.02
349	Tracey Guertin	Vmps Triathlon Team	30.85
350	Kathy Murray	Network of Multi-Sport African American Athletes (NOMSA3)	30.8
351	Mina Whitmer Miller	BNG Endurance	30.68



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
352	Betina Breaux	Gulf Coast Multi-Sport	30.2
353	Sonja Lenhardt	Louisville Landsharks Triathlon Club	30
354	Annie Warr	Santa Cruz Triathlon Association	29.89
355	Rachel Kuntz	Endurance House Delafield	29.73
356	Ellen Adams	Real Women Tri, Inc.	29.67
357	Colleen Daley	Cleveland Tri Club	29.57
358	Jennifer Cook	Louisville Landsharks Triathlon Club	29.35
359	Clare Deming	Central Jersey Tri Club	29.29
360	Jennifer Donald	Atlanta Triathlon Club	29.25
361	Kerri Phox	Network of Multi-Sport African American Athletes (NOMSA3)	29.25
362	Cathy Campisi	Merrick Bicycles Tri Team	29.2
363	Cassandra Hensarling	Austin Triathlon Club	28.91
364	MICHELLE WOLLIN	Prairie Athletic Tri Team	28.58
365	Kendra Bacon Smith	Team NCC	28.44
366	Gertrude Haywood	Network of Multi-Sport African American Athletes (NOMSA3)	28.3
367	Danielle Katsempris	Central Jersey Tri Club	28.2
368	Julia Rodgers	Team NCC	28.1
369	Wendy Burns-Ardolino	Real Women Tri, Inc.	28
370	Misty Brown	Gulf Coast Multi-Sport	27.9
371	Ouida Brown	Black Triathletes Association	27.88
372	Colleen De Bruin	Triathlon Racers of Iowa	27.68
373	Debbie Kinsinger	Triathlon Club of San Diego	27.57
374	Jane Ireland	Austin Triathlon Club	27.56
375	brandy garland	Atlanta Triathlon Club	27.5
376	Rachelle Grey	DC Triathlon Club	27.39
377	Marilyn Vargas	Southern Colorado Triathlon Club	27.32
378	Valerie Briones-Pryor	Louisville Landsharks Triathlon Club	26.94



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
379	Theresa Plant	Paramount Multisport	26.86
380	Barbara Kerby	BNG Endurance	26.73
381	Nicole Bailey	Network of Multi-Sport African American Athletes (NOMSA3)	26.4
382	Rebecca Unitt	Santa Cruz Triathlon Association	26.31
383	Kelly Pesantes	BNG Endurance	26.23
384	Heidi Lovett	Black Triathletes Association	26.14
385	Elizabeth Buckalew	Triathlon Club of San Diego	26.1
386	Patty Lennox	TMB Racing	25.75
387	Katheryn Boyer	Sunset Coast Striders/Tri-Avengers	25.75
388	Beth Gray	Santa Cruz Triathlon Association	25.68
389	Marlo Youde	Austin Triathlon Club	25.62
390	Kelsey Bracewell	Fredericksburg Triathlon Club (Tri-Fred)	25.6
391	Traci Singleton	Brentwood Endurance Athletic Team	25.5
392	Sheryl Sheckman	Atlanta Triathlon Club	25.49
393	Hillary Stigall	Brentwood Endurance Athletic Team	25.46
394	Wendy Kimpel	Buffalo Triathlon Club	25
395	Amy Greene	Austin Triathlon Club	24.57
396	Joann Mix	Kansas River Valley Triathlon Club	24.5
397	Jennifer Smith	Gulf Coast Multi-Sport	24.1
398	Janet Edmondson	Hot Mess Tri Club	23.9
399	Maria Aryee	Network of Multi-Sport African American Athletes (NOMSA3)	23.65
400	Karen Spinks	Louisville Landsharks Triathlon Club	23.6
401	Gloria Martinez	Merrick Bicycles Tri Team	23.25
402	Ana England	Santa Cruz Triathlon Association	23.25
403	Kerry Martin	HEAT - Hartford Extended Area Triathletes	22.9
404	Joy Miles	Black Triathletes Association	22.75
405	Lisa Scheer	Cleveland Tri Club	22.26



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
406	Jennifer Hine	Austin Triathlon Club	22.2
407	Christine Kopcha	Team NCC	22.08
408	Michelle Krell	Sound Training & Racing	22.08
409	Kristjana Smith	Triathlon Racers of Iowa	21.85
410	Elizabeth Blackstone	Santa Cruz Triathlon Association	21.7
411	Diane Thibault-Wankmiller	Merrick Bicycles Tri Team	21.52
412	Mandy Midgett	US Military Endurance Sports	21.43
413	Michelle Stickler	Austin Triathlon Club	21.3
414	Yolanda Johnson	Network of Multi-Sport African American Athletes (NOMSA3)	20.74
415	Shawn Blasiesing-Thompson	Triathlon Racers of Iowa	20.65
416	Sarah Lifsey	DC Triathlon Club	20.35
417	Eunice Moon	Cleveland Tri Club	20.12
418	Joleen White	Triple Threat Triathlon National Team	20
419	Lisa Glazer	Central Jersey Tri Club	19.94
420	Kendra Webb	Austin Triathlon Club	19.92
421	Patricia Lambert	Vmps Triathlon Team	18.67
422	Ashley Mulvey	Endurance House Delafield	18.6
423	Monica Lee	HEAT - Hartford Extended Area Triathletes	18.52
424	KATRINA BLASINGAME	Network of Multi-Sport African American Athletes (NOMSA3)	18.5
425	Brie McAndrew	HEAT - Hartford Extended Area Triathletes	18.3
426	Heather Gilroy	Sound Training & Racing	18.25
427	Pamela Plyler	Bakersfield Trispokes	17.9
428	Ginny Ackiewicz	Team NCC	17.6
429	Theresa Moore	Network of Multi-Sport African American Athletes (NOMSA3)	17.5
430	CASSIA COGGER	HEAT - Hartford Extended Area Triathletes	17.24
431	Flo Maroney	Merrick Bicycles Tri Team	17.01
432	Jacqueline Escala	Santa Cruz Triathlon Association	16.26



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
433	Jennifer Jones	Broome County Triathlon Club	15.96
434	Michele Pierce	Atlanta Triathlon Club	15.93
435	Rachel Davenport	Fredericksburg Triathlon Club (Tri-Fred)	15.85
436	Kathleen Walker	Cape Cod Athletic Club - Cape Cod Triathlon Team	15.7
437	Katie Giroux	MRA Multisport	15.57
438	Melanie Reed	Network of Multi-Sport African American Athletes (NOMSA3)	15.5
439	LaTonya Rogers	Network of Multi-Sport African American Athletes (NOMSA3)	15.42
440	Jennifer Fields	MRA Multisport	15.4
441	Kelly Hewitt	Triathlon Racers of Iowa	15.29
442	Kennette Pyles	Brentwood Endurance Athletic Team	15
443	Liz Baum	Triathlon Club of San Diego	14.61
444	Lisa Decker	Kansas River Valley Triathlon Club	14.5
445	Denise Duffy	Cleveland Tri Club	14.01
446	Gina McKinney	Brentwood Endurance Athletic Team	14
447	Leonor Pelaez	Georgetown Triathletes	14
448	Deborah Jones	Triathlon Club of San Diego	13.9
449	Mary Moore	MSM + JHC Coaching	13.89
450	Debra Carlton	Network of Multi-Sport African American Athletes (NOMSA3)	13.8
451	Monica Brogan	Buffalo Triathlon Club	13.78
452	Hannah Huset	Prairie Athletic Tri Team	13.62
453	Jessica Lukasik	US Military Endurance Sports	13.42
454	Sherrie Crow	Sound Training & Racing	13.4
455	Kate Powers	HEAT - Hartford Extended Area Triathletes	13.2
456	Marguerite Macagnone	Merrick Bicycles Tri Team	13
457	Kathi Diorio	Paramount Multisport	12.3
458	Bristol Hartlage	Triathlon Club of San Diego	12.2
459	Lisa Kreiser	Fredericksburg Triathlon Club (Tri-Fred)	12



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
460	Julie Tacinelli	HEAT - Hartford Extended Area Triathletes	11.93
461	Brianna Alexander	Endurance House Delafield	11.32
462	Kara Gorgos	Broome County Triathlon Club	11.1
463	Daniela Casbourne	Team NCC	11
464	Courtney Fryatt	Endurance House Delafield	10.85
465	STEPHANIE BECHTOLD	DC Triathlon Club	10.35
466	Andrea Nerlich	Merrick Bicycles Tri Team	10.2
467	Sylvia Blodorn	Bakersfield Trispokes	10
468	CHRISTINA MAIRS	Seminole County Triathletes	9.48
469	Kelly Brendel	MSM + JHC Coaching	9.2
470	Siri Parke	BNG Endurance	9
471	Rachel Belford	Clermont Triathlon Club	8.5
472	Peri Kowal	Austin Triathlon Club	8.4
473	Kari Giles	US Military Endurance Sports	8.35
474	Alma Ortiz	Seminole County Triathletes	8.02
475	Natalie Wakulchik	Cleveland Tri Club	8
476	Yuli Grissom	Chattahoochee Triathlon Club	7.93
477	Erika Macias	Triathlon Club of San Diego	7.51
478	Caren Walker	Fredericksburg Triathlon Club (Tri-Fred)	7.5
479	Deanna VERBOUWENS	Merrick Bicycles Tri Team	7.45
480	Mayra Gonzalez	Cleveland Tri Club	7.39
481	Christina Branson	Bakersfield Trispokes	7.1
482	Meghan Mix	Kansas River Valley Triathlon Club	7
483	Mary Martinez	Merrick Bicycles Tri Team	7
484	Lillian Pettit	Atlanta Triathlon Club	6.8
485	GABRIELLE Torres	DC Triathlon Club	6.5
486	MARGO GREGORY	Black Triathletes Association	6.21



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
487	Jennifer Borovica	Cleveland Tri Club	6.15
488	Carol Line Hazel	HEAT - Hartford Extended Area Triathletes	6.1
489	Hillary Hertler	DC Triathlon Club	6
490	Erin Jansen	Triathlon Racers of Iowa	6
491	Lisa Brown	Network of Multi-Sport African American Athletes (NOMSA3)	6
492	Maureen Wallace	Fredericksburg Triathlon Club (Tri-Fred)	6
493	kay morris	Austin Triathlon Club	6
494	Rachel Suydam	Cleveland Tri Club	5.6
495	Anita Woods	Cleveland Tri Club	5.5
496	Annette Kobus	Austin Triathlon Club	5.4
497	Tammy Flickinger	Kansas River Valley Triathlon Club	5.2
498	Christine Southwood-Smith	Central Jersey Tri Club	5.1
499	Brittanie Goldsmith	MSM + JHC Coaching	5
500	Beth Hope	Triathlon Club of San Diego	5
501	Maggie Haaland	Triathlon Racers of Iowa	5
502	Michele Ricard	Vmps Triathlon Team	4.6
503	Vicky Bledsoe	Austin Triathlon Club	4.5
504	Amanda Coffey	Louisville Landsharks Triathlon Club	4.47
505	Anne Murphy	Paramount Multisport	4.3
506	Monica Harrigan	Merrick Bicycles Tri Team	4.2
507	Kjersten Langill	Triathlon Club of San Diego	4.1
508	Jami Loest	Kansas River Valley Triathlon Club	4
509	Tamra Parker-Davis	Cleveland Tri Club	3.6
510	Isabelle Gottschalk	MSM + JHC Coaching	3.57
511	Nicole Moretti	Central Jersey Tri Club	3.11
512	SANDY POLLEN	MRA Multisport	3.1
513	Marcie Jannetti	Jersey Girls StayStrong Multisport Club	3



2019 RUN RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
514	Cindy Plauche	BNG Endurance	3
515	Kaitlin Blubaugh	Kansas River Valley Triathlon Club	2.53
516	Ashley Hartman	Cleveland Tri Club	2.5
517	Patricia Spencer	TMB Racing	2
518	Marie McBride	Triathlon Club of San Diego	2
519	Amy Hanrahan	MSM + JHC Coaching	2
520	Michal Ovadia	Merrick Bicycles Tri Team	2
521	Jamie Roberts	Real Women Tri, Inc.	1.17
522	Kate Queeney	MSM + JHC Coaching	1.08
523	Sarah King	Gulf Coast Multi-Sport	1

TOTAL FEMALE MILES: 29073.56

TOTAL MILES FEMALE AND MALE: 60667.03