



2019 BIKE RESULTS

FEMALE

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
1	Courtney Connolly	TriCoachGeorgia	1636
2	Gwendolyn Steves	Southern Colorado Triathlon Club	910.7
3	Barbara Kerby	BNG Endurance	857.21
4	Natasha Van Der Merwe	Austin Triathlon Club	768
5	Lauren Kearney	Triathlon Club of San Diego	730
6	SUSAN MILLER	Atlanta Triathlon Club	688
7	Kari Stoever	RIDE Tri Team p/b Wattie Ink	664.48
8	Christina Bremer	Triathlon Club of San Diego	633.48
9	Lindsay Leigh	Hurdle the Dead	597.7
10	Leslie Schrandt	Kansas River Valley Triathlon Club	597.5
11	Julie Sadar	Cleveland Tri Club	592
12	Risa Engel	Atlanta Triathlon Club	536.9
13	Courtney Waltmyer	DC Triathlon Club	509.26
14	Kathryn Hores	Broome County Triathlon Club	507
15	Cynthia Hutchings	DC Triathlon Club	497.3
16	Gail Ranville	Real Women Tri, Inc.	472.05
17	Joanne Salaz	Triathlon Club of San Diego	470.03
18	Katelyn Kilpatrick	Atlanta Triathlon Club	461.01
19	Jennifer Santoyo	Sound Training & Racing	454.7
20	DANA BLASEY	Cleveland Tri Club	443.5
21	Tammy Flickinger	Kansas River Valley Triathlon Club	439.93
22	Kristen Wilson Fisher	Brentwood Endurance Athletic Team	436.3
23	Mary Rezendes	TriCoachGeorgia	420.79
24	Rebecca Hirselj	DC Triathlon Club	417.18
25	MEGAN GIBNEY	RIDE Tri Team p/b Wattie Ink	413.5
26	Erika Rix	Georgetown Triathletes	411.58
27	Sally Boettger	Triathlon Club of San Diego	408.13



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
28	Sally Roberts	Triathlon Club of San Diego	406.18
29	Gail Rudee	Sound Training & Racing	404.5
30	Jeanine Watts	Memphis Thunder Racing	401
31	Kate Powers	HEAT - Hartford Extended Area Triathletes	399.92
32	TAMI THREET	Triathlon Club of San Diego	398.72
33	Stacey Farish	TMB Racing	395
34	KATERINA LEFOTHERIS	Triathlon Club of San Diego	378
35	JOANA RIDDICK	Brentwood Endurance Athletic Team	375.94
36	DONNA SKAGGS	RIDE Tri Team p/b Wattie Ink	371.58
37	Stephanie Tobben	Atlanta Triathlon Club	369.2
38	Hillary Hertler	DC Triathlon Club	365.74
39	Anna Culina	Austin Triathlon Club	363.55
40	Deanne Ortiz-Mclendon	Santa Cruz Triathlon Association	362.83
41	Kayla Hansen	Hurdle the Dead	356.9
42	Kim Presley	Memphis Thunder Racing	353
43	Heather Prochnow	DC Triathlon Club	347.2
44	Kelly Lefler	DC Triathlon Club	345.41
45	Sheri Thomas	Santa Cruz Triathlon Association	344.7
46	Ann Hall	Louisville Landsharks Triathlon Club	344.3
47	Mary Ellen Ross	Cape Cod Athletic Club - Cape Cod Triathlon Team	343.23
48	Marsha Wingler	Triathlon Club of San Diego	342.1
49	Johanna Zettersten	Brentwood Endurance Athletic Team	340.2
50	Talia Fromm	Merrick Bicycles Tri Team	339
51	Austin Klotz	Austin Triathlon Club	334.86
52	Kacy Seynders	Atlanta Triathlon Club	330.8
53	COURTNEY BENEDICT	DC Triathlon Club	329
54	Erin Searfoss	Triathlon Club of San Diego	323.23



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
55	Melanie Dunlap	Memphis Thunder Racing	317.65
56	Dina Grimaldi	HEAT - Hartford Extended Area Triathletes	311.59
57	Myia Miller	MSM + JHC Coaching	311.5
58	Kelly Brendel	MSM + JHC Coaching	309.25
59	MARGO GREGORY	Black Triathletes Association	309.12
60	Kristan Huenink	MSM + JHC Coaching	306.25
61	Jacqueline Wabler	Atlanta Triathlon Club	305.3
62	Rachel Mcardle	Buffalo Triathlon Club	303
63	Whitney Erickson	Endurance House Delafield	301.41
64	Cynthia Van Stavern	Cleveland Tri Club	300.11
65	Nicole Weidensaul	Fredericksburg Triathlon Club (Tri-Fred)	297.49
66	danielle rose	Triathlon Club of San Diego	297.26
67	Katherine Tobin	DC Triathlon Club	293.6
68	Kara Gorgos	Broome County Triathlon Club	293.09
69	Cecilia Carrillo	Santa Cruz Triathlon Association	290.8
70	Joy Miles	Black Triathletes Association	289.29
71	Julie Prather	Kansas River Valley Triathlon Club	288.2
72	Eunice Moon	Cleveland Tri Club	288.01
73	Patricia Lambert	Vmps Triathlon Team	287.43
74	Rachel Harmon	Brentwood Endurance Athletic Team	286.2
75	Karen Moser	Hot Mess Tri Club	284.91
76	Sara Scott	Atlanta Triathlon Club	284
77	Kelly Waud	DC Triathlon Club	283.49
78	Nicole Chittick	Atlanta Triathlon Club	282.2
79	Jane Reik	HEAT - Hartford Extended Area Triathletes	282.13
80	Barbara Thomas	Cleveland Tri Club	281.2
81	Suzanne Locke	Brentwood Endurance Athletic Team	279



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
82	Tisha Titus	Atlanta Triathlon Club	276.72
83	Nicole Oschmann	Endurance House Delafield	274.44
84	LINDA PYLE	Santa Cruz Triathlon Association	273.5
85	DEE MURPHY	Hurdle the Dead	273.27
86	Beth Welzien	Prairie Athletic Tri Team	271.54
87	Caroline MacElroy	Austin Triathlon Club	269.47
88	Joanne Gribler	DC Triathlon Club	268.25
89	Jennifer Berryhill	Austin Triathlon Club	267.48
90	Michele Keane	Atlanta Triathlon Club	263.98
91	Kathleen Kat Eggemeyer	Georgetown Triathletes	263.46
92	Laurie Nicholson	Atlanta Triathlon Club	261.22
93	Kari Giles	US Military Endurance Sports	260.87
94	Chrissy Usher	Kansas River Valley Triathlon Club	260
95	Kathy Spencer	Triathlon Club of San Diego	260
96	Ilana zeises	Paramount Multisport	259.65
97	Geri Keller	Louisville Landsharks Triathlon Club	259.03
98	Vianna Zimbel	HEAT - Hartford Extended Area Triathletes	257
99	MELANIE CENCI	Gulf Coast Multi-Sport	255
100	Rebecca Burke	Prairie Athletic Tri Team	253.15
101	Alyson Wooten	Atlanta Triathlon Club	251.52
102	Rachel Davenport	Fredericksburg Triathlon Club (Tri-Fred)	250.39
103	Christine Erskine	Santa Cruz Triathlon Association	250.3
104	Debbie Henderson	Kansas River Valley Triathlon Club	249.5
105	Tracey Guertin	Vmps Triathlon Team	249.5
106	Leslie Ezell	Brentwood Endurance Athletic Team	249.15
107	Carol Griffin	Real Women Tri, Inc.	245.86
108	Colleen Abbot	Triathlon Club of San Diego	245.72



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
109	Darcy Ytterdahl	MSM + JHC Coaching	245.7
110	Vickie Dowling	Cleveland Tri Club	244.5
111	Lisa Glazer	Central Jersey Tri Club	244
112	Kristi Mahadocon	MSM + JHC Coaching	243.75
113	Kelley Hamlin	Broome County Triathlon Club	243.34
114	Caroline Bloom	Austin Triathlon Club	241
115	Mary Greene	Central Jersey Tri Club	240.9
116	Stephanie Cayula	Gulf Coast Multi-Sport	240.77
117	Michelle Russi	HEAT - Hartford Extended Area Triathletes	239.1
118	Abrianna Nelson	DC Triathlon Club	237.9
119	Katy Walmsley	Mapso Tri	237.5
120	Anne Rogers	Triathlon Club of San Diego	237
121	Jasmine Miller	Sound Training & Racing	235
122	Melissa Mizwa	MSM + JHC Coaching	235
123	EVE CAMPEAU	TMB Racing	232.2
124	Janet Ross	Endurance House Delafield	232.09
125	Christina Chin-Hing	HEAT - Hartford Extended Area Triathletes	230.2
126	Angie OBrien	Real Women Tri, Inc.	230
127	Candy Devany	Austin Triathlon Club	224.6
128	Tanya Cady	Cleveland Tri Club	224.2
129	Brianna Alexander	Endurance House Delafield	223.46
130	Grace TabEEK	Broome County Triathlon Club	222.8
131	Susan Weissman	TMB Racing	219
132	Brenda Berres	Gulf Coast Multi-Sport	219
133	Gabrielle Horstman	MSM + JHC Coaching	218.34
134	Randee Roucoulet	HEAT - Hartford Extended Area Triathletes	217.03
135	Mina Whitmer Miller	BNG Endurance	214.93



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
136	Marcy Mayeux	Gulf Coast Multi-Sport	214.1
137	Valerie Christoff	Hurdle the Dead	212.4
138	Heidi Holtzman	Louisville Landsharks Triathlon Club	211.1
139	Joni Briganti	Fredericksburg Triathlon Club (Tri-Fred)	211
140	Cheri Work	Brentwood Endurance Athletic Team	210
141	Kristina Evans	HEAT - Hartford Extended Area Triathletes	209.32
142	Karen Witkowski	Endurance House Delafield	208.97
143	Katy Stone	US Military Endurance Sports	204.27
144	Sherri Kerstetter	Brentwood Endurance Athletic Team	203
145	Joanne Siegel	Cleveland Tri Club	203
146	Rachel Martinez	Brentwood Endurance Athletic Team	202.59
147	Wendy Burns-Ardolino	Real Women Tri, Inc.	201.5
148	MICHELLE WOLLIN	Prairie Athletic Tri Team	201.3
149	Christine Knight	Georgetown Triathletes	200.36
150	Michelle Lynch	HEAT - Hartford Extended Area Triathletes	198
151	Tracy Shirley	Louisville Landsharks Triathlon Club	197.1
152	Lynda Milne	TriCoachGeorgia	196.28
153	Madeleine Vergauwen	Seminole County Triathletes	196.1
154	Amanie Bussey	TriCoachGeorgia	196.1
155	SANDY COOMER	Brentwood Endurance Athletic Team	192.2
156	Lenora Mariner	Black Triathletes Association	192.14
157	KAREN PUTNAM	Brentwood Endurance Athletic Team	192
158	Mary Gustus Straley	Santa Cruz Triathlon Association	191.53
159	Rebecca Cody	Austin Triathlon Club	190
160	Tea Chand	MSM + JHC Coaching	188.58
161	adrienne russell	Atlanta Triathlon Club	188.2
162	Cheryl Love	Network of Multi-Sport African American Athletes (NOMSA3)	187.4



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
163	Kelly F. Brooks	Paramount Multisport	187.24
164	Samantha Saad	Merrick Bicycles Tri Team	186.15
165	Giorgia Valoti	Atlanta Triathlon Club	184.7
166	Monica Lee	HEAT - Hartford Extended Area Triathletes	183
167	Natalie Wakulchik	Cleveland Tri Club	182.5
168	Julie Tacinelli	HEAT - Hartford Extended Area Triathletes	182.39
169	Jennifer Robinson	HEAT - Hartford Extended Area Triathletes	178.05
170	Cathy Wilson	DC Triathlon Club	177.8
171	Hanh Thai	Austin Triathlon Club	177.38
172	Marilyn Wendell	Triathlon Racers of Iowa	176
173	Christina Halioris	Louisville Landsharks Triathlon Club	174.5
174	Julie Wolf	Austin Triathlon Club	174.45
175	BETH DARMSTADTER	Cleveland Tri Club	174.37
176	Sarah Lifsey	DC Triathlon Club	171.3
177	Meredith Townley	Austin Triathlon Club	170.73
178	Patrice Sims	Gulf Coast Multi-Sport	170.5
179	Carmen Hanney	Austin Triathlon Club	170
180	Kelly Pesantes	BNG Endurance	167.09
181	Susan Nofi	HEAT - Hartford Extended Area Triathletes	166.22
182	Chiemi Muroi	Prairie Athletic Tri Team	166
183	Elizabeth Karat	Hurdle the Dead	165.66
184	Laura Moeller	Triathlon Racers of Iowa	164.15
185	Natalie Zimmerman	Hurdle the Dead	162
186	Traci Singleton	Brentwood Endurance Athletic Team	161.5
187	Llywellyn Auger	Santa Cruz Triathlon Association	161.08
188	Wendy Kimpel	Buffalo Triathlon Club	160.8
189	Tracy Cohen-Peranteau	Triathlon Club of San Diego	155



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
190	Caresse Amenta	HEAT - Hartford Extended Area Triathletes	155
191	Ouida Brown	Black Triathletes Association	152.1
192	Jessica Hunt	Atlanta Triathlon Club	151
193	Carol Gsell	Atlanta Triathlon Club	149.58
194	Elisabeth Hesse	TriCoachGeorgia	148.88
195	Chayito Veliz	Triathlon Club of San Diego	145.7
196	Lynne Anklam	MSM + JHC Coaching	145.29
197	Barbara Franz	Paramount Multisport	145.2
198	Cheyenne Meyer	Austin Triathlon Club	144.96
199	Michele Pierce	Atlanta Triathlon Club	143.8
200	Heather Ott	Real Women Tri, Inc.	142.8
201	Elizabeth Blackstone	Santa Cruz Triathlon Association	141
202	CAROLINE ENGLISH	DC Triathlon Club	139.4
203	Mandy Midgett	US Military Endurance Sports	139.1
204	Kelli Mauldin	Memphis Thunder Racing	138.9
205	Rachelle Grey	DC Triathlon Club	137.57
206	Susan Whitney	Broome County Triathlon Club	135.5
207	Lisa Scheer	Cleveland Tri Club	135.37
208	Kate Queeney	MSM + JHC Coaching	134.62
209	Dawn Prebula	US Military Endurance Sports	133.66
210	Judith Sentz	Sound Training & Racing	133.62
211	Patty Lennox	TMB Racing	132.5
212	Heather Gilroy	Sound Training & Racing	131.5
213	Yumei Guo	Paramount Multisport	131
214	Tara Hofmayer	Merrick Bicycles Tri Team	129.01
215	Mel Comerchero	Mapso Tri	127.1
216	Sonja Lenhardt	Louisville Landsharks Triathlon Club	126



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FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
217	Julie Roddin	DC Triathlon Club	125.8
218	Carrie Barrett	Austin Triathlon Club	123.3
219	Mia Erickson Stevens	Gulf Coast Multi-Sport	122.48
220	Susan Schultz	Broome County Triathlon Club	122.37
221	Jennifer Potter	Team NCC	122
222	Colleen Daley	Cleveland Tri Club	122
223	Sandra Pankow	Triathlon Club of San Diego	121.82
224	Sheryl Sheckman	Atlanta Triathlon Club	121.1
225	Jami Loest	Kansas River Valley Triathlon Club	120.5
226	Annette Herrick	Sound Training & Racing	120
227	Erin Beason	HEAT - Hartford Extended Area Triathletes	120
228	Doraliz Hidalgo	Real Women Tri, Inc.	119.89
229	CASSIA COGGER	HEAT - Hartford Extended Area Triathletes	119.8
230	Suzanne Haney	Kansas River Valley Triathlon Club	118
231	Kerry Martin	HEAT - Hartford Extended Area Triathletes	117.2
232	DONA MCILVAIN	Brentwood Endurance Athletic Team	115
233	Jaclyn Fahey	Merrick Bicycles Tri Team	114
234	Diana Bean	Broome County Triathlon Club	114
235	Kim Dallara	Louisville Landsharks Triathlon Club	113.8
236	Jessica Lukasik	US Military Endurance Sports	113.45
237	Carrie Schwake	Triathlon Racers of Iowa	113.42
238	Jacqueline Escala	Santa Cruz Triathlon Association	112.28
239	Theresa Plant	Paramount Multisport	112.19
240	Joy Marpa	Austin Triathlon Club	111.91
241	Amy Landsverk	Atlanta Triathlon Club	111.75
242	Darlene Savage	Triathlon Club of San Diego	111.55
243	ALISON HEADLEY	Mapso Tri	111.2



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
244	Iori Bortolot	Paramount Multisport	110.56
245	JANET BYERS	Brentwood Endurance Athletic Team	110.4
246	Nicole Bailey	Network of Multi-Sport African American Athletes (NOMSA3)	108.6
247	SUSIE LANE	TriCoachGeorgia	107.4
248	DONNA SPOONEMORE	Kansas River Valley Triathlon Club	105.98
249	WENDY HARTMAN	Seminole County Triathletes	105.91
250	Crystal Hearst	Network of Multi-Sport African American Athletes (NOMSA3)	105.54
251	Michelle Stickler	Austin Triathlon Club	104.5
252	Alexandra Michel	US Military Endurance Sports	104.1
253	Mitzi Horowitz	HEAT - Hartford Extended Area Triathletes	103.1
254	melissa stokely	Triathlon Club of San Diego	102.63
255	Shelta Richardson	Gulf Coast Multi-Sport	102.24
256	Carol Hamlin	Broome County Triathlon Club	102.2
257	Julie Daube	Prairie Athletic Tri Team	102.16
258	Cindy Holland	Gulf Coast Multi-Sport	101.78
259	Crystal DeClercq	Santa Cruz Triathlon Association	100.5
260	REBECCA QUINN	Seminole County Triathletes	100
261	Karen Rayle	MSM + JHC Coaching	100
262	Jennifer Knickerbocker	Brentwood Endurance Athletic Team	99.43
263	Laura MARINO	Merrick Bicycles Tri Team	99
264	Brooke Gypson	Brentwood Endurance Athletic Team	98.7
265	Kathi Diorio	Paramount Multisport	97
266	Andrea Nerlich	Merrick Bicycles Tri Team	95.4
267	Yolanda Johnson	Network of Multi-Sport African American Athletes (NOMSA3)	95.25
268	Marlo Youde	Austin Triathlon Club	94.36
269	Rebecca Miller	Broome County Triathlon Club	94.1
270	Misty Brown	Gulf Coast Multi-Sport	93.77



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
271	Debra Carlton	Network of Multi-Sport African American Athletes (NOMSA3)	93.5
272	Diane Supinski	Prairie Athletic Tri Team	92.41
273	Jennifer Cook	Louisville Landsharks Triathlon Club	89.4
274	Janet Edmondson	Hot Mess Tri Club	88.8
275	Rebecca Unitt	Santa Cruz Triathlon Association	88.28
276	Susann Babaei	Sound Training & Racing	87.62
277	Estanislá Fanic	Triathlon Club of San Diego	87.36
278	Christine Bertz	Memphis Thunder Racing	87.28
279	Elise Brown	Santa Cruz Triathlon Association	87
280	Becky Nelson	Triathlon Racers of Iowa	86.51
281	Katheryn Boyer	Sunset Coast Striders/Tri-Avengers	86.09
282	Judith Hudson	Central Jersey Tri Club	86
283	Kelsey Bracewell	Fredericksburg Triathlon Club (Tri-Fred)	85.48
284	Keri Willever	BNG Endurance	85
285	Laura Jones	Cleveland Tri Club	83.29
286	sharon dooley	Gulf Coast Multi-Sport	82.5
287	Jennifer Jones	Broome County Triathlon Club	81.98
288	Valerie Briones-Pryor	Louisville Landsharks Triathlon Club	80.72
289	Kathy Murray	Network of Multi-Sport African American Athletes (NOMSA3)	80
290	KATHERINE NICKLEBUR	Austin Triathlon Club	78.8
291	Danielle Grabol	Atlanta Triathlon Club	78
292	Michelle Drummond	Network of Multi-Sport African American Athletes (NOMSA3)	77.06
293	Theresa Moore	Network of Multi-Sport African American Athletes (NOMSA3)	77
294	Melanie Reed	Network of Multi-Sport African American Athletes (NOMSA3)	76
295	Sherrie Crow	Sound Training & Racing	75.4
296	Cindy Plauche	BNG Endurance	75.2
297	Gertrude Haywood	Network of Multi-Sport African American Athletes (NOMSA3)	75



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FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
298	Jennifer Donald	Atlanta Triathlon Club	73
299	Celia Mindel	Atlanta Triathlon Club	72.23
300	Emily Lamb	Louisville Landsharks Triathlon Club	71.5
301	Jennifer Connor	MSM + JHC Coaching	70.9
302	Kelly Hewitt	Triathlon Racers of Iowa	70.7
303	Anna Rindefjell	Mapso Tri	68.7
304	Julie Walker	Network of Multi-Sport African American Athletes (NOMSA3)	67
305	Maria Aryee	Network of Multi-Sport African American Athletes (NOMSA3)	63.6
306	Gloria Martinez	Merrick Bicycles Tri Team	62.7
307	Eileen McConkie	Fredericksburg Triathlon Club (Tri-Fred)	62.01
308	Danielle Simonetti	Triathlon Club of San Diego	62
309	Christine Sawyer	HEAT - Hartford Extended Area Triathletes	62
310	Constance Carpenter	HEAT - Hartford Extended Area Triathletes	61.85
311	Laura Rondet	Triathlon Club of San Diego	61.5
312	Jennifer Hine	Austin Triathlon Club	61.3
313	Cassandra Hensarling	Austin Triathlon Club	60.79
314	KATRINA BLASINGAME	Network of Multi-Sport African American Athletes (NOMSA3)	60
315	Marguerite Macagnone	Merrick Bicycles Tri Team	60
316	Ashley Mulvey	Endurance House Delafield	59.9
317	Becca Thompson	Austin Triathlon Club	59.8
318	Kim Valente	Mapso Tri	59.4
319	Jess Wilson	TriCoachGeorgia	58.6
320	Rachel Suydam	Cleveland Tri Club	57.83
321	MIRIAM YOVETICH	Sound Training & Racing	57.6
322	STEPHANIE BECHTOLD	DC Triathlon Club	57.15
323	Leah Schwebel	Austin Triathlon Club	56.25
324	Marian Desimone	Paramount Multisport	55.5



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FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
325	Mary Moriarty	Jersey Girls StayStrong Multisport Club	55
326	Gabriella Alderete	Triathlon Club of San Diego	55
327	Rachel Drummey	Cape Cod Athletic Club - Cape Cod Triathlon Team	55
328	Susan Olesky	Paramount Multisport	54
329	Lisa Wilkes	Mapso Tri	53
330	Kristen Curley	HEAT - Hartford Extended Area Triathletes	52.2
331	Patricia Spencer	TMB Racing	52
332	Katie Nickell	Bakersfield Trispokes	52
333	Christina Branson	Bakersfield Trispokes	52
334	Erica Beck	MSM + JHC Coaching	51.7
335	Kathleen Walker	Cape Cod Athletic Club - Cape Cod Triathlon Team	51
336	brandy garland	Atlanta Triathlon Club	51
337	Ana England	Santa Cruz Triathlon Association	50.8
338	Dena CHILDS	Austin Triathlon Club	50.09
339	Joyce Buie	Gulf Coast Multi-Sport	50
340	Liz Baum	Triathlon Club of San Diego	50
341	Leslie Andrews Booker	Austin Triathlon Club	49.55
342	Stephanie Lievense	Atlanta Triathlon Club	49.4
343	Delora Denney	Gulf Coast Multi-Sport	45.7
344	Karyn Mentink	Triathlon Club of San Diego	45.5
345	Michele Ricard	Vmps Triathlon Team	45.37
346	Jamie Epele	Austin Triathlon Club	45
347	Jacqui Koplik	Merrick Bicycles Tri Team	44.45
348	Carolina Pinheiro	Atlanta Triathlon Club	44.1
349	Annette Kobus	Austin Triathlon Club	43.5
350	Lisa Decker	Kansas River Valley Triathlon Club	43
351	Heidi Lovett	Black Triathletes Association	42.83



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FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
352	Joleen White	Triple Threat Triathlon National Team	40
353	Michelle Krell	Sound Training & Racing	39.16
354	Jesenia Brown	Paramount Multisport	38.3
355	Aliza Sherman	Mapso Tri	35.56
356	Colleen Fisher	Gulf Coast Multi-Sport	35.07
357	Jackie Fisk	Triathlon Club of San Diego	34.2
358	Jill Sherwood	Cyclonaut Multisport	34
359	Priscilla Martin	Network of Multi-Sport African American Athletes (NOMSA3)	33.5
360	Sid Hessler	Bakersfield Trispokes	33
361	Jennifer Standley	Austin Triathlon Club	32.53
362	Martha Huizenga	DC Triathlon Club	31.31
363	Becky Grindstaff	Corryton Triathlon Club	31
364	Wendy Freaney	Hot Mess Tri Club	30.59
365	Gamila Camille Baptiste	Georgetown Triathletes	30
366	Laura Quinn	Merrick Bicycles Tri Team	30
367	Ellen Adams	Real Women Tri, Inc.	30
368	Rachel Rea	TMB Racing	29.8
369	Ruth McIntyre	Austin Triathlon Club	29.66
370	Kerri Phox	Network of Multi-Sport African American Athletes (NOMSA3)	28
371	Nancy Lester	Merrick Bicycles Tri Team	25.96
372	Sarah King	Gulf Coast Multi-Sport	23.5
373	Laurie Henriquez	Black Triathletes Association	23.36
374	Flo Maroney	Merrick Bicycles Tri Team	22.19
375	Kendra Webb	Austin Triathlon Club	22
376	Elizabeth Ridpath	Austin Triathlon Club	20.7
377	Alma Ortiz	Seminole County Triathletes	18.5
378	Pamela Plyler	Bakersfield Trispokes	18.36



2019 BIKE RESULTS

FEMALE (CONT.)

PLACE	ATHLETE NAME	CLUB NAME	DISTANCE
379	Lisa Dennison	Brentwood Endurance Athletic Team	16
380	Kristjana Smith	Triathlon Racers of Iowa	15.39
381	Jamie Roberts	Real Women Tri, Inc.	15.34
382	Julia Rodgers	Team NCC	15
383	Akira Bell	Jersey Girls StayStrong Multisport Club	15
384	Janelle Alexander-Sumpter	Network of Multi-Sport African American Athletes (NOMSA3)	15
385	Courtney Fryatt	Endurance House Delafield	15
386	kay morris	Austin Triathlon Club	15
387	Shawn Blaesing-Thompson	Triathlon Racers of Iowa	13.5
388	Gena Petrunyak	Central Jersey Tri Club	13
389	Lauren Beato	Austin Triathlon Club	13
390	Jenina Soto	Austin Triathlon Club	12
391	Caryn Zilka	Merrick Bicycles Tri Team	10
392	Alice Ashley	Sound Training & Racing	10
393	Melanie Nelson	Southern Colorado Triathlon Club	9
394	Colleen De Bruin	Triathlon Racers of Iowa	9
395	Lara Drew	Austin Triathlon Club	7.5
396	Lisa Brown	Network of Multi-Sport African American Athletes (NOMSA3)	6
397	Abbi Auger	Louisville Landsharks Triathlon Club	6
398	Nicol Hodges	Triathlon Club of San Diego	6
399	Susan Russell	Cleveland Tri Club	4.1

TOTAL FEMALE MILES: 73051.52

TOTAL MILES FEMALE AND MALE: 172841.6