



## ATHLETE SELECTION PROCEDURES 2016 U.S. NATIONAL POOMSAE TEAM

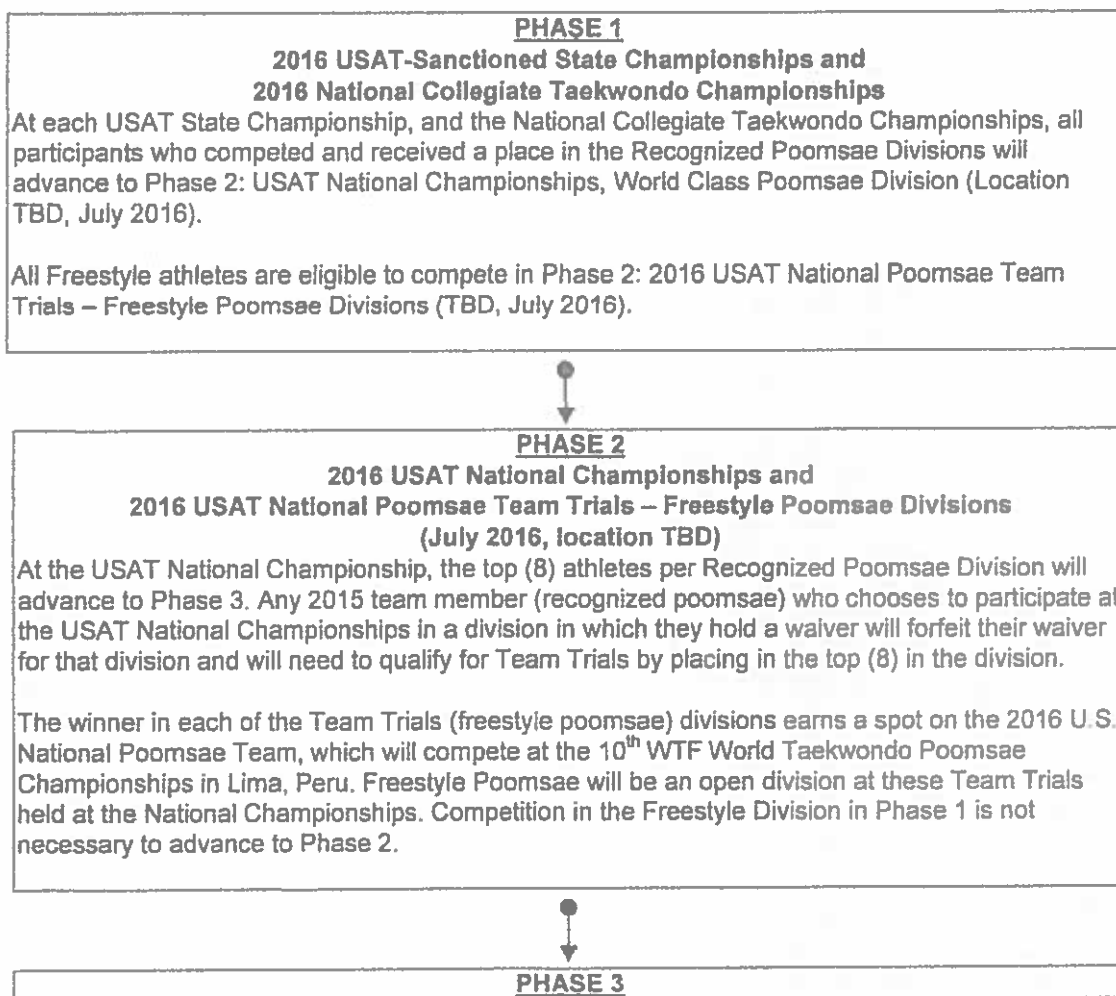
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### I. SELECTION SYSTEM

The 2016 National Poomsae Team will be selected through qualification events at the 2016 USAT-Sanctioned State Championships, the 2016 USAT National Championships and the 2016 USAT National Poomsae Team Trials.

Qualifying Poomsae divisions are divided into 36 black belt groups.

#### 2016 NATIONAL POOMSAE TEAM FLOW CHART



**2016 USAT National Poomsae Team Trials – Recognized Poomsae Divisions  
(August 2016, location TBD)**

The winner in each of the Team Trials (recognized poomsae) divisions earns a spot on the 2016 U.S. National Poomsae Team, which will compete at the 10<sup>th</sup> WTF World Taekwondo Poomsae Championships in Lima, Peru.

**Performance Waivers**

1. All members of the 2015 USAT National Poomsae Team (recognized poomsae) will receive a performance waiver for Phase 1 and 2 and advance to Phase 3 if still eligible to compete in the same division. "National Poomsae Team members" are defined as the individual, pair or team who wins first place at the US National Poomsae Team Trials for that year. Athletes who are ineligible (due to age) for the division in which they were a member during the previous year must qualify for their new division in Phase 2 as outlined above. Any athlete who competes in Phase 2 in a division in which they hold a waiver gives up their waiver in that division for Phase 3. Note that for the freestyle divisions, no waiver is necessary since the team trials are an open competition during Phase 2.
2. If any 2016 USAT National Poomsae Team Trials division has only one eligible entrant, that entrant will be named the 2016 National Poomsae Team member for that division at the conclusion of the 2016 USAT National Championships.

**II. POOMSAE DIVISIONS**

At the 2016 U.S. National Poomsae Team Trials, the following World Class black belt poomsae divisions will be contested:

\*Age divisions are based on the year, rather than the date, of the event. For example, a competitor who has her 18<sup>th</sup> birthday on December 2, 2016, will compete in the 1<sup>st</sup> Senior Division at all events held between January 1 and December 31, 2016.

<b>Recognized Poomsae Divisions</b>	
<b>Individual</b>	
<b>Age*</b>	<b>Division</b>
12-14	Cadet-Male
12-14	Cadet-Female
15-17	Junior-Male
15-17	Junior-Female
18-30	Under 30 (1 <sup>st</sup> Senior) - Male
18-30	Under 30 (1 <sup>st</sup> Senior) - Female
31-40	Under 40 (2 <sup>nd</sup> Senior) - Male
31-40	Under 40 (2 <sup>nd</sup> Senior) - Female
41-50	Under 50 (1 <sup>st</sup> Master) - Male
41-50	Under 50 (1 <sup>st</sup> Master) - Female

51-60	Under 60 (2 <sup>nd</sup> Master) - Male
51-60	Under 60 (2 <sup>nd</sup> Master) - Female
61-65	Under 65 (3 <sup>rd</sup> Master) - Male
61-65	Under 65 (3 <sup>rd</sup> Master) - Female
66+	Over 65 (4 <sup>th</sup> Master) - Male
66+	Over 65 (4 <sup>th</sup> Master) - Female
<b>Pair</b>	
12-14	Cadet Pair: Male/Female
15-17	Junior Pair: Male/Female
18-30	Under 30 (1 <sup>st</sup> ) Pair: Male/Female
31+	Over 30 (2 <sup>nd</sup> ) Pair: Male/Female
<b>Team</b>	
12-14	Cadet Male Team
12-14	Cadet Female Team
15-17	Junior Male Team
15-17	Junior Female Team
18-30	Under 30 (1 <sup>st</sup> Male) Team
18-30	Under 30 (1 <sup>st</sup> Female) Team
31+	Over 30 (2 <sup>nd</sup> Male) Team
31+	Over 30 (2 <sup>nd</sup> Female) Team

<b>Freestyle Poomsae Divisions</b>	
<b>Individual</b>	
12-17	Male
12-17	Female
18+	Male
18+	Female
<b>Pair</b>	
12-17	Male/Female
18+	Male/Female
<b>Team</b>	
12-17	Five members: at least two males and two females plus alternate
18+	Five members: at least two males and two females plus alternate

### III. COMPETITION FORMAT

#### Phase 1: 2016 USAT-Sanctioned State Championships (Recognized Poomsae)

In Phase 1, tournaments will use the competition format specified by the 2016 USA Taekwondo State Championship Manual.

## **Phase 2: 2016 USAT National Championships – Recognized Poomsae National Championships and Freestyle Poomsae Team Trials**

Phase 2 for **recognized poomsae** will use the cut-off method and single elimination as defined by the USAT Poomsae Competition Rules:

### **Preliminary Round (20+ competitors):**

Competitors will perform one poomsae. The competitors with scores in the top half of the group proceed to the semi-final round.

**Semifinal Round (9-19 competitors):** Competitors will perform one poomsae. The competitors with scores in the top eight of the group proceed to the final round.

**Final Rounds (8 or fewer):** Single elimination format will be used. Competitors will be seeded strictly according to their ranking in the Semifinal Round: 1 vs. 8, 2 vs. 7, 3 vs. 6, and 4 vs. 5. If competition for the division starts in the Final Round (8 or fewer competitors in the division), then all competitors will be randomly seeded. Competitors will perform two poomsae in a head to head format. The four winning competitors advance to compete in Final 2. The two winners advance to compete in Final 3. The winner of Final 3 is awarded a gold medal and the loser a silver medal. The losers of Final 2 are awarded bronze medals.

Phase 2 for **freestyle poomsae** will serve as the national Poomsae Team Trials for the Freestyle divisions and will be contested according to the current WTF rules.

### **Preliminary Round (20+ competitors):**

Competitors will perform one poomsae. The competitors with scores in the top half of the group proceed to the semi-final round.

**Semifinal Round (9-19 competitors):** Competitors will perform one poomsae. The competitors with scores in the top eight of the group proceed to the final round.

**Final Round (8 or fewer competitors):** each of the top 8 athletes will perform their poomsae once to determine the final standings. The athlete with the highest score will be determined the winner.

In case of a tied score, the tie will be broken according to the WTF rules: The winner will be the competitor with the highest technical skills score. In case that the scores are still tied, the competitor with the highest total points including the total points of all judges without dropping the high and low score is the winner. If it's still tied, the tied competitors will perform one poomsae, and the competitor with the highest score will be the winner.

## **Phase 3: Team Trials Format (Recognized Poomsae)**

The USAT Poomsae Team Trials will be used to select the best representative to each division for the 2016 USAT National Poomsae Team.

**Recognized Poomsae:** with the selection of the very best athlete in mind, the method of selection for recognized poomsae divisions shall include the performance of each of the eight required poomsae for each division.

Each Recognized Poomsae division will perform all required poomsae one at a time per round: all competitors will perform the first randomly selected poomsae, followed by all competitors performing the second poomsae, and so forth. The poomsae order will be announced at least 1 day prior to the competition.

The first round of competition (first poomsae) within a division shall have a random competitor order. Subsequent rounds' competitor orders shall be based on the standing for the previous poomsae round only. Thus, the competitors will compete in ascending order (top score from the previous round only going last).

At the end of 8 rounds, the scores across all eight poomsae for each athlete are **totaled**. The athlete who has the highest total score will be declared the winner. The athlete who has the second highest total score is the first alternate. The athlete who has the third highest score is the second alternate, and the athlete with the fourth highest score is the third alternate.

In the case of a tie, the winner is the competitor with the highest presentation score. If the competitors are still tied, all scores received during the competition are considered (without dropping the high and low scores). If the scores are still tied, the competitors will perform a randomly selected poomsae, and the scores from that poomsae will be used to break the tie.

#### **IV. REQUIRED POOMSAE**

A list of the required Poomsae for the 2016 USAT National Championships will be published to the USAT website no later than one day prior to the start of competition.

The order in which the Recognized Poomsae will be contested at the 2016 USAT National Poomsae Team Trials will be published to the USAT website no later than the day before the team trials.

#### **V. ATHLETE RESPONSIBILITIES**

##### **Travel & Competition Expenses**

Registration fees, team uniforms and apparel will be provided to the athletes with their participation in the 2016 World Poomsae Championships. Those athletes that participate in the event will be responsible for all travel expenses related to the 2016 World Poomsae Championships.

##### **Notification of Participation & Replacements**

According to World Taekwondo Federation rules, athletes may compete in a maximum of two divisions at the World Taekwondo Poomsae Championships. Athletes who qualify as a USAT National Poomsae Team member in more than two divisions must declare the two divisions in which they will compete and decline the other divisions no later than one week following the Phase 3 team trials. The 2nd

place finisher from Phase 3 will be offered the declined USAT National Poomsae Team position. Once the alternate accepts the position team, no further changes will be made.

All 2016 National Poomsae Team members must make clear their intention of participating in the 10<sup>th</sup> WTF World Taekwondo Poomsae Championships no later than one week following the Phase 3 Team Trials. If the 1<sup>st</sup> place finisher from Phase 3 is unwilling or unable to participate, the 2<sup>nd</sup> place finisher will be offered the spot as an alternate. If the 1<sup>st</sup> and 2<sup>nd</sup> place finishers from Phase 3 are unwilling or unable to participate, the 3<sup>rd</sup> place finisher will be offered the spot as an alternate. If the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers from Phase 3 are unwilling or unable to participate, the 4<sup>th</sup> place finisher will be offered the spot as an alternate. If the 1<sup>st</sup> through 4<sup>th</sup> place finishers from Phase 3 are unwilling or unable to participate, then the spot will go uncontested at the World Poomsae Championships.

#### **Mandatory Team Meeting & Training**

The 2016 National Poomsae Team will have a mandatory team meeting at the conclusion of each day of the team trials (August 2016). All 2016 U.S. National Poomsae Team members are required to attend the meeting on the day that they qualified for the National Poomsae Team.

#### **World Championships Schedule**

All 2016 National Poomsae Team members are required to arrive at the 10<sup>th</sup> WTF World Taekwondo Poomsae Championships on the date specified by the World Championships organizing committee in order to participate in training sessions and complete registration.

## **VI. ATHLETE ELIGIBILITY**

The following requirements must be met for an athlete to be eligible to join the 2016 National Poomsae Team.

1. Athlete is a holder of the nationality of the United States of America.
2. Athlete is a holder of Taekwondo Dan or Poom certificate issued by the Kukkiwon.
3. Athlete is a member of USA Taekwondo in good standing.
4. Athlete is at least 12 years of age by December 31, 2016.

## **VII. DEVELOPMENT OF SELECTION PROCEDURES**

The following committee/group (include names and titles) were responsible for creating these Selection Procedures:

- Daniel Chuang, USAT National Poomsae Head Coach
- Barbara Brand, USA Taekwondo AAC Representative

- Bruce Harris, Secretary General, USA Taekwondo
- Patrick Wentland, Director of High Performance, USA Taekwondo

## VIII. NGB BYLAWS AND GRIEVANCE PROCEDURES

The USA Taekwondo Bylaws and Grievance Procedures can be found at:

[USA Taekwondo Bylaws](#)

## IX. INTERNATIONAL DISCLAIMER

These procedures are based on IOC and/or World Taekwondo Federation (WTF) rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC and/or WTF rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Taekwondo. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

## X. ATHLETE OMBUDSMAN





Athletes who have questions regarding their opportunity to compete that are not answered by USA Taekwondo may contact the USOC Athlete Ombudsman: Kathleen (Kacie) Wallace by:

Toll free telephone at (888) ATHLETE

E-mail at [athlete.ombudsman@usoc.org](mailto:athlete.ombudsman@usoc.org)  
<http://www.teamusa.org/For-Athletes/Athlete-Ombudsman>

## XI. NGB SIGNATURES

I certify that I have read, understand and incorporated our IF standards/criteria into our Selection Procedures and that the information provided herein regarding Athlete Selection Procedures represents the method approved by USA Taekwondo.

Position	Print Name	Signature	Date
NGB Secretary General	Bruce Harris		26 JAN 2016
USAT National Poomsae Head Coach	Daniel Chuang		1/25/2016
Athletes' Advisory Council Representative*	Barbara Brand		1 25 16
NGB Director of High Performance	Patrick Wentland		1/27/16