

QUICK FACTS

Chapter

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Where Olympic Journeys Begin™

January 9-14, 2014

Colorado Springs, CO – Olympic Training Center

Welcome to Colorado Springs, CO



On behalf of USA Taekwondo, it is our pleasure to welcome you to the Olympic Training Center in Colorado Springs, Colo., for the 2014 USAT Team Trials. We thank you for your continued support and offer our best wishes to each participant for a successful and enjoyable experience. We also extend our most sincere appreciation to our sponsors whose assistance is invaluable for the conduct of this Team Trials.

On behalf of USA Taekwondo, we extend our thanks to the Olympic Training Center for serving as the venue for this exciting event.

USA Taekwondo Points of Contact

Jeanna Mendoza
or
Stacy Andrews

Email: jeanna.mendoza@usa-taekwondo.us

Email: stacy.andrews@usa-taekwondo.us

Phone: (719) 866-3624

Fax: (719) 866-4642

Mailing Address:

USA Taekwondo
Attn: Team Trials
1 Olympic Plaza
Colorado Springs, CO 80909

IMPORTANT INFORMATION

Event Spectator Tickets

You can now order your tickets online at <http://2014taekwondoteamTrials.brownpapertickets.com>. By ordering your tickets online you will save time and money. You can print your ticket at home and bring with you to the event. There, we will have scanners to scan your ticket and get you to the action quicker. Tickets are on sale now!

Athletic Trainers & Taping of Athletes – Continued from 2013

Athletic Trainers will not be responsible for taping athletes' ankles. The Athletic Trainers are there to cover the event and this is where their responsibilities need to be. The Athletic Trainers are contracted for injury assessment and care during the event. Please remember when taping ankles, competitors must comply with the rules set forth by USAT.

Daedo-Truescore

Daedo-Truescore will be the official provider of the EBP (Electronic Body Protector) for the 2014 USAT Team Trials. USA Taekwondo and Daedo-Truescore will provide the hogus to all athletes prior to each sparring match and will be obtained at the equipment area. These hogus should be returned immediately to the equipment area after the completion of their match.

All athletes are responsible for purchasing their own scoring foot gear prior to the event. It is best if athletes purchase them prior to arriving at the following link:

<http://truescore116.corecommerce.com/E-Sparring-Equipment/E-Foot-Gear-p24.html>

Participants are required to bring their own red & blue headgear, groin guards, mouthpieces, gloves, sensing socks, and shin and forearm guards for their personal use.

Before entering the field of play, all contestants will proceed to the inspection desk in the holding area for inspection of their Dobok and protective equipment. Any contestant who wears an unofficial Dobok or protective equipment will not be permitted to compete.

Event Credentials

All event registered participants will receive an event credential when they arrive to the event check-in and weigh-ins. This credential is NONTRANSFERABLE and will be **confiscated** if misused. The participants credential is NOT VALID for an adult, parent or sibling of that participant.

Lost credentials are subject to a \$5.00 reprint fee – this will be enforced.

Schedule

THURSDAY – January 9: 2014 USAT TEAM TRIALS

YOG Team Trials Check-in	4:00 PM – 7:00 PM		West Wing Conference Center
Senior Team Trials Check-in	4:00 PM - 7:00 PM		
Open Training Area	4:00 PM – 7:00 PM		Sports Center I – Gym 3
YOG Weigh-in for Friday competitors	4:00 PM – 7:00 PM		West Wing Conference Center
Senior Team Trials weigh-in for Friday competitors	5:00 PM - 7:00 PM		West Wing Conference Center
Technical Meeting	7:00 PM		West Wing Conference Center

Female **YOG** Sparring competitors (44-49kg; 49-55kg; Over 63kg)

Male **YOG** Sparring competitors (Under 48kg; 48-55kg; 55-63kg)

Female **Senior** Sparring competitors (Under 46 kg)

Male **Senior** Sparring competitors (Under 54kg)

Must be weighed in by 7:00 PM on Thursday, January, 9

TEAM TRIALS PRE-EVENT MANUAL

FRIDAY – January 10: 2014 USAT TEAM TRIALS

FEMALE YOG DIVISIONS: 44-49kg; 49-55kg; Over 63kg

MALE YOG DIVISIONS : Under 48kg; 48-55kg; 55-63kg

FEMALE SENIOR TEAM TRIALS DIVISIONS: Under 46kg

MALE SENIOR TEAM TRIALS DIVISIONS: Under 54kg

Open Training Area	8:00 AM – 8:00 PM		Sports Center 1 – Gym 3
Doors open for credentialed and ticketed guests	8:30 AM		Sports Center I
YOG and Senior Team Trials COMPETITION BEGINS	9:00 AM		Sports Center I
Lunch			
COMPETITION RESUMES	1:30 PM		Sports Center I
Check-in	4:00 PM – 7:00 PM		West Wing Conference Center
Weigh-In for Saturday Cadet competitors	4:00 PM – 7:00 PM		West Wing Conference Center
Weigh-In for Saturday Senior competitors	5:00 PM – 7:00 PM		West Wing Conference Center
Technical Meeting	Immediately Following Competition		Sports Center 1

Female **Cadet** Sparring competitors (Under 29 kg; 29-33kg; 33-37kg; 37-41kg; 41-44kg) and

Male **Cadet** Sparring competitors (49-53kg; 53-57kg; 57-61kg; 61-65kg; Over 65kg)

Female **Senior** Sparring competitors (46-49kg; 49-53kg; 53-57kg)

Male **Senior** Sparring competitors (68-74kg; 74-80kg; 80-87kg; Over 87kg)

Must be weighed-in by 7:00 PM on Friday, January, 10.

TEAM TRIALS PRE-EVENT MANUAL

SATURDAY – January 11: 2014 USAT TEAM TRIALS

FEMALE CADET SPARRING DIVISIONS (Under 29 kg; 29-33kg; 33-37kg; 37-41kg; 41-44kg)

MALE CADET SPARRING DIVISIONS (49-53kg; 53-57kg; 57-61kg; 61-65kg; Over 65kg)

FEMALE SENIOR SPARRING DIVISIONS (46-49kg; 49-53kg; 53-57kg)

MALE SENIOR SPARRING DIVISIONS (68-74kg; 74-80kg; 80-87kg; Over 87kg)

Doors open for credentialed and ticketed patrons	8:30 AM		Sports Center 1
Cadet and Senior Team Trials COMPETITION BEGINS	9:00 AM		Sports Center 1
Lunch			
COMPETITION RESUMES	1:30 PM		Sports Center 1
Check-in	4:00 PM – 7:00 PM		West Wing Conference Center
Weigh-In for Sunday Cadet competitors	4:00 PM – 7:00 PM		West Wing Conference Center
Weigh-In for Sunday Senior competitors	5:00 PM – 7:00 PM		West Wing Conference Center
2014 Team Meeting	After Competition		Sports Center 1

Female **Cadet** Sparring competitors (44-47kg; 47-51kg; 51-55kg; 55-59kg; Over 59kg)

Male **Cadet** Sparring competitors (Under 33kg; 33-37kg; 37-41kg; 41-45kg; 45-49kg)

Female **Senior** Sparring competitors (57-62kg; 62-67kg; 67-73kg; Over 73kg)

Male **Senior** Sparring competitors (54-58kg; 58-63kg; 63-68kg)

Must be weighed-in by 7:00 PM on January, 11.

TEAM TRIALS PRE-EVENT MANUAL

SUNDAY – January 12: 2014 USAT TEAM TRIALS

FEMALE CADET SPARRING DIVISIONS (44-47kg; 47-51kg; 51-55kg; 55-59kg; Over 59kg)

MALE CADET SPARRING DIVISIONS (Under 33kg; 33-37kg; 37-41kg; 41-45kg; 45-49kg)

FEMALE SENIOR SPARRING DIVISIONS (57-62kg; 62-67kg; 67-73kg; Over 73kg)

MALE SENIOR SPARRING DIVISIONS (54-58kg; 58-63kg; 63-68kg)

Doors open for credentialed and ticketed patrons	8:30 AM		Sports Center 1
Cadet and Senior Team Trials COMPETITION BEGINS	9:00 AM		Sports Center 1
Lunch			
COMPETITION RESUMES	1:30 PM		Sports Center 1
2014 Team Meeting	After Competition		Sports Center 1
Check-In and Weigh-in for Monday Junior Competitors	4:00 PM – 7:00 PM		West Wing Conference Center
Technical Meeting	Immediately Following Competition		Sports Center 1

Female **Junior** Sparring competitors (49-52kg; 52-55kg; 55-59kg; 59-63kg; 63-68kg; Over 68kg)

Male **Junior** Sparring competitors (Under 45kg; 45-48kg; 48-51kg; 51-55kg; 55-59kg; 59-63kg)

Must be weighed-in by 7:00 PM on Sunday, January, 12

TEAM TRIALS PRE-EVENT MANUAL

MONDAY – January 13: 2014 USAT TEAM TRIALS

FEMALE JUNIOR SPARRING DIVISIONS (49-52kg; 52-55kg; 55-59kg; 59-63kg; 63-68kg; Over 68kg)

MALE JUNIOR SPARRING DIVISIONS (Under 45kg; 45-48kg; 48-51kg; 51-55kg; 55-59kg; 59-63kg)

Doors open for credentialed and ticketed patrons	8:30 AM		Sports Center 1
Junior Team Trials COMPETITION BEGINS	9:00 AM		Sports Center 1
Lunch			
COMPETITION RESUMES	1:30 PM		Sports Center 1
2014 Team Meeting	After Competition		Sports Center 1
Check-In and Weigh-in for Tuesday Junior Competitors	4:00 PM – 7:00 PM		West Wing Conference Center

Female **Junior** Sparring competitors (Under 42kg; 42-44kg; 44-46kg; 46-49kg)

Male **Junior** Sparring competitors (63-68kg; 68-73kg; 73-78kg; Over 78kg)

Must be weighed-in by 7:00 PM on Monday, January 13.

TEAM TRIALS PRE-EVENT MANUAL

TUESDAY – January 14: 2014 USAT TEAM TRIALS

FEMALE JUNIOR SPARRING DIVISIONS (Under 42kg; 42-44kg; 44-46kg; 46-49kg)

MALE JUNIOR SPARRING DIVISIONS (63-68kg; 68-73kg; 73-78kg; Over 78kg)

Doors open for credentialed and ticketed patrons	8:30AM		Sports Center 1
Junior Team Trials COMPETITION BEGINS	9:00AM		Sports Center 1
Lunch			
COMPETITION RESUMES	1:30PM		Sports Center 1
2014 Team Meeting	After Competition		Sports Center 1

Registration Deadlines & Fees

All registrations must take place on the USAT Hang-A-Star system. Please visit www.usa-taekwondo.us to register. Please have your USAT membership number accessible to register for the 2014 USAT Team Trials.

USA Taekwondo has a NO REFUND policy. **NO REFUNDS** will be given.

Athletes	Early Registration Fee	Registration Fee	Early Deadline	Registration Deadline
All Team Trials Athletes	\$85.00	\$135.00	Dec. 20, 2013	Jan. 4, 2014

Coaches	Early Registration Fee	Registration Fee	Early Deadline	Registration Deadline	On-Site
Level 1	\$60.00	\$110.00	Dec. 20, 2013	Jan. 4, 2014	\$150.00
Level 2	\$45.00	\$110.00	Dec. 20, 2013	Jan. 4, 2014	\$150.00

Coaches only need to register for one event to coach at any of Team Trials.

All participants (athletes & coaches) of the 2014 USAT Team Trials must complete the OTC paperwork in chapter 4

Registration Checklist

Completing all items on this list will help insure a speedy accreditation and weigh-in process at the 2014 USAT Team Trials.

- Register for the **2014 USAT Team Trials** through the USAT Hang-A-Star online registration system.
- Complete registration payment online.
- If under 18 years of age, print the “confirmation form”. Have parent or legal guardian sign confirmation form and mail, fax or scan & email to USA Taekwondo National Office. Fax number is 719-866-4642 or email to usatkdevents@gmail.com
- Upload headshot photo to your USAT membership profile. Photographs must be a headshot of the MEMBER ONLY on a white background. Members should not be wearing hats, scarves, or other accessories.
- Provide proof of U.S. Citizenship (passport or birth certificate).
- Complete OTC paperwork and bring with you to the Team Trials Check-In or email to usatkdevents@gmail.com – Chapter 4

Important Notes:

- For specific help regarding the USAT Hang-A-Star online registration system, refer to the Event FAQ (<http://www2.teamusa.org/USA-Taekwondo/Resources/Event-Resources/Events-FAQ.aspx>)

Method of Competition

SPARRING

See each Selection Criteria Packet for method of competition.

Technical Meeting

See schedule for Technical Meeting times and locations.

Qualifications & Competition Rules

COMPETITION RULES – SPARRING

All sparring will use current USAT competition rules. To download the USAT Competition Rules visit <http://www.teamusa.org/USA-Taekwondo/Events/Competition-Rules>.

Dobok & Equipment Standards

The Uniform for Contestants

- Official Uniform (Dobok)

All contestants must wear a white Taekwondo V-neck USAT/WTF uniform (dobok) in good condition. Black Belts must wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names, and stripes are permitted on the uniform; they can be up to 12" x 4" on each extremity (leg or arm) for a total of four. Logos or names on the back of the uniform and patches on the chest area of the uniform are also allowed.

NO TAPE WILL BE ALLOWED ON ANY PART OF THE UNIFORM

- Protective Equipment

TEAM TRIALS PRE-EVENT MANUAL

Contestants shall wear an approved trunk protector, headgear (red for Hong and blue for Chung), groin guard (optional for female competitors), gloves (see below), forearm protector, shin-instep protectors, sensing socks and a mouth guard before entering the contest area. The head protector must be firmly tucked under the left arm when entering the competition area, and shall be put on the head following instructions of the referee before the start of the contest. The groin, forearm, and shin-instep protectors must be worn inside the Taekwondo uniform. Wearing of any other items on the head other than head protector shall not be permitted. A previously approved religious item may be worn beneath the head protector and inside the dobok and shall not cause harm or obstruct the opposing contestant.

- **Personal Requirements**

All competitors shall keep their nails cut short and shall not wear any articles that may injure or endanger an opponent. Any competitor whose hair, in the opinion of the referee, is so long as to risk causing inconvenience to other competitors shall be required to tie it back securely.

- a. **Metallic Articles**

Contestants are not allowed to wear any kind of metallic articles or hard objects, such as rings, eyeglasses (including prescribed safety eyeglasses or eye goggles), necklaces, watches, bracelets, earrings, etc.

- b. **Personal Hygiene**

All competitors must maintain the highest standard of personal hygiene, keep their nails cut short, and groom their hair neatly.

Any violators of Section above will be required to correct the violation within one minute, or face disqualification.

- c. **Tape** - A maximum of two (2) layers of tape are allowed, except in the case of an injury. For an injury, the minimum amount of tape that will protect the area should be used. If there is a question, the referee should have the wrapping examined and approved by the Tournament Medical Staff. Under no circumstances will hard splints or cast—no matter how small—be allowed.

Equipment Standards

Gloves - Senior Black belts are required to wear taekwondo gloves. Gloves may be red, blue, or white. If the competitor chooses to wear red or blue gloves, they must correspond with the chest protector.



Mouth Guard – All athletes are REQUIRED to use a mouth guard. Mouth guards must be clear or white.

TEAM TRIALS PRE-EVENT MANUAL

Properly fitting Headgear – All participants must provide their own red or blue headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.

Protective Cup – All male athletes are REQUIRED to wear a protective cup inside the pants during competition. This is optional for female athletes.

Shin protection – Shin protectors are REQUIRED and they must be made of foam, cloth or vinyl products.

Forearm guard – Forearm guards are REQUIRED and it is mandatory that athletes get foam, cloth, or vinyl products.

Please Note: USA Taekwondo reserves the right to disallow any uniform or equipment if it is found to be offensive or degrading in any fashion.

GENERAL EVENT INFORMATION

Chapter 2



Where Olympic Journeys Begin™

January 9-14, 2014

Colorado Springs, CO – Olympic Training Center

Promoted – Sanctioned – Recognized

Promoted/Sanctioned - USA Taekwondo (USAT)

1 Olympic Plaza

Colorado Springs, CO 80909

Phone: 719-866-3624

Fax: 719-866-4642

Email: stacy.andrews@usa-taekwondo.us

Website: www.usa-taekwondo.us

Venue

USA Taekwondo is please to bring the 2014 USAT Team Trials to the Olympic Training Center in Colorado Springs, Colo. The Olympic Training Center – Sports Center 1 will serve as the competition venue.



OTC – Accommodations & Lodging

Housing will be available on a first-come, first served basis with priority given to 2013 National Team Members and 2014 Senior National Team Trials competitors. Housing will be available at the Olympic Training Center; double or triple occupancy and includes all meals at the OTC Dining Hall. Housing at the OTC will be available Thursday, Jan. 9 through 9 a.m. on Wednesday, Jan. 15.

OTC Housing is \$60.00/night and must be paid by credit card prior to arrival.

***All room keys and meals cards must returned to the Athlete Center-Front Desk upon departure of the OTC. Those who do not return their keys or meals cards will be invoiced accordingly and not allowed to stay at the OTC for future events.*

Those interested in staying at the Olympic Training Center campus must complete the appropriate paper work, found in Ch. 4, and return it to Stacy Andrews by **Friday, Dec. 20 at 5 p.m. (MST). Housing is not guaranteed and is on a first-come, first-served basis.**

For questions please call or email Stacy Andrews, 719.866.3624, stacy.andrews@usa-taekwondo.us.

Hotels

Cheyenne Mountain Resort

3225 Broadmoor Valley Road
Colorado Springs, CO 80906

Rate:

\$89.00 (Single, Double or Triple)

\$99.00 (Single with breakfast)

\$113.00 (Double with breakfast)

\$121.00 (Triple with Breakfast)

Free Transportation to and from Airport to the Hotel.

Call: 1-800-588-0250 or book online at:

Reservations must be made by December 23, 2013



Antler's Hilton Hotel

4 South Cascade Ave.

Colorado Springs, CO 80903

Rate:

\$109.00 (Single or Double)

\$119.00 (Single or Double with Mountain View)



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\$129.00 (Corner King)

\$139.00 (Corner King with Mountain View)

Call: 1-866-299-4602 for reservations or reservations can be done online at:

http://www.hilton.com/en/hi/groups/personalized/C/COSCSHF-TAEK14-20140108/index.jhtml?WT.mc_id=POG

Group code: **TAEK14**

Reservations must be made by December 9, 2013

Transportation

Along with housing and meals, those participants staying at the OTC will be given free shuttle to and from the Colorado Springs airport. All flight itineraries are due to the USAT offices (Stacy Andrews, stacy.andrews@usa-taekwondo.us) by **December 20, 2013**. Any flight itineraries received after this date will not receive this OTC shuttle and will need to arrange for their own transportation to the OTC. Shuttles to and from the Denver Airport are not available.

Rental Car

The following rental car companies serve the Colorado Springs Airport.

Rent-A-Car	Phone Number	Web Site
Advantage	800.777.9377	www.advantage.com
Budget	800.922.2899	www.budget.com
Alamo / National	800.462.5266	www.alamo.com
Dollar	800.800.4000	www.dollar.com
Avis	800.331.1212	www.avis.com
Hertz	800.654.3131	www.hertz.com
Enterprise	800.796.2227	www.enterprise.com

Airfare

All participants are responsible for their own airfare. All participants should look for flights to the Colorado Springs Airport (COS). The following major and national airlines serve the Colorado Springs Airport.

Airline	Phone Number	Web Site
American Airlines	800.433.7300	www.aa.com
Delta	800.221.1212	www.delta.com
Frontier	800.432.1359	www.frontierairlines.com
*United	800.864.8997	www.united.com

Athlete Open Training Opportunities

USA Taekwondo will provide an “Open Training Area” to all 2014 USAT Team Trials participants. This training area will be open during all scheduled times. Please check the schedule for times of Open Training Area.

Spectator Tickets

Admission to the 2014 USAT Team Trials is by credential or ticket only. Advance sales will save time and avoid lines at the ticket windows, especially the first day of competition.

Advance Event Tickets can be ordered directly on-line through Brown Paper Tickets available now.

Follow the Brown Paper Tickets link below to purchase tickets:

<http://2014taekwondoteamTrials.brownpapertickets.com>

Save yourself time by ordering online and printing at home! Make sure to bring your tickets to the event as USA Taekwondo will not honor anything but printed or mobile ticket.

Deadline for ordering tickets online is Jan. 9 at 11:59 p.m. (MST)! Tickets will have to be purchased onsite after Jan. 9.

Wrist bands will be given in exchange for your tickets at the OTC Ticket Window. Wristbands must be worn at all times and are good for the time allotted on your ticket; Single Day = only for the appropriate day purchased).

Please keep your tickets in a safe place and remember to pack them.

Ticket Pricing		
Event Ticket	At-Door	In Advance (online)
Single Day (Adult 13+)	\$10.00	\$5.00
Children 12 & Under	Free	Free

****No refunds or exchanges. Lost, stolen or forgotten tickets will NOT be replaced or refunded****

Participant Credentials

All Team Trials registered participants will receive an event credential when they arrive to accreditation and weigh-ins. This credential is NONTRANSFERABLE and will be **confiscated** if misused. The participant’s credential is NOT VALID for an adult, parent or sibling of that participant. Lost credentials are subject to a **\$5.00 reprint fee**.

2014 USAT Team Trials staff reserves the right to conduct random and periodic ID checks during competition.

Sports Medicine

The training staff will be available to all 2014 USAT Team Trials participants. It is the responsibility of the participant to have training supplies such as tape. The Sports Medicine team’s purpose is to support, evaluate and assist in athlete injuries and medical emergencies. The trainers’ facility will be located on the Sports Center 1 floor in a central location.

The WTF Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.

*Random tests will be conducted for the athletes who have participated in the finals. Tests are conducted by the USADA - <http://www.usantidoping.org>.

Divisions – Weight Categories **Chapter**
Weigh-ins – Bracketing
Coaching Requirements **3**



Where Olympic Journeys Begin™

January 9-14, 2014

Colorado Springs, CO – Olympic Training Center

Sparring

See each selection procedure for weight categories and competition format.

Weigh-ins

1. A competitor's weight shall be measured the day prior to their competition day. All competitors must weigh-in during the designated times on the schedule.
2. A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the contestants' place of accommodation or at the arena for pre weigh-in.
3. During the weigh-in, the contestant is required to show his/her current photo ID, USAT identification card or birth certificate.
4. Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
5. Weigh in, for both males and females shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants. ***Under NO circumstances may an athlete weigh-in in the nude in the United States.***
6. If a competitor does not make weight in the allotted two (2) tries, he/she will be disqualified and not allowed to compete in the 2014 USAT Team Trials. For further clarification, please refer to the selection procedures.

Bracketing & Seeds

See each selection procedure for Bracketing and Seeding.

Coaching Requirements

All coaches are required by USA Taekwondo to have at minimum a Level 1 Certification through the USAT CIDP Program. There will not be any CIDP seminars at the Team Trials.

OTC Housing & Meal Card
Applications – OTC Paperwork

Chapter

4



Where Olympic Journeys Begin™

January 9-14, 2014

Colorado Springs, CO – Olympic Training Center

OTC HOUSING APPLICATION

Send completed forms to Stacy Andrews, stacy.andrews@usa-taekwondo.us by Dec. 20, 2013.

First Name: _____ Last Name: _____

USAT ID Number: _____

Room Nights: check all that apply - \$60/night

Thursday, Jan 9 Friday, Jan 10 Saturday, Jan 11 Sunday, Jan 12 Monday, Jan 13 Tuesday, Jan 14

*All rooms will check-out on or before Wednesday, Jan. 15 * - ***OTC Housing is reserved for Referees, 2013 Senior National Team Members and 2014 Senior National Team Trials competitors only.*** Housing is not guaranteed and is on a first come, first served basis.

Total Room Nights (in dollars): _____

PAYMENT OPTION – All OTC Housing must be paid for before arrival

Visa Check

Credit Card Number: _____ Exp. Date: _____

Name: _____ Security Code: _____

Address: _____

City: _____ State: _____ Zip: _____

FLIGHT ITINERARY INFORMATION

Please Print - Due Dec. 20, 2013

I will be DRIVING in:

First Name: _____

Last Name: _____

Arrival Date: _____

Arrival Time: _____

Airline: _____

Flight Number: _____

Departure Date: _____

Departure Time: _____

TEAM TRIALS PRE-EVENT MANUAL

Airline: _____

Flight Number: _____

OTC PAPERWORK

All athletes and coaches must complete the Olympic Training Center paperwork on the next couple pages. It is suggested you print these documents out and complete them prior to arrival of the USAT Team Trials check-in and weigh-in.

For questions please contact Stacy Andrews, stacy.andrews@usa-taekwondo.us or 719-866-3624.