



**ATHLETE SELECTION PROCEDURES
2013 U.S. NATIONAL POOMSAE TEAM
May 8, 2013**

I. SELECTION SYSTEM – RECOGNIZED POOMSAE DIVISIONS

Selection System Overview

The athlete selection system for the 2013 National Poomsae Team is objective based through qualification events that include the 2013 USAT-Sanctioned State Championships and the 2013 USAT National Championships.

Qualifying poomsae divisions are divided into 24 black belt groups based on age, gender, pairs, and teams.

2013 National Poomsae Team Selection Flow Chart

Below is the 2013 National Team Selection Flow Chart



Performance Waivers

All athletes who were named to the 2012 U.S. National Poomsae Team or were alternates who competed at the 7th WTF World Taekwondo Poomsae Championships (Tunja, Colombia, December 6-9, 2012) will receive a performance waiver from Phase 1 and automatically advance to Phase 2 unless they are ineligible to compete in the same division in which they competed in 2012 due to age. If they are no longer eligible due to age, they must qualify for their new division in Phase 1 as outlined above.

II. RECOGNIZED POOMSAE DIVISIONS

The following recognized poomsae divisions shall be eligible for the 2013 U.S. National Poomsae Team:

Individual	Pair	Team
Male Cadet* (12-14)	Cadet* (12-14)	Cadet Male Team* (12-14)
Female Cadet* (12-14)		Cadet Female Team* (12-14)
Male Junior (15-17)	Junior (15-17)	Juioir Male Team (15-17)
Female Junior (15-17)		Junior Female Team (15-17)
1 st Senior Male (18-29)	1 st Pair (18-29)	1 st Male Team (18-29)
1 st Senior Female (18-29)		1 st Female Team (18-29)
2 nd Senior Male (30-39)	2 nd Pair (30+)	2 nd Male Team (30+)
2 nd Senior Female (30-39)		2 nd Female Team (30+)
1 st Master Male (40-49)		1 st Master Female (40-49)
2 nd Master Male (50-59)		2 nd Master Female (50-59)
3 rd Master Male (60+)		3 rd Master Female (60+)

*At this time it is unclear as to whether Cadet divisions will compete at the World Poomsae Championships in 2013.

III. FREE STYLE POOMSAE DIVISIONS

Please see the separate Free Style Poomsae Team Selection Procedures.

IV. COMPETITION FORMAT

Cut-off Method

In Phase 1 and 2, all tournaments will utilize the cut-off method competition format as defined by the current USAT Poomsae Competition Rules.

V. REQUIRED POOMSAE

A list of the required poomsae for the 2013 USAT National Championships will be published to the USAT website no later than July 2, 2013.

VI. ATHLETE RESPONSIBILITIES

Travel & Competition Expenses

All athletes named to the 2013 National Poomsae Team shall be responsible for all travel expenses, registration fees, team uniforms and apparel associated with their participation in the 2013 World Poomsae Championships.

Notification of Participation & Replacements

All 2013 Nation Poomsae Team members must make clear their intention of participating in the the 8th WTF World Taekwondo Poomsae Championships no later than July 31, 2013. If the 1st place finisher from Phase 2 is unwilling or unable to participate, the 2nd place finisher will be offered the spot as an alternate. If the 2nd place finisher is unwilling or unable to participate, the U.S. National Poomsae Team coaching staff may choose to select the 3rd

place finisher to compete, or leave the spot unrepresented. Failure to declare intent to participate by July 31, 2013 will result in the alternate being named to the team.

Mandatory Team Meeting & Training

The 2013 National Poomsae Team will have a mandatory team meeting (Chicago, IL, July 6 and 7, 2013) immediately following team selection. All 2013 U.S. National Poomsae Team members are required to attend this meeting.

Voluntary Team Trainings

After the team selection there will be voluntary trainings conducted by the U.S. National Poomsae Team coaching staff in an effort to provide additional training and preparation to the team prior to the World Championships. Athletes are encouraged (but not required) to participate in these trainings as well.

World Championships Schedule

All 2013 National Poomsae Team members are required to arrive at the 8th WTF World Taekwondo Poomsae Championships (Bali, Indonesia, October 31 – November 4, 2013) on the date specified by the World Championships tournament committee in order to participate in training sessions and complete registration.

VII. ATHLETE ELIGIBILITY

The following requirements must be met for an athlete to be eligible to join the 2013 National Poomsae Team.

1. Athlete is a holder of the nationality of the United States of America.
2. Athlete is a holder of Taekwondo Dan or Poom certificate issued by the Kukkiwon.
3. Athlete is a member of USA Taekwondo in good standing.
4. Athlete is at least 12 years of age by December 31, 2013.

Athletes for these tournaments will bear all expenses including entry fee, airfare, ground transportation and room and board.