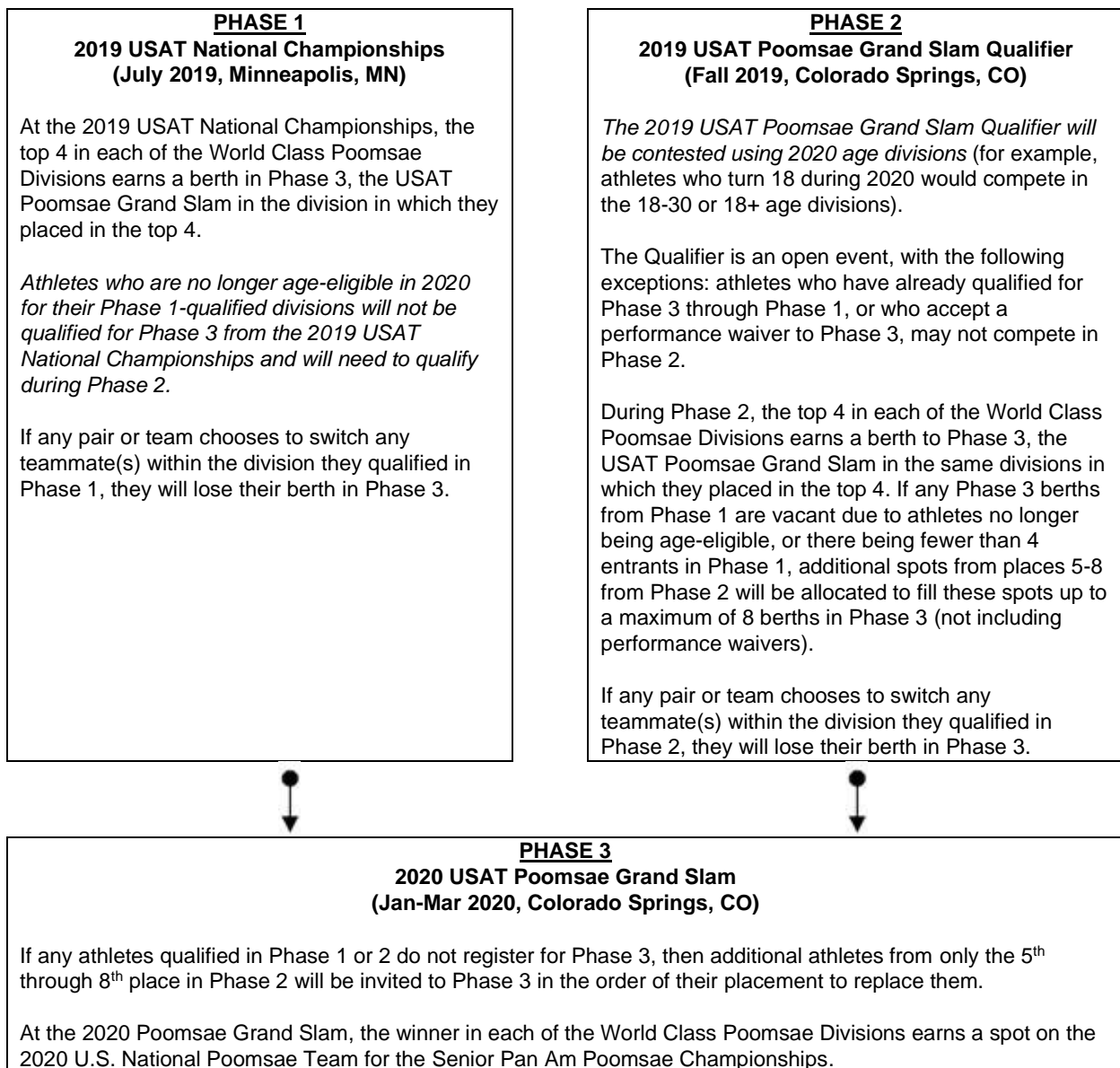




ATHLETE SELECTION PROCEDURES
2020 SENIOR PAN AM POOMSAE CHAMPIONSHIPS TEAM
Oct. 2, 2019

I. SELECTION SYSTEM

The 2020 USA National Poomsae Team for the June 2020 Pan American Senior Poomsae Championships in San Jose, Costa Rica will be selected through qualification events at the 2019 USAT National Championships, 2019 USAT Poomsae Grand Slam Qualifier and 2020 USAT Poomsae Grand Slam. Qualifying Poomsae divisions are divided into 36 black belt groups.



Performance Waivers

1. Members of the 2019 USA Pan Am Games Team qualify receive a waiver to Phase 3 in the same divisions in which they competed at the 2019 Pan Am Games: 18-30 Recognized Individual, 18-30 Recognized Pair, and 18+ Mixed Freestyle Team.
2. Members of the 2019 USA Summer World University Games Team receive a waiver to Phase 3 in the same divisions for which they competed at the 2019 World University Games. Male and Female Team receive a waiver for Recognized 18-30 Male and Female Team Poomsae, respectively. Male and Female Individual competitors receive a waiver for both the 18-30 Recognized Individual and 18+ Freestyle Individual division, since both disciplines were contested at the World University Games in each division.

II. POOMSAE DIVISIONS

At the 2020 USAT Poomsae Grand Slam, the following World Class black belt poomsae divisions will be contested:

*Age divisions are based on the year, rather than the date, of the event. For example, a competitor who has her 18th birthday on December 2, 2020, will compete in the 1st Senior Division at all events held between January 1 and December 31, 2020.

Recognized Poomsae Divisions	
Individual	
Age*	Division
18-30	Under 30 (1 st Senior) - Male
18-30	Under 30 (1 st Senior) - Female
31-40	Under 40 (2 nd Senior) - Male
31-40	Under 40 (2 nd Senior) - Female
41-50	Under 50 (1 st Master) - Male
41-50	Under 50 (1 st Master) - Female
51-60	Under 60 (2 nd Master) - Male
51-60	Under 60 (2 nd Master) - Female
61-65	Under 65 (3 rd Master) - Male
61-65	Under 65 (3 rd Master) - Female
66+	Over 65 (4 th Master) - Male
66+	Over 65 (4 th Master) - Female
Pair	
Age	Division
18-30	Under 30 (1 st) Pair: Male/Female
31+	Over 30 (2 nd) Pair: Male/Female
Team	
Age	Division
18-30	Under 30 (1 st Male) Team
18-30	Under 30 (1 st Female) Team
31+	Over 30 (2 nd Male) Team
31+	Over 30 (2 nd Female) Team

Freestyle Poomsae Divisions	
Individual	
Age	Division
18+	18+ Individual - Male
18+	18+ Individual - Female
Pair	
Age	Division
18+	18+ Pair - Male/Female
Team	
Age	Division
18+	18+ Mixed Team - Five members: at least two males and two females, plus alternate

III. COMPETITION FORMAT

Phase 1: 2019 USAT National Championships

For World Class Recognized Poomsae, the 2019 USAT National Championships were contested according to the cutoff method in the Preliminary and Semifinal rounds (1 poomsae per round), and with the single elimination bracketed format (2 poomsae per round) contested in the Final Round (top 8).

For World Class Freestyle Poomsae, the 2019 USAT National Championships were contested according to the cutoff method.

Phase 2: 2019 USAT Poomsae Grand Slam Qualifier

Phase 2 for **Recognized Poomsae** will use the cut-off method as specified by the USAT Poomsae Competition Rules:

Preliminary Round (20+ competitors, any Division with more than 70 competitors will have 1 additional Preliminary round):

Competitors will perform one poomsae. The competitors with scores in the top half of the group proceed to the next round.

Semifinal Round (9-19 competitors): Competitors will perform one poomsae. The competitors with scores in the top eight of the group proceed to the final round.

Final Round (8 or fewer competitors): Competitors will perform two poomsae. The placement will be determined by their combined scores according to USAT rules.

In the case of a tie for recognized poomsae, the winner is the competitor with the highest presentation score. If the competitors are still tied, all scores received during the competition are considered (without dropping the high and low scores). If the scores are still tied, the competitors will perform a randomly selected poomsae, and the scores from that poomsae will be used to break the tie.

Phase 2 for **Freestyle Poomsae** (performances will be 90 sec – 100 sec in length) will use the cut-off method as defined by the USAT Poomsae Competition Rules:

Semifinal Round (13 or more competitors): Competitors will perform one poomsae. The competitors with scores in the top twelve of the group proceed to the final round.

Final Round (12 or fewer competitors): each of the top 12 athletes will perform their poomsae once to determine the final standings. The athlete with the highest score will be determined the winner.

In case of a tied score in freestyle poomsae, the tie will be broken according to the USAT rules: The winner will be the competitor with the highest technical skills score. In case that the scores are still tied, the competitor with the highest total points including the total.

Phase 3: 2020 USAT Poomsae Grand Slam

Phase 3 for **Recognized Poomsae** will place all competitors in a single final round.

Final Round (Recognized Poomsae) Team Trials Format, 4 Poomsae

With the selection of the very best athlete in mind, the method of selection for Recognized Poomsae Divisions shall include the performance of four out of the eight required poomsae for each division. *The Director of Events will choose four randomly selected poomsae.*

Each Recognized Poomsae Division will perform 4 poomsae, selected by the Director of Events, one at a time per round: all competitors will perform the first randomly selected poomsae, followed by all competitors performing the second poomsae, and so forth.

The first round of competition (first poomsae) within a division shall have a random competitor order. Subsequent rounds' competitor orders shall also have a random competitor order. The algorithm used to randomize the competitors each round will ensure that no competitor will perform first for any two consecutive rounds.

The selection of the winner will be based on two methods of calculating the results.

1. The first method will be by cumulative score of all rounds of competition. At the end of four rounds, the scores across all four poomsae for each athlete are **totaled**. The athlete who has the highest total score will be declared the winner. The athlete who has the second highest total score is the first alternate. The athlete who has the third highest score is the second alternate, and the athlete with the fourth highest score is the third alternate.

In the case of a tie, the winner is the competitor with the highest presentation score. If the competitors are still tied, all scores received during the competition are considered (without dropping the high and low scores). If the scores are still tied, the competitors will perform a randomly selected poomsae, and the scores from that poomsae will be used to break the tie.

2. The second method will be by placement during each round of poomsae. Each round a first, second, third and fourth place will be awarded to the competitors and the number of wins will be recorded across all rounds. At the end of four rounds, the number of round wins will be listed as highest number of 1st placements, # of 2nd places, # of 3rd places and # of 4th places. The competitor with the highest number of 1st place wins, if tied then the number of 2nd place

then number of 3rd place etc. (i.e. Competitor A with 5 first place wins beats Competitor B with 3 first place and 5 second place wins – or - Competitor A with 4 first place, 3 second place and 1 third place beats Competitor B with 4 first place, 2 second place and 1 third place.)

If the same athlete places first in both methods of calculating the winner than that athlete is the uncontested winner. In the event that any different athlete(s) places higher using the second method and record more first place round wins than the cumulative score winner, those athletes will have the right to challenge the winner to a tie breaker round.

The tie breaker between methods will use a Single elimination format. The athletes qualifying will be seeded as the Cumulative Score winner seeded number 1 and the Round winner seeded number 2, with subsequent Round winners, if any, seeded next. 2 forms will be randomly selected by the *Director of Events* and the round will be run using WT Single elimination format rules. The winner will be named the 2020 Senior Pan Am Poomsae Championships Team Member. Alternates, if needed, will be selected from the cumulative score results.

Phase 3 for **Freestyle Poomsae** will use the cut-off method as defined by the USAT Poomsae Competition Rules, with all competitors starting in single final round (performances will be 90 sec – 100 sec in length).

Final Round: each of the athletes will perform their poomsae once to determine the final standings. The athlete with the highest score will be determined the winner.

In case of a tied score, the tie will be broken according to the USAT rules: The winner will be the competitor with the highest technical skills score. In case that the scores are still tied, the competitor with the highest total points including the total points of all judges without dropping the high and low score is the winner. If it's still tied, the tied competitors will perform one freestyle poomsae, and the competitor with the highest score will be the winner.

IV. REQUIRED POOMSAE

A list of the required Poomsae for the 2019 USAT Poomsae Grand Qualifier and 2020 USAT Poomsae Grand Slam will be published to the USAT website no later than one day prior to the start of competition.

The order in which the Recognized Poomsae will be contested at the 2020 USAT Poomsae Grand Slam will be published to the USAT website no later than the day before each event.

V. ATHLETE REPLACEMENTS

In an uncontested team or pair division (Recognized or Freestyle), in the event of an injury or withdrawal of a member, the team or pair may replenish their roster to the

starting number that they had at team trials by any USAT athlete that was eligible throughout the selection process.

For contested divisions – in the event of an injury or withdrawal, the eligible alternate for that division will be asked to fill the opening. (Freestyle Team is seen as composed of 5 or 6 members that may be interchanged at the discretion of their coach). Athletes are not guaranteed to be in the starting lineup of 5 whether they performed for team trials or not and a team will be replaced if their number of athletes drops below 5.

VI. ATHLETE RESPONSIBILITIES

Travel & Competition Expenses

Registration fees, team uniforms and apparel will be provided to the athletes with their participation in the 2020 Senior Pan Am Poomsae Championships. Those athletes that participate in the event will be responsible for all travel expenses related to the 2020 Senior Pan Am Poomsae Championships.

Notification of Participation & Replacements

If the rules of the events that the 2020 Senior Pan Am Poomsae Championships Team members compete in restrict the number of events in which they can participate, then those members must choose the corresponding divisions which they intend to compete by a deadline specified by the national team staff.

All 2020 Senior Pan Am Poomsae Championships Team members must make clear their intention of participating in the 2020 Senior Pan Am Poomsae Championships no later than one week following the conclusion of the Phase 3 USAT Poomsae Grand Slam. If the 1st place finisher from Phase 3 is unwilling or unable to participate, the 2nd place finisher will be offered the spot as an alternate. If the 1st and 2nd place finishers from Phase 3 are unwilling or unable to participate, the 3rd place finisher will be offered the spot as an alternate. If the 1st, 2nd and 3rd place finishers from Phase 3 are unwilling or unable to participate, the 4th place finisher will be offered the spot as an alternate. If the 1st through 4th place finishers from Phase 3 are unwilling or unable to participate, then the spot will go uncontested at the 2020 Senior Pan Am Poomsae Championships.

Mandatory Team Meeting & Training

The 2020 Senior Pan Am Poomsae Championships Team will have a mandatory team meeting at the conclusion of each day of the 2020 Poomsae Grand Slam trials. All 2020 Senior Pan Am Poomsae Championships Team members are required to attend the meeting on the day that they qualified for the Senior Pan Am Poomsae Championships Poomsae Team.

Selected 2020 Senior Pan Am Poomsae Championships Team Event Schedule

All 2020 National Poomsae Team members are required to arrive at the 2020 Senior Pan Am Poomsae Championships Team on the date specified by the 2020 Senior Pan Am Poomsae Championships Team USA staff in order to participate in training sessions and complete registration.

VII. ATHLETE ELIGIBILITY

The following requirements must be met for an athlete to be eligible to join the 2020 Senior Pan Am Poomsae Championships Team.

1. Athlete is a holder of the nationality of the United States of America.
2. Athlete is a holder of Taekwondo Dan or Poom certificate issued by the Kukkiwon.
3. Athlete is a member of USA Taekwondo in good standing.
4. Athlete is at least 18 years of age by December 31, 2020.

VIII. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group (include names and titles) were responsible for creating these Selection Procedures:

- Steve McNally, Executive Director, USA Taekwondo
- May Spence, Director of High Performance, USA Taekwondo
- Daniel Chuang, USA Taekwondo Head Poomsae Coach

IX. NGB BYLAWS AND GRIEVANCE PROCEDURES

The USA Taekwondo Bylaws and Grievance Procedures can be found at:

[USA Taekwondo Bylaws](#)

X. INTERNATIONAL DISCLAIMER

These procedures are based on IOC and/or World Taekwondo (WT) rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC and/or WT rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Taekwondo. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

XI. ATHLETE OMBUDSMAN


Athletes who have questions regarding their opportunity to compete that are not answered by USA Taekwondo may contact the USOC Athlete Ombudsman: Kathleen (Kacie) Wallace by:

Toll free telephone at (888) ATHLETE

E-mail at athlete.ombudsman@usoc.org
<http://www.teamusa.org/For-Athletes/Athlete-Ombudsman>

XII. NGB SIGNATURES

I certify that I have read, understand and incorporated our IF standards/criteria into our Selection Procedures and that the information provided herein regarding Athlete Selection Procedures represents the method approved by USA Taekwondo.

Position	Print Name	Signature	Date
NGB Executive Director	Steve McNally		10/28/2019
AAC Representative	Stephen Lambdin	<i>Stephen Lambdin</i>	10/28/19
NGB Director of High Performance	May Spence	<i>May Spence</i>	10/28/19

*If USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.