



**ATHLETE SELECTION PROCEDURES**  
**2019 U.S. SENIOR NATIONAL POOMSAE TEAM**  
**April 30, 2019**

**I. SELECTION SYSTEM**

The 2019 Senior National Poomsae Team for an international event TBD will be selected through qualification events at the 2019 USAT-Sanctioned State Championships and the 2019 USAT National Championships. Qualifying Poomsae divisions are divided into 22 black belt groups.

**2019 SENIOR NATIONAL POOMSAE TEAM FLOW CHART**

**PHASE 1**  
**2019 USAT-Sanctioned State Championships and  
2019 National Collegiate and High School Taekwondo Championships**

At each USAT State Championship, the NCTA National Collegiate and High School Taekwondo Championships, all athletes who participate in the Recognized Poomsae Divisions will advance to Phase 2: USAT National Championships, World Class Poomsae Division (Location Minneapolis, MN, July 2019). Any 2018 Team Trial US National Poomsae Team Member who chooses to participate at the USAT State Championship or the National Collegiate Championships in a division in which they hold a waiver will not forfeit their waiver for that division.

All Freestyle athletes are eligible to compete in Phase 2: 2019 USAT Senior National Poomsae Team Trials – Freestyle Poomsae Divisions (Minneapolis, MN, July 2019).



**PHASE 2**  
**2019 USAT National Championships and  
Senior National Poomsae Team Trials  
(July 2019, Minneapolis, MN)**

At the USAT National Championship, the winner in each of the Senior World Class Recognized Poomsae Divisions earns a spot on the 2019 U.S. Senior National Poomsae Team for an international event to be named in fall/winter 2019.

Competition in the Senior Freestyle Division in Phase 1 is not necessary to advance to Phase 2. Freestyle Poomsae will be an open division at these Team Trials held at the National Championships. The winner in each of the World Class Freestyle Senior Poomsae Divisions also earns a spot on the 2019 U.S. Senior National Poomsae Team an international event TBD.

## Performance Waivers

1. All senior athletes who placed first at the 2018 USA Taekwondo National Championships in their respective poomsae divisions, (Salt Lake City, UT, July 2018) will receive a performance waiver for Phase 1 and advance to Phase 2 if still eligible to compete in the same division.
2. If any 2019 USAT Senior National Poomsae Team Trials division has only one eligible entrant at 3 days after the final registration deadline for the 2019 USAT National Championships, that entrant will be named the 2019 Senior National Poomsae Team member for that division at the conclusion of the 2019 USAT National Championships.

## II. POOMSAE DIVISIONS

At the 2019 U.S. Senior National Poomsae Team Trials, the following World Class black belt poomsae divisions will be contested:

\*Age divisions are based on the year, rather than the date, of the event. For example, a competitor who has her 18<sup>th</sup> birthday on December 2, 2019, will compete in the 1<sup>st</sup> Senior Division at all events held between January 1 and December 31, 2019.

| <b>Recognized Poomsae Divisions</b> |   |
|-------------------------------------|---|
| <b>Individual</b>                   |   |
| <b>Age*</b>                         | <b>Division</b>                             |
| 18-30                               | Under 30 (1 <sup>st</sup> Senior) - Male    |
| 18-30                               | Under 30 (1 <sup>st</sup> Senior) - Female  |
| 31-40                               | Under 40 (2 <sup>nd</sup> Senior) - Male    |
| 31-40                               | Under 40 (2 <sup>nd</sup> Senior) - Female  |
| 41-50                               | Under 50 (1 <sup>st</sup> Master) - Male    |
| 41-50                               | Under 50 (1 <sup>st</sup> Master) - Female  |
| 51-60                               | Under 60 (2 <sup>nd</sup> Master) - Male    |
| 51-60                               | Under 60 (2 <sup>nd</sup> Master) - Female  |
| 61-65                               | Under 65 (3 <sup>rd</sup> Master) - Male    |
| 61-65                               | Under 65 (3 <sup>rd</sup> Master) - Female  |
| 66+                                 | Over 65 (4 <sup>th</sup> Master) - Male     |
| 66+                                 | Over 65 (4 <sup>th</sup> Master) - Female   |
| <b>Pair</b>                         |   |
| 18-30                               | Under 30 (1 <sup>st</sup> Pair: Male/Female |
| 31+                                 | Over 30 (2 <sup>nd</sup> Pair: Male/Female  |
| <b>Team</b>                         |   |
| 18-30                               | Under 30 (1 <sup>st</sup> Male) Team        |
| 18-30                               | Under 30 (1 <sup>st</sup> Female) Team      |
| 31+                                 | Over 30 (2 <sup>nd</sup> Male) Team         |
| 31+                                 | Over 30 (2 <sup>nd</sup> Female) Team       |

| <b>Freestyle Poomsae Divisions</b> |   |
|------------------------------------|---|
| <b>Individual</b>                  |   |
| 18+                                | Male  |
| 18+                                | Female  |
| <b>Pair</b>                        |   |
| 18+                                | Male/Female   |
| <b>Team</b>                        |   |
| 18+                                | Five members: at least two males and two females plus alternate |

### III. COMPETITION FORMAT

#### **Phase 1: 2019 USAT-Sanctioned State Championships (Recognized Poomsae)**

In Phase 1, tournaments will use the competition format specified by the 2019 USA Taekwondo State Championship Manual.

#### **Phase 2: 2019 USAT National Championships – Recognized Poomsae National Championships and Poomsae Team Trials**

Phase 2 for **Recognized Poomsae** will use the cut-off method for preliminary and semifinal rounds, and will use a comprehensive poomsae format for the final round:

##### **Preliminary Round (20+ competitors, any Division with more than 70 competitors will have 1 additional Preliminary round):**

Competitors will perform one poomsae. The competitors with scores in the top half of the group proceed to the next round.

**Semifinal Round (9-19 competitors):** Competitors will perform one poomsae. The competitor with scores in the top eight of the group proceed to the final round.

**Final Round (Recognized Poomsae, 8 or fewer competitors) *Single Elimination Format***

The top 8 competitors placed into a single elimination format, seeded by their standing in the semifinal round. Two poomsae randomly selected by the tournament committee will be contested in each round of competition. If no semifinal round was contested, the competitors will be seeded randomly. The winner of the bracket will be declared the team member. The silver medalist will be declared 1<sup>st</sup> alternate. The loser to the gold medalist will be the 2<sup>nd</sup> alternate, and the loser to the silver medalist is the 3<sup>rd</sup> alternate.

In case of a tied score in recognized poomsae, the tie will be broken according to the USAT rules: The winner will be the competitor with the highest presentation score. In case that the scores are still tied, the competitor with the highest total points including the total points of all judges without dropping the high and low score is the winner. If it's still tied, the tied competitors will perform one poomsae randomly selected by the poomsae committee, and the competitor with the highest score will be the winner.

Phase 2 for **Freestyle Poomsae** will use the cut-off method as defined by the USAT Poomsae Competition Rules:

**Preliminary Round (20+ competitors, any Division with more than 70 competitors will have 1 additional Preliminary round):**

Competitors will perform one poomsae. The competitors with scores in the top half of the group proceed to the semi-final round.

**Semifinal Round (9-19 competitors):** Competitors will perform one poomsae. The competitors with scores in the top eight of the group proceed to the final round.

**Final Round (8 or fewer competitors):** each of the top 8 athletes will perform their poomsae once to determine the final standings. The athlete with the highest score will be determined the winner.

In case of a tied score, the tie will be broken according to the USAT rules for freestyle poomsae: The winner will be the competitor with the highest technical skills score. In case that the scores are still tied, the competitor with the highest total points including the total points of all judges without dropping the high and low score is the winner. If it's still tied, the tied competitors will perform one freestyle poomsae, and the competitor with the highest score will be the winner.

#### **IV. REQUIRED POOMSAE**

A list of the required Poomsae for the 2019 USAT National Championships will be published to the USAT website no later than one day prior to the start of competition.

The order in which the Recognized Poomsae will be contested at the 2019 USAT Senior National Poomsae Team Trials will be published to the USAT website no later than the day before each event.

## V. ATHLETE REPLACEMENTS

In an uncontested team or pair division (Recognized or Freestyle), in the event of an injury or withdrawal of a member, the team or pair may replenish their roster to the starting number that they had at team trials by any USAT athlete that was eligible throughout the selection process.

For contested divisions – in the event of an injury or withdrawal, the eligible alternate for that division will be asked to fill the opening. (Freestyle Team is seen as composed of 5 or 6 members that may be interchanged at the discretion of their coach. Athletes are not guaranteed to be in the starting lineup of 5 whether they performed for team trials or not and a team will be replaced if their number of athletes drops below 5.

## VI. ATHLETE RESPONSIBILITIES

### **Travel & Competition Expenses**

Registration fees, team uniforms and apparel will be provided to the athletes with their participation in the 2019 Selected Senior National Team Event. Those athletes that participate in the event will be responsible for all travel expenses related to the 2019 Selected Senior National Team Event.

### **Notification of Participation & Replacements**

If the rules of the events that the 2019 Senior National Poomsae Team members compete in restrict the number of events in which they can participate, they those members must choose the corresponding divisions which they intend to compete by a deadline specified by the national team staff.

All 2019 Senior National Poomsae Team members must make clear their intention of participating in the 2019 Selected Senior National Team Event no later than one week following the Phase 3 Team Trials. If the 1<sup>st</sup> place finisher from Phase 3 is unwilling or unable to participate, the 2<sup>nd</sup> place finisher will be offered the spot as an alternate. If the 1<sup>st</sup> and 2<sup>nd</sup> place finishers from Phase 3 are unwilling or unable to participate, the 3<sup>rd</sup> place finisher will be offered the spot as an alternate. If the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers from Phase 3 are unwilling or unable to participate, the 4<sup>th</sup> place finisher will be offered the spot as an alternate. If the 1<sup>st</sup> through 4<sup>th</sup> place finishers from Phase 3 are unwilling or unable to participate, then the spot will go uncontested at the 2019 Selected Senior National Poomsae Team Event.

### **Mandatory Team Meeting & Training**

The 2019 Senior National Poomsae Team will have a mandatory team meeting at the conclusion of each day of the team trials (July 2019). All 2019 U.S. Senior National Poomsae Team members are required to attend the meeting on the day that they qualified for the National Poomsae Team.

### **2019 Selected Senior National Team Event Schedule**

All 2019 Senior National Poomsae Team members are required to arrive at the 2019 Selected Senior National Team Event on the date specified by the 2019 Selected Senior National Team Event organizing committee in order to participate in training sessions and complete registration.

## **VII. ATHLETE ELIGIBILITY**

The following requirements must be met for an athlete to be eligible to join the 2019 Senior National Poomsae Team.

1. Athlete is a holder of the nationality of the United States of America.
2. Athlete is a holder of Taekwondo Dan or Poom certificate issued by the Kukkiwon.
3. Athlete is a member of USA Taekwondo in good standing.
4. Athlete is at least 18 years of age by December 31, 2019.

## **VIII. DEVELOPMENT OF SELECTION PROCEDURES**

The following committee/group (include names and titles) were responsible for creating these Selection Procedures:

- Steve McNally, Executive Director, USA Taekwondo
- May Spence, Director of High Performance, USA Taekwondo

## **IX. NGB BYLAWS AND GRIEVANCE PROCEDURES**

The USA Taekwondo Bylaws and Grievance Procedures can be found at:

[USA Taekwondo Bylaws](#)

## **X. INTERNATIONAL DISCLAIMER**

These procedures are based on IOC and/or World Taekwondo (WT) rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC and/or WT rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Taekwondo. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

## XI. ATHLETE OMBUDSMAN


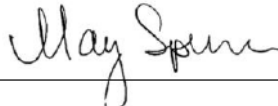
Athletes who have questions regarding their opportunity to compete that are not answered by USA Taekwondo may contact the USOC Athlete Ombudsman: Kathleen (Kacie) Wallace by:

Toll free telephone at (888) ATHLETE

E-mail at [athlete.ombudsman@usoc.org](mailto:athlete.ombudsman@usoc.org)  
<http://www.teamusa.org/For-Athletes/Athlete-Ombudsman>

## XII. NGB SIGNATURES

I certify that I have read, understand and incorporated our IF standards/criteria into our Selection Procedures and that the information provided herein regarding Athlete Selection Procedures represents the method approved by USA Taekwondo.

| Position                         | Print Name      | Signature  | Date           |
|----------------------------------|-----------------|--|----------------|
| NGB Executive Director           | Steve McNally   |    | 6/20/19        |
| AAC Representative               | Stephen Lambdin | <i>Stephen Lambdin</i>   | <b>6/24/19</b> |
| NGB Director of High Performance | May Spence      |  | 6/20/19        |

\*If USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.