

Tuesday, January 31



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Report times	
8:00am	Freestyle Poomsae 12-17 Pairs
	Youth Pairs Poomsae, Cadet Pairs Poomsae, Junior Pairs Poomsae
	Under 30 Pairs Poomsae, Over 30 Pairs Poomsae
8:20am	Youth sparring (matches 1-3 in Rings 1-6)
8:30am	Freestyle Poomsae 18+ Individual Male & Female
	Over 65 (4th Master) Male & Female Individual poomsae
8:50am	Youth sparring (matches 4-6 in Rings 1-6)
9:00am	Freestyle Poomsae 12-17 Team
	Youth Female Individual poomsae
	Youth Male Individual poomsae
	Under 50 (1st Master) Male Individual poomsae
	Under 60 (2nd Master) Female Individual poomsae
	Under 60 (2nd Master) Male Individual poomsae
	Under 65 (3rd Master) Female Individual poomsae
9:20am	Youth sparring (matches 7-9 in Rings 1-6)
9:30am	Freestyle Poomsae 18+ Team
	Cadet Male Individual poomsae
	Under 50 (1st Master) Female Individual poomsae
9:45am	Under 65 (3rd Master) Male Individual poomsae
10:15am	Youth Female Team poomsae
	Cadet sparring (matches 1-3 in Rings 1-6)
10:30am	Cadet Female Individual poomsae
	Junior Female Individual poomsae
	Youth Male Team poomsae
	Under 30 Female Team poomsae, Over 30 Female Team poomsae
10:45am	Junior Male Individual poomsae
	Under 30 Male Team poomsae
	Cadet sparring (matches 4-6 in Rings 1-6)
11:00am	Over 30 Male Team poomsae
11:15am	Cadet sparring (matches 7-9 in Rings 1-6)
1:00pm	Cadet sparring (matches 10-12 in Rings 1-6)
	[Matches will continue until divisions finish, winners should report back to holding upon completion of their matches]
2:15pm	Junior Male Team poomsae
2:30pm	Junior Female Team poomsae
	Cadet Male Team poomsae
2:45pm	Cadet Female Team poomsae



	Wednesday, February 1
Report times	
8:00am	Freestyle Poomsae 18+ Pairs
	Freestyle 12-17 Male Individual
	Under 30 (Senior 1) Female Individual poomsae
	Under 30 (Senior 1) Male Individual poomsae
	Under 40 (Senior 2) Female Individual poomsae
	Under 40 (Senior 2) Male Individual poomsae
	All Ultra sparring competitors, Male & Female
8:15am	Cadet sparring (matches 1-3 in Rings 1-7)
8:45am	Freestyle 12-17 Female Individual poomsae
9:00am	Cadet sparring (matches 4-6 in Rings 1-7)
	[Matches will continue until divisions finish, winners should report back to holding upon completion of their matches]
10:00am	All Male & Female Para poomsae
1:00pm	Junior sparring (matches 1-3 in Rings 1-10)
	[Matches will continue until divisions finish, winners should report back to holding upon completion of their matches]
	Thursday, February 2
Report times	
8:00am	18-32 sparring (matches 1-3 in Rings 1-12)
	[Matches will continue until divisions finish, winners should report back to holding upon completion of their matches]
	Friday, February 3
Report times	
8:00am	18-32 sparring (matches 1-3 in Rings 1-12)
	[Matches will continue until divisions finish, winners should report back to holding upon completion of their matches]