I. SELECTION SYSTEM

Selection System Overview
The athlete selection system for the 2016 Cadet National Team is objective based through qualifying at the 2016 Cadet National Team Trials (Date TBD).

A. Provide the minimum eligibility requirements for an athlete to be considered for nomination to the Team:

1. Citizenship:
   a. Athlete meets eligibility & nationality requirements as presented by USA Taekwondo in compliance with the minimum IF standards for participation (item I.A.2.).
   b. All athletes must be U.S. Citizens in order to compete.

2. Minimum IF standards for participation (if any):
   a. World Taekwondo Federation (WTF); Rules of Competition, Article 4.Contestants, Section 1
      http://www.wtf.org/wtf_eng/site/rules/competition.html

      • Holder of the nationality of the participating team.
      • One recommended by the WTF National Taekwondo Association.
      • Holder of Taekwondo Dan certificate issued by the Kukkiwon or WTF.
      • An athlete must be at least 12 years of age by December 31, 2016 and not more than 14 years of age as of January 1, 2016.

3. Other requirements (if any):
   a. Athlete must be a USA Taekwondo member in good standing.
   b. Athletes must compete in the World Class, Cadet Black Belt division at State and Nationals.

B. Provide a brief summary outlining how an athlete is selected as a nominee to the Team (include maximum team size).

The 2016 Cadet National Team Trials will take place at a location TBD (providing there is a Pan Am Championships or World Championships scheduled for Cadets in 2016). All USA Taekwondo athletes in good standing that meet the
above criteria and have qualified through participation at USAT sanctioned State Championships in the Cadet Black Belt Division will be allowed to compete.  

The maximum number of athletes to qualify for the 2016 Cadet National Team is twenty (20) - one in each of the ten (10) male & ten (10) female weight divisions.

Weight Division Classification for the 2016 Cadet National Team

<table>
<thead>
<tr>
<th>Men's Division</th>
<th>Women's Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not exceeding 33 kg</td>
<td>Not exceeding 29 kg</td>
</tr>
<tr>
<td>Over 33 kg &amp; not exceeding 37 kg</td>
<td>Over 29 kg &amp; not exceeding 33 kg</td>
</tr>
<tr>
<td>Over 37 kg &amp; not exceeding 41 kg</td>
<td>Over 33 kg &amp; not exceeding 37 kg</td>
</tr>
<tr>
<td>Over 41 kg &amp; not exceeding 45 kg</td>
<td>Over 37 kg &amp; not exceeding 41 kg</td>
</tr>
<tr>
<td>Over 45 kg &amp; not exceeding 49 kg</td>
<td>Over 41 kg &amp; not exceeding 44 kg</td>
</tr>
<tr>
<td>Over 49 kg &amp; not exceeding 53 kg</td>
<td>Over 44 kg &amp; not exceeding 47 kg</td>
</tr>
<tr>
<td>Over 53 kg &amp; not exceeding 57 kg</td>
<td>Over 47 kg &amp; not exceeding 51 kg</td>
</tr>
<tr>
<td>Over 57 kg &amp; not exceeding 61 kg</td>
<td>Over 51 kg &amp; not exceeding 55 kg</td>
</tr>
<tr>
<td>Over 61 kg &amp; not exceeding 65kg</td>
<td>Over 55 kg &amp; not exceeding 59kg</td>
</tr>
<tr>
<td>Over 65 kg</td>
<td>Over 59 kg</td>
</tr>
</tbody>
</table>

Interpretation
1. A taekwondo tournament is a competition which is decided, within, the rules, by direct physical contact and forceful physical collisions between contestants. In order to reduce the impact of the inequality in relative factors between contestants and ensure safety as well as create equal conditions for the exchange of techniques, the weight division system was established.

2. The division of men and women into separate categories, men competing against men and women competing against women, is a fundamental rule.

(Explanation #1)
- Not exceeding:
The weight limit is defined by the criterion of one decimal place away from the stated limit. For example, not exceeding 50 kg is established as until 50.0 kg with 50.1 kg being over the limit and resulting in disqualification.

(Explanation #2)
- Over:
Over 50.00 kg mark occurs at the 50.1 kg reading and 50.0 and below is regarded as insufficient, resulting in disqualification.

http://www.wtf.org/wtf_eng/site/rules/competition.html

The selection process for the 2016 Cadet National Team consists of (3) phases.

PHASE 1 – Qualifying Events
Phase #1 2016 Cadet National Team starts with participating in a 2016 USAT Sanctioned State Championships in the World Class Cadet Black Belt division. All athletes that meet the eligibility criteria listed in Section A of this document are eligible to compete in Phase 1. All athletes qualifying through this qualifying event are required to compete in the same weight division in which they qualified for Phase 2 – 2016 Cadet National Taekwondo Championships – World Class.
PHASE 2 – 2016 National Championships (Single Elimination)
Phase #2 The top 8 Finishers (Quarter-finalists) per gender in the (10) Cadet World Class Black Belt divisions at the 2016 National Championships will advance to Phase 3 – 2016 Cadet National Team Trials.

Phase 3 – 2016 Cadet Team Trials
Top 8 finishers (Quarter-Finalists) from the 2016 National Championships will compete in a Double Elimination competition with the athlete winning the competition earning 1st place and the title of the Cadet National Team Member. Members of the 2016 Cadet National Team will be offered the opportunity to represent the US at the 2016 Cadet World Championships or 2016 Pan Am Championships if the WTF is to host either of these events in the 2016 calendar year. If the Gold medalists do not accept the opportunity, it will be offered to the Silver medalists, followed by the Bronze medalists who lost to the Gold medalists and finally the bronze medalist that lost to the Silver medalists. If the WTF does not schedule a Pan Am Championships or a Cadet World Championships, there will not be a need for a Cadet Team Trials and the 2016 Cadet National Team will be selected from the results at the 2016 National Championships.

C. Tryout Events:

1. Provide the event names, dates and location of all trials, events and/or camps to be used as part of the selection process.

   a. 2016 Sanctioned State Championships
   b. 2016 National Taekwondo Championships, (Single Elimination Tournament)
   c. 2016 Cadet Team Trials (dates and locations to be determined) (Double Elimination Tournament)

2. Provide event names, dates, locations and description of how athletes qualify for any “preliminary or qualifying” events or procedures that are prerequisites to attend any of the events listed above in C. 1 (if any).

   • All USAT members who meet the eligibility criteria as defined in I.A., have a black belt and compete in the black belt, world class division are eligible.

E. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process to become team nominees.

PHASE #1: Qualifying Events
Phase #1 2016 Cadet National Team starts with participating in a 2016 USAT Sanctioned State Championships World Class Black Belt division. All athletes that meet the eligibility criteria listed in Section A of this document are eligible to compete in Phase 1. All athletes qualifying through this qualifying event are required to compete in the same weight division in which they qualified for Phase 2 – 2016 Cadet National
Taekwondo Championships – World Class.

PHASE 2 – 2016 National Championships (Single Elimination Tournament)
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Athletes cannot participate in more than one weight division at Phase 2- 2016 National Taekwondo Championships. Athletes qualifying through a Qualifying Event are required to compete in the SAME weight division in which they qualified for in Phase 1 and 2.

All athletes who qualify in two or more weight divisions must declare, by the late registration deadline (TBD) of the 2016 National Taekwondo Championships, as to which weight division they will participate.

Competition Format – National Championships
Phase 2. National Championships will be Single-Elimination format up to the Top 8 Finishers (Quarter Finalists)
Phase 3. Double Elimination – Top 8 Finishers only.

Seeding Criteria

Athletes who are members of the 2015 Cadet National Team and athletes that have medaled at the 2015 Pan American Cadet Championships Cadet division along with athletes who placed in the top 4 at the 2015 National Championships & the Finalists per gender in the ten (10) weight divisions of the 2015 Cadet Team Trials, will be seeded.

Seeding for each weight division will be administered by the prioritized list below. If more than one athlete meets the criteria below a random draw will take place between these athletes to determine the seeding.

1. 2015 Cadet World Team member (if more than one athlete meets this criteria, then medal won at Cadet Worlds by order of Gold, Silver, Bronze or if no medals won, then
random)
2. 2015 Cadet Pan American Championships team member (same weight)
3. 2015 Cadet Nationals gold medalist (same weight)
4. 2015 Cadet Pan American Championships team member (different weight, if more than one athlete meets this criteria, then medal won at Cadet Worlds by order of Gold, Silver, Bronze or if no medals won, then random)
5. 2015 Cadet Nationals silver medalist (same weight)
6. 2015 Cadet Nationals gold medalist (different weight, random if more than one)
7. 2015 Cadet Nationals bronze medalist (same weight, random if more than one)
8. 2015 Cadet Nationals silver medalist (different weight, random if more than one)
9. 2015 Cadet Nationals bronze medalist (different weight, random if more than one)

The draws will be created by members of the USA Taekwondo Staff after weigh-in is completed.

**Competition Format – Cadet National Team Trials - Double Elimination Format**

Phase 3. Double Elimination – Top 8 Finishers only.(Quarter Finalists)

**Seeding Criteria for Phase #3 Cadet National Team Trials**

1. Gold medalist from 2016 Nationals
2. Silver medalist from 2016 Nationals
3. Bronze medalist from 2016 Nationals that lost to the gold medalist.
4. Bronze medalist from the 2016 Nationals that lost to the silver medalist.
5. All others to be random seeding

**2016 Cadet National Team:**

Athletes who win their respective weight division [up to twenty (20) total athletes] will earn the opportunity to represent the United States in a WTF sanctioned international Cadet invitational championship, such as a Cadet World Championships or Cadet Pan American Championships, should USA Taekwondo receive such an invitation in 2016. These athletes will have their entry fee covered by USAT. All expenses including: airfare, hotel, ground transportation and food will be the sole responsibility of the athlete. The Cadet National Team will be coached by the USA National Head Coach and other coaches from the Assistant National Coaching Pool. All coaches may be responsible to pay for their own expenses to the competition. If the Gold medalist does not accept the opportunity, it will be offered to the silver medalist, followed by the bronze medalist who and finally the bronze medalist won the 4th place position.

Athletes who are named as a replacement to the Cadet National Team are not members of the 2016 Cadet National Team, An athlete must WIN the Cadet Team Trials to be named to the Cadet National Team.

Athletes for Phase 1 and 2 and 3 will bear all expenses including entry fee, airfare, ground transportation and room and board.
F. Provide the names of all committees/groups who oversee the selection process, including the name(s) and role(s) of their members.

- Patrick Wentland, Director of High Performance, USA Taekwondo
- Lynda Laurin, USOC AAC Representative, USA Taekwondo
- Jeanna Salgado, Director of Events, USA Taekwondo
- Bruce Harris, Secretary General, USA Taekwondo

II. DISCRETIONARY SELECTION (if applicable)

A. Provide rationale for utilizing discretionary selection (if any):
   N/A

B. Discretionary Selection Committee

1. Provide the name of the committee(s) that will be responsible for discretionary selection.
   N/A

2. Provide a complete list of the members of the committee(s), their titles and their NGB role that qualifies them to serve in this capacity.
   N/A

III. REMOVAL OF ATHLETES

A. An athlete who is to be nominated to the Team by USA Taekwondo may be removed from the nominations for any of the following reasons, as determined by USA Taekwondo.

- Voluntary withdrawal. Athlete must submit a written letter to the USA Taekwondo's Executive Director.
- Injury or illness as certified by USAT physician (or medical staff). If an athlete refuses verification of their illness or injury by a USAT physician (or medical staff), his/her injury will be assumed to be disabling and he/she may be removed.
- An athlete can be removed from the Cadet National Team if he/she does not participate in mandatory competitions and/or camps set forth by USA Taekwondo, with at least 30 days’ notice by USA Taekwondo for said events.
- An athlete can be removed or replaced from the Cadet National Team and/or from competing at the specified competition if the athlete or parent/guardian (if the athlete has not reached 18 years of age) have not responded, in writing, to the USA Taekwondo High Performance
Department affirming their participation in the specified competition and affirming that the athlete and their parents or guardians understand that the athlete bears the financial responsibility for all costs associated with the competition except for the registration fee, which will be paid by USA Taekwondo. This written affirmation from the athlete or parent or guardian (if the athlete has not reached 18 years of age) must be emailed to the High Performance Director or designee by the deadline specified by the High Performance Director or designee in the athlete’s official invitation. Any athlete who has not submitted their affirmation via email to the High Performance Director by the deadline stated in the invitation will be considered “declined” and USA Taekwondo will immediately invite the next eligible athlete in the declined athlete’s weight division. The High Performance Director’s or designee’s email address will be listed in the invitation will be available on the USAT website.

- Violation of the NGB's Current Code of Conduct. (Attachment A)
  An athlete who may be removed from the Team pursuant to this provision has the right to a hearing per the NGB’s Bylaws (USAT Bylaws, Section 15, Complaint Procedures) or USOC Bylaws, Article 9.

B. An athlete may be removed from Nomination or from the Team at any time for violation of IOC, WADA, WTF, USADA and/or USOC anti-doping protocol, policies and procedures. In such instances, the adjudication process will be managed through the United States Anti-Doping Agency.

IV. REPLACEMENT OF ATHLETES

A. Describe the process by which the replacement pool of athletes will be identified:

The second place athlete from Phase 3 – 2016 Cadet National Team Fight-Off from the same weight division of the athlete to be replaced is the replacement. If the replacement athlete is not available, then the 3rd place finisher becomes the next eligible athlete. If the 3rd place finisher is not available, then the 4th place finisher becomes the next eligible athlete. If by then, no athlete is available, the spot remains vacant.

B. Identify the group or committee that will be responsible for making athlete replacement determinations:
   i. Group or committee who determines the replacement pool:
      N/A

   ii. Group or committee who determines a replacement to the team
      N/A
V. SUPPORTING DOCUMENTS

USA Taekwondo will retain all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the 2016 Cadet Team Trials.

VI. REQUIRED DOCUMENTS

The following documents are required to be signed by an athlete as a condition of nomination to the 2016 Cadet National Team, and are included as attachments:

- Code of Conduct (Attachment A)

VII. PUBLICITY/DISTRIBUTION OF PROCEDURES

The approved Selection Procedures (complete and unaltered) will be posted/published by USA Taekwondo in the following locations and will include the USOC approval date:

A. NGB website: www.usa-taekwondo.us
   The website information will be posted as soon as possible.
B. NGB Official Publication (if any): USAT Official Web Site only.
C. Other: N/A

VIII. DATE OF NOMINATION

N/A

IX. MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule and duration of mandatory training and/or competition:

N/A

X. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all IOC, WADA, WTF, USADA and USOC anti-doping protocols, policies and procedures. This includes participation in out of competition testing as required by the IOC, WADA, WTF, USADA and USOC Rules.

XI. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group (include names and titles) were responsible for creating these Selection Procedures:

- Lynda Laurin, USOC/AAC representative, USA Taekwondo
XII. NGB BYLAWS AND GRIEVANCE PROCEDURES
The USA Taekwondo Bylaws and Grievance Procedures can be found: USA-TAEKWONDO.US

XIII. INTERNATIONAL DISCLAIMER
These procedures are based on IOC and/or World Taekwondo Federation (WTF) rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC and/or WTF rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Taekwondo. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

XIV. ATHLETE OMBUDSMAN
Athletes who have questions regarding their opportunity to compete that are not answered by USA Taekwondo may contact the USOC Athlete Ombudsman: Sara Clark by:
• Toll free telephone at (888) ATHLETE
• E-mail at Sara.Clark@usoc.org
• www.888athlete.org

XV. NGB SIGNATURES I certify that I have read, understand and incorporated our IF standards/criteria into our Selection Procedures and that the information provided herein regarding Athlete Selection Procedures represents the method approved by USA Taekwondo.

<table>
<thead>
<tr>
<th>Position</th>
<th>Print Name</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGB President or CEO/Executive</td>
<td>Bruce Harris</td>
<td>[Signature]</td>
<td>11/4/2016</td>
</tr>
<tr>
<td>Director</td>
<td></td>
<td></td>
<td>11/4/2016</td>
</tr>
<tr>
<td>USOC Athletes’ Advisory Council</td>
<td>Lynda Laurin</td>
<td>[Signature]</td>
<td>1/12/2016</td>
</tr>
<tr>
<td>Representative*</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NGB Director of Events</td>
<td>Jeanna Salgado</td>
<td>[Signature]</td>
<td>11/4/2016</td>
</tr>
</tbody>
</table>

*If USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.
ATHLETE PLEDGE

I pledge to uphold the spirit of the USA Taekwondo Code of Conduct (the "Code"), which offers a guide to my conduct as a member of the USA 2016 Cadet National Team (the "Team"). I acknowledge that I have a right to a hearing if my opportunity to compete is denied or if I am charged with a violation of this Code.

I have familiarized myself with the Code and understand that acceptance of its provisions is a condition of my selection to the USA National Team.

As a Member of the Team, I hereby promise and agree that I:

- will abide by all rules related to the Team selection procedures as approved by USA Taekwondo;
- have acted and will act in a sportsmanlike manner consistent with the spirit of fair play and responsible conduct;
- will maintain a level of fitness and competitive readiness that will permit my performance to be at the maximum of my abilities;
- will not commit a doping violation as defined by the International Olympic Committee (IOC), World Anti-Doping Agency (WADA), the United States Anti-Doping Agency (USADA), the United States Olympic Committee (USOC) or the World Taekwondo Federation rules;
- am not currently serving a doping violation and/or do not have a pending or unresolved doping charge;
- will not engage in any conduct that is criminal under any laws applicable to me, including, but not limited to laws governing the possession and use of drugs and alcohol and providing of drugs to any person and of alcohol to minors;
- am eligible to compete under the rules of the World Taekwondo Federation;
- will refrain from conduct detracting from my ability or that of my teammates to attain peak performance;
• will respect the property of others whether personal or public;

• will respect members of my Team, other teams, spectators and officials, and engage in no form of discriminatory behavior or verbal, physical or sexual harassment or abuse;

• will follow my Team’s rules, including by way of example, rules regarding curfew and required attendance at team meetings;

• am aware that USA Taekwondo sponsors, suppliers and licensees provide critical support for the Team and, in recognition of this fact, I will wear designated USA Taekwondo apparel at all official Team functions and events;

• I understand that the supply of apparel and equipment provided to USA Taekwondo by sponsors, suppliers, and licensees is limited and therefore USA Taekwondo may only be able to supply uniforms, team apparel, and equipment to athletes who have accepted the invitation to be a member of a Cadet Championship team, regardless of whether or not those athletes are members of the Cadet National Team;

• will not conceal or cover-up any USA Taekwondo sponsor, supplier or licensee brand or other identification appearing on my USA Taekwondo apparel;

• agree to be filmed and photographed by the official photographer(s) and network(s) of USA Taekwondo under conditions authorized by USA Taekwondo and give event organizers and USA Taekwondo the right to use my name, picture, likeness, and biographical information before, during and after the period of my participation in these activities to promote the activity in which I participate or to promote the success of the team on which I compete; in no event may USA Taekwondo or the event organizers use or authorize the use of my name, picture, likeness, voice and biographical information for the purpose of trade, including any use in a manner that would imply an endorsement of any company, product, or service, without my written permission;

• will not use or authorize the use of photographs, films or videos of myself in my USA Taekwondo apparel or equipment or the use of the USA Taekwondo logo for the purpose of trade, without the prior written consent of the USA Taekwondo (which consent shall not be unreasonably withheld);

• will act in a way that will bring respect and honor to myself, my teammates, USA Taekwondo and the United States; and

• will remember that at all times I am an ambassador for my sport, my country and the Olympic Movement.
ATHLETE OMBUDSMAN

I may contact the USOC Athlete Ombudsman, toll free at 888.ATHLETE (888.284.5383) or Kacie.Wallace@usoc.org / Sara.Clark@usoc.org for further information regarding my rights under this Code that are not answered by USA Taekwondo.

PARTICIPANTS’ AFFIRMATION

I have read and accept this Code of Conduct. I agree to the rules, guidelines, jurisdiction and procedures stated in these documents as a condition of being selected to participate as a member of the Team. I agree that if I break this code I am subject to removal from the Team.

______________________________  ________________
Signature                          Date

______________________________  ________________
NGB Name                          Sport

PARENT/GUARDIAN CERTIFICATION
(For Participants Under the Age of 18 as of Date of Signature)

______________________________  ________________
Signature                          Date

Relationship (Parent or Guardian)