I. SELECTION SYSTEM

The 2017 National Poomsae Team will be selected through qualification events at the 2017 USAT-Sanctioned State Championships and the 2017 USAT National Championships.

Qualifying Poomsae divisions are divided into 36 black belt groups.

2017 NATIONAL POOMSAE TEAM FLOW CHART

**PHASE 1**
2017 USAT-Sanctioned State Championships and 2017 National Collegiate and High School Taekwondo Championships

At each USAT State Championship, and the NCTA National Collegiate and High School Taekwondo Championships, all athletes who participate in the Recognized Poomsae Divisions will advance to Phase 2: USAT National Championships, World Class Poomsae Division (Location Detroit, MI July 2017). Any 2016 Team Trial participant (Recognized Poomsae) who chooses to participate at the USAT State Championship or the National Collegiate Championships in a division in which they hold a waiver will not forfeit their waiver for that division.

All Freestyle athletes are eligible to compete in Phase 2: 2017 USAT National Poomsae Team Trials – Freestyle Poomsae Divisions (Detroit, MI July 2017).

**PHASE 2**
2017 USAT National Championships and National Poomsae Team Trials (July 2017, Detroit, MI)

At the USAT National Championship, the winner in each of the Recognized Poomsae Divisions earns a spot on the 2017 U.S. National Poomsae Team, which will compete at the Pan Am Cadet Poomsae Championships (12-14), Pan Am Junior Poomsae Championships (15-17), and a 2017 event to be determined (18+).

Competition in the Freestyle Division in Phase 1 is not necessary to advance to Phase 2. Freestyle Poomsae will be an open division at these Team Trials held at the National Championships. The winner in each of the Team Trials (Freestyle Poomsae) divisions earns a spot on the 2017 U.S. National Poomsae Team, which will compete at a 2017 Freestyle Poomsae event to be determined by USAT and the National Coaching Staff.
Performance Waivers

1. All athletes that qualified and participated in the 2016 USAT National Poomsae Team Trials, (Colorado Springs, CO August 26-27, 2016) will receive a performance waiver for Phase 1 and advance to Phase 2 if still eligible to compete in the same division.

2. If any 2017 USAT National Poomsae Team Trials division has only one eligible entrant at the final registration deadline for the 2017 USAT National Championships, that entrant will be named the 2017 National Poomsae Team member for that division at the conclusion of the 2017 USAT National Championships.

II. POOMSAE DIVISIONS

At the 2017 U.S. National Poomsae Team Trials, the following World Class black belt poomsae divisions will be contested:

*Age divisions are based on the year, rather than the date, of the event. For example, a competitor who has her 18th birthday on December 2, 2017, will compete in the 1st Senior Division at all events held between January 1 and December 31, 2017.

<table>
<thead>
<tr>
<th>Recognized Poomsae Divisions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
</tr>
<tr>
<td>Age</td>
</tr>
<tr>
<td>------</td>
</tr>
<tr>
<td>12-14</td>
</tr>
<tr>
<td>12-14</td>
</tr>
<tr>
<td>15-17</td>
</tr>
<tr>
<td>15-17</td>
</tr>
<tr>
<td>18-30</td>
</tr>
<tr>
<td>18-30</td>
</tr>
<tr>
<td>31-40</td>
</tr>
<tr>
<td>31-40</td>
</tr>
<tr>
<td>41-50</td>
</tr>
<tr>
<td>41-50</td>
</tr>
<tr>
<td>51-60</td>
</tr>
<tr>
<td>51-60</td>
</tr>
<tr>
<td>61-65</td>
</tr>
<tr>
<td>61-65</td>
</tr>
<tr>
<td>66+</td>
</tr>
<tr>
<td>66+</td>
</tr>
<tr>
<td>Pair</td>
</tr>
<tr>
<td>12-14</td>
</tr>
<tr>
<td>15-17</td>
</tr>
<tr>
<td>18-30</td>
</tr>
</tbody>
</table>
### Freestyle Poomsae Divisions

#### Individual

<table>
<thead>
<tr>
<th>Age</th>
<th>Gender</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>Male</td>
</tr>
<tr>
<td>12-17</td>
<td>Female</td>
</tr>
<tr>
<td>18+</td>
<td>Male</td>
</tr>
<tr>
<td>18+</td>
<td>Female</td>
</tr>
</tbody>
</table>

#### Pair

<table>
<thead>
<tr>
<th>Age</th>
<th>Gender</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>Male/Female</td>
</tr>
<tr>
<td>18+</td>
<td>Male/Female</td>
</tr>
</tbody>
</table>

#### Team

<table>
<thead>
<tr>
<th>Age</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>Five members: at least two males and two females plus alternate</td>
</tr>
<tr>
<td>18+</td>
<td>Five members: at least two males and two females plus alternate</td>
</tr>
</tbody>
</table>
III. COMPETITION FORMAT

Phase 1: 2017 USAT-Sanctioned State Championships (Recognized Poomsae)

In Phase 1, tournaments will use the competition format specified by the 2017 USA Taekwondo State Championship Manual.

Phase 2: 2017 USAT National Championships – Recognized Poomsae National Championships and Poomsae Team Trials

Phase 2 for Recognized Poomsae will use the cut-off method for preliminary and semifinal rounds, and will use a comprehensive poomsae format for the final round:

Preliminary Round (20+ competitors, any Division with more than 70 competitors will have 1 additional Preliminary round): Competitors will perform one poomsae. The competitors with scores in the top half of the group proceed to the next round.

Semifinal Round (9-19 competitors): Competitors will perform one poomsae. The competitors with scores in the top eight of the group proceed to the final round.

Final Rounds (8 or fewer): With the selection of the very best athlete in mind, the method of selection for Recognized Poomsae Divisions shall include the performance of four of the eight required poomsae by each of the eight finalists. The four poomsae will be chosen randomly from the required poomsae for each division.

Each Recognized Poomsae Division will perform four required poomsae one at a time per round: all competitors will perform the first randomly selected poomsae, followed by all competitors performing the second poomsae, and so forth. The poomsae order will be announced at least 1 day prior to the competition.

The first round of competition (first poomsae) within a division shall have a random competitor order. Subsequent rounds’ competitor orders shall also have a random competitor order. In divisions of four to eight competitors, the algorithm used to randomize the competitors each round will ensure that no competitor will perform first for more than one round. In divisions of three or less competitors, the algorithm used to randomize the competitors each round will ensure that no competitor will perform first for any two consecutive rounds.

Phase 2 for Freestyle Poomsae will serve as the National Poomsae Team Trials for the Freestyle Divisions and will be contested according to the current USAT rules.

The selection of the winner in recognized poomsae will be based on two methods of calculating the results (Figure 1).

1. The first method will be by cumulative score of all rounds of competition. At the end of four rounds, the scores across all four poomsae for each athlete are totaled. The athlete who has the highest total score will be declared the winner. The athlete who has the second highest total score is the first alternate. The
athlete who has the third highest score is the second alternate, and the athlete
with the fourth highest score is the third alternate.

In the case of a tie, the winner is the competitor with the highest presentation
score. If the competitors are still tied, all scores received during the competition
are considered (without dropping the high and low scores). If the scores are still
tied, the competitors will perform a poomsae randomly selected by the USAT
Director of Events or a designated Tournament Committee member, and the
scores from that poomsae will be used to break the tie.

2. The second method will be by placement during each round of poomsae. Each
round a first, second, third and fourth place will be awarded to the competitors
and the number of wins will be recorded across all rounds. At the end of four
rounds, the number of round wins will be listed as highest number of 1st
placements, # of 2nd places, # of 3rd places and # of 4th places. The competitor
with the highest number of 1st place wins, if tied then the number of 2nd place
then number of 3rd place etc. (i.e. Competitor A with 2 first place wins beats
Competitor B with 1 first place and 2 second place wins – or - Competitor A with
2 first place, 1 second place and 1 third place beats Competitor B with 2 first
place, 0 second place and 1 third place.)

![Diagram](image)

**Figure 1. Recognized Poomsae Division Methodology**

If the same athlete places first in both methods of calculating the winner than that
athlete is the uncontested winner. In the event that any different athletes place
higher using the second method and record more first place round wins than the
cumulative score winner, those athletes will have the right to challenge the winner to
a tie breaker round.
The tie breaker between methods will use a Single elimination format. The athletes qualifying will be seeded as the Cumulative Score winner seeded number 1 and the Round winner seeded number 2, with subsequent Round winners, if any, seeded next. 2 forms will be randomly selected by the USAT Director of Events or a designated Tournament Committee member from the remaining unselected forms and the round will be run using USAT Single elimination format rules. The winner will be named the 2017 National Poomsae Team Member. Alternates, if needed, will be selected from the cumulative score results.

Phase 2 for Freestyle Poomsae will use the cut-off method as defined by the USAT Poomsae Competition Rules:

Preliminary Round (20+ competitors, any Division with more than 70 competitors will have 1 additional Preliminary round): Competitors will perform one poomsae. The competitors with scores in the top half of the group proceed to the semi-final round.

Semifinal Round (9-19 competitors): Competitors will perform one poomsae. The competitors with scores in the top eight of the group proceed to the final round.

Final Round (8 or fewer competitors): each of the top 8 athletes will perform their poomsae once to determine the final standings. The athlete with the highest score will be determined the winner.

In case of a tied score, the tie will be broken according to the USAT rules: The winner will be the competitor with the highest technical skills score. In case that the scores are still tied, the competitor with the highest total points including the total points of all judges without dropping the high and low score is the winner. If it’s still tied, the tied competitors will perform one freestyle poomsae, and the competitor with the highest score will be the winner.

IV. REQUIRED POOMSAE

A list of the required Poomsae for the 2017 USAT National Championships will be published to the USAT website no later than one day prior to the start of competition.

The order in which the Recognized Poomsae will be contested at the 2017 USAT National Poomsae Team Trials will be published to the USAT website no later than the day before the team trials.

V. ATHLETE REPLACEMENTS

In an unchallenged team or pair division (Recognized or Freestyle), in the event of an injury or withdrawal of a member, the team or pair may replenish their roster to the starting number that they had at team trials by any USAT athlete that was eligible throughout the selection process.

For contested divisions – in the event of an injury or withdrawal, the eligible alternate for that division will be asked to fill the opening. (Freestyle Team is seen as composed of 5 or 6 members that may be interchanged at the discretion of their
coach. Athletes are not guaranteed to be in the starting lineup of 5 whether they performed for team trials or not and a team will be replaced if their number of athletes drops below 5.

VI. ATHLETE RESPONSIBILITIES

Travel & Competition Expenses
Registration fees, team uniforms and apparel will be provided to the athletes with their participation in the 2017 Selected National Team Event. Those athletes that participate in the event will be responsible for all travel expenses related to the 2017 Selected National Team Event.

Notification of Participation & Replacements

If the rules of the events that the 2017 National Poomsae Team members compete in restrict the number of events in which they can participate, they those members must choose the corresponding divisions which they intend to compete by a deadline specified by the national team staff.

All 2017 National Poomsae Team members must make clear their intention of participating in the 2017 Selected National Team Event no later than one week following the Phase 3 Team Trials. If the 1st place finisher from Phase 3 is unwilling or unable to participate, the 2nd place finisher will be offered the spot as an alternate. If the 1st and 2nd place finishers from Phase 3 are unwilling or unable to participate, the 3rd place finisher will be offered the spot as an alternate. If the 1st, 2nd and 3rd place finishers from Phase 3 are unwilling or unable to participate, the 4th place finisher will be offered the spot as an alternate. If the 1st through 4th place finishers from Phase 3 are unwilling or unable to participate, then the spot will go uncontested at the 2017 Selected National Team Event.

Mandatory Team Meeting & Training
The 2017 National Poomsae Team will have a mandatory team meeting at the conclusion of each day of the team trials (July 2017). All 2017 U.S. National Poomsae Team members are required to attend the meeting on the day that they qualified for the National Poomsae Team.

2017 Selected National Team Event Schedule
All 2017 National Poomsae Team members are required to arrive at the 2017 Selected National Team Event on the date specified by the 2017 Selected National Team Event organizing committee in order to participate in training sessions and complete registration.
VII. ATHLETE ELIGIBILITY

The following requirements must be met for an athlete to be eligible to join the 2017 National Poomsae Team.

1. Athlete is a holder of the nationality of the United States of America.
2. Athlete is a holder of a valid U.S. Passport or is eligible to have one issued to them.
3. Athlete is a holder of Taekwondo Dan or Poom certificate issued by the Kukkiwon.
4. Athlete is a member of USA Taekwondo in good standing.
5. Athlete must not have any SafeSport violations or complaints pending.
6. Athlete is at least 12 years of age by December 31, 2017.

VIII. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group (include names and titles) were responsible for creating these Selection Procedures:

- Daniel Chuang, USAT National Poomsae Head Coach
- Barbara Brand, USA Taekwondo AAC Representative
- Keith Ferguson, Executive Director, USA Taekwondo
- May Spence, Director of High Performance, USA Taekwondo

IX. NGB BYLAWS AND GRIEVANCE PROCEDURES

The USA Taekwondo Bylaws and Grievance Procedures can be found at

USA Taekwondo Bylaws

X. INTERNATIONAL DISCLAIMER

These procedures are based on IOC and/or World Taekwondo Federation (WTF) rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC and/or WTF rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Taekwondo. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

XI. ATHLETE OMBUDSMAN

Athletes who have questions regarding their opportunity to compete that are not answered by USA Taekwondo may contact the USOC Athlete Ombudsman: Kathleen (Kacie) Wallace by:
Toll free telephone at (888) ATHLETE
E-mail at athlete.ombudsman@usoc.org
http://www.teamusa.org/For-Athletes/Athlete-Ombudsman

XII. NGB SIGNATURES

I certify that I have read, understand and incorporated our IF standards/criteria into our Selection Procedures and that the information provided herein regarding Athlete Selection Procedures represents the method approved by USA Taekwondo.

<table>
<thead>
<tr>
<th>Position</th>
<th>Print Name</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGB Executive Director</td>
<td>Keith Ferguson</td>
<td>[Signature]</td>
<td>5/2/2017</td>
</tr>
<tr>
<td>USAT National Poomsae Head Coach</td>
<td>Daniel Chuang</td>
<td>Daniel Chuang</td>
<td>5/3/2017</td>
</tr>
<tr>
<td>Athletes’ Advisory Council Representative*</td>
<td>Barbara Brand</td>
<td>Barbara Brand</td>
<td>5/4/2017</td>
</tr>
<tr>
<td>NGB Director of High Performance</td>
<td>May Spence</td>
<td>[Signature]</td>
<td>5-4-2017</td>
</tr>
</tbody>
</table>

*If USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.