

Regional Certification Criteria

Objectives:

- To teach intermediate adults and juniors from 1750 up to a USATT Rating Level of 2250.
- To plan and carry out training sessions for players and coaching development.
- Knowledge development of advanced training concepts for higher-level player development.
- To learn tournament organization methods.

Requirements:

- a. Certified State Coach for a minimum of 3 years.
- b. USATT affiliate member for at least six years and have had a MER of 2100.
- c. Pass written and practical (5 -10 minute demonstration of teaching a common stroke, tactic or strategy) test.
- d. Submit certification fee of \$40 payable to USATT.
- e. **Complete Coach Activity Form for Regional Coach (must list minimum of 5 active players).**
- f. Participate as an assistant coach for at least one training camp run by National Level Coach(s) (minimum of 18 hours), or by attending one Coaching Seminar organized by the USOC/USATT.
- g. Submit at least one table tennis coaching article to Coaching Committee Chairman for publication in USATT magazine.
- h. Must submit three recommendation letters from coached players or parent/guardian of player.
- i. Must show a history of greater than three years of coaching activity.
- j. Coached player(s) must show participation in a Regional (***) level tournament or higher.

Testing process:

USATT will provide date and location of the test. Combined tests will require 80% for certification.

The test will be composed of:

- Written test (70%)
- Practical test (30%, based on a checklist of 6 skills)

Curriculum:

- a. All the subjects from State Coach Certification.
- b. International History of Table Tennis⁷. (Messinis, p.1-4).
- c. Advanced Technique in Table Tennis¹. (Tepper, p. 193-235).
- d. Scientific principles of table tennis practice^{1,8}. (Tepper, p.265-283; Hudetz, p. 252-257)
- e. Game and overall performance analysis¹. (Tepper, p. 299-301)
- f. Advanced physical conditioning concepts¹. (Tepper, p. 163-191, 247-263)
- g. The philosophy of training⁹. (Gadal, p. 21-26)
- h. Mental Training concepts^{1,7,9}. (Tepper, p. 273-279; Messinis, p.135-140; Gadal, p. 75-90)
- i. Advanced training plan development^{7,9}. (Messinis, p.97-108; Gadal, p. 103-112)