



## ITTF-PTT Level 1 Coaching Course



- Dates:** July 27-31, 2016
- Location:** Texas Wesleyan University, Sid Richardson Gymnasium  
1100 South Collard Street, Fort Worth, Texas, 76105, USA
- Contact:** Jasna Rather      **E-mail:** [jrather@txwes.edu](mailto:jrather@txwes.edu)      **Phone:** (817) 715 - 4062
- Eligibility:** The Course is open to all interested participants wishing to become certified as ITTF-PTT Level 1 Coaches. Participants completing all the course requirements will receive both ITTF and PTT (Paralympic) Level 1 Certification. In addition, participants who pass this course and who are not USATT Certified will also be awarded "State" Level Coaches Certification by the USATT.
- Conductor:** ITTF Course Conductor/Trainer, Christian Lillieroos will conduct the course. Coach Lillieroos is one of the most experienced ITTF Course Conductors having conducted courses in many countries around the World.
- Organizer:** Texas Wesleyan Table Tennis
- Equipment:** Ten table tennis tables and over 500 balls will be used for the course.

### Course Description

The ITTF Level 1 Coaching Manual includes syllabus and course material for:

- Community Leader Course-3 hour
- School Teacher Course-6 hour
- Club Coach Course-12 hour
- ITTF Level 1 Course-24 hour
- ITTF Para Level 1- 6 hours (total of 30 hours)
- All courses are cumulative.

**ITTF Level 1 is the first level officially recognized by ITTF and has the following requirements:**

- Attendance at 24 hour course conducted by an ITTF approved Course Conductor
- 10 minute Coaching Practical presentation during the course. A "PASS" is required to be eligible for ITTF Level 1
- After the course, 30 hours coaching practice must be completed. This coaching practice should be predominantly group coaching benefiting the table tennis community or junior or school groups.
- From the 30 hours coaching practice, 5 hours must be supervised by the ITTF Course Conductor or a person appointed by the ITTF Course Conductor. This supervisor evaluates each coach using the "Confidential Coaching Report" [pages 299-301 of the ITTF Level 1 Manual] This must be approved by the ITTF Course Conductor, who provides the certificates if all requirements are met.
- In 2007 IPTTC has developed an optional additional 6 hours for "athletes with disabilities" in English. Coaches that complete the additional 6 hours will be ITTF + PTT Level 1 Coaches.

**Hotel suggestions for those who are not living in DFW area:**

- Stay Express Hotel Fort Worth (2.5 stars and 2 minute drive to the course site)
- Holiday Inn Express Hotel & Suites Fort Worth Downtown (2.5 star hotel and 12 minutes to the course)
- Hilton Garden Inn Fort Worth Medical Center (3 star new hotel and 15 minutes to the course site)
- Residence Inn by Marriott Fort Worth Cultural District (3 star hotel and 15 minutes to the course)

There are many other hotels in 10-20 minutes from the course site

**Course Schedule during the ITTF Level 1 Course from July 27-31, 2016**

July 27, 2016 (Wednesday)      1pm - 4pm & 5pm - 8pm (food provided)

July 28, 2016 (Thursday)        10am - 1pm & 3:30pm – 6:30pm (lunch not provided)

July 29, 2016 (Friday)         10am - 1pm & 3:30pm – 6:30pm (lunch not provided)

July 30, 2016 (Saturday)        9am - 12pm & 2pm - 5pm (lunch not provided)

July 31, 2016 (Sunday)         9am - 12pm & 1pm- 4pm (food provided)

**Costs:** \$250.00 per person plus each coach needs to purchase the ITTF Level 1 Manual which is available at the site for \$25. Coaches are responsible for their own transportation and room and board arrangements.

**Entry Form – ITTF/PTT Level 1 Course – July 27 to 31, 2016 (Course is limited to the first 30 entries received with deposit)**

First name: \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Are you currently a certified USATT Coach: (Y/N)      If yes, what level: \_\_\_\_\_

Please make check payable to: Texas Wesleyan Table Tennis

Please mail form with \$100 deposit or if you wish with the full amount by 7/14/2016 to:

Jasna Rather, PO BOX 470261, Fort Worth, Texas, 76147

Course is limited to the first 30 entries with deposit.