East Chapel Hill High School Table Tennis Club

Achyuta Kannan
Overview

These are my key points to start the club:

● What it takes to run a club (my understanding)
● Table Tennis as a club sport
● What it will take to run the Table Tennis club
● What to do next
What does it take to run a club - my understanding

- Each club needs at least one teacher/instructor
- Each club needs to have a good number of participants (2 to 20 or more)
- Each club needs to have a strong interest and dedication
Table Tennis as a club sport

- Table Tennis is gaining popularity in the US
- Many people have TT Tables in their garage, basement or game room
- Table Tennis helps with focus and fitness
- Table Tennis helps hand eye coordination
- Table Tennis is a fun way to burn calories
- Table Tennis is an all weather sport
- Table Tennis promotes friendly and social interactions
- Everyone can play Table Tennis
- Have introduced the sport to my Middle School (Smith Middle School)
- Two tables were donated by generous community members and the sport has seen good interest
- A good level of interest has been seen at ECHHS as well
What it will take to run the Table Tennis club

- **Equipment**
  - 1 - 3 Tables each with net
  - 1 paddle per player (Players should bring personal paddles but Club will have spare paddles)
  - 10-20 balls

- A room with a reasonably high ceiling with good lighting

- At least one teacher/instructor

- Meet for play at least once a week but preferred upto 3 times a week

- Have a code of conduct for all club members

- Have a minimum of 3-4 hours of attendance per player per month
What to do next

- Have a Student, Parent and Teacher information session
- We can arrange a visit to the Seymour Center (Chapel Hill Senior Center) which encourages players of all ages and all levels
- Start with one Table and add more tables with more interest
- Generate interest amongst students to join the club
- Have a coaching session with a volunteer coach at least once every 2 weeks to help new players learn and existing players improve their skills
- Host friendly competition in school once every 2 months
- Invite other local Schools to form clubs and have friendly competitions
Donations

- Request a teacher (Mr. Seifts) to overlook the Club’s activities
- Reach out to parents, community for Table and other equipment donations
- Request a coach (Haripriya Chinnaswamy) to donate time to coach school club members