# PART THREE

## U.S. SYNCHRONIZED SWIMMING RULES (USSS RULES)

### REFERENCE GUIDE

<table>
<thead>
<tr>
<th>SUBJECT (RULE REFERENCE)</th>
<th>PAGE NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>I. TECHNICAL RULES (TR)</td>
<td>3</td>
</tr>
<tr>
<td>• Competition Governance (TR 1)</td>
<td>3</td>
</tr>
<tr>
<td>• Waiver of the Rules (TR 2)</td>
<td>3</td>
</tr>
<tr>
<td>• Protests (TR 3)</td>
<td>3</td>
</tr>
<tr>
<td>• Competitive Area Control (TR 4)</td>
<td>4</td>
</tr>
<tr>
<td>• Doping Control (TR 5)</td>
<td>4</td>
</tr>
<tr>
<td>• SafeSport (TR 6)</td>
<td>4</td>
</tr>
<tr>
<td>II. COMPETITIVE PROGRAMS (CP)</td>
<td>5</td>
</tr>
<tr>
<td>• Classes of Competition (CP 1)</td>
<td>5</td>
</tr>
<tr>
<td>o Senior (CP 1.1)</td>
<td>5</td>
</tr>
<tr>
<td>o Junior (CP 1.2)</td>
<td>5</td>
</tr>
<tr>
<td>o 13-15 (CP 1.3)</td>
<td>6</td>
</tr>
<tr>
<td>o Junior Olympic and Junior Olympic Regions (CP 1.4)</td>
<td>6</td>
</tr>
<tr>
<td>o Intermediate (CP 1.5)</td>
<td>6</td>
</tr>
<tr>
<td>o Novice (CP 1.6)</td>
<td>6</td>
</tr>
<tr>
<td>• Eligibility (CP 3)</td>
<td>7</td>
</tr>
<tr>
<td>o Senior (CP 3.2)</td>
<td>7</td>
</tr>
<tr>
<td>▪ U.S. National Championship: Entry Qualifications (CP 3.2.2)</td>
<td>7</td>
</tr>
<tr>
<td>▪ U.S. Senior Open Championship: Entry Qualifications (CP 3.2.3)</td>
<td>8</td>
</tr>
<tr>
<td>▪ Senior Zone and Association Championships Qualifications (CP 3.2.4)</td>
<td>8</td>
</tr>
<tr>
<td>o Junior (CP 3.3)</td>
<td>8</td>
</tr>
<tr>
<td>▪ U.S. Junior Championship: Entry Qualifications (CP 3.3.2)</td>
<td>9</td>
</tr>
<tr>
<td>▪ U.S. Junior Open Championship: Entry Qualifications (CP 3.3.3)</td>
<td>9</td>
</tr>
<tr>
<td>▪ Junior Zone and Association Championships Qualifications (CP 3.3.4)</td>
<td>9</td>
</tr>
<tr>
<td>▪ U.S. 13-15 Championship: Entry Qualifications (CP 3.4.2)</td>
<td>9</td>
</tr>
<tr>
<td>o Junior Olympic (CP 3.5)</td>
<td>10</td>
</tr>
<tr>
<td>▪ Determination of Age Division (CP 3.5.2)</td>
<td>10</td>
</tr>
<tr>
<td>▪ Ineligibility for Junior Olympic participation (CP 3.5.3)</td>
<td>10</td>
</tr>
<tr>
<td>▪ U.S. Junior Olympic Championship: Entry Qualifications (CP 3.5.5)</td>
<td>11</td>
</tr>
<tr>
<td>▪ Regional Championships: Entry Qualifications (CP 3.5.6)</td>
<td>12</td>
</tr>
<tr>
<td>▪ Association Championships: Entry Qualifications (CP 3.5.7)</td>
<td>12</td>
</tr>
<tr>
<td>▪ Intermediate and Novice (CP 3.6 &amp; 3.7)</td>
<td>12, 13</td>
</tr>
<tr>
<td>• Events (CP 4)</td>
<td>13</td>
</tr>
<tr>
<td>o Programs (CP 4.1)</td>
<td>13</td>
</tr>
<tr>
<td>▪ Senior (CP 4.1.1)</td>
<td>13</td>
</tr>
<tr>
<td>▪ Junior (CP 4.1.2)</td>
<td>13</td>
</tr>
<tr>
<td>▪ 13-15 (CP 4.1.3)</td>
<td>14</td>
</tr>
<tr>
<td>▪ Junior Olympic (CP 4.1.4)</td>
<td>14</td>
</tr>
<tr>
<td>▪ Intermediate and Novice (CP 4.1.5 &amp; 4.1.6)</td>
<td>14</td>
</tr>
<tr>
<td>o Routines (CP 4.2)</td>
<td>14</td>
</tr>
<tr>
<td>▪ Free Combination Rules (CP 4.2.3)</td>
<td>14</td>
</tr>
<tr>
<td>▪ Routine composition and deck work (CP 4.2.4 &amp; 4.2.4.3)</td>
<td>14, 15</td>
</tr>
<tr>
<td>▪ Time requirements and time allowances (CP 4.2.5 &amp; 4.2.5.6)</td>
<td>15</td>
</tr>
<tr>
<td>▪ Timing of the routine and deck movements (CP 4.2.5.7)</td>
<td>16</td>
</tr>
<tr>
<td>o Figures (CP 4.3)</td>
<td>16</td>
</tr>
<tr>
<td>▪ Figure Groups</td>
<td>16</td>
</tr>
<tr>
<td>▪ Figure Performance Regulations (CP 4.3.3)</td>
<td>17</td>
</tr>
</tbody>
</table>
• Entry Procedures (CP 5).................................................................................................................. 18
  o Numbers of Competitors (CP 5.1)................................................................................................. 18
  o Deduction Points (CP 5.2)............................................................................................................... 18
  o Reserves (CP 5.3)............................................................................................................................. 18
  o Notification Responsibilities (CP 5.4)............................................................................................... 18
  o Entry Forms, Deadlines and Music Submission (CP 5.5).............................................................. 18
  o Changes and/or Scratches (CP 5.6)............................................................................................... 19
  o Starting Responsibilities (CP 5.7).................................................................................................... 19
• Event Progression: Preliminary, Semifinal, Final Events (CP 6).................................................. 20
  o General (CP 6.1)............................................................................................................................. 20
  o Additional Event Progression for National Championships (CP 6.2-6.5)................................. 21, 22
• Awards (CP 7)................................................................................................................................... 23
  o Figure and Routine Awards (CP 7.1.1 & 7.1.2): Minimum standards........................................ 23, 24
  o Figure Awards for Competitions held in Age Divisions (CP 7.2).................................................. 24
  o Scoring Systems (CP 7.4)............................................................................................................. 25

III: RULES APPLICABLE TO FOREIGN COMPETITORS (FC).......................................................... 26

IV: OFFICIALS AND DUTIES (OD).................................................................................................. 28
• General Regulations (OD 1)................................................................................................................ 28
  o Judges (OD 2).................................................................................................................................. 28
  o Selection Procedures (OD 2.3)......................................................................................................... 28
  o Judging Panels (OD 2.5)................................................................................................................... 30
  o Methods of Grading: Figure Competition (OD 2.6.1)................................................................. 30
  o Methods of Grading: Routine Competition (OD 2.6.2)................................................................. 31
  o Breakdown of Routine Scoring (OD 2.6.2.4 & 2.6.2.5).............................................................. 31-33
• Referees (OD 3).................................................................................................................................. 34
  o Figure Penalties (OD 3.6.1)............................................................................................................ 36
  o Routine Penalties (OD 3.6.2).......................................................................................................... 36
  o Swimwear, use of accessory equipment and makeup (OD 3.6.3-5)............................................. 37, 38
• Scoring Staff (OD 4).......................................................................................................................... 38
  o Methods of Scoring: Figure and Routine Competition (OD 4.1.2.2-4)...................................... 38-40
  o Timing Procedures and Timers (OD 4.3)....................................................................................... 42
• Other Competition Personnel (OD 5)............................................................................................... 43

V. NATIONAL TEAM (NT).................................................................................................................. 44

VI. JUNIOR AND SENIOR HIGH SCHOOL (HS)........................................................................... www.usasynchro.org

VII. COLLEGIATE (CO)..................................................................................................................... 45
• Collegiate Competition (CO 2).......................................................................................................... 48
  o Categories for Technical Competition (CO 2.1)............................................................................. 48
  o Technical Competition (CO 2.2).................................................................................................... 49
  o Routine Competition (CO 2.3)........................................................................................................ 50
• Collegiate Scoring (CO 3).................................................................................................................. 50
• The U.S. Collegiate Championship (CO 4).......................................................................................... 52
• Awards for the U.S. Collegiate Championship (CO 5)..................................................................... 53

VIII. MASTERS (MS).......................................................................................................................... 55
• Definition of Grand Master (MS 1.2)................................................................................................ 55
• Technical and Free Routine Time Limits (MS 2.6.1 & 2.7.1)........................................................... 56
• Technical Routine Requirements........................................................................................................ 57
• Age Divisions: Routines and Figures (MS 2.10 & 3.1).................................................................... 57
• Figure Competition (MS 3), Groups and Rotations........................................................................ 58
  o Figure Rule II.F................................................................................................................................. 58

IX. STATE GAMES (SG)..................................................................................................................... 59
PART THREE  
(Effective January 1, 2020)  
(Revised February 13, 2020)  

USSS RULES  

RULE 1  
TECHNICAL RULES (TR)  

TR 1 COMPETITION GOVERNANCE: 

TR 1.1 All U.S. Synchronized Swimming Championships shall be subject to the USSS Code. All U.S. Synchronized Swimming Championships shall be subject to the FINA Artistic Swimming Rules, with the exception of U.S. Collegiate, U.S. Junior Olympic and U.S. Masters Championships.  

TR 1.2 These current rules cancel and supersede all previous rules. USSS rule changes shall occur in the legislative year.  

TR 1.3 Registered Foreign Athletes: An athlete of one country joining a club of another country and participating in the competition of the latter shall be regarded as coming within the jurisdiction of the latter until such time as the athlete resigns the membership and returns home.  

TR 2 WAIVER OF THE RULES:  

TR 2.1 Authority to waive application of the rules pertaining to the administration and conduct of USSS programs shall be granted as follows:  

TR 2.1.1 Vice President Competitive Operations in consultation with the President of USSS and/or a member of the Athletes Executive Council at National competitions.  

TR 2.1.2 Zone Technical Chair in consultation with the Zone Chair and/or a Zone Athlete Representative at Zone competitions.  

TR 2.1.3 Technical Chair in consultation with the Administrative Chair and/or an Athlete Representative of the Association in which the Regional competition is held.  

TR 2.1.4 The Association Technical Chair in consultation with the Association Administrative Chair and/or an Athlete Representative of the Association at all competitions in his/her Association.  

TR 2.2 A request for a waiver of a rule or part thereof shall be made in writing to the appropriate Chair. The request shall be judged on its merits and the Chair shall consider whether the application of a rule will create an unfair situation or whether the waiver of the rule will promote the development of the program. Any approved waiver shall apply to qualifying and Regional competitions.  

TR 3 PROTESTS:  

TR 3.1 Protests affecting the right of any competitor to compete in any competition shall be made in writing to the Meet Manager or Meet Referee before competition is held. All protests must be accompanied by a fee of $25.00. If the protest is upheld, the fee shall be returned to the protestant. If the protest is denied, the fee shall remain with the authority conducting the competition (i.e. Association, Region, Zone, National).  

TR 3.2 Such protest shall be considered by the Meet Committee consisting of:  

TR 3.2.1 USSS Officers present, Zone Chair of the Zone in which the competition is being held, and that number of Athlete Representatives necessary to assure that at least 20% of the Meet Committee are athletes for National competitions.  

TR 3.2.2 Zone Officers present, the Association Chair of the Association in which the competition is being held, and that number of Athlete Representatives necessary to assure that at least 20% of the Meet Committee are athletes for Zone competitions.
TR 3.2.3 The Meet Manager, Meet Referee, all Association Chairs present, and that number of Athlete Representatives necessary to assure that at least 20% of the Meet Committee are athletes for Regional competitions.

TR 3.2.4 The Meet Manager, Meet Referee, all Association Chairs present, and that number of Athlete Representatives necessary to assure that at least 20% of the Meet Committee are athletes for Association competitions.

TR 3.3 The Meet Committee may allow the competitor to compete under protest and it shall be so announced before the event.

TR 3.4 Any protest arising from the competition itself shall be made to the Event Referee verbally by the competitor or the competitor’s coach within 30 minutes after the completion of the event in which the alleged infraction took place. Any protest and its resolution shall be publicly posted within 30 minutes of the decision.

TR 3.5 Protests are possible against any decision of the Event Referee. No protest shall be allowed against decisions of fact.

TR 3.6 If the protest is not resolved immediately, the protestant should then make a written protest to the Event Referee who shall deliver it to the Meet Committee for adjudication.

TR 3.7 Results of any competition conducted under protest, or of any protested competition, shall not be announced, nor prizes and/or scoring points awarded until the protest is officially resolved or final action is determined.

TR 4 COMPETITIVE AREA CONTROL:

TR 4.1 The competitive area as defined by the Meet Manager shall be kept clear of coaches, teammates and all but working personnel (judges, scorers, etc.) while an event is in progress.

TR 4.2 A coach shall not instruct or coach a competitor during the competitor’s performance (figures/routines).

TR 4.3 Smoking shall not be permitted during competition or practice periods in competition areas.

TR 5 DOPING CONTROL: USSS shall follow all IOC, FINA, USOPC and USADA doping control rules. See Administrative Rules, Article 23, Section 23.04 for anti-doping obligations.

TR 6 SAFESPORT: USSS shall follow all SafeSport policies and rules.
RULE II

COMPETITIVE PROGRAMS (CP)

CP 1  CLASSES OF COMPETITION: The annual competitive programs of USSS shall include Synchronized Swimming Championships in the following divisions, and within time lines where indicated:

CP 1.1  Senior:

CP 1.1.1  National:

CP 1.1.1.1  The date of the U.S. National Championship shall be no later than May 31st in any given calendar year.

CP 1.1.1.2  The Championship shall be conducted under FINA Rules.

1. For grade level entry exception, see Rule CP 3.2.1.1.
2. For multiple club entry exception, see Rule CP 3.2.2.1.4.
3. For entry exceptions, see Rule CP 4.1.1.1-4
4. For deduction point exception, see Rule CP 5.2.
5. For awards exception, see Rule CP 6.2.2.

CP 1.1.2  Open:

CP 1.1.2.1  The Championship shall be conducted under FINA Rules.

1. For awards exception, see Rule CP 7.1.2.2.

CP 1.1.3  Zone:


North:  Dakota, Illinois, Indiana, Iowa, Michigan, Midsouth, Minnesota East, Minnesota West, Missouri Valley, Ohio, Ozark, Rocky Mountain and Wisconsin.

South:  Carolina, Gulf, Northeast Florida, Northwest Florida, Potomac Valley, South Texas, Southeast Florida, Southwest Florida, Southwestern and Virginia.


CP 1.1.4  Association

CP 1.2  Junior:

CP 1.2.1  National:

CP 1.2.1.1  The Championship shall be conducted under FINA Rules.

1. For grade level entry exception, see Rule CP 3.3.1.1.
2. For entry exceptions, see Rule CP 4.1.2.1.1-3.
3. For deduction point exception, see Rule CP 5.2.
4. For awards exception, see Rule CP 6.3.3.

CP 1.2.2  Open:

CP 1.2.2.1  The Championship shall be conducted under FINA Rules.

CP 1.2.3  Zone: Same as Senior Zone.  See CP 1.1.3.

CP 1.2.4  Association
CP 1.3  13-15:

CP 1.3.1 National:

CP 1.3.1.1 The Championship shall be conducted under FINA Rules.
1. For grade level entry exception, see Rule CP 3.4.1.1.
2. For entry exception, see Rule CP 4.1.3.1.1.
3. For deduction point exception, see Rule CP 5.2.

CP 1.3.2 Zone: Same as Senior Zone. See CP 1.1.3.

CP 1.4 Junior Olympic:

CP 1.4.1 National

CP 1.4.2 Regional:

CP 1.4.2.1 The Junior Olympic Regions:

East Zone:
Region A Adirondack and Connecticut.
Region B Maryland, Metropolitan, Middle Atlantic and New Jersey.
Region C Allegheny Mountain, Lake Erie and Niagara.
Region D New England North and New England South.

North Zone:
Region A Michigan, Midsouth and Ohio.
Region B Illinois, Indiana, Ozark and Wisconsin.
Region C Dakota, Iowa, Minnesota East and Minnesota West.
Region D Missouri Valley and Rocky Mountain.

South Zone:
Region A Carolina, Potomac Valley and Virginia.
Region B Northwest Florida and Southwest Florida.
Region C Gulf, South Texas and Southwestern.
Region D Northeast Florida and Southeast Florida.

West Zone:
Region A Alaska, Inland Empire, Montana, Oregon and Pacific Northwest.
Region B Central California, Pacific, Snake River, Utah and Wyoming.
Region C Hawaii, San Diego/Imperial and Southern California.
Region D Arizona, New Mexico and Southern Nevada.

CP 1.4.2.2 Each Zone shall determine the Associations assigned to each Region. If a Zone changes the number of Regions and/or Associations, as published herein, a letter written by the Zone Chair stating the new assignment must be filed with the Vice President Competitive Operations by October 1st prior to the year the assignment takes effect. See Rules CP 3.5.5.3 and 3.5.5.4.

CP 1.4.3 Association

CP 1.4.4 Championships must all be held between January 1 and December 31 of any given year. Regional Championships must be held at least 2 weeks prior to the U.S. Junior Olympic Championship.

CP 1.5 Intermediate:

CP 1.5.1 Regional

CP 1.5.2 Association

CP 1.6 Novice: Association
CP 2 OTHER COMPETITIONS: An Association, Region, Zone or National Governing Body may hold any invitational competitions deemed necessary. Associations may conduct their Championships together but present separate awards.

CP 3 ELIGIBILITY:
CP 3.1 General:
CP 3.1.1 Affiliation:
CP 3.1.1.1 Solo competitors may compete unattached.
CP 3.1.1.2 In Duet, Mixed Duet, Trio, Team, Highlight and Free Combination events, competitors must represent and be registered (USSS) with the same club. Exception: For U.S. National Free Combination event, see Rule CP 3.2.2.1.4. For U.S. Junior Olympic, Regional Junior Olympic and Association Junior Olympic Free Combination events, see Rules CP 3.5.5.3.1, 3.5.6.2.1 and 3.5.7.

CP 3.1.2 Number of Events: Each competitor may compete in no more than 3 different routine events (Solo, Duet, Mixed Duet, Trio, Team) in each competition (unless otherwise specified). The Highlight and Free Combination events do not count as one of the 3 events. Each competitor may only enter 1 Duet or Mixed Duet event in each competition. In U.S. Senior Open and U.S. Junior Open Championships, competitors may enter the same routine events in the combined Championships.

CP 3.1.3 Number of original competitors required to meet qualification standards:
CP 3.1.3.1 For Duet, Mixed Duet, Team, Highlight or Free Combination, 50% or more of the competitors must remain the same as at the time of qualification. In competitions where both Technical and Free events are held, the total number of competitors actually competing shall be included within the 50% rule.
CP 3.1.3.2 For Trio, 2 or more competitors remain the same as at the time of qualification. In competitions where both Technical and Free events are held, the total number of competitors actually competing shall be included within the 50% rule.
CP 3.1.3.3 Qualification shall also be met if 50% or more have otherwise met the qualification.

CP 3.1.4 Determination of Age: Based on the year of birth.
CP 3.1.5 Foreign Competitors: See Rule FC.

CP 3.2 Senior:
CP 3.2.1 Championships shall be open to all qualified registered competitors 15 years of age or older based on the year of birth. For Free Combination age exception, see Rule CP 4.1.1.1.3.

CP 3.2.1.1 Qualified registered competitors must have attained Grade Level 5 for entry into the U.S. National Championship. For grade level requirements, see USSS Synchro Grade Level Manual.

CP 3.2.2 Qualifications for entry in the U.S. National Championship:
CP 3.2.2.1 For Preliminary events:
1. The top 4 Solos, Duets, Mixed Duets and Teams determined by the individual Free and Technical routine scores in the most recent Senior Zone Championships shall qualify for the U.S. National Championship.
   • Each Zone shall receive 1 additional entry for each Solo, Duet, Mixed Duet or Team Technical or Free routine it places in the Finals at the previous U.S. National Championship.
   • If a Zone qualifier elects not to compete in the U.S. National Championship, the next highest ranked Solo, Duet, Mixed Duet or Team Technical or Free routine from the most recent Senior Zone
Championship shall become eligible to enter the U.S. National Championship. For notification responsibilities, see Rule CP 5.4.

2. The top 8 Solos, Duets and Teams, including Exhibition routines, in the most recent U.S. Collegiate Championship Preliminary Free Routine Event.

3. One Solo, one Duet, one Mixed Duet and one Team Technical or Free routine entry shall be awarded to the Association hosting the U.S. National Championship, if that Association is not otherwise represented in the Championship. This shall be the highest ranked Solo, Duet, Mixed Duet and Team Technical or Free routine from that Association in the most recent Senior Zone Championship.

4. Free Combinations may enter without regard to qualifications. See Rule CP 4.1.1.1-4.
   - A Free Combination may consist of registered competitors from 2 or more U.S. clubs. The name of a multiple club entry must not reflect a particular club.
   - In addition to the standard entry forms required for the competition, the coach of a multiple club entry must submit a Release Form(s) for each competitor in the event to the USSS National Office, the Meet Manager and the Scoring Chair. The Release Form(s) must be signed by the club coach of each competitor.

CP 3.2.2.2 Current National Training Center athletes may elect to compete in either Solo, Duet or Mixed Duet if not otherwise qualified. Current National Training Center athletes shall not displace any potential Solo, Duet or Mixed Duet qualifiers from the most recent Senior Zone Championships and shall not count towards the Zone additional entries for the following year.

CP 3.2.2.3 Foreign Competitors: See Rule FC.

CP 3.2.3 Qualifications for entry in the U.S. Senior Open Championship:

CP 3.2.3.1 Members of the U.S. National Teams are eligible in all events in the current year.

CP 3.2.3.2 For Preliminary events:
   1. Solos, Duets, Mixed Duets, Teams, Highlights and Free Combinations may enter the U.S. Senior Open Championship without regard to qualifications.

CP 3.2.3.3 Foreign Competitors: See Rule FC.

CP 3.2.4 Qualifications for entry in Zone and Association Championships: Each Zone or Association shall set its own rules for conduct of their Championships. Exception: Competitors who are 13-14 years of age may be combined with competitors who are 15 & over in order to enter Honorary Junior and Senior routines in Zone and Association Championships. Honorary competitors in a given event in Senior Zone Championships shall not be eligible for the U.S. National Championship. For Free Combination age exception, see Rules CP 4.1.1.1.3 and 4.1.2.1.2.

CP 3.3 Junior:

CP 3.3.1 Championships shall be open to all qualified registered competitors 15 to 18 years of age based on the year of birth. For Free Combination age exception, see Rule CP 4.1.2.1.2.

CP 3.3.1.1 Qualified registered competitors must have attained Grade Level 5 for entry into the U.S. Junior Championship. For grade level requirements, see USSS Synchro Grade Level Manual.
CP 3.3.2 Qualifications for entry in the U.S. Junior Championship:

CP 3.3.2.1 For Preliminary events:

1. The top 6 Solos, Duets, Mixed Duets and Teams determined by the combined Technical and Free routine scores in the most recent Junior Zone Championships shall qualify for the U.S. Junior Championship.

   • Each Zone shall receive 1 additional Free routine entry for each Solo, Duet, Mixed Duet or Team routine it places in the Finals at the previous U.S. Junior Championship.

   • If a Zone qualifier elects not to compete in the U.S. Junior Championship, the next highest ranked Solo, Duet, Mixed Duet or Team from the most recent Junior Zone Championship shall become eligible to enter the U.S. Junior Championship. For notification responsibilities, see Rule CP 5.4.

2. One Solo, one Duet, one Mixed Duet and one Team entry shall be awarded to the Association hosting the U.S. Junior Championship, if that Association is not otherwise represented in the Championship. This shall be the highest ranked Solo, Duet, Mixed Duet and Team from that Association in the most recent Junior Zone Championship.

3. Free Combinations may enter without regard to qualifications. See Rule CP 4.1.2.1.1-3.

CP 3.3.2.2 Current National Training Center athletes may elect to compete in either Solo, Duet or Mixed Duet if not otherwise qualified. Current National Training Center athletes shall not displace any potential Solo, Duet or Mixed Duet qualifiers from the most recent Junior Zone Championships and shall not count towards the Zone additional entries for the following year.

CP 3.3.2.3 Foreign Competitors: See Rule FC.

CP 3.3.3 Qualifications for entry in the U.S. Junior Open Championship:

CP 3.3.3.1 For Preliminary events:

1. Solos, Duets, Mixed Duets, Teams and Free Combinations may enter the U.S. Junior Open Championship without regard to qualifications.

CP 3.3.3.2 Foreign Competitors: See Rule FC.

CP 3.3.4 Qualifications for entry in Zone and Association Championships: Each Zone or Association shall set its own rules for conduct of their Championship.

CP 3.4 13-15:

CP 3.4.1 Championships shall be open to all qualified registered competitors 13 to 15 years of age based on the year of birth.

CP 3.4.1.1 Qualified registered competitors must have attained Grade Level 4 for entry into the U.S. 13-15 Championship. For grade level requirements, see USSS Synchro Grade Level Manual.

CP 3.4.2 Qualifications for entry in the U.S. 13-15 Championship:

CP 3.4.2.1 For Preliminary events:

1. The top 4 Solos, Duets, Mixed Duets and Teams determined by the combined Free routine and Figure scores in the most recent 13-15 Zone Championships shall qualify for the U.S. 13-15 Championship.

   • Each Zone shall receive 1 additional entry for each Solo, Duet, Mixed Duet or Team routine it places in the Finals at the previous U.S. 13-15 Championship.

   • If a Zone qualifier elects not to compete in the U.S. 13-15 Championship, the next highest ranked Solo, Duet, Mixed Duet or Team from the most recent 13-15 Zone Championship shall become eligible to enter the U.S. 13-15 Championship.
eligible to enter the U.S. 13-15 Championship. For notification responsibilities, see Rule CP 5.4.

2. One Solo, one Duet, Mixed Duet and one Team entry shall be awarded to the Association hosting the U.S. 13-15 Championship, if that Association is not otherwise represented in the Championship. This shall be the highest ranked Solo, Duet, Mixed Duet and Team from that Association in the most recent 13-15 Zone Championship.

3. Free Combinations may enter without regard to qualifications. See Rule CP 4.1.3.1.1.

CP 3.4.2.2 Current National Training Center athletes may elect to compete in either Solo, Duet or Mixed Duet if not otherwise qualified. Current National Training Center athletes shall not displace any potential Solo, Duet or Mixed Duet qualifiers from the most recent 13-15 Zone Championships and shall not count towards the Zone additional entries for the following year.

CP 3.4.2.3 Foreign Competitors: See Rule FC.

CP 3.4.3 Qualifications for entry in Zone Championships: Each Zone shall set its own rules for conduct of their Championship.

CP 3.5 Junior Olympic:

CP 3.5.1 Championships shall be open to qualified registered competitors.

CP 3.5.1.1 Qualified registered competitors must have attained Grade Level 2 for entry into the U.S. Junior Olympic Championship. For grade level requirements, see USSS Synchro Grade Level Manual.

CP 3.5.2 Determination of Age Division:

CP 3.5.2.1 The age of a competitor shall be based on the year of birth.

CP 3.5.2.2 At least 1 competitor must be in the proper age division. Any number of competitors may move up to complete the routine.

CP 3.5.2.3 During qualifying and in all subsequent competitions, the age of the older/oldest competitor determines the age division of the Duet, Mixed Duet, Team or Free Combination. In all subsequent competitions, the age division shall remain the same as during qualifying and at least 1 competitor must remain in the age division.

CP 3.5.3 In a given routine event, the following competitors shall be ineligible for Junior Olympic participation based on final results of the Championships listed below for the exclusion to apply:

- Exception: For the exclusions below to apply to the U.S. National Championship, the U.S. Senior Open Championship and the U.S. Junior Open Championship, events shall have more than a minimum number of entries. For Solo, Duet and Mixed Duet, there shall be more than 18 entries in each event. For Team events, there shall be more than 12 entries.

CP 3.5.3.1 For Life:

1. Junior National Team 1 and Senior National Teams (Foreign or U.S.): All members are ineligible in all events.

2. U.S. National Championship:
   - Solo - top 8 (Technical and/or Free).
   - Duet - top 8 (Technical and/or Free).
   - Mixed Duet – top 8 (Technical and/or Free).
   - Team - top 3 (Technical and/or Free).

3. Foreign Competitors: See Rule FC.
CP 3.5.3.2 For the next 2 U.S. Junior Olympic Championships:

1. U.S. Senior Open Championship:
   Solo - top 3 (Technical and/or Free).
   Duet - top 3 (Technical and/or Free).
   Mixed Duet – top 3 (Technical and/or Free).
   Team - top 3 (Technical and/or Free).

2. U.S. Junior Championship:
   Solo - top 8.
   Duet - top 8.
   Mixed Duet – top 8.
   Team - top 3.

3. U.S. Junior Open Championship:
   Solo - top 3 (excluding Foreign Federations, Foreign clubs and entries representing the U.S. National Teams).
   Duet - top 3 (excluding Foreign Federations, Foreign clubs and entries representing the U.S. National Teams).
   Mixed Duet – top 3 (excluding Foreign Federations, Foreign clubs and entries representing the U.S. National Teams).
   Team - first place (excluding Foreign Federations, Foreign clubs and entries representing the U.S. National Teams).

CP 3.5.4 In all Junior Olympic qualifying competitions, only the competitors shall qualify for the next Championship. The routine, music and swimwear may change.

CP 3.5.5 U.S. Junior Olympic Championship:

CP 3.5.5.1 Qualified registered competitors must have attained Grade Level 2 for entry into the U.S. Junior Olympic Championship. For grade level requirements, see USSS Synchro Grade Level Manual.

CP 3.5.5.2 May be held once a year in Figures and Free Solo, Duet, Mixed Duet and Team in two age divisions: 12 & under and 13-15. May be held once a year in Junior Technical and Free routines in Solo, Duet, Mixed Duet and Team in two age divisions: 16-17 and 18-19. A Free Combination event may be held in two age divisions: 13-15 and 16-19. The Solo event shall be a Final event.

CP 3.5.5.3 Each Zone shall qualify up to 8 Solos, 12 Duets, 12 Mixed Duets and 12 Teams in each age division. Each Zone shall qualify up to 12 Free Combination routines in the 13-15 and 16-19 age divisions.

1. Free Combination entries may consist of registered competitors from 2 or more U.S. clubs. The name of a multiple club entry must not reflect a particular club.
   - In addition to the standard entry forms required for the competition, the coach of a multiple club entry must submit a Release Form(s) for each competitor in the event to the USSS National Office, the Meet Manager and the Scoring Chair. The Release Form(s) must be signed by the club coach of each competitor.

CP 3.5.5.4 No Region shall have more than its proportionate share of the 12. Each Region shall qualify competitors by ranking in the combined Free routine and Figure or Technical routine scores in Regional Championships in the Solo, Duet, Mixed Duet and Team events.

1. In the Solo event, 2 entries per region per age division shall qualify to the U.S. Junior Olympic Championship.

2. In the Free Combination event, each Region shall qualify its proportionate share of Free Combination routines in the 13-15 and 16-19 age divisions.
• Free Combination entries may consist of registered competitors from 2 or more U.S. clubs. The name of a multiple club entry must not reflect a particular club.

• In addition to the standard entry forms required for the competition, the coach of a multiple club entry must submit a Release Form(s) for each competitor in the event to the USSS National Office, the Meet Manager and the Scoring Chair. The Release Form(s) must be signed by the club coach of each competitor.

**CP 3.5.5.5** All 12 & under and 13-15 competitors in Solo, Duet, Mixed Duet and Team shall compete in the Figure competition. All 16-17 and 18-19 competitors in Solo, Duet, Mixed Duet and Team shall compete in the Technical routine event. The Figure or Technical routine results shall be added to the Preliminary Free routine score to determine the top 12 Duets, Mixed Duets and Teams that qualify for the Final Free routine competition. Number 13 shall be the pre-swimmer.

1. The Figure or Technical routine results shall be added to the Solo Free Final results to determine final placement.

2. The Free Combination event shall not include Figure or Technical routine scores.

**CP 3.5.6 Regional Championships:**

**CP 3.5.6.1** May be held once a year in Figures and Free Solo, Duet, Mixed Duet and Team in two age divisions: 12 & under and 13-15. May be held once a year in Junior Technical and Free routines in Solo, Duet, Mixed Duet and Team in two age divisions: 16-17 and 18-19. A Free Combination event may be held in two age divisions: 13-15 and 16-19. See CP 3.5.5.2-4.

**CP 3.5.6.2** Each Association may qualify the top 3 Solos, Duets, Mixed Duets, Teams and Free Combinations in each age division. Exception: Any Association which is the only participant in its Region in a given year, event and age division, may qualify the top 4 Solos, Duets, Mixed Duets, Teams and Free Combinations in each age division.

1. Free Combination entries may consist of registered competitors from 2 or more U.S. clubs. The name of a multiple club entry must not reflect a particular club.

• In addition to the standard entry forms required for the competition, the coach of a multiple club entry must submit a Release Form(s) for each competitor in the event to the USSS National Office, the Meet Manager and the Scoring Chair. The Release Form(s) must be signed by the club coach of each competitor.

**CP 3.5.6.3** Regions may be combined for competition if so desired.

**CP 3.5.7 Association Championships:** See CP 3.5.6.1 and 3.5.6.2.1 above.

**CP 3.6 Intermediate:**

**CP 3.6.1** Championships shall be open to qualified registered competitors.

**CP 3.6.2** Determination of Age Divisions:

**CP 3.6.2.1** The age of a competitor shall be based on the year of birth.

**CP 3.6.2.2** At least 1 competitor must be in the proper age division. Any number of competitors may move up to complete the routine.

**CP 3.6.3 Regional Championships:**

**CP 3.6.3.1** May be held in Figures, Solo, Duet, Mixed Duet, Trio, Team and Free Combination in five age divisions: 10 & under, 11-12, 13-15, 16-17 and 18 & over.

**CP 3.6.3.2** Each Region may set its own rules for conduct of their Championships.
CP 3.6.4 Association Championships:

CP 3.6.4.1 May be held in Figures, Solo, Duet, Mixed Duet, Trio, Team and Free Combination in five age divisions: 10 & under, 11-12, 13-15, 16-17 and 18 & over.

CP 3.6.4.2 Each Association may set its own rules for conduct of their Championships.

CP 3.7 Novice:

CP 3.7.1 Championships shall be open to qualified registered competitors.

CP 3.7.2 Determination of Age Divisions:

CP 3.7.2.1 The age of a competitor shall be based on the year of birth.

CP 3.7.2.2 At least 1 competitor must be in the proper age division. Any number of competitors may move up to complete the routine.

CP 3.7.3 Association Championships:

CP 3.7.3.1 May be held in Figures, Solo, Duet, Mixed Duet, Trio and Team in four age divisions: 8 & under, 9-10, 11-12 and 13 & over.

CP 3.7.3.2 Each Association shall set its own rules for conduct of their Championships.

CP 4 EVENTS:

CP 4.1 Programs:

CP 4.1.1 Senior:

CP 4.1.1.1 For the U.S. National Championship, competition shall consist of Senior Technical and Free routines for Solos, Duets, Mixed Duets and Teams. There shall also be a Free Combination event conducted as a 100% routine event.

1. When the U.S. National and U.S. Junior Championships are held together, there shall be 1 combined Free Combination event. Competitors from the U.S. National and U.S. Junior Championships may be combined in the same Free Combination routine for this event.

2. A Free Combination may consist of registered competitors from 2 or more U.S. clubs. The name of a multiple club entry must not reflect a particular club.

- In addition to the standard entry forms required for the competition, the coach of a multiple club entry must submit a Release Form(s) for each competitor in the event to the USSS National Office, the Meet Manager and the Scoring Chair. The Release Form(s) must be signed by the club coach of each competitor.

3. Competitors who are 13 and 14 years of age may participate in the Free Combination event at the U.S. National Championships.

4. U.S. clubs and U.S. National Teams may enter more than 1 Free Combination in the U.S. National Championship.

CP 4.1.1.2 For the U.S. Senior Open Championship, competition shall consist of Senior Technical and Free routines for Solos, Duets, Mixed Duets and Teams. There shall also be a Highlight and Free Combination routine event.

CP 4.1.1.3 For all other Senior Championships, at least 2 of the following 3 competitions are required: Figures, Senior Technical routines, Free routines.

CP 4.1.2 Junior:

CP 4.1.2.1 For the U.S. Junior Championship, competition shall consist of Junior Technical and Free routines for Solos, Duets, Mixed Duets and Teams. There shall also be a Free Combination event conducted as a 100% routine event.

1. When the U.S. National and U.S. Junior Championships are held together, there shall be 1 combined Free Combination event. Competitors from the
U.S. National and U.S. Junior Championships may be combined in the same Free Combination routine for this event.

2. Competitors who are 13 and 14 years of age may participate in the Free Combination event at the U.S. Junior Championships.

3. U.S. clubs and U.S. National Teams may enter more than 1 Free Combination in the U.S. Junior Championship.

**CP 4.1.2.2** For the U.S. Junior Open Championship, competition shall consist of Junior Technical and Free routines for Solos, Duets, Mixed Duets and Teams. There shall also be a Free Combination event conducted as a 100% routine event.

**CP 4.1.2.3** For all other Junior Championships, at least 2 of the following 3 competitions are required: Figures, Junior Technical routines, Free routines.

**CP 4.1.3** 13-15:

**CP 4.1.3.1** For the U.S. 13-15 Championship, competition shall consist of Figures and Free routines for Solos, Duets, Mixed Duets and Teams. There shall also be a Free Combination event conducted as a 100% routine event.

1. U.S. clubs and U.S. National Teams may enter more than 1 Free Combination in the U.S. 13-15 Championship.

**CP 4.1.4** Junior Olympic: Competitions shall consist of Figures and Free routines for the 12 & under and 13-15 age divisions. In the 16-17 and 18-19 age divisions, competitions shall consist of Junior Technical and Free routines.

**CP 4.1.5** Intermediate: Competitions shall consist of Figures and/or Technical routines. There shall also be a Free Combination event conducted as a 100% routine event.

**CP 4.1.6** Novice: Competitions shall consist of Figures and/or Technical routines.

**CP 4.2 Routines:**

**CP 4.2.1** Routine competition shall consist of Solo, Duet, Mixed Duet, Trio, Team, Highlight and Free Combination events. For U.S. National Championship exception, see Rule CP 1.1.1.2. For U.S. Senior Open Championship exception, see Rule CP 1.1.2.1. For U.S. Junior Championship exception, see Rule CP 1.2.1.1. For U.S. Junior Open Championship exception, see Rule CP 1.2.2.1. For U.S. 13-15 Championship exception, see Rule CP 1.3.1.1.

**CP 4.2.2** Highlight routine competition shall consist of 8, but no more than 10 competitors who perform the required elements subject to approval by the Board of Directors and described in Appendix L.

**CP 4.2.3** Free Combination:

**CP 4.2.3.1** Free Combination shall consist of 4, but no more than 10 competitors who make a combination of routines. See Appendix L for requirements. For U.S. National Championship exception, see Rule CP 1.1.1.2. For U.S. Senior Open Championship exception, see Rule CP 1.1.2.1. For U.S. Junior Championship exception, see Rule CP 1.2.1.1. For U.S. Junior Open Championship exception, see Rule CP 1.2.2.1. For U.S. 13-15 Championship exception, see Rule CP 1.3.1.1.

**CP 4.2.4** Routine composition requirements:

**CP 4.2.4.1** Free routines may consist of any figures, swimming strokes, propulsion techniques or parts thereof to music.

1. Free routines have no restrictions as to choice of music, content or choreography.

2. Free Team routines may have a maximum of 6 Acrobatic Movements. This does not include partner (2 competitor) lifts. The Acrobatic Movement ends with complete submersion of all participants including the one(s) being pushed.
For multiple Acrobatic Movements: When submersion occurs between 2 Acrobatic Movements, it shall be considered as 2 lifts. When 2 Acrobatic Movements happen simultaneously, it shall be considered as 1 lift.

**CP 4.2.4.2** Technical routines shall include required elements subject to approval by the Board of Directors and described in Appendix L. Technical routines are choreographed to music.

**CP 4.2.4.3** For the deck work in routines, competitors shall not execute stacks, towers, or human pyramids.

**CP 4.2.5 Time requirements for routines shall be as follows:**

**CP 4.2.5.1 Solo:**

1. Free Senior, Junior, 16-17 & 18-19 Age Division 2:30
2. Free 13-15 Age Division 2:15
3. Free 12 & under Age Division 2:00
4. Intermediate Free Routines with Required Technical Elements 2:00
5. Senior, Junior, 16-17 & 18-19 Age Division Technical Routines 2:00
6. Novice 1:30

**CP 4.2.5.2 Duet/Mixed Duet/Trio:**

1. Free Senior, Junior, 16-17 & 18-19 Age Division 3:00
2. Free 13-15 Age Division 2:45
3. Free 12 & under Age Division 2:30
4. Intermediate Free Routines with Required Technical Elements 2:30
5. Senior, Junior, 16-17 & 18-19 Age Division Technical Routines 2:20
6. Novice 1:30

**CP 4.2.5.3 Team:**

1. Free Senior, Junior, 16-17 & 18-19 Age Division 4:00
2. Free 13-15 Age Division 3:30
3. Free 12 & under Age Division 3:00
4. Intermediate Free Routines with Required Technical Elements 3:00
5. Senior, Junior, 16-17 & 18-19 Age Division Technical Routines 2:50
6. Novice 1:30

**CP 4.2.5.4 Highlight:**

2:30

**CP 4.2.5.5 Free Combination:**

1. 12 & under Age Division & Intermediate 3:00
2. 13-15 Age Division 3:30
3. Senior, Junior, 16-19 Age Division 4:00

**CP 4.2.5.6 Time Allowances:**

**CP 4.2.5.6.1 Walk-On:** In routine events, the walk-on of the competitors from the designated starting point to the achievement of a stationary starting position(s) on deck and/or in the water may not exceed 30 seconds. Timing shall commence when the first competitor passes the starting
point and ends when the last competitor becomes stationary or assumes a starting position.

**CP 4.2.5.6.2** Deck movements shall be a maximum of 10 seconds.

**CP 4.2.5.6.3** Free Routines:

1. For all competitions, there shall be an allowance of 15 seconds plus or minus the allotted time limit. For Collegiate Dual, Invitational, Regional and other routine competitions exception, see Rule CO 2.3.5.1. For U.S. Masters Championship exception, see Rule MS 2.7.2.

**CP 4.2.5.6.4** Technical Routines:

1. For all competitions, there shall be an allowance of 15 seconds plus or minus the allotted time limit. For U.S. Masters Championship exception, see Rule MS 2.6.2.

**CP 4.2.5.7** Timing of the routine shall begin and end with the accompaniment. Timing of deck movements shall end as the last competitor leaves the deck.

**CP 4.2.6** Other Requirements:

**CP 4.2.6.1** Open space for entrance and exit, to include designated starting point for walk-ons.

**CP 4.2.6.2** The accompaniment and judging shall begin on a signal from the Event Referee.

**CP 4.2.6.3** Routines must start and finish with the accompaniment.

**CP 4.2.6.4** The competitor(s) must perform the routine without interruption. See Rule OD 3.6.2.2.2.

**CP 4.2.6.5** Routines may start on the deck or in the water, but they must finish in the water.

**CP 4.2.6.6** There shall be no deliberate use of the bottom of the pool. See Rule OD 3.6.2.2.1.

**CP 4.2.6.7** There shall be no deliberate use of the bottom of the pool to assist another competitor(s). See Rule OC 3.6.2.2.1.

**CP 4.2.6.8** There shall be no deliberate contact with the pool deck after the competitor(s) have entered the water. The deck shall be defined as any surface perpendicular to the sides of the pool, excluding the bottom.

**CP 4.2.6.9** There shall be no diving into the shallow end of a pool when the pool depth is less than 5 feet.

**CP 4.2.7** For infractions of rules listed above, see Rule OD 3.6.2.

**CP 4.3** Figures:

**CP 4.3.1** Each competitor shall perform figures in each age division in which the competitor has a routine qualified.

**CP 4.3.2** Figure groups for all Championships are listed in Figure Rule II.

**CP 4.3.2.1** Senior Association and any other Senior Championships: One set of 4 figures shall be performed. This set of figures shall consist of 2 Compulsory Figures combined with 1 group of 2 figures from the Senior Figure Selection Groups listed in Figure Rule II.A. For event exception, see Rule CP 4.1.1.3.

1. The Senior Figure Selection Group shall be drawn 18-72 hours before the start of the Figure competition.

**CP 4.3.2.2** Junior Association and any other Junior Championships: One set of 4 figures shall be performed. This set of figures shall consist of the 2 Compulsory Figures combined with 1 group of 2 figures from the Junior Figure Selection Groups listed in Figure Rule II.A. For event exception, see Rule CP 4.1.2.3.
1. The Junior Figure Selection Group shall be drawn 18-72 hours before the start of the Figure competition.

**CP 4.3.2.3 Junior Olympic 12 & under and 13-15 Age Divisions, Intermediate and Novice Championships:** One set of 4 figures shall be performed in each age division where a routine is entered and the figures are different. At the U.S. Junior Olympic Championship 12 & under and 13-15 Age Divisions, each competitor shall perform figures in each age division, in each event, in which the competitor qualifies.

1. **For Figure competition at Junior Olympic Championships 12 & under and 13-15 Age Divisions,** the set of figures shall consist of the 2 Age Division Compulsory Figures combined with 1 group of 2 figures, drawn 18-72 hours before the start of the Figure competition, from the appropriate Age Division Figure Selection Groups.
   - For the 13-15 Age Division figures, see Figure Rule II.B.
   - For the 12 & under Age Division figures, see Figure Rule II.C.

2. **For Figure competition at Intermediate Championships,** the set of figures shall consist of the 2 Intermediate Compulsory Figures combined with 1 group of 2 figures, drawn 18-72 hours before the start of the Figure competition, from the appropriate Intermediate Figure Selection Groups, listed in Figure Rule II.D.

3. **For Figure competition at Novice Championships,** the set of figures shall consist of the 2 Novice Compulsory Figures combined with 1 group of 2 figures, drawn 18-72 hours before the start of the Figure competition, from the appropriate Novice Figure Selection Groups, listed in Figure Rule II.E.

**CP 4.3.3 Figure Performance Regulations:**

**CP 4.3.3.1** Figures are to be performed in an area designated by the Meet Referee.

**CP 4.3.3.2** Figures are to be performed in a relatively stationary position unless otherwise called for in the rules. A standard swimming stroke shall not be used to initiate the execution of a figure.

**CP 4.3.3.3** All figures shall commence at a signal from the Event Referee or Event Vice Referee.

**CP 4.3.3.4** Performance and judging of the figure shall begin on a signal from the Panel Referee.

**CP 4.3.3.5** If a competitor does not understand the name of the announced figure, the competitor must ask for a repeat announcement before actually beginning the figure. See Rule OD 3.6.1.1.

**CP 4.3.3.6** For Figure competition, 1 to 4 panels of judges may be used. The competitors shall be divided into 4 approximately equal groups:

1. With 4 panels of judges, starting the groups simultaneously, the competitors perform 1 figure in front of each panel and rotate until they have performed all of the figures.

2. With 2 panels of judges, Groups 1 and 2 start at Panel 1 with figure one while Groups 3 and 4 start at Panel 2 with figure two and rotate to complete these two figures. For the second round, Groups 2 and 3 start at Panel 1 with figure three while Groups 4 and 1 start at Panel 2 with figure four and rotate to complete these figures.

3. With 1 panel of judges, all competitors, in order of draw, shall perform figure one. Beginning with Group 2, all competitors perform figure two. This procedure is repeated, starting with Group 3 for figure three, and Group 4 for figure four, until all figures have been performed by all competitors.
CP 4.3.3.7 In National, Zone and Regional Figure competition, all competitors shall wear a plain, one-piece black suit and plain white swim cap, devoid of club and National Team emblems. Goggles and nose clips may be worn. Jewelry is not allowed and must be removed prior to the start of the routine, except at Masters competitions.

CP 5 ENTRY PROCEDURES:

CP 5.1 Numbers of Competitors: A Team shall consist of 4, but no more than 8 competitors. For Highlight exception, see Rule CP 4.2.2. For Free Combination exception, see Rule CP 4.2.3.1.

CP 5.2 Deduction Points: In the case of Team competition, whether Preliminary, Semifinal or Final events, 1/4 point penalty shall be deducted from the Total Score for each competitor less than 8 on a Team. See Rule OD 3.6.2.1. For U.S. Senior Open Championship exception, see Rule CP 1.1.2.1. For the U.S Junior Open Championship exception, see Rule CP 1.2.2.1.

CP 5.3 Reserves: One reserve may be listed for a Duet, Mixed Duet and Trio and 2 reserves for a Team, Highlight and Free Combination.

CP 5.4 Notification Responsibilities:

CP 5.4.1 In the event a qualifier is not able to compete in the next level of competition, the coach of the qualifier must notify the coach of the next runner-up.

CP 5.4.2 If a routine is not duly entered into the competition for which it qualified, the next routine(s) in order of placement from the qualifying competition shall be allowed the option of entering by submitting Entry Forms and Fees, regardless of the deadline.

CP 5.5 Entry Forms, Deadlines and Music Submission:

CP 5.5.1 Entries for the U.S. Collegiate Championship must be received via electronic registration 21 days prior to the first day of the competition and will be subject to late fees if received between 21 and 7 days prior to the first day of the U.S. Collegiate Championship. For all remaining National Championships, entries must be received via electronic registration 28 days prior to the first day of the respective competition and will be subject to late fees if received between 28 and 7 days prior to the first day of the respective competition. For all National Championships, no entries shall be accepted between 7 and 0 days prior to the first day of competition. See Appendix C. For Entry Deadline exceptions, see Rules CP 5.4.1-2 and 5.5.3.

CP 5.5.2 Entries for Zone and Regional competitions must be postmarked 14 days prior to the first day of the competition. No entries shall be accepted after entries close. Certificate of mailing will establish posting date. For Entry Deadline exceptions, see Rules CP 5.4.1-2 and 5.5.3.

CP 5.5.3 If a qualifying event is held after the entry deadline for the National, Zone or Regional competition, a provisional entry must be submitted in accordance with CP 5.5.1 or 5.5.2 above. Within 72 hours of the completion of the qualifying competition, the proof of qualification must be submitted by phone/email and in writing (postmarked) to the National, Zone or Regional Meet Manager by the provisional entrant.

CP 5.5.4 Payment for all qualified competitors by the original entry deadline must accompany the entry. Payment for any entries that become qualified after an entry deadline shall accompany the written notification to the National, Zone or Regional Meet Manager.
CP 5.5.5 The hosts for National Championships may request information forms.

CP 5.5.6 Music Requirements: The Organizing Committee and Sound Center Manager may request music and reproduce it in 2 different ways. It will be clearly stated on the Meet Announcement which method will be used in that competition. For Music Submission Late Fees, see Appendix C.

CP 5.5.6.1 Method 1: Coaches are responsible for labeling 3 individual discs for each routine as to speed, name of competitor and club. The deadline for receiving the discs is 15 days prior to the start of the competition. If the deadline is met, the Sound Center Manager is entirely responsible for the correct execution of the music. In all other circumstances, if the sound reproduction is not working, the coach is entitled to bring immediately 2 additional copies of the music. If the 2 additional copies fail again, the competitor is disqualified.

CP 5.5.6.2 Method 2: Coaches are responsible for submitting their music electronically via the Internet to the Sound Center Manager according to the instructions in the Meet Announcement. Each submission shall be labeled as to the event, name of the competitor(s) and club. On the first day of practice, coaches shall be allowed to verify playback. If necessary, the coach may be allowed to change the music by presenting an acceptable reproduction to the Sound Center Manager. If the deadline is met, the Sound Center Manager is entirely responsible for the correct execution of the music. In all other circumstances, if the sound reproduction is not working, the coach is entitled to bring immediately 1 additional copy of the music. If the 1 additional copy fails again, the competitor is disqualified.

CP 5.6 Changes and/or Scratches:

CP 5.6.1 All scratches must be made in writing and given to the Scoring Chair at least 2 hours prior to the start of the specific event.

CP 5.6.2 In Duet, Mixed Duet, Trio, Team, Highlight and Free Combination events, competitors who are listed on the entry according to CP 5.5 may be interchanged before routine sessions. Changes of the names of the competitors in Duet, Mixed Duet, Trio, Team, Highlight and Free Combination must be made in writing and given to the Scoring Chair at least 2 hours prior to the start of the final published start time of the specific events. The names of the competitors to be substituted must already be entered in the competition and listed as reserves. No substitutions shall be made in the Solo event. One substitution may be made in Duet, Mixed Duet and Trio events. Two substitutions may be made in the Team, Highlight and Free Combination events. Failure to notify at least 2 hours before the final published start time of the event will result in disqualification of the routine.

CP 5.6.3 Exceptions to the 2 hour period may be allowed by the Event Referee for circumstances beyond the control of the competitor.

CP 5.6.4 In the event of an unposted scratch, or extenuating circumstances in any routine event, the next listed competitor shall be allowed up to 5 minutes prior to being announced and commencing the routine competition.

CP 5.6.5 If scratching a competitor in a Team event results in a reduction in the number actually participating, the coach shall notify both the Scoring Chair and/or the Event Referee and the deduction points shall be adjusted accordingly. For any Team swimming with fewer than 8 competitors, the Event Referee shall verify with the Scoring Chair that the correct number of competitors is listed on the Official Club Entry Form.

CP 5.7 Starting Responsibilities:

CP 5.7.1 Competitors shall inform themselves of the time of starting, shall be prompt at the starting point of each event which they enter and shall be personally responsible for reporting to the Clerk-of-Course or Vice Referee in time to compete in the order of draw. For Late Arrivals, see Rule CP 5.7.2.
CP 5.7.2 Late Arrivals:
   CP 5.7.2.1 For Figure competition, late arrivals shall compete in a position designated by the Event Referee.
   CP 5.7.2.2 For routine competition, late arrivals must swim 2 routines after their arrival on deck.
CP 5.7.3 Interrupted routines shall swim no more than 2 routines after their original draw.
   CP 5.7.3.1 If an unexpected situation occurs during a routine session and 1 or more judges cannot give a score for a routine, the Event Referee may disrupt the routine session and performance. After settlement of the matter and confirmation that it is safe, the Event Referee shall resume the routine session and allow the competitor(s) to swim again.

CP 6 EVENT PROGRESSION: Preliminary, Semifinal, Final Events

CP 6.1 General Event Progression:
   CP 6.1.1 For U.S. National Championship exception, see Rule CP 1.1.1.2. For U.S. Senior Open Championship exception, see Rule CP 1.1.2.1. For U.S. Junior Championship exception, see Rule CP 1.2.1.1. For U.S. Junior Open Championship exception, see Rule CP 1.2.2.1. For U.S. 13-15 Championship exception, see Rule CP 1.3.1.1. For U.S. Junior Olympic Championship exception, see Rule CP 3.5.5. For U.S. Collegiate Championship exception, see Rule CO 4.7.
   CP 6.1.2 The order of events shall be Preliminary/Semifinal routine competition followed by Figure/Technical routine competition and Final routine competition.
   CP 6.1.3 If there are more than 10 entries in Solo, Duet, Mixed Duet, Trio, Team, Highlight or Free Combination events in National competition, then Preliminary and/or Semifinal events shall be held in these events.
   CP 6.1.4 Preliminary routine events may be waived:
      CP 6.1.4.1 If there are fewer than 15 entries.
      CP 6.1.4.2 If 5 or less routines will be eliminated.
      CP 6.1.4.3 At the discretion of the Vice President Competitive Operations or appointed representative and/or Meet Referee.
   CP 6.1.5 Semifinal Routine Competition:
      CP 6.1.5.1 May be waived at the discretion of the Meet Referee.
      CP 6.1.5.2 The 10 highest scoring entries in each Preliminary routine event shall qualify for the Semifinal routine competition. The 11th highest scoring entry in the Preliminary routine competition shall be the pre-swimmer for the Semifinal routine competition in that event.
      CP 6.1.5.3 Whenever there are fewer than 20 semifinalists after adding the 10 places from Preliminaries, additional places will be added to allow 20 semifinalists in each event.
   CP 6.1.6 Figure Competition:
      CP 6.1.6.1 The 10 highest scoring entries in each Preliminary/Semifinal routine event shall qualify for the Figure competition.
      CP 6.1.6.2 If a competitor is not able to complete the Figure competition due to illness or injury, the figure average for the routine shall be determined by averaging the scores of the remaining competitors in the Preliminary/Semifinal event. If the routine qualifies for Finals, the reserve’s figure score shall then be included in the average. In the case of a Team routine, the deduction points shall be based on the actual number of competitors swimming the routine.
         1. In the Duet, Mixed Duet and Trio event, the figure score of the reserve is used to determine the Total Score for the Duet, Mixed Duet or Trio.
2. In Team, the higher figure score of the 2 reserves is used to determine the Total Score for the Team.

CP 6.1.6.3 The routine figure average shall be computed using the figure score of the competitors who actually swam in the routine.

CP 6.1.7 Final Routine Competition:

CP 6.1.7.1 For all competitions:

1. The 8 highest scoring entries (combined Figure and Preliminary/Semifinal routine scores) shall qualify for the Final routine competition. The figure score shall be the average score of the competitors participating in the Duet, Mixed Duet, Trio and Team Preliminary/Semifinal routine competition.

2. The 9th highest scoring entry (combined Figure and Preliminary/Semifinal routine scores) shall be the pre-swimmer for the Final routine competition. In no event shall a Foreign competitor be the pre-swimmer.

CP 6.1.7.2 The order for Final routine competition shall be Trio, Duet, Mixed Duet, Solo, Team, Free Combination and Highlight.

CP 6.1.7.3 Once Finals in an event have started, no runner-up routine shall be allowed to move into the Finals in the event of a disqualification of 1 of the finalists.

CP 6.2 Additional Event Progression for the U.S. National Championship and the U.S. Senior Open Championship:

CP 6.2.1 For the U.S. National Championship, the Solo, Duet, Mixed Duet and Team Technical routine events shall consist of a Preliminary Technical routine competition followed by a Final Technical routine competition. The Solo, Duet, Mixed Duet and Team Free routine events shall consist of a Preliminary Free routine competition followed by a Final Free routine competition. The Free Combination event at the U.S. National Championship shall consist of a Preliminary and Final routine competition. When the U.S. National and U.S. Junior Championships are held together, there shall be 1 combined Free Combination event and all competitors shall compete for the same awards.

CP 6.2.1.1 If a club draws start number 1 in Preliminary Technical or Preliminary Free (including Free Combination Preliminary) routine competition, that club shall be exempt from start number 1 for all remaining preliminary sessions. See Rule CP 6.7.4.1-3.

CP 6.2.1.2 The 12 highest scoring entries from the Preliminary Technical or Free routine events shall qualify for the Final Technical or Free routine competition. For Final Results Calculation, see Rule OD 4.1.2.5. For Final Awards, see Rule CP 7.1.2.2.

CP 6.2.2 For the U.S. National Championship, competitors will receive points from the Free Combination event toward the High Point (individual or team) awards. To qualify for Team points, a Free Combination routine must have at least 1 competitor participating in other U.S. National Championship events. To qualify for Individual points, a competitor must participate in at least 1 other U.S. National Championship event.

CP 6.2.3 For the U.S. Senior Open Championship, the Solo, Duet, Mixed Duet and Team Technical routine events shall consist of a Preliminary Technical routine competition followed by a Final Technical routine competition. The Solo, Duet, Mixed Duet and Team Free routine events shall consist of a Preliminary Free routine competition followed by a Final Free routine competition. The Free Combination event at the U.S. Senior Open Championship shall consist of a Preliminary and Final routine competition. The Highlight routine event shall be a Final only event.

CP 6.2.3.1 If a club draws start number 1 in Preliminary Technical or Preliminary Free (including Highlight and Free Combination Preliminary) routine competition,
that club shall be exempt from start number 1 for all remaining preliminary sessions. See Rule CP 6.7.4.1-3.

**CP 6.2.3.2** The 12 highest scoring entries from the Preliminary Technical or Free routine events shall qualify for the Final Technical or Free routine competition. For Final Results Calculation, see Rule OD 4.1.2.5. For Final Awards, see Rule CP 7.1.2.2.

**CP 6.2.4** The order of events shall be determined by the Vice President Competitive Operations and Meet Manager.

**CP 6.3 Additional Event Progression for the U.S. Junior Championship:**

**CP 6.3.1 Routine Competition:**

**CP 6.3.1.1** All competitors in Solo, Duet, Mixed Duet and Team shall perform Junior Technical and Free routines.

**CP 6.3.1.2** The Junior Technical routine scores shall be added to the Free routine scores to determine the competitors who advance to the next level.

**CP 6.3.2 Events:** The events shall consist of Preliminary Technical and Free routines and Final Free routine competition. The Free Combination event at the U.S Junior Championships shall consist of a Preliminary and Final routine competition. When the U.S National and U.S. Junior Championships are held together, there shall be a combined Free Combination event and all competitors shall compete for the same awards.

**CP 6.3.3 For the U.S. Junior Championship,** competitors will receive points from the Free Combination event toward the High Point (individual or team) awards. To qualify for Team points, a Free Combination routine must have at least 1 competitor participating in other U.S. Junior Championship events. To qualify for Individual points, a competitor must participate in at least 1 other U.S. Junior Championship event.

**CP 6.3.4** The order of events shall be determined by the Vice President Competitive Operations and Meet Manager.

**CP 6.4 Additional Event Progression for the U.S. Junior Open Championship:**

**CP 6.4.1 For the U.S. Junior Open Championship,** the Solo, Duet, Mixed Duet and Team Technical routine events shall consist of a Preliminary Technical routine competition followed by a Final Technical routine competition. The Solo, Duet, Mixed Duet and Team Free routine events shall consist of a Preliminary Free routine competition followed by a Final Free routine competition. The Free Combination event at the U.S. Junior Open Championships shall consist of a Preliminary and Final routine competition.

**CP 6.4.2** The order of events shall be determined by the Vice President Competitive Operations and the Meet Manager.

**CP 6.5 Additional Event Progression for U.S. 13-15 Championship:**

**CP 6.5.1 For the U.S. 13-15 Championship,** competitors will receive points from the Free Combination event toward the High Point (individual or team) awards. To qualify for Team points, a Free Combination routine must have at least 1 competitor participating in other U.S. 13-15 Championship events. To qualify for Individual points, a competitor must participate in at least 1 other U.S. 13-15 Championship event.

**CP 6.6 Additional Event Progression for Junior Olympic Championships:**

**CP 6.6.1** At the discretion of the Meet Referee, Preliminary events may be waived in the Junior Olympic programs; thus, the order of events would be Figure or Technical routine competition followed by Free routine competition.
CP 6.6.2 The Regional Junior Olympic Championship and Association Championship Free routine events shall be considered Final events. All competitors shall perform figures or Technical routines. The figure or Technical routine scores shall be added to the Free routine scores to determine the competitors who advance to the next level. The order of events shall be arranged by the respective Chair and the organizing Meet Manager.

CP 6.7 Order of Appearance:

CP 6.7.1 Prior to each competition, the drawing for order of appearance in the Preliminary, Semifinal and Final events shall be held.

CP 6.7.2 The order of appearance for Technical routines, Free Routine Preliminaries, Free Combination Preliminaries or Highlight routine Preliminaries shall be decided by a double blind lot draw announced and held in a public place. In competitions where a computer will be used, the order of appearance may be computer generated.

CP 6.7.3 The order of the draw shall be Teams, Free Combinations, Highlights, Duets, Mixed Duets, Trios and Solos Preliminaries or Semifinals. For competitions involving both Technical and Free routines, the draw for the event’s Technical routine shall first be held followed by the Free routine draw (Team Technical, Team Free Preliminary, Free Combination Preliminary, Highlight Preliminary, Duet Technical, Duet Free Preliminary, Mixed Duet Technical, Mixed Duet Free Preliminary, Trio Free Preliminary, Solo Technical, Solo Free Preliminary).

CP 6.7.3.1 The orders of draw for the U.S. Junior Open Championship and the U.S. Senior Open Championship shall be conducted independently and shall not include the U.S. Open Highlight Preliminary and Free Combination Preliminary.

CP 6.7.4 At all National Championships, with the exception of the U.S. Junior Olympic Championship and U.S. Masters Championship, when a club draws start number 1 in a Technical routine or Free routine Preliminary (including Highlight and Free Combination Preliminaries), this club shall be exempt from start number 1 in all remaining preliminary sessions.

CP 6.7.4.1 For any competition where the Solo, Duet, Mixed Duet and Team Technical or Free routine sessions are Final only events, the order of draw shall be a random draw.

CP 6.7.4.2 Where possible, when a club draws start number 1 in a Solo, Duet, Mixed Duet or Team Technical Final only event, this club shall be exempt from start number 1 in any remaining preliminary or Final only events in that event only.

CP 6.7.4.3 For Junior Olympic competitions, the draw exemption shall apply only to events within a given age division.

CP 6.7.5 A drawing shall be held for the order of appearance in Finals as follows:

CP 6.7.5.1 For all competitions: After the Figures and/or Technical routines, Free routine Preliminaries, Highlight Preliminary and Free Combination Preliminary, the first 12 by total score shall compete in the Finals.

1. The order of appearance in Finals shall be determined by lot in groups of 6 competitors. Those who placed 1-6 per CP 6.7.5.1 shall draw for start numbers 7-12. Those who placed 7-12 per CP 6.7.5.1 shall draw for start numbers 1-6. If the number of competitors is not divisible by 6, the smallest group must start first.

2. For the Final draw, the highest qualifier in each group shall draw first, with the next qualifiers drawing in order of placement. If there is a tie for placement within the same group of 6, the names of the tied competitors shall be drawn by lot to determine the competitor to draw first for the order of swim. If there is a tie for places 6 and 7 (different groups), those routines will form their own group in the draw (1-5, 6-7, 8-12).
CP 7  AWARDS:

CP 7.1  Minimum Standards for Medals and Ribbons:

CP 7.1.1  Figure and Collegiate Technical Awards:

CP 7.1.1.1  For the U.S. Junior Olympic and U.S. Collegiate Championships, medals shall be awarded to places 1-3 and ribbons shall be awarded to places 4-12 in each age division (12 & under and 13-15) or Collegiate Technical Category, respectively.

CP 7.1.1.2  For the U.S. 13-15 Championship, medals shall be awarded to places 1-3.

CP 7.1.1.3  For the U.S. Masters Championship, medals shall be awarded to places 1-3 and ribbons shall be awarded to places 4-8 in each age division and category.

CP 7.1.2  Routine Awards:

CP 7.1.2.1  For all National Championships, standard USSS Championship medals shall be awarded.

CP 7.1.2.2  For the U.S. National and U.S. Senior Open Championships, medals shall be awarded to places 1-3 in each Final Technical and Final Free routine events. In addition, at the U.S. Senior Open Championship, medals shall also be awarded to places 1-3 in each Final Technical and Final Free routine events per Federation – one per country. Medals shall be given to reserves who swim either the Preliminary or Final Technical routine or Preliminary or Final Free routine.

CP 7.1.2.3  For the U.S. 13-15, U.S. Junior and U.S. Junior Open Championships, medals shall be awarded to places 1-3 in each Final event (Figures or Technical routine + Free routine). Medals shall be given to reserves who swim either the Preliminary or Final Free routine.

CP 7.1.2.4  For the U.S. Junior, U.S. Junior Open and U.S. Junior Olympic Championships 16-17 and 18-19 Age Divisions, awards shall not be given for the Technical routine competition.

CP 7.1.2.5  For all remaining National Championships, medals shall be awarded to places 1-3 and ribbons shall be awarded to all remaining finalists. For U.S. Masters Championship exception, see Rule MS 6.2.

CP 7.1.3  Additional awards may be given at the discretion of the host and/or USSS.

CP 7.2  Figure Awards for Competitions held in Age Divisions:

CP 7.2.1  When a competitor is entered in multiple age divisions and multiple Figure competitions, the competitor shall be listed in the results in the youngest age division in which the competitor was entered in a routine and shall have a U.S. Honorary placement in any other age divisions entered. At the discretion of the competition host, the competitor may receive a U.S. Honorary Award. Honorary Placement is indicated by an “H” in the results and does not change the number placement of the competitors in the event.

CP 7.3  Scoring System for Dual Meet Competitions:  In Dual meet competitions, a club may enter a total of 8 routines with no more than 2 routines in each event.

CP 7.3.1  Scoring shall be as follows:

- Team/Free Combination  8 for first; 0 for second place.
- Duet/Mixed Duet/Trio  7 for first; 4 for second; 2 for third place.
- Solo  5 for first; 3 for second; 1 for third place.
**CP 7.4 Scoring System for Team and Individual High Point Trophies:** For U.S. National Championship additional event progression, see Rule CP 6.2.2. For U.S. Junior Championship additional event progression, see Rule CP 6.3.3. For U.S. 13-15 Championship additional event progression, see Rule CP 6.5.1. See Appendix R.

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RULE III

RULES APPLICABLE TO FOREIGN COMPETITORS (FC)

FC 1 FOREIGN FEDERATIONS: May enter competitors in U.S. Synchronized Swimming National Championship events under the following provisions and regulations:

FC 1.1 Entries: Foreign competitors may enter only with the written approval of their own Federations.

FC 1.1.1 In each Championship, Foreign Federations may have multiple club entries including their National Teams.

FC 1.1.2 In each Championship, each competitor may only enter 1 Duet or Mixed Duet event.

FC 1.2 Judge Numbers:

FC 1.2.1 For all U.S. National Championships, each Federation or Foreign club entered may send a maximum of 2 FINA/UANA Judges to the Championship. Judges must be on the current FINA and/or UANA List(s) of Artistic Swimming Officials and must have passed the most recent FINA Artistic Swimming Judges Certification School test and the FINA online annual exam.

FC 1.3 U.S. National Championship:

FC 1.3.1 Must be 15 years of age or older based on the year of birth.

FC 1.3.2 Shall be conducted in accordance with FINA Rules, with noted exceptions.

FC 1.3.3 Each Foreign club or National Team may enter 2 Solos (Technical or Free), 2 Duets (Technical or Free), 2 Mixed Duets (Technical or Free), 1 Team (Technical or Free) and/or 1 Free Combination.

FC 1.3.4 Competitors are limited to 3 of the following events: Solo, Duet, Mixed Duet or Team. They may in addition enter the Free Combination event.

FC 1.4 U.S. Senior Open Championship:

FC 1.4.1 Must be 15 years of age or older based on the year of birth.

FC 1.4.2 Shall be conducted in accordance with FINA Rules, with noted exceptions.

FC 1.4.3 Each Foreign club or National Team may have unlimited entries in all Technical and Free routine events (Solo, Duet, Mixed Duet, Team, Highlight and Free Combination).

FC 1.4.4 Competitors are limited to 3 of the following events: Solo, Duet, Mixed Duet or Team. They may in addition enter 1 Highlight and 1 Free Combination event.

FC 1.4.5 Two sets of awards will be presented. Medals shall be awarded to places 1-3 in each Final Technical and Final Free routine event. In addition, medals shall also be awarded to places 1-3 in each Final Technical and Final Free routine event per Federation – one per country.

FC 1.5 U.S. Junior Open Championship:

FC 1.5.1 Must be 15 to 18 years of age based on the year of birth.

FC 1.5.2 Shall be conducted in accordance with FINA rules.

FC 1.5.3 Each Foreign club or National Team may have unlimited entries in all Technical and Free routine events (Solo, Duet, Mixed Duet, Team and Free Combination).

FC 1.5.4 Competitors are limited to 3 of the following events: Solo, Duet, Mixed Duet or Team. They may in addition enter 1 Free Combination event.
**FC 1.6** U.S. Junior Championship:

**FC 1.6.1** Must be 15 to 18 years of age based on the year of birth.

**FC 1.6.2** Shall be conducted in accordance with FINA rules, with noted exceptions.

**FC 1.6.3** Each Foreign club or National Team may enter 1 Solo, 1 Duet, 1 Mixed Duet, 1 Team and/or 1 Free Combination.

**FC 1.6.4** Competitors are limited to 3 of the following events: Solo, Duet, Mixed Duet or Team. They may in addition enter the Free Combination event.

**FC 1.7** U.S. 13-15 Championship:

**FC 1.7.1** Must be 13 to 15 years of age based on the year of birth.

**FC 1.7.2** Shall be conducted in accordance with FINA rules, with noted exceptions.

**FC 1.7.3** Each Foreign club or National Team may enter 1 Solo, 1 Duet, 1 Mixed Duet, 1 Team and/or 1 Free Combination.

**FC 1.7.4** Competitors are limited to 3 of the following events: Solo, Duet, Mixed Duet or Team. They may in addition enter the Free Combination event.

**FC 1.8** U.S. Junior Olympic Championship: Foreign competitors are not eligible to compete.

**FC 1.9** U.S. Masters Championship: Entries shall not be limited.

**FC 2** EVENT PROGRESSION:

**FC 2.1** With the exception of the U.S. Open Championships, Foreign competitors who qualify for any of the Final routine events shall compete in addition to the top qualifying USSS competitors and shall receive an honorary award for their final placement. The USSS competitors shall be listed in final placement and given awards without regard to the placement of Foreign competitors. Foreign competitors shall not be eligible to be pre-swimmer(s).
RULE IV
OFFICIALS AND DUTIES (OD)

OD 1  GENERAL REGULATIONS:

OD 1.1  Officials Membership: The judges at all competition levels must be registered members in good standing of USSS, be current in SafeSport and must have completed the National Center for Safety Initiatives (“NCSI”) Background Check (parental consent required for minors under 18 years of age) every 2 years. See Appendix C.

OD 1.2  Officials Uniform:

OD 1.2.1  At Zone and National Competitions: The national uniform of the day is a white top with a black bottom unless otherwise designated by the Administrator of the Judges' Programs.

OD 1.2.2  Other Competitions: The required uniform as determined by the Association Officials Chair.

OD 2  JUDGES:

OD 2.1  Eligibility:

OD 2.1.1  Categories of National Judges:

OD 2.1.1.1  Category 1: All Level 4F (existing), 4JO/Master, 4, 5 and 6 Judges who participate in judging at the Association, Regional or Zone Championships annually and who are unaffiliated at a specific competition.

OD 2.1.1.2  Category 2: All Level 4F (existing), 4JO/Master, 4, 5 and 6 Judges who meet the above requirements but are affiliated at a specific competition. These may be unaffiliated for some events at this competition and may judge as an unaffiliated judge in these events.

OD 2.1.2  All other Rated Judges: Judges who are on the current accredited list with the appropriate rating for that Championship. Level 2 and above shall be considered equal at all Association Championships.

OD 2.2  Minimum Performance Standards:

OD 2.2.1  Should a judge not meet the minimum evaluation standards, in a specific event (Solo, Duet, Mixed Duet, Trio, Team, Highlight or Free Combination), where possible, that judge shall not be seated into successive levels of competition in that specific event.

OD 2.2.2  The Evaluations Chair shall notify the Officials Chair or designated representative of the evaluations.

OD 2.2.3  The judge shall be seated only if the minimum evaluation standards have been met.

OD 2.2.4  If multiple panels are used in a specific event, the judge shall be excluded only from the one in which the minimum evaluation standards have not been met.

OD 2.3  Selection Procedures:

OD 2.3.1  All National Judges shall declare which competitions they shall be able to attend as an unaffiliated judge and which they shall be able to attend as an affiliated judge.

OD 2.3.2  The Administrator of the Judges' Programs shall draw 15 judges from the list of eligible Category 1 Judges for each competition. These judges shall be officially notified that they have been selected and are guaranteed to judge at least 1 event. The individual judges shall officially accept or reject this selection. For the U.S. Senior Open Championship, only FINA judges shall be selected.
OD 2.3.3 Factors to be considered in the Selection of Judges:

OD 2.3.3.1 Affiliation: A judge shall be considered unaffiliated with a club after a 1 year period following separation of activity with that club.

OD 2.3.3.2 Judge Utilization: Where possible, the judges shall be drawn for Preliminary events in such a manner that no judge shall be used twice until all eligible unaffiliated judges have been used. The same procedures shall apply to Semifinal and Final events.

OD 2.3.3.3 Back to Back Judging: Where possible, a judge shall not be selected to judge consecutive Preliminary and Semifinal events on the same day.

OD 2.3.4 Selection of Judges:

OD 2.3.4.1 Judges shall be selected in the order of events.

OD 2.3.4.2 Judges shall be selected from a list of eligible judges as determined by the Judges' Board.

OD 2.3.4.3 If, for any reason, it is necessary to include affiliated judges from any club, Association, Region or Zone, affiliated judges will be selected with Zone balance as primary consideration.

OD 2.3.4.4 Eligible judges are those on the current accredited list with the appropriate rating for that competition. (Example: At Senior Association Championships, Level 2 and higher ratings shall be considered equal.) Under no circumstances shall a judge with an inappropriate rating be selected until all available judges with appropriate ratings have been seated.

OD 2.3.4.5 Where possible, the panel selection priority shall include:

1. Not more than 1 judge per club on a specific panel.
2. Not more than 2 judges per Association on a specific panel.
3. Not more than 2 judges per Zone on a specific panel in all National Championships.
4. No coach, or mother, father, sister or brother of a competitor on a specific panel.

OD 2.4 Duties/Responsibilities:

OD 2.4.1 When judging an event, a judge shall possess only those papers approved by the Event Referee.

OD 2.4.2 Each judge shall be provided with a means of recording and a visible signaling of awards.

OD 2.4.2.1 At the completion of each routine the judges record their scores on a judging system (paper or electronic) provided by the Meet Management Committee. All scores shall be received and reviewed by the Event Referee or appointed representative before the scores are simultaneously presented manually, displayed on the scoreboard or announced, and shall then be the accepted score in case of error or dispute. When an electronic system is used, if a judge(s) makes an error inputting a score, the judge shall notify the Event Referee prior to the announcement of the scores for the routine, or the announcement of the next routine, whichever comes first.

OD 2.4.2.2 On a signal of the Event Referee, the judges’ scores will simultaneously be presented manually or electronically for each panel.

OD 2.4.3 No judge shall communicate with another individual while a competitor(s) is performing.

OD 2.4.4 Judges once seated may not leave their positions without the Event Referee’s approval.

OD 2.4.4.1 A judge who leaves the assigned position without approval shall be declared ineligible to judge for the remainder of that competition.
OD 2.4.4.2 If a second infraction occurs, the judge shall be declared ineligible to judge for 1 year from the date of the infraction.

OD 2.4.4.3 When a pre-swimmer is available, judges may assemble following the pre-swim to discuss the routine or figure scores awarded.

OD 2.5 Judging Panels:

OD 2.5.1 Figure Competition:

OD 2.5.1.1 Judges shall be placed, when possible, in elevated positions in such locations as to have a profile view of the competitors.

OD 2.5.1.2 One to 4 panels may be used.

OD 2.5.1.3 Panels shall consist of 4 to 7 judges, where possible.

OD 2.5.1.4 An Assistant Panel Referee may be assigned to each Figure panel to assist the Panel Referee with assessment of penalties. See Rule OD 3.6.1.

OD 2.5.2 Routine Competition:

OD 2.5.2.1 Judges shall be placed in elevated positions on more than 1 side of the pool, where possible. Judges for the Team event shall be placed only on the sides of the pool.

OD 2.5.2.2 At all National Championships, 3 panels of 5 judges shall officiate in Free routines, Highlight and Free Combination; one panel for Execution, one panel for Artistic Impression and one panel for Difficulty. For all other competitions, when one panel of 4-7 judges is used, each judge shall award 3 scores (Execution, Artistic Impression and Difficulty). When 9 or 12 judges are available, 3 panels of either 3 or 4 judges shall be used and each judge shall award 1 score (either Execution, Artistic Impression or Difficulty).

OD 2.5.2.3 At all National Championships, 3 panels of 5 judges shall officiate in Technical routines; one panel for Execution, one panel for Impression and one panel for Elements. For all other competitions, a minimum of 3 panels of either 9 or 12 judges shall be used and each judge shall award scores for either Execution, Impression or Elements.

OD 2.5.2.4 Two Event Assistant Referees may be assigned for routine competition to assist the Event Referee with monitoring required elements and assessment of penalties. See Rule OD 3.6.2.

OD 2.6 Methods of Grading:

OD 2.6.1 Figure Competition:

OD 2.6.1.1 Judges shall award scores from 0-10, with one-tenth point increments. All judgments are made from a standpoint of perfection. For Methods of Scoring, see Rule OD 4.1.2.2.

OD 2.6.1.2 Judging begins on a signal from the Panel Referee.

OD 2.6.1.3 The judges’ scores shall be flashed simultaneously and announced immediately after each figure on a signal from the Panel Referee.

OD 2.6.1.4 Breakdown of Figure Competition Scoring:

1. All judgments are made from the standpoint of perfection, with each transition of the figure having a numerical value based on its difficulty (NVT). Large, medium and small deductions shall be taken from the percent value of 10 (PV) of each figure as follows.

- Small Deduction: Deduction 0.1 – 0.5 points.
  A small deduction shall be taken when the transition follows the description of the figure with minimal deviations of 1-15 degrees.
- Medium Deduction: Deduction 0.6 – 1.5 points.
  A medium deduction shall be taken when an attempt is made to follow the description of the transition but there are some obvious deviations of 16-30 degrees.
• Large deduction: Deduction 1.6 – 3.0 points.
  A large deduction shall be taken when the transition does not conform to the description by 31 degrees or more.
• Deductions for excessive travel or lack of required travel in any transition shall not exceed 0.5.
• A deduction may not exceed the PV of the respective transition.

**OD 2.6.1.5 Figure Scoring:**

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<tr>
<td>Satisfactory</td>
<td>5.0 to 5.9</td>
</tr>
<tr>
<td>Deficient</td>
<td>4.0 to 4.9</td>
</tr>
<tr>
<td>Weak</td>
<td>3.0 to 3.9</td>
</tr>
<tr>
<td>Very Weak</td>
<td>2.0 to 2.9</td>
</tr>
<tr>
<td>Hardly Recognizable</td>
<td>0.1 to 1.9</td>
</tr>
<tr>
<td>Completely Failed</td>
<td>0</td>
</tr>
</tbody>
</table>

Note: Minor infractions shall not be judged zero.

**OD 2.6.2 Routine Competition:**

**OD 2.6.2.1** Judges shall award scores from 0–10, with one-tenth point increments. All judgments are made from a standpoint of perfection.

1. If 1 or more judge(s), by reason of illness or other unforeseen circumstances, has given no score for a routine or element, the average of the scores of the other remaining judges shall be computed and shall be considered as the missing score. For Methods of Scoring, see Rules OD 4.1.2.3 and 4.1.2.4.

**OD 2.6.2.2** The accompaniment and judging shall begin upon a signal by the Event Referee or appointed representative. After the signal, the competitor(s) must perform the routine without interruption.

**OD 2.6.2.3** At the completion of each routine:

1. Judges shall record scores and submit them on a judging system (paper or electronic) provided by the Meet Management Committee.

2. When the Event Referee or appointed representative determines that all scores have been received, the Event Referee shall signal for the results to be simultaneously presented manually, displayed on the scoreboard or to be announced.

3. At the discretion of the Vice President Competitive Operations of USSS at all National Championships or the appropriate Technical Chair at all other competitions or appointed representative, the display of routine scores may be waived. If the scores are not displayed, the following alternate scoring method may be used.

   • When the Event Referee determines that all scores have been received, the Event Referee shall signal for the start of the next routine.

   • Scores from routine #1 shall be read upon completion of routine #2 and the competitors shall be introduced at that time.

   • This procedure shall be followed throughout the event.

**OD 2.6.2.4** For Senior, Junior, Junior Olympic 16-17 and 18-19 Age Divisions, Intermediate Free Routine with Required Technical Elements and Masters Technical routines, each judge shall award score(s) from 0-10 points.
1. Execution judges shall award 1 score for Execution and Synchronization of all movements that do not have an assigned degree of difficulty. The Execution score shall be weighted 30% of the Total Score.

<table>
<thead>
<tr>
<th></th>
<th>Solo</th>
<th>Duet/Mixed Duet/Trio</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EXECUTION</strong> – the level of excellence in performing highly specialized skills. Execution of all movements that do not have an assigned degree of difficulty.</td>
<td>90%</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td><strong>SYNCHRONIZATION</strong> – Synchronization of all movements that do not have an assigned degree of difficulty. The precision of movements in unison, one with the other, and the accompaniment above, at and below the surface. Synchronization of timing of one with another and with the music.</td>
<td>10%</td>
<td>50%</td>
<td>50%</td>
</tr>
</tbody>
</table>

2. Impression judges shall award 1 score for Difficulty, Choreography, Music Interpretation and Manner of Presentation. The Impression score shall be weighted 30% of the Total Score.

<table>
<thead>
<tr>
<th></th>
<th>Solo</th>
<th>Duet/Mixed Duet/Trio</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DIFFICULTY</strong> – the quality of being hard to achieve. Difficulty of all movements that do not have an assigned degree of difficulty and synchronization.</td>
<td>50%</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td><strong>CHOREOGRAPHY</strong> – the creative skill of composing a routine that combines artistic and technical elements. The design and weaving together of variety and creativity of all movements.</td>
<td>50%</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td><strong>MUSIC INTERPRETATION</strong> - expressing the mood of the music, use of the music’s structure.</td>
<td>50%</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td><strong>MANNER OF PRESENTATION</strong> – the manner in which the competitor(s) present(s) the routine to the viewers. The total command of the performance of the routine.</td>
<td>50%</td>
<td>50%</td>
<td>50%</td>
</tr>
</tbody>
</table>

3. Elements judges shall award individual scores for the execution and synchronization of each required element with an assigned degree of difficulty. The Elements score shall be weighted 40% of the Total Score.
<table>
<thead>
<tr>
<th></th>
<th>Solo</th>
<th>Duet/Mixed Duet/Trio</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXECUTION</td>
<td>90%</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td>– the level of excellence in performing highly specialized skills. Execution of each required element with an assigned degree of difficulty.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SYCHRONIZATION</td>
<td>10%</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td>– synchronization of each required element with an assigned degree of difficulty. The precision of movements in unison, one with the other, and the accompaniment above, at and below the surface. Synchronization of timing of one with another and with the music.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**OD 2.6.2.5 For Free Routine, Highlight, Free Combination and Novice Technical Routines**, each judge shall award 1 score from 0-10 points.

1. Execution judges shall award 1 score for Execution and Synchronization. The Execution score shall be weighted 30% of the Total Score.

<table>
<thead>
<tr>
<th></th>
<th>Solo</th>
<th>Duet/Mixed Duet/Trio</th>
<th>Team/Highlight/Free Combination</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXECUTION</td>
<td>90%</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td>– the level of excellence in performing highly specialized skills. Execution of each required element with an assigned degree of difficulty.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SYCHRONIZATION</td>
<td>10%</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td>– synchronization of each required element with an assigned degree of difficulty. The precision of movements in unison, one with the other, and the accompaniment above, at and below the surface. Synchronization of timing of one with another and with the music.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. Artistic Impression judges shall award 1 score for Choreography, Music Interpretation and Manner of Presentation. The Artistic Impression score shall be weighted 40% of the Total Score.

<table>
<thead>
<tr>
<th></th>
<th>Solo</th>
<th>Duet/Mixed Duet/Trio</th>
<th>Team/Highlight/Free Combination</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHOREOGRAPHY</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td>– the creative skill of composing a routine that combines artistic and technical elements. The design and weaving together of variety and creativity of all movements.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MUSIC INTERPRETATION</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td>– expressing the mood of the music, use of the music’s structure.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**MANNER OF PRESENTATION** – the manner in which the competitor(s) present(s) the routine to the viewers. The total command of the performance of the routine.

3. Difficulty judges shall award a score for Difficulty. The Difficulty score shall be weighted 30% of the Total Score.

<table>
<thead>
<tr>
<th></th>
<th>Solo</th>
<th>Duet/Mixed Duet/Trio</th>
<th>Team/Highlight/Free Combination</th>
</tr>
</thead>
<tbody>
<tr>
<td>DIFFICULTY – the quality of being hard to achieve. Difficulty of all movements and of synchronization.</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
</tbody>
</table>

**OD 2.6.2.6 Routine Scoring:**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Perfect</td>
<td>10.0</td>
</tr>
<tr>
<td>Near Perfect</td>
<td>9.5 to 9.9</td>
</tr>
<tr>
<td>Excellent</td>
<td>9.0 to 9.4</td>
</tr>
<tr>
<td>Very Good</td>
<td>8.0 to 8.9</td>
</tr>
<tr>
<td>Good</td>
<td>7.0 to 7.9</td>
</tr>
<tr>
<td>Competent</td>
<td>6.0 to 6.9</td>
</tr>
<tr>
<td>Satisfactory</td>
<td>5.0 to 5.9</td>
</tr>
<tr>
<td>Deficient</td>
<td>4.0 to 4.9</td>
</tr>
<tr>
<td>Weak</td>
<td>3.0 to 3.9</td>
</tr>
<tr>
<td>Very Weak</td>
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</tr>
<tr>
<td>Hardly Recognizable</td>
<td>0.1 to 1.9</td>
</tr>
<tr>
<td>Completely Failed</td>
<td>0</td>
</tr>
</tbody>
</table>

**OD 3 REFEREE:**

**OD 3.1 Eligibility:** A judge with the appropriate rating for the class of competition.

**OD 3.2 Selection Procedures:**

**OD 3.2.1 Meet Referee:**

**OD 3.2.1.1** The Vice President Competitive Operations of USSS or appointed representative shall preside as Meet Referee at all National Championships until the Event Referees are selected.

**OD 3.2.1.2** The Zone Technical Chair or appointed representative shall preside as Meet Referee at all Zone Championships until the Event Referees are selected.

**OD 3.2.1.3** The Association Technical Chair of the Association in which the competition is held, or appointed representative shall preside as Meet Referee at all Regional Championships until the Event Referees are selected.

**OD 3.2.1.4** The Association Technical Chair or appointed representative shall preside as Meet Referee at all Association competitions until the Event Referees are selected.

**OD 3.2.2 Event Referee:** Follow judges selection procedure as outlined in Rule OD 2.3.

**OD 3.3 Duties/Responsibilities of the Referees:**

**OD 3.3.1** The Meet Referee shall have full jurisdiction over the event and shall:

**OD 3.3.1.1** Enforce all rules and decisions of USSS.
OD 3.3.1.2 Decide all questions relating to the actual conduct of the competition, the final settlement of which is not otherwise assigned by said rules.

OD 3.3.1.3 Have authority to interfere in a competition at any stage to ensure that the rules are observed.

OD 3.3.1.4 Have the power to call off or postpone to a future date any event, even though the same has started, if the competition cannot be conducted or completed in a satisfactory manner and in fairness to the competitors.

1. At the discretion of the Meet Committee, such postponed events can be conducted with the competitors who reported on the first date, at a future date as though the competition had never started.

OD 3.3.2 The Event Referee shall:

OD 3.3.2.1 Be given a list of the officials and shall assign specific duties.

OD 3.3.2.2 Ensure that each assigned official understands all responsibilities as indicated by the rules.

OD 3.3.2.3 Have the authority to change any assignments of duty.

OD 3.3.2.4 In emergencies, be authorized to assign alternate judges from the accredited list.

OD 3.3.2.5 Penalize competitors(s) for any violations of the rules and shall inform the coach and competitor of the infraction before the completion of the event.

OD 3.3.2.6 Ascertain that all judges are in place and their needs are tended to as necessary.

OD 3.3.2.7 Intervene in the event at any stage to ensure that the rules are observed and that the safety of the competitor(s) is not compromised.

OD 3.3.3 In the event of a request for a waiver of a rule, see Rule TR 2.

OD 3.3.4 In the event of a protest, see Rule TR 3.

OD 3.3.5 For Technical routines, Highlight and Free Combination, the Event Referee and Event Assistant Referees monitor the required elements and the number of Acrobatic Movements in the Free Team routines.

OD 3.4 Duties/Responsibilities of the Event Vice Referee:

OD 3.4.1 Obtain an order of draw and ascertain that the competitors are in readiness 1 routine preceding their competitive turn.

OD 3.4.1.1 Ascertain that the number and names listed for all routines are the same as those who swim.

OD 3.4.1.2 Other than for Solos, ascertain whether a listed reserve is to replace another listed competitor.

OD 3.4.1.3 Notify the Event Referee of any variations from the entry.

OD 3.4.2 Keep order on the deck during the competition.

OD 3.4.3 Carry out any further duties as assigned by the Event Referee.

OD 3.5 Duties/Responsibilities of the Event Assistant Referee:

OD 3.5.1 Monitor the use of the bottom of the pool.

OD 3.5.1.1 When available, monitor the image from an underwater television camera and report to the Event Referee any infraction for deliberate use of the bottom of the pool and/or any infraction for deliberate use of the bottom to assist another competitor(s). (Mandatory at National Championships.)

OD 3.5.1.2 The Event Assistant Referee must monitor the image continuously and the image must be continuously available throughout the routine.

OD 3.5.2 When needed, time the deck movements of the routine. See Rule OD 4.3.2.

OD 3.5.3 Time the walk-on of the routine.
OD 3.5.4 Assist the Routine Event Referee or Figure Panel Referee with assessment of penalties.
OD 3.5.5 Perform any other duties as assigned by the Event Referee.

OD 3.6 Application of Penalties:

OD 3.6.1 Figure Competition:

OD 3.6.1.1 If a competitor does not perform the announced figure, or if the figure does not have all of the required elements or is performed other than according to the description, the Panel Referee or Assistant Panel Referee shall inform the judges and the competitor that the result will be a zero for that figure.

OD 3.6.1.2 In Continuous Spin, any 180° deviation (more or less) in exact required number of rotations shall be considered under OD 3.6.1.1.

OD 3.6.1.3 In Figure competition, if the award for the figure is a zero, the Panel Referee may review the official video.

OD 3.6.2 Routine Competition:

OD 3.6.2.1 In Team competition, whether in Free Routine Preliminary/Semifinal, Free Routine Final or Technical Routine Preliminary and Final, 1/4 point penalty shall be deducted from the Total Score for each competitor less than 8. For U.S. Senior Open Championship exception, see Rule CP 1.1.2.1. For the U.S Junior Open Championship exception, see Rule CP 1.2.2.1.

OD 3.6.2.2 Penalties in Free Routines, Technical Routines, Highlights and Free Combinations:

OD 3.6.2.2.1 A One Point Penalty shall be deducted from the routine score if:
1. The time limit of 10 seconds for deck movements is exceeded.
2. There is a deviation from the specified routine time limit allowed (less or more than) for the routine in accordance with Rule CP 4.2.5.
3. The time limit of 30 seconds for the deck walk-on is exceeded.
4. A competitor has made a deliberate use of the bottom of the pool during the routine.

OD 3.6.2.2.2 A Two Point Penalty shall be deducted from the routine score if:
1. A competitor has made deliberate use of the bottom of the pool during a routine to assist another competitor.
2. A routine is interrupted by a competitor during the deck movements and a new start is allowed.
3. If during deck movements in routines, competitors are executing stacks, towers or human pyramids.
4. In Free Team routines, if the number of Acrobatic Movements exceeds the required number. Regardless of the number of additional Acrobatic Movements, the maximum penalty shall be 2 points.
5. In Free Combination, for violations of each general requirement 3, 4 and required element 1 of Appendix L.
6. In Highlight, for each required element omitted and if 1, 2, 3 or 4 of the Acrobatic Movements are missing.

OD 3.6.2.3 Additional Penalties and Required Technical Element Zero procedures in Junior, Junior Olympic 16-17 and 18-19 Age Divisions, Senior and Masters Technical Routines and Intermediate Free Routine with Required Technical Elements:

OD 3.6.2.3.1 If 1 or more competitor(s) omits all or part of an element, or performs an incorrect action in an element, the Elements judges shall award a zero score for that particular element.
OD 3.6.2.3.2 Any change in the order of the elements results in a zero score from the Elements judges for the element not placed in the correct order.

Example: Element 1, 2, 4, 3, 5 (incorrect order).

The Elements judges shall award a zero score for the element not placed in the correct order.

OD 3.6.2.3.3 If 1 or more Elements judge(s) enters a score for an incorrect element, the Event Referee shall check the official video and make sure it was incorrect. If incorrect, the Event Referee shall change the Elements judges’ scores to zeros.

OD 3.6.2.3.4 If 1 or more Elements judge(s) enters a zero score for a correct element, the Event Referee shall review the official video and proceed according to Rule OD 4.1.2.4.1.1.

OD 3.6.2.3.5 A Half-Point Penalty shall be deducted from the Execution score for violations of required elements of Appendix L as follows:

- Masters Solo required element 6.
- Junior and Senior Duet required elements 6 and 7.
- Junior and Senior Mixed Duet and Masters Duet and Trio required elements 6, 7 and 8.
- Junior and Senior Team required elements 6, 7, 8 and 9.
- Masters Team required elements 6, 7, 8, 9 and 10.

OD 3.6.2.3.6 In Solos, Duet, Mixed Duet and Trios, a Half-Point Penalty shall be deducted from the Elements score if an element (# 1-5) is not performed parallel to the sides of the pool where the panels of judges have been placed.

OD 3.6.2.4 Additional Penalties for Novice: A Half-Point Penalty shall be deducted for violations of Novice required elements of Appendix L.

OD 3.6.2.5 Disqualification:

OD 3.6.2.5.1 If 1 or more competitor(s) stops swimming before the routine is completed, the routine will be disqualified. If the cessation is caused by a competitor who is in distress, the Event Referee shall allow the routine to be re-swum during the session. If the Event Referee stops the routine, the routine may swim again 2 routines later without the competitor who caused the routine to be stopped.

OD 3.6.2.5.2 Failure to notify the Scoring Chair and/or the Event Referee, in writing, before swimming, of all changes or scratches will result in disqualification of the routine.

OD 3.6.2.5.3 A Team shall consist of 4, but no more than 8 competitors. A Highlight shall consist of 8, but no more than 10 competitors and a Free Combination shall consist of 4, but no more than 10 competitors. The number of Team, Highlight and Free Combination competitors may not increase between the Preliminary and Semifinal event or the Preliminary/Semifinal and Final event, or between Technical and Free routines. For Free Combination numbers exception, see Rule CP 4.2.3.1.

1. If the lack of a reserve reduces the Team, Highlight or Free Combination size to less than that defined in rule OD 3.6.2.5.3, the routine shall be disqualified.

OD 3.6.2.5.4 Failure of music according to CP 5.5.6.1-2 the routine is disqualified.

OD 3.6.3 Swimwear: In the event that the Event Referee thinks competitor(s) swimwear does not conform to FINA Rule GR 5 and USSS Rules OD 3.6.4-3.6.5, the competitor(s) shall not be permitted to compete until changing into appropriate swimwear.

OD 3.6.4 The use of accessory equipment, goggles or additional clothing is not permitted at National competitions, unless required for medical reasons, excluding the U.S. Masters Championship. Nose clips or plugs may be worn. Jewelry is not allowed.

USSS Rules 2020 37
and must be removed prior to the start of the routine, except at Masters competitions.

OD 3.6.5 Theatrical make-up shall not be worn. Makeup that provides a natural, clean and healthy glow is acceptable.

OD 4 SCORING STAFF:

OD 4.1 Scorers:

OD 4.1.1 Duties:

OD 4.1.1.1 Check the Official Club Entry Form for any irregularities prior to the competition and inform the competitors of the necessary corrections to be made.

OD 4.1.1.2 Conduct a double blind lot public draw to determine the order of appearance for the competitors in the events and inform the competitors. In competitions where a computer will be used, the order of appearance may be computer generated.

OD 4.1.1.3 In Figure competition, announce the order of performance and the sequence of figures to be performed.

OD 4.1.1.4 Individually record the scores (on paper or electronically or via computer) and make the necessary computations as directed in Rule OD 4.1.2. The score shall be final once verified and displayed or announced.

OD 4.1.1.5 There shall be a multiple check of all scores.

OD 4.1.1.6 The Scoring Chair or his/her designee at that competition shall be responsible for the release of official scores to the press except at all National Championships, where the appropriate USSS National Office Staff member shall be responsible for the release of official scores to the press.

OD 4.1.2 Methods of Scoring:

OD 4.1.2.1 Rounding Rule: Use for all computations.

OD 4.1.2.1.1 Determine the last digit to keep by referring to Rule OD 4.1.2.

OD 4.1.2.1.2 Increase that digit by 1 if the next digit is 5 or more (this is called rounding up).

OD 4.1.2.1.3 Leave that digit the same if the next digit is 4 or less (this is called rounding down).

OD 4.1.2.1.4 Examples:

1. Round to the 4th decimal place: If the value of the 5th decimal place is 7, round the 4th decimal place up.
2. Round to the 3rd decimal place: If the value of the 4th decimal place is 4, round 3rd decimal place down.

OD 4.1.2.2 Figure Competition:

OD 4.1.2.2.1 Record the individual scores, each time in the same consecutive order on a score sheet.

OD 4.1.2.2.2 If 1 or more judge(s), for any reason, has given no score for any one figure, the average of the scores of the other remaining judges shall be computed and shall be considered as the missing score. This shall be calculated to the nearest 0.1 point. If a judge misses more than 1 figure, all scores given by that judge are removed for that event.

OD 4.1.2.2.3 If 7, 6 or 5 judges are used, cancel only the highest and lowest scores (one each). If 4 judges are used, determine a fifth score by taking the average of the 4 scores and round to the nearest 0.1 point. Cancel the highest and lowest scores (one each) and proceed using OD 4.1.2.2.4.4. If 3 judges are used, there shall be no cancellation.
OD 4.1.2.2.4 Add the remaining scores and calculate score points as follows:
1. **7 judges**: Add the 5 remaining scores. Then divide the sum by 5 and multiply the result by the degree of difficulty. The result shall be rounded to 4 decimal places using the Rounding Rule. See Rule OD 4.1.2.1.
2. **6 judges**: Add the 4 remaining scores. Then divide the sum by 4 and multiply the result by the degree of difficulty. The result shall be rounded to 4 decimal places using the Rounding Rule. See Rule OD 4.1.2.1.
3. **5 judges**: Add the 3 remaining scores. Then divide the sum by 3 and multiply the result by the degree of difficulty. The result shall be rounded to 4 decimal places using the Rounding Rule. See Rule OD 4.1.2.1.
4. **4 judges**: Add the 3 remaining scores. Then divide the sum by 3 and multiply the result by the degree of difficulty. The result shall be rounded to 4 decimal places using the Rounding Rule. See Rule OD 4.1.2.1.
5. **3 judges**: Add the 3 scores. Then divide the sum by 3 and multiply the result by the degree of difficulty. The result shall be rounded to 4 decimal places using the Rounding Rule. See Rule OD 4.1.2.1.

OD 4.1.2.2.5 Add the scores for the individual figures for each competitor.

OD 4.1.2.2.6 The sum of the 4 figures shall be divided by the total of the degree of difficulty of the group and multiplied by 10, then the penalties shall be deducted. This sum is the Total Figure Score for the competitor.

OD 4.1.2.2.7 In Duet, Mixed Duet, Trio and Team competition, add the Total Figure Score for each competitor who actually swam in the routine and divide by the number of competitors in the routine. The result of the division shall be rounded to 4 decimal places using the Rounding Rule. See Rule OD 4.1.2.1.

OD 4.1.2.3 Free Routine, Highlight, Free Combination and Novice Technical Routine Competition:

OD 4.1.2.3.1 For each panel of the Free routine, Highlight, Free Combination and Novice Technical routines (Execution, Artistic Impression and Difficulty), the score shall be calculated as follows for each category:
1. If 1 or more judge(s), by reason of illness or other unforeseen circumstances, has given no score for a routine, the average of the scores of the other remaining judges shall be computed and shall be considered as the missing score. This shall be calculated to the nearest 0.1 point.
2. If a panel consists of 7, 6 or 5 judges, the highest and the lowest scores for each panel are cancelled (one high, one low). If a panel consists of 4 judges, determine a fifth score by taking the average of the 4 scores and round to the nearest 0.1 point. Cancel the highest and lowest scores (one each). If a panel consists of 3 judges, no scores are cancelled.
3. The Execution score is the sum of the remaining scores in the category, divided by the number of judges less 2 and multiplied by 3.
4. The Artistic Impression score is the sum of the remaining scores in the category, divided by the number of judges less 2 and multiplied by 4.
5. The Difficulty score is the sum of the remaining scores in the category, divided by the number of judges less 2 and multiplied by 3.
6. The Final routine score shall be the sum of the Execution score (30%), the Artistic Impression score (40%) and the Difficulty score (30%), less any penalty deductions from Rule OD 3.6.2.
FREE ROUTINE SCORING EXAMPLE
WITH FIVE JUDGES

<table>
<thead>
<tr>
<th></th>
<th>WT</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>TOT-HILO</th>
<th>AVER</th>
<th>CALC</th>
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</thead>
<tbody>
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<td>25.6</td>
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<td>25.6000</td>
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<td>8.5</td>
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OD 4.1.2.4 Senior, Junior, Junior Olympic 16-17 and 18-19 Age Divisions,
Intermediate Free Routine with Required Technical Elements and
Masters Technical Routine Competition:

OD 4.1.2.4.1 For each panel of the Technical routine (Execution, Impression and Elements), the score shall be calculated as follows for each category:

1. If 1 or more judge(s) on the Elements panel has entered a zero for any element or portion of an element, the Event Referee will review the official video. If the required element has been executed correctly, then the average of the scores of the other remaining judges shall be computed and shall be considered as the missing score(s). This shall be calculated to the nearest 0.1 point.
   - If the required element has not been performed correctly, the Event Referee shall instruct the scorers to record zeros for that element for each judge.

2. If 1 or more judge(s), by reason of illness or other unforeseen circumstances, has given no score for a routine, the average of the scores of the other remaining judges shall be computed and shall be considered as the missing score(s). This shall be calculated to the nearest 0.1 point.

3. If a panel consists of 7, 6 or 5 judges, the highest and the lowest scores for each panel or required element with an assigned degree of difficulty are cancelled (one high, one low). If a panel consists of 4 judges, determine a fifth score by taking the average of the 4 scores and round to the nearest 0.1 point. Cancel the highest and lowest scores (one each). If a panel consists of 3 judges, no scores are cancelled.

4. The Execution score is the sum of the remaining scores in the category, divided by the number of judges less 2 and multiplied by 3.

5. The Impression score is the sum of the remaining scores in the category, divided by the number of judges less 2 and multiplied by 3.

6. The Elements score is the sum of the remaining scores in the category, divided by the number of judges less 2. The result is multiplied by the degree of difficulty for that element. The sum of the Elements scores shall be divided by the total degree of difficulty for the required elements and multiplied by 10. This result is multiplied by 4.

7. The Technical routine score shall be the sum of the Execution score (30%), the Impression score (30%) and the Elements score (40%), less any penalty deductions from Rule OD 3.6.2.
## TECHNICAL ROUTINE EXAMPLE
### WITH FIVE JUDGES

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**OD 4.1.2.5 Calculation of Final Results:**

1. The Final result is determined by adding the final score of each performed session. Each session is worth a maximum of 100 points. If both Preliminary and Final routine sessions are held, the routine score from the Final session shall replace that of the Preliminary session to determine the Final result.

2. In events that include 1 session – Figures OR Free Combination OR Technical routine OR Free routine OR Highlight – the result shall be the score of that session, for a maximum of 100 points. The result shall be rounded to 3 decimal places using the Rounding Rule and the result placed in the Total Box. For Rounding Rule, see Rule OD 4.1.2.1.

3. In events that include 2 sessions – Figures and Free routine OR Technical routine and Free routine – the results shall be the sum of each session, for a maximum of 200 points. The result shall be rounded to 3 decimal places using the Rounding Rule and the result placed in the Total Box. For Rounding Rule, see Rule OD 4.1.2.1.

4. In events that include 3 sessions - Figures, Technical routine and Free routine - the result shall be the sum of each session, for a maximum of 300 points. The result shall be rounded to 3 decimal places using the Rounding Rule and the result placed in the Total Box. For Rounding Rule, see Rule OD 4.1.2.1.

**OD 4.1.2.6 Ties:**

**OD 4.1.2.6.1** In the case of the same Final result (calculate to 4 decimals) in Solo, Duet, Mixed Duet, Trio, Team, Highlight and Free Combination, a tie shall be declared for the particular place(s). If a decision has to be made to go to Finals, to be qualified, to be promoted/demoted, the following procedure will be used:

1. Solo, Duet, Mixed Duet, Trio and Team:
   - The higher Free routine scores of the Final result shall decide.
   - If the scores are still the same, the Artistic Impression score of the Free routine determines the position.
   - If the scores are still the same, the Execution score of the Free routine determines the position.
• If the scores are still the same, the Elements score of the Technical routine determines the position.

2. Highlight and Free Combination:
• The higher Artistic Impression score shall decide.
• If the scores are still the same, the higher Execution score shall decide.

3. For competitions with point systems, in case of a tie, the Final result, according to Rule OD 4.1.2.5, of all events shall be added and the higher total sum shall decide. For Scoring Systems, see Rules CP 7.3-7.4.

OD 4.1.2.7 Error in Results:
• OD 4.1.2.7.1 The results shall become final after 14 days.
• OD 4.1.2.7.2 If an error is discovered within 14 days after the results are published, the computations shall be redone, results reproduced correctly and medals/ribbons distributed correctly.

OD 4.2 Typists/Computer Operators: The Typists shall type and duplicate information given them by the Scoring Chair and Meet Manager.

OD 4.3 Timing Procedures and Timers: The Organizing Committee and Sound Center Manager may time routines in 2 different ways. It will be clearly stated on the Meet Announcement which method will be used in that competition.

• For Routine Competition Penalties, see Rule OD 3.6.2. For Collegiate Dual, Invitational, Regional and other routine competition exceptions, see Rule CO 2.3.5.1. For U.S. Masters Championship exception, see Rules MS 2.6.2 and 2.7.2.

OD 4.3.1 Method 1: Use of Timers:
• OD 4.3.1.1 In all routine events, there shall be 1 Timer when the Sound Center Manager has not pre-timed the music selections.
• OD 4.3.1.2 The 1 Timer shall check and record the overall time of the routine as well as that of the deck movements.
• OD 4.3.1.3 The official deck and total routine times shall be recorded on the computation sheet.
  • If the time of either the overall routine or the deck movements does not fall within the specified time limits, a Timer shall so inform the Event Referee.

OD 4.3.2 Method 2: Pre-timed Music:
• OD 4.3.2.1 The Sound Center Manager shall pre-time all routines before the event begins and prepare a report indicating the overall time for each routine. If the overall time of a routine does not fall within the specified time limits, the Sound Center Manager shall so inform the Event Referee.

OD 4.4 Clerk-of-Course or Vice Referee: The Clerk-of-Course or Vice Referee shall obtain the order of draw and ascertain that all competitors are present. Failure of a competitor to report to the Clerk-of-Course or Vice Referee at the starting time shall be reported immediately to the Event Referee.

OD 4.5 Runners:
• OD 4.5.1 Judges in routine competition shall be provided with Runners.
• OD 4.5.2 Runners shall assist the judges as directed by the Event Referee.
OD 5 OTHER COMPETITION PERSONNEL:

OD 5.1 Meet Manager: The Meet Manager shall be responsible for those duties as outlined in the bid application, the Meet Management Guide and as directed by the Vice President Competitive Operations of USSS.

OD 5.2 Sound Center Manager:

OD 5.2.1 The Sound Center Manager and crew shall:

OD 5.2.1.1 When pre-timing music, be responsible for the timing of the overall routine and for preparing a report indicating the overall time for each routine. Notify the Event Referee in the event the time does not comply with CP 4.2.5. See Rule OD 4.3.

OD 5.2.1.2 Play back the recorded music using the settings requested by the competitor or their representative for the accompaniment of each routine during the assigned practices and in the competition.

OD 5.2.1.3 Use a decibel meter to measure and maintain the sound levels so that no listener is subjected to sound levels that exceed 90 decibels continuous sound, or the sound level safety tolerances as published by OSHA, whichever is the lesser.

OD 5.3 Announcer(s):

OD 5.3.1 The Announcer(s) shall make only such announcements as are authorized by the Meet Referee and/or Meet Manager.

OD 5.3.1.1 In Figure competition, the Announcer shall announce the number of the competitor and the name of the figure to be performed.

OD 5.3.1.2 In Figure competition, the Announcer shall announce the judges’ scores in sequence.

OD 5.3.1.3 In routine competition in all events, the Announcer shall:

1. State the number of the competitor(s), and may state their name(s) and club affiliation, including location of the club, prior to the competitor(s) performance.

2. After scores have been given, may announce the name(s) and affiliation of the competitor(s).

OD 5.4 Deck Marshall(s): The Deck Marshall(s) shall monitor order in the competitive area as directed by the Event Referee.
RULE V

NATIONAL TEAM PROGRAM (NT)

NT 1 NATIONAL TEAM:

NT 1.1 Candidates must meet the established qualifying criteria:
  NT 1.1.1 United States Citizenship.
  NT 1.1.2 Competitors who have attained places as listed in the current Rulebook, Appendix E, are qualified to participate in the National Team Trials.

NT 1.2 Special Consideration: Competitors who have not met the eligibility requirements for Team selection due to extenuating circumstances, may petition the National Team Review Subcommittee. Consideration shall be given to the timeliness of such application.

NT 1.3 Governance: National Team Trials shall be conducted under FINA Rules and in accordance with the procedures for National Team selection listed in the current Rulebook, Appendix E.

RULE VI

JUNIOR AND SENIOR HIGH SCHOOL PROGRAMS (HS)

These rules can be found at www.usasyynchro.org.
RULE VII

COLLEGIATE PROGRAM (CO)

CO 1 COLLEGIATE GOVERNANCE:

The Collegiate competition is dedicated to the educational value of athletics as part of a larger educational program. Note: Student-Athletes who are not enrolled in an institution with a Synchro program may enter U.S. Collegiate competition by meeting the below listed eligibility requirements.

CO 1.1 Collegiate competition occurs when a student-athlete:

CO 1.1.1 Represents an institution in any event against outside competition, regardless of how the competition is classified.

CO 1.1.2 Participates in any athletic event (including on the club team of an institution that conducts a varsity program in the sport or on an outside Team) that is open only to Collegiate student-athletes or involves individuals or Teams from Collegiate institutions participating in competition to score points for their respective institutions, even when the student-athlete’s performance is not included in the scoring of the event, or is considered an “exhibition” or occurs in an “open” event involving non-collegiate competitors that is conducted in conjunction with Collegiate competition.

CO 1.1.3 Competes in the uniform of the institution or, during the academic year, utilizes any apparel (excluding apparel no longer utilized by the institution) or equipment received from the institution that includes institutional identification.

CO 1.1.4 Competes and receives expenses (i.e. transportation, meals, room or entry fees) from the institution for the competition.

CO 1.2 Collegiate Season:

CO 1.2.1 The playing season (i.e. practice and competition) is the period between the date of an institution’s first officially recognized practice session, and the conclusion of the National Governing Body Championship. An institution is permitted to conduct officially recognized practice and competition each academic year only during the playing season.

CO 1.2.2 The length of a program’s playing season in synchronized swimming shall be limited to a 132-day season, which may consist of 2 segments (each consisting of consecutive days) and which may exclude only required days off and official vacation, holiday and final examination periods.

CO 1.2.3 Each institution is expected to follow current playing and practice season regulations set forth in the Division I NCAA Manual – Bylaw 17 (Playing and Practice Seasons).

CO 1.3 Eligibility:

A program shall not permit a student-athlete to represent it in intercollegiate athletics competition unless the student-athlete meets all applicable eligibility requirements and USSS has certified the student-athlete’s eligibility. Each institution is expected to follow eligibility and amateurism regulations set forth in the Division I NCAA Manual – Bylaw 12 (Amateurism) and Bylaw 14 (Eligibility).

- Exception to Bylaw 12.8.3.2.1.1: Student-Athletes representing the National Team of their Federation shall have a maximum of 3 years after their high school graduation date to enroll full time in a collegiate institution.

CO 1.3.1 Undergraduate student-athletes who meet the one-time transfer rule who are officially enrolled on a full-time basis and who meet their respective institution’s NCAA eligibility standards shall be eligible to compete. All eligibility and recruiting questions not otherwise addressed by USSS, FINA or NCAA Rules.
shall be governed by the U.S. Synchronized Swimming Collegiate Technical Rules Board or the Collegiate Compliance Rules Board.

**CO 1.3.2** All student-athletes shall complete the Student-Athlete Technical Affidavit 2 times per year. The Technical Affidavit can be found on the USSS website. In the spring semester, the affidavit must be completed even though there may be no changes.

**CO 1.3.3** Each competing program is required to submit a declaration of playing season, team roster and proof of student-athlete and club registration to the Collegiate Secretary no later than January 1st of each year.

**CO 1.3.4** Transfer student-athletes must abide by their institution’s governing rules.

**CO 1.3.5** A student-athlete may not represent both a club/organization and a college/university in the same competition.

**CO 1.3.6** **Graduate Student-Athlete/Post Baccalaureate Participation:** A student-athlete who is enrolled in a graduate or professional school of the same institution from which he or she previously received a baccalaureate degree, a student-athlete who is enrolled and seeking a second baccalaureate or equivalent degree at the same institution, or a student-athlete who has graduated and is continuing as a full-time student-athlete at the same institution while taking course work that would lead to the equivalent of another major or degree as defined and documented by the institution, may participate in intercollegiate athletics, provided the student-athlete has eligibility remaining and such participation occurs within the applicable 5 year period set forth in Division I NCAA Manual Bylaw 12.8 and 14.2.2.1.4.

**CO 1.3.6.1** **One-Time Transfer Exception:** A graduate student-athlete who does not meet the one-time transfer exception due to the restrictions of Division I NCAA Manual Bylaw 14.5.5.2.10-(a) shall qualify for this exception, provided:

- The student-athlete fulfills the remaining conditions of Division I NCAA Manual Bylaw 14.5.5.2.10;
- The student-athlete has at least 1 season of competition remaining; and
- The student-athlete’s previous institution did not renew his or her athletically related financial aid for the following academic year.

**CO 1.3.7** A Collegiate student-athlete must hold a USSS membership. To compete outside the Collegiate program the institution must petition the NCAA, or its governing body, for each exception and the student-athlete must hold a USSS Competitive Athlete membership.

**CO 1.3.8** A student-athlete shall be an amateur, as defined by USSS, FINA and NCAA.

**CO 1.3.9** Any student-athlete desiring to compete for his or her institution must be granted permission by the institution to use the school’s name.

**CO 1.3.10** In the year in which the World University Games occurs, any Collegiate student-athlete who is within 1 year of eligibility to compete may participate at the U.S. Collegiate Championship and be allowed to enter Solo and the Technical Category.

**CO 1.3.11** **International Student-Athlete:** The eligibility of an International Student-Athlete shall be certified through a letter from the athlete’s Federation granting the International Student-Athlete permission to participate in U.S. Collegiate synchronized swimming. The letter must be maintained in a file at the institution and must be submitted to the Collegiate Technical Chair prior to the International Student-Athlete’s first date of competition.
CO 1.4 Compliance:

CO 1.4.1 All questions regarding rules, infractions or requests for waivers shall be directed to the Collegiate Technical Chair. The Collegiate Technical Chair will answer questions about NCAA, USSS and FINA rules, research infractions and forward waiver requests to the Collegiate Technical Rules Board or Collegiate Compliance Rules Board for discussion. The Collegiate Technical Chair will coordinate quick and efficient responses or decisions from the boards. The Collegiate Technical Chair is a liaison and does not vote on either board.

CO 1.4.1.1 Waiver requests must be submitted to the Collegiate Technical Chair in a timely manner. If the waiver request involves a competitive event, the request must be submitted at least 1 week prior to the start of the competition.

CO 1.4.2 The Collegiate Technical Rules Board will address waivers or infractions related to FINA or USSS rules. The Collegiate Technical Rules Board shall be composed of 1 representative each from a Division I Varsity, Division II/NAIA Varsity, Division III Varsity, club program and the Collegiate Student-Athlete Advisor.

CO 1.4.3 The Collegiate Compliance Rules Board will address waivers or violations related to the NCAA regulations. The Collegiate Compliance Rules Board shall be composed of 2 retired coaches, 1 compliance officer from an institution, 1 attorney and 1 retired student-athlete. If the Collegiate Compliance Rules Board determines there is a violation, they shall recommend to the Collegiate Technical Chair that the Corporation’s Board of Directors review the violation in accordance with Rule TR 3.

1. The Collegiate Chair shall:
   - Serve as Chair of the Collegiate Committee and any other collegiate meetings at the U.S. Collegiate Championships and USAS Convention.
   - Represent Collegiate Programs at the USAS Convention.
   - Attend no less than 1 conference and 1 USSS National Championship where age group athletes compete to serve as the Collegiate representative.
   - Conduct, or select a representative to conduct, annual informational meetings at all USSS National Championships where recruitable athletes are competing.
   - Oversee the completion of all tasks included in the Collegiate Strategic Plan.

2. The Collegiate Technical Chair shall:
   - Be present at all collegiate meetings including USAS Convention.
   - Fully understand the NCAA, USSS and FINA rules.
   - Supervise the submission of Student-Athlete Technical Affidavits.
   - Serve as a liaison, interpret rules and make recommendations to the Collegiate Technical Rules and Collegiate Compliance Rules Boards.
   - Check scores and placement.

3. The Collegiate Program Development Chair shall:
   - Be present at all collegiate meetings including USAS Convention.
   - Attend no less than 1 conference and 1 USSS National Championship where age group athletes compete.
   - Oversee the development of all collegiate synchronized swimming programs (Club and Varsity).
   - Oversee the development and progress of Collegiate club programs.
   - Maintain records of all programs within the collegiate group.
   - Provide information to assist in the formation of new Collegiate clubs.
   - Complete all tasks included in the Collegiate Strategic Plan.
• Assist Collegiate clubs in the development of alumnae networks.

4. The Collegiate Secretary shall:
• Be present at all collegiate meetings including USAS Convention.
• Maintain the membership list of the Collegiate Committee and the Collegiate Technical Rules and Collegiate Compliance Rules Boards.
• Maintain records of student-athlete eligibility.
• Act as an aid to the Collegiate Program Development Chair.
• Send notice of meetings as instructed by the Collegiate Chair or Collegiate Technical Chair.
• Forward to the Executive Director of USSS such reports as required by USSS.

5. The Collegiate Student-Athlete Advisor shall:
• Be present at all collegiate meetings including USAS Convention.
• Represent the Collegiate student-athletes on the Collegiate Technical Rules Board
• Assure communication among all student-athletes both within the Collegiate program and USSS.

CO 1.5 Institutional Membership: The institution shall hold a USSS membership.

CO 1.6 Individual Membership:
• Collegiate student-athletes must hold 1 of 2 types of individual memberships:
  1. Athlete: A student-athlete who competes in local activities, non-qualifying competitions and Collegiate competitions, not including the U.S. Collegiate Championship. See Appendix C.
  2. Competitive Athlete: A student-athlete who competes in qualifying competitions and National Championships. See Appendix C.

CO 1.7 Recruiting: A member of an institution’s athletics staff or a representative of its athletics interests shall not contact a prospective student-athlete until July 1 following completion of the student-athlete’s sophomore year of high school. Each institution is expected to follow current recruiting regulations set forth in the Division I NCAA Manual – Bylaw 13 (Recruiting).

CO 1.7.1 Each institution may provide a maximum of 8 full scholarships per year.

CO 1.8 Coaching Limitation: Each institution may have a maximum of 1 head coach, 1 assistant coach, 1 volunteer and 1 graduate assistant/volunteer on deck at the same time. Only the head coach and assistant coach may be paid.

CO 2 Collegiate Competition:

CO 2.1 Categories for Technical Competition:
• Student-Athletes shall move into 1 of the 4 Technical Categories on the basis of their qualifying average Figure, Solo, Duet or Team Technical routine score from their most recent competitive season.
  • If a Figure score is not available, then a Solo Technical routine score shall be used.
  • If a Solo Technical routine score is not available, then a Duet Technical routine score shall be used.
- If a Duet Technical routine score is not available, then a Team Technical routine score shall be used.

The Student-Athlete Technical Affidavit shall provide the qualifying average score for placement in a Technical Category. For International Student-Athlete exception, see Rule CO 1.3.11.

1. Category A: 71.000 or higher or National Team student-athlete.
   - For the purpose of this rule, a National Team student-athlete shall be any student-athlete who has competed for their home country’s National Team within the last 2 calendar years.
   - International Student-Athletes who have competed for their Federation’s Junior or Senior National Teams within the last 2 calendar years and have achieved an average figure score below the Technical Category A minimum (71.000) may swim in the Technical Category of the corresponding average in the most recent year. In addition, a foreign National Team student-athlete who does not have available figure scores from the past 2 calendar years may only compete in Technical Category B after submitting a video to be reviewed by a panel of judges. This panel must approve the request by a majority vote prior to the athlete’s entry into the Technical Category B.

2. Category B: 64.000 to 70.999.

3. Category C: 52.000 to 63.999.

4. Category D: 51.999 or lower.

**CO 2.1.2** Movement Between Technical Categories:

1. The student-athlete’s average Technical score from the previous season shall be used to determine the Technical Category (Figure or Technical Element routine) for the student-athlete’s first season of Collegiate competition.

2. The student-athlete’s average Technical score from the first season of Collegiate competition will determine the Technical Category for the remaining seasons of Collegiate competition and the remainder of the student-athlete’s Collegiate career. After each competitive season, the student-athlete shall be permitted to move up to a higher Technical Category between seasons. Once the student-athlete moves up, they shall remain in the Technical Category (or higher) for the remainder of the student-athlete’s Collegiate career.

3. The student-athlete shall compete in the Technical Category designated by the average Technical score of the Technical Affidavit for every Collegiate competition within the season.

**CO 2.2** Technical Competition:

**CO 2.2.1** Category A shall be a compulsory routine with 4 of the Senior Team Technical Elements. This routine shall be used for all Collegiate competitions that year. See Appendix L.

**CO 2.2.2** Category B shall be a compulsory routine with 4 of the Junior Team Technical Elements. This routine shall be used for all Collegiate competitions that year. See Appendix L.

**CO 2.2.3** Category C shall be the 13-15 Age Division Figures as listed in Figure Rule II.B and shall rotate through the figure selection groups per the Collegiate chart in Figure Rule II.G. This group shall be used for all Collegiate competitions that year.

**CO 2.2.4** Category D shall be the 12 & under Age Division Figures as listed in Figure Rule II.C and shall rotate through the figure selection groups per the Collegiate chart in Figure Rule II.G. This group shall be used for all Collegiate competitions that year.
CO 2.2.5 For each Dual, Invitational and Regional competition, each institution may count a maximum of 4 Technical Categories but must count a minimum of 1 category.

CO 2.2.6 All student-athletes must enter 1 of the Technical Categories in each competition. Institutions who provide false or misleading information are subject to having all entries in the Technical Category in question disqualified or allowed only as Exhibition. For Resolution of Protests, see Rule TR 3.

CO 2.2.7 Application of Penalties: Refer to Appendix L, Sections 1.03-1.06 for application of penalties and procedures for Technical Category A and B and Rule OD 3.6.1 for application of penalties for Technical Categories C and D.

CO 2.3 Routine Competition:

CO 2.3.1 The competition shall consist of Solo, Duet, Mixed Duet (Honorary only), Trio and Team events.

CO 2.3.2 For each Dual, Invitational and Regional competition, an institution may select a maximum of 7 events to receive placement points. Those 7 events must include at least 1 of the Technical Categories A, B, C or D.

1. No more than 2 routines in each event.
2. Additional routines as Exhibition.

CO 2.3.3 Number of Events: Each student-athlete may compete in no more than 3 different routine events, including Exhibition routines, in each competition.

1. Exception: In the Region/Regional Championships, a student-athlete may enter a maximum of 4 events, one of which shall be an Exhibition routine.

CO 2.3.4 Reserves: One reserve may be listed for a Duet and Trio and 2 reserves for a Team. If the reserve swims, the event shall be counted as 1 of the 3 permitted for that student-athlete.

CO 2.3.5 Time requirements for routines shall comply with USSS Rules:

1. For Dual, Invitational, Regional and other routine competitions, there shall be an allowance of 15 seconds plus the allotted time limit. There shall be no minimum time limit.

2. For the U.S. Collegiate Championship, time limits shall comply with those used at the U.S. National Championship:

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</table>

3. For the U.S. Collegiate Championship, there shall be an allowance of 15 seconds plus or minus the allotted time limit.

CO 2.3.6 Timing procedures shall comply with USSS Rules.

CO 3 COLLEGIATE SCORING:

CO 3.1 Methods of Scoring:

CO 3.1.1 Technical Competition: Scores shall be computed according to USSS Rules.

1. Participation:
   • Each student-athlete shall swim the Technical competition.
   • Each Technical student-athlete shall be eligible for awards (See Rule CO 5.1.1) regardless if the institution has declared the Technical competition for Overall Institution Awards.
2. Institution Averaging:
   - The average of the student-athlete’s Technical scores from each institution shall determine which place the institution receives in each declared Technical Category for Overall institution Awards.

CO 3.1.2 Routine Competition:
CO 3.1.2.1 Routines shall be computed according to USSS Rules.
CO 3.1.2.2 Technical scores shall not be added to routine scores.

CO 3.2 Scoring Systems:
CO 3.2.1 Collegiate Competition and Overall Institution Awards: The following scoring system is used for any Collegiate competition as well as determining the Overall Institution Awards at the U.S. Collegiate Championship.

<table>
<thead>
<tr>
<th>Place</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
<th>11</th>
<th>12</th>
</tr>
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<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Cat. A</td>
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<td>10</td>
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<tr>
<td>Cat. C</td>
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<tr>
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<td>8</td>
<td>7</td>
<td>6</td>
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<td>3</td>
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<td>9</td>
<td>8</td>
<td>7</td>
<td>6</td>
<td>5</td>
</tr>
</tbody>
</table>

CO 3.2.2 USA Synchro Collegiate All-America Team Awards and Individual High Point Trophy: The following scoring system is used for the Technical Category A competition for the USA Synchro Collegiate All-America Team Awards and the Individual High Point Trophy at the U.S. Collegiate Championship. Routine scoring will follow CO 3.2.1.

<table>
<thead>
<tr>
<th>Place</th>
<th>1</th>
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<td>14</td>
<td>13</td>
<td>12</td>
<td>11</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Place</th>
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<th>13</th>
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<th>15</th>
<th>16</th>
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<td>5</td>
<td>4</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
</tbody>
</table>

CO 3.2.3 USA Synchro All-Collegiate Awards: The following scoring system is used for the Technical Category B competition for the USA Synchro All-Collegiate Awards at the U.S. Collegiate Championship. Routine scoring will follow CO 3.2.1.

<table>
<thead>
<tr>
<th>Place</th>
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<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
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<td>6</td>
<td>5</td>
<td>4</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
</tbody>
</table>
CO 4 THE U.S. COLLEGIATE CHAMPIONSHIP:

CO 4.1 Institution Qualification:

CO 4.1.1 To attend the U.S. Collegiate Championship, a Collegiate club shall have competed in a minimum of 3 separate dates of competitions, 2 of which shall be Collegiate competitions. One must be the Regional Championship.

CO 4.1.2 To attend the U.S. Collegiate Championship, a Varsity program shall have competed in a minimum of 6 separate dates of competitions, 2 of which shall be Collegiate competitions. One must be the Regional Championship.

CO 4.1.3 Placement attained in the Collegiate Regional Championships:
1. Student-Athletes placing in the top 12 in each routine event shall qualify.
2. Exhibition routines shall qualify by earning a routine score equal to or higher than the 12th place official routine score in that event.

CO 4.1.4 Placement in the prior year’s U.S. Collegiate Championship:
1. Student-Athletes placing in Finals (places 1-12) shall qualify for the next U.S. Collegiate Championship. A routine already qualified through this method shall be excluded from the Region’s top 12 qualifiers.
2. The USSS 50% rule shall apply.

CO 4.2 Squad Size: An institution may bring no more than 20 student-athletes to the U.S. Collegiate Championship.

CO 4.3 Event Declaration for the U.S. Collegiate Championship:

CO 4.3.1 A coach may enter student-athletes into any number of events by submitting the required entry forms.

CO 4.3.2 No less than 2 hours prior to the first coaches meeting (the day before the first event), the coach must scratch the student-athlete from events which are beyond the maximum number of events for that student-athlete.

CO 4.3.3 These changes must be presented in writing to the designated Scoring Chair.

CO 4.3.4 See USSS Rules for substitutions and reserves.

CO 4.4 Entry Rules: An institution may select a maximum of 7 events to receive placement points for the Overall Institution Awards. See Rule CO 5.1.3. Those 7 events must include at least 1 of the Technical Categories A, B, C or D.

CO 4.5 Eligibility: Student-Athletes must have participated in a majority of their institution’s Collegiate season and have their eligibility certified by an affidavit signed by their institution and athletic department.

CO 4.5.1 Definition of participation in majority of the season: Student-Athletes actively taking part in the majority of the squad practices and competing in the majority of competitions.

CO 4.6 Order of Draw: All events shall be decided by a double blind lot public draw. In competitions where a computer will be used, the order of appearance may be computer generated.

CO 4.7 Finals: The top 12 routine scores shall qualify for Final routine competition. Number 13 shall be the pre-swimmer. The draw shall be held as FINA, with the top six (1-6) finishing places drawing for places 7-12 in the order of draw and the second six (7-12) finishing places drawing for places 1-6 in the order of draw.

CO 4.8 Fees: Same as USSS.
CO 4.9 **Selection of Judges and Event Referees:** The order of preference and priority for judges and officials selection shall be: (1) USSS National rating, (2) U.S. Junior Olympic/Masters rating and (3) Zone/Collegiate Regional rating.

CO 4.10 **Rule Changes:**

**CO 4.10.1** All proposed amendments to these rules shall be discussed at the U.S. Collegiate Championship.

**CO 4.10.2** Any rule changes approved by the Collegiate coaches present shall be submitted to the USSS Collegiate Committee for adoption in the subsequent year.

**CO 4.10.3** No rules voted upon for change at the U.S. Collegiate Championship shall be in effect for that competition. Rules will be added and finalized at the USAS Convention in that same year.

**CO 5 AWARDS FOR THE U.S. COLLEGIATE CHAMPIONSHIP:**

**CO 5.1 Competition Awards:**

**CO 5.1.1** Technical Awards: Medals shall be awarded to places 1-3 and ribbons shall be awarded to places 4-12 in Technical Categories A, B, C and D, regardless of the Overall Institution Awards Technical Competition declaration made by any institution. See Rule CO 4.4.

**CO 5.1.2** Routine Awards:

1. Medals shall be awarded to places 1-3 for each event.
2. Ribbons shall be awarded to places 4-12 for each event.

**CO 5.1.3** Overall Institution Awards: Places shall be awarded by total points accumulated using the Overall Institution Awards Scoring System. See Rule CO 3.2.1. It is suggested that trophies be awarded to places 1 to 3 and plaques be awarded to places 4 through 6.

**CO 5.1.4** In the U.S. Collegiate Championship, placement points for places 1-12 shall be determined by places from Finals.

**CO 5.2 Other:**

**CO 5.2.1** Individual High Point Trophy: The award will be presented to the student-athlete who accumulates the highest point total, regardless of U.S. Citizenship, using the USA Synchro Collegiate All-America Team Scoring System from the results of the U.S. Collegiate Championship. For the USA Synchro Collegiate All-America Team Scoring System, see Rule CO 3.2.2.

**CO 5.2.2** USA Synchro Collegiate All-America Team Awards: Using the USA Synchro Collegiate All-America Team Scoring System, student-athletes shall receive points based upon the rank order of finish in all routine entries counting toward the Overall Institution Award at the U.S. Collegiate Championship. Exhibition routine entries are excluded. For the USA Synchro Collegiate All-America Team Scoring System, see Rule CO 3.2.2. Only those student-athletes entered in the Technical Category A competition are eligible to be considered for the USA Synchro Collegiate All-America Team Awards.

1. Only Technical Category A shall count for placement points. Exhibition Technical entries will be eligible but are excluded from points in that category.
2. The top 14 student-athletes (excluding non-U.S. Citizens) shall receive USA Synchro Collegiate All-America Team Awards. Non-U.S. Citizens shall be listed as honorary and given honorary USA Synchro Collegiate All-America Team Awards for their placement in the top 14.
3. The USA Synchro Collegiate All-America Team Awards shall be announced on the USSS website within a week of completion of the U.S. Collegiate Championship.
CO 5.2.3 USA Synchro All-Collegiate Awards: Using the USA Synchro All-Collegiate Scoring System, student-athletes shall receive points based upon rank order of finish in all routine entries counting toward the Overall Institution Award at the U.S. Collegiate Championship. Exhibition routine entries are excluded. For the USA Synchro All-Collegiate Scoring System, see Rule CO 3.2.3.
1. Only Technical Categories A and B shall count for placement points. Exhibition Technical entries are excluded.
2. The top 3 student-athletes, regardless of U.S. Citizenship, will be named in each of the following categories:
   - Varsity Division I
   - Varsity Division II and NAIA
   - Varsity Division III
   - Club
3. The USA Synchro All-Collegiate Awards shall be announced on the USSS website within a week of completion of the U.S. Collegiate Championship.

CO 5.2.4 Collegiate Outstanding Synchronized Swimmer of the Year: To be based equally on athletics, academics and community service. Awarded following the U.S. Collegiate Championship by a vote of 1 coach from each institution and 1 Athletes Representative from each Region/Regional. This award shall be administered by the U.S. Collegiate Championship Meet Manager.

CO 5.2.5 Academic Award: A certificate of recognition shall be awarded to all student-athletes who have a cumulative grade point average of 3.25 or higher (on a 4-point scale) and who participate in the U.S. Collegiate Championship. A certificate will be given to each student-athlete earning an award but only the name of the student-athlete who achieves a 4.0 GPA will be announced.

CO 6 SANCTIONS:

CO 6.1 All Collegiate competitions, including developmental competitions, shall be sanctioned by USSS.
RULE VIII

MASTERS PROGRAM (MS)

The Technical Rules shall apply to all Masters/Grand Masters competitions except as noted in this section.

MS 1 MASTERS/GRAND MASTERS:

**MS 1.1 Masters Synchronized Swimming** is open to all competitors 20 years of age or older. For Duet, Trio, Team and Free Combination average age exception, see Rule MS 2.10.3.2. Those competitors registered for Masters Synchronized Swimming competitions may participate in non-USSS aquatic activities, competitions, exhibitions, demonstrations, etc. without jeopardy to their eligibility to participate in Masters Synchronized Swimming competitions.

**MS 1.2 Grand Master:** A Grand Master is defined as any Masters Synchronized Swimming competitor who has previously achieved any 1 of the following:

**MS 1.2.1 Solo, Duet or Trio:**
4. Finalist in a U.S. Collegiate Championship.
5. Participant in an Olympic Games, a World Championship, a Junior World Championship or a Continental Championship.

**MS 1.2.2 Team:**
1. Member of a U.S. National or Olympic Team.
2. Finalist and/or Semifinalist in a Senior/U.S. National Championship.
4. Finalist in a U.S. Collegiate Championship.
5. Participant in an Olympic Games, a World Championship or a Continental Championship.
6. Finalist in a Junior World Championship.

**MS 1.3 Routines are assigned to the Grand Masters category according to the following criteria:**

**MS 1.3.1 Solo:** If the competitor is a Grand Master.
**MS 1.3.2 Duet:** If one or both competitors are Grand Masters.
**MS 1.3.3 Trio:** If two or more competitors are Grand Masters.
**MS 1.3.4 Team:** If 50% or more of the competitors are Grand Masters.
**MS 1.3.5 Free Combination:** If 50% or more of the competitors are Grand Masters.

**MS 1.4** A competitor who qualifies as a Grand Master in 1 event shall be considered a Grand Master in all events.

**MS 2 EVENTS:**

**MS 2.1 Solo, Duet, Trio and Team Free routines.**
**MS 2.2 Solo, Duet, Trio and Team Technical routines.**
**MS 2.3 Figure competition.**
MS 2.4 Free Combination. For Free Combination Event Definition, see Rule CP 4.2.3 and Appendix L.

**MS 2.4.1** Free Combination shall consist of a minimum of 4 competitors and a maximum of 10 competitors.

**MS 2.4.2** A Free Combination may consist of registered competitors from 2 or more U.S. clubs. The name of a multiple club entry must not reflect a particular club.

1. In addition to the standard entry forms required for the competition, the coach of a multiple club entry must submit a Release Form(s) for each competitor in the event to the USSS National Office, the Meet Manager and the Scoring Chair. The Release Form(s) must be signed by the club coach of each competitor.

**MS 2.5 Number of Events:** Each competitor may compete in no more than 3 different Free routine events (Solo, Duet, Trio or Team) in each U.S. Masters Championship. The Free Combination event does not count as one of the 3 events.

**MS 2.6** Competitors must compete in a Technical routine for each Free routine event entered (Solo, Duet, Trio or Team).

**MS 2.6.1 Technical Routine Time Limits:**

<table>
<thead>
<tr>
<th>Events</th>
<th>Minutes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Solo</td>
<td>1:30</td>
</tr>
<tr>
<td>Duet/Trio</td>
<td>1:40</td>
</tr>
<tr>
<td>Team</td>
<td>1:50</td>
</tr>
</tbody>
</table>

**MS 2.6.2** There shall be an allowance of 15 seconds plus the allotted time limit, but there shall be no minimum time limit. For Time Allowances for Walk-On and Deck Movements, see Rules CP 4.2.5.6.1 and 4.2.5.6.2.

**MS 2.7** Free routine competition shall consist of Solo, Duet, Trio, Team and Free Combination routines consisting of any figures, swimming strokes or parts thereof.

**MS 2.7.1 Free Routine Time Limits:**

<table>
<thead>
<tr>
<th>Events</th>
<th>Minutes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Solo</td>
<td>2:30</td>
</tr>
<tr>
<td>Duet/Trio</td>
<td>3:00</td>
</tr>
<tr>
<td>Team</td>
<td>4:00</td>
</tr>
<tr>
<td>Free Combination</td>
<td>4:00</td>
</tr>
</tbody>
</table>

**MS 2.7.2** There shall be an allowance of 15 seconds plus the allotted time limit, but there shall be no minimum time limit. For Time Allowances for Walk-On and Deck Movements, see Rules CP 4.2.5.6.1 and 4.2.5.6.2.

**MS 2.8 General Requirements for Technical Routines:**

**MS 2.8.1** Supplementary elements may be added.

**MS 2.8.2** Unless otherwise specified in the description of an element:

1. All figures or components thereof shall be executed according to the requirements described in Appendix L, Section 1.02.
2. All elements shall be executed high and controlled, in uniform motion with each section clearly defined.
3. Time limits as specified in MS 2.6.1.
4. Swimwear shall be black and the competitor shall wear a white cap. Goggles may be worn.
MS 2.9 **The Technical Routine Requirements** for Solo, Duet, Trio and Team shall be found in Appendix L.

**MS 2.10 Routine Age Divisions:**

**MS 2.10.1 Solo, Duet, Trio, Team:**
1. Master or Grand Master: 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89, etc. (as high as necessary to accommodate all age entries).

**MS 2.10.2 Free Combination:**
1. Master or Grand Master: 20-34, 35-49, 50-64, 65 & older.

**MS 2.10.3 Age for each routine entry is determined by averaging the ages of the competitors.**

**MS 2.10.3.1** If a reserve is used in a routine, the average age of the competitors actually swimming must remain in the same age division, as originally entered.

**MS 2.10.3.2** Competitors who are 18 or 19 years of age may compete in a Duet, Trio, Team or Free Combination routine event as long as the average age of the routine is not less than 20.

**MS 3 FIGURE COMPETITION:**

**MS 3.1 Age Divisions:** Masters and Grand Masters shall participate together in the following age divisions: 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89, etc. (as high as necessary to accommodate all entries).

**MS 3.2** The Figure Groups shall be found in Figure Rule II.F.

**MS 3.3 Figure Competition Draw:**

**MS 3.3.1** In Division A, all competitors (Masters and Grand Masters) shall be divided into groups of not more than 32 competitors, each group comprised of 1 or more age divisions. These groups comprised of 1 or more age divisions shall be mixed chronologically. Awards shall be given by classifications and age divisions.

**MS 3.3.2** Divisions B and C may be combined in 1 draw or drawn as 2 separate groups.

**MS 3.3.3** The starting age division for each event shall be the age division which participated last in each event from the preceding U.S. Masters Championship.

**MS 4 JUDGING AND SCORING:**

**MS 4.1** Routine events shall be judged and scored according to OD 2.6.2 and OD 4.1.2.

**MS 4.2** Figures and Free Combination shall be scored as separate events.

**MS 4.3** Deduction points shall be calculated according to Rule OD 3.6.2.1.

**MS 5 RESULTS:** In routine and Figure competition, the results shall be determined by separating the competitors by age division.

**MS 6 AWARDS:**

**MS 6.1** Figure Awards: Medals shall be awarded to places 1-3 and ribbons shall be awarded to places 4-8 in the following:

**MS 6.1.1** Divisions: Masters and Grand Masters

**MS 6.1.2** Categories:
- Division A
- Division B
Division C

**MS 6.1.3** Ages: 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89, etc. (as high as necessary to accommodate all age entries).

**MS 6.2** Routine Awards:

**MS 6.2.1** Medals shall be awarded to places 1-3 and ribbons shall be awarded to places 4-8 in all events.

**MS 6.3** High Point Team Awards for the U.S. Masters Championship shall be awarded by total points accumulated as per scoring system for Team trophies. See Rule CP 7.4. A trophy shall be awarded to first place and plaques to second and third place.

**MS 7** ENTRY FEES FOR CHAMPIONSHIP EVENTS:

**MS 7.1** Entry fees as established by USSS.

**MS 7.2** An additional surcharge may be levied by the host organization.

**MS 7.3** There shall be a meet entry surcharge of $2.00 per competitor. These funds will be credited to the Masters Athlete Representative Travel Fund. This fund shall be administered by the Masters Chair and will be evenly divided among Masters Athlete Representatives to help defray expenses related to their attendance at the annual USAS Convention.

**MS 7.4** There shall be a meet entry surcharge of $2.00 per competitor to cover USSS FINA Judges’ travel expenses for Club Options.

**MS 8** U.S. MASTERS CHAMPIONSHIP:

**MS 8.1** Selection of Judges and Event Referees: The order of preference and priority for judges and officials selection shall be: (1) USSS National rating (2) U.S. Junior Olympic/Masters rating, (3) Zone/Collegiate Regional rating, and (4) Association/Junior Olympic Regional rating.

**MS 8.2** The figure draw for Division A shall be 2 separate draws. One draw includes competitors in the 20-40-60-80 age divisions and the other draw includes competitors in the 30-50-70 age divisions.

**MS 8.3** The draw for Individual Technical routines shall be in 10-year age divisions. The starting age division for this event shall be the age division that participated last in Free routines in the preceding U.S. Masters Championship.

**MS 9** INTERNATIONAL COMPETITIONS:

**MS 9.1** Participation in international Masters competitions is provided through the Club Option Program. Refer to the following policies for further information:

**MS 9.1.1** Administrative Rules, Article 25, Section 25.05 for Travel Permits.

**MS 9.1.2** Appendix F, Club Option and International Club Exchange Policies.
RULE IX

STATE GAMES (SG)

Each state may set its own rules for State Games.