APPENDIX E
NATIONAL TEAM AND OLYMPIC DEVELOPMENT PROGRAM SELECTION PROCEDURES
(Revised December 23, 2019)

Amendments to this Appendix E are the responsibility of the High Performance Director or Designee. The High Performance Director or Designee, in consultation with the National Team Program Committee, can modify this Appendix by recommending changes to the Board of Directors for approval.

The High Performance Director or Designee, with notification to the Vice President Olympic International and the International Relations Committee Chair of USSS, selects appropriate international events for each of the National Teams. Participation in the designated competitions shall be limited to the National Team(s), unless otherwise approved by the International Relations Review Subcommittee. Clubs must petition the International Relations Review Subcommittee for a Club Option. See Appendix F. Private invitations are the only exception to the Club Option procedure and require notification to the International Relations Committee Chair.

PREREQUISITES FOR ALL NATIONAL TEAMS AND OLYMPIC DEVELOPMENT PROGRAMS

The Trials are open to athletes who are citizens of the United States at the time of nomination and eligible under the eligibility rules for participation in a “protected competition” as defined by the By-Laws of the United States Olympic and Paralympic Committee ("USOPC").

An athlete who is not a citizen of the United States, but reasonably expects to be one no later than 30 days prior to the start of the event for which the Trials are being conducted, is eligible to compete in the Trials for the U.S. Synchronized Swimming National Teams and/or the Olympic Development programs. An athlete who fails to become a citizen by 30 days prior to the event shall be replaced by another eligible athlete according to the following procedures.

Please refer to the USA Synchro website (www.usasynchro.org) to find the most recent information concerning ongoing Trials procedures and/or the National Team and Olympic Development programs.

ARTICLE 1
2020 12&UNDER AND 13-15 NATIONAL TEAMS AND OLYMPIC DEVELOPMENT PROGRAM ATHLETE SELECTION PROCEDURES

1.01 ELIGIBILITY

Phase 1: To be eligible for Phase 1 of the 2020 12 & under and 13-15 National Team and Olympic Development Program Trials, a registered U.S. Synchronized Swimming athlete must:

A. Be eligible to compete in the selected competition(s).
B. Have been born in the years 2008 or later for 12 & under and 2005 to 2007 for 13-15.
C. Have passed Grade Levels 1, 2 and 3 for 12 & under and Grade Levels 1, 2, 3 and 4 for 13-15.

1.02 2020 12 & UNDER AND 13-15 NATIONAL TEAMS AND OLYMPIC DEVELOPMENT PROGRAM SELECTION PROCEDURES

Phases 1 and 2 shall be held January 18-20, 2020 in Scottsdale, AZ, at a time to be announced.
Phase 3 shall be held in April, in Mesa, AZ, at a time to be announced.

All figures and routines in all Phases will be judged by a panel of 3-5 FINA Judges, selected by the High Performance Director or Designee. In addition, all routines in Phase 3B will also include members of the National Team Coaching Staff to evaluate synchronization. National Skills Testing will be evaluated by a group of Assessors. All Assessors are selected by the High Performance Director or Designee. A list of the current National Skill Assessors is posted on the USA Synchro website.

The 2020 12 & under and 13-15 National Teams and Olympic Development Program shall be selected in accordance with the following procedures:

A. Phase 1A – Figure Competition:
   1. Eligible athletes will compete in a Figure competition, which will consist of 4 figures, including the 2 Compulsory and 2 Optional Figures, selected by the High Performance Director or Designee, from the appropriate age division figure list. The figures will be announced at least 72 hours prior to the trials and posted on the USA Synchro website.
   2. Scores from Phase 1A will be calculated according to FINA rules.
   3. All athletes from Phase 1A shall advance to Phase 1B.

B. Phase 1B – National Skills Testing Competition:
   1. Eligible athletes will compete in a National Skills Testing competition, which will consist of a total of 4 land tests and 1 swimming test. A full description of the tests and scoring criteria can be found in the National Skills Testing Protocols which is posted on the USA Synchro website.

C. Phase 1 - Final Score:
   1. The Final score for Phase 1 will be calculated using the following percentages:
      - Phase 1A – Figure Competition 65%
      - Phase 1B – National Skills Testing Competition 35%

Number of athletes to advance to Phase 2A:
   1. Up to a maximum of 50 athletes in each age division, in rank order, shall advance to Phase 2A.

   TIED ATHLETES: If one or more athlete(s) attain a score of 0.1 or less below the score of the last qualified athlete for Phase 2A, it will be considered a tie. All tied athletes shall advance to Phase 2A.

D. Phase 2A – Figure Competition:
   1. Eligible athletes will compete in a Figure competition, which will consist of 2 Optional Figures, selected by the High Performance Director or Designee, from the appropriate age division figure list. The figures will be announced at least 72 hours prior to the trials and posted on the USA Synchro website.
   2. Scores from Phase 2A will be calculated according to FINA rules.
   3. All athletes from Phase 2A shall advance to Phase 2B.

E. Phase 2B – National Skills Testing Competition:
   1. Eligible athletes will compete in a National Skills Testing competition, which will consist of 2 land tests. A full description of the tests and scoring criteria can be found in the National Skills Testing Protocols which is posted on the USA Synchro website.
F. Phase 2C – Individual Routine Swim:
1. Eligible athletes will compete in a Routine competition, which will consist of 1 individual routine swim. The draw for the individual routine swim will be a random draw. The routine will be selected by the High Performance Director or Designee, in consultation with the National Team Coaching Staff.

G. Phase 2 – Final Score:
1. The Final score for Phase 2 will be calculated using the following percentages:
   - Phase 2A – Figure Competition 50%
   - Phase 2B – National Skills Testing Competition 20%
   - Phase 2C – Individual Routine Swim 30%

H. Phases 1 and 2 Final Score:
1. The Final score for Phases 1 and 2 will be calculated using the following percentages:
   - Phase 1 100% (65% Figure Competition from Phase 1A, 35% National Skills Testing Competition from Phase 1B)
   - Phase 2 100% (50% Figure Competition from Phase 2A, 20% National Skills Testing Competition from Phase 2B, 30% Individual Routine Swim from Phase 2C)

Number of athletes to advance to Phase 3:
- Up to a maximum of 30 athletes in each age division, in rank order, shall advance to Phase 3.

All scores from Phases 1 and 2 will be dropped prior to Phase 3.

TIED ATHLETES: If one or more athlete(s) attain a score of 0.1 or less below the score of the last qualified athlete for Phase 3, it will be considered a tie. All tied athletes shall advance to Phase 3.

I. Phase 3A – Figure Competition:
Phase 3A shall be held on the following dates in Mesa, AZ, at a time to be announced.
1. 12 & under National Team Trials: April 1, 2020
2. 13-15 National Team and Olympic Development Program Trials: during Figure competition at the U.S. 13-15 Championships

Eligible athletes will compete in a Figure competition.
- **12 & under Figure Competition**: The competition will consist of 4 figures, including the 2 Compulsory and 2 Optional Figures, selected by the High Performance Director or Designee, from the 12 & under age division figure list. The figures will be announced at least 72 hours prior to the trials and posted on the USA Synchro website.
- **13-15 Figure Competition**: All eligible athletes will compete in the Figure competition during the U.S. 13-15 Championships, to be held in Mesa, AZ.

2. Scores from Phase 3A will be calculated according to FINA rules.
3. All athletes from Phase 3A shall advance to Phase 3B.

J. Phase 3B – Routine Competition:
Phase 3B shall be held on the following dates in Mesa, AZ, at a time to be announced.
1. Eligible athletes will compete in a Routine competition, which will consist of 1 individual routine swim and 1 group routine swim. The draw for the individual routine swim will be a random draw and the draw for the group routine swim will be decided by the High Performance Director or Designee, in consultation with the National Team Coaching Staff. The scores of the 2 routine swims (1 individual and 1 group swim) will be averaged to calculate the Final routine score. The routine will be selected by the High Performance Director or Designee, in consultation with the National Team Coaching Staff.

K. Phase 3 – Final Score:

1. The Final score for Phase 3 will be calculated using the following percentages:

   - Phase 3 100%
     (50% Figure Competition from Phase 3A, 50% Routine Competition from Phase 3B)

The Phase 3 Final Score will be used to select up to 10 athletes for the 12 & under National Team, up to 12 athletes for the 13-15 National Team and up to 16 athletes for the 13-15 Olympic Development Program.

1.03 NAMING OF THE 2020 12 & UNDER AND 13-15 NATIONAL TEAMS AND THE OLYMPIC DEVELOPMENT PROGRAM:

A. Number of Athletes: The 2020 12 & under and 13-15 National Teams and Olympic Development Program will be comprised of up to:

   - 10 athletes (not including petitioners) for the 12 & under National Team.
   - 12 athletes (not including petitioners) for the 13-15 National Team.
   - 16 13-15 athletes (not including petitioners) for the Olympic Development Program.

   The exact number of athletes per Team will be determined by the High Performance Director or Designee. The High Performance Director or Designee, will make the final decision based on the results from Phase 3 and in consultation with the National Team Coaching Staffs and select FINA Judges.

B. Training and Competition Requirements: All selected athletes after Phase 3 must attend the National Team training camps and National Team competition(s) or the Olympic Development Program camp per their selection, unless otherwise agreed in writing with the High Performance Director or Designee. In addition, athletes selected to the 13-15 National Team will not be allowed to compete at the 2020 U.S. Junior Olympic Championship.

   If a selected athlete decides to decline her National Team or Olympic Development Program selection, she must notify the High Performance Director or Designee, in writing no later than at April 20, 2020.

   If a selected athlete is not present at the start of National Team or Olympic Development Program training (unless otherwise agreed upon by the High Performance Director or Designee), this athlete may no longer be considered a member of the National Team or Olympic Development Program, and a replacement athlete will be selected instead.

   If an insufficient number of athletes accept their selection to the 2020 National Teams or Olympic Development Program, the High Performance Director or Designee, has the right to revise the overall plan for the 2020 National Teams or Olympic Development Program.

C. Routine Assignments: Solo, Duet, Team and Free Combination assignments for each competition will be determined at a later date by the National Team Coaching Staff for final approval by the High Performance Director or Designee. All athletes named to the 2020 12 & under and the 13-15 National Teams will be considered for each routine.

Appendix E 2020 - National Team and Olympic Development Program Selection Procedures
D. **Replacements:** Replacement athletes for the National Teams and Olympic Development Program shall be selected in rank order from Phase 3, then Phase 2 of the 2020 National Team and Olympic Development Program Trials. Replacement athletes must be able to demonstrate competitive readiness as determined by the High Performance Director or Designee, and the National Team Coaching Staff.

### 1.04 PETITIONS

**A.** Any 12 & under or 13-15 athlete who has successfully petitioned the National Team Review Subcommittee, pursuant to the Exception noted below, may also be considered for placement on the 2020 12 & under or 13-15 National Teams, or the Olympic Development Program, or advancement to the next Phase of Trials. Consideration is regardless of their prior participation or ranking in any of the Selection Process that has taken place. Petitions must be submitted prior to the end of the Trials event.

**B.** The National Team Review Subcommittee approves or denies the petition. However, the High Performance Director or Designee, in consultation with the National Team Coaching Staff, may replace the last ranked athlete(s), with one or more petitioners added from Section 1.04 A. above to finalize the 2020 12 & under and 13-15 National Teams or the Olympic Development Program or advancement to the next Phase of Trials.

**EXCEPTION:** In the event of an athlete injury or illness as certified by a Physician approved by U.S. Synchronized Swimming, or an extreme personal or family emergency or any other extenuating circumstances prior to or during the National Team and Olympic Development Program Trials, which precludes the athlete from participating in the Trials, the athlete may petition the National Team Review Subcommittee. If the petition is approved, the successful petitioner shall be reinserted into the Selection Process at the appropriate Phase as an additional athlete.
ARTICLE 2

2019-2020 JUNIOR NATIONAL TRAINING SQUAD
ATHLETE SELECTION PROCEDURES
(All new)

The 2019-2020 Junior National Training Squad has already been selected.
The following athletes are the current members of the 2019-2020 Junior National Training Squad:

Claudia Colletti
Ashley Latchford
Anya Melson
Ella Sharon
Juliana Silva
Gabriella Terry
Valentina Terry

The 2021 Junior National Training Squad Trials will be held in December, 2020, at a time and place to be determined.

ARTICLE 3

2018-2020 SENIOR NATIONAL TRAINING SQUAD
ATHLETE SELECTION PROCEDURES

The 2018-2020 Senior National Training Squad has already been selected.
The following athletes are the current members of the 2018-2020 Senior National Training Squad:

Anita Alvarez
Paige Areizaga
Nicole Goot
Hannah Heffernan
Maya Polnitskaya
Daniella Ramirez
Ruby Remati
Abbygayle Remmers
Lindi Schroeder
Emmanuella Tchakmakjian

The 2021 Senior National Training Squad Trials will be held on April 5th, 2020, in Mesa, AZ at a time to be announced. All Junior and Senior National Team athletes in fulltime training as of April 4th, 2020, will automatically be named to the 2021 Senior National Training Squad. All athletes named to the Squad must enter fulltime training beginning September 2020, unless otherwise agreed upon by the High Performance Director or Designee.