

APPENDIX R

U.S. SYNCHRONIZED SWIMMING AWARDS

Amendments to this Appendix R are the responsibility of the Awards and History Committee and the Lillian MacKellar Award Subcommittee. These committees can modify this Appendix by recommending changes to the Board of Directors for approval.

ARTICLE 1

1.01 Awards Presented by U.S. Synchronized Swimming and selected by the Awards Committee:

- A. **Lillian MacKellar Distinguished Service Award:**
Presented to an individual for unselfish service to the sport without thought of personal gain and with particular emphasis on working for the benefit of the athlete.
- B. **U.S. Synchronized Swimming Award:**
Presented to an individual(s) outside the sport of synchronized swimming who have made significant contributions to the development of our sport on the national or worldwide level.
- C. **USSS Community Service Award:**
Presented to any town, city or community especially supportive of synchronized swimming and the development of synchronized swimming opportunities, and has demonstrated a commitment to the ideals and objectives of the sport.
- D. **USSS Athlete of the Year Award:**
Presented to an athlete who has made the most significant, positive impact on the sport during the most recent competitive season.
- E. **USSS Coach of the Year Award:**
Presented to a coach who has made a significant impact on athletes' performances at the highest level of competition in the last 12 months.
- F. **Junior Olympic Developmental Coach of the Year Award:**
Presented to a coach who has made a significant impact in helping developmental athletes progress to higher levels of the sport within the previous 12 months.
- G. **USSS Hall of Fame Athlete Award:**
Presented to an athlete who has won at least seven domestic titles, been a medalist in a top-tier international event, i.e. Olympics, World Championships, Pan American Games, etc., and been retired four years or more.
- H. **USSS Hall of Fame Contributor Award:**
Presented to an individual for exceptional service to the sport from a local to a national level.

1.02 Achievement Awards Presented based on Points or Voted on by their Respective Groups:

- A. Collegiate Athlete of the Year Award
- B. Collegiate Coach of the Year Award
- C. Collegiate High Point Team Award
- D. Collegiate High Point Athlete Award
- E. USA Synchro Collegiate All-America Team Award
- E. USA Synchro All-Collegiate Award
- G. USSS Collegiate Academic All-American Award
- H. Mary Jo Ruggieri Scholarship
- I. U.S. High Point Team Award
- J. U.S. High Point Individual Award
- K. U.S. National Championship Coach of the Year Award
- L. High Point Junior Team Award
- M. High Point Junior Individual Award
- N. U.S. Junior Championship Coach of the Year Award
- O. High Point 13-15 Team Award
- P. High Point 13-15 Individual Award
- Q. U.S. 13-15 Championship Coach of the Year Award
- R. U.S. Junior Olympic Championship Coach of the Year Awards
Presented to coach(es) of a club whose athletes have reached a Final event at the U.S. Junior Olympic Championships for the first time. This award will be recognized at the U.S. Junior Olympic Championship.
- S. Masters High Point Team Award
- T. May McEwan Award

1.03 Awards U.S. Synchronized Swimming Nominates Recipients to Other Organizations:

- A. ISHOF – Athlete Award
- B. ISHOF – Contributor Award
- C. ISHOF – Coach Award
- D. ISHOF – Masters Award
- E. ISHOF – Pioneer Award
- F. KDI/Paragon Award
- G. Sullivan Award
- H. USOC Coach of the Year Award
- I. USOC Developmental Coach of the Year Award
- J. USOC Sports Woman/Team of the Year Award
- K. USOC Rings of Gold Award
- L. Jack Kelly Fair Play Award (USOC)
- M. WSF International Women’s Sports Hall of Fame – Contemporary Athlete Award
- N. WSF International Women’s Sports Hall of Fame – Coach Award
- O. WSF International Women’s Sports Hall of Fame – Pioneer Athlete Award
- P. WSF Coaches Advisory Roundtable Honoree
- Q. Masters Swimming Hall of Fame
- R. USOC George Steinbrenner Award