

2020 Virtual Event

RULES



1. Divisions:

- a. 12U, 13-15, Jr/Sr, 20-24, 35 -49, 50 & Over
- b. Age Group Clubs: age as of December 31, 2020
 - i. Athletes may move up to complete a routine. CP 3.5.2.2
- c. Masters Clubs: age as of December 31, 2020 and average of your team in the division you participate in
- d. Collegiate Division: if enough collegiate teams are able to participate, we will create a division specifically for them.

2. Events:

- a. Routine Swims: Solo, Duet, Mixed Duet & Team
- b. Lift Contest: Duet & Team

3. Registration:

- a. Routines: \$15.00 per athlete per event
- b. Lifts: \$5.00 per athlete per event

4. Routine

- a. Time Limit: 1 minute 30 seconds maximum, no minimum
- b. Each club can submit one video per event with the same group of athletes

5. Lifts

- a. 8 athletes maximum per team for a lift competition
- b. An athlete may only compete in one lift in the age division

6. Recording

- a. All videos must be recorded from the center of the pool from the judge's perspective.
- b. The individual holding the camera may not walk around the deck and must remain stationary.
- c. The camera can move to follow athletes as they do their lap.

7. Judging

- a. Routines will be judged for Difficulty, Artistic Impression and Execution
- b. A panel of judges will review each routine only once and produce a score
 - i. If there are technical difficulties the routine may be reviewed a second time
- c. Lifts will be judged based on execution, difficulty, and creativity.
- d. Closeness of patterns will not be judged in accordance with COVID-19 social distancing requirements. Judges will not score down for larger patterns.
- e. Athletes can wear goggles to swim their routine if desired.
- f. Knox and performance wear are not required.

8. Event Training & Preparedness

- a. All teams must follow their facility and local government regulations when practicing and preparing their routine or lift.