



# 2018 U.S. Masters

## Synchronized Swimming Championship



October 18 – 21

Dougherty Aquatic Center – San Ramon, CA

### FINAL MEET ANNOUNCEMENT

#### COMPETITION DATES

October 18 through October 21  
October 17 - Registration, Officials and Coaches Meeting

#### MEET MANAGERS

Meet Manager: Sheila McNabb, USA Synchro, VP of Competitive Operations  
[SMcNabb@aol.com](mailto:SMcNabb@aol.com)

Assistant Meet Manager: Teagan Betancourt, USA Synchro  
[Teagan@usasynchro.org](mailto:Teagan@usasynchro.org)

#### POOL FACILITY

Dougherty Valley Aquatic Center (Outdoor Facility)  
10550 Albion Road  
San Ramon, CA 94582

#### FACILITY CONTACT

Andrew Hubbard  
[ahubbard@sanramon.ca.gov](mailto:ahubbard@sanramon.ca.gov)  
925.973.3231

#### POOL SPECS

##### Length: 50 Meters

Depth: 14 ft at Start (Entry) End  
Entry: 9" Drop from deck to water surface  
Competition Area Length: 30m to Lane Divider  
Depth: 7 ft at 30m Lane Divider

##### Width: 25 yards

Spectators: West side of pool  
Practice space: space beyond Lane Divider  
Depth of practice area: 7 ft to 4 ft

There are four diving boards at the start end/deep end. The two on the left side are the low dives. The two on the right are high dives. The low boards will be propped up. However, there still will be four diving board stands at the start area. (Picture below.)

The pool drawing is not to scale. Look at the aerial photo and you'll see there is more deck space than the drawing shows.

#### SANCTIONED BY

USA Synchro

#### RULES TO GOVERN

The 2018 Official USA Synchro Rulebook shall govern the Championships.

#### REGISTRATION

Complete online registration at [www.usasynchro.org](http://www.usasynchro.org) for Entries and Fees, Officials and Credentials. U.S. entries are accepted online only.

**Entry Deadline – Wednesday, September 19, 2018 at 11:59 pm PST**

**Late Fees:** As stated in Appendix C, per Technical Rule CP 5.5.1, any entry to a National Championship received between 28 and 7 days prior to the first day of the competition shall pay late fees. Each athlete entered between 28 and 7 days prior to the first day of competition shall be assessed a \$25.00 late entry fee for the first event and an additional \$10.00 late entry fee for each additional event entered.

#### ELECTRONIC ENTRIES

To register online (See Appendix 1), login to your account from the homepage of the [USASynchro.org](http://USASynchro.org) website, by clicking on "My Account". If you have any technical difficulties or questions, please email or call Jennifer Hawkins at 719-866-2219 or [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org)

**FOREIGN DELEGATIONS**

Entries are not limited. Complete transportation Form A, entry Form C (below) and send with written Federation approval. Entry fees other than a Sponsor Fee are waived. Sponsor Fees are \$30 per competitor. Entries will be Honorary. Please email Jennifer Hawkins at USA Synchro, [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org) of intent to attend.

**OFFICIALS**

Please **register online** by the entry deadline. In addition, please e-mail Judges Administrator, Shannon Korpela, with your intent to attend at [s\\_korpela@msn.com](mailto:s_korpela@msn.com) Those wishing to take the National judge's tests should notify Shannon. Judges uniform shall be white shirts and black pants.

**FEE INFORMATION**

**ENTRY FEE**

\$30.00 per competitor for each Free Routine, including reserves; Free Combination, including reserves; or Figure event entered. Payments are made online at the [USASynchro.org](http://USASynchro.org) website. Any swimmer who is listed as a reserve for a routine and who is not swimming any other routine event shall pay the entry fee. (Rulebook, App. C, Pg. 3)

**SPONSOR FEE**

\$30.00 per competitor. Payments are made online at the [USASynchro.org](http://USASynchro.org) website.

**ATHLETE TRAVEL FUND**

\$2.00 per competitor. Payments are made online at the [USASynchro.org](http://USASynchro.org) website. (Masters Athlete Travel Fund-See Rule MS 7.3)

**FINA JUDGES TRAVEL**

\$2.00 per competitor for club options. Payments are made online at the [USASynchro.org](http://USASynchro.org) website (FINA Judges Travel Fund for Club Options - See Rule MS 7.4)

**WEBCAST SURCHARGE**

\$7.70 per competitor, including alternates. Payments are made online at the [USASynchro.org](http://USASynchro.org) website. Any swimmer who is listed as a reserve for a routine and who is not swimming any other routine event shall pay the surcharge. This surcharge is to cover the minimum fee for TakeltLive.tv to live stream the competition.

**CREDENTIALS**

**All coaches and judges need to register online even if free credentials are included with their team registration.**

All competitors, coaches, team managers, officials and volunteers will receive credentials. Access to the facility will be strictly enforced. Please wear your credential at all times. Each club will receive coaches/ team manager credentials per the chart below. Additional credentials can be purchased for \$30.00 each. Make checks payable to USA Synchro.

# of athletes	Maximum # of free credentials	
	Coaches	Team Managers
1-10	2	1
11-15	3	2
16-20	4	2
21-25	5	3
26-30	6	3
31-35	7	4
36-40	8	4
41-45	9	5
46-50	10	5

<b>FORMS / ATTACHMENTS</b>	<b>Appendix 1</b>	Register online at <a href="http://USA Synchro.org">USA Synchro.org</a> – Entries and Fees, Credentials, Officials
	<b>Appendix 2</b>	Digital Music Submission Guidelines ( <b>Deadline Wed., September 19, 2018</b> )
	<b>Appendix 3</b>	Facility Photos, Pool Diagram and Deck Layout
	<b>FORM A</b>	Transportation and Housing Information
	<b>FORM B</b>	May McEwan Award Nomination Form Nominations will be accepted up to 9:00 am on Friday, October 20. <b>VOTING WILL BE - Friday, October 20 from 10:00 am to 6:00 pm</b>
	<b>FORM C</b>	Foreign Delegations Entry Form

**COACHES CERTIFICATION AND SAFESPORT**

- CCP Level 1** – Required for all coaches to be on deck at any meet.
- CCP Level 2** – Required for all coaches to be on deck at any Regional, Zone and National Championship.
- CCP Level 3** – Required for all coaches to be on deck at any Zone and National Championship.
- SafeSport** – Required for all coaches to be on deck at any competition.
- Properly submitted safety credentials (Current CPR/First Aid)** - Required for all coaches to be on deck at any competition. Registered coaches will be verified and those holding the required certifications will be granted credentials. If you have any questions, contact Shari Darst at [shari@usasynchro.org](mailto:shari@usasynchro.org)

**EVENTS**

**Free Routines: (Solo, Duet, Trio or Team)**

- Number of Events: Each competitor may compete in no more than three (3) events. Free routine events (Solo, Duet, Trio or Team). Figure competition and Free Combination are excluded from this limitation.
- Technical Routines: (Solo, Duet, Trio or Team)
- Competitors must compete in a Technical Routine for each Free Routine Event entered.
- Figure competition
- Free Combination (see Rule CP 4.2.2 for definition of event)
- Order of Events: All events will begin with the 60's Age Group

**FIGURES**

Division A:		
301e	Barracuda, Spinning 360	2.2
142	Manta Ray	3.0
154j-l	London, Combined Spin 360	2.7
112f	Ibis Continuous Spin 720	2.8
Division B:		
301d	Barracuda, Spinning 180°	2.1
140	Flamingo, Bent Knee	2.4
315	Seagull	2.1
240	Albatross	2.2
Division C:		
101	Ballet Leg, Single	1.6
301	Barracuda	1.9
363	Water Drop	1.5
324	Somersub	1.9

**AWARDS**

- Routine Awards: Medals 1 – 3 and Ribbons 4 – 8 for each event, and age group (Masters and Grand Masters)
- Combination Awards: Medals 1 – 3 and Ribbons 4 – 8 for each age group (Masters and Grand Masters)
- Figures: Medals 1 – 3 and Ribbons 4 – 8 for each division, and age group (Masters and Grand Masters)

Award recipients who wish to voluntarily donate medals back for reuse in future years, please leave them in the scoring room medal recycling box.

**ADDITIONAL AWARDS**

Special awards include the May McEwan Award (see the attached nomination form) and the High Point Team Awards (places 1 – 3). Figures are an optional event and placement will not factor in the high point awards.

**SCORING CHAIR** Nancy Thompson [nlthiker@aol.com](mailto:nlthiker@aol.com)

**SCORING SYSTEM** FINA Masters rules for Technical Merit and Artistic Impression will be used for Free routines. FINA Masters rules for Execution and Overall Impression will be used for Tech routines.

**SOUND / MUSIC** We will be using digital music for this competition. It is essential all music be sent by email in advance. Email music files to Chris Leahy at [leahycm@gmail.com](mailto:leahycm@gmail.com) by **Wednesday, September 19, 2018**. See Digital Music Submission Guidelines, Appendix 2, for specifications.

**PRACTICE WITH MUSIC** Free Team practice and Combo practice with music, will be completed in order of draw, one time through, in the following age group order (oldest to youngest): 90, 80, 70, 60, 50.....

**PARKING** DVAC has free parking in front of the facility near the tennis courts that are behind Venture School. There is additional parking in the Dougherty Valley High School parking lots behind the facility. (See appendix 3.)

Please park in the main pool parking lot near the tennis courts Monday - Friday, 8:00am–3:00pm during months that school is in session (mid-August - May).

The fire lane ramp located in front of the Dougherty Valley Aquatic Center is not a pick up / drop off area. Please keep vehicles clear from this area at all times.

**CLUB** Wednesday, October 17 5:00 pm – 6:00 pm at the pool (near scoring room)

**CHECK-IN** Thursday, October 18 7:00 am – 12:00 noon at the pool

**(REGISTRATION)** During other competition times, check with the meet managers.

Hand-in banners at registration, facility staff will hang them.

**OFFICIALS and COACHES MEETING**

Meeting to be held at the pool near scoring room on Wednesday, October 17 from 6-7pm

**ATHLETE MEETING**

TBD. See final schedule for exact time.

**BANQUET** There will not be a banquet this year.

**MEET HOTELS** Please book at this hotel if possible. It's the only hotel providing comp rooms for our meet staff.  
Holiday Inn Dublin-Pleasanton – 7 miles from pool  
6680 Regional Street, Dublin, CA 94568  
925-828-7750  
To book: [click here](#)  
Group Name: USA Synchro Masters / Group Code USM  
\$149 plus tax

**AIRPORT** **Oakland (OAK), San Francisco (SFO) and San Jose (SJC) are the closest airports.**

**LIVE STREAMING**



While it's not always possible to make it to an event in person, the good news is Takeitlive will provide LIVE coverage for anyone wanting to watch and be a part of the event. In addition to tuning in LIVE, On-Demand video is available via our website. We highly encourage friends and family to get a digital download of the competition.

**PHOTO REGULATIONS**

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated or used for any commercial purposes, without the prior written consent of USA Synchro.

Personal use photography by the audience will be allowed, from the stands, as long as not obstructing the view of others, with any camera using no flash. Photographs must be for personal, non-commercial use.

**PHOTOGRAPHY**



Migz Media Group will be onsite covering this event for photography. Action and/or posed photography will be made available for sale to all competitors and spectators.

**VENUE RULES**

A gelling station will be provided, however de-gelling will not be permitted on DVAC property.

**FOOD SERVICES**

Participants are allowed to bring coolers into the pool area as long as there are no glass containers and no alcohol.

**SHADE AND TENTS**

There is a shaded area at the pool. Teams may bring in their own easy-up tents and meet staff will direct you where to put them up until there is no more space available.

**SPECTATOR TICKETS**

- Tickets can be purchased at the pool entrance or [pre-purchased online](#).
- Spectator tickets are \$8 per day for ages 18 to 65 years and \$25 for an all-event pass.
- Spectator tickets are \$5 per day for ages 6 to 18 years and Seniors 66 and over.
- Total Event pass is \$15 for students and Seniors.
- Spectator tickets will be required for anyone without a credential to access the bleachers.
- Free admission to Life Members and children 5 years and younger.

## TENTATIVE MEET SCHEDULE

**All events start with 60's age group**  
(Except team practice with music - Oldest to Youngest)

A tentative schedule, which is subject to change, is posted at [www.usasynchro.org](http://www.usasynchro.org) on the Master's events page. A final schedule will be posted one to two weeks before the competition.

**NOTE- All times listed are estimates and are subject to change on the final schedule.**  
**Awards Times will be listed in Final Schedule.**

**Wednesday, October 17**

5-6pm Registration at pool near scoring room  
6-7pm Coaches and Officials meeting

**Thursday, October 18**

Tech Solos, Free Solos, Figures

**Friday, October 19**

Tech Duets, Tech Trios, Combos Practice with Music

**Saturday, October 20**

Combos, Free Duets, Tech Teams, Free Teams Practice with Music

**Sunday, October 21**

Free Teams, Free Trios

## Appendix 1: CLUB ENTRIES AND FEES, CREDENTIALS

To register online, login to your account from the homepage of the USA Synchro website [USA.Synchro.org](http://USA.Synchro.org), by clicking on "My Account".

See the entry instructions on the site.

If you have any technical difficulties or questions, please email or call Jennifer at 719-866-2219 or [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org).

Foreign Federations may enter the U.S. Masters Championship (entries will be honorary) following the information posted in the invitation at

<http://www.teamusa.org/USA-Synchronized-Swimming/Resources/International>

Foreign Federations must also fill out and submit form "A" and "C" at the end of this document for entry into the competition.

## Appendix 2: DIGITAL MUSIC SUBMISSION GUIDELINES

Digital music files (M4A, MP3) are to be submitted for routines for this competition.

- Email music to Chris Leahy at [leahycm@gmail.com](mailto:leahycm@gmail.com) by Wednesday, **September 19, 2018**
- Music files may be sent as email attachments or shared using a file sharing / transfer service
  - Dropbox, Google Drive, OneDrive, WeTransfer, etc
- We recommend submitting 160+ kbit/sec M4A/AAC or higher quality audio for best sound results.
  - If sending MP3 files, 192+ kbit/sec is recommended.
- A minimum one second leader (silence) before the music starts added to all files is recommended.
- A device with a 1/8" TRS (headphone) jack is acceptable as a backup.
  - A CD player will **NOT** be available as back up.
- Contact Chris if you have any questions.
- Use the following naming conventions (see bolded below) when saving files.
  - Routine names should be "space" separated

### **30-39 Duet Free CDY Smith**

Duet Free = Routine event

CDY = Club Abbreviation/ Three Letter Code \*\*

Smith = Last name of the first alphabetical member of the routine

\*\* **email** Jennifer Hawkins - [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org)  
if you do not know your code

**Optional-** If you know how to modify the Artist/Album/Track Title tags of your files, please use the following conventions.

Artist = 2017 US Masters

Album = Routine Event (Solo Free, Duet Tech, etc.)

Album Artist = Three Letter Code \*\*

Title = Last name of the first alphabetical member of the routine

\*\* **email** Jennifer Hawkins - [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org)  
if you do not know your code

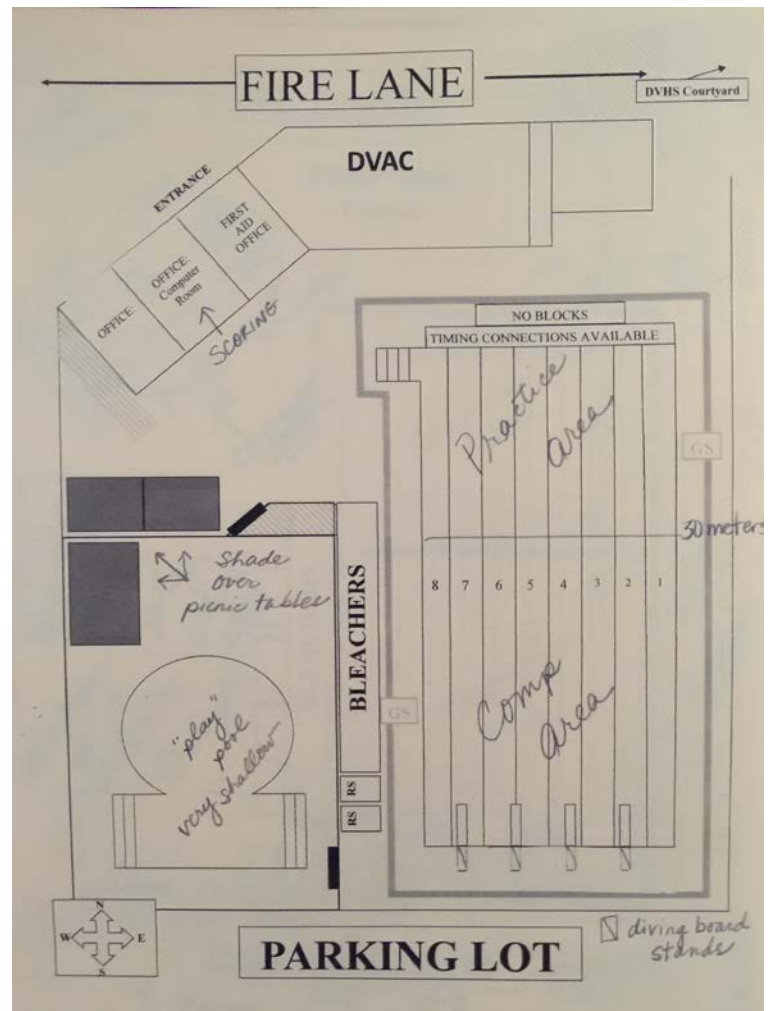
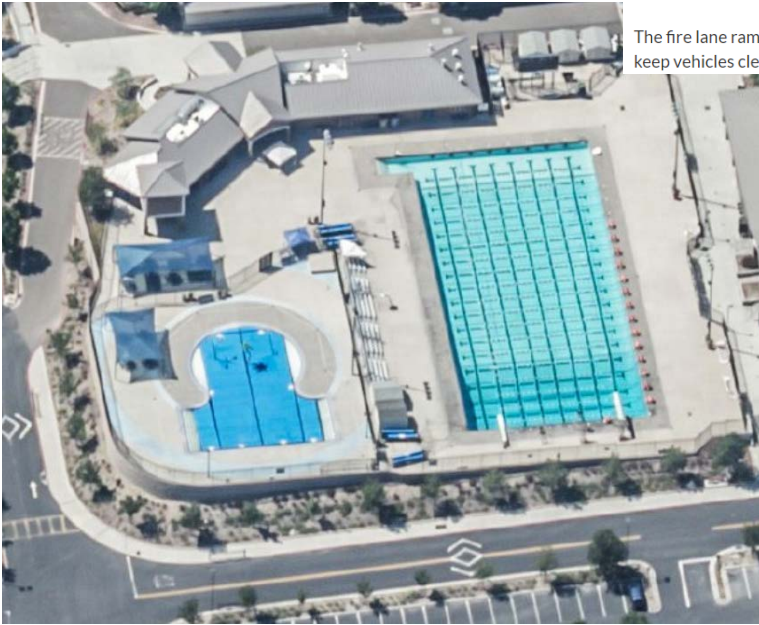


### Appendix 3: FACILITY PHOTOS, POOL DIAGRAM AND DECK LAYOUT

Dougherty Valley Aquatic Center has free parking in front of the facility near the tennis courts that are behind Venture School. There is additional parking in the Dougherty Valley High School parking lots behind the facility.

Please park in the main pool parking lot near the tennis courts Monday - Friday, 8:00am-3:00pm during months that school is in session (Mid August - May).

The fire lane ramp located in front of the Dougherty Valley Aquatic Center is not a pick up / drop off area. Please keep vehicles from this area at all times.



## FORM A: TRANSPORTATION AND HOUSING INFORMATION

Club/Official Name \_\_\_\_\_ Club Code \_\_\_\_\_

Contact Name \_\_\_\_\_ Email \_\_\_\_\_

Contact Cell Phone \_\_\_\_\_

**ENTRY DEADLINE = September 19, 2018 at 11:59 pm PST**

### TRANSPORTATION

**Arrival** Please circle one: Air Auto Other

Date \_\_\_\_\_ Time \_\_\_\_\_

Airline / Flight Number \_\_\_\_\_

### Departure

Date \_\_\_\_\_ Time \_\_\_\_\_

Airline / Flight Number \_\_\_\_\_

### HOTEL/LODGING

Check if staying at Host Hotel – Holiday Inn Dublin Pleasanton \_\_\_\_\_

Otherwise; complete the Hotel/ Lodging information below:

Hotel/ Lodging \_\_\_\_\_ Phone \_\_\_\_\_

No. of Athletes \_\_\_\_\_ No. of Coaches/ Officials \_\_\_\_\_

### EMERGENCY CONTACT INFORMATION

Please list three on-site emergency contacts for your club (these may be coaches, officials, chaperones or parents).

Name

Cell Phone Number

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

E-mail to: [Teagan@usasynchro.org](mailto:Teagan@usasynchro.org)





## FORM C: FOREIGN ENTRY FORM

Must be completed by all Foreign Federations. Written approval from your Federation **MUST** accompany this entry. Please contact USA Synchro immediately if you need VISA support.

NAME OF TEAM/ FEDERATION \_\_\_\_\_  
 NAME OF HEAD COACH/ OFFICIAL \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 PHONE – HOME: \_\_\_\_\_ WORK: \_\_\_\_\_  
 FAX: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**Please complete as many forms as needed for all entries**

- NOTICE:** 1. Entries are not limited.  
 2. An individual competitor may only enter three routine events (Solo, Duet, Trio or Team), excluding Free Combination.

Event		Names	Age Group	Date of Birth	Music Theme
SOLO	NAME	1.			
SOLO		2.			
DUET	NAMES	1.			
		2.			
	RESERVE				
DUET		1.			
		2.			
	RESERVE				
TRIO	NAME	1.			
		2.			
		3.			
	RESERVE				
TEAM/ FREE	NAMES	1.			
COMBINATION		2.			
		3.			
		4.			
		5.			
		6.			
		7.			
		8.			
	TEAM RESERVES /FREE COMBINATION ENTRIES	9.			
		10.			
	FREE COMBINATION/ RESERVES	1.			
		2.			
Figures		Names	Age Group	Date of Birth	Division A, B, C
		1.			
		2.			
		3.			
		4.			
		5.			
		6.			
		7.			
		8.			
		9.			
		10.			

**SPONSOR FEE**

# of Competitors entered (incl. reserves/alternates) \_\_\_\_\_ x \$30 **Total Sponsor Fee = \$** \_\_\_\_\_

**Make check payable to:** USA Synchro

**Mail to:** USA Synchro, Attn. Jennifer Hawkins – One Olympic Plaza, Colorado Springs, CO 80909

For questions contact: [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org) or call 719-866-2219