



**Fina**  
SYNCHRONISED  
SWIMMING  
WORLD SERIES

NEW YORK (USA) 2017

# ***2017 Synchro America Open Synchronized Swimming Championships***

*June 21 – 24, 2017*  
Long Island, New York

**FINAL MEET ANNOUNCEMENT**

Revision 1 - 05/10/2017

**COMPETITION DATES** June 22 through June 24 Practice/ Training Day – June 21

**MEET MANAGERS / HOSTS** Jennifer Rothman Phone Number: 631-951-3900 E-mail: [jrothman@discoverlongisland.com](mailto:jrothman@discoverlongisland.com) Jim Muessig Phone Number: 516-572-0553 E-mail: [jmuessig@nassaucountyny.gov](mailto:jmuessig@nassaucountyny.gov)

**FACILITY/ VENUE** Nassau County Aquatic Center  
Eisenhower Park  
East Meadow, NY 11554  
Phone: 631-572-0553

**POOL SPECS**

	<b>Indoor Pool</b>	<b>Practice Space</b>
<b>Length:</b>	68 meters with three joined bulkheads Competition Length – 30m from entry	Shallow end of pool, 8 Lap Lanes Dive Well end of pool, 6 Lap Lanes
<b>Width:</b>	25 meters	
<b>Entry:</b>	From three bulkheads (12' width)	
<b>Depth:</b>	10' at bulkheads sloping to 8' at lane line marker	
<b>Deck to water's surface:</b>	6", 12" from bulkhead to water	
<b>Seating:</b>	Elevated balcony with seating for 1,700	

**EVENTS** **Junior and Senior events**  
Junior Figures, Junior Free Solo, Junior Free Duet, Junior Free Team  
Senior Technical Solo, Senior Technical Duet, Senior Technical Team  
Senior Free Solo, Senior Free Duet and Senior Free Team  
Senior Mixed Technical Duet, Senior Mixed Free Duet  
Combined Junior/Senior Free Combination  
Senior Highlight Routine

**SCHEDULE** A tentative schedule is available [on the event page](#). A final schedule will be posted one to two weeks before the competition. All participants should be available to compete Thursday, Friday and Saturday due to potential schedule changes.

**JUDGES** FINA Judges A and G and U.S. National Judges for Junior Open only.  
Each Federation or Foreign club entering the U.S. Junior/Senior Synchro America Open may send a maximum of two FINA/UANA judges to the combined Championship. Judges must be on the current FINA and/or UANA List(s) of Synchronized Swimming Officials. Foreign FINA and UANA judges from Federations not entered in the Synchro America Open may participate, with priority given to judges whose Federations are entered. In order to participate in any capacity, all Foreign FINA and UANA judges must have passed the most recent FINA judges test.

**FINA EVALUATOR** Louise Kennedy (Canada)

**FINA LIAISON** Virginia Jasontek (USA)

**U.S. ENTRIES** U.S. clubs must register online only. To register online (See Appendix 1), login to your account from the homepage of the [USASynchro.org](http://USASynchro.org) website, by clicking on "My Account". If you have any technical difficulties or questions, email or call Jennifer Hawkins at 719-866-2219 or [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org).

**ENTRY DEADLINE** U.S. Entries must be submitted electronically by **Wednesday, May 24, 2017 at 11:59 pm PST**. **Entry is not complete unless accompanied by payment.**

**FOREIGN ENTRIES** Foreign Federations must complete FORMS A-I and email them by **Wednesday, May 24, 2017 at 11:59 pm Pacific Standard Time**. Please email forms A-I to: [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org), [bettyhazle@yahoo.com](mailto:bettyhazle@yahoo.com) and [smcnabb@aol.com](mailto:smcnabb@aol.com). **Entry is not complete unless accompanied by payment.** Please mail check or money order postmarked no later than **Wednesday, May 24, 2017 at 11:59pm PST** to:  
USA Synchro, Attn: Jennifer Hawkins  
7915 S. Emerson Ave., Suite 239  
Indianapolis, IN 46237 USA  
+1-719-866-2219

Credit card payment is also accepted. Email or call Jennifer Hawkins at [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org) to pay with a credit card. **Cash payments will not be accepted.**

**FEDERATION LETTER OF APPROVAL**

We kindly request that all Foreign National Teams and all Foreign Clubs provide written approval to USA Synchro from their own Federations. This approval must be submitted to USA Synchro before visa assistance can be provided and before the final entry deadline. Please email letters of approval to [bettyhazle@yahoo.com](mailto:bettyhazle@yahoo.com).

**FOREIGN FEES**

The only fees foreign federation and foreign clubs pay, in addition to their hotel package, is a \$30 sponsor fee per athlete, including reserves.

**FORMS**

- Appendix 1** U.S. Club registration Info. [USASynchro.org](http://USASynchro.org) - Entries, Fees, Credentials, Officials
- Appendix 2** Digital Music Submission Guidelines (Deadline Wednesday, May 24, 2017)
- Appendix 3** Pool Diagram and Deck Layout
- Foreign Form A** Flight Information
- Foreign Form B** Fees
- Foreign Form C** Hotel Rooming List
- Foreign Form D** Personnel List
- Foreign Form E** Foreign Entry - Junior
- Foreign Form F** Foreign Entry – Senior Tech Routines
- Foreign Form G** Foreign Entry – Senior Free Routines
- Foreign Form H** Foreign Entry - Junior / Senior Free Combination
- Foreign Form I** Foreign Entry - Senior Highlight

All Forms A – I will be available [on the event page](#) for download and emailed to all foreign federations.

**FEE INFORMATION**

- **Entry Fee** \$30 per competitor (U.S. only) per routine, including reserves (alternates). Payments are made online at the [USASynchro.org](http://USASynchro.org) website. Any swimmer who is listed as a reserve (alternate) for a routine and who is not swimming any other routine event shall pay the entry fee. (Rulebook, Appendix C)  
Foreign Federations do **NOT** pay this fee.
- **Sponsor Fee** \$30 per competitor. U.S. payments are made online at the [USASynchro.org](http://USASynchro.org) website. Foreign Federations must send a check for the required sponsor fees to Jennifer Hawkins at USA Synchro.
- **Webcast Surcharge** \$7 per competitor (U.S. only), including reserves. Payments are made online at the [USASynchro.org](http://USASynchro.org) website. Any swimmer who is listed as a reserve for a routine and who is not swimming any other routine event shall pay the surcharge. This surcharge is to cover the minimum fee for Takeitlive.tv to Live Stream the competition. Foreign Federations do **NOT** pay this fee.
- **Credentials** Each U.S. club will receive coach and chaperone credentials per the chart below. Additional credentials can be purchased for \$30 each. Payments are made online at the [USASynchro.org](http://USASynchro.org) website. Foreign federations and clubs will receive complimentary coach and chaperone credentials.

**All U.S. coaches and judges need to register online even if free credentials are included with their team registration.**

- **Spectator Tickets** \$10 for each morning session and \$20 for each evening session or \$60 for an event pass. Tickets can also be purchased at the Nassau County Aquatic Center.

# of athletes	Maximum # of free credentials	
	Coaches	Chaperones
1-10	2	1
11-15	3	2
16-20	4	2
21-25	5	3
26-30	6	3
31-35	7	4
36-40	8	4
41-45	9	5
46-50	10	5

**TECHNICAL MEETING**

All coaches are requested to attend the Technical Meeting, which will be held on Wednesday, June 21 at **4:15 pm (approximate time)** at Courtyard by Marriott. Final time will be listed in the final meet schedule.

**JUDGES MEETING**

All judges are requested to attend the Judges Meeting, which will be held on Wednesday, June 21 at **5:30 pm (approximate time)** at Courtyard by Marriott. Final time will be listed in the final meet schedule.

**ON-SITE REGISTRATION/ CHECK-IN**

Wednesday, June 21 and additional days.  
Times and locations will be listed in the final meet schedule.

## U.S. OFFICIALS

Please register online by the entry deadline. In addition, please e-mail Judges Administrator, Shannon Korpela, with your intent to attend at [s\\_korpela@msn.com](mailto:s_korpela@msn.com). Those wishing to take the National judge's tests should notify Shannon.

## RULES TO GOVERN

Current FINA rules, with noted exceptions listed here and as listed in USA Synchro Rulebook.

1. Junior Open competitors shall be 15 – 18 years of age, based on year of birth.
2. Senior Open competitors shall be 15 or older, based on year of birth.
3. Athletes may only enter 3 different events, not including Free Combination or Senior Highlight Routine. Athletes may enter a duet or a mixed duet, but not both.
4. Free Combination: There shall be one combined Free Combination event in the U.S. Junior/ Senior Synchro America Open Championships. Juniors and Seniors may be combined in the same Free Combination routine to compete in the Free Combination event. For U.S. clubs only, competitors who are 13 and 14 years of age may participate in the Free Combination event only. Free Combination routines must have 8 – 10 competitors. A U.S. Club, Foreign Club or National Team may enter more than one routine in the Free Combination event.
5. Foreign Federations may have multiple club entries, including their National Teams, in each category: Junior, Senior and Free Combination.
6. The top-12 in each event will move to finals. If applicable, the 13th place routine in each event will serve as the pre-swimmer for the final event.
7. All team routines will have a .50 deduction for each competitor fewer than 8 on a team.

## ADDITIONAL JUNIOR OPEN INFORMATION

1. In the Junior Open, each Foreign Club or National Team may enter three Solos, three Duets and one Team.
2. In the Junior Open, U.S. Clubs may have registered competitors from 2 or more U.S. clubs in the Free Combination event.

## ADDITIONAL SENIOR OPEN INFORMATION

1. In the Senior Open, each Foreign Club or National Team may enter two solos, two duets, two mixed duets and one team.
2. Awards for Senior routines will be based on the combined score of the technical and free routine. Competitors may opt out of the technical routine or free routine if they so choose. Only Senior competitors who swim the technical and free routine are eligible for awards.
3. In the Senior Open, U.S. Clubs may have registered competitors from 2 or more U.S. clubs in the Team and Free Combination events.

## JUNIOR FIGURES

### Figures-Junior Compulsory

308	Barracuda Airborne Split	2.8
355g	Porpoise, Twist Spin	2.6

The remaining two figures will be drawn from the Junior Selection Groups by the USA Synchro Vice President of Competitive Operations (or designee) and posted at [USASynchro.org](http://USASynchro.org) on Tuesday, June 20 at 10:00 am Eastern time. The information will also be emailed to all technical members of USA Synchro as well as each foreign delegation participating in junior figures.

## AWARDS

All competitors (U.S. and Foreign) will compete for the same awards in their respective Open. Medals will be awarded for places 1 – 3. In the Senior category, medals will be given to reserves who swim either the technical or free routine. In the Junior category, medals shall be given to competitors who swim in finals only.

## SOUND/ MUSIC

We will be using digital music for this competition. It is essential all music be sent by email in advance. Email music files to Chris Leahy at [leahycm@gmail.com](mailto:leahycm@gmail.com) by Wednesday May 24, 2017. See Digital Music Submission Guidelines, Appendix 2, for specifications.

## COACHES CERTIFICATION AND SAFESPORT FOR U.S. COACHES

**CCP Level 1** – Required for all coaches to be on deck at any meet.

**CCP Level 2** – Required for all coaches to be on deck at any Regional, Zone and National Championship.

**CCP Level 3** – Required for all coaches to be on deck at any Zone and National Championship.

**SafeSport** – Required for all coaches to be on deck at any competition.

**Properly submitted safety credentials (Current CPR/First Aid)** - Required for all coaches to be on deck at any competition. Registered coaches will be verified and those holding the required certifications will be granted credentials. If you have any questions, contact Shari Darst at [shari@usasynchro.org](mailto:shari@usasynchro.org)

**SCORING SYSTEM** Colorado Timing Systems

**SCORING CHAIR** Pete McGeoch [petemcgeoch@gmail.com](mailto:petemcgeoch@gmail.com) [518-339-9795](tel:518-339-9795) (cell phone)

#### LIVE WEB STREAMING



While it's not always possible to make it to an event in person, the good news is Takeitlive.tv will provide LIVE coverage for anyone wanting to watch and be a part of the event. The LIVE stream will be available [on the event page](#) and On-Demand video will be made available in the [event video gallery](#).

#### PHOTOS

We would like to obtain team photos from each federation and club to use for marketing and communications materials. Please complete the [online form](#) by May 15. If you have any questions, please reach out to [Stephanie@usasynchro.org](mailto:Stephanie@usasynchro.org).

#### PHOTO/ VIDEO REGULATIONS

Any photographs, videotape or other audio and/or visual recordings taken at the event by a spectator may be used solely for such spectator's personal use, and may not be broadcast, published or disseminated or used for any commercial purposes, without the prior written consent of USA Synchro.

Photography for personal use will be allowed by the audience, from the stands, as long as not obstructing the view of others, and does not use a flash. Photographs must be for personal, non-commercial use.

#### CONCESSIONS

Pre-packaged concession options will be available for purchase during competition times.  
**NO outside food will be allowed in the facility.**

#### TEAM BANNERS

Please drop off your team banner at registration or in the scoring room at the aquatic center.  
**Staff will hang BANNERS.**

#### VENUE RULES

For final events, tickets or credentials are required for admittance to the venue.

No smoking in the facility.

No food or beverages (except water) are permitted on pool deck or locker rooms.

No glass containers on the deck or in locker rooms.

Use of the pool equipment is not permitted.

No sitting or hanging on lane lines.

All athletes, coaches and officials will abide by the facility rules and USA Synchro Code of Conduct.

Gelling is permitted in designated area only. De-gelling is not allowed in the facility (\$100 fine if anyone de-gells in the facility).

All equipment bags must remain in designated areas to maintain a clean deck.

Official team banners will be hung by meet management (please turn in at registration)

No electrical appliances are permitted.

#### DRIVING DIRECTIONS

##### Directions from JFK Airport to the Nassau County Aquatic Center (Located in Eisenhower Park)

- 1) Head South on JFK expressway- 295ft
- 2) Take the Belt Pkwy East (exit on left to Eastern Long Island)
- 3) Merge onto Belt Parkway
- 4) Keep left to continue on Southern State Parkway
- 5) Take exit 22N Mineola/New York MS (Meadowbrook State Parkway)
- 6) Merge onto Meadowbrook Parkway
- 7) Take exit M4 toward Hempstead Parkway
- 8) Merge onto Hempstead Parkway NY-24
- 9) Turn right onto James Doolittle Blvd (.2 miles)

##### Directions from Long Island Marriott to the Nassau County Aquatic Center (located in Eisenhower Park)

- 1) Head North onto James Doolittle Blvd
- 2) Turn Right onto Charles Lindbergh Blvd
- 3) Take to end and make a right onto Merrick Avenue
- 4) Make a left into Eisenhower Park Aquatic Center

**AIRPORTS**

LaGuardia Airport (LGA) - 22.7 miles from Courtyard by Marriott Westbury

John F. Kennedy International Airport (JFK) - 16.2 miles from Courtyard by Marriott Westbury

**FOREIGN FEDERATIONS AND CLUBS: You must fly into JFK in order to receive transport to the hotel.**

Long Island MacArthur Airport (ISP) – 44.8 miles from Long Island Marriott  
(Services Southwest, Allegiant)

Newark Liberty International Airport (EWR) - 48.9 miles from Long Island Marriott (New Jersey airport)

If you are a member of USA Synchro you are eligible to receive discount flights to USA Synchro sanctioned events on United Airlines. Book now by calling the United Olympic Desk at 1-800-841-0460 and receive up to 10 percent off the retail fare price.

**AIRPORT TRAVEL**

Please be aware there is construction around LaGuardia Airport. Check out this link for more information.

<http://laguardiaairport.com/news/fhv-pick-up/>

**AIRPORT TRANSPORTATION FOR U.S CLUBS**

For transportation to and from LGA, JFK and Long Island MacArthur (ISP) airports, please contact Trans-Star Executive at [631-243-3800](tel:631-243-3800) and reference the account code: US Synchronized Swimming. Ask for Justin or Taryn for more information on special pricing and booking. If they are not available any agent can help you. They will make your entire reservation via the phone and then send you an e-mail confirmation. The reservation center is open 24/7, so call at any time.

**HOST HOTEL INFORMATION FOR U.S. CLUBS**

**Marriott Long Island - \$199 per night plus tax**

101 James Doolittle Blvd  
Uniondale, NY 11553

U.S. Clubs only: for room reservations, please call 800-228-9290 or 516-794-3800

All reservations must be made by **May 10, 2017**.

**HOST HOTEL PACKAGES FOR FOREIGN FEDERATIONS**

**Courtyard by Marriott**

1800 Privado Rd  
Westbury, NY 11590

**Option 1: Half Board Package – includes room plus continental breakfast.**

Occupancy	Price per person / day
Single	\$276
Double	\$165
Triple	\$128
Quadruple	\$109

**Option 2: Full Board Package – includes room plus continental breakfast, lunch and dinner.**

Occupancy	Price per person / day
Single	\$310
Double	\$204
Triple	\$165
Quadruple	\$148

Rates include taxes.

All hotel and meal packages for Foreign Federations include shuttle service to and from JFK airport and to and from the pool. Meals will begin with dinner on your check-in day (Monday, Tuesday or Wednesday June 19, 20 or 21) and end with breakfast on check-out day (no later than Sunday June 25.)

For foreign federations or clubs renting cars, please email Sheila McNabb at [smmcnabb@aol.com](mailto:smmcnabb@aol.com) for information on the cost of a meet package that does not include transportation.

**CONTACTS**

Betty Hazle – International Relations Chair	<a href="mailto:bettyhazle@yahoo.com">bettyhazle@yahoo.com</a>
Sheila McNabb – Vice President of Competitive Operations	<a href="mailto:smmcnabb@aol.com">smmcnabb@aol.com</a>
Myriam Glez – Executive Director	<a href="mailto:myriam@usasynchro.org">myriam@usasynchro.org</a>

**AREA ATTRACTIONS**

**Museum Row (Aviation, Children’s, Fire Fighters Museum)  
I.FLY Trapeze (located in Eisenhower Park)  
Nassau County Museum of Art**

**SHOPPING**

**Roosevelt Field Mall**

**FAMILY ACTIVITIES**

**New York Lizards (Professional Lacrosse)  
Long Island Ducks (Independent Baseball team)**

**MOVIE THEATERS**

**Located in every town on Long Island**



## Appendix 1: U.S. CLUB REGISTRATION INFORMATION

To register online, login to your account from the homepage of the USA Synchro website

<http://www.usasynchro.org/> , by clicking on “My Account”.

See the entry instructions on the site.

If you have any technical difficulties or questions, please email or call Jennifer at 719-866-2219 or

[jennifer@usasynchro.org](mailto:jennifer@usasynchro.org).

## Appendix 2: DIGITAL MUSIC SUBMISSION GUIDELINES FOR U.S. and all Foreign Federations and Clubs

Digital music files (MP3, M4A) are to be submitted for routines for this competition.

- Email music to Chris Leahy at [leahycm@gmail.com](mailto:leahycm@gmail.com) by **May 24, 2017**
- Music files may be sent as email attachments or shared using a file sharing/ transfer service.
  - Dropbox, Google Drive, OneDrive, WeTransfer, etc.
- We recommend submitting 160 kbit/s M4A or higher quality audio for best sound results.
- 128 kbit/s MP3s are **NOT** recommended, if sending MP3 files, please ensure they are at least 192 kbit/ sec.
- A minimum one second leader (silence) before the music starts added to all files is recommended.
- Contact Chris if you have any questions.
- A CD player will be provided as back up for play through the sound system. A device with a 1/8" TRS (headphone) jack is also acceptable as a backup.
- Use the following naming conventions (see bolded below) when saving files.
  - Routines names should be “space” separated

<p><b>JR Duet OSU Jones</b></p> <p>JR = Junior                  Duet = Routine event                  OSU = Club Abbreviation or Federation Code                  Three Letter Code **                  Jones = Last name of the first alphabetical member of the routine</p> <p><b>** email</b> Jennifer Hawkins - <a href="mailto:jennifer@usasynchro.org">jennifer@usasynchro.org</a>                  if you do not know your code</p>	<p><b>SR Duet Free or Tech OSU Jones</b></p> <p>SR = Senior                  Duet = Routine event                  Free = Free Routine or Tech = Technical Routine                  OSU = Club Abbreviation or Federation Code                  Three Letter Code **                  Jones = Last name of the first alphabetical member of the routine</p> <p><b>** email</b> Jennifer Hawkins - <a href="mailto:jennifer@usasynchro.org">jennifer@usasynchro.org</a>                  if you do not know your code</p>
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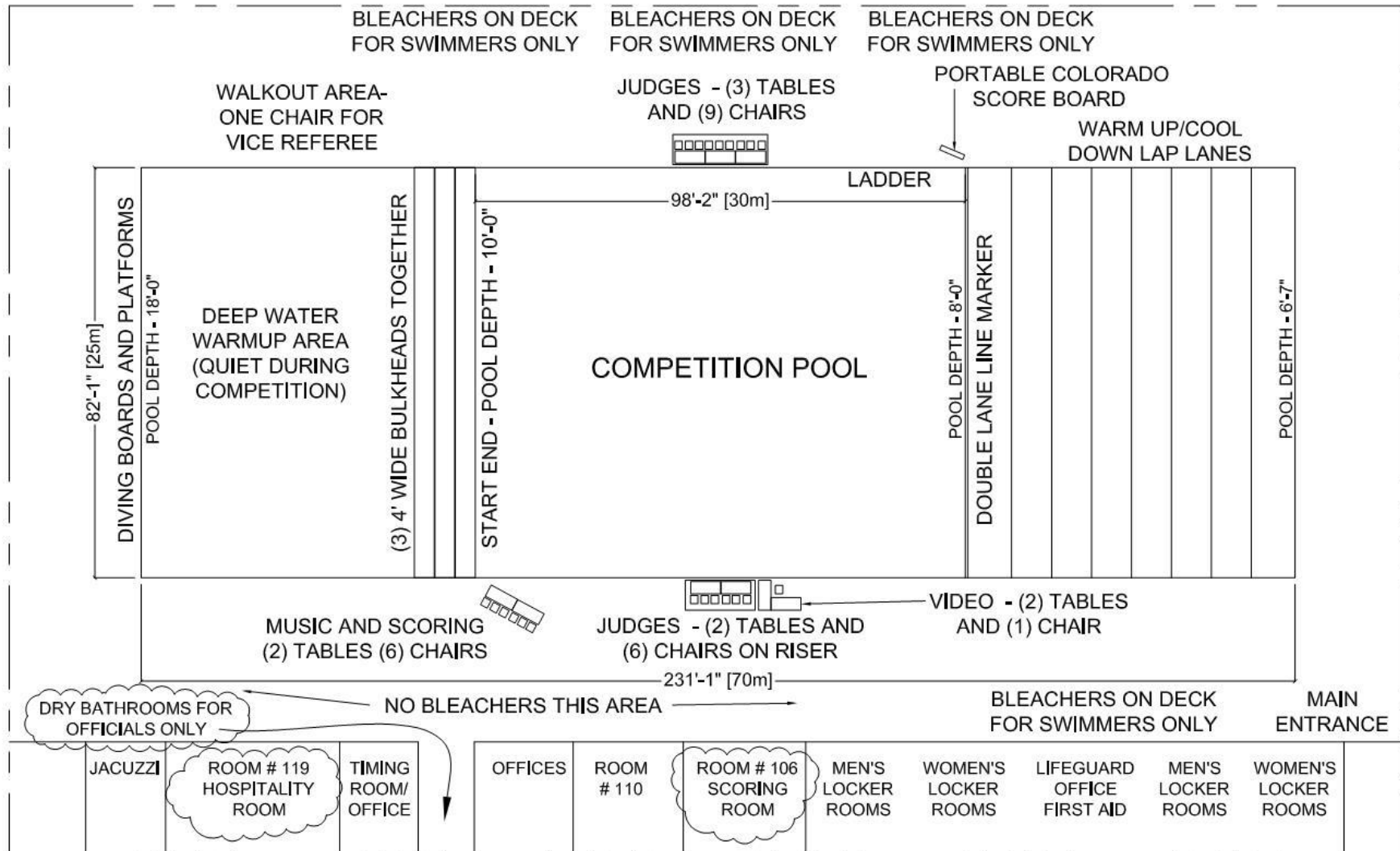
**Optional-** If you know how to modify the Artist/Album/Track Title tags of your files, please use the following conventions.

Artist = “2017 US Open”  
 Album = “Jr/ Sr”, “Routine event”, “Free or Tech for Senior routines”  
 Album Artist = “Three Letter Code”  
 Title = “Last name of the first alphabetical member of the routine”

**\*\* email** Jennifer Hawkins - [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org)  
 if you do not know your code



**Appendix 3: POOL DIAGRAM and DECK LAYOUT**



**NASSAU COUNTY AQUATICS CENTER  
LONG ISLAND, NEW YORK**