



**2017 U.S. Masters**  
*Synchronized Swimming Championship*  
*October 19 – 22*  
*National Training Center – Clermont, Florida*



**FINAL MEET ANNOUNCEMENT – rev. 09-21-17**

- COMPETITION DATES** October 19 through October 22  
October 18 - Registration, Officials and Coaches Meeting
- MEET MANAGER(S)** Betsy Caza (Gator Synchro) Wesley Wilson (Central Florida Sports Commission)  
Cell Phone: 352-246-8854 Work Phone: 407-515-6551  
E-Mail: [betsycaza@gmail.com](mailto:betsycaza@gmail.com) E-Mail: [wwilson@centralfloridasports.org](mailto:wwilson@centralfloridasports.org)
- POOL FACILITY** National Training Center (NTC) (Outdoor Facility)  
1935 Don Wickham Drive  
Clermont, Florida 34711  
Phone: 352-241-7144
- FACILITY CONTACT** Nikki Newman, Ext. 4217
- POOL SPECS** Length: 70 Meters Width: 25 yards  
Depth: 12 ft. 6 in. at Start (Entry) End Entry: Deck Flat  
Water level with deck Spectators: West side of pool  
Competition Pool Length: **25m to Bulkhead** Practice space: **6 Lanes beyond the Bulkhead**  
Depth: 8 ft. 5 in. at Bulkhead
- SANCTIONED BY** United States Synchronized Swimming
- RULES TO GOVERN** The 2017 Official USA Synchro Rulebook shall govern the Championships.
- REGISTRATION** Complete online registration at [www.usasynchro.org](http://www.usasynchro.org) for Entries and Fees, Officials and Credentials. U.S. entries are accepted online only.  
**Entry Deadline – Wednesday, September 20, 2017 at 11:59 pm PST**  
**Late Fees:** As stated in Appendix C, per Technical Rule CP 5.6.1, any entry to a National Championship received between 28 and 7 days prior to the first day of the competition shall pay late fees. Each athlete entered between 28 and 7 days prior to the first day of competition shall be assessed a \$25.00 late entry fee for the first event and an additional \$10.00 late entry fee for each additional event entered.
- ELECTRONIC ENTRIES** To register online (See Appendix 1), login to your account from the homepage of the [USASynchro.org](http://USASynchro.org) website, by clicking on “My Account”. If you have any technical difficulties or questions, please email or call Jennifer Hawkins at 719-866-2219 or [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org)
- FOREIGN DELEGATIONS** Entries are not limited. Complete transportation Form A, entry Form C and send with written Federation approval. Entry fees other than a Sponsor Fee are waived. Sponsor Fees are \$30 per competitor. Entries will be Honorary. Please email Jennifer Hawkins at USA Synchro, [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org) of intent to attend.
- OFFICIALS** Please **register online** by the entry deadline. In addition, please e-mail Judges Administrator, Shannon Korpela, with your intent to attend at [s\\_korpela@msn.com](mailto:s_korpela@msn.com). Those wishing to take the National judge’s tests should notify Shannon. Judges uniform shall be white shirts and black pants.

**FEE INFORMATION**

**ENTRY FEE** \$30.00 per competitor for each Free Routine, including reserves; Free Combination, including reserves; or Figure event entered. Payments are made online at the [USASynchro.org](http://USASynchro.org) website. Any swimmer who is listed as a reserve for a routine and who is not swimming any other routine event shall pay the entry fee. (Rulebook, App. C, Pg. 3)

**SPONSOR FEE** \$30.00 per competitor. Payments are made online at the [USASynchro.org](http://USASynchro.org) website.

**ATHLETE TRAVEL FUND**

\$2.00 per competitor. Payments are made online at the [USASynchro.org](http://USASynchro.org) website. (Masters Athlete Travel Fund-See Rule MS 7.3)

**FINA JUDGES TRAVEL**

\$2.00 per competitor for club options. Payments are made online at the [USASynchro.org](http://USASynchro.org) website (FINA Judges Travel Fund for Club Options - See Rule MS 7.4)

**WEBCAST SURCHARGE**

\$7.00 per competitor, including alternates. Payments are made online at the [USASynchro.org](http://USASynchro.org) website. Any swimmer who is listed as a reserve for a routine and who is not swimming any other routine event shall pay the surcharge. This surcharge is to cover the minimum fee for TakeltLive.tv to Live Stream the competition.

**CREDENTIALS**

**All coaches and judges need to register online even if free credentials are included with their team registration.**

All competitors, coaches, team managers, officials and volunteers will receive credentials. Access to the facility will be strictly enforced. Please wear your credential at all times. Each club will receive coaches/team manager credentials per the chart below. Additional credentials can be purchased for \$30.00 each. Make checks payable to USA Synchro.

# of athletes	Maximum # of free credentials	
	Coaches	Team Managers
1-10	2	1
11-15	3	2
16-20	4	2
21-25	5	3
26-30	6	3
31-35	7	4
36-40	8	4
41-45	9	5
46-50	10	5

**FORMS/ ATTACHMENTS**

- Appendix 1** Register online at [USA Synchro.org](http://USA Synchro.org) – Entries and Fees, Credentials, Officials
- Appendix 2** Digital Music Submission Guidelines (**Deadline Wed., September 20, 2017**)
- Appendix 3** Facility Photos, Pool Diagram and Deck Layout
- FORM A** Transportation and Housing Information
- FORM B** May McEwan Award Nomination Form  
Nominations will be accepted up to 9:00 am on Friday, October 20.  
**VOTING WILL BE - Friday, October 20 from 10:00 am to 6:00 pm**
- FORM C** Foreign Delegations Entry Form

**COACHES CERTIFICATION AND SAFESPORT**

**CCP Level 1** – Required for all coaches to be on deck at any meet.

**CCP Level 2** – Required for all coaches to be on deck at any Regional, Zone and National Championship.

**CCP Level 3** – Required for all coaches to be on deck at any Zone and National Championship.

**SafeSport** – Required for all coaches to be on deck at any competition.

**Properly submitted safety credentials (Current CPR/First Aid)** - Required for all coaches to be on deck at any competition. Registered coaches will be verified and those holding the required certifications will be granted credentials. If you have any questions, contact Shari Darst at [shari@usasynchro.org](mailto:shari@usasynchro.org).

**EVENTS**

- Free Routines: (Solo, Duet, Trio or Team)
- Number of Events: Each competitor may compete in no more than three (3) events. Free routine events (Solo, Duet, Trio or Team). Figure competition and Free Combination are excluded from this limitation.
- Technical Routines: (Solo, Duet, Trio or Team)
- Competitors must compete in a Technical Routine for each Free Routine Event entered.
- Figure competition
- Free Combination (see Rule CP 4.2.2 for definition of event)
- Order of Events: All events will begin with the 70's Age Group

**FIGURES**

Division A:

301e	Barracuda, Spinning 360°	2.2
355g	Porpoise, Twist Spin	2.6
154	London	2.8
343	Butterfly	2.9

Division B:

301d	Barracuda, Spinning 180°	2.1
140	Flamingo, Bent Knee	2.4
355h	Porpoise, Spin Up 180°	2.2
346	Side Fishtail Split	2.0

Division C:

101	Ballet Leg, Single	1.6
349	Tower	1.9
360	Walkover, Front	2.1
311	Kip	1.8

**AWARDS**

Routine Awards: Medals 1 – 3 and Ribbons 4 – 8 for each event, and age group (Masters and Grand Masters)

Combination Awards: Medals 1 – 3 and Ribbons 4 – 8 for each age group (Masters and Grand Masters)

Figures: Medals 1 – 3 and Ribbons 4 – 8 for each division, and age group (Masters and Grand Masters)

Award recipients who wish to voluntarily donate medals back for reuse in future years, please leave them in the scoring room medal recycling box.

**ADDITIONAL AWARDS**

Special awards include the May McEwan Award (see the attached nomination form) and the High Point Team Awards (places 1 – 3). Figures are an optional event and placement will not factor in the high point awards.

**SCORING CHAIR**

Maggie Downey [downeymm@gmail.com](mailto:downeymm@gmail.com) 352-494-4850 (cell phone)

**SCORING SYSTEM**

Masters (FINA) scoring for Technical Merit and Artistic Impression will be used for Free routines. Masters (FINA) scoring for Execution and Overall Impression will be used for Tech routines.

**SOUND/ MUSIC** We will be using digital music for this competition. It is essential all music be sent by email in advance. Email music files to Chris Leahy at [leahycm@gmail.com](mailto:leahycm@gmail.com) by **Wednesday, September 20, 2017**. See Digital Music Submission Guidelines, Appendix 2, for specifications.

**PRACTICE WITH MUSIC**

Free Team practice, with music, will be completed in order of draw, one time through, in the following age group order (oldest to youngest): 90, 80, 70, 60, 50.....

**PHOTO / VIDEO REGULATIONS**

Personal use photography will be allowed. No flash photography. Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of U.S. Synchronized Swimming.

**ADDITIONAL POOL RENTAL / PRACTICE TIME**

Additional pool rental/practice time can be accommodated per request. To book time to rent space at the pool, contact Nikki Newman at the National Training Center. See contact information below:

Nikki Newman, Phone: 352-241-7144, Email: [Nicole.Newman@orlandohealth.com](mailto:Nicole.Newman@orlandohealth.com)

**PARKING**

Parking will be free for all participants and spectators of the event. Officials, athletes, and spectators will park in the front parking lot of the building. Handicapped parking will be provided in the back right side of the building, adjacent to the outside restrooms.

**CLUB CHECK-IN (REGISTRATION)**

Wednesday, October 18 5:00 pm – 6:30 pm at the pool Location: NTC Classroom B/D

Thursday, October 19 7:00 am – 12:00 noon at the pool Location: NTC Classroom B/D

During other competition times, check with the meet managers.

Hand-in banners at registration, facility staff will hang them.

**OFFICIALS and COACHES MEETING**

Meeting to be held at the National Training Center in Classroom A - D on Wednesday, October 18 from 6:30 pm – 7:15 pm.

**ATHLETE MEETING**

Meeting to be held at the pool on Saturday, October 21, 2017. See final schedule for details.

**BANQUET**

7:00 pm on Saturday, October 21<sup>st</sup> at Gabby's Gem of the Hills Banquet and Event Facility. Tickets will be available through USA Synchro. A link to register for the banquet and purchase tickets will be communicated by email blast, social media and posted on the [event page](#).

**MEET HOTELS**

Please book at this hotel if possible. It's the only hotel providing comp rooms for our meet staff.

Holiday Inn Express – 2.4 miles from pool  
1810 South Highway 27, Clermont, Florida 34711  
Contact: [angierivera7979@gmail.com](mailto:angierivera7979@gmail.com)  
(352) 243-7878  
\$129 plus tax

**Other lower cost options further from the pool:**

Days Inn Clermont Theme Park West – 18 miles from the pool  
9240 W. Highway 192, Clermont, FL  
(863) 424-6099 or use [hotels.com](http://hotels.com)  
\$85/night plus tax

Crown Club Inn by Exploria Resorts – 18 miles from pool  
105 Summer Bay Blvd  
Clermont, FL 34714  
(407) 239-8315 or use [hotels.com](http://hotels.com)  
\$54/night plus tax

## AIRPORT

### Orlando International Airport

Located 35 miles from the Pool

Located 35 miles from the Host Hotel

As a member of USA Synchro you are eligible to receive discount flights to USA Synchro sanctioned events on United Airlines. Book now by calling the United Olympic Desk at 1-800-841-0460 and receive up to 10 percent off the retail fare price.

## GROUND TRANSPORTATION

All major car rentals are available at the Orlando International Airport. The Central Florida Sports Commission has a long-standing relationship with Dollar Rent-A-Car to provide discounted rates for rental cars for any designated event. Please see below for the Central Florida Sports Commission's corporate account number, please use this number when booking transportation. To book, please visit [www.dollar.com](http://www.dollar.com) Central Florida Sports Commission Account # **3026361**

Taxi services are also provided at the Orlando International Airport by MEARS Transportation Group.

## LIVE WEB STREAMING



While it's not always possible to make it to an event in person, the good news is TakeItLive.tv will provide LIVE coverage for anyone wanting to watch and be a part of the event. In addition to tuning in LIVE, On-Demand video is available via our website. We highly encourage friends and family to get a digital download of the competition.

## MIGZ PHOTOGRAPHY



Migz Media Group will be on-site covering this event for photography. Action and/or posed photography will be made available for sale to all competitors and spectators.

## VENUE RULES

A gelling station will be provided, however de-gelling will not be permitted on NTC property. No food or glass is allowed on the pool deck.

No outside coolers will be allowed inside the pool area.

**Outside food will be allowed inside the pool area.**

## FOOD SERVICES

Concessions will not be available at the National Training Center, and any outside coolers will not be permitted inside of the pool area. However, event participants will be allowed to bring in outside food.

## ATTRACTIONS

Attraction tickets to Orlando's 3 major attractions will be available for purchase online. The deadline to purchase discounted tickets will be Thursday, October 12<sup>th</sup>. Please visit the link below to purchase tickets.

<http://centralfloridasports.org/USSynchro>

## SPECTATOR TICKETS

- Tickets can be purchased at the pool entrance or with online meet entry registration.
- Spectator tickets are \$8 per day for ages 18 to 55 years and \$25 for a total event pass.
- Spectator tickets are \$5 per day for ages 6 to 18 years and Seniors 55 and over.
- Total Event pass is \$15 for students and Seniors.
- Spectator tickets will be required for anyone without a credential to access the bleachers.
- Free admission to Life Members and children 5 years and younger.

## TENTATIVE MEET SCHEDULE

**All events start with 70's age group**

(Except team practice with music - Oldest to Youngest)

A tentative schedule, which is subject to change, is posted at [www.usasynchro.org](http://www.usasynchro.org) on the Master's events page. A final schedule will be posted one to two weeks before the competition.

**NOTE- All times listed are estimates and are subject to change on the final schedule.**

## Appendix 1: CLUB ENTRIES AND FEES, CREDENTIALS

To register online login to your account from the homepage of the USA Synchro website [USA.Synchro.org](http://USA.Synchro.org), by clicking on "My Account".

See the entry instructions on the site.

If you have any technical difficulties or questions, please email or call Jennifer at 719-866-2219 or [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org).

Foreign Federations may enter the U.S. Masters Championship (entries will be honorary) following the information posted in the invitation at

<http://www.teamusa.org/USA-Synchronized-Swimming/Resources/International>

Foreign Federations must also fill out and submit form "A" and "C" at the end of this document for entry into the competition.

## Appendix 2: DIGITAL MUSIC SUBMISSION GUIDELINES

Digital music files (M4A, MP3) are to be submitted for routines for this competition.

- Email music to Chris Leahy at [leahycm@gmail.com](mailto:leahycm@gmail.com) by **September 20, 2017**
- Music files may be sent as email attachments or shared using a file sharing/ transfer service (Dropbox, Google Drive, OneDrive, WeTransfer, etc.).
- We recommend submitting 160+ kbit/sec M4A/AAC or higher quality audio for best sound results.
  - If sending MP3 files, 192+ kbit/sec is recommended.
- A minimum one second leader (silence) before the music starts added to all files is recommended.
- A device with a 1/8" TRS (headphone) jack is acceptable as a backup.
  - A CD player will **NOT** be available as back up.
- Contact Chris if you have any questions.
- Use the following naming conventions (see bolded below) when saving files.
  - Routines names should be "space" separated

### **30-39 Duet Free CDY Smith**

Duet Free = Routine event

CDY = Club Abbreviation/ Three Letter Code \*\*

Smith = Last name of the first alphabetical member of the routine

\*\* **email** Jennifer Hawkins - [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org)  
if you do not know your club code

**Optional-** If you know how to modify the Artist/Album/Track Title tags of your files, please use the following conventions.

Artist = 2017 US Masters

Album = Routine Event (Solo Free, Duet Tech, etc.)

Album Artist = Three Letter Code \*\*

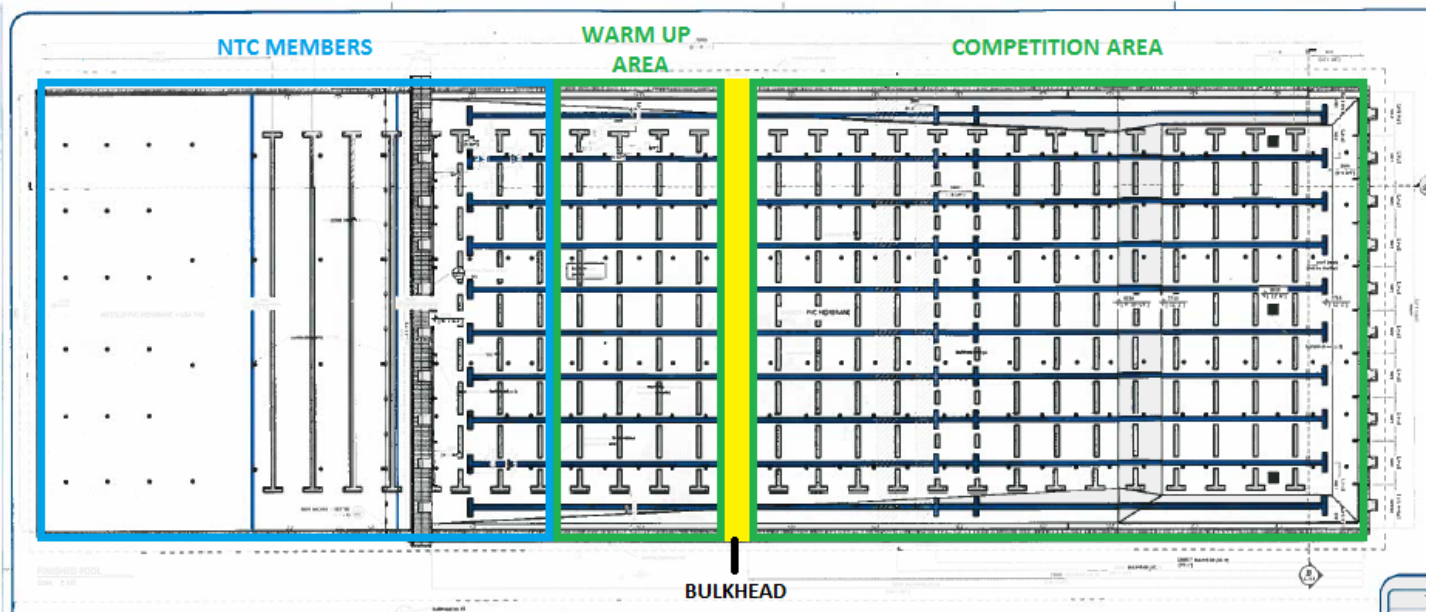
Title = Last name of the first alphabetical member of the routine

\*\* **email** Jennifer Hawkins - [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org)  
if you do not know your club code

### Appendix 3: FACILITY PHOTOS, POOL DIAGRAM AND DECK LAYOUT



NTC PARKING



**FORM A: TRANSPORTATION AND HOUSING INFORMATION**

Club/Official Name \_\_\_\_\_ Club Code \_\_\_\_\_

Contact Name \_\_\_\_\_ Email \_\_\_\_\_

Contact Phone \_\_\_\_\_

**ENTRY DEADLINE = September 20, 2017 at 11:59 pm PST**

**TRANSPORTATION**

**Arrival** Please circle one: Air Auto Other

Date \_\_\_\_\_ Time \_\_\_\_\_

Airline / Flight Number \_\_\_\_\_

**Departure**

Date \_\_\_\_\_ Time \_\_\_\_\_

Airline / Flight Number \_\_\_\_\_

**HOTEL/LODGING**

Check if staying at Host Hotel – Holiday Inn \_\_\_\_\_

Otherwise; complete the Hotel/ Lodging information below:

Hotel/Lodging \_\_\_\_\_ Phone \_\_\_\_\_

No. of Athletes \_\_\_\_\_ No. of Coaches/ Officials \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

Please list three on-site emergency contacts for your club (these may be coaches, officials, chaperones or parents).

Name

Cell Phone Number

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

E-mail to: [betsycaza@gmail.com](mailto:betsycaza@gmail.com)



**FORM B: MAY McEWAN AWARD NOMINATION**

Club Name \_\_\_\_\_

Club Code \_\_\_\_\_

Your Name \_\_\_\_\_

The May McEwan Award annually recognizes a USA Synchro member Masters athlete who has made outstanding contributions to the Masters program at the local and/or national level. Nominations are accepted in advance, or at registration, voted on during the competition, and announced at the Banquet.

Please indicate your nominee below, and include detailed supporting information to assist others in selecting the award recipient. Your nominations will be posted as written. Please write clearly!

**Nominee** \_\_\_\_\_

**Nominee's Club** \_\_\_\_\_

**Nominee's Hometown** \_\_\_\_\_

Supporting information \_\_\_\_\_

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Email to: bab11@chrysler.com or Mail to Beth Borland, Masters Chair  
1390 Bramblebush Run, Bloomfield Hills, MI 48304-1503

Nominations will be accepted up to 9:00 am on Friday, October 20.

**VOTING WILL BE - Friday, October 20 from 10:00 am to 6:00 pm**

## FORM C: FOREIGN ENTRY FORM

Must be completed by all Foreign Federations. Written approval from your Federation **MUST** accompany this entry. Please contact USA Synchro immediately if you need VISA support.

NAME OF TEAM/ FEDERATION \_\_\_\_\_  
 NAME OF HEAD COACH/ OFFICIAL \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 PHONE – HOME: \_\_\_\_\_ WORK: \_\_\_\_\_  
 FAX: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**Please complete as many forms as needed for all entries**

- NOTICE:** 1. Entries are not limited.  
 2. An individual competitor may only enter three routine events (Solo, Duet, Trio or Team), excluding Free Combination.

Event	Names	Age Group	Date of Birth	Music Theme
<b>SOLO</b>	<b>NAME</b> 1.			
<b>SOLO</b>	2.			
<b>DUET</b>	<b>NAMES</b> 1.			
	2.			
	<b>RESERVE</b>			
<b>DUET</b>	1.			
	2.			
	<b>RESERVE</b>			
<b>TRIO</b>	<b>NAME</b> 1.			
	2.			
	3.			
	<b>RESERVE</b>			
<b>TEAM/ FREE</b>	<b>NAMES</b> 1.			
<b>COMBINATION</b>	2.			
	3.			
	4.			
	5.			
	6.			
	7.			
	8.			
	9.			
	<b>TEAM RESERVES /FREE COMBINATION ENTRIES</b>			
	10.			
	<b>FREE COMBINATION/ RESERVES</b> 1.			
	2.			
<b>Figures</b>	<b>Names</b> 1.	<b>Age Group</b>	<b>Date of Birth</b>	Division A, B, C
	2.			
	3.			
	4.			
	5.			
	6.			
	7.			
	8.			
	9.			
	10.			

Name of Judge: \_\_\_\_\_ Rating Level: \_\_\_\_\_

**SPONSOR FEE**

# of Competitors entered (incl. reserves/alternates) \_\_\_\_\_ x \$30 **Total Sponsor Fee = \$** \_\_\_\_\_

**Make check payable to:** USA Synchro

**Mail to:** USA Synchro, Attn. Jennifer Hawkins – One Olympic Plaza, Colorado Springs, CO 80903

For questions contact: [jennifer@usasynchro.org](mailto:jennifer@usasynchro.org) or call 719-866-2219