

2020 South Zone - FINAL SCHEDULE (2-21-2020)

****These times are estimates, and we will run ahead if possible.****

Friday March 6

7:00 am	Doors open/ registration/ lap swim
7:10 am	Coaches meeting
7:20 – 8:00 am	13-15 figure warm up (2 groups, 20 min each)
8:00 - 10:30 am	13-15 figure competition
10:30 – 10:45am	Jr Tech Solo warm up
10:45 - 11:35 am	Jr tech solo competition
11:35 – 12:05 pm	Lunch Break (competition pool closed)
12:05 - 12:35 pm	Jr/Sr tech duet and mixed duet warm up (2 groups, 15 min. each)
12:35 – 1:35 pm	Jr tech duet competition
1:35 – 1:50 pm	Sr tech duet and mixed duet competition
1:50 – 3:00 pm	Jr/Sr tech team run through w/music
3:00 – 4:00 pm	Jr tech team competition
4:00 - 4:10 pm	Sr tech team competition
4:10 – 4:25 pm	13-15 solo warm up
4:25 – 5:45 pm	13-15 solo competition
13-15 figure, Sr Tech, and 13-15 solo awards immediately following 13-15 solos	

Saturday March 7

7:00 am	Doors open/ lap swim
7:20 – 7:35am	Jr/Sr free solo warm up
7:35 – 8:45am	Jr free solo competition
8:45 – 8:55am	Sr free solo competition
8:55 – 9:25 am	13-15 duet warm up (2 groups, 15 min. each)

9:25 am – 11:15am 13-15 duet competition
11:15 – 12:45 pm Lunch/ meetings (competition pool closed)
12:45 – 2:00 pm 13-15/Jr/Sr combo run through w/music
2:00 – 2:30 pm 13-15 combo competition
2:30-3:00 pm Jr combo competition
3:00-3:05 pm Sr combo competition
3:05-3:20 pm UIW Exhibition
3:20-4:50 pm 13-15 team run through with music
4:50 – 6:30 pm 13-15 team competition

Sr free solo, Jr solo, all combo and 13-15 awards immediately following 13-15 teams

Sunday March 8 – Reminder – Clocks move ahead overnight!

7:00 am Doors Open/ lap swim
7:20 - 7:50 am Jr/Sr free duet and mixed duet warm up (2 groups, 15 min. each)
7:50 - 8:55 am Jr free duet competition
8:55 – 9:15 am Sr free duet and mixed duet competition
9:15 – 10:35 am Jr/Sr free team run through w/music
10:35 – 11:35 pm Jr free team competition
11:35-12:00 pm Sr free team competition

Jr duet/ team awards, Sr free duet/ team awards immediately following Sr teams