



CCP Safety Credentials

Coaches Safety Requirements and Equivalents

Effective January 1, 2010. USA Artistic Swimming requires coach members to hold current certifications for the following: CPR and First Aid.

CARDIOPULMONARY RESUSCITATION (CPR)

Any one of the following courses will satisfy the CPR requirement unless listed under “Not Acceptable”.

American Red Cross (All American Red Cross CPR certifications are valid for one year unless otherwise noted):

Acceptable:

- ≈ Online CPR/FA Course
- ≈ Adult & Pediatric CPR Adult CPR/AED
- ≈ Adult and Child CPR (recommended if you coach 12 and unders) (Infant CPR is optional component)
- ≈ CPR/AED - Adult and Child (recommended if you coach 12 and unders) (Infant CPR is optional component)
- ≈ Lifeguarding/CPR/AED
- ≈ CPR/AED for the Professional Rescuer and Healthcare Provider (two year certification)
- ≈ Responding to Emergencies with CPR/AED – Adult and Pediatric
- ≈ Emergency Medical Response
- ≈ BLS for Healthcare Providers

Not acceptable:

- ≈ Instructor certifications
- ≈ First Aid, Health & Safety for Coaches
- ≈ WSI Foreign Red Cross Certs

AAOS (American Academy of Orthopedic Surgeons)

- ≈ Healthcare Provider CPR/AED

American Heart Association (All American Heart Association CPR certifications are valid for two years):

- ≈ ACLS Provider
- ≈ Adult and Pediatric Basic Life Support
- ≈ Healthcare Provider
- ≈ AHA Basic Life Support Instructor or Instructor Trainee
- ≈ AHA Heartsaver First Aid with CPR & AED
- ≈ Heartsaver CPR & AED
- ≈ BLS Provider
- ≈ HeartCode BLS

American Lifeguard Association:

CPR/First Aid/AED (adult/Child/Infant)

American Safety & Health Institute (ASHI):

CPR Pro

CPR & AED

Basic Life Support

Pediatric CPR and AED

Basic First Aid, CPR and AED

Boy Scouts of America:

BSA Lifeguard

DAN (Divers Alert Network):

Healthcare Provider with First Aid

Ellis & Associates:

- ≈ Water Safety+ (4 hours; includes First Aid component)
- ≈ International Lifeguard Training (one year certification; includes first aid component)
- ≈ International Lifeguard Training Instructor License (12-18 month certification)
- ≈ Community CPR & AED
- ≈ Healthcare Provider (BLS (CPR & AED) and Standard First Aid)

EMS Safety Services:

- ≈ CPR/AED for Community Rescuers
- ≈ CPR/AED for Professional Rescuers
- ≈ BLS for Healthcare Providers
- ≈ CPR/AED & First Aid for Community Rescuers

EMT:

- ≈ Emergency Medical Technician Basic or Intermediate

Emergency Care & Safety Institute:

- ≈ CPR & AED (“Interactive” is not acceptable)

Emergency First Response (PADI):

- ≈ Emergency Responder - CPR/AED/First Aid (two year certification)

Life Safe Services:

- ≈ American Trauma Event Management Adult/Pediatric CPR/AED

Medic First Aid International:

- ≈ First Aid Basic Plus
- ≈ CarePlus CPR and AED
- ≈ Pediatric Plus

NAUI (Natl Assoc of Underwater Instructors):

- ≈ CPR & First Aid

National Safety Council (National Safety Council CPR certifications are valid for one or two years, depending on the training agency.):

- ≈ Adult CPR & AED
- ≈ First Aid, CPR & AED
- ≈ Advanced First Aid, CPR & AED
- ≈ Emergency Medical Response

Natl Registry of Emergency Medical Technicians:

- ≈ Paramedic
- ≈ EMT – Basic or Intermediate

PADI Emergency First Response:

- ≈ CPR/AED – Adult & Care for Children CPR/AED
- ≈ CPR/AED – Adult/Child/Infant

Pro Trainings LLC:

- ≈ ProCPR – CPR/AED
- ≈ ProFirstAid – Lay Rescuer CPR/AED/First Aid
- ≈ ProFirstAid Advanced – Healthcare Level
- ≈ CPR/AED/First Aid

StarGuard:

- ≈ StarGuard

Safe-A-Life Educators:

- ≈ CPR/AED – Adult/Child, or Adult/Child/Infant

FIRST AID (Required)

Any one of the following courses will satisfy the CPR requirement unless listed under “Not Acceptable”.

American Red Cross (All American Red Cross first aid certifications are valid for two years).
(When the course includes a CPR component, a separate CPR card will be issued)

Acceptable:

- ≈ First Aid for Coaches
- ≈ ARC/USOC Sport Safety Training (7 hours; includes CPR component)
- ≈ Sports Injury Prevention and First Aid (may include a CPR component)
- ≈ First Aid - Responding to Emergencies (23 hours; includes CPR component)
- ≈ First Aid
- ≈ Community First Aid & Safety (includes CPR component)
- ≈ Emergency Response (43 hours; includes CPR component)
- ≈ Lifeguarding/First Aid (Waterfront/Waterpark optional) (40 hrs; includes CPR component)
- ≈ Standard First Aid
- ≈ ARC instructor certification (must submit Instructor Authorization Transcript)

Not acceptable:

- ≈ Workplace First Aid
- ≈ WSI

National Safety Council (National Safety Council first aid certifications are valid for 2-3 years, depending on the training agency):

- ≈ First Aid
- ≈ Standard First Aid, CPR & AED (includes CPR component)

Ellis & Associates:

- ≈ Water Safety+ (4 hours; includes CPR component)
- ≈ International Lifeguard Training (one year certification; includes CPR component)
- ≈ International Lifeguard Training Instructor License (12-18 month certification)

First aid courses offered by other organizations:

- ≈ AAOS (American Academy of Orthopedic Surgeons) Emergency Care & Safety Institute First Aid
- ≈ American Lifeguard Association First Aid
- ≈ ASHI (American Safety & Health Institute) Basic First Aid (4 hours)
- ≈ California State Lifeguard • Medic First Aid (includes CPR component- must also submit a scored written Medic First Aid test signed by the instructor).
- ≈ EMS Safety Services First Aid
- ≈ EMT (Emergency Medical Technician) Basic (includes CPR component)
- ≈ HeartSmart, INC.
- ≈ Paramedic

- ≈ Pro First Aid (valid for 2 years; includes CPR component- must have signature of Skills Evaluator on back of card)
- ≈ Save-A-Life Educators First Aid
- ≈ StarGuard
- ≈ Tacoma Fire Department First Aid & CPR (includes CPR component)
- ≈ University Training Centers, Inc. - Standard First Aid
- ≈ Life Education of Florida - First Aid for All Ages: A Common Sense Approach
- ≈ American Heart Association Heartsaver First Aid
- ≈ HealthCare Professional's state issued license to practice